





### **About This Book**

This book “Ascended Masters and Their Retreats” is written for sincere seekers of truth. Its contents are based, on the original teachings of the “Bridge to Freedom,” as given by the Ascended Host, through the “authorized messenger”, Geraldine Innocente.

Presented are the biographies of 107 Ascended Masters, including details of their last earthly embodiment and the tests and trials they had to undergo, to achieve their ascension. The knowledge gained from these personal experiences will be of great advantage to the students of today, helping them to gain their own freedom, as well.

Almost all of the Masters gave dictations to the students; some of these instructions are included herein. Also given are the particular fields in which these Ascended Beings specialize and how students can call upon them for their individual benefit.

Described in this book are events that affect the lives of everyone, including:

1. A new procedure, effective July 1959, for embodiment on this planet. It includes a warning, issued by the Karmic Board, that applies very much to students of this teaching.
2. Details of a dispensation that makes it easier for everyone to gain the ascension in the present embodiment.
3. The tests and initiations that one must pass to gain the ascension.

The section, “Ascended Master Retreats,” contains detailed descriptions of the sixteen major retreats that were used during the Transmission of the Flame Services of the original Bridge to Freedom, as well as details of other retreats and foci of the Ascended Host. Students desiring to participate in the Transmission Flame Services of the AMTF, at this time, will find the descriptions of these

retreats useful in visualizing the ongoing activities.

Werner Schroeder, who compiled the books "Man, His Origin, History and Destiny," "21 Essential Lessons," "The Law of Precipitation," and "Mother Mary's Assistance Today, in Having Perfectly-Born Children," studied the teachings of the "Bridge to Freedom" for 34 years. He traveled thousands of miles to research and verify the authenticity of the original teachings of this activity.

His search resulted in becoming acquainted with four of the members of the original Board of Directors of "The Bridge to Freedom." All of them were twin flames of Ascended Masters, we know of today. Among them was Alice Schutz, twin flame of the Ascended Master Djwal Kul, who at one time served with Mr. Ballard, an authorized messenger of the Great White Brotherhood. At a later time, Miss Schutz was the secretary of Geraldine Innocente. This relationship enabled Werner to include, in this publication, details provided by Alice Schutz.

Werner also became friends with William Cassiere, a messenger appointed by Saint Germain, who, for nine years, had worked closely with Mr. Ballard.

To write this book, many hours of research of the original dictations, were required. This type of knowledge has never been published by anyone, in such detail, and presented in graded, chronological order.

Ascended Master Teaching Foundation

***Ascended Masters  
and  
Their Retreats***

*Compiled from the Teachings of the  
"Bridge to Freedom"*

*by*

WERNER SCHROEDER



Ascended Master Teaching Foundation  
Mount Shasta, California

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**DEDICATION**

This book is dedicated to Archangel Michael, the Maha Chohan, the beloved Ascended Masters Saint Germain, El Morya, and Mother Mary for their continuous support of unascended mankind, helping them to find the way back to the Heavenly Father.

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### FOREWORD

This book is part of the ongoing effort of the AMTF to present the teachings of the Bridge to Freedom, both in its original format as well as in textbook form, on a subject by subject basis. Studying this material, and applying the lessons learned in the experiences of daily life, will help the reader gain the ascension in this embodiment. The information presented in this publication was compiled from various "Bridge To Freedom"-Publications.

The reader will appreciate the efforts of the Ascended Host who, for centuries, has worked tirelessly for the benefaction of mankind. Without this assistance there would be no hope for the human race.

I am grateful for the privilege and the opportunity to compile this information and present it to the reader. Our thanks go out to Annette Schroeder for editing this book and for offering further suggestions to enhance the message.

Mt. Shasta, January 2, 2005  
Werner Schroeder

# **Part 1**

## **Ascended Masters**

## INTRODUCTION

### THE GREAT WHITE BROTHERHOOD

#### Origin and Mission

To understand the Great White Brotherhood, let us first answer the question, “What is an Ascended Master?” An Ascended Master is an individual who once was embodied here on Earth and gained mastery of this plane. He passed certain initiations, became more God-like, and therefore, did not have to come back into embodiment. Then, after having ascended into his spiritual body, called the I AM Presence, the Master made the voluntary choice of remaining on Earth to help mankind.

A Cosmic Being (such as the Cosmic Being Victory) is an Ascended Master who embodies a particular virtue (such as victorious accomplishment and who has chosen to assist on one or more planets. Since the time of the First New Age Dispensation, in 1930, Ascended Masters have been working more closely with mankind, in an effort to save the planet.

The titles “God” and “Lord” are used as titles of respect. The word “God” and “Goddess” indicates a Being who has made the ascension and who has become ONE with God in action. The title “Lord” signifies an Ascended Being who is an authority on the knowledge and mastery of Cosmic Law. The term “Cosmic Being” refers to an Ascended Being who, in addition to performing certain functions here on Earth, has additional obligations on other planets, as well.

The Great White Brotherhood was founded millions of years ago by Sanat Kumara. It is comprised of a team of

Ascended Beings, who are all specialists along some particular line of spiritual service and endeavor. They consist of representatives of the human, angelic and elemental kingdoms. Members of the Brotherhood live only to serve God. They have forsworn serving in the spheres of beauty and perfection, sometimes called "Nirvana," or "Heavenly Bliss," and have remained "prisoners of love" in order to assist the struggling mankind of Earth.

Some individuals, who are now Ascended Masters, came from other planets, as guardian spirits for the human race. Some of them were already ascended; some gained the ascension at a later time, while serving on this planet.

As an Ascended Being of pure light, the Master is free from the gravity pull of Earth. He may travel within this galaxy and move through space, at will, by his own intelligence, directed through his own thoughts and feelings. Just before Christmas, the Cosmic Highways are opened to them, enabling the Masters to travel beyond this galaxy.

Before 1930, the path leading to becoming an Ascended Master was much more difficult. Under the Occult Law there was not permitted the tremendous assistance which is now being given students. The students on the path had to hide in caves, or in some secluded place, and there try to draw forth the actions of the Sacred Fire, without the knowledge of their own I AM Presence, the Violet Flame, or the prompting of the Ascended Ones. They had to experiment with what they could draw forth, having to rely solely on the prompting of the flame in their own hearts, as to whether they were on the right track or had gotten into black magic. All through the ages, an individual seeking the teachings of

the Ascended Masters could spend an entire lifetime just in pilgrimage to one focus of light, or to a Master somewhere on Earth. He might get there and he might not. The Maha Chohan confided to the students of the Bridge to Freedom, that in a former embodiment, before his ascension, he made a pilgrimage to Lord Himalaya, in the Himalayan Mountains, but was unsuccessful. Ascended Lady Master Nada, before her ascension, at one time was unable to pass the severe initiations in the Temple of Luxor and left the retreat.

After 1930, due to the dispensations granted to the Cosmic Being Victory, and to the Ascended Master Saint Germain, it is now much easier to gain the ascension and become an Ascended Master. Under the dispensation granted to the Cosmic Being Victory, the Ascended Host was able to present its teachings to mankind, in clear terms, for the first time in 80,000 years. Under the dispensation granted to the Ascended Master Saint Germain, the knowledge of the I AM Presence and the Transmuting Violet Flame could also be given for the first time, outside of an Ascended Master Retreat and the Ascended Host were able to present their teachings in clear terms, free from legends and parables. Now the Masters are coming to the students, instead, giving assistance and instruction through the dictations given through authorized messengers.

The Ascended Masters and Cosmic Beings are the directing intelligence of the Godhead. They work together as a team. They are God's helpers. There is a great God-Being in charge of every department of life. Some work with individual mankind, others with groups, nations, the elemental kingdom and nature. Others work with the angelic host, but each is a specialist in his or her particular field of service.



The Ascended Masters are REAL AND TANGIBLE BEINGS, ready to assist mankind, PROVIDED THEY ARE ASKED TO DO SO. The Masters ask to be recognized as a potential force for the common good of mankind, but they do not demand obedience and do not ask to be worshipped. The Ascended Host is supporting mankind's prayers, invocations and decrees.

The Ascended Masters, through the ages, have protected mankind in many ways. They helped mankind from destroying themselves through new inventions and the use of destructive power, machines and weapons. It may be likened to the protection of children by their parents or guardians, who keep them from a hot stove to avoid their burning themselves. Yet Ascended Masters have not been able to prevent wars, since mankind has the use of free will. When mankind is bent on destroying each other, a Master may not interfere.

Some Ascended Beings have served and worked for mankind's benefit, unknown to them, through centuries, and are only now being given any recognition. Ascended Masters strive to generate, in the students, the FEELING OF THE REALITY of their existence, which is more than having an abstract concept of it.

While the Masters of Wisdom are rendering service they are also developing spiritually, themselves. There is always a greater consciousness to achieve, and no matter how high a spiritual development a Being attains, there is always a teacher serving in a higher capacity.

The service of this spiritual order is to teach interested students Cosmic Law, whereby, with sufficient self-application, they may gain mastery and finally, the ascension.

As part of this goal, the Great White Brotherhood endeavors to train master teachers for the development of the human race, and to show each individual the road back to the Heavenly Father. In doing so, the Great White Brotherhood is limited by several factors:

1. The help to mankind must be warranted and consciously invited.

2. THE HELP IS SUBJECT TO THE COSMIC LAWS APPLYING TO THIS PLANET. These laws must be obeyed; any deviation therefrom must be approved by the Karmic Board. There must be a very good reason given in order to obtain a variance.

3. In order to accomplish its purpose, the Great White Brotherhood is given a cosmic stockpile of energy, on the average of once every 100 years. This stockpile is then used to contact an individual who will act as a messenger and will thus provide a bridge from the human realm to the divine. The messenger will convey, to mankind, the ongoing activities of the Brotherhood and will give out new explanations and additional details of Cosmic Law.

Most of the Ascended Beings listed in this book gave discourses to the students of the Bridge to Freedom, through the authorized messenger, Geraldine Innocente.

### THE BRIDGE TO FREEDOM DISPENSATION

In 1951 the Ascended Master El Morya, assisted by the Ascended Master Saint Germain, was able to obtain a 20-year dispensation from the Karmic Board to bring new, vital information to mankind. El Morya used his unascended twin-flame, Geraldine Innocente, for contact with the physical realm. The activity through which the message was published and distributed was called the "Bridge to Freedom." The core of the student body was formed from students, who had left the organization of Saint Germain's original effort of the 1930's. These messages were not received from the psychic realm, from which many channels receive their messages, but from the highest realm, the realm of the Ascended Masters.

For the first time since the sinking of Atlantis, great Ascended Beings, such as the Seven Archangels and the Seven Elohim gave addresses to the students. Never before was there so much detailed information given to students on how to make the ascension, in one embodiment, and how to mitigate or entirely prevent the cataclysms many have predicted.

When one compares this teaching to any other, one realizes that the message of the Bridge to Freedom Dispensation is unique, stands complete in itself and is unequalled.

Of this material, Archangel Uriel said, (Seven Archangels Speak, p.107) **"It is a Bible made up of the energies of the Archangels and the Ascended Masters, that will stand for the rest of the civilizations being brought forth on this planet Earth."**

When speaking on this subject, the beloved Lord Maha

Chohan explained to the students (Thomas Printz' Private Bulletin, June 17, 1956):

“Lord Maitreya and I were speaking recently about the Law and Lord Maitreya said he felt that perhaps we were giving you too much of the Law for your outer minds to digest, at one time. However, we both felt that, for the sake of those following after you—an entire evolution of people—who would perhaps benefit by the instruction, that you may never even need to use, we had better take advantage of the forcefields, of your faith, of your presence, as well as of THIS TEMPORARY CONTACT BETWEEN THE ASCENDED MASTERS' REALM AND THE HUMAN, and give as much of this law as possible to you. So, be not disturbed if you seem to be having too many activities to engage your blessed minds with at this time—because WE ARE WRITING A WHOLE BIBLE—A BIBLE THAT WILL LIVE AND BE READ BY MILLIONS OF PEOPLE, LONG AFTER YOU HAVE COME HOME.

Beloved Ascended Master El Morya explained the building of the mythical “Bridge to Freedom” this way:

We are engaged, the other Ascended Masters and myself, in the building of a bridge—A BRIDGE WHICH WILL ENDURE UNTIL EVERY MAN AND WOMAN AND CHILD, BELONGING TO THIS EVOLUTION, HAS PASSED FROM THE REALM OF IMPERFECTION AND LIMITATION, OVER IT, INTO GOD'S FREEDOM. Into and under that bridge, we are building a foundation made of strong and valiant hand-picked, hand-chosen lifestreams, who can bear the weight and strength of the energies of the masses, when they begin to cross from shadow into sunshine, from darkness into light, from limitation into freedom, from disease into health and perfection.

Some of you have builded bridges through the ages. Some of you know how very important it is to have a strong foundation, lest the weight of the individuals who use it, in the future, might be more than it could carry.

We are the engineers who are endeavoring to find out the strength of the various lifestreams whom we have called to the colors. Those who choose to remain with us, shall have the great privilege and honor of becoming the living foundation of this bridge of living light!

Do you know that previous to the coming of Sanat Kumara, there were ages when only one lifestream held that bridge—only one lifestream kept it from being severed eternally, and the entire evolution swept into the second death?

Now again we come, rallying to the banners of Saint Germain, to build a bridge over which every member of this race shall pass, not only the billions that are presently embodied, enjoying themselves in the sleep of the senses, but also the billions that are awaiting the opportunity for re-embodiment, some whose creation is so heavy, that they would move the very Earth from its axis, were they to be admitted until places were made for them, by the removal of another presently incarnate soul!

For one year, we have coaxed and pled and loved you, but NOW WE MOVE FORWARD with those who choose to come!

There is blood, and sweat, and tears in the service of those who choose to respond to the “Ho!” of the Spiritual Caravan! For those who choose to wait, there will be a beautiful white span made up of the electronic light of those

lifestreams who have lived and died in service. It will be soft to your feet, it will be safe. And the raging torrent beneath will have no danger for you! Someone who has gone before, will have stood to his neck in that water, and perhaps been washed away in the raging flow of the tides. These latter are the men and women who ARE THE BUILDERS OF THIS AGE! Those of you who are ready have been given my individual and collective counsel and opportunity, avail yourselves of it, if you choose. . . WE MARCH ! ! !

#### **THE ASCENDED MASTER TEACHING FOUNDATION**

After the ascension of Geraldine Innocente, in June of 1961, only 5% of the original dictations were published. There was a clear and present danger that this valuable and unique material would be lost permanently.

The Ascended Master Teaching Foundation (AMTF) was founded in 1980, with the exclusive goal of continuing the work of the original "Bridge to Freedom," keeping the teaching in its purity, and carrying it from generation to generation. Prior to this, for many years, the foundation had researched these teachings and found them to be authentic and applicable to today's conditions, as well as the those of the future.

Through the effort of two volunteers, who functioned as an unpaid staff, using their own funds, this goal has been successfully achieved. These volunteers never considered themselves as channels. They considered the original dictations, as given by the Ascended Host through Geraldine In-

nocente, as unique and the best material available for each student wanting to gain the ascension in his lifetime. All they wanted to do is to give everyone a choice between these dictations and the various messages of today's numerous channels. **Without this effort, the original teachings of the Bridge to Freedom would have fallen into oblivion.**

It was decided that the plan of the Ascended Host, as received by Geraldine Innocente, could best be realized by proceeding as follows:

1) Gathering of the original dictations. In 1979 it was estimated that only five individuals had a complete set of the original material channeled through Geraldine and these individuals refused to share their material. It took about 25,000 miles of travel and 10 years of time, to complete this task. At one time, a trip from Mt. Shasta to Switzerland was necessary, to obtain access to photocopy the book "Memoirs of Mother Mary."

2) Preparation of new book manuscripts, followed by the printing and publishing of all of the original texts. The goal of re-publishing the original "Bridge to Freedom" material was reached in 1990.

3) Translation of the original text into other major languages. So far (in 2011) 23 AMTF-books have been translated into German.

4) Establishing Ascended Master Teaching Groups. These groups have the dual task of enriching the knowledge of the student about God's laws and returning the energy which the Ascended Masters spent, in their dictations, in the form of decrees, visualizations and songs.

The Lamp of Truth was chosen as the emblem of the AMTF, to signify the relentless search for truth, which is the vow and pledge taken by all members of the Brotherhood of Truth at Crete. Geraldine Innocente and A.D.K. Luk, the individual who introduced and guided the founding members of the AMTF to this teaching, were embodied, several times, as oracles at Delphi. The AMTF believes that a quest for truth should be the cornerstone of all religious teachings. Thus, the Lamp of Truth appears on all its publications.

The founders of the AMTF traveled thousands of miles to interview several individuals, who were members of the original Board of Directors of the Bridge to Freedom. Also interviews with Alice Schutz, who, at one time, was the Secretary of Miss Innocente and William Cassiere, a messenger appointed by Saint Germain, to work with Mr. Ballard, were helpful. Mr. Cassiere had, for a time, lived in the home of Mr. and Mrs. Ballard. Thus, the original vision and the plan of the Masters for the “Bridge to Freedom” was rediscovered, and preserved by incorporating it in the goals of the AMTF.

From 1979 to 2010, the AMTF was contacted by 76 individuals, all of whom considered themselves to be a channel of the Great White Brotherhood. All of these individuals desired to become the channel of the AMTF. None of them offered, in any way, to assist in the project of saving the original Bridge to Freedom Teachings, nor to re-publish them. Their main interest was in impressing upon the teachings, their own personal imprint. Therefore, they were rejected. Action speaks louder than words.

The members of the AMTF are working together as a team, acting as Guardians of Truth. They are committed to



preserve the original teachings of the Bridge to Freedom in their original pure form, and they are determined that this teaching be carried from generation to generation.

If given loving attention, and guarded well, the efforts of the Great White Brotherhood will prosper. The plan is to bring people together who are ready to study and apply the original teachings of the “Bridge to Freedom,” **without mixing them with other teachings**, and who wish to actively participate in this holy mission.

Individuals totally committed to the study and practice of the teachings of the Bridge to Freedom, who do not have any affiliation with any other religious or metaphysical group, are cordially invited to apply for membership in the AMTF.

It is an honor and a privilege to present the original teachings of the “Bridge to Freedom” to the students of today.

### BECOMING AN ASCENDED MASTER TODAY

The Great White Brotherhood is not an organization that functions on the physical plane. Only by living and expressing the perfection of the heavenly realms, on the physical plane, through self-correction of human weaknesses, by full adoration of the Divine Self, within, and by performing much impersonal service, can an individual draw himself into association with the Brotherhood. The Ascended Host directs the attention of the chela, but it is up to the student to make the right choices. No individual has ever made the ascension without the assistance of an Ascended Master.

The New Age is to be the ERA OF FREEDOM. What does freedom mean to mankind? It means removing oneself from human tendencies and discord. Real freedom comes through APPLYING THE TEACHINGS and supporting the plan of the Ascended Host, in its PURE ORIGINAL FORM.

The Ascended Masters stated that anyone who STUDIES AND APPLIES their teaching, on a daily basis, using a MAXIMUM OF SELF-EFFORT, may gain the ascension in this embodiment. Applying the teachings means giving decrees, studying the teachings of the Ascended Host, including using the Violet Flame, all on a daily basis. (See “21 ESSENTIAL LESSONS” and “AMTF SONGS AND DECREES.”) In addition, the student seeking the ascension should contribute some impersonal service, such as joining a decree group or establishing such a group.

All this may sound rather difficult to accomplish, but we should remember that, in many previous embodiments, we have accumulated much karma. Therefore, it will take a maximum effort to redeem this karma. The Ascended Host promised us that every sincere student, making the necessary SELF-EFFORT and applying the teachings on a daily basis, will gain the ascension IN THIS EMBODIMENT.

**SPECIALTIES OF ASCENDED BEINGS**

- HEALING: Mother Mary, Jesus, Archangel Raphael, Leto, Elohim Vista, Vista's divine complement Crystal, Helios (Director of our Sun), and Kwan Yin
- OPULENCE, (Abundant Supply): The Maha Chohan, Surya, Jesus
- WISDOM/ILLUMINATION: God Meru, Archangel Jophiel, Kuthumi, Brothers of the Golden Robe
- LOVE: Archangel Chamuel, Archaii Charity, Lord Gautama, Nada and Paul the Venetian
- FAITH, STRENGTH and POWER: Hercules, Archangel Michael and El Morya
- PEACE: The Elohim of Peace (Tranquility), Lord Gautama, Archangel Uriel, Jesus and Kuthumi
- FREEDOM FROM NARCOTICS, NICOTINE, ALCOHOL: Victory, Nada, Prince Oromasis
- MITIGATING NATURAL CATASTROPHES: Jesus, Maha Chohan, Aries, Thor, God Tabor (Earthquakes), Nada, Prince Oromasis (Fires)
- ORDER IN OUR AFFAIRS, SURROUNDINGS: Principa, God of Divine Order
- DETERMINATION, PERSISTENCY, KEEPING FOCUSED ON THE TASK AT HAND: Elohim Vista, Victory

### **THE HIERARCHY OF THE EARTH**

The Hierarchy of the Earth consists of the Cosmic Hierarchy and the Planetary Hierarchy. The Cosmic Hierarchy consists of the Cosmic Silent Watcher, the Intelligences governing the Central Sun and the Sun, the Archangels and the Elohim.

The Planetary Hierarchy consists of the Planetary Silent Watcher, the Karmic Board, the Lord of the World, the offices of the Buddha, the Manus of the seven rootraces, the World Teacher, the Maha Chohan and the Seven Chohans.

### **THE COSMIC BEINGS ALPHA AND OMEGA**

GOD, the great "I AM," is the creator and giver of all life in the universe. His powers, abilities and consciousness are beyond human comprehension. To know God and to know how he operates, is the work of eternity.

A galaxy is composed of a Central Sun and several planetary systems. There are Cosmic Beings who govern several galaxies. Such an intelligence is called the Superior Sun of the Galaxy of Galaxies.

The foci of the Godhead of our galaxy and planetary system are the Central Sun (governed by Alpha and Omega) and our Sun (governed by Helios and Vesta). The Beings Alpha and Omega are the supreme authority governing our galaxy. They direct the activities of the Central Sun and they administer Cosmic Law, as it applies to this galaxy.

It was Alpha and Omega who directed elemental light substance in the form of electrons to Helios and Vesta, who are the authority for the planetary system of which our Earth

is part. Helios and Vesta direct the activities of our sun. A sun is the life-giving and life-sustaining element of a planetary system.

Our Earth is part of a galaxy, which is composed of a Central Sun and several planetary systems. Each planetary system consists of one sun and several planets. Each sun is governed by two intelligences, one male and one female.

It is the nature of God to allow his children the opportunity of becoming co-creators with him. In order to fulfill this goal, planets are created. A planet serves to give different forms of life, namely mankind, angels and elemental life of the four elements (air, earth, fire and water), opportunity for self-expression and growth. Each planet is governed by a Hierarchy, which administers Cosmic Law as it applies to the planet. The Hierarchy of our planet is explained in more detail in the series “21 ESSENTIAL LESSONS.”

Love is the key. Through love, every sun and planet is projected forth at just the right distance. Through love, every galaxy is held within its orbit around a central focus, as it rushes through space with lightning-like speed, toward a destiny known only by the Godhead.

All creation follows Cosmic Law and a precisely predetermined general pattern. There is no natural selection by chance or random, as some natural scientists lead us to believe. Each component of a galaxy, therefore, evolves on a pattern of life, which is a succession of experiences, governed by free will.

In an effort to implement the divine plan for the Earth, Alpha and Omega allowed forty-nine Avatars to bless this planet with the teachings of the Great White Brotherhood.

The last Avatar was beloved Jesus. Unfortunately, sooner or later, the followers of the various Avatars digressed from the original teaching, insisting on impressing their own imprint upon the teaching. This, to a large extent, applies to today's situation. Fortunately, a few individuals, throughout the ages, kept to the original teachings, therefore enabling a continuation of the connection of the outer consciousness of embodied mankind with the ascended hierarchy of this planet. There were times when only ONE embodied individual kept the faith, yet it was enough. This example shows clearly that quality of consciousness is more important than the number of students.

When it meets at six month intervals, at the Teton Retreat, the Karmic Board decides upon petitions, requested by Ascended Beings and chelas. The rules enforced by Alpha and Omega are very strict and they are observed in minute detail by the Karmic Board, which acts as a representative of the Cosmic Law for this planet.

A good reason must be presented to the Karmic Board for any deviation from Cosmic Law. This is done by a petition from the Ascended Masters, or their chelas. Generally speaking, those petitions which are supported by the largest amount of energy will be approved. A petition, worthwhile as it may be, that is not backed by the energies of the chelas, will not be granted.

