

PRIMARY INSTRUCTION

1

WHENCE - WHY - WHITHER



3005
~~10/2~~
27⁰⁰/₃
THE BRIDGE TO FREEDOM

PRIMARY INSTRUCTION

LESSON No. 1

The Three Questions

Whence
did I come?

Why
am I here?

Whither
am I going?

Order from:
THE BRIDGE TO FREEDOM, INC.
P. O. Box 777
St. James, L. I., New York, U.S.A.

Peace of Mind Bookstore
1401 East 15th Street
Tulsa, OK 74120,
918-583-1090

CONTENTS

PART I, PRELIMINARY.....1
God, a big business Executive.....2
Great White Brotherhood.....3
PART II, Questions and Answers.....7
PART III, Application.....16
Description of the Holy Trinity.....16
Decrees.....18
BENEDICTION.....18
OUTLINE FOR LEADERS.....19
Advertisements.....20-21

1961

Order From

THE BRIDGE TO FREEDOM, INC.
P.O. BOX 777
St. James, L.I., New York, U.S.A.

PRIMARY INSTRUCTION

Lesson No. 1

The Three Questions

Whence Why Whither
did I come? am I here? am I going?

PART I, PRELIMINARY

Dear students, the Age of Freedom is at hand! The first faint signs of this perfection are now dawning on Earth's horizon where an Earth, beautiful as a dream, will replace all sordidness and ugliness; where only Peace, Beauty and Happiness abide within each man, woman and child; where poverty, sickness, war and even death itself will no longer exist! Do you think this cannot be! It is in the process of being born even now, despite all appearances to the contrary!

What is your goal in life? For what purpose are you living? If you do not know, would it not seem wise to try and find out and stop wasting time? Can you lend your life and energies and assist in bringing into outer manifestation this Perfection for our Earth and make of Her a Star of Freedom and the brightest in our System! Can you love God and your fellowman enough to help in this worthy cause, to bring permanent Peace and Freedom!

You can help mankind

If you are interested in bringing this greater perfection into your own world and that of your fellowman, then read and listen with an open mind and understanding heart, and test out that which you will learn, and remember always, whatever endeavors to raise and help ALL MANKIND, that which blesses all life, that which brings beauty, peace, freedom, supply, and perfection to ALL, THAT IS OF GOD! The One God Who made us all,

regardless of what your present religious convictions and beliefs may be.

Every gift that mankind enjoys through music, art and inventions was first a THOUGHT, a vision in the mind and heart of some individual before it was released into outer manifestation for the blessing of mankind, and this also applies to the vision of Freedom for our Earth!

The Bridge to Freedom Activity has come forth for the purpose of acquainting you (and all mankind) with a further understanding of God and His Messengers and the Divine Plan for you and the planet, and that the Cosmic Moment of Opportunity has opened before you, to show you how to assist at this time of Cosmic import.

God - a big business Executive

While it is true there is only one GOD, it is also true that since God is ALL-IN-ALL in every part of Life, then God has many, many Messengers Who assist Him. Every living thing lives, moves, breathes and has its being in the very Body, Intelligence and Love of God at all times.

There are about ten billion people who use our Earth as a schoolroom and when you look at the infinite number of stars in the sky, the infinite variety of fruit, grain, flowers, trees, vegetables, etc. - all a part of God - you must realize that God, like a great business executive, must have many helpers. The head executive of a great industry does not himself perform every single service of his vast organization down to the sweeping of the floors; he has many, many trained and trusted individuals in charge of each department under him, who report to him on their particular service; these in turn having others under them who do likewise, and so on ad infinitum according to the size of the organization.

And so the Great GODHEAD has many Messengers of varying grades in charge of each one of the different departments of life Who report to Their Superiors - "as above so below". Every individual who ever lived on the Earth (or some other planet) and Who graduated in the Victory of their Ascension as Jesus did, became an Ascended Master and is a true Messenger of God - and there are thousands of Them! There is a great God Being in charge of every department of life; some work with individual mankind, Others with groups, nations, the Elemental Kingdom and Nature, the animals and every part of life; Others work with the Angelic Host, but Each is a Specialist in His particular field of service.

