



## I AM THE VIOLET TARA

*Goddess of Forgiveness and Freedom*  
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### Goddess Tara

Tara has been regarded as the feminine aspect of God – the Divine Mother – for thousands of years throughout Asia. As the mother, she observes and feels compassion for all her children. In her form of the Violet Tara, she dissolves negative energy, transmutes the karmic consequences of past actions, and helps people feel forgiveness of others. Like Saint Germain – the Ascended Master who directs the Violet Ray for the Earth – she clears emotional obstacles to freedom.

Tara means „star“ in Sanskrit but is also the verb „to cross over“. As the North Star she helps sailors navigate at night, so in a sense she helps us cross over the sea of illusion known as *samsara*. Another translation is „pupil of the eye“, so she is one who has the all-seeing eye keeping watch constantly over her children. She not only liberates us from the delusion of duality but dissolves all negative energy and raises us into a higher frequency. She is omnipresent and spontaneously arising – a part of our own consciousness – waiting to be called forth at any moment.

All cultures, except the present Judeo Christian one, recognize the dual aspect of Creation, that all is composed of female and male aspects; hence, they have recognized and honored the Divine Mother – a compassionate being who helps her children in whatever way she can. She is an ally of woman, establishing respect for the feminine principle and creating equal opportunities for woman everywhere. The Tibetan culture believes she emanates twenty-one different forms, white, green, red, and so forth, each having specific functions, and practices, although no colors are specified beyond white, red, and green. This is the first time the Goddess has been revealed in her aspect as the Violet Tara.

Tibetan literature reports that Tara was born on a distant planet and was confronted by a monk who said, „It’s too bad you are a woman, as you will not be able to achieve liberation

in that form.“ She replied, „I vow to not only achieve liberation as a woman, but to incarnate in femal form in all future lifetimes on all planets until samsara is emptied.“

In a subsequent lifetime she incarnated on Earth and on encountering Shariputra, one of the foremost disciples of Shakyamuni Buddha, was astounded to hear him express a similar limited view of woman. After listening patiently, she used her extraordinary power to transform him into a woman. Then she changed herself into a man that resembled Shariputra. „So, how does it feel to be a woman?“ Tara asked with amusement, „Is consciousness the same or different?“. „Consciousness is the same in both forms,“ he replied, amazed. She then transformed them both back into their original forms and said in parting,

*I will continue to manifest as a woman until all beings realize, as you just have, that consciousness transcends form.*

With that exclamation, she disapeared. She now appears wherever needed to those whose minds are open.

*(Extract from the book by Peter Mt. Shasta / "I AM the Violet Tara")*

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