As these meetings take place, Alpha and Omega are represented by a messenger. On at least one occasion, however, Alpha and Omega attended in person. This happened in 1954, when the Philadelphia Group of the Bridge to Freedom presented a petition, which was approved and immediately implemented. Details of the petitioning process are shown

under the title, "The Teton Retreat." Examples of the Cosmic Law, as it affects mankind, individually and collectively, are shown in the various publications of the AMTF. An index is available to be purchased.

There are also exceptional cases, where, because of the need of the hour, an edict by Alpha and Omega will be given without prior notice, and, perhaps, without input by any member of the Spiritual Hierarchy of the Earth. Such was the case, when, at the meeting of the Karmic Board at the end of June 1959, an edict was announced that in effect, changed the previous procedure, where an individual is allowed one embodiment after another to gain the ascension. Here are the details of that decree, by Cosmic Law, which affects all mankind:

At the end of June 1959, during the summer conclave of the Karmic Board, it was announced that there would be a division of mankind. The cycle where an individual is re-assigned in the Halls of Karma, given new opportunity to serve and, at the proper moment, passes through the gates of birth, closed. This edict brought with it profound consequences.

We have, at the present time, many members of the fourth root race, the fifth root race, some of the sixth root race and perhaps, a few of the seventh root race, in embodiment. Members of the sixth and seventh root races were not permitted embodiment until recently, because of overpopulation by the fourth and fifth root races, who had to return, to Earth again and again, in a new body, to give them opportunity to dissolve their remaining karma.

At this critical juncture, all of mankind's ten billion

lifestreams will be given a last chance to make amends, and given opportunity express man's destiny as a co-creator with God. According to Archangel Michael, a plan has been accepted that provides a last opportunity for all of mankind. There will be a division of mankind, and only those who make a conscious effort to improve their habits, their thoughts, feelings and actions will be allowed to return to Earth for a new embodiment. Under this new plan, those who were in embodiment as of July 1959, will have to meet this criteria. Individuals not in embodiment as of that date will be given one final embodiment, where the same criteria will be applied. Those who fail to meet this new standard will, at the end of their embodiment, be transferred to a new planet, which has been created for the laggards of today.

This plan includes also a provision that applies to every student of the Bridge to Freedom teachings. Archangel Michael stated that those students who "DO NOT PROFIT BY OUR INSTRUCTIONS" (apply the teachings in their daily lives, to the best of their ability, see Bulletin Bk. 2, p. 300), "WILL BE INCLUDED AMONG THOSE WHO WILL BE TRANSFERRED TO THE NEW PLANET!"

Why is this so? Cosmic Law demands that the precious energy spent by the Ascended Host is privileged information, requiring an extraordinary expenditure of cosmic energy, which must be returned in harmony to the universe. Students, having this knowledge, are expected to APPLY it. Otherwise they receive the karma of omission. This explains why, in the Far East, knowledge of the Law was always given sparingly, because, if the instruction was either not APPLIED or not applied in a constructive way, the student, as well as his Guru, would accumulate karma.



KNOWING THE LAW, WITHOUT APPLYING IT, IS INSUFFICIENT. It is a fundamental principle of Cosmic Law that students, HAVING GREATER KNOWLEDGE, HAVE GREATER RESPONSIBILITY. Pure motives, having a positive attitude, and a willingness to put into practice what one knows, is of utmost importance. We are judged by HOW WE APPLY THE TEACHINGS in meeting the problems of everyday life, in constructively qualifying energy, and in contributing our spare time to the good of all, such as actively participating in group activity and giving decrees which bless not only ourselves, but all of mankind. Students of this teaching must take advantage of the opportunity that presents itself, TODAY!

### **THE COSMIC BEINGS HELIOS AND VESTA**

Helios and Vesta, together with Alpha and Omega, represent the Godhead to this planetary system, consisting of the sun, our Earth and several other planets.

Helios and Vesta are twin flames. They are not the Sun, they are individuals regulating the activities of the sun. Helios and Vesta created the I AM Presence of every individual.

The predominant God-quality of Helios is illumination. The God-virtue of Vesta is Truth. She was the first Goddess of Truth to the Earth. Her responsibility of representing truth was later conferred to Pallas Athena.

Helios and Vesta applied to Alpha and Omega for their cosmic assistance, as well as to all the universes above the Earth. These beings have responded. This means that, at this particular time, there comes to the Earth not only the radiation and blessings from these higher spheres, but the actual visitation of these great beings, themselves, who are assisting!

### SILENT WATCHERS

It is the service of Silent Watchers to watch and guard individuals or groups of people. There is a Silent Watcher standing guard over every town, city, state, country, planet, planetary system, and even an entire galaxy. If a silent watcher watches over a planet then the name PLANETARY SILENT WATCHER applies.

The Silent Watcher of the planet Earth holds in her consciousness the pattern and entire plan for the Earth and all individual life thereon, from the beginning to completion. Her name is Immaculata. At the end of each year, Immaculata communicates the thoughtform of the year, for the development of the planet, to the Lord of the World. According to the thoughtform, the pattern of the retreats, open for the coming year, is selected.

### THE KARMIC BOARD

The Karmic Board has the following responsibilities:

1. It administers the laws of the galaxy, as they apply to the planet, Earth. It meets twice a year, to consider petitions from the Brotherhood and from unascended beings. Those petitions that are backed by the largest amount of energy, have the greatest chance of being approved. Generally, those petitions with the greatest amount of support, from both the human kingdom and the ascended realm, will be chosen. However, Cosmic Law is very strict. It may not be superseded, except under exceptional circumstances. In these cases a good reason must be presented. After consulting with Alpha and Omega, the Karmic Board renders a decision, which is final.
2. It opens the Book of Life, which is the summary of the experiences of the last embodiment for each individual who passed through the experience, called death. The Book of Life shows how the individual used the energy of the last embodiment, in a constructive way, or otherwise.
3. It examines each individual who wishes to come back into embodiment, and decides whether to grant or not grant the individual the opportunity to re-embody at a certain place, at a certain time. This action of applying for embodiment on Earth on a voluntary basis has been superseded by an edict of the Cosmic Law, issued at the summer conclave in June 1959, held at the Teton Retreat. (See details under “Alpha and Omega”)

The members of the Karmic Board are not beings waiting to mete out punishment. Their one service to God is to find ways and means by which each individual can be given

the greatest opportunity for spiritual progress, to balance his debt to life, and to complete the goal of all life, the ascension. The tremendous fear and dread, which the orthodox world has induced in mankind, concerning the day of judgment, is unfounded and unfortunate, indeed. It is primarily built upon the fact that very few individuals live up to their promises to the Light, and, therefore, experience the consequences of their thoughts, feelings and actions. The Karmic Board is a merciful body of helpful intelligences, not a scourge to punish the bewildered lifestream.

The current members of the Karmic Board are Portia (Goddess of Justice, spokesperson for the Board), the Goddess of Liberty, Nada (Goddess of Love), Pallas Athena (Goddess of Truth), Elohim Vista, Kwan Yin (Goddess of Mercy), and the Great Divine Director (Manu of the Seventh Root Race).

### THE LORD OF THE WORLD

The Lord of the World supervises the Great White Brotherhood. He works under the supervision of Helios and Vesta, serving, primarily with the Karmic Board and the World Teacher. The first Lord of the World was Sanat Kumara.

Millions of years ago, a cosmic council was held. It was chaired by Alpha and Omega, the intelligences governing our galaxy, who administer the Cosmic Law as it applies to the Earth. At the council, it was decided to dissolve the Earth, by swinging it off its axis. It was then that Sanat Kumara offered to save this planet by taking residence on the Earth, thus adding his own large stockpile of constructively-qualified energy to that of the Earth. Thus, disaster was avoided. All inhabitants of the Earth owe their very lives to Sanat Kumara (see "MAN, HIS ORIGIN, HISTORY AND DESTINY").

In 1956, Sanat Kumara was able to return to his home planet, Venus. This action was accomplished, primarily, by approximately 150 students of the Bridge to Freedom, who, through the Transmission Flame Service, raised the required Light-Quota of the Earth to the amount required by the Cosmic Law, making this event possible.

After Sanat Kumara returned to Venus, his office was assumed by Lord Gautama. Sanat Kumara remains as Regent for this planet. Lord Gautama's particular quality is balance, and he will give assistance in balancing the four lower bodies of the students.

### THE MANU

The evolution of mankind is accomplished through seven root-races and their seven subraces. A Manu, a perfected being, directs the incoming, development and ascension of all individuals of a particular rootrace. He serves under the Lord of the World.

The first three root-races ascended with their Manus. The Manu of the fourth rootrace is Lord Himalaya. He is responsible for the development and ascension of the fourth rootrace. Many members of this rootrace have not completed their ascension. (These are of the oriental races.) The Manu of the fifth rootrace (the Aryan race) is Lord Vaivasvata, and the remaining Manus are Lord Meru and the Great Divine Director.

### THE BUDDHA

The activity and service of a Buddha is to step down high spiritual vibrations, and to radiate them to the Earth. This helps to nourish, expand and sustain the Light in all beings, during their development on the planet. He does this through radiation. This office was held, until 1956, by Lord Gautama. It is now held by Lord Maitreya. The office of Buddha is next in line to the Lord of the World.

### THE WORLD TEACHER

It is the primary service of the World Teacher to further the spiritual development of the human race. He serves under the Lord of the World and designs the type of spiritual teaching which is best to bring forth during a particular time period and at a particular location. The plan for the representation of a teaching is made with the cooperation of the Chohan of that particular 2000-year cycle. Until 1956 this office was held by Lord Maitreya. It is now held, jointly, by beloved Jesus and Kuthumi.

At the beginning of every 2000-year cycle, the Cosmic Law allows an Avatar to come into physical embodiment, to assist the human race. An Avatar is an Ascended Master, who, like the Master Jesus, has worked out his karma prior to his mission. Therefore, he is well equipped to represent, on Earth, our Heavenly Father. The next Avatar will represent the Chohan of the Seventh Ray, the Ascended Master Saint Germain. He will be the pure channel through which the virtues and the finest essence of the Seventh Ray may be incorporated into its outpouring. Another Avatar has long been due, but was not able to come, because of the present slow development of the human race. The First Avatar was Krishna.



### THE SEVEN CHOHANS

A Chohan is an Ascended Master who is in charge of one of the seven rays. Each of the seven rays radiates a certain God-Virtue to the Earth (for example, the love of God). The word "Chohan" means "Lord of the Rays."

Once every 2000 years, a new ray is predominant on the Earth, and as the cosmic wheel turns (14,000 years for one complete revolution), the Chohan who is the representative of the new ray, becomes the cosmic authority for the evolution of the Earth and all life thereon, during this time.

The Sixth Ray, under the supervision of the Ascended Master Jesus, completed its outpouring in April, 1954. The Seventh Ray, under the supervision of beloved Saint Germain, began its activity on May 1, 1954.

### NAMES OF THE CHOHANS AND THEIR RETREATS

First Ray:	El Morya	The Temple of God's Will, Darjeeling, India
Second Ray:	Lanto	The Teton Retreat, Wyoming, U.S.A.
Third Ray:	Paul the Venetian	Liberty Retreat, Marseilles, France
Fourth Ray:	Serapis Bey	The Temple at Luxor, Egypt
Fifth Ray:	Hilarion	The Temple of Truth, over Crete, Greece
Sixth Ray:	Nada	Mt. Meru, South America
Seventh Ray:	Saint Germain	Retreat at Transylvania, Romania

### THE MAHA CHOCHAN

“Maha Chohan” means “Great Lord of the Rays.” He supervises the seven Chohans.

The Maha Chohan is in charge of the elemental kingdom and, as such, he is the authority over the manifestations of nature. He is the magnet who draws energy from the sun, and supplies that energy to nature and mankind. He is the one who gives the first breath to every new-born child, and he takes the last breath of every individual as he passes from Earth. He assists in the development of the divine feelings in mankind, and gives comfort to life. His symbol is the white dove.

As the representative of the Holy Spirit, the Maha Chohan incorporates and vitalizes all of the divine qualities of the Godhead.

### AUTHORIZED MESSENGERS

In order to help with mankind’s spiritual development, and to manifest the divine plan for the Earth, the Great White Brotherhood employs AUTHORIZED MESSENGERS. An authorized messenger becomes the connecting link between the Ascended Master realm and the physical plane. If the Brotherhood wishes to appoint an authorized messenger, the approval of the Karmic Board by special dispensation is needed. This is very difficult to obtain. On the average, such dispensations are given only once every one hundred years. In the twentieth century, the two authorized messengers of the Great White Brotherhood, to receive the benefit of such a dispensation, were Guy W. Ballard and Geraldine Innocente.

### THE ANGELIC HOST

After the Earth was created, the angelic host was directed to guard and nourish the spiritual nature of mankind, by radiating the seven God-qualities into the evolving God-consciousness of mankind. This helps to develop conscious mastery.

The angelic host is under the direction of the seven great Archangels. Each of the seven Archangels embodies, guards and radiates one of the seven primary God-virtues, or rays, as do all angels.

The seven Archangels were the first to hold the offices of the Chohans. They embody the FEELINGS of the Father-Mother God, as the Elohim embody the MENTAL qualities. In December of 1953, for the first time in centuries, the seven Archangels came forth, at Saint Germain's request, to give discourses to the students of the Bridge to Freedom (See the book "The Seven Beloved Archangels Speak.")

The names of the Archangels and those of their Archaii (divine complements) are:

<u>Ray</u>	<u>Archangel</u>	<u>Archaii</u>
1	Michael	Faith
2	Jophiel	Constance
3	Chamuel	Charity
4	Gabriel	Hope
5	Raphael	Mother Mary
6	Uriel	Donna Grace
7	Zadkiel	Amethyst

The reader may find additional details about the Angelic Kingdom and the Elemental Kingdom in Lesson 6 of the series, "21 Essential Lessons."

**THE SEVEN ELOHIM**

The seven Elohim are the great Builders of Form. They embody the mental qualities of the Creator. Having constant reference to the design of each planet, as held within the mind of the Silent Watcher, the Elohim form planets, using elemental light-substance. Elohim were originally elementals. They may become Planetary Silent Watchers.

The GREAT NATURE DEVAS are also builders of form, but have lesser responsibility. They assist the Elohim by creating mountains, the rivers and other details of a planet.

The names of the Elohim and their divine complements are:

RAY	ELOHIM	DIVINE COMPLEMENT
1	Hercules	Amazon
2	Cassiopea	Minerva
3	Orion	Angelica
4	Claire	Astrea
5	Vista	Crystal
6	Tranquility	Pacifica
7	Arcturus	Diana

### ARCHANGEL MICHAEL AND ARCHANGEL FAITH

Archangels sustain the feeling nature of the Creator, for mankind's utilization and nourishment. They embody a particular God-quality. Of the Seven Mighty Archangels, who are the messengers of God, the best known is the Lord of the Archangels, Prince Michael, who is the Archangel of Faith and Protection. He is the Director of the Angelic Kingdom and a representative of the First Ray. Among all Archangels, Archangel Michael has the largest legion of angels. He has golden hair, magnificent blue eyes, and an appearance of splendor, confidence, and faith in God.

Lord Michael has responded often to the requirements of the people upon the Earth, who are in distress of soul, mind, and body. He, of his own free will, chose to become guardian of the faith of man in his God, at the very beginning of mankind's embodiment upon the Earth. His presence, or that of one of his celestial helpers, sweeps earthward, to give assistance to anyone in distress who desires his help.

When the First Rootrace came forth to inhabit the Earth, beloved Lord Michael accompanied them, as their guardian. It was Archangel Michael who touched the ground first. It was the designated task of the angelic kingdom to guard and nourish the spiritual nature of mankind, and to help develop the inner spark of divinity into the flame of conscious mastery. The angelic host was to stand by the side of mankind, radiating the love, the faith, and the will of the Father, into the atmosphere and aura of the evolving God-consciousness in every man.

The angelic host was under the direction of the seven great Archangels, who came from the Central Sun of our

system. The angelic host, through association with mankind and the elemental kingdom, were promised that they, in time, might attain the estate of the Archangels and become guardian powers in systems of worlds yet unborn from the consciousness of future Solar Lords.

The “holy innocents” first embodied in the vicinity of the great Teton Mountains in Wyoming, U.S.A.. Many centuries later, after the advent of the “laggards” from other planets, who brought with them their discord, Archangel Michael and his angelic host withdrew more and more to his retreat, the Temple of Illumined Faith and Protection.

Lord Michael’s temple is located in the Canadian Rocky Mountains, in the vicinity of Banff, Alberta. It is now an etheric temple, although long ages ago, it was physically manifest on Earth. It is circular in shape, of tremendous proportions and has four entrances—one at each of the cardinal points of the compass. The temple is made of a beautiful golden substance, encrusted with magnificent blue sapphires, and upon its dome stands a representation of Lord Michael.

From this focus, he and his legions have continued to guard, protect and serve mankind. Before the human creation emanated from the people, it was man’s natural estate to walk and talk, serve and accept counsel from the angelic host and their directors. From all parts of the Earth, the people came to receive the powerful radiance of this great Archangel, finding new strength to continue in their respective services, filling their souls with his faith in the ultimate expression of God’s kingdom of heaven on Earth.

Archangel Michael uses the Canadian Mounted Police as

a focus in the physical realm. He has a similar focus in southern Germany and a Focus of Light in the etheric realm, over Central Europe.

Archangel Michael's helpers constantly go forth on missions of protection, mercy, redemption and salvation. From Archangel Michael's temple, the ray of absolute unswerving faith in God continues to radiate forth, through the emotional, mental, etheric, and physical substance of the planet and its attendant evolutions. To this temple at night, come all who seek to be liberators of the race from disease, soul-weariness, and all manner of human limitation, finding new courage and strength to continue with their chosen service to the Earth.

When individuals make the call to Archangel Michael and his legions of angels, they answer and relieve mankind from the pressures which have fastened themselves upon them and which live on their very life. Some of these mass pressures (called mass entities) are accumulated energy of tremendous size. An individual who becomes caught in the pressure of such an entity, by connecting with it through similar thought and feeling, has not enough spiritual vitality, wisdom, strength, or courage to extricate himself from shadows such as lusts and passions. They are the chains binding the individual. If such an individual will call to Archangel Michael to be cut free from such energy, he and his legions will come and give assistance. Your conscious call for such assistance is imperative, and when sincerely given, always brings results. Archangel Michael offered to give protection to all taking embodiment on this planet and also on the other planets of this system, until all are ascended and have returned "home." In this capacity he not only guards mankind,

but also the angelic and elemental kingdoms, as well.

He is also known as the Angel of Deliverance, because he frees lifestreams from human creation with his Sword of Blue Flame. It was when the laggards came to Earth, with their destructive thoughts and feelings, that he devised his Sword of Blue Flame as a means of service, through the ages.

Archangel Michael has worked in the atmosphere of Earth since the beginning of the fall of man, cleansing the atmosphere of mankind's destructive human creation, also called "psychic substance." Since 1939, he has been serving in this capacity for twenty hours out of every twenty-four. In the 1950's beloved Archangel Michael's service was increased to twenty-two hours out of every twenty-four. When Archangel Michael enters the psychic realm, he puts on his full armor, helmet and all, to work with those destructive forces. He will remain until the Earth is free of them. Archangel Michael helped prepare Mother Mary for her mission to be the mother of Jesus, by giving her instructions.

After the "Fall of Man," Archangel Michael's Angels of Blue Flame created a "Ring-Pass-Not" of Blue Flame around the atmosphere of Earth, a certain distance out from the planet. It is composed of the living, breathing bodies of the Legions of Blue Flame, tier upon tier. This was devised as a means of keeping the Earth's discord and chaos from polluting interstellar space. These Angels of Blue Flame belong to the First Ray and they are great beings, wielding tremendous power of light. Since there are no discordant vibrations in the entire universe, except those generated by Earth's evolutions, these angels need not protect the Earth against intrusion of discord from interstellar space.



Archangel Michael came forth on November 15, 1938, for the first time since his ministering in France, through Joan of Arc. That night, he started his service for America. He also released, into the students' hands, the dominion of the use of the Sword of Blue Flame and his shield of protection.

If asked to do so, Archangel Michael will help today's students in discriminating between true and false channels. Serapis Bey told the students of the Bridge to Freedom: "Beloved Archangel Michael protects the earnest and sincere students from accepting false messages from the unseen realm. These so-called messages can lead the faithful, but not discriminating, student to accept messages which are said to originate from the divine realm, but which really come from unascended beings, who love to have their fun with believers. If such a 'visit' takes place, ask for the protection and guidance of Archangel Michael."

Lord Michael is one of the greatest friends that mankind has ever had. He is always at the forefront, trying to get relief for the human race. In December of 1953, Saint Germain told the students:

"LORD MICHAEL HAS SECURED A DISPENSATION WHEREBY THE MEMBERS OF YOUR IMMEDIATE FAMILIES ARE NOT REQUIRED TO RE-EMBODY, BUT WILL BE PERMITTED TO COMPLETE THEIR LIFE'S WORK IN THE OCTAVES OF LIGHT." This dispensation applied to those students who started the Bridge to Freedom activity and who are serving it to the best of their ability, spreading this light as far as possible among all mankind. To make this possible, ascension temples were created at inner levels in preparation for instruction to the family members of the students. At these temples the rela-

tives were shown ways and means of expiating their destructive karma, without the necessity of re-embodiment on the Earth plane. This grant applied to relatives of these students, back to the fourth generation.

Individuals who pass through the change called “death” still carry with them all their imperfect tendencies and habits of thought and feeling. Your calls to Lord Michael to help them, will cut them free on the “other side” and enable them to go to a higher “schoolroom” for instruction.

It will give tremendous assistance to each one if, before entering sleep at night, the attention is turned to the Temple of Faith and Protection. Here ask Lord Michael to CUT YOU FREE from the causes and cores of your various distresses and limitations, and ALL THAT BINDS YOU. This will enable the Powers of Light to more quickly enter your world and bring you the perfection your heart desires.

Archangel Michael is usually dressed in blue and gold. His banner is a golden sun, surrounded by the figures of the Seven Archangels, on a blue background. September twenty-ninth is known as Archangel Michael’s Day. His electronic pattern is a winged cherubic head.

The keynote of Archangel Michael’s retreat is contained in the melody, “Soldier’s Chorus” from (Faust). In the book, “The Seven Archangels Speak,” the students were apprised of a particular melody prior to the address of each Archangel. In several instances, this melody was later identified, in the “Journal of the Bridge to Freedom,” as the keynote of that Archangel. Based on this, it is most likely that the melody “Holy, Holy, Holy” contains the personal keynote of Archangel Michael and Archaii Faith, who is Archangel Michael’s

divine complement (Divine Complements have an identical keynote.)

Archaii Faith embodies the God-quality of faith, which is alive in every human heart. It has been said that without vision, the people perish. It is equally true that without the God-quality of faith, they cannot survive.

Archaii Faith tells us, (Journal of the Bridge to Freedom, September 1955), "If man could learn the truth of Jesus' statement – 'according to your faith be it unto you,' he would realize what a powerful force the quality of his faith is and how the state of man's consciousness determines, continually, the manifestation he is energizing."

Beloved Faith continued, "The attention is a spiritual faculty, which is constantly directed by the mind and is the channel through which God's energy flows. The attention carries, on the beam of its own magnetic force, the radiation of the sender, to the object upon which the beam is played. FAITH IN GOD SHOULD BE THE CONSTANT STATE OF ONE'S BEING, EVERY SECOND OF ETERNITY. When the evolving ego is so impregnated with the inner conviction that GOD IS THE ONLY POWER THAT CAN ACT, such a one's faith is constantly energizing the God-power flowing through all appearances."

The disciple Paul said, "Faith is the substance of things hoped for, the evidence of things unseen." Faith is a quality to be cultivated. Conscious cooperation with, and complete faith in the power of one's Higher Self, is mastery. Jesus' power lay in his faith in his own I AM Presence.

Archangel Michael and Archaii Faith work closely with Elohim Hercules, Elohim of the First Ray.

### ARCHANGEL JOPHIEL AND ARCHAII CONSTANCE

The great Archangel Jophiel is the Archangel of Illumination and Education. He was the first World Teacher for the Earth. Among others, who later represented this office, were Gautama Buddha, Lord Maitreya, and Jesus.

Beloved Archangel Jophiel is the divine teacher of angels, mankind and elementals who are desirous of expanding their understanding of life and its beneficent God-laws. This understanding enables them to be illumined and to serve in greater capacity and with more efficacy.

Archangel Jophiel serves on the Second Ray. Here ideas are drawn from the First Ray and, through illumination, they take on more detailed form. Following this, through the activity of the Third Ray, these ideas are energized through the feeling nature, resulting in manifestation on the physical plane.

This beloved Archangel applied to the God of all life, for opportunity to serve as a divine teacher, after having earned the right so to do by applying himself, for countless ages, to study and preparation.