The Great White Brotherhood

Mankind enmasse has forgotten the great cosmic laws that govern the Earth and Her humanity and that there is a Divine Blueprint for each one, which when fulfilled brings Love, Peace and Happiness into their worlds; and they have forgotten that there is a great Spiritual Hierarchy Who has guarded and endeavored to guide them for aeons of time, to prevent their completely destroying themselves and the Earth. This great Hierarchy, known as The Great White Brotherhood is composed of Great Ascended Beings, many of Whom lived on the Earth in physical bodies, even as you and I, and Who by the understanding and application of the Laws governing Life were enabled to "graduate" into a higher sphere of service. They have foresworn serving in Spheres of beauty and perfection and have remained "prisoners of love" in order to assist struggling mankind, when invited to do so, for by Cosmic Law They are not permitted to intrude on the Free Will of even the least of men.

Why The Bridge has come forth

It is for the purpose of establishing this "BRIDGE" from the human to the Divine that "The Bridge to Freedom" Activity has come forth, to give God Illumination

to all who desire it and the part they must play until all nations, creeds, races and beliefs have at least a tolerance and kindly feeling of Brotherhood allowing each one the freedom to follow their own heart promptings and thus expand their own Light and fulfill the prayer - "Thy Kingdom come, Thy Will be done here on Earth as it is in Heaven!"

The OBJECT of every true religion down through the ages has always been to help the sincere individual searching for Truth to find God right in their own Heart and not far off in the skies - but GOD ALIVE within them, beating their heart and giving them Life and Intelligence, and once having found their Source to allow It the privilege, honor and courtesy of directing their lives so that God's Divine Plan might be fulfilled through them; the God Plan always being that which brings blessings and happiness to all!

Moses, Buddha and Jesus still live

In the Buddhist religion they talk about what the Great Gautama Buddha did 2500 years ago; in the Jewish religion they talk about what Moses did centuries ago; the Mohammedans talk of what happened centuries ago; and even in the Christian religion the Churches talk about what Jesus did 2000 years ago. Now all these Great Men were MESSAGERS OF GOD - that is - THEY WERE MEN - BRINGING A MESSAGE - from God to man - and were acknowledged as such. What has become of these Great Men and many Others like Them? Did they cease to exist when They passed from the Earth after all They did to help mankind? Did Their love and compassion for mankind cease? NOT AT ALL! THEY ARE STILL THE MESSAGERS OF GOD ON A HIGHER PLANE and belong to this Great White Brotherhood, still trying to assist mankind as mankind will accept Their services, most of them serving unknown and unhonored except for a very few who know of Them. They achieved Their Ascension even as Jesus did One by One, and

joined the ranks of Others of God's Messengers Who love and serve mankind. They will continue this selfless service until each individual has done the same thing and the Earth expresses "Peace on Earth and Good Will to all of Life!"

The conditions that exist on Earth today are quite different from what they were even fifty years ago, let alone hundreds or thousands of years. Therefore, the needs of mankind are different from those in ages past. Man thinks and feels differently as he has evolved from the oxcart through the horse and buggy, the automobile, the airplane and now the jet; from a tallow candle to lamps, gas, electricity and now into the Electronic Age. Little children now live with, understand and use things which even the greatest minds of the past knew nothing about.

What the Masters are doing right now

You cannot live in the past or even the future, you can only actually live in the NOW, and the main difference between THE BRIDGE TO FREEDOM Activity and all other religions and lines of Truth is - "The Bridge" - tells you what the Ascended Masters are doing RIGHT NOW so that you may cooperate with and assist Them if you choose. It is not what They did in the past but what They are doing NOW that mankind needs to know and thus combine their energies for the protection and blessing of the Earth.

Through The Bridge to Freedom, these Great Beings have given to you the explanation of Creation and have answered questions which all have asked some time - "WHERE DID I COME FROM" - "WHY AM I HERE" - "WHERE AM I GOING?" The Ascended Masters know these answers since They once lived here and by the understanding and application of the same Truth you are being taught, attained Their Freedom. They know that self-conscious effort must be made by each one of mankind to have that Freedom They now enjoy, and They are telling you

how to do it, for it is destined to come forth on the Earth once again when She becomes FREEDOM'S HOLY STAR made manifest!

