

BRIDGE TO FREEDOM

1952

FLAME-TRANSMISSION-SERVICE TFS PREPARATION

The following information is given here for candidates for the Flame Transmission Service TFS.

TFS is a very important event every month, launched by the Ascended Masters of the Great White Brotherhood - by Maha Chohan - in 1953, to raise the light quota on Earth.

Light Students who want to take part - must be aware - that it takes place, at Saturday after the 15th of the month, in the afternoon and lasts about 2,5 hours.

TFS must be performed regularly EVERY Saturday of the month, regardless of whether it is suitable for the light student or not. (Preparation/Start 9.30/10 am - end approx. 12 am New York Time) Private matters MUST be deferred. (See www.iamthelight.at Section "ACTUAL" Special Days).

There are two ways to participate in TFS:

1. 4 times a year:

RESURRECTION TEMPLE around Easter (depending how Easter falls)

TETON RETREAT June / December

SHAMBALLA RETREAT November

2. 8 times a year (can be carried out in addition to the "Bridge to Freedom" known above mentioned TFS, but it is also mandatory to carry out every 8 times if you register for this).

GOLDEN AGE dedicated to our Beloved Saint Germain

(This is practiced by American AMTF light students in order to carry out TFS even in the months, when we do not know, which retreat is open).

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The Ascended Masters prepare the light student for this in an "inner ceremony" and depend on this life stream as the "transmitter" of the different vibration, which shall brought to earth. It not only blesses all beings here on earth, but increases the light quota in a higher frequency.

Before you can participate in this, the following points should be mentioned.

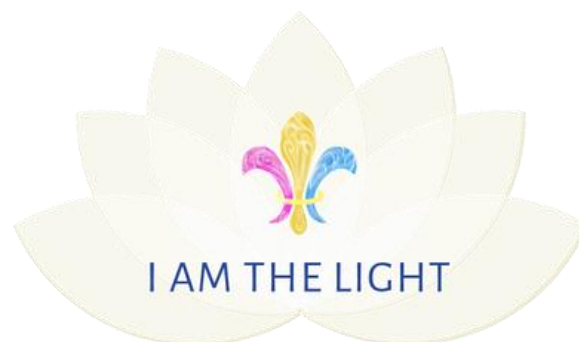
The following should be noted:

- The prerequisite is that light service (decrees) would perform 2-3 times a day for 1 year, see volume 11 AMTF / Mt. Shasta and the "Bridge to Freedom" Books were studied.
- Working with the Violet Flame by the Ascended Master Saint Germain helps to clean the inner bodies and the aura, so that they become more permeable and the vibration can be better absorbed and passed on.
- For practicing alternate breathing see publication AMTF / Mt. Shasta "Ascended Masters and Their Retreats" Chapter "The Flame Transmission Service".
- Eat vegetarian food (also means, not eating fish, no animal that has to be killed). Limit salt, sugar, coffee and alcohol. Of course, no nicotine. (If you take strong medication, and that causes mind-changing conditions, unfortunately you cannot participate in the TFS.)
- 2 - 3 x participation at a light students, who has been practicing TFS for some times, and you can see if you do it correctly. In Austria you can contact ***Renate Höllmüller*** [***light-news@chello.at***](mailto:light-news@chello.at) ***AMTF Vienna / AT. Responsible for the entire German-speaking area in Europe.*** Here you will be forwarded to a light student, where TFS can be learned.
- Meditate about the fact, if you want to be a part of TFS, and if you are ready, to carry out this consistently and continuously. Assess your private situation exactly, whether it will be really possible from a professional, family, health perspective etc. to carry out this service, every Saturday after the 15th, each month.
- Submit this wish to your, I AM PRESENCE and the ASCENDED MASTERS OF THE GREAT WHITE BROTHERHOOD, meditate and if it comes a clearly "YES I WANT", then get in touch with ***Cathi Brandon*** [***atisketatasket@gvtc.com***](mailto:atisketatasket@gvtc.com) (AMTF International TFS).
- ***IT MUST BE CLEAR, THAT YOU COMMIT TO THE ASCENDED MASTERS OF THE GREAT WHITE BROTHERHOOD!*** This will given in writing as a "declaration of consent". Of course there is also the possibility to unsubscribe from the TFS, but this step should not be taken lightly.

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- These points are important to understand, because it creates karma of neglect (accumulation of non-constructive energy) when you register for TFS and then do not carry out.
- The documents are provided by the **AMTF ASCENDED MASTER TEACHING FOUNDATION MT. SHASTA. Renate Höllmüller**. She is responsible for the "**German-speaking countries**" under light-news@chello.at and the **AMTF INTERNATIONAL TFS** can be requested by **Cahti Brandon** atisketatasket@qvtc.com (This is carried out in English and is online).

When you are ready to heed these points, the Ascended Masters of the Great White Brotherhood look forward to your participation in the "Flame Transmission Service TFS".



www.iamthelight.at