Jophiel's Temples of Light, at inner levels, are of an exquisite golden color, which is symbolic of the activities of the Second Ray. In these temples, lovely beings, who serve with Lord Jophiel, teach the angelic host how to expand their love and powers of light. They also teach those of mankind who are desirous of developing along educational lines. Such lifestreams are taught in the Temples of Illumination at night, while their physical bodies sleep. The entire service of

Lord Jophiel is to expand the UNDERSTANDING of every self-conscious intelligence who desires such help, no matter to which kingdom it may belong.

Serving with Lord Jophiel is his magnificent divine complement, whose name is Constance. Her service is to help in anchoring more firmly, within the consciousness of the aspiring student, the desire to serve, WHEN SHE IS INVITED TO DO SO. By the radiation of her own God-quality of constancy, she stimulates the activities of the Christ-Flame, within each human heart, to “follow through” to accomplishment.

Lord Jophiel and Constance, and the teachers of the Golden Temples of Illumination, expand, within each consciousness which comes to them for assistance, the capacity to express higher and more lofty ideals of Deity. From the temples of Lord Jophiel there are directed, into all educational temples and schools of learning, here on Earth, great beams of golden light. Angels of education and illumination direct currents of instruction, encouragement and inspiration over these beams, through radiation, to the teachers in such temples and schools. Great scholars, interested in the various aspects of the Law, both spiritual and physical, are the recipients of directed currents of energy from these temples, and occasionally such individuals on Earth have assigned to them an “invisible teacher” to assist them, and thus they receive such instruction through intuition, inspiration and dreams.

Beloved Archangel Jophiel explains, “Many men and women say, ‘When I have attained, I shall serve my Lord!’ The measure of a man or woman is in what he or she does in the eternal NOW! ALL the great things that have been

done through the ages, and on all planets, have been done by the FEW! We cannot count on the consciousness that measures success in numbers, for it is never the masses of people, but the FEW who form the hope for the fulfillment of a vision or design of merit. Only TWO BEINGS in the heart of a Sun create a planetary system! Seven Elohim create the planets, and there are only seven Archangels, through whose consciousness, bodies and worlds, flows the energy of the Seven Mighty Rays to nourish the angelic kingdom. Seven directors (Chohans) govern, control, guide, counsel and evolve ten billion lifestreams, who use the planet Earth.

“WHILE ONE MAN, ONE WOMAN, DESIRES THE SUSTENANCE OF A PLANET, WHILE TWO STRONG FEET ARE PLANTED UPON THIS EARTH, WITH A HEART ANCHORED INTO GOD’S HEART, THE PLANET MUST SURVIVE, BECAUSE ONE IN THE AUTHORITY OF THE “I AM,” IS THE PRESENCE OF ALMIGHTY GOD, AT WHATEVER POINT OR PLACE THAT FOCUSED FLAME ABIDES!

“My endeavor, my service to life, is in the teaching of the consciousness, enabling it to discover that, within itself, is the power of Light.”

The keynote of Archangel Jophiel and Archaii Constance may be found in the melody, “The Sweetest Story Ever Told.”

### ARCHANGEL CHAMUEL AND ARCHAII CHARITY

The beloved Archangel Chamuel is the Archangel of love, adoration and devotion to God and his goodness, as expressed to mankind. We can call to him and to Archaii Charity, to instill in us, and activate our feelings to joyously accept the God-Presence I AM, everpresent in us. We can also call to these Beings to blaze the Flame of Thanksgiving, Gratitude and Adoration through us.

Individuals who are very conscientious, often drive themselves and others through an intellectual sense of doing that which is right. Thus, the work is done in the performance of duty, rather than in the joy of service. The Third Ray is primarily concerned with charging the feeling worlds of those upon the path with the LOVE OF SERVICE. Thus, all that is done is charged with the pressure and energy of the emotional world, and there is no sense of exhaustion or depletion in such activity. Feel the joy that comes when you are motivated with God-desires, and your individual and collective service is in the cause of common good.

Archaii Charity embodies the quality of forgiving love. Her flame, anchored within the heart of an individual, can consume the wrong and hard feelings by forgiving love, which is necessary, as real forgiveness is a FEELING, not just an intellectual thing. The God-quality of charity is the expression of inner love. It is the expression of gratitude and thanksgiving. Archaii Charity is the embodiment of love for life.

Archangel Chamuel embodies that mighty fiat, “Thou shalt love the Lord, thy God, with all thy heart, with all thy

soul and with all thy spirit!” He and his divine complement, the beloved Charity, are dedicated and consecrated to developing, in the outer consciousness of mankind, a true sense of gratitude and adoration to the source – GOD – and to encouraging mankind to unfold the divine flame that lies buried within each heart.

Beloved Archangel Chamuel taught the students of the Bridge to Freedom: “The Adoration Flame is practical. It is an actual treatment of the feelings, as well as of the mind, and is an actual therapy to the flesh. True adoration of God has, within it, no self-seeking, but absolute relaxation, basking in the goodness of God and loving him for Himself. Therefore, within it is none of the tension that sometimes attends prayer and invocation, because of the use of human will. I challenge any individual in depression, any individual in pain, any individual in chains of any kind, to use the Flame of Adoration that is the true nature of their being, and if they do not see and feel FREEDOM, then the sun and the planets will no longer move on their appointed courses.

“That to which you give your life grows, multiplies, develops and matures, whether it is a garden plot, a farm crop, or whether it is a friendship—human or divine. The pouring forth of the gratitude of your love for life, multiplies and makes things grow.

“Oh, the happiness that your bodies will feel, and the lightness that you will experience, as you drop the appearances of age, distress and discomfort. As you learn to relax within that Pink Flame of Gratitude and Thanksgiving to life, the softness will erase the lines from your face and love will replace the hard look in the eyes. All these blessings come



from the use of that Flame of Thanksgiving, of Gratitude and Adoration, of which my beloved complement, Charity, is the spiritual being and heart.

“I challenge you! Sweep my Flame of Adoration through every condition in your life—to double your supply, to double your enthusiasm, to double your ability and desire to serve, to triple all your activities! It can be done! WORKS, not words, are the order of the day! Everything increases through attention. Remember, magnify and amplify the GOOD! Take the money in your purse and pass the Adoration Flame through it! Bless it—and increase it—and see what the use of that flame will do for you! Children of my heart, I challenge you to try this!”

On the Third Ray, the Archangel Chamuel renders the specific service of stirring within the individual’s feelings, a joyous acceptance of the ever-presence of God. He is a being of transcendent light, who has served for aeons of time at inner levels, teaching the angelic host how they may, through prayer and devotion, accelerate their own blessed flames in praise to the Godhead. He has also served in the elemental temples, teaching elemental life how to raise their consciousness, in praise and adoration to the God who made them.

According to a dictation by beloved El Morya, beloved Archangel Chamuel is the Hierarch of an etheric temple located over the Blue Ridge Mountains of Virginia. This temple was established during the Atlantean Age.

According to a dictation by God Meru, Lord Chamuel and beloved Charity have a glorious temple, located at inner levels, built in a circular design, with a golden dome encrusted

with pink rubies. In this temple, the Flame of Adoration to God and his messengers burns brightly. This flame is directed by Lord Chamuel to all unascended beings, to encourage the development of their own divine plan, and is carried to mankind by Lord Chamuel's legions.

All virtues have color and sound. True gratitude, emanating from the heart of any individual, is pink in color. When this gratitude is sent to members of the human race, it is a soft, delicate shell pink. When gratitude is poured out to God and the Divine Beings who serve him, in conscious adoration and praise, it is a deeper pink and, literally, the doors to heaven open. Back on the Ray of Gratitude and Praise to Deity, comes more and more of the beautiful pink essence, into the world of the one sending forth such a blessing.

For many centuries, the conscious knowledge of Archangel Chamuel was withdrawn from the outer minds of the masses, and therefore, they did not have access to his presence, but now, the students of The Bridge to Freedom teaching can consciously tie into the world of this mighty Archangel and feel, through him, the great love that God holds for his creation. That feeling flows from Archangel Chamuel's heart, the moment that you allow your thoughts to dwell upon him. Even if you are in a place or condition where your lips cannot form the words, the moment that you invoke his name and ask for his help, your world and Chamuel's become one.

Your own faith and your own feelings will prove what vital assistance the invocation of his presence can bring into your world.

Both Chamuel and Charity have golden hair and violet eyes. Beloved Archaii Charity assisted Lady Master Nada in gaining the ascension.

Archangel Chamuel's Legions of the Pink Adoration Flame, working in cooperation with the Philadelphia Group of the Bridge to Freedom, helped to prevent the outbreak of the volcano Kilauea, in Hawaii (See the book "Law of Precipitation").

The keynote of Archangel Chamuel and Archaii Charity may be found in the melody, "Let Me Call You Sweetheart." The melody, "Praise God from Whom All Blessings Flow" can also be used to draw the radiation.

### ARCHANGEL GABRIEL AND ARCHANGEL HOPE

There are many God-Beings who offer to direct their assistance when individuals CALL for such help, and the mighty Archangel Gabriel is one of those who brings to mankind those “tidings of great joy.” The Archangel Gabriel has also been called the Angel of Annunciation, due to the fact that it was he who announced, to the beloved Mary, that the time had come for her to bring forth a son, who was to be called Jesus. This visitation helped prepare Mother Mary for her future mission. Archangel Gabriel is a representative of the Fourth Ray and assisted in the resurrection of Jesus' body. He was the angel who rolled away the stone from the tomb on that first Easter morn.

We have been told that man was created in the image and likeness of the Father-Mother God, but it is quite apparent that man has “fallen” far short of the original, divine blueprint. Archangel Gabriel holds that original concept of perfection—the IMMACULATE CONCEPT—for all mankind, and will give assistance to all who call unto him.

The divine complement of the Archangel Gabriel is known by the name of HOPE, and her service is to perform exactly what her name implies. She brings hope to the human heart, for better things to come. Her radiation is buoyant, uplifting, joyous, and inspirational. As the radiation from your radiators makes your living quarters comfortable, so does the radiation of any divine or human intelligence affect your atmosphere through their thoughts, feelings, words and deeds. This is not a mystical, but a scientific fact. Proximity to the heat from a radiator makes one warm—proximity to the presence of any of God's messengers, with their radiant

blessings, gifts and virtues, raises the entire consciousness and world of the one who invites such a presence.

Archaii Hope has implanted a ray of her quality within each lifestream, and through it, she can intensify the feeling of hope at any moment. In this way, she assists the Christ Self to fulfill the divine plan. Her service is to instill and sustain hope and enthusiasm in everyone. Hope gives a feeling of expectancy and buoyancy. She is the “Spirit of Resurrection.” She and Gabriel assist in bringing forth the annual “Miracle of Spring.” If a dormant bulb, lying in the earth through the long winter, beneath snow and ice, can be stirred to the resurrection, direct its shoots and flower through the ground, and then give forth perfume, it should be a great hope and example to mankind, that what a bulb has been able to do in externalizing its immaculate concept, mankind can do, as well!

Beloved Archangel Gabriel told the students, “I come from the realms of the ‘Light of God that never fails,’ into the shadows of the Earth, and say to you: GODS and GODDESS-ES, why sit ye in the shadows, when, within your heart, beats that fire of immortality? The Threefold Flame in your hearts contains the power to redeem, to transmute, to harmonize, to purify, to heal, to supply, and to regulate every condition, even with the speed of thought!

“It is my privilege and honor, working with the Hierarchy, to bring to life, again, the consciousness of mastery, which is the pre-ordained destiny of every man, woman and child belonging to this evolution, as well as those who are the avowed guardians of it.

“Religion is not a matter of ceremony, alone. It is a

MATTER OF DAILY, HOURLY LIVING! It is a matter of plain, ordinary common sense. It is a matter of discipline, self-control and contemplation, the development of love and gratitude to life, itself, and for the God who has given that life and sustained you for millions of years.

“Today, with all the power of my own heart, I CHARGE into your mental body, I CHARGE into your feeling world, I CHARGE into your etheric body, I CHARGE into your physical body, the glorious power of the RESURRECTION FLAME, to REVERSE the currents that have tied the energies of your bodies into the lower octaves and formed the magnetic pull that has bound you to the Earth. YOU SHALL BE FREE! I, Gabriel, am speaking into your hearts! REMEMBER ME!

Call forth that Flame of the Resurrection! Let that which seems ‘dead’ within you, LIVE! The light of God, the youth of God, the sight of God, the hearing of God, the beauty of God, the love of God, the all-encompassing nature of God, IS ALIVE WITHIN YOU! There is an ember within your hearts, or else you would not have physical form. There is a spark in which is the all-power of the Almighty, and I breathe upon it with the flame of my spirit: COME FORTH NOW, YE THAT SLEEP! STAND REVEALED IN MASTERY AND BE GOD FREE!

“THE OLD OCCULT STUDIES WERE, AS YOU KNOW, SO OBSCURE [hidden and unintelligible] THAT FEW COULD UNDERSTAND THEM, but now that we are speaking to you, like children, there should be no lack of understanding. If you find yourself puzzled on some point of the Law, just call, ‘Gabriel—HELP!’ and I will be as willing to assist you as I was to help the beloved Mother Mary, in her hour of trial.

“As Master after Master has said to you, many are those

who feel remorse after the life span is closed. Many are those whose tears have flowed as they say, 'It might have been.' You have in your hands already enough truth to illumine an entire planet, as well as yourselves.

"I send to you today, the fully directed power of my capacity to hold the immaculate concept for each and everyone of you, for your groups, your families, your loved ones and affairs. Accept it, use it, and help us, oh Children of Earth, in this great and magnificent hour of opportunity, to redeem the Earth, its people and all imprisoned life. Make it a platform of dignity and beauty of the Ascended Master Saint Germain, and of all succeeding generations."

Archangel Gabriel has golden hair. The keynote of Archangel Gabriel and Archaii Hope is contained in the melody "Intermezzo," from the opera, "Cavalleria Rusticana." Both Archangel Gabriel and Archaii Hope work from the Resurrection Temple.

Beloved Archaii Hope tells us:

"Beloved and blessed ones, without hope, the peoples of Earth would perish. Therefore have I chosen to remain in the atmosphere of this Earth, charging the hope of life eternal into the consciousness, beings and worlds of all that use the Earth as a planetary home. Hope keeps men and women moving forward, despite all the human creation and apparent chaos of the outer world. Is there hope in most of your televised programs, your radio broadcasts or newspaper reports? For the most part, 'no.' Yet, there is hope alive in the atmosphere of Earth, while I have being, and choose to remain here, fanning the fires of hope, until that hope becomes a manifest expression of perfection, expressed here and now!"

### ARCHANGEL RAPHAEL AND MOTHER MARY

Beloved Raphael is the Archangel of Healing, Consecration and Concentration. He serves on the Fifth Ray.

This magnificent being has dedicated part of his life and service to the directing of healing rays from the glorious temple of light wherein he abides, in the higher realms of God's perfection. These healing rays flow, not only to those in distress in the physical appearance world, but also to all life in distress in the astral and psychic planes, which surround the Earth. Archangel Raphael draws this healing essence from the Sun of our system and the God-parents, Helios and Vesta, who designed our planet and all the planets of this system. The word "healing" comes from the very name of Helios, itself.

Just as an automobile battery, attached to a "charger," absorbs the currents, so that it can give power to a means of conveyance, so do the Archangels, the angelic host, the seraphim and the cherubim, by their rhythmic attention and adoration to their God-source, absorb into themselves the specific qualities of God, which they wish to radiate to some other part of life, to raise it into perfection.

Archangel Raphael provides schoolrooms for his angelic hosts, where the angels are prepared for service, by learning how to draw more healing power from God, holding that healing essence within themselves, until they reach the world of the supplicant who requires it. When they have learned to hold this healing essence, they are sent earthward, to carry that substance, qualified with the power of healing, to individuals in distress.

The divine plan for the Earth and its people is that the



angelic host, the human kingdom, and the elemental kingdom should serve together in harmony—creating the perfection of the kingdom of God on Earth. As Jesus said, “Thy kingdom come, Thy will be done on Earth, as it is in heaven!”

ARCHANGEL RAPHAEL ALSO CONSECRATES THE LIFESTREAMS WHO DESIRE TO SERVE GOD AND MAN in the physical appearance world. By the use of projected light rays, which connect with the energies of those who have a true vocation in life, he and his angels pour their feelings of faith, love, constancy, wisdom, and whatever is required, to assist such an individual to remain true to his chosen vocation.

Archangel Raphael was the messenger of God responsible for drawing Joseph and Mother Mary together and he provided the protecting guard for the coming of Jesus. It was the radiation of this Archangel that also sustained beloved Lord Gautama, in his quest for truth.

Beloved Archangel Raphael tells us, “It is my specific service to the universe, to stand at the head of a glorious legion of beings, who direct the ray of almighty God into those individuals who consecrate their life energies to a specific humanitarian service to bless the masses. Every doctor, nurse, priest, nun, minister and rabbi, and every chela and initiate, who voluntarily dedicates his or her energies to serving life, comes under my particular blessing, radiation and care.

“For a moment, FEEL that individual consecration of your lifestream to God. Visualize that light flowing from the heart of the universe, animating every one of your inner bodies.

“Now, consciously CONSECRATE your minds and bodies to receive the divine ideas of the Father, your feelings to radiate that which is helpful, constructive and good, your etheric body to record only perfection, your garment of flesh to manifest health and harmony, your eyes to see perfection and to bless all life, your ears to hear the harmonies of the inner light, the voice of the Master, and the call for assistance from your fellowman, your lips to form the words that carry hope, faith and the confidence of heaven into the consciousnesses that are bound, your hands to heal, your feet to walk upon the path, as directed by the God who made you, your heart to be the chalice of the Sacred Fire, and your whole being consecrated and dedicated to God’s service. THIS IS MY ACTIVITY TO LIFE!”

The beloved Mary, the mother of Jesus, is the divine complement of Archangel Raphael, and among her many services to life and to mankind, she serves as the head of the healing activity to our Earth. The present-day service of Mother Mary and her former embodiments are covered under the heading “The Ascended Lady Master Mother Mary.”

The keynote for Archangel Raphael and Mother Mary may be found in the melody “Whispering Hope.”

**ARCHANGEL URIEL AND ARCHANGEL DONNA GRACE**

The Archangel Uriel serves on the Sixth Ray. His service is to minister to all of mankind, consisting of ten billion individuals, some of which are in embodiment. Of all the angels that people the inner atmosphere around the Earth, the largest legions are of Lord Michael and Archangel Uriel.

Every individual has a ministering angel, who has the same task, the task of giving an individual assistance, as soon as he is in embodiment and his thinking and feeling worlds are active. While the individual is creating karma, it is the task of the ministering angel to hold as much peace as possible for him. These ministering angels are natural conductors of both PEACE and HEALING but it is sometimes difficult to get mankind quiet enough, in their thoughts and feelings, to receive these gifts.

These ministering angels also need CONCENTRATION. While the physical body of an individual is asleep, his etheric consciousness is still functioning, somewhere! If this consciousness is having discordant experiences in the psychic realm, it is creating destructive karma. The ministering angel is obligated, by cosmic law to accompany such a soul and, at every opportunity, this angel projects a light ray into the consciousness of the one he is assisting, with the hope that perhaps it will help him to look higher and to desire more light. It is not easy to work almost continuously with one individual for literally millions of years. It is a case of voluntary imprisonment through love, which has little parallel.

Ministering angels are sometimes called “guardian angels.” On occasion, they give us a prompting to do or not do a certain thing. Hence there exists the need to remain in a state of listening grace. In this way, we are able to recognize these promptings.

Let us daily acknowledge this personal friend of the ages and endeavor to lovingly co-operate with him, by staying in a state of harmony, at all times! Were it not for these transcendent beings of light and love, who have devoted themselves to serve mankind, many lifestreams would have destroyed themselves, long ago! God bless the ministering angels, every blessed one of them and God bless our beloved Uriel and Donna Grace, for their sustaining power of love and grace for all life!

Uriel wears the beautiful ruby robes of the Sixth Ray and is surrounded by myriad bands of angels. Great legions of his court are always present in and around institutions of incarceration, hospitals, prisons, homes for the aged, and some of his angels are always present where there is a soul in distress.

The very nature of Uriel's service—ministration—brings peace, which precedes all permanent healing of soul, mind, body and affairs. PEACE IS A CONDUCTOR OF HEALING RAYS, FOR WHEN AN INDIVIDUAL IS IN A STATE OF TURMOIL, HIS AURA REPELS THE HEALING HE DESIRES, BUT WHEN HE IS AT PEACE, HIS AURA ACCEPTS THE HEALING RAY.

Archangel Uriel addressed the students as follows:

“Wherever the name of God is invoked, either silently or audibly, THERE I AM, ON THE INSTANT, with the fullness of the love, the blessings, the benediction, healing, faith and power of the Almighty. According to the CAPACITY TO RECEIVE, is the blessing given.

“We are those legions who answer the calls and prayers from the least of men. Through the Silent Watchers, we are alerted the moment the flame in the heart stirs and the silent ‘God, help us!’ arises from within the consciousness. At

that time, according to the requirement, is one or more of our legions sent to bring peace, grace and assistance to the individual seeking help.

“Remember! You have a personal ministering angel who has been with you for many centuries. By your call to him, LET THIS MINISTERING ANGEL DAILY ANOINT ALL OF YOUR FOUR LOWER VEHICLES WITH HIS SUBSTANCE AND FEELINGS OF DIVINE LOVE, LIGHT AND GRACE – thus helping you to hold sustained peace, regardless of any human appearances or aggravations. Give him your undivided attention, for just a few moments each day, during that time consciously accepting, into your feelings, the help he wishes to give you.

“YOU ARE IN TRAINING TO BECOME MASTERS! FREEDOM COMES WHEN YOU ARE MASTER OF CIRCUMSTANCES CONSCIOUSLY AND CAN REGULATE ANY SET OF CIRCUMSTANCES BY THE FLAME WITHIN YOUR HEART. THERE IS NO OTHER PERMANENT FREEDOM!

“REMEMBER, REMEMBER, REMEMBER—Uriel is no farther from you than a call! Just the THOUGHT OF GOD will bring me, on the instant. I am your friend! I am your servant! I am your companion in the light—URIEL, the messenger of the Most High.”

The divine complement of Archangel Uriel is Donna Grace, who embodies the virtue of grace, which is a feeling. The Masters defined the God-quality of grace as “merit unearned.” Donna Grace is the representative of grace in the angelic kingdom, as Mother Mary represents grace to mankind.

The keynote of Archangel Uriel and Archaii Donna Grace can be found in the melody, “Lullaby,” by Brahms.

**ARCHANGEL ZADKIEL AND  
ARCHAII HOLY AMETHYST**

Beloved Zadkiel is the Archangel in charge of the Violet Fire of INVOCATION and TRANSMUTATION. He is a representative of the Seventh Ray. The Violet Fire enables everyone to transmute karma in a painless way, instead of having to experience unnecessary pain and suffering.

There is no reason to fear this Violet Fire, for it only dissolves and transmutes energy which has been wrongly qualified by thought, feeling, word, or action. When earnestly used, it produces a happiness, buoyancy and lightness, for the accumulated karma is an actual WEIGHT and PRESSURE. At some time, this karma must be dissolved and transmuted back into perfection. When called into action, the Violet Flame blazes around the electronic substance that makes up every living thing, including so-called inanimate objects. It changes the vibratory action, by quickening the motion of the electrons that make up the atoms, dissolving the shadows that are within the electrons and letting pure light expand, as God intended.

The divine complement of Archangel Zadkiel is known as Holy Amethyst, and when you call to them for the Violet Fire to surge through every part of your being and environment, their Angels of the Violet Fire go forth instantly, to answer that call.

Neither you nor any of mankind can experience the fullness of God-perfection in your worlds, either while here on Earth or after so-called death, until all your human creation (which means all the misuse of life in your thoughts, in your feelings, by your acts, and by your memory) has been completely removed. Fortunate, indeed, are YOU to know of this

Violet Fire, which is the divine tool that can most quickly render this service. It will not act of itself, so your earnest and sincere call to the Ascended Master Saint Germain, the Archangel Zadkiel, beloved Amethyst, and the Angels of the Violet Fire is required. THE MORE YOU CAN APPLY THIS VIOLET FIRE SURGING THROUGH YOU, THE QUICKER YOU WILL BE FREE.

When the Atlantean culture flourished and Cosmic Beings, Archangels and angels walked and talked with men, there was a “White Order” of unascended lifestreams, who loved and served God and his holy messengers. Among this “White Order” were the priests and priestesses of the Order of Lord Zadkiel! The present Chohan of the Seventh Ray, the Ascended Master Saint Germain, was one of these priests.