Therefore, truly "Seek and ye shall find", - "Ask, and it shall be revealed to you", - "Knock and the door to your Freedom will be opened!" Enter in dear students, and be at Peace!

PART II - QUESTIONS AND ANSWERS

1. Q. Many people ask, WHAT DO YOU BELIEVE?
 - A. We believe that God is a God of Love - a GOOD GOD - and that the Will of God is for every part of life on the Earth to be happy and comfortable. We believe in the LAW OF THE CIRCLE, that which each person SOWS in thought, feeling, word and deed, he will REAP some time, some place, somewhere and thus each individual is the sole creator of either happiness or distress in his world.

2. Q. IF GOD'S WILL IS PERFECTION FOR EACH ONE, WHY IS THERE SO MUCH SUFFERING?
 - A. God has endowed each child of His Heart with the gift of Free Will, with the privilege of being a Creator even as He is. Each one is free to experiment with his life energy and think, feel, say and do as he chooses; when these activities express something constructive, (which is the "sowing") the individual REAPS constructive things. When God's Law of Love and Harmony is broken and the individual expresses discord, either carelessly or with intent to harm, that imperfection will pass through his own world and he REAPS distress of some kind.

3. Q. WHAT IS "THE BRIDGE TO FREEDOM"?
 - A. It is the instruction given forth by the Ascended Masters and Cosmic Beings on how to purify and harmonize the four lower bodies (physical, etheric, mental and emotional) so that each one may "sow" only that which brings perfection into his world; and how to "liberate" the CHRIST WITHIN and thus fulfill his reason for being.

4. Q. HOW CAN THIS BE DONE?

- A. By knowing of the INDIVIDUALIZED PRESENCE OF GOD "I AM", which stands above and enfolds every human being and that this GOD PRESENCE is anchored in each heart; by understanding the Law of the Circle (Cause and Effect) and by applying the Divine Tool provided in love, which forgives and transmutes the mistakes of the past, (which the Bible calls sins) back into perfection.

5. Q. CAN PEOPLE BE "SAVED" BY VICARIOUS ATONEMENT?

- A. It is not possible for anyone to "save" another. The idea of a personal Savior and that Jesus will "save" those who believe in Him is not Truth! Jesus will give every possible assistance to those who love Him and ask for it, but neither He nor anyone else can SAVE you, any more than someone else can get WELL for you when you are sick! No one is born for you, no one lives for you, no one dies for you, and no one can SAVE YOU - each must do that for himself!

6. Q. CAN ANY RELIGIOUS MOVEMENT OR ORGANIZATION TRULY CLAIM IT IS THE "ONLY ONE" THAT CAN SAVE MANKIND?

- A. Most certainly not! The Earth has existed for aeons of time and millions have lived on the planet. Neither a good parent nor a good person, let alone a GOOD GOD would give LIFE to millions only to let them be destroyed and "save" only a few.

A different aspect of the same Truth is brought forth about every two thousand years. Christianity has been predominant for the past 2000 years, the Mosaic Law for the 2000 years preceding Jesus' coming. The Buddhists of the Orient and the Mohammedans of Asia Minor have

also brought forth certain aspects of Truth. We are now at the opening of a NEW 2000 year cycle where FREEDOM will come forth for every part of Life.

7. Q. WHY AND WHEN DID "THE BRIDGE TO FREEDOM" TEACHINGS COME FORTH?

- A. The first issues of The Bridge to Freedom magazine came forth in April of 1952 because of certain cosmic changes which are to take place not only on our planet but throughout the entire system to which the Earth belongs, to acquaint mankind with the various Ascended Masters and Cosmic Beings, Their Homes and Foci of Light and the Truth that will be the Code of Conduct for the next two thousand years. The Retreats, Homes and Foci were once physical structures on the Earth where the God Powers of Light and Love were drawn and radiated forth to bless and assist mankind. When the physical structures were destroyed in ages past, the etheric replica remained and has continued to pour forth Its Blessings. Mankind may visit these foci of Light at night while they sleep, if they will make the call to do so, and while there, will be charged with the Virtue of that particular Retreat and taught the Truth. Then from within themselves they will be able to recognize and accept the Truth when it is presented to them in outer form, and thus be able to give their assistance.

8. Q. WHO ARE THE SPONSORS FOR THIS ACTIVITY?

- A. The Ascended Masters and Cosmic Beings (of Whom the Ascended Jesus Christ is One Member) know as The Great White Brotherhood, and specifically the Ascended Master El Morya, the Lord Maha Chohan (Who represents the Holy Spirit spoken of in the Bible), and the Ascended Master Saint Germain.

He is in charge of the Earth for the next 2000 years and is bringing the ERA OF FREEDOM to all life, although ALL the Ascended Host of Light are assisting in this gigantic task.

9. Q. IF THESE GREAT BEINGS EXIST, WHY DO THEY ALLOW WAR AND SUFFERING TO MANIFEST?

A. God bestowed on each of His children the gift of Free Will, and neither God nor His Messengers (the Ascended Host of Light) will ever intrude upon that, but the Ascended Masters will give every possible protection and assistance WHEN INVITED TO DO SO. So long as mankind choose to think and feel those qualities which set up a cause for distress, they will remain and that is why they must of their own free will desire and endeavor to express the constructive qualities of Light, Love and Peace in order to have them in the world.

10. Q. WHAT IS THE MEANING OF THE WORD "BRIDGE" AS HERE USED?

A. It means a BRIDGE of energy from Heaven to Earth which is being built by the Great Ascended Host of Light from the prayers, petitions and decrees of the students who are consciously serving with Them at this time. Everyone who believes in the Ascended Masters and calls to Them strengthens this Bridge. There are students in America and throughout the world, who meet in groups and issue positive prayers or decrees, combining their energies in calling to their own God Presence and the Ascended Host of Light to remove the CAUSES back of all distress and bring about the illumination, purification, healing and perfection to all life.

11. Q. HOW MAY THESE ASCENDED MASTERS AND THEIR

ACTIVITIES BE KNOWN AND CONTACTED?

A. In each Age, certain individuals who have been trained through the centuries for that particular service, take embodiment who are able to hold this "bridge" or contact with the Ascended Host of Light, and are able to give Their message to the people. The "prophets" were able to do this and history records many who were such contacts. Some of them are able to see the Ascended Masters who flash Their words before the contact; some hear Their words and repeat them; others receive "promptings" which they put in their own words, but only those trained for this service ARE ABLE TO GIVE A CLEAR AND TRUE RELIABLE MESSAGE.

Many lines of Truth do know of the Ascended Host of Light and endeavor to serve with Them to assist mankind, but the most recent one is the activity of "The Bridge to Freedom" which brings the current activities of the Great White Brotherhood to the attention of mankind, which enables them to consciously cooperate with The Ascended Beings at the time it is needed and not years or centuries afterwards! The Bridge has brought forth detailed instruction never brought forth before concerning the Creation of the planet and of its Directors and the different Rays or Departments of Life; about the Archangels, the Elohim and many other things people have thought they would never know.

In the Divine Plan, both in the Heaven world and on the Earth, all has been divided into Seven Departments or Rays. The activities and Directors of each of the Seven Rays are as follows:

1st Ray - is Blue and represents the Will of God, Faith, Strength and Power. The Ascended Master El Morya (who brought forth The Bridge to Freedom) is in charge of it. The people who belong to this Ray are

of the executive type usually and have limitless energy and ability to "get things done".

2nd Ray - is Golden Yellow and represents Wisdom, Balance, Illumination. It has been in charge of the Ascended Master Kuthumi until recently when He became World Teacher together with the Master Jesus. The Ascended Master Lanto is now serving as Its Director. This is the Ray of the Teachers and instruction along all lines - the Understanding Heart.

3rd Ray - is Pink and represents God's Love, Adoration, Beauty and Brotherhood. The Ascended Master Paul, the Venetian, is Director of it. The people who belong to this Ray love beauty of every kind and are usually gentle and full of compassion.

4th Ray - is White and represents Purity, Resurrection and the Ascension. The Ascended Master Serapis Bey is the Director of It. The people who belong to it are the artists, musicians, architects and have great endurance.

5th Ray - is the Green Ray of Truth; the Exactness of the Law. It is in charge of the Ascended Master Hilarion, Who was St. Paul in the Bible. Usually scientists, doctors, nurses, healers belong to this Ray.