The beautiful etheric temple of Lord Zadkiel and Holy Amethyst (the Temple of Purification by Violet Fire) abides now over the Island of Cuba. It was once a mighty focus on the landed surface, itself, and one day it shall again be established on Earth, where mankind may go to bathe in the radiation of the Violet Fire.

Beloved Archangel Zadkiel addressed the students as follows, “Again we come to the close of a 2000-year-cycle. THE LAW HAS SAID THAT THIS IS THE FINAL CYCLE. It is to this end that we are all pouring forth the pressure of our Light and flames, desiring to obtain assistance.

“It is better to call forth the Violet Flame for shorter period, each day in a RHYTHMIC ACTIVITY. Set aside some uninterrupted time – morning, noon and night – to invoke this flame, calling for it to blaze up, through and around you and expand out into your world.

“Let that Violet Fire blaze up, through and around your

physical body, especially through your brain structure, through your etheric, mental and emotional bodies, commanding it to transmute the hard and unforgiving feelings. These 'hard feelings' are the causes and cores of most of your distresses. Let them be replaced by grateful, joyous, receptive feelings, which open your world to the goodness of God and make you a mighty magnet to draw to you all the good that God wants you to have."

Archaii Holy Amethyst tells us:

"Without the Violet Flame, beloved ones, there would have been no Earth today. Without the full power of the Violet Flame there would have been no humanity. There would have been a void, insofar as the Earth is concerned. THE MORE YOU CALL ON US FOR THIS VIOLET FLAME, THE MORE YOU MAGNETIZE ITS PRESENCE, THE MORE OPPORTUNITY WE HAVE TO DRAW ON THE COSMIC STOREHOUSE TO CHANNEL THAT VIOLET FIRE THROUGH YOU. This is an eternal verity, one of those many truths which have to be repeated often, because the blessed and sincere outer self becomes weighted down, not only by his or her own karma, but by the karma of those around him. Know that in the realms beyond so-called death it is the magnificent power of the Violet Fire, which gives every God assistance. It is that magnificent power of the Violet Fire that Mother Mary draws, enabling so many of the children of Earth to come into embodiment with much less karma.

"Now in the name of God, accept the fullness of that Violet Flame! Bring it back into the orbit of your own worlds as God's own love, as God's own light, as God's own mastery! I ask you to do this NOW."

The keynote for Archangel Zadkiel and Holy Amethyst may be found in the melody "Oh, How I Miss You Tonight."



**ELOHIM HERCULES**  
**(Divine Complement: Amazon)**

The mighty Elohim of the First Ray is called HERCULES. Elohim Hercules and his divine complement, beloved AMAZON, were the first to accept the opportunity of assisting the God-Parents of this system, beloved Helios and Vesta, to create the planet Earth out of primal life essence. When they answered the call of beloved Helios and Vesta, these two great Beings, looking upon the God-design, said: “We WILL TO HELP in the creation of the Earth as a planetary home, for generations yet unborn, from the heart of God.” Preceding all constructive creation, must come the WILL TO DO, accompanied by the strength to accomplish that which is designed, to “widen the borders of the Father’s kingdom.” Hercules and Amazon represent that mighty blue flame of strength, power, and the WILL TO DO. Calling to them to enfold you in their protection, strength and power, will draw their mighty assistance into your world and your affairs, for no force ever opposes the mighty Hercules!

The members of the Spiritual Hierarchy who serve with beloved Elohim Hercules, Archangel Michael and the Ascended Master El Morya, to help expand the understanding of the will of God through man, focus their combined consciousness through the Temple of God's Will, at Darjeeling.

Beloved Hercules explains:

“I am the Elohim of DECISION. Everything that has ever been accomplished on the plane of Earth, has been accomplished by men and women of decision, by angels, elementals, and devas of decision, by beings who have voluntarily chosen to combine the energies of their lives, with the WILL TO DO. Without that WILL TO DO, there is no accomplishment.

“It is my privilege and honor to embody the fire of enthusiasm and the WILL TO DO that which God intends. It is my joy, my privilege, and my honor to bring to you the pressure of my love and the flame of my heart, to expand upon your foreheads my presence, consciousness, and the WILL TO DO that which God intends.

“Are you content with what you are, with what you manifest, today? Are you content with half a loaf when you could have a full one? Are you content to live in limitation and in bodies of decay? IT IS WHAT YOU WILL, THAT YOU MANIFEST!”

Elohim Hercules is known for power and strength. One can call to him for courage and strength. Power is concentrated energy (force of action). He and Amazon are of a large stature. Amazon is also very powerful.

There are times, in every chela's life, when he or she is in a position where the energies and dynamic power are not available through the outer self. When that condition does exist, call to beloved Hercules and beloved Amazon, call to beloved Michael and beloved Faith, call to beloved El Morya, call to any of these Divine Beings to give their help and assistance to you, and they will help you revitalize your lower bodies with additional courage and strength.

The Seven-fold flame of the Elohim is anchored on the forehead of every individual. These seven Flames are placed, in the order of the rays, from the left side to the right. A Master can readily tell what ray an individual is on, by the predominance of that ray, in this Seven-fold Flame on the forehead.

**CASSIOPEA, THE ELOHIM OF WISDOM**  
**(Divine Complement: Minerva)**

CASSIOPEA is the Elohim of Wisdom. He and his divine complement MINERVA are serving on the Second Ray, the ray of perception, comprehension, illumination, understanding and the power of concentrated attention. The power of your attention is the open door to your mind and your entire consciousness. The Second Ray brings illumined understanding of God's divine plan and design to the people of Earth, who open the door, through their attention, to that pattern and design.

The Seven Mighty Elohim created the planet Earth from elemental light substance, as a beautiful and shining habitation for all the children of God, who desired to learn to control the use of energy and vibration upon it. The consciousness of Cassiopea and Minerva, his divine complement, also known as the Goddess of Wisdom, helped to hold the divine pattern for the topography of the Earth.

DISCRIMINATION IS A GIFT OF THE SECOND RAY. THE UTILIZATION OF THIS GOD-VIRTUE HELPS TO RECOGNIZE, STUDY AND PONDER THE KNOWLEDGE RECEIVED, AND TO ACCEPT OR REJECT, AS TRUTH, THE PRESENTATIONS GIVEN TO THEM.

Beloved Elohim Cassiopea addressed the students as follows:

“The Golden Flame of Divine Illumination has been directed to Earth for aeons of time. As the Ray of Illumination has continued to play upon Earth, and as the attention of the advanced members of the race has begun to reach out

again, toward God, the return current of the attention of mankind toward heaven, has made the circuit complete.

“My activity is that of perceiving what the God-parents have designed and want to have made manifest. The purpose of the Second Ray is the PERCEPTION and ACTIVE ILLUMINED CONTEMPLATION of the God-plan and design. After you have made the decision and surrender to the will of God, you must next receive the divine idea and directions as to how to manifest it. Therefore, the first activity of the mental body, after making the decision TO DO, is to BECOME STILL!

“Your mental body receives, through your attention and through all activities of the senses, everything that your attention connects with (good or otherwise) and draws back the picture and form into your mind. The mental bodies of mankind are like an old warehouse, in which has been stored the furniture and accumulations of the ages. They are full of cobwebs and discordant human concepts, as well as much that is petrified, and some of which is in the process of disintegration.

“When you first received your mental bodies from the heart of creation, they were like crystal balls of light, into which you received the clear, concise and beautiful ideas and patterns from your own Holy Christ Self. Even as you read and hear this, I am passing my flame through your brain consciousness. LET GO of your human concepts of the ages!”

**ORION, ELOHIM OF DIVINE LOVE**  
**(Divine Complement: Angelica)**

The God-quality of the great and mighty Elohim, ORION, and his divine complement ANGELICA is the aspect of divine love.

Students have been calling that power forth in decrees, and these remove the mass accumulations of discord in the psychic realm, in which we abide. The cosmic love, thus invoked and set into motion, locks the flame of God around the cause and core of imperfection, removing it before it can manifest as distress. This is the great service of Elohim Orion. It is the love of impersonal, constructive service to life.

Both beloved Orion and Angelica are interested in bringing peace to the Earth, through divine love. Without pure, divine love emanating from the heart of any individual, no lasting peace can manifest. Divine love, in itself, is a positive quality and NOT negative sentimentality, and its radiation brings forth the warmth of the feeling of GOOD WILL toward all unhappy and imprisoned life. It is the divine edict of the heavenly Father, that the people of Earth learn how to love one another NOW! Love is the cohesive power of the universe, whether we refer to form, personal possession, or planetary peace.

Beloved Elohim Orion tells us,

“I come into the atmosphere of Earth on wings of divine love, bringing with me the concentrated flame of that love. This flame has been the magnetic, cohesive power which drew into being the Earth upon which your feet stand, the very physical bodies in which you function, and every other

manifestation which appears. Every form which you enjoy is a part of this flame, held together by the Flame of Love, for if divine love (which is cohesion) would cease to be, the universe would return to the unformed and become again part of primal life.

“Will you now consciously give me your attention, please? If you know of any lifestream in this Earth life, with whom you are not in complete accord, consciously draw the image of that person before your mind’s eye NOW and let me give you the pressure of my feeling of unconditional, loving forgiveness toward that one. If you will ACCEPT this, it will cut you free from the recoil of the energies of those past mistakes, which made the enmity in the beginning.”

**CLAIRE, THE ELOHIM OF PURITY**  
**(Divine Complement: Astrea)**

CLAIRE, the Elohim of Purity, and his divine complement Astrea are representatives of the Fourth Ray. When the Earth was created, it became the task of the Elohim of Purity to hold to the purity of the divine plan and its pattern through the Cosmic Flame of PURITY, so that not one blade of grass, not one flame-flower should be externalized that was not a portion of the divine idea. All of the seven Elohim contributed to the divine plan for the Earth, by maintaining sincere humility, refusing to externalize their own pattern and design. The seven Elohim created not only the Earth, but other planets, as well.

The Elohim of Purity will release the Cosmic Blue Lightning of Divine Love, at one's call, to shatter the accumulated, discordant substance deposited around the electrons of the inner bodies. It can then more readily be transmuted. The Blue Lightning explodes the center of destructive foci and vortices, resulting in perfection. This is how epidemics can be stopped. After the discord is shattered, one should call on Saint Germain to transmute it, by use of the Violet Flame.

The beloved Elohim Claire tells us:

“An electron contains within itself ALL of the nature of the Godhead, ALL of its powers, its majesty, and ALL of the divinity which is within the God-Parents. The electron, itself, can never be contaminated, for the Flame of Cosmic Christ PURITY lives within it. From whence, then, come the shadows, limitations, illnesses and appearances of age and depression? These discordant appearances are but the 'cloth-

ing' of the electrons, created by shadows from placing the attention, thoughts and feelings of the outer self upon imperfect appearances.

“The only discomfort in the world comes from the lack of the substance of purity, in one or more of the four lower bodies. MISQUALIFIED ENERGY changes the ratio of the speed of the electrons which form the atom and CAUSES PAIN, LIMITATION, AND DISTRESS. The vibration of the substance of purity quickens the vibratory action of the electrons, helping them to expand their light, throw off the discordant substance imposed upon them, and restore them to the rhythm and harmony of the I AM Presence, in whose image each individual was originally created.

“If the MENTAL BODY is not purified, it cannot receive the perfect design from the Godhead or the Ascended Masters, nor can it manifest the strength to hold to that design, against the disintegrating forces of doubt, fear, ridicule, and the many other negative qualities in the atmosphere of Earth, which always endeavor to destroy a constructive pattern.

“If the EMOTIONAL BODY is not purified, the idea and pattern will be so tinged with selfishness and personal ambition, that the beautiful design loses much of its perfection and efficacy.

“If the ETHERIC BODY (which contains the etheric consciousness which is sometimes called 'the soul') is not purified, the failures of the past, which are recorded there, will often neutralize, and sometimes completely destroy the desired form, before it can be externalized for the blessing of life.



“I ask you to call upon the Law of Forgiveness for your own misuse of life all through the ages, and to accept my gift of purity in its place, so that you may see, know and become the perfect expression of your own individualized I AM Presence—a holy grail—receiving into your outer mind the divine ideas from that Presence which, through your purified centers of thought, feeling and spoken word, you can externalize for your own blessing and for the benefaction of your fellowman.

“Within every electron released from the heart of God, is the power to create and sustain the kingdom of heaven for yourself, your family, your world and the students entrusted to your loving care, right here on Earth. Within the brazier of your heart, you carry the most powerful concentrate of the ‘atomic accelerator’! YOU HAVE FULL AND FREE ACCESS TO ALL THAT WE ARE AND ALL THAT WE HAVE.”

ASTREA, the divine complement of Elohim Claire has beautiful golden hair. Her service consists in purifying the astral realm (which extends to 10,000 feet above Earth), where the cores of impurity and evil exist. She has been instrumental in removing the psychic substance contained within the atmosphere of the Earth, as well as removing and destroying destructive forces and vortices.

This she accomplishes by encircling the humanly-created discord (which is the psychic substance) around persons, places, conditions and things, with her CIRCLE AND SWORD OF BLUE FLAME, holding the impurity leashed, until it can be dissolved and transmuted into perfection.

On this subject, beloved Astrea addressed the students as follows: “It is the inner vehicles of the individual that

houses the causes and cores of imperfection. THE PHYSICAL BODY WILL EXPRESS PERFECTION WHEN SUCH PERFECTION IS EXPRESSED IN ALL OF THE LOWER BODIES.

“You will remember that I HAVE OFFERED TO REMOVE THE CAUSES AND CORES OF ALL KNOWN AND UNKNOWN IMPURITIES IN THE LIFESTREAMS BELONGING TO THIS EARTH, AND ALL INDIVIDUALS MAY DEMAND THE FULFILLMENT OF THAT VOW FROM ME NOW! I stand ready always to use the Circle and Sword of Blue Flame, to cut away the imperfection upon this planet, and the Legions of Purity, at the command of the beings on the Fourth Ray, are limitless and can go into action on the instant, BUT THE DEMAND for this service MUST BE MADE FROM UNASCENDED MANKIND!

“Let me forcibly remind you that YOU ARE RESPONSIBLE TO THE COSMIC LAW FOR THE USE OF YOUR GOD-GIVEN ENERGY, and when we present an existing condition to you, which must be remedied through the use of the Sacred Fire, in the name of all that is good and holy, GO INTO ACTION AND MAKE YOUR DEMAND UPON US FOR THE RELEASE OF THE PURIFYING FIRES WHICH CAN, ON THE INSTANT, REMOVE THE CAUSES AND CORES OF IMPERFECTION.”

**ELOHIM VISTA**  
**(Divine Complement: Crystal)**

The beloved Elohim known as VISTA (also called Cyclopea), acts as the All-seeing Eye of God to this Earth. He is also the Elohim of Concentration, Consecration, Healing, and Music. Vista and Crystal are representatives of the Fifth Ray. Both have their home in the Emerald and Crystal Temples.

THE POWER OF CONCENTRATION IS NECESSARY TO BRING INTO MANIFESTATION ANY WORTHY OBJECTIVE, and the mighty Vista will assist all who will call unto him.

Elohim Vista tells us:

“If there is not concentration, there is only mediocrity, and only the bare surface is scratched. Those who determine to rise above the masses, take one facet of living and masterfully develop it—deciding, within themselves, to excel along at least ONE line of expression. According to their concentration, is their mastery and efficiency.

“It is the Law—actual scientific Law—that what you begin, CAN BE ACCOMPLISHED, when it is in agreement with God’s plan to bring forth perfection, whether it is healing, precipitation, financial freedom, eternal youth, the restoration of a limb—IT CAN BE DONE—but the ‘stick-to-it-iveness,’ which is an important part of my ray, and the qualification of the energy with my life, is required to produce these.

“The greatest obstacles encountered to successful precipitation are discouragement and doubt. I have seen men and women, on the verge of great financial mastery, stop working on their project WITHIN AN HOUR of receiving their financial freedom! This is also true in healing.

I IMPLORE YOU—decide on some pattern and plan of manifestation and FOLLOW IT THROUGH! FOLLOW IT THROUGH! FOLLOW IT THROUGH! CONCENTRATE upon your design, until you have brought it into fulfillment!

“CONCENTRATION AND CONSECRATION ARE ALMOST ONE AND THE SAME, FOR WHATEVER YOU ARE GOING TO DO THAT WILL AMOUNT TO ANYTHING, REQUIRES THE CONSECRATION OF YOUR LIFE.”

Elohim Vista will help the students in seeing the spiritual path, that is in front of them, more clearly. Invoking beloved Vista to open the inner sight, that you may know God's Will for yourself and for the particular part of humanity which you can best serve, will greatly hasten your spiritual development.

Together with his divine complement, CRYSTAL, Elohim Vista endeavors to raise the physical, mental, emotional and etheric consciousness, of all mankind, through the power of harmoniously-qualified music. Good music has a decided influence on good health. Emphasizing the correlation between good music (music without broken rhythm) and good health, the Ascended Master Paul the Venetian, commented as follows, “I tell you honestly and sincerely, if it were not for God-inspired music, which is already harmoniously-qualified energy, the Earth could not have withstood the effluvia of the misuse of mankind's free will. Music is a natural activity of therapy – mental therapy, etheric therapy, and emotional therapy.

“Will you, who desire to be part of the establishment, upon this Earth, of the permanent Golden Age, endeavor to contribute some music—some music from your heart? It is

not always the audible sound from the vocal chords that contribute to the music of the spheres. IT IS WHAT A MAN IS THINKING, FEELING AND SAYING THAT CREATES, AROUND HIM, AN AURA WHICH RISES AS HARMONY, PEACE AND HEALING. So on behalf of music, I want your souls to sing, as you move about in the most mundane activities of daily living. The joyful song of the soul, that fills the aura and atmosphere, where a truly devoted chela lives, is the greatest gift that can be given.”

As her name implies, the BELOVED CRYSTAL POURS FORTH A CRYSTALLINE SUBSTANCE, WHICH WASHES THE BRAIN, SOUL, INNER BODIES, AND EVEN THE PHYSICAL FORM, FREE FROM THE WRONG CONCEPTS AND UNTRUTHS THAT HAVE ACCUMULATED, THROUGH THE CENTURIES.

Elohim Vista continues, “My service is also concerned with healing. You will understand how the activities of harmony and music are wound into the activities of permanent healing—healing of every distress, moral, mental, emotional, etheric and physical. That healing can come instantly, when the fully-gathered cosmic momentum of myself, beloved Crystal, Raphael, beloved Mary, and Hilarion are invoked, to give you the full pressure and power of the momentum of healing, that is ours to give.

“In cooperation with my endeavors to give assistance in healing, my beloved Crystal offers the full, purifying essence of her CRYSTAL RAY which, surging through the emotional, mental, etheric and physical consciousness, CAN WASH AWAY, ON THE INSTANT, THE KARMA OF MILLIONS OF YEARS, instead of jot by jot and tittle by tittle. CALL TO BELOVED CRYSTAL AND ALLOW THAT CRYSTALLINE SUBSTANCE TO

WASH YOUR LIFESTREAM, until it is as pure as it was when first you were created of God – a divine being.

“Each of you is destined to be a Christus, an externalized manifestation of your own I AM Presence. As the beautiful essence of beloved Crystal pours through you, ACCEPT IT! As the beautiful essence of the Consecration Flame of Lord Raphael re-consecrates your senses, ACCEPT IT! As the personage of the beloved Mary pours to you her healing grace, ACCEPT IT! As the strength of truth of the great Hilarion charges and charges and charges these words of truth into your feeling worlds, ACCEPT THEM! Let me help you to fulfill your divine plan in music, harmony, and in peace!”

Referring to the healing activity of Elohim Vista and Crystal, Mother Mary told the students of the Bridge to Freedom:

“Beloved Crystal, whose magnificent grace and healing essence is a substance, as practically usable as water, itself, is assisting Vista. This substance may be drawn in, through and around your four lower bodies, at will.

“In the privacy of your room, you may raise your hands to these Beings to draw in this substance, or in the ordinary course of your daily lives, in the outer world, just raise your consciousness to Elohim Vista and Crystal. Feel that substance washing away the accumulations in your emotional-, mental-, etheric- and physical bodies, that are not the fullness of the perfection which you desire and should express.”

**THE ELOHIM OF PEACE (Tranquility)**  
**(Divine Complement: Pacifica)**

The Elohim of Peace, also called Tranquility, together with his divine complement, Pacifica, helped build the planet Earth. Pacifica, as the name implies, is the embodiment of very great peace. Both serve on the Sixth Ray and have developed and sustained the quality of peace, for aeons of time. They are desirous of assisting every individual in expressing peace. These great Beings will answer every call and will enfold each one in the actual substance, radiation, and power of their God-gift of peace, to bless the family, the community, the nations and the world.

The evolution of an Elohim is through the elemental kingdom (el-e-mental meaning 'mind of God'). In the book "THE SEVEN MIGHTY ELOHIM SPEAK," the Elohim of Peace describes, in detail, just how he became a little yellow flower and appeared season after season, as such, for centuries!

In the process of precipitation, the action of the Sixth Ray and that of the Seventh Ray are reversed. It is the action of the Sixth Ray to be the last step in precipitation. Its function is to enrich the nearly-completed form, increasing it in beauty, harmony and service, sealing it and encircling it with the Flame of Cosmic Christ Peace. This enables the creation to be permanently sustained. Peace is the sustaining power of a manifest form.

The Elohim of Peace taught the students of the Bridge to Freedom that the God-quality of Peace is not a negative, but an active, POSITIVE power. PEACE IS THE ESSENTIAL QUALITY THAT EACH ONE MUST SOME DAY DRAW INTO HIS OWN WORLD AND HOLD, SO THAT NOTHING WITHIN OR WITHOUT,

**CAN EVER DISTURB IT. THAT IS MASTERY!**

If you feel irritability coming on, go to a quiet place and visualize the Elohim of Peace standing above you, pouring down, over you, a stream of soft, golden, healing oil, the color of molten gold. Visualize it pouring down over the head and then flowing right down over the entire body and see the body absorbing that substance like a blotter absorbs ink. See it running down over the nervous system, clear to the ends of your fingertips and toes. Consciously accept this substance and radiation for a few minutes, until you can FEEL its benefit and call your I AM Presence into action to keep it sustained and ever-expanding! This exercise is good to use at night, just before entering sleep and, with a little practice, it will induce the relaxation that brings sound, refreshing sleep. During the day, if you need more energy, see the stream of golden oil more sparkling, until it becomes quite dazzling.

The sylphs of the air, like human beings and imprisoned angels, have free will, to a certain extent. They gather, just as disgruntled human beings do, in certain vortices, where they build up, through unpleasant feelings and thoughts and conversations, a vortex, which becomes the “eye” of a hurricane, a cyclone, or a tornado. Then, that energy following a track, causes destruction. This gives students of this teaching the opportunity to prevent or minimize these destructions, caused by misqualified energy. They can call their own I AM Presence into action and ask for the protection of the Luminous Presence of the Elohim of Peace. Then they can travel, in projected consciousness, to the eye of the hurricane, and call for the Flame of Cosmic Christ Peace to assist in breaking up the vortex. Students of the Bridge to Freedom



did this successfully in the 1950's, preventing natural catastrophes.

The Elohim of Peace, on January 2, 1955, gave a discourse on chakras. This dictation has been printed in the book "The Seven Elohim Speak." There are seven chakras (centers), all located in the etheric body. In this lecture he offered to assist students to purify their chakras from the negative vibrations, accumulated during many embodiments and restoring the chakras back to their original form of perfection.

**ELOHIM ARCTURUS**  
**Divine Complement: Diana**

The mighty Arcturus, who works on the Seventh Ray, is the Elohim of the Violet Flame of Mercy and Compassion. His divine complement is known as Diana.

Arcturus is one of the Elohim who helped build the planet, Earth. He is the Elohim of Invocation, Rhythm and Freedom. THE USE OF THE VIOLET FLAME RAISES THE VIBRATORY ACTION OF THE ELECTRONS, which make up the substance of every created form.

Diana's service consists of the intensification of the Violet Flame of Purification, in the four lower bodies of mankind. She expands the light within the electrons and dislodges and transmutes the dense, discordant substance packed tightly around them, the "wedges" of discordantly qualified energy. This action raises the vibratory action of the four lower bodies. It restores them, and brings them back in tune with their own natural keynote and fragrance.

Beloved Elohim Arcturus tells us:

"I am the Elohim who brings to you, and to all life, infinite FREEDOM, through the use of the Violet Fire. And where shall you find that freedom? From WITHIN YOU! In the beginning of your individualization, God created your divine, self-conscious intelligence, your own individualized I AM Presence, with the capacity to draw forth, from life, every God-gift you might ever require, to be able to manifest perfection. WITHIN THE FLAME IN YOUR HEART IS ANYTHING AND EVERYTHING TO FULFILL YOUR VERY NEED!