6th Ray - is the Ruby and Gold, and represents Peace, Ministration and Service to Life. The Master Jesus has been in charge of it until recently when He became Co-World Teacher with Kuthumi. The Lady Master Nada now serves here; Her special quality is Love. Usually ministers, rabbis and those who have a fiery devotion to God belong to this Ray, and those who render service to mankind with little recognition.

7th Ray - is the Violet Ray of Mercy, Transmutation and Freedom. The Ascended Master Saint Germain is the Director of it and of the Earth for the coming

2000 years. This Violet Flame is the Tool which TRANSMUTES all mistakes and imperfect energy back into perfection, and its intense, dynamic use by mankind will redeem the Earth. The people who belong to this Ray have many talents to express on Earth and usually have a great love of Freedom along all lines of activity.

The Bridge to Freedom publishes each month a magazine which gives instruction by these Ascended Masters; it also tells in which Retreat the Great White Brotherhood meet during each thirty day period. There is a bi-monthly magazine called "HOPE" which contains more fundamental instruction together with synchronized prayers for the readers to give. There is also a weekly BULLETIN with priceless wisdom presented by the Great Maha Chohan, Who represents the Holy Spirit to mankind and the Earth.

12. Q. HOW DO THE ASCENDED MASTERS GIVE THEIR INSTRUCTION TO THE CONTACT?

A. As stated before some see, some hear according to the previous training of the individual but there is never any going into a trance or losing consciousness or control of the mind or body, and there is never any glorification of the outer self by any true contact.

13. Q. WHY DO WE NEED THE ASCENDED MASTERS, WHY CAN WE NOT GO DIRECT TO GOD?

A. No one has ever gained their mastery over all outer conditions without the assistance of the Ascended Host of Light. The calls that people make to GOD are actually taken up and answered by these Ascended Masters who are the Messengers of God. The vibrations of the Higher Spheres are so fine and delicate that very few are able to receive them clearly enough to act upon the prompt-

ings received. When the Ascended Masters do have in physical embodiment a trained and proven Contact who is able to receive Their instructions, it makes it easier to transmit that Truth to mankind enmasse through such an one.

14. Q. WHO ARE THE ASCENDED MASTERS SAINT GERMAIN AND EL MORYA?

A. The present 2000 year cycle of time was entered into in May of 1954 and is the ERA OF FREEDOM. As the Ascended Master Jesus was in charge of what is known as the Christian Dispensation over the past 2000 years, the Ascended Master Saint Germain is in charge of the coming 2000 years. He represents FREEDOM for every part of life (human, animal, elemental and imprisoned Angels) and there will be tremendous changes in the way of thinking, feeling, living and in spiritual understanding. Saint Germain brings the INNER TRUTH which Jesus knew and used, which formerly was taught only in the Ascended Master Retreats. Now it is available for ALL to accept, apply and prove in practical every day living; it is to be LIVED NOW, every moment of the twenty-four hours of each day and NOT after so-called death!

The Great Ascended Master known as El Morya has long served mankind. He brought forth "The Bridge to Freedom" Activity to assist Saint Germain in the gigantic task of setting all life free from that which has bound it for so long. All the Ascended Host are working together in Love and Harmony to bring this about.

15. Q. IS THIS ACTIVITY CONNECTED WITH SPIRITUALISM?

A. No it is not. While Spiritualism rendered a service by proving that there is life after so-called death, the individuals usually contacted by the "medium" reaches only the so-called "dead" who have no more wisdom about how to live life than when

they were here. It is also very harmful to call people back after they have passed on and delays their progress. The true Contact for the Ascended Masters is able to raise the consciousness to meet that of the Ascended Beings. When you contact the the Ascended Masters, since They have overcome the world and are now the fullness of God's Love and Wisdom, Their instruction is TRUTH and when followed will set mankind free. The true Contact is always in control of the mind and body and the Ascended Masters never work in the dark but always in blazing light. They never aggrandize any human personality and accomplish all through the power of Divine Love; and They are absolutely SELFLESS!

Many individuals both see and hear some on the inner planes and receive promptings which prove correct but they are given to GOVERN THEIR OWN INDIVIDUAL LIVES but have not been chosen by the Ascended Masters to be an instrument who is qualified to bring forth a WORLD WIDE INSTRUCTION for an ERA OF TIME!

16. Q. WHERE DID I COME FROM, WHY AM I HERE, AND WHERE AM I GOING?

A. You, and each one of mankind came forth from the Heart of God, and truly - "YE ARE GODS" - in embryo! You have chosen to take embodiment on the Earth for the purpose of learning Mastery over all energy and substance, which means your own thoughts, feelings, words and actions. When this is accomplished and you have purified and harmonized all the Life loaned to you by God, and charged yourself with enough Divine Love, you will become a Candidate for the Ascension, and at the close of your embodiment can become an Ascended Masters, even as Jesus, forever free from imperfection. This is called going HOME to the HEART OF GOD from whence you came!

* * * * *

PART III - APPLICATION

Now dear students, before we put into practical use that which has been presented to you, will you please CENTER YOUR ATTENTION on your heart area. Think! GOD is ALIVE within your heart or it could not beat! Feel your heart as a blazing Golden Sun of Light expanding until It fills every part of your body; see that Light go into your mind, your feelings and radiate out filling the room with YOUR LOVE and goodwill; let that expand to enfold your locality, then the whole world. Then give your attention to the picture of the Holy Trinity which represents your relationship to God.

THE HOLY TRINITY

The UPPER FIGURE represents the Individualized PRESENCE OF ALMIGHTY GOD - the Electronic Presence - which stands above and around you and every human being on the Earth. It is God - INDIVIDUALIZED - the One sent forth by God, the Father, in the beginning, and is the Source of your Life - It is your real Self!

The LOWER FIGURE represents the physical form which is animated by the Stream of Light and Energy coming from the Great God Presence into the top of the head through what is called the "Silver Cord", and at the end of this Stream of Life is anchored a Miniature of the Great God Presence. This God Presence in your heart is That which enables it to beat; that gives you intelligence and enables you to walk, to lift your hand and perform all the activities of Life. When this God Presence withdraws, the body lies in so-called death. This Miniature God in you is enfolded in the beautiful Three-fold Flame of God's Love, Wisdom and Power.

The Name of this Great God Presence is "I AM"! (God speaking to Moses, Exodus 3:13,14). The words "I AM" are the great creative words of life, and whatever follows them will manifest in your world. They should

always be followed by constructive thoughts, feelings and spoken words. Your affirmation such as "I AM" MY PERFECT HEALTH, forms a Cup or mold of that which you desire, and when you have qualified enough of your life with the constructive thing you desire, the Cup is filled, as it were, and you have the manifestation.

Since God has endowed you with Free Will, you CHOOSE whether you desire to place constructive or destructive qualities on your Life. All the life (or energy) you have qualified with an imperfection in thought, feeling, spoken word or deed, becomes the pressure of human creation (which the Bible calls "sins") and this stands around the physical form in your aura until transmuted by the Sacred Fire.

The Violet Fire you see blazing up around the lower figure, represents the Divine Tool which the Ascended Master Saint Germain brings, by which each one can painlessly TRANSMUTE his mistakes of the past back into perfection once again.

All the constructive qualities you have placed upon your life, becomes part of the great Reservoir of GOOD and PERFECTION which is deposited within the Circle of Colors around the Great "I AM" Presence, and is called the CAUSAL BODY. Within the Causal Body are the "treasures stored up in Heaven, which can neither rust, be stolen, nor decay"!

The GARMENT OF WHITE LIGHT will enfold you at your call and protect you from the imperfections of thoughts and feelings floating in the atmosphere of Earth.

The RAYS OF LIGHT represent the Light and Love of your Great "I AM" Presence which go forth to bless and assist Life at your call.

CONTEMPLATE this Great "I AM" PRESENCE that enfolds you, and the tiny part of Itself anchored in your heart! Feel - "I AM" - THAT - "I AM" - and try and realize all of God's perfection is waiting for you to draw it forth into your world by the Power of God in your Heart!

DECREES TO GIVEPROTECTION DECREE - GARMENT OF WHITE LIGHT

"I AM" (3) the Victorious Presence of Almighty God that now clothes me in my blazing dazzling GARMENT OF WHITE LIGHT that makes and keeps me invisible and invincible to all human creation now and forever. (Visualize it around you).