"Wherever there is a lifestream who sincerely desires

FREEDOM, and in constant RHYTHM, invokes and commands it, there shall I be to give that one assistance, until that FREEDOM is physically manifest. In your individual application, if you will observe a RHYTHM, AND GIVE YOUR INDIVIDUAL CALLS AT THE SAME HOUR EACH DAY, you will draw a much more concentrated power.”

### AMARYLLIS, THE GODDESS OF SPRING

Amaryllis is the Goddess of Spring. She has legions of elementals and angels at her command.

Before the members of the First Root Race were invited upon the Earth, Amaryllis, the Goddess of Spring, accompanied by legions of angelic and elemental helpers, clothed the Earth with the rhythm of spring in blossom, flower, and beauty of nature. The elementals wove the smallest and daintiest of flowers. The lotus was the first flower brought forth on Earth. Nature devas unfolded the leaves of the trees.

To the tune of the rhythmic music of creation, nature worked together for nine hundred springs, in this process of beautification to adorn the Earth for the descent of man. There were the rivers, the waterfalls, the mountains, the lakes, the oceans, the trees and the other lush vegetation. With its alabaster-like surface, the Earth sparkled like a jewel; it was a beautiful thing to behold.

Ever since that event, Amaryllis, with her legions of elementals and angels, assisted by the Brotherhood of the Resurrection Temple, have repeated this action, annually. This we call "The miracle of spring."

### GOD THOR AND GODDESS ARIES

The air element of the nature kingdom is governed by beloved God Thor and Goddess Aries. Ascended Lady Master Aries is the Cosmic Being who created the atmosphere around our planet. It is the purpose of the atmosphere to soften the radiation of the Sun, so that it may not be too powerful for the bodies of mankind. Ascended Lady Master Aries governs and directs the air element of the Earth, the air which we breathe.

Aries also directs the activity of purifying the atmosphere of Earth. This activity is carried out by the sylphs, the elemental beings of the air element. These loving, intelligent beings serve, ceaselessly, in the atmosphere of Earth, to keep the air purified enough to allow mankind to live upon Earth's surface. Lord Himalaya works with Aries in the purifying of the atmosphere of Earth. After the "Fall of Man," it was required of Aries to lower the vibratory action of the electrons which make up the air element, so the lungs of man could absorb, utilize and benefit from its use.

THROUGHOUT THE CENTURIES, THE SYLPHS HAVE BUILDED, AN EVER-INCREASING MOMENTUM OF RESENTMENTS AND REBELLIONS AGAINST MANKIND, BECAUSE OF ITS INGRATITUDE FOR THEIR SERVICE TO THEM, AS WELL AS FOR THE CONTINUED CARELESS AND THOUGHTLESS POLLUTION OF THE AIR ELEMENT by human effluvia and mankind's ingenious power plants and manufacturing units. Beloved Hilarion and the Brotherhood at Crete have helped, considerably, by directing, into the outer consciousness of certain sensitive individuals, who through their natural ability and their research provided practical ways and means of dissolv-

ing much of the pollution of the air element through mechanization, such as attaching purifiers to smokestacks.

If one could see the amount of poison exuded from the breathing out of polluted air from the physical bodies of mankind, alone, in one twenty-four hour period, one would realize, much more fully, the tremendous service which the sylphs perform, and certainly be much more grateful for it. These blessed beings, twenty-four hours a day, utilize the purifying powers of the Sacred Fire, to keep mankind and imprisoned elementals (four-footed creatures) on Earth, from poisoning themselves, to the point of causing them to experience so-called "death," simply by inbreathing, again, their own exhalations.

By the use of the radiation sent forth from trees and various plant-life, the beloved Maha Chohan and the nature kingdom help to transmute the exhaled impurities of mankind and the animal kingdom, and they also assist us in purifying the ever-increasing fumes, smoke and stenches from so-called "modern" factories.

A ceiling has been provided around the atmosphere of Earth, in order to keep the dissonance and impurities released, from the Earth, from jarring the natural rhythm and harmony of the remainder of the planetary system, as well as the entire galaxy, to which the Earth belongs.

The elementals would long since have abandoned their service to the Earth, were it not for the great directors, Helios and Prince Oromasis of the fire element, Aries and Thor of the air element, Neptune and Lunara of the water element, and Virgo and Pelleur of the earth element. The incoming Permanent Golden Age requires the cooperative ac-

tivities of the angelic, human and elemental kingdoms. Archangel Michael, the Maha Chohan, and the directors of the nature kingdom are asking sincere chelas to assist in the re-establishment of harmony between unascended mankind and the elemental kingdom. Mankind draws life and energy from the air currents, but how many have blessed these currents?

Beloved Thor tells us:

“I have never been the cause of a cyclone or a tornado, which should be self-evident to the thinking mind, but the sylphs of the air, like human beings and imprisoned angels, have free will, to a certain extent. They gather, just as disgruntled human beings do, in certain vortices, where they build up, through unpleasant feelings and thoughts and conversations, a vortex, which becomes the ‘eye’ of a hurricane, a cyclone, a tornado. Then that energy, following a track, causes destruction.”

Archangel Michael explained, “It is only the power of divine love, from beloved Neptune and Virgo, Aries and Oromasis (particularly in their use of the fire element, which has transmuted, from time to time, as much of the human effluvia as the cosmic law would allow. This has kept the nature kingdom from rebelling, violently, and casting back, upon the human race, in the form of tornadoes, floods and various cataclysmic activities, some of the destructive effluvia of man’s own, discordant, creations. When you hear of or read about vortices of air currents of a destructive nature, attempting to manifest at any point on or around the Earth, call to us! Ask us for assistance and see how quickly we will come to the aid of you or those for whom you call.

“Whenever the directors of the air element and the sylphs, under their command, withdraw from a planet or star (according to the direction of cosmic law), you soon have a ‘dead’ planet, upon which even plant life cannot live. IT WAS JUST SUCH A COSMIC CRISIS WHICH THE EARTH FACED, WHEN BELOVED SANAT KUMARA INTERCEDED, ON BEHALF OF THE EARTH AND ITS EVOLUTIONS. All through the universe you can see, drifting, these ‘shells’ which were once planets and stars. These ‘shells’ of former planets and stars finally disintegrate into cosmic ‘dust’ and return to universal light substance.”

The activities of sound, music, and fragrance are carried through the air element, and are the responsibility of Aries, as well. Without the humanly-created discord, our hearing and seeing would be more perfect.

Aries came forth on September 22, 1938, for the first time, in centuries, at Saint Germain's request.

The Cosmic Being Thor, who is the twin flame of Aries, governs the actions of the winds, rain and snow. He moves the great air-masses to the points where they are needed most, providing cooling breezes for those who may be sweltering in humid heat, filling the sails of ships becalmed on tideless seas, or directing moisture to nourish certain portions of the Earth's surface, preparatory to a new harvest.

Ascended Lady Master Aries told the students of the Bridge to Freedom: “The breath is the animating principle of the air element, which enabled you to begin the rhythm of breathing, AND IT WILL SUSTAIN YOU, IN A PHYSICAL FORM, AS LONG AS YOU HAVE A SERVICE TO RENDER HERE.

“YOU HAVE NOT KNOWN, YOU HAVE NOT TOUCHED THE



HEM OF THE GARMENT OF POWER, WHICH IS WITHIN YOUR CAPACITY TO DRAW, FROM THE AIR AND THE ETHERS, THE NOURISHMENT, THE SPIRITUAL STIMULUS, THE ETERNAL YOUTH AND BEAUTY, THE VITALITY AND FIRE WHICH AWAITS THE MAGNETIC PULL OF YOUR FREE WILL, AND THE EXPANSION OF ITS QUALITIES THROUGH YOUR PHYSICAL BODY. Those who have even, on the surface, studied the control of the breath, know something of the buoyancy, the vitality, the refreshment that is within it. HOWEVER, FEW THERE ARE, IN THE WESTERN WORLD, WHO HAVE DRAWN FROM THE AIR ELEMENT, THAT SUBSTANCE OF FIRE WHICH IS THE 'ELIXIR' FOR WHICH MANKIND HAS SOUGHT, THROUGH THE AGES. By its use, one may regain eternal youth and beauty, indestructible health, strength and energy, transforming the physical body into a translucent form of light!

“Through your loving cooperation in the Transmission Classes of our Lord, the Maha Chohan, you are taking the first steps toward controlled breathing—the inbreathing, absorbing, expanding and projecting of your breath. You have the opportunity of the activity of the perfect and rhythmic breath (The drawing-in of our gift of air, absorbing it within you, letting it expand through you, filling and vitalizing your vehicles with its essence and then, as it passes from your bodies, blessing it and sending it forth, with a God-gift and benediction to some other part of life).

“You are like individuals within a storeroom filled with gold, crying that there is lack and poverty! IN THE AIR YOU HAVE EVERYTHING—EVERYTHING REQUIRED—TO SUSTAIN THE HUMAN FORM, TO VITALIZE IT, to quicken the vibration of its electrons and to redeem it. If you will experiment with this, I shall assist you to bring back into the organism of

your flesh form, the perfect rhythm, which you once knew. We shall also bring it back into the etheric body, back into the emotional world, and into the mental body, as well, for when you abide within the natural rhythm of your being, you can know no tension, distress, disease, or limitation of any kind. It is merely because YOU HAVE BROKEN THE NATURAL RHYTHM OF YOUR INNER BODIES AND PHYSICAL BODIES, THROUGH DISCORD AND DISHARMONY, THAT YOU FIND YOURSELVES SUFFERING UNDER CERTAIN PRESSURES, which are weights upon you, at present.

“Naturally, beloved ones, mankind have used air through the ages. From the time the first root race descended, every lifestream breathed free, pure air into its lungs. After the coming of the ‘laggards’ from other stars and the distress of the shadows, created by discordant thought and feeling, every lifestream has breathed out some poison into that pure, fresh air, which was prepared for you, by myself, and the mighty sylphs, who work with me in this service.

“Can you conceive of the magnitude of that service for one lifestream, alone? Placed within a room into which there was not an infiltration of oxygen, an individual would eventually destroy himself, by his own polluted breath. You know that! Think, then, of the billions of lifestreams on this Earth, today, who, through the mercy of life, breathe in energy, vitality and light, and breathe out—how many times a day—polluted substance? This is the imposition placed upon the breath of life through discordant thought, feeling, and etheric consciousness, all of which must be purified and redeemed by the nature spirits through the night hours, so that the individual may receive the next day's supply.

“That is the service performed by the air elementals upon the planet Earth—keeping the atmosphere clean and clear, using the purifying powers of the Sacred Fire, the use of which you are now being taught. By purification, this Sacred Fire changes the quality of the air, by raising the vibration of the exhaled breath of the inhabitants of the planet, both man and beast.

“IF THE SYLPHS AND THE DIRECTORS OF THE AIR CURRENTS SHOULD DISCONTINUE THEIR SERVICE, EVEN FOR ONE TWENTY-FOUR HOUR PERIOD, THERE WOULD BE NO NEED FOR THE INGENIOUS METHODS OF DESTRUCTION CONCEIVED IN THE HUMAN MIND TO DESTROY THE RACE, FOR, THEIR BREATH—NOT PURIFIED BY US—WOULD ASPHYXIATE THEM IN A SHORT TIME, due to the ceiling placed around the earth, which locks in its atmosphere.

“When you rise in the morning, to a shining new day, when you breathe in pure, crystal light, and when you feel your bodies renewed in strength and energy—then gratitude to the air element and the beings that govern it, is surely in order!

“My twin flame, who works with me, is the great God Thor. His energy is the ‘drive’ of the atmosphere, and he controls the spirits of the winds, rains and snow.

“We are the beings who released the pressures of energy, through the wind, which filled the sails of the boats that carried them from Atlantis, before she sank beneath the waves. Ours was the pressure of energy which drove the boat of the brave Serapis, to Luxor, and the other boats to their respective destinations. We are the spirits of the air, who filled the sails of the ship that carried beloved Mother

Mary and the Holy Grail to England, carrying the blessing of the Christ to Glastonbury. We were the pressure and power of air, which drove the ships of Columbus across the sea and brought him to the shores of the Americas.

“We are the beings whose element is held within the cyclone, the hurricane, the typhoon—those tiny, intelligent and faithful beings who, now, through your great and mighty calls, are being freed from imprisonment there.

“In the name of life, as you think of the great element of air that surrounds your Earth, WE ASK YOU TO BLESS AND BLESS AND BLESS IT, CALLING ON THE LAW OF FORGIVENESS FOR MANKIND'S ABUSE OF IT, FOR SO LONG! THEN, WHENEVER THE GREAT COSMIC LAW PERMITS THE INSTANTANEOUS ANSWERS TO YOUR CALLS TO PREVENT DESTRUCTIVE CATAclySMIC ACTIVITY, WE SHALL ASSIST YOU BY PLACING OUR HANDS UPON THE STORMS AND STILLING THEM. In every way possible, we shall endeavor to prevent destructive cataclysmic activity caused by undue air pressure.

“The thoughts, feelings and human consciousness of Earth's people are such that THERE HAS BEEN A PROTECTIVE RING OF ENERGY PLACED AROUND HER, WHICH KEEPS HER EMANATION FROM POLLUTING THE OTHER PLANETS OF THE SYSTEM TO WHICH SHE BELONGS. Nothing can pass through this ‘ring-pass-not,’ but harmony and love. YOU MIGHT SAY THAT THE PLANET, EARTH, IS ‘IN QUARANTINE,’ and the people of the Earth, bless their sweet hearts, who plan to get out of that quarantine will never do so, until they become transmuted in nature, and thus rendered incapable of contaminating, through the radiation of their human consciousness, the other portions of the solar system, of which the

Earth is a member.

“ALL ELEMENTAL LIFE SUBSTANCE HAS BEEN COMMANDED BY THE FATHER TO OBEY THE FLAME OF GOD IN THE HEART OF HIS CHILDREN. When an Ascended Being is finished with a specific creation, he releases the electronic light which composes it, back into the universal, unless it is something that he feels should live as a permanent manifestation.

“May I suggest that you breathe the God-given air DEEPLY—and LOVE, oh, LOVE the spirits of the air. Know that Aries and Thor are always with you, in the air you breathe and the drive of its energy, and that we always stand ready and willing, to respond to your slightest call.”

**THE ASCENDED MASTER WILLIAM J. CASSIERE  
(BROTHER BILL)**

William J. Cassiere prepared the way for Mr. Ballard and the Ascended Host, in the way that John, the Baptist, prepared the way for Jesus. He taught Bible classes, explaining the meaning of the statement "I AM That I AM," and he talked about Biblical passages that could be interpreted as referring to reincarnation. In this way, he laid the groundwork for a future visit by Mr. Ballard.

Brother Bill met Mr. Ballard right after Mr. Ballard's experiences on Mt. Shasta. Mr. Ballard put his arm around him, saying, "Billy Boy, we have been working together (in former embodiments) many times." "Brother Bill" (as he was called by the students) was first made an "appointed messenger" by Saint Germain. Later, on December 25, 1934, he was made a "full messenger" by Saint Germain. In a dictation given through Mr. Ballard, by beloved Saint Germain, a copy of which we found to have in our possession at AMTF-Headquarters, it states: "Beloved Billy Boy, it is my joy and privilege to make you a full messenger in this dispensation of the 'I AM Activity.' I congratulate you on the splendid work you are doing."

Brother Bill gave many classes. Giving seminars in many cities, he lectured up to five different groups during the week. He stated to me, "When Mr. Ballard or I were lecturing, there was hardly ever any class during which a major miracle did not occur. Many times people left their crutches at the meetings." About 30 of these "miracles" are recorded in Brother Bill's booklet, "MIRACLES OF TODAY." He left all of his possessions, of a spiritual nature, with the AMTF and among them we found additional accounts of about twenty healings. He told me that about two-thirds of the people who

requested healings from him, were healed. He stated that Mr. Ballard had the same results.

In a private dictation given by Saint Germain through Mr. Ballard, given on August 18, 1939, Brother Bill was told that he had earned the ascension. (This document is also in our possession.)

After leaving the I AM Activity, Brother Bill worked as a real estate salesman. During this time he sold many books of the "Bridge to Freedom." "I was Geraldine's best salesman," he told us.

I met Brother Bill at his last public lecture, in Grants Pass, Oregon, in 1985. We became good friends. I visited him several times at his last home, the Veterans' Home in Yountville, California. He was very much interested in the work of the AMTF, and he became a member. When the AMTF printed the book "Unveiled Mysteries," in 1986, he shouted with joy, "It's about time!" (This book and others of the Saint Germain series were not made available to bookstores and the general public from about 1940 to 1986).

Brother Bill was in his late 80's when I met him. When we talked about the Light and this teaching, his entire countenance radiated. Brother Bill was a most sincere, humble, polite, and knowledgeable gentleman. He was truly a Saint, an inspiration to all who had the privilege of knowing him. He exhibited total mastery over the qualities of the seven rays and he gave us many insights into the activity of the 1930's, and in the way the Brotherhood operates.

Brother Bill's writings have been included in the AMTF book "The Law of Precipitation."

He made the ascension at the age of 90, in 1987. An Ascension Service was held for him by members of the AMTF.

### THE ASCENDED MASTER CHA ARA

The Ascended Master Cha Ara had an embodiment in Persia. In that incarnation he was born as the son of the now Ascended Master Lady Meta.

Cha Ara gave a discourse to the students on December 25, 1932, over the Light and Sound Ray. His particular God-virtue is joy. He gives a student the feeling of authority over human conditions, and infuses them with the spirit of optimism.

One can call to him when confronted with problems. Cha Ara, in appearance, resembles the Ascended Master Saint Germain. He uses the fragrance of roses.

### THE ASCENDED MASTER CUZCO

The Ascended Master Cuzco gave an address to the students on July 25, 1939.

He explained that in every civilization the words "I AM" have been used, as written in English today. He emphasized that these words should be the basis of all decrees for students of this teaching.

Cuzco continued, stating that, in one retreat of the Ascended Masters, a complete record of every civilization that evolved on Earth is kept and that this record is on scrolls.

According to Cuzco, the continent of Lemuria submerged overnight, with a population of sixty million people.



**THE ASCENDED MASTER CHANANDA  
AND ASCENDED LADY MASTER NAJAH**

Chananda is the Ascended Master in charge of the retreat in India, called the Palace of Light. This retreat serves as the home of Chananda, and Ascended Lady Master Najah, his sister.

The retreat is located in a beautiful valley of the Himalayan Mountains. The valley, surrounded by mountain peaks, has a subtropical climate. Thus, fruits and vegetables grow here in abundance.

Chananda is Chief of the Indian Council of the Great White Brotherhood.

A little more than eighty thousand years ago, Chananda, and many of the students now in embodiment, lived where San Francisco is located, today. It was then known as the City of the Seven Hills. It was during the cataclysm then, that the Golden Gate and harbor were brought into existence.

Najah works mostly with young students. She gave a dictation on November 26, 1938, for the first time. At the student's call, she will give assistance in charging their feelings with eternal youth.

### THE ASCENDED MASTER CONFUCIUS

The beloved Ascended Master Confucius, known by his contemporaries as “the Master K’ung,” was born in 551 B.C. His birthplace was the village of Ch’ueh, in the state of Lu, where the family had migrated from the dukedom of Sung, where they were a branch of the ruling house. The lineage of Confucius may be traced to the sovereign Hang Ti, who reigned 2,697 years B.C. Confucius’ father, renowned as a soldier, was married twice. Confucius was the child of his second wife.

Confucius words trace the growth and development of his intellect and genius. “At fifteen,” he tells us, “my mind was bent on learning. At thirty I stood firm. At forty I was free from delusions. At fifty, I understood the laws of providence. At sixty, my ears were attentive to the truth. At seventy I could follow the promptings of my heart.”

Confucius married when he was a mere nineteen years old, and had one son and two daughters. When fifty years old, he entered political life, being appointed governor of Chung Tu. Having previously established a reputation as a teacher and moralist, Confucius rose still higher in public esteem, until, at length, he became a veritable idol in the eyes of the people.

This state of affairs, however, was destined to prove of brief duration. He had to resign his position, and began a period of exile and wandering, from state to state. But his followers and disciples were able to testify that, even in the hour of adversity and defeat, the courage and serenity of the Master did not desert him. He gained his ascension in 479 B.C.

The following statements have been attributed to beloved Confucius:

“The superior man is quiet and calm, waiting for the appointment of heaven, while the mean man walks in dangerous paths, looking for lucky occurrences.”

“In archery we have something that is similar. When the archer misses the center of the target, he turns around and looks for the cause of his failure, in himself.”

“To see what is right, and then not follow through, is want of courage. Make conscientiousness and sincerity your chief object.”

“The superior man practices before he preaches.”

“He who expects much from himself and little from others, will prevent himself from being disliked.”

“The untruthful man is like a chariot without a yoke.”

“The wise have no doubts, the virtuous no sorrows, the brave no fears.”

“Make happy those who are near, and those who are far, will come.”

“What do you do not like, when done to yourself, do not do unto others.”

“While you are not able to serve man, how can you serve the gods?”

On July 4th, 1958, after completing the ceremonies at the Rocky Mountain Retreat, beloved Lanto, Hierarch of the Rocky Mountain Retreat, took the seven-pointed Golden Crown, which lay in state on a golden pillow before the Precipitation Flame, and lovingly placed it upon the head of his disciple and chosen successor, Confucius.

**THE ASCENDED LADY MASTER DAPHNE  
AND ASCENDED MASTER ARION**

The Ascended Being Daphne represents the God-quality of determination. She pointed out that individuals can accomplish much greater things by making a determined, persistent effort.

Daphne's twin flame is the Ascended Being Arion. They love music and both work on the Seventh Ray.

Daphne volunteered to be the overseer of a “compound” consisting of mankind's worst criminals, such as serial killers. This compound was established centuries ago. Its purpose was to hold, within the periphery of Daphne's aura of love, certain individuals who would delay and impede the progress of mankind. These individuals were greatly developed in their mental powers and in the powers of incantations and invocation. They had become so arrogant, rebellious and filled with spiritual pride, that they no longer acknowledged God.

Daphne came to Earth from another planet, just for the purpose of confining these criminals so they could no longer roam the Earth and have a negative influence on others. The Masters called these individuals “black magicians.” They included 300 members of the angelic kingdom. Thanks to the cooperation of Daphne, other Ascended Beings, and students of the Philadelphia Group of the Bridge to Freedom, all members of the compound acknowledged God, their source. They vowed to lead a constructive life, and, in consideration of their promise, they were given the opportunity of a future embodiment. Thereafter, the compound was dissolved.

The detailed record of this event has been preserved and it will be published in book form, in the future. All this shows what can be accomplished, when sincere, determined students work together with Ascended Beings.

Daphne gave a dictation through Mr. Ballard, on June 5, 1939.

#### **THE ASCENDED LADY MASTER DAWN (MARY LEHANE INNOCENTE)**

Mary Lehane Innocente was the mother of Geraldine Innocente. She was a founder and a co-worker of the Bridge to Freedom and published articles in the Bridge to Freedom Journals under the name "D. T. Marches." Mary Lehane Innocente had previous embodiments as Aaron, high priest and brother of Moses, Isaiah the Prophet, Dante Alighieri, the Italian poet, and George III, King of England. Mary Lehane Innocente departed the earth plane on March 4, 1960, and ascended March 7th. She is the twin flame of Lord Ling (who was Moses in a former embodiment), and is now called the "Ascended Master Dawn" and the "Goddess of Happiness."

Before gaining the ascension, she resolved to continue dedicating all her energies, from the ascended state, to the cause of the Bridge to Freedom. Our love and gratitude goes to Mary Lehane Innocente, a dedicated member of the Great White Brotherhood.

### **THE DIVINE BEING DIRECTO**

The Divine Being Directo is in charge of those elemental beings, known as “Builders of Form.”

The Builders of Form create the etheric pattern for the future physical body of an individual. They also create these patterns for buildings, all the way from the mightiest pyramid, to a simple church.

The Divine Being Directo is responsible, as well, for the direction of the energies which make up the emotional, mental, etheric and physical vehicles of mankind.

### **THE ASCENDED MASTER DJWAL KUL**

The Ascended Master Djwal Kul is often referred to as the “Master D. K.” He is also known as “The Tibetan.”

Hundreds of thousands of years ago, Djwal Kul embodied on Lemuria. Before the continent sank, he participated in bringing some important documents to Asia, for safe-keeping. Djwal Kul, together with El Morya and Kuthumi, was one of the Three Wise Men of Biblical account.

In 1919, Djwal Kul received the dispensation to work through Alice Bailey. At that time, the Occult Law was still in effect. Therefore, the instruction could not include the knowledge of the I AM Presence and the Violet Flame. Djwal Kul worked with Mrs. Bailey for thirty years, giving dictations.

Djwal Kul did not give forth any dictations during the dispensations of the “I AM Activity” and the “Bridge to Freedom.”

### THE ASCENDED MASTER EL MORYA

The Ascended Master El Morya came to Earth as a guardian spirit from the planet Mercury.

El Morya embodied several times as a king. He was Melchior, one of the “three wise men,” who found their way to Jesus. Later, he became King Arthur, of the Knights of the Round Table.

King Arthur's “Order of the Round Table” was conceived when an illumined lifestream tuned into the etheric record of Shamballa, and created a focus of God in the outer world. This happened in the fourth century (A.D.). The now Ascended Master Saint Germain was then embodied as Merlin, the Magician, and the now Ascended Master El Morya was embodied as King Arthur. The Knights of the Round Table were also the oarsmen, who, in a former embodiment, had carried the “Sacred Cup” to Britain, with Mother Mary.

One day the Holy Grail (the cup of the last supper of Jesus), which was brought by Mother Mary and Joseph of Arimathea to Glastonbury, was retrieved. That day the service of Camelot was completed. Since his embodiment as King Arthur, El Morya has, in his possession, the Holy Grail and the diamond spear.

The GRAIL signifies the consciousness upheld, into which is poured the divine will, along with the inspiration of the divine plan to manifest this will of God, and the SPEAR signifies the projecting forth of the energy into action and accomplishment.

In the East, many have completed the action of the grail, but it is to the West that the Ascended Ones look for

the action of the spear, in the manifestation of God's will through the actual energies of each lifestream. A replica of this grail may be found emblazoned upon the doors of the Temple of God's Will, which is El Morya's retreat.

El Morya took embodiment as Thomas More, in 1479, in England. In a later embodiment, he wrote the poems of Sir Thomas Moore, the Irish poet. He purposely wrote poetry to soften his nature, to obtain a better balance against his many embodiments of rulership. As Thomas Moore, he wrote the words to the song, "Believe Me If All Those Endearing Young Charms."

Long before the Theosophical Society was founded in 1875, the beloved Ascended Master Morya and Kuthumi tread the spiritual path together. For them both, it was an initiation in patience, through which each of these elder brothers absorbed the very spiritual nature of each other. This, of course, was not happenstance, but rather the actual guidance of their guru, so that each of these beloved Ascended Beings might learn, absorb and actually become a part, one of the other.

In the middle of the 19th century (1852), beloved El Morya completed his round of incarnations, and assumed the etheric body of an Indian potentate, which he wore through the entire association with Helena Blavatsky.

Master Kuthumi served in a similar manner. Both El Morya's and Master Kuthumi's etheric vehicles had the comforting appearances of a physical body. Their final ascension of consciousness into the garment of the Electronic Body of the I AM Presence took place at the end of the Theosophical Dispensation.



El Morya, Kuthumi and Djwal Kul endeavored, through Theosophy, to bring to the Western Hemisphere the knowledge that there are Ascended Masters, and that there is no death; but many students were not willing to give the necessary obedience, and brought about spiritualism, as a result.

El Morya explained the Messrs. Leadbeater, Judge, Sinnett, and many others, were perhaps better qualified than Helen Blavatsky, but they did not volunteer for leadership. Mrs. Blavatsky stood forth and said, "Masters, I will go and be that wedge." El Morya continued, stating that, generally speaking, out of thousands of qualified lifestreams, perhaps ten are willing to volunteer. Of those ten, one will be chosen, and the Masters' hopes rest on that particular lifestream.

The outpouring, through the Theosophical Society, occurred primarily through the second ray of wisdom. El Morya, Kuthumi, Serapis Bey and the Maha Chohan poured, through the mind of Helen Blavatsky, the information which she wrote into "The Secret Doctrine," "The Voice of Isis," and the other volumes, many of which are yet secreted in the Masters' retreats.

The Maha Chohan, Kuthumi and El Morya released to Helen Blavatsky the powers of precipitation and phenomena, to captivate, convince and please the senses of the students. However, the curiosity seekers were never satisfied, no matter how much phenomena was produced, and they sooner or later returned to an easier field of study.

After Mr. Ballard's ascension, in 1939, the books of the I AM Activity, representing Saint Germain's effort in the 1930's, were no longer offered to the general public. This

was done contrary to the wishes of Saint Germain, who had urged the greatest possible distribution for the publications.

Master El Morya argued before the Karmic Board that, if interested students are not offered the opportunity to study the law, how can they be counted on to return the balance of energy that the Masters spent on their original effort, of the 1930's?

El Morya received a limited dispensation to write letters to a handful of students, asking for their cooperation. These letters were written by Geraldine Innocente, the unascended twin flame of El Morya. They have been documented in the book, "Man, His Origin, History and Destiny."

Based on the response to the letters, El Morya asked for, and was granted, an enlarged dispensation in 1951. This enabled El Morya to give mankind additional information regarding mankind's history and the Cosmic Law. He also gave information on how to gain the goal of all life – the ascension.

Functioning as editor of the Bridge to Freedom publications, El Morya used the pen name "Thomas Printz" (Thomas is printing). The Ascended Masters gave the dictations through Geraldine Innocente, the twin-flame of El Morya. This connection, and Miss Innocente's previous service to the Great White Brotherhood, made it easier to give the dictations through her. (About 90 Ascended Beings gave dictations through Geraldine, some of them had not spoken to mankind for millions of years.)

In an article entitled, "The Spiritual Caravan," printed in the book "The Initiations of the First Ray," El Morya invited serious students to join him in a spiritual mission, and

through teamwork, to lay the foundation for a new permanent Golden Age.

With regard to this effort, El Morya explained, “We are engaged, the other Ascended Masters and myself, in the building of a bridge – a bridge which will endure, until every man and woman and child who belongs to this evolution, has crossed from the realm of imperfection and limitation, into God's freedom. Into and under that bridge, we are building a foundation made of strong and valiant hand-picked, hand-chosen lifestreams, who can bear the weight and strength of the energies of the masses, when they begin to cross from shadow into sunshine, from darkness into light, from limitation into freedom, from disease into health and perfection.

“We are the engineers, who are endeavoring to find out the strength of the various lifestreams whom we have called to service. Those who choose to remain with us, shall have the great privilege and honor of becoming the living foundation of this bridge of living light.

“I ask you, in the name of God, those of you who have broken bread with me, those of you who have shared my light, not only in this embodiment but in many years and centuries past, I ASK OF YOU ONE BOON – HOLD THE BRIDGE BY GOD'S OWN HAND, UNTIL IT IS STRONG ENOUGH FOR THE ASCENDED HOST TO PASS OVER FROM DIVINITY'S REALM INTO THE HUMAN and all mankind may see and know those divine beings, whom we have presented through the veil, as best we can, until this hour.”

As Chohan of the First Ray, El Morya represents the will of God, and stands by anyone desirous of doing God's will.

He is Chief of the Council of the Great White Brotherhood at Darjeeling, India, and is in charge of the Temple of God's Will. Here, at these councils, from time to time, the wise and spiritually elect gather together, to learn the law of life.

El Morya chose India, as his headquarters on Earth, because he had served in that country for many ages before his ascension, and because it has such tremendous momentums of a spiritual nature, from the past. He chose the particular location of his retreat also because of the inaccessibility of these high lands, to the merely curious. This location gave him and his brotherhood greater freedom to develop their momentums of manifesting the will of God as a living, breathing, pulsating flame and ray, whose radiation is constantly flowing through the lower atmosphere of Earth.

It is the wish of El Morya that every student be able to read the words of the Masters, in his own language.

Individuals who are primarily interested in the furthering of universal brotherhood and divine government, are allowed the privilege of entering this privy council, and sitting at the feet of El Morya, whose advice has helped many a patriot and governmental official to avoid national, and even international disaster.

Beloved El Morya is a man of action. He said he is not popular with students because of the strictness of his discipline. He is known for his ability to get things done, without taking any detours. Chelaship under this Master may be compared to clawing one's way up a sheer cliff, sustaining cuts and bruises, but arriving there comparatively quickly.

While beloved El Morya is a strong leader and a relentless Guru, he is prepared to help those who follow him and

who share his enthusiasm, in completing certain projects.

When an Ascended Master, such as El Morya, takes upon himself the actual responsibility of teaching the spiritual law, he also accepts the obligation of making good for any sins of omission or commission of his students. This is no small assumption, upon the part of the Ascended Master. WHEN EL MORYA DOES SO CHOOSE TO INVEST HIS ENERGIES IN ANY UNASCENDED BEING, HE SPENDS AT LEAST ONE HOUR, IN EACH TWENTY-FOUR, IN MAKING APPLICATION FOR THESE SO-BLESSED ONES. IN ADDITION, HE CLEANS THE FOUR LOWER BODIES OF THE ACCEPTED CHELA EVERY TWENTY-FOUR HOURS.

El Morya has soft brown hair, falling in waves to his shoulders. He is now the Hierarch of the "Temple of the Will of God," located near Darjeeling, India.

The keynote of the Temple of God's Will is "Pomp and Circumstance," by Elgar. His personal keynote, and that of his twin flame, Geraldine Innocente, is "Panis Angelicus."

El Morya's electronic pattern is the "cup," a chalice.

### **THE ASCENDED MASTER ERIEL**

Ages ago, the Ascended Master Eriel rendered great service in China.

He has a retreat in the high mountains of Arizona and he has maintained that focus for long periods of time. Since Ascended Master Eriel prefers to work in a silent manner he was not known in the outer world until the 1930's.

In his retreat in Arizona, Ascended Master Eriel teaches the use of the Light and Sound Ray.

### **THE ASCENDED MASTER FUN WEY**

As a small child, the Ascended Master Fun Wey was saved from death by the Ascended Master Eriel, who brought him to his retreat. Under the direction and radiation of Eriel, Fun Wey gained the ascension quickly.

His predominant virtue and service to life is the expansion of God-happiness and joy to all who will accept his assistance.

### THE ASCENDED MASTER MAHATMA GANDHI

Mahatma Gandhi is now an Ascended Master. After the Transmission Flame Service, held on April 19, 1953, he attended a council meeting, held at the council chamber of El Morya. The Maha Chohan described Mahatma Gandhi as a man whose Light had blessed India and who now has a majestic, serene and dignified presence, not unlike Gautama Buddha, himself.

### THE ASCENDED MASTER GODFRE RAY KING (Formerly Mr. Ballard)

The messenger, Guy W. Ballard, met Saint Germain for the first time in August of 1930 on Mount Shasta. This historical, illuminating experience is beautifully detailed in the book "UNVEILED MYSTERIES," by Godfre Ray King. Following these experiences and a period of preparation, Mr. Ballard became the messenger of the "I AM Activity."

After the experiences on Mt. Shasta, Mr. Ballard returned to his house in Chicago, where further explanations were given him by Saint Germain, as part of many discourses. Saint Germain's instructions were given to Mr. and Mrs. Ballard via the light ray and the sound ray. Some were delivered by Saint Germain in his Ascended Master Body. The work of the "I AM Activity" was started in 1934. Mr. Ballard gave classes, and talked to large audiences all over the United States. Mrs. Ballard talked over the radio. Together, they reached hundreds of thousands of people.

Saint Germain was lavish in his praise of Mr. and Mrs. Ballard. He said: "They have proven their ability to stand in

the Light, and with no personal desire, to unselfishly carry the pure, unadulterated message of the Mighty I AM Presence. It is only through their joyous and willing obedience to our slightest wish, that it is possible to bring forth this expression and understanding of the 'I AM Teaching' in purity and clearness." Mr. Ballard had earned this high calling, of being an authorized messenger of the Great White Brotherhood, by having some type of connection with Saint Germain. In a previous embodiment he was George Washington.

Alice Schutz explained to me that, before speaking Mr. Ballard never knew what he was going to talk about. All he knew was that Saint Germain requested that he rent a certain auditorium in a certain city, on a certain date. After this was done and the audience was assembled, Mr. Ballard stepped to the platform. There appeared before him two-inch high letters of "golden living light." From those messages, he read to the audience. Some, people sitting in the front row, saw those letters of living light! Some, sitting in the back row, saw them, as well.

This experience was confirmed by William Cassiere, also known as "Brother Bill." He was one of seven messengers, selected by Saint Germain, to work under Mr. Ballard. Mr. Cassiere explained to me that he saw the letters of living light in the front row and also when sitting in the back row.

Alice Schutz told the students that Mr. Ballard was clairvoyant and clairaudient. Usually, he had no problem reading the two inch letters to the public, but when he was disturbed, he said it was like reading through tears.

During his ministry in the 1930's, Mr. Ballard was highly successful, demonstrating the healing power of the I AM Presence. Twenty thousand healings are attributed to his



calls for assistance to the I AM Presence and the Ascended Host. William Cassiere witnessed many of these healings, some of which occurred instantaneously. Some of these healings are described in the AMTF publication, "The Law of Precipitation."

In April of 1936, Mr. Ballard had qualified for his ascension. He decided to continue with this instruction, to help Saint Germain bring in the new Golden Age. Mr. Ballard transitioned on the last day of 1939. He had lectured to the very end.

Mr. Ballard ascended under a special dispensation obtained through the efforts of the Goddess of Light, the Goddess of Liberty, and the Ascended Being known as Mighty Victory. Under that dispensation, which applies to all mankind, it is no longer necessary for qualified individuals to raise the physical body into the Christ-Self, and then ascend into the I AM Presence, as Jesus did. The new action is that the purified essence of the physical body will be drawn into the etheric body and following this, the ascension into the I AM Presence takes place. Under the new action, the outer structure, the physical form, remains. This makes it much easier to gain the ascension. Saint Germain called this act of mercy the greatest gift ever offered mankind.

The first worldwide Transmission Flame Service was held on October 18, 1952. The students were made aware of the Retreat of the Month, the characteristics of the flame and the Ascended Masters who would act as sponsors, supporting the local group. The total number of Ascended Masters, who acted as sponsors, was twenty-six. Among the sponsors was the Ascended Master Godfre. He acted as sponsor of the student group in Denver, Colorado.

**THE ASCENDED MASTER  
GREAT DIVINE DIRECTOR**

The Great Divine Director is the Manu of the Seventh Root Race and a member of the Karmic Board. He gained his ascension before the event, called "The Fall of Man." The Great Divine Director was the teacher of Lord Maitreya, the Maha Chohan, Saint Germain and Kuthumi. He assisted Ascended Master Lady Nada with her ascension, 2,700 years ago.

At inner levels he is known as Master "R." He is the one who founded the House of Rakoczy.

It was the Great Divine Director who received the Ascended Master Jesus, giving him the mantras, "I AM the Resurrection and the Life of Perfection," and "I AM the Ascension in the Light." That was the entire contact between Jesus and the Great Divine Director. This mantra formed the basis for Jesus' mission.

When Saint Germain first conceived the idea of putting forth this teaching, he explained to the Master, called the Great Divine Director, that he had two people in embodiment (Mr. and Mrs. G. W. Ballard), whom he felt were strong enough to carry his message. The Great Divine Director asked him if he were certain of this. Saint Germain replied, "I shall try it out, and we shall see!"

The Great Divine Director uses the "Cave of Light," a retreat in India, as his retreat (see "Cave of Light," in this book). He gave many discourses to the students of the I AM Activity.

### THE ASCENDED MASTER HARMONY

The Ascended Master Harmony represents the Law of Harmony to our planet. He has offered to assist students in maintaining uninterrupted harmony in their daily life, if they will call to him. The scope of harmony covers not only harmony between mind and body, but also harmony of music.

The Ascended Master Harmony continued saying that in order to gain the necessary mastery leading to the ascension, a student must maintain harmony, regardless of the circumstances. He admitted that it is very difficult for a student to maintain this state of mind, especially with regard to his emotions. He also tells us that it is the pressure of the discord, dwelling in the atmosphere around us, that is a contributing factor, and that it would be easier for a student, if this pressure could be relieved by the transmutation of the discordantly-qualified energy dwelling in the atmosphere.

These forces of human creation are trying their best to reach the student through the emotional body, and therefore, it is most important for the student to keep his attention on the reality of the I AM Presence and the victory of the Light. In addition, the student must draw the protective pillar of Light around him ON A DAILY BASIS.

The Ascended Master Harmony works from the Seventh Sphere. He gave a dictation to students on December 3, 1939. Prior to this, he had not contacted the people of Earth, for a long time.

### THE ASCENDED MASTER HILARION

The Ascended Master Hilarion was a priest in the Temple of Truth, on Poseidonis, the last remnant of the Atlantean Continent. About 12,000 years ago, the priests of the Temple of Truth were alerted that Poseidonis would shortly sink into the Pacific Ocean. Together with other individuals, Hilarion volunteered to bring the Flame of Truth to Crete. Crete, at that time, was a part of Greece. Hilarion arrived at Crete just before Poseidonis sank.

With the assistance of Pallas Athena, the Goddess of Truth, Hilarion and other priests built the Temple of Truth on Crete. This took many embodiments.

This focus of truth later brought forth the oracles of Delphi, who functioned for hundreds of years. The people had faith in the Delphic Order, but eventually fell prey to the actions of a few oracles and priests, who allowed themselves to be bought. Finally, the Masters had to withdraw (see “Man, His Origin, History and Destiny”).

In Biblical times, Hilarion was known as Saul of Tarsus, and later, as the Apostle Paul. Saul had a certain set belief as to how the Messiah would come. This caused him to miss seeing Jesus. Saul was on the way to Damascus when Jesus, after his ascension, appeared to him. That visitation changed Saul's life. Much of his arrogance and pride was consumed. He became known as the Apostle Paul. He suffered much remorse for having missed Jesus, while Jesus was in physical embodiment.

Later on, Hilarion had an embodiment as the philosopher Iamblichus. According to Alice Schutz, author of the A.D.K.

Luk books, Hilarion's last embodiment was spent in a town near Gaza, Palestine. This occurred about 300 AD. He was educated at Alexandria. Afterwards, he lived as a hermit in the desert, directing a great number of students. He ascended from the earthly plane at a place among almost inaccessible rocks.

Hilarion is now Chohan of the Fifth Ray, the Ray of Science, Healing and Truth. Beloved Ascended Master Hilarion is a member of the Brotherhood of Truth, functioning at the Temple of Truth, in the etheric realm, over Crete. The Brotherhood of Truth assists all researchers who have consecrated their lives in an effort to bless the human race. The robes of the Brotherhood at Crete are pure white. Embroidered over the heart is a lighted lamp similar to the old-fashioned oil cruet, which symbol was incorporated into the activities of the brotherhood by Diogenes (412 B.C.), when Hilarion was a member of that order. This symbol signifies the relentless search for truth, which is the vow and pledge taken by all members of the brotherhood.

The beloved Goddess of Truth, like the Goddess of Purity and the Goddess of Justice, is not among those particularly wooed by mankind, for PEOPLE AS A RULE DO NOT ENJOY THE SHARP EDGE OF TRUTH. For this reason, the Goddess of Truth has, to a great extent, remained in the heart of the Silence, and truth has been veiled, in expression, through the various spiritual, educational and inspirational teachings that have come forth.

The beloved Ascended Master El Morya explained: "Use your faculty of concentrated attention and INVOKE TRUTH. It is NOT ENOUGH TO ADMIRE THE VIRTUE OF THE GODS. EVERY

CHELA MUST BECOME THE EMBODIMENT OF THOSE VIRTUES. I challenge you to accept the presence of truth, resisting it not by personal concepts, and see what this will bring into your worlds!" Therefore, the ACTIVE DESIRE TO KNOW TRUTH, ACCOMPANIED BY ACTION, IS A PRE-REQUISITE TO PROGRESS ON THE LADDER OF SPIRITUAL DEVELOPMENT.

The Goddess of Truth is ready, always, to lend her assistance and but awaits your invitation to invite her. In your daily calls, ask the Goddess of Truth (beloved Pallas Athena) to help you and you will receive, from that mighty Being, a blessing beyond anything you can presently conceive.

To discern truth among the teachings of messengers of the Great White Brotherhood—authorized or otherwise—is one of the most difficult tasks of the student. It requires great patience, and SETTING ASIDE A GREAT DEAL OF TIME TO COMPARE THE MESSAGES GIVEN.

The beloved Ascended Master Lanto, addressing this problem, said: "To perceive truth, you must have peace of mind, through understanding. The first thing that the chela has to learn is to distinguish between different presentations of the truth, to determine which constitutes a more complete expression of the truth. The chela must, of course, have, as one of his guides, the words of our beloved Ascended Master Jesus: 'Not all who come in my name represent me.'

"The student has to be particularly alert before accepting statements issued by dissenting activities, which, as a rule, have their origin not in important differences of doctrine, of which they do not speak, but in the personal ambition of their self-called leaders, who, in many cases, appropriate the instruction of the parent body and present it as new and bet-

ter, without any substantial proof of their claim.”

The Ascended Master Hilarion will assist anyone who sincerely wants to know truth. Healing is another of his interests. Hilarion enjoys assisting medical researchers in alleviating pain and suffering.

Hilarion likes to assist skeptics, atheists and the disillusioned. He is very successful in again instilling, in them, a faith in God.

On the subject of remorse, Hilarion said:

“REMORSE IS ONE OF THE GREATEST HELLS OF EXPERIENCE AND I AM GRATEFUL THAT YOU WILL NOT HAVE TO KNOW IT. It is to spare mankind such remorse that we come to the skeptics, the agnostics and those who have been disillusioned in the past. We try to bring faith, courage and confidence to them, wherever it is possible so to do, so that when mankind enters the Karmic Halls, and looks back upon the life they have lived, they will not have to say: ‘IT MIGHT HAVE BEEN!’

“YOU WHO ARE RECEIVING THIS INSTRUCTION NOW ARE FAVORED ABOVE ALL MEN. YOU NEED NOT LOOK BACK AND SAY: ‘IF I HAD BEEN THERE’ – YOU ARE HERE NOW. SERVE AS YOU LEARN!!!”

“PERSEVERE, PERSEVERE BELOVED ONES! AS ONE WHO KNOWS, I CAN SAY TO YOU—PERSEVERE IN LOVE, AND YOU SHALL WEAR THE CROWN OF VICTORY AND THE WHITE GARMENT!”

Beloved Hilarion’s keynote is to be found in the hymn “Onward Christian Soldiers.”

### THE ASCENDED MASTER LORD HIMALAYA

Lord Himalaya is the Manu of the Fourth Root race. Some of the Fourth Root Race, destined to have long ago finished their course of evolution upon the planet, Earth, still remain in Asia. While even one soul remains, the beloved Himalaya, their Manu and spiritual guardian, must remain with them. Thus, he waits – amid the eternal snows – guarding the spiritual culture and age-old parchments, hoping that the chelas of today will help him in his task to gain the ascension of his Fourth Root Race.

Lord Himalaya is the hierarch of the Temple of the Blue Lotus. In this retreat, Lord Himalaya guards the wealth of true wisdom, written down by the sages of the Atlantean and Lemurian cultures, as well as the wealth of inspiration achieved through the development of the Buddhistic dispensation. In this retreat, parchments containing the writings of all the ancient sages are preserved and carefully guarded. They will be released to the East and to the West only when greed, selfishness and separateness among the peoples of the Earth are no more.

Lord Himalaya is the guardian and protector of the Masculine Ray. The Feminine and the Masculine Rays meet in the center of the Earth. This action forms the permanent atom of the Earth, a Threefold Flame.

For many centuries, the Masculine Ray was the predominant focus of wisdom upon the Earth, drawing to it many earnest and sincere seekers for truth. The action and qualities of this focus are wisdom, illumination, peace and tranquillity.



In 1953, the Cosmic Law directed the predominant pressure of energy through the Feminine Ray, guarded by the God Meru. Thus was transferred the magnetic pull from the East to the West. This will result in the attraction of the spiritually-inclined chelas toward Western incarnation and the gradual infusion of the spiritual interest and nature of the East in the Western consciousness and culture. As part of this action, some records and treasures have been transferred from this retreat to Lord Meru's Retreat near Lake Titicaca, in South America.

Lord Himalaya was the teacher of Lord Gautama, Lord Maitreya and Kuthumi's. He also works with the Brothers of the Golden Robe.

A visitor of the Blue Lotus Retreat will be impressed by Lord Himalaya's gracious presence, along with his wisdom and serenity. He appears as a beautiful, serene, oriental being, whose delicate features seem carved out of the finest ivory, the high cheek bones emphasizing the beauty of his exquisite face. His robes are flowing silk, of the palest yellow.

Lord Himalaya's keynote is contained in the melody, "Love's Old Sweet Song," by Molloy.

### THE PLANETARY SILENT WATCHER IMMACULATA

It is the service of the Silent Watchers to watch over and guard individuals or groups of people. There is a Silent Watcher standing guard over every town, city, state, country, planet, planetary system, and even an entire galaxy. If a Silent Watcher watches over an entire planet, then the name PLANETARY SILENT WATCHER applies.

The Silent Watcher of the planet Earth holds in her consciousness the pattern and entire plan for the Earth and all individual life thereon, from the beginning to completion. Her name is Immaculata. At the end of each year, Immaculata communicates the thoughtform of the year, for the development of the planet, to the Lord of the World. According to the thoughtform, the pattern of the retreats, open for the coming year, is selected.

The evolution which ultimately results in the opportunity to become a Planetary Silent Watcher, is similar to that of an Elohim (see book "The Seven Elohim Speak"). An Elohim starts out being a tiny elemental in the nature kingdom. When the elemental has progressed sufficiently, it becomes part of Amaryllis' great court, participating in what is called the "miracle of spring." Elementals graduate into greater and greater service, becoming devas, to watch over an entire nation. Finally, they come to the point where they may apply for the position of Elohim. From among the Elohim, Planetary Silent Watchers are chosen.

Just before Geraldine Innocente's transition, in June, 1961, beloved Immaculata addressed the students as follows: "As I watched the building of the Earth, my interest grew and my love for this beautiful formative globe grew,

along with the holy innocents [first inhabitants] and their great guardians and protectors!

“I have never lost that image, nor do I choose to. EVEN THOUGH HELIOS AND VESTA THEMSELVES QUESTION IT, ONE ALONE, I, MYSELF, SHALL HOLD THAT CONCEPT UNTIL AGAIN SOMEONE ON THE EARTH SPHERE LOOKS INTO IT LONG ENOUGH TO RESTORE IT, inch by inch, mile by mile, into the perfection and love and light and luminosity which we presented to you and the first group of individuals who came in with the Manu of the First Roottrace to use the Earth as a schoolroom, wherein thoughts, feelings, words, and actions moulded the pliable light substance into greater and greater beauty of expression.

“Continents have come and gone, civilizations have risen and fallen, oceanic bodies have changed, rivers and rivulets have been swung from their location, all signs of the times for those who choose to read, but there remains unchanged the immaculate concept for this Earth, a duplicate of which is in the Royal Teton. When you are passing through the great Teton, (in projected consciousness while the retreat is open) take a look at the divine image of what our Earth was, and then cognize what mankind, imprisoned angels and the lag-gards have done to it, and understand how it has to be restored, AND QUICKLY.”

Love and gratitude should be given, daily, to the beloved Planetary Silent Watcher of the Earth, Immaculata, who holds the divine blueprint, given to her by Helios and Vesta, and from whose Divine Being flows, constantly, the pattern of perfection for the Earth and all her attendant evolutions, including the students of this teaching.

**THE ASCENDED LADY MASTER  
GERALDINE INNOCENTE**

Geraldine Innocente, the authorized messenger of the Bridge to Freedom, was born on March 29, 1916. She was the daughter of Mary Lehane Innocente and Gustave Innocente. Geraldine Innocente embodied previously as Joseph of Arimathea and three times as an oracle at Delphi. Some students now call her the Ascended Lady Master Miriam.

Geraldine lived with her parents, who were co-workers in the Light. Until 1953, they lived at Halesite, Long Island. In 1954 they moved to Flourtown, Pennsylvania, and later, they moved their residence to Charlottesville, Virginia. In May, 1961, the Innocentes moved to St. James, Long Island.

In the 1940's, on Long Island, Mrs. Mary Innocente had a small group affiliated with the "I AM Activity." One night, in 1944, Geraldine and her mother were sitting in their home, in front of the fireplace. Suddenly, Geraldine was aware of a presence in the room. She realized that it was Master El Morya. She said to her mother, who was unaware of this Presence, "Master Morya is here." Her mother said, "What does he wish?" El Morya suggested to Geraldine that she make a certain application, on a daily basis.

One year later, El Morya informed Geraldine that the Lord Maha Chohan would like to give a series of discourses through her. She thought it over and then consented to receive the dictations. The Maha Chohan came to the group of thirteen, known as the "Inner Circle," once a week to give instruction, in an endeavor to further their spiritual development. From then on, Geraldine was in continuous communication with the Masters. Geraldine thus had at least seven

years of continuous training in channeling, before she became the voice of the Great Ones during the “Bridge to Freedom Activity,” which officially started in 1952.

Geraldine was a very humble individual. The first time that her name was publicly mentioned was in the 1958 “Bridge to Freedom Journal,” six years after the first issue. She used a pen name, when publishing some articles in the Bridge to Freedom Journal, in 1952.

On one or two occasions, the Masters allowed questions from those who worked closely with Geraldine, as her staff. In this way, it was established, that there were at least five twin flames (divine complements) of Ascended Masters whom we all know, present.

These were: Geraldine Innocente, twin flame of Ascended Master El Morya,

Mary Lehane Innocente, mother of Geraldine Innocente, twin flame of Lord Ling (Moses),

Vera Lisle, twin flame of Ascended Master Lanto,

Roger Ancona, a director of the Bridge to Freedom, twin flame of the Ascended Lady Master Kwan Yin,

Alice Schutz, Secretary to Geraldine Innocente and Secretary of the “Bulletin,” twin flame of the Ascended Master Djwal Kul.

It was revealed that Peter, the disciple of Jesus, was embodied as Mrs. Ekey, one of the founders of the Bridge to Freedom and Assistant Editor of “The Journal of the Bridge to Freedom.” Students also learned that Gustave Innocente, the husband of Mary Lehane Innocente, in a former embod-

iment was the person who offered to carry the cross for Jesus.

Most of the dictations were received by Geraldine between the hours of 4 AM and 6 AM. Apparently, it was easier for the Masters to give the dictations at that time. Geraldine Innocente transitioned on June 21, 1961. An ascension service was held on June 23rd. We are deeply grateful for her years of dedicated service and for her contributions in preparing the Bible of the New Age.

### THE ASCENDED MASTER JESUS

**Explanatory Note:** Presented here are some of the highlights and brief descriptions of historical events which occurred during the last embodiment of beloved Ascended Master Jesus. For a more complete description, please see “Man, His Origin, History and Destiny.”

#### Preparation for the Mission

Jesus was born at a time when the collective constructively-qualified energy of the Earth was at its lowest level since the days of Atlantis. His coming and successful mission turned the tide.

Jesus was born without karma. According to a dictation given by Jesus, in 1953, in previous embodiments he was Appollonius from Tyana, Zoroaster in Persia, and Joshua, of Biblical account.

Jesus' mission had to comply with the laws, as they applied to the Earth at that time. He did not receive special privileges, such as the gift of consecutive consciousness. He was bound by the “bands of forgetfulness,” like any other lifestream seeking his evolution upon the planet Earth. Therefore, when he awoke as a beautiful baby, in Mother Mary's arms, or later, when he grew older, he did not remember any former embodiments.

It was well that a great momentum had been established between Mother Mary and the angelic kingdom, because shortly after the birth of Jesus, an angel brought news of impending disaster. One night, Mother Mary saw Joseph standing in the doorway. He was deeply troubled. Joseph said that he had just received a warning. He was not sure of the source. Was it an angel and was it of God? The impres-

sion on his consciousness was to flee at once and go to Egypt. Joseph had misgivings. He felt it was unfair for a newborn child, having such a mission, to so soon be the subject of the cruelty of Herod. Together they prayed, and Mother Mary received confirmation in her heart that they should go.

As behind them the blood of the infants flowed in the streets, Mother Mary (and Jesus, later on) vowed then she would personally assist each child that was involved in such an act of brutality, to gain the ascension in a future embodiment. These children had died because of their mission. Mother Mary took her small baby, and together with Joseph, left the shelter of their home and journeyed to Egypt, a land filled with dangerous wildlife. It was a long, tedious ride into Egypt, with many sleepless nights, fleeing before Herod's soldiers.

When Jesus was a very small boy, he already manifested a purity of spirit. His senses were also well developed. He had perfect sight, perfect hearing, perfect taste, touch and smell. Besides this, he had great intuition.

Jesus did not live in a "privileged, charmed world." He lived in the midst of so-called imperfection. He was called upon to rub shoulders with the poor, and the sick of mind and body. There were no public institutions at that time to remove such individuals from public life. The beautiful boy, dressed in his simple white tunic and the sandals that Joseph had made for him, was exposed to the pressures of thoughts from many planes, with only the love of Mother Mary and Joseph protecting him.

Jesus' parents were his earliest teachers. Mother Mary



told him that it was entirely up to him, to either accept, as real the world filled with imperfections, such as the appearance of illness and distress, or to “magnify the Lord.” Jesus told the students that this lesson helped him immensely in his later mission and “preserved his sanity many times.” Joseph also often applied this principle.

Mother Mary stated there is always that choice – to either tune in to and magnify the appearance world, or to choose to magnify the power of God, by turning the beam of one's energy and attention to one's I AM Presence, holding one's attention focused there until the inner self gains in confidence. When young Jesus came to Mother Mary with bruises on his feet and knees, she would say: “We shall not magnify the hurt or that scar. We shall magnify our Lord.” Then, turning her attention to the perfect pattern, the man made in God's image and likeness, Mother Mary, Joseph and Jesus would draw the healing and peace currents of their God-Presence through the scars, until the appearance of imperfection would disappear. This they did systematically, every day. Thus, together they built a momentum that was to be the foundation for meeting the difficult days ahead; yes, for overcoming death itself.

At the tender age of five, Jesus entered the temple of Luxor and, as it was with Mother Mary, the severe discipline of the priests of the temple was re-experienced. Mother Mary was not permitted to witness his training. She had to wait outside the temple in the hot sun, shaded by a fig tree, while young Jesus received instructions from early morning until well into the afternoon. Sometimes, after leaving the temple, Mother Mary noticed beads of perspiration on Jesus' forehead, and deep circles under his eyes. He had to undergo

tests and disciplines from which full-grown men and women have shrunk, yet Mother Mary could not interfere. It was her obligation to give him complete freedom, a freedom within which there is no fear.

When Jesus reached maturity, with the assistance of Joseph, he became a skilled carpenter. Later on, Joseph made many important contributions in establishing the Christian Era. It was he who first introduced Jesus to the disciples.

During Jesus' growing years it was Joseph's service to be his teacher. When Jesus' contact with the Ascended Master Lord Maitreya was developed to the point where there was practically no veil between them anymore, Lord Maitreya became his new teacher.

One day Joseph told Mother Mary that his mission in life was nearly accomplished. He asked her to stay in Bethany after he left this plane. There she would be in the hands of friends. Jesus, he said, was to go to India, to receive some important message. Shortly thereafter, Joseph passed from this scene of life.

Joseph had not been gone very long when Jesus found himself going alone, on foot, to India, in a simple, solitary pilgrimage. He entered India, following the vague directions of Joseph, having to depend on of his own I AM Presence. He came upon a group of people seated around a teacher, and sat silently with them. The teacher's name was "Great Divine Director," an Ascended Master. The Master did not greet Jesus, but mentally projected to him the words "I AM the Resurrection and the Life" and "I AM the Ascension in the Light." That was the entire contact between Jesus and the teacher. Jesus got up and walked back home, grateful

that he had received the key words for his mission.

After Jesus returned from Egypt, prior to his public ministry, he and Mother Mary went back to Luxor, Egypt, once more. Here they stayed for three years. Both of them mastered the final initiation of the Luxor Retreat, which is the conscious removal of the life currents from the body, and the returning of them, through the controlled breath. This was done to prepare them for Jesus' supreme test. Twelve Masters stood watch over their bodies during that period, and both Jesus and Mother Mary passed the test victoriously.

#### **Performing His Mission**

Jesus' mission started at the age of thirty. His ministry lasted three years. This three-year time limit was predetermined by Cosmic Law. He spoke in simple terms and in easy-to-understand parables, so that the man on the street could understand. From a spiritual viewpoint, Jesus touched less than 500 lifestreams. This was partially due to the difficult conditions of travel, prevailing at that time.

During the time Jesus was engaged in his mission, Mother Mary stayed with Martha and the "other Mary" (possibly Mary of Bethany), on the outskirts of Bethany. Here there was an old mill that had been used to grind corn. There was a certain peacefulness in the simplicity of country living. Mother Mary enjoyed this environment and wove garments for Jesus. Once a day she walked up a small and grassy mound, to a great flat-topped rock. There she spent several hours in deep and earnest communion with God. In this manner she built the momentum and the pattern upon which Jesus and Mother Mary later ascended. When Jesus

rested between trips, he visited Mother Mary at Bethany, and in those moments both found happiness during this difficult time.

Jesus' first so-called miracle was the changing of water into "wine" at the wedding in Cana. He turned his attention to God, and through the energies of his spiritual momentum, changed the substance of that water into electronic light. It was the people, who unconsciously qualified it with what they desired to manifest. Therefore, the substance they drank tasted to them like wine.

The "feeding of the five thousand" was accomplished using similar principles. Jesus multiplied the loaves and the fish, using the Law of Precipitation. The bread and fish were multiplied by drawing together electronic light-substance, the substance which is around us in the atmosphere. This substance was drawn into form, and then lowered into a lower vibratory level, enabling the people to eat what looked and tasted like fish. (As recorded in the book, "Unveiled Mysteries," Saint Germain used the same concepts of Law in giving Mr. Ballard a milky liquid, which was also produced from electronic light substance. This greatly refreshed and revitalized Mr. Ballard.)

From early childhood on, Jesus was taught to magnetize PEACE. That peace became a great reservoir. It enabled Jesus to say with authority, "Peace, be still." The turbulent waters of the sea of Galilee responded. This feeling of peace was also present, when he said, "Love your enemies, treat kindly those who spitefully use you."

Invoking all the gathered momentum of LIFE EVERLASTING, and directing that energy into the heart of Lazarus, Je-

Jesus was able to render a service. The energy he called forth was more powerful than the moaning, crying, curiosity, skepticism and other qualities of an imperfect nature. Acting through the people who were present. Lazarus responded, and came forth from the so-called dead.

While performing his many miracles, Jesus had the spiritual assistance of Almighty God, his teacher Lord Maitreya, and his mother, Mother Mary. Jesus, in a dictation, urged the students to be prepared, at all times, to use their God-given abilities. One never knows when this opportunity will come. He said: "The moment is NOW! Do not consult the calendar as to when to do a certain thing. I was not told beforehand what to experience. I had no written scroll, saying on such and such a date the Holy Spirit would descend, and on such and such a date I was to heal."

The Master Jesus used his hands, almost constantly, as conductors of the energy drawn from God, and charged them, through the electrons of his great lifestream, with healing power, for those requiring assistance. HE AND HIS DISCIPLES HEALED BY THE "LAYING ON OF HANDS." In this manner, the electronic particles of the Master's energy were charged into the physical structure, as well as into the mental, emotional and etheric bodies of those requiring assistance.

Jesus stated, in a dictation to the students in 1961, "Through misinterpretation of the Law, I was unfortunately set apart as the 'Only Begotten Son.' I came to bring the example of eternal life, overcoming, through the assistance of Divine Beings, the experience called death. Then I had to convince my disciples that I still lived and moved among

them, resurrected. All of these things I did because the world required then, and now, the coming of a perfect one, one who can fulfill the purpose, and represent on Earth, one Heavenly Father. Have you ever been whipped in public, with a crown of thorns pressed into your brow? Have you had your garments rent? No! The things which have happened to you during this embodiment are very slight compared to those experiences through which I voluntarily passed to show that the son of God was the master of energy in this world.”

In 1961, beloved Mother Mary said, “The diabolical forces still roam through the world, emphasizing the wrong part of Jesus’ mission. They glorify a crucified Christ, muting a resurrected Christ.” Jesus’ words add emphasis as follows: “The crucified Christ, which the orthodox world places before the people, is the symbol of vicarious atonement. It is the way of the outer self to let some other lifestream carry your sin. THE CRUCIFIED CHRIST IS TO BE REPLACED BY THE ASCENDED CHRIST.” It is up to each individual to atone for his own sins.

Addressing himself to the present accuracy and authenticity of the Bible, the Maha Chohan explained, in 1960, that there were some Biblical scholars who embellished upon the original text.

In his dictations Jesus again and again stressed that the miracles of 2,000 years ago can again be accomplished TODAY by the students. He also mentioned that only since the 1927 dispensation (“I AM Activity”), has the apex of that service been reached which he expects to render. As part of this service OPPORTUNITY is given to the students of As-

cended Masters, as seldom before in the history of the earth. “These students,” he said, “alone are the hope of the Earth. Churches have had their opportunities for 2,000 years to set mankind free, yet the people have grown into greater and greater bondage. I implore you, in the name of the Father of all life, IF YOU LOVE ME, DO THAT WHICH I HAVE DONE!”

After the disciples and the Master had finished the “Last Supper,” and had gone to Gethsemane, Mother Mary, another person whose name was also Mary, and Martha gathered together the linen cloth which Mother Mary had woven, and folded it carefully. Mother Mary knew, deep within herself, that within one day that cloth would enfold the body of her yet vital, beautiful son. The cup of the last supper was wrapped in a napkin and given to Joseph of Arimathea, for safe-keeping. Then Mother Mary engaged in earnest prayer, for the next day was to bring the greatest trial of her life.

Several times before, Jesus and Mother Mary had discussed the various points that were to be emphasized during his ministry. Often they talked over the necessity of passing through the appearance of death, in order to prove the immortality of life.

### **The Crucifixion and the Resurrection**

At Luxor it was comparatively easy for the highly-trained initiate to withdraw the senses from contact with the world around him and suspend the breath, so that, to the outer sense, the body was “dead.” However, to perform this act consciously, amid hundreds of vicious consciousnesses, is much more difficult. Yet, in order to satisfy the outer consciousness, it was necessary for mankind itself to actually

perform and execute the crucifixion. Otherwise, mankind would never have believed that the resurrection was authentic, and that it was not a trick of a fakir or a manifestation of hypnosis.

Mother Mary said that neither she nor Jesus relished the necessity of having to pass through this experience. When Jesus asked that the “cup” be taken from him, it was because no one knew for certain, whether or not the public demonstration would be successful. Through such a public experience, all of the astral and psychic viciousness, that had accumulated since the “fall of man” was directed through those embodied individuals who allowed themselves to be used as pawns, or shells, of that force.

John assisted Mother Mary, in holding to that Perfect Concept of man as co-creator with God, so that Jesus might pass through that initiation, resuscitating his physical form, and resurrecting it on Easter Morning, for the benefaction of a doubting discipleship.

Mother Mary and John understood how to disconnect, through Light and love, the gravity pull of the physical body. This they applied as the cross was raised, thus preventing the tearing of Jesus' body. Continuing with this account, Jesus' last words were not “My God, my God, why hast thou forsaken me?” but, rather, “Father, how thou hast glorified me; into Thy hands I command my spirit.” Then the words, “It is finished,” were heard coming from the direction of the cross.

Jesus did experience pain from the physical abuse inflicted upon him, prior to the crucifixion. But he did not suffer while being on the cross, because he was master of the



situation, and had withdrawn from the body sufficiently so that he did not feel pain. Unfortunately, some churches focus upon the agony and distress of Jesus, while being on the cross.

Jesus told Mother Mary he had received a special new dispensation (from the Karmic Board), under which it was possible for him to visit with her and John for thirty years, to give them certain points of Law that here-to-fore were not allowed to be given. As part of the plan to anchor the spiritual currents and expand the teachings, it was required that at all times either John or Mother Mary were to stay in Bethany. Jesus added that he was also permitted to visit with Mother Mary and others, for forty days, prior to his ascension, to explain the Law to them.

When Jesus contacted his disciples after the resurrection, he was no longer operating in his physical body; he was operating in his Christ Self. While in the tomb, in cooperation with the Maha Chohan and Archangel Gabriel, Jesus had transmuted his physical body, by sending light rays from his I AM Presence, drawing the purified essence of the physical body into the Christ-Self.

Jesus was then functioning in his pure light body, in which every atom and electron was under Jesus' conscious control. Therefore, he could vary the vibratory action of the Christ-Self at will, enabling him to make it visible and tangible to the degree he wished. This light body required no food or drink, and had no flesh or bones, but Jesus could make it appear to look like a flesh body to the disciples, to convince them of his tangible presence. Raising the vibratory action of his Christ-Self body, he could go through walls of

buildings without difficulty. Having gained mastery over matter (energy, substance and vibration), he could even assist the disciples in doing physical work.

Why did Jesus not simply ascend from the cross? Mother Mary explained that Jesus could have done so, but the action of the Resurrection Flame was chosen, to strengthen the faith of the disciples, and to establish a focus for the Christian Era.

### **The Ascension**

While Mother Mary was staying at Bethany, she walked up the hill alone each day, weaving a pattern of light. While on her way, she prayed and sent her love and gratitude to God, sending forth her invocations for Jesus' victory. This pathway of Light pierced through the psychic realm, connecting with the consciousness of Vesta. Over this pathway Jesus later would walk in his triumph. The rising of energy from Mary's heart built the pattern of the Ascension Flame, used to gain Jesus' victory. His ascension was witnessed by five hundred people.

Jesus appeared to Mother Mary and the disciples, sometimes for minutes, sometimes for hours, for forty days. In this way their feelings became anchored in the supremacy of the laws of Almighty God. The disciples had to learn that it is possible for EVERY student of truth to apply the Law and have the victory of its manifestation. Beloved Ascended Lady Master Mother Mary said in a dictation, "WHAT ONE HAS DONE, ALL MAY ONE DAY DO."

### Reflections of Jesus

Regarding his last embodiment, Jesus explained:

“My ministry was one of action. Every day, before I left the house, great numbers of people had gathered, primarily to receive relief from all manner of discomfort and disease of mind and body. Very few came to learn the application by which I had achieved such prayers, to give surcease from distress. I had learned NEVER, under any circumstances, to go forth to serve UNTIL I HAD FIRST ANCHORED MY CONSCIOUSNESS, FEELING AND SELF IN THE PRESENCE OF GOD. Only when I was firmly established in that unshakable faith, that indestructible fortress of His power and presence, would I endeavor to convey that consciousness of his goodness, through words and works, to my fellowman. Earnest men and women, filled with zeal and enthusiasm, often rush forth without such personal contemplation and communion with the God-Self.

“When the fishermen in the boat were sore distressed because of the raging sea, where did I receive the power which stilled the waters? I had, through the assistance of both my mother and father, and Lord Maitreya, been taught from childhood to magnetize peace. That peace became a great reservoir, and so I said to the waters, ‘Peace, be still.’ And naturally THEY RESPONDED, BECAUSE THERE WAS MORE ENERGY ALREADY DRAWN AROUND ME QUALIFIED WITH GOD-PEACE THAN ALL OF THE TURBULENCE OF THE SEA OF GALILEE.

“Before I came into the world of form, I was ‘charged’ with a mission, to manifest unto all mankind the full perfection of our Father who is in heaven. YOU WERE ALSO SO

'CHARGED' WHEN YOU WERE CREATED. NOW, YOUR MISSION IS SIMILAR TO MY OWN!'

Jesus asked the students of the Bridge to Freedom to decree with feeling. He said that no decree has efficacy unless it is accompanied with great feeling.

After his ascension, Jesus became the Chohan of the Sixth Ray. On January 1, 1956, Jesus, together with Kuthumi, became World Teachers. Ascended Lady Master Nada is now the Chohan of the Sixth Ray.

Jesus and Mother Mary are functioning today as Hierarchs of the Resurrection Temple. We can call to them to blaze the Resurrection Flame through our bodies, to re-store them to the original condition of youth and health.

The keynote of beloved Ascended Master Jesus is found in the song, "Joy to the World."

#### **THE ASCENDED MASTER K-17**

The Ascended Master K-17 met Mr. Ballard when he disembarked from a boat in France, in 1931. K-17 was not ascended then, but gained the ascension shortly thereafter in the "Cave of Symbols" retreat, with the assistance of the Atomic Accelerator. He is the head of the Secret Service of the Great White Brotherhood.

Students can call on K-17 for personal protection. They also can call on him to provide protection for the government of a certain country. In addition, if called into action, he will assist in the legal affairs of the students.

**THE ASCENDED MASTER JOHN, THE BELOVED**

The Ascended Master John, in his last embodiment, was known as “John, the Beloved.” Among all of the disciples of Jesus, he had the greatest understanding of Cosmic Law.

In early life, he and his brother James were placed under the guardianship of Joseph. At the age of fifteen, John was admitted to the Essene Brotherhood. This prepared him for his later mission.

John was the embodiment of divine love. After witnessing the crucifixion of Jesus, he was a great help to Mother Mary in supervising the Christian Community at Bethany. For forty years after Jesus' ascension, John was aware of Jesus' presence, and he received instruction from him. More and more, John, himself, began to look like Jesus.

John committed the instructions known as “Revelations” to writing. They differ in many ways from those we can read now in the Bible and some day, in the future, mankind shall know these revelations in their true form.

John the Beloved gave a dictation on December 21, 1937, through Mr. Ballard. This was the first dictation of John, after his ascension.

The keynote of John the Beloved is contained in the melody, “Tales from Vienna Woods,” by J. Strauss.

### THE COSMIC BEING KRISHNA

During the first two Golden Ages, there was absolute perfection. There was the activity of teaching and learning; no one needed assistance “to be saved.”

The first Christ was provided for mankind, when man first chose to become sense-conscious, instead of remaining God-conscious. Man directed his attention toward the pains and pleasures of the five senses, and thereby manifested that to which his attention was directed, and upon which his thoughts dwelt.

Since that time, forty-nine World Saviors have come to Earth, at regular intervals. The First Christ was Krishna. He drew to Earth the Resurrection Flame, as a means of restoring the fallen sons of God, should they desire to return to their natural God-Estate. This flame was necessary for mankind, for the nature kingdom and for elemental life, in rebuilding an imperfect form, created by imperfect thought and feelings. The Resurrection Flame contains the resurrecting power, without which man cannot enter into his Christ-Estate.

Krishna came from another planet. It was not possible to draw upon the lifestreams of the Earth at that time, because they were still children, in their spiritual development, and because nearly all of them “had already eaten from the forbidden fruit.” From the small group that had maintained a pure consciousness, other Christs, such as Lord Gautama Buddha and Jesus, would later be developed.

There were several Krishnas. The first Krishna taught his disciples that “SERVICE IS THE LAW OF LIFE.” He explained that an individual should accept the responsibility for giving a

balance to the universe, for the privilege of drawing breath, using life, and sustaining a separate, individual existence.

Krishna emphasized that service should be impersonal, for love's sake, and without any thought of remuneration. As an example of impersonal service, Krishna pointed to the sun. Its beneficent radiation blesses every nation and every individual. He stated, "Peace comes only, when, to the best of your ability, you are endeavoring to serve the cause of good, and have no concern for any external activity, in relation to its effects upon your service."

Service may be in the form of serving a community, serving mankind by giving decrees, or in helping one's fellow-man. Some of Krishna's instructions were preserved, by his disciples, by inscribing them on rolls of linen, which were then coated with a soft wax. The linen was rolled on spindles of bamboo, the entire document sometimes covering several hundred feet. Through these documents, Krishna left a heritage upon which all of the Vedas and other most ancient writings are based. These documents survived cataclysm after cataclysm, and were moved, by the wise and elect, across the face of the Earth.

Krishna abided upon the Earth for at least six-hundred-forty-years. When he completed his service and returned to his star, he took with him 1,400 disciples, who, mainly through his service, gained their ascension.

### THE ASCENDED MASTER KUTHUMI

The beloved Ascended Master Kuthumi is one of the guardians who came from other planets, to assist Earth.

Kuthumi was a disciple of Lord Gautama Buddha, following him from place to place. Buddha preached the doctrine of “detachment” to his followers (not becoming attached to items of the physical world, but rather placing the attention on God and his creation, having no spiritual pride in the possession of material objects.)

In an embodiment as the Greek Philosopher, Pythagoras, (about 500 B.C.), Kuthumi established a school at Crotona, in southern Italy, where he made important discoveries in several fields – mathematics, astronomy, and music. He came to the understanding that each planet of our solar system had a musical tone that was predominant in a cosmic melody, called the music of the spheres and that the note for our planet was F, below middle C. He determined that the world was round, and that the Real Self was immortal and came back into embodiment many times. He taught these doctrines at his school.

Unfortunately, this school was burned to the ground by vandals, together with the destruction of exquisite sculptures and marble figures. Yet, as he saw his school burning, Kuthumi kept his peace and harmony, which helped him to become a master of energy.

Kuthumi embodied as one of the Three Wise Men of Biblical account. He could have gained the ascension at that time, since he had his karmic debt balanced. Kuthumi volunteered to postpone his ascension, so he could be of further service to mankind on the physical plane.



Later on, Kuthumi embodied as Saint Francis of Assisi (in about 1200 A.D.). He was a great lover of animals, and helped thousands of them, to the point where they did not have to come back into embodiment. One day, when St. Francis was enjoying the quiet of the countryside, the Ascended Master Jesus appeared to him. This was a powerful experience for St. Francis, and from that moment on, he dedicated his life to serving God.

St. Francis started to preach publicly in 1208 and founded the Order of the Franciscan Friars. Most of St. Francis' disciples were drawn to him by his radiation of peace and love. New disciples joined by walking silently in his aura. St. Francis would accept them and break bread with them, in silence.

Saint Francis attended one Crusade, with the intent of drawing the Holy Sepulcher from the hands of the infidels. Eventually the Crusaders arrived at the Holy Land.

Master Kuthumi explained to the students: "While the mighty army of Crusaders prepared their lavish plans, and were gathered together, whetting their swords upon the stones, and while they fitted their coats of mail, I WALKED ACROSS THE FORBIDDEN LAND AND MET THE PRINCE OF THE INFIDELS – and we stood, side by side at the holy sepulcher, and do you know, WE WERE BROTHERS, WE WERE ONE! When I walked back, they asked me where I had been, and were amazed and disbelieving." (According to the World Book Encyclopedia, Francis of Assisi went to Egypt and preached before the Sultan and the Crusaders at Damietta in 1219).

The following prayer is attributed to St. Francis of Assisi:

“Lord, make me a channel of thy peace,  
 That where there is hatred – I may bring love,  
 That where there is wrong, I may bring the spirit of for-  
 giveness,  
 That where there is discord, I may bring harmony,  
 That where there is error, I may bring truth,  
 That where there is doubt, I may bring faith.  
 That where there is despair, I may bring hope,  
 That where there are shadows – I may bring THY  
 light.”

As Shah Jahan, in India, during the middle of the 17th century, Kuthumi built the Taj Mahal, one of the world’s most beautiful buildings.

Kuthumi, together with El Morya, was instrumental in bringing forth the Theosophical Society. When associating with Helen Blavatsky, the founder of this movement, he used his etheric body.

Ascended Master Kuthumi was the Chohan of the Second Ray until 1958, when he became, together with Jesus, World Teacher. As a member of the Golden Robe, it is his special interest to increase the spiritual development of students, through illumination and wisdom. True wisdom comes from understanding the laws of life, and from applying those laws, to the best of one's ability. Master Kuthumi is also interested in the education of the younger generation. He uses the Cathedral of Nature, in Northern India, as his home. Here Lord Maitreya and his pupil, the Ascended Master Kuthumi draw around themselves chelas and students particularly interested in becoming teachers. Besides this focus,

Master Kuthumi also maintains a home in some caves, near Shigatse, Tibet.

Becoming a student of Kuthumi necessitates listening to the Voice of the Silence, in humble and silent reverence. The wiser one becomes, the more silent is the tongue, the more peaceful is the emotional world, and the less thinking is done with the brain.

Master Kuthumi explained:

“I tell my chelas to cover all mistakes and imperfections that they might discern, in others, under the golden, glimmering cloak of merciful silence. Wrap its shimmering folds around all such mistakes and, by its magic properties, the Law of Forgiveness will melt them away into nothingness. When you start your day, place its soft and peaceful folds around your shoulders and enter into the adoration of God, clothed in the cloak of the Great Silence.

“When, in your service to life, good is accomplished, let the soft ‘Cloak of the Silence’ modestly enfold that service, that it may grow without outer acknowledgment. When you achieve illumination, understanding and mastery, wear the ‘Cloak of the Silence’ and your achievement will shine through your aura, to help others.”

Kuthumi’s keynote is found in “Kashmiri Song” (also known as “Pale Hands I Love”).

### THE ASCENDED LADY MASTER KWAN YIN

Beloved Kwan Yin's service started millions of years ago, even before the "Fall of Man." At that time, every individual was aware of his I AM Presence and the Ascended Host. The Masters were visible to the physical sight of all and they walked freely among unascended mankind, as teachers. The people of China experienced a beautiful Golden Age, accompanied by peace, harmony and great mastery of the energies.

During this glorious age, Kwan Yin and the twelve ladies of her court traveled, once a year, to the larger cities of China, giving audiences in one of the local temples. Here they assisted everyone in manifesting their divine plan. People from all over the world came to be revitalized and to bathe and absorb the radiation of mercy and compassion of the Temple of Mercy.

From time to time, beloved Kwan Yin and her court made pilgrimages to the farthest borders of her kingdom, so that the less privileged individuals, who could not make a visit to the temple, might have their children baptized, their own sins of omission and commission wiped away by Mercy's Flame, and their homes re-consecrated by an actual, physical spark of the Mercy Flame. This spark had been taken reverently from the golden brazier of the Temple of Mercy. A chosen member of Kwan Yin's court kept the flame alive with his or her own breath.

Often Kwan Yin would baptize, with Violet Fire, the children who were brought to her for blessing, holding them, during that ceremony, in her own compassionate arms and, as much as the Cosmic Law would permit, she would merci-

fully transmute as much of their karma as she could, before it could externalize as distresses to soul, mind, body or affairs.

After the “Fall of Man,” beloved Kwan Yin continued her services from higher levels of consciousness. She always has been, and still is, particularly interested in helping children and parents redeem their respective and collective destructive karmas, so that they may more quickly outpicture the perfection of their own I AM Presence.

In the Far East Kwan Yin is known as the Goddess of Mercy. Her particular God-Quality is Mercy. Thus she directs the Flame of Mercy and Compassion. Mercy means more assistance is given, through love, than merit earned. Her services to mankind, mercy and healing really go together. She is one of those who are in charge of directing the healing activity to the mankind of Earth.

Kwan Yin received the crown of “Chohan of the Seventh Ray,” twelve thousand years ago. She remained as Chohan of the Seventh Ray until Saint Germain took over the Chohanship.

After a soul has passed through the change called “death,” beloved Kwan Yin again renders each one a specific service – helping to wash away many of the “scars” upon the etheric body, such as disappointment, feelings of apparent failure, remorse and the causes and cores of other distressing conditions which the Law will permit her to remove. This makes it much easier for the individual to stand before the Karmic Board, and it enables the Karmic Board to assign that soul to the highest possible sphere for instruction and help between embodiments.

Beloved Kwan Yin, her sisters and brothers of mercy, as well as her limitless legions of the angels of mercy, are also dedicated to the complete removal, as quickly as possible, of the cause and core of the scorn which the so-called “Righteous” direct toward unwed mothers and their illegitimate children. WE CAN CALL ON HER TO REMOVE THE EFFECTS OF SUCH CAUSES AND CORES, AND ALL DISTRESS, BY DIRECTING THE FULLY-GATHERED MOMENTUM OF THE FLAME OF MERCY INTO THE CONDITION THAT NEEDS ASSISTANCE. Beloved Kwan Yin asks the students to invite her and the Brothers and Sisters of Mercy into their homes, their hearts and their feelings.

One of her legions is always a guarding presence over all homes and orphanages, and such lifestreams are given as much assistance as possible. Her Flame of Mercy and Compassion always surrounds the mothers and mothers-to-be, whether they are helped by their fellowman or not and, in many instances, abortions and suicides have been averted by the protecting, faith-sustaining power of the legions of Kwan Yin.

For many years, Kwan Yin supported Mother Mary's petition for perfectly-born children. She renders great assistance today. (See the book, “Mother Mary's Assistance Today.”)

Students can call on beloved Kwan Yin for assistance in healing physical problems and in overcoming deep resentments. There are many individuals belonging to the Earth's evolutions who cannot, or do not, desire to forgive injustice done to them. Even sincere chelas sometimes harbor feelings of resentment and rebellion against other lifestreams, as well as against circumstances of an unhappy nature. The-

se may apply to receive Kwan Yin's own feelings of true mercy, compassion and forgiveness. She will give to you the feeling of her full, gathered cosmic momentum of forgiveness and mercy, until you, too, find the joy that comes in generating that feeling for yourselves.

If invited, Kwan Yin will remove the cause and core of any distress, including conditions that require physical healing. THERE IS A CAUSE AND CORE BEHIND EVERY CONDITION, WHETHER IT IS MENTAL, EMOTIONAL, ETHERIC, PHYSICAL, FINANCIAL OR WHATEVER IT MAY BE. When that is plucked out by the roots by any of the Divine Beings who offer to do so, when that is removed, THEN YOU HAVE A PERMANENTLY HEALED PATIENT and the tendencies to create new causes and cores is removed.

Kwan Yin is in charge of the Temple of Mercy, in China. She is a member of the Karmic Board.

Her electronic pattern is a five-petaled lotus.

Her twin flame was embodied as Roger Ancona, a director of the original Bridge to Freedom.

### THE ASCENDED MASTER LANTO

The beloved Ascended Master Lanto served, ages ago, on the ancient continent of Lemuria. Before the continent sank below the Pacific Ocean, Lanto was entrusted with the task of transferring a particular God-flame to a place of safety, which could withstand the force of a cataclysm. Following his instructions, Lanto arrived at the Royal Teton Retreat in Wyoming, USA.

Before gaining the ascension, beloved Lanto spent many embodiments in China. There, he learned and builded into his feeling world the beautiful reverence for life, which is a natural expression of the Oriental nature.

At one time beloved Lanto was the Emperor Chan. He stresses honesty and integrity among all people. Lanto gained the ascension about 500 B.C..

Beloved Lanto brings to the Second Ray, not only great wisdom and illumination, which are its special qualities, but also his long momentum in the use of the Precipitation Flame and his great reverence for life, which is a quality mankind needs very much at this time. He will greatly assist each student who calls to him to precipitate more GOOD—more of the God-qualities into his world. The understanding of reverence for all life is true illumination and enables each student to better serve all life. Until July 4, 1958, he was in charge of the Teton Retreat. He relinquished this position, to become the Chohan of the Second Ray. Beloved Confucius is now the Hierarch of the Teton Retreat.

Lanto informed the students: “For ages I have taught a reverence for life, and WHEN THAT REVERENCE BECOMES GREAT ENOUGH, THE SCIENCE OF PRECIPITATION IS EASY,



because your reverence is impersonal and you love all life in an impersonal and harmonious manner, equally. There are no cores of selfishness to stop the release of the good from your Causal Body, for the blessing of all imprisoned life everywhere.”

“This is the greatest teaching that there is in this whole world, the greatest understanding, the greatest spiritual law that there is in this universe! Learn to reverence life, and when you do that, you will not hurry, you will not be bitter or distressed, you will come into the graceful way of living – which is that of the Ascended Master Saint Germain.”

Lord Lanto's particular quality is reverence for life. He is on the Second Ray. His keynote is “Oh! Thou Sublime Evening Star,” from Tannhäuser.

#### **THE ASCENDED LADY MASTER LEONARA**

The Ascended Lady Master Leonara uses a domed laboratory, 60 feet in diameter, located in the Cave of Symbols retreat (see “Cave of Symbols,” in this book).

Before her ascension, Leonara invented a radio that has the capability to reach any place on the surface of the Earth, as well as its interior. In addition, clear contact can be established with the Ascended Master Retreats known as “Etheric Cities” and even other planets, such as Venus.

This perfected radio was the result of seven embodiments, four of which were in a masculine body. During these embodiments Leonara had the gift of consecutive consciousness, carrying the memory of one lifetime to another.

### THE ASCENDED LADY MASTER LETO

The beloved Ascended Lady Master Leto gained her ascension over 300 years ago. Wherever she is present, the fragrance of heather will be noticed. Heather became dear to her during an embodiment in Scotland.

When Godfre' and his group were on the way to France on a steamboat, Leto appeared, teaching them on the way.

Healing is one of Leto's specialties. She assisted with removing the plague from Europe. She accomplished this action by directing cosmic currents of healing light. The Great Divine Director assisted her in this effort.

Ascended Lady Master Leto will assist students in retaining the memory of their activities, while functioning in the etheric body during sleep. She is endeavoring to help you to remember, when you return in the morning, your visits, in consciousness, to the retreats at night. Through the ages, it has been her specific service to life to take people out of their bodies so they might explore, in the aura and radiation of an Ascended Being and under the protection of that Being, some of the inner realms. Beloved Leto has asked that you accept her and think of her daily, as you visit a retreat in projected consciousness, or think of her nightly, before your retire—not with any sense of tension, not with any sense of trying to drive your consciousness. First think of the retreat that is open during the present 30-day period, then think of the beloved Leto and ask for her assistance.

Be sure to ask the beloved Lady Master Leto to see that you remember, in the outer brain consciousness (when you return to the body after sleep), where you were and what you learned there, through the experiences which your inner self really enjoyed.

### THE GODDESS OF LIBERTY

The Goddess of Liberty has assisted mankind from the very beginning, when mankind first took embodiment on this planet. Every individual, chosen by the Manu for incarnation, was brought before the Goddess of Liberty. Here he received the following encouraging message, “You are at liberty, beloved one, to take pure and primal life into the Earth plane. You are at liberty in the outer (the physical appearance) world to utilize life as you will. You are at liberty, to call upon any and all of us (Ascended Beings) as you may choose, to assist you when the momentums and energy of your world seem not sufficient to handle the conditions necessary to fulfill your divine plan.”

It was the Goddess of Liberty who brought the Liberty Flame to Earth. She established this flame within the Temple of the Sun, on the present island of Manhattan. In those early days the veil of maya was unknown and the light bodies of the Goddess of Liberty, as well as those of the Archangels, could easily be seen.

The Goddess of Liberty was spokesperson of the Karmic Board, when it was first established. Only within recent times was the office of the spokesperson transferred to other Ascended Beings.

Today, the Liberty Flame is maintained by Paul the Venetian and his brotherhood at the Temple of Liberty near Marseilles, France (described in this book). It was the radiation of the Liberty Flame which inspired the assistance of France to free America from England and it was this flame which stirred many patriots to establish and further the cause of freedom. It was the pulsation of the Liberty Flame

which caused the establishment of a new nation under God, in what is now the United States of America, where all men and women, created equal, might have the opportunity to plant their roots.

The Goddess of Liberty maintains a focus in New York Harbor. The radiance of the Statue of Liberty has been felt by many who entered this harbor.

### THE GODDESS OF LIGHT

The Goddess of Light has a tremendous momentum of Light.

She used her momentum of Light to manifest a tremendous blessing, that benefits all of mankind. Under a new dispensation, announced by Saint Germain on November 8, 1938, obtained by the Goddess of Light, the Goddess of Liberty, and the Cosmic Being Victory, which applies to all mankind, it is no longer necessary for qualified lifestreams to raise the purified physical body into the Christ-Self, and then ascend into the I AM Presence, as Jesus did. The new action provides for the purified essence of the physical body to be drawn into the etheric body and following this, the ascension into the I AM Presence takes place. Under the new grant, the outer structure, the physical form, remains. This makes it much easier to gain the ascension. Saint Germain called this act of mercy the greatest gift ever offered mankind.

Students can call to the beloved Goddess of Light to release her momentum of Light into a situation or condition, to bring God-perfection into manifestation.

### DAVID LLOYD

David Lloyd was living in India when an unascended master came to him. This master told David that on a great mountain in North America he would find an individual who would possess a crystal cup and that this man would help him in making the ascension.

After searching for 50 years, David Lloyd met Mr. Ballard holding a crystal cup, on Mt. Shasta. After having been offered the cup and drinking from it, David Lloyd's physical body shed all appearance of age and he began to rise from the ground. His human garments disappeared and he became clothed in a raiment of glistening white.

This event is described in detail in the book "Unveiled Mysteries." From reading the details of this description it is likely that David Lloyd's ascension occurred on the same spot where Mr. Ballard and Saint Germain met in August, 1930.

David Lloyd manifests the God-virtue of gratitude. We can call to him to bring more gratitude into our lives.

According to Alice Schutz, on the morning of that particular day, both David Lloyd and Mr. Ballard had registered in the morning with the forest ranger. In the evening, Mr. Ballard checked out, but there was no account of David Lloyd. A search party was formed and it searched for three weeks for David Lloyd, but to no avail.

David Lloyd was a sponsor of the Transmission Flame Service of the Bridge to Freedom, sponsoring the continent of Australia.

### **LORD GAUTAMA, LORD OF THE WORLD**

Lord Gautama is a guardian from Venus; he was among the thirty advance guard from Venus, who prepared the way for Sanat Kumara. He achieved great illumination on Lemuria.

Lord Gautama and Lord Maitreya were the first individuals to apply for membership in the council of Shamballa. They asked for training and assistance, to prepare themselves to join in the great work of becoming light bearers to mankind.

Lord Gautama was born the son of a king in India, about 2,500 years ago. He was born without any destructive karma, and was educated in an environment of quiet and beauty. Lovely gardens surrounded the king's palace. These gardens contained the most perfect manifestations of plant and animal life. The servants were requested not to tell the growing boy about imperfect conditions beyond the garden walls.

One day, an event occurred that changed Lord Gautama's life. He was totally shaken by a careless remark of a servant, about conditions of starvation and chaos all over India. Lord Gautama left his father's palace, his wife and baby son, thereby renouncing his succession to the throne, determined to control his energies and to find God-Truth.

He entered a forest, and during a long period of meditation directed his consciousness through the psychic realm surrounding the Earth, finally entering the divine realms of perfection. During this time period of seven years, his physical body remained in the forest. At times Lord Gautama returned, in consciousness, to the physical realm and partook

of food and drink that was left by passing travelers. He was also nourished by the spiritual energy that is called prana, which is in the air, that which Jesus called “the food ye know not of.”

Under the loving direction of Pallas Athena and other Ascended Beings, Lord Gautama's projected consciousness proceeded through the Seven Spheres around the Sun, the schoolroom of individuals about to enter embodiment upon Earth. He began on the Seventh Sphere (the sphere most closely located to the Earth), and continued through the other spheres until he reached the first sphere, becoming aware of and absorbing the qualities of each sphere as he went along.

Proceeding still further, he came face to face with the Godhead of our solar system, beloved Helios and Vesta. He saw them, and understood the eternal truth that GOD IS GOOD; that His desire for all his creation is GOOD and that the distressing appearances of imperfection upon this Earth WERE NOT GOD'S WILL – NOR ACCORDING TO HIS DIVINE PLAN! This also meant beloved Lord Gautama disciplined himself, but he does not demand that discipline of others.

Gradually, Lord Gautama became aware that the enjoyment of the presence of the God-Parents was not enough, and that this enjoyment, also called Nirvana, must yield to the fulfillment of his own divine plan. This meant that Lord Gautama had to bring back his gained knowledge to share on the physical plane, with others.

Thus began Lord Gautama's pilgrimage through India. The Hierarchy had hoped that his knowledge of truth would spread from there to the remainder of the world. During his

pilgrimage, Lord Gautama became associated with Ananda (formerly embodied as Moses). However, this mission met with little initial success. Just a few monks, as well as his wife and son, became believers. Dark forces of the psychic realm would not allow the expansion of the Light to the rest of the world. Through the influence of the Ascended Master Kwan Yin, however, Lord Gautama's teachings were carried to China.

Lord Gautama served God and the Great White Brotherhood by teaching God's laws by word, radiation and example, stressing the Path of Balance, the Path of the Middle Way. His aura was so charged with divine qualities, that when an individual came near him, it would cause that one to experience an exaltation of consciousness. He fulfilled a great mission.

The great Lord Buddha qualified for the office of Buddha because of his burning desire to bring comfort and blessing to life.

It is the purpose of a Buddha to hold a spiritual aura around a planet long enough, to nourish the four lower bodies of mankind, unfolding toward God-mastery. Prior to Kwan Yin and Saint Germain, Lord Gautama served as the Chohan of the Seventh Ray.

On January 1, 1956, Lord Gautama took Sanat Kumara's place as Lord of the World and head of the Great White Brotherhood. Sanat Kumara had served in this office for millions of years. Lord Maitreya is now serving as the Buddha.



### **Precipitating and Fulfilling Your Mission**

Lord Gautama explained to the students of the Bridge to Freedom that some of his original teaching was later distorted. He said that it is not God's will to live in poverty, experiencing the lack of any good thing, which, if one had that good to use, would enable him to fulfill his divine plan much more easily, quickly and perfectly. Lord Gautama taught personal detachment from spiritual pride, in knowing the laws of life, giving no power to illness, distress or any disharmonious external appearances.

Lord Gautama gave several addresses to students of the "Bridge to Freedom." Excerpts are quoted here:

"The path of the Buddha is to hold that infinite Middle Way of Balance, no matter what the senses report, the eyes witness, or the ears hear. Whatever revelation shall have come, holding that balance and retaining conscious control of your own vehicles, is the mastery which I did teach and do yet teach to those who choose to come within the compass of my aura. To hold that peace, no matter what the distress of the elements, to hold that peace, no matter what the chaos of the outer world—that is the application, of the aspirant and the chela who follows the way of the Buddha.

"Every Saint and Ascended Being has had the temptation, from time to time, as Jesus did in Gethsemane's