VIOLET FIRE DECREE

"I AM" (3) the Victorious Presence of Almighty God that keeps the VIOLET FIRE OF FREEDOM'S LOVE blazing through every part of my being and world, and seals me in a Pillar of that Sacred Fire and TRANSMUTES (3) all human creation in, through, around or driven against me, into Purity, Freedom and Perfection.

JESUS' MIGHTY STATEMENT:

"I AM" THE RESURRECTION AND THE LIFE OF MY PERFECT HEALTH!

"I AM" THE RESURRECTION AND THE LIFE OF MY LIMITLESS STRENGTH AND ENERGY!

"I AM" THE RESURRECTION AND THE LIFE OF MY LIMITLESS SUPPLY OF MONEY AND EVERY GOOD THING!

"I AM" THE RESURRECTION AND THE LIFE OF MY DIVINE PLAN FULFILLED.

Now dear students, take time each day to center your attention on the "I AM" Presence in your heart, and see and feel yourself filled with Light; then stand and earnestly issue these decrees. In Lesson No. 2, we shall tell you about the Violet Fire of Freedom's Love that will set you free!

BENEDICTION

MAY THE BENEDICTION AND BLESSINGS OF THE MOST HIGH LIVING GOD AND THAT PEACE WHICH DOES SURPASS THE UNDERSTANDING OF THE HUMAN MIND, BE WITH YOU EACH ONE. MAY THE GOD OF MERCY PROTECT AND GUIDE YOU ON YOUR SPIRITUAL PATH TOWARD ENLIGHTENMENT AND FREEDOM. SO BE IT!

* * * * *

OUTLINE FOR LEADER TO USE IN CLASS

1. The Three Candles should be lighted by the LEADER before the students arrive, using pattern in Basic Manual. Soft music should play for thirty minutes before class, and students keep the SILENCE and absorb the radiation.
2. LEADER, after greeting the students gives a short VISUALIZATION and then the following INVOCATION:

DEARLY BELOVED PRESCENSE OF GOD "I AM", the Source of all that Is, everywhere present, anchored within each one of our hearts, we love and adore You! We acknowledge You to be the owner and giver of our Life, Intelligence and Substance - OUR ALL! Seal us in Your Mighty Love, Wisdom and Power of Victorious Accomplishment! Blaze Your Light and Love before each one of us and prepare the way so that we always walk in the Path of Light! Guard and protect us; guide and direct us; and give us the Illumination of the Truth that will set us free! Let us manifest and BE Your Divine Love at all times, and let It flow forth from our thoughts and feelings, spoken words and deeds to bless all Life everywhere.

DEARLY BELOVED ASCENDED HOST OF LIGHT, the Messengers of God; the Ascended Masters, Cosmic Beings, the Seraphim, Cherubim and Angelic Host; the Elemental Kingdom and the Great White Brotherhood; we send our love to You. COME and be with us at this class! Pour through us Your Light and Love and do for each one here that which You see they need most. We thank You.

* * *

3. Give Part I - then play a short record before starting Part II. Do the same thing between Part II and Part III; also BEFORE the Benediction that they may absorb the Radiation drawn.

Partial List of Publications

\$1.00

Archangel Michael and His Helpers
 Daily Meditations
 Permanent Golden Age
 Single Addresses of Series 1 to 8
 The Students Handbook
 Transmission of the Flame

\$2.00

A Daily Aid - How to Tune into the
 Retreats of the Ascended Masters, 1961

A Set of 8 Beautiful Bookmarks of the
 Chohans of the Rays

The Maha Chohan and His Seven Chohans
 in pictures, ideal for framing 13 x 19½

Control of the Elements

\$5.00

Book of Life, The Thrilling Story of Creation,
 in 6 booklets

FROM HERE TO HEAVEN AND RETURN

Series of 14 Lessons in Booklet Form,
 for Beginners, Those of Orthodox Faith,
 Group Leaders, Students and Everyone!

It answers the questions:

Where did I come from?
 Why am I here?
 Where am I going?

Fourteen Booklets - Price only \$1.00 ea.
 (All 14 for only \$12.00)

ORDER NOW FROM:

THE BRIDGE TO FREEDOM, INC.
 Discourse Distribution Department
 P.O. Box 777, St. James, L.I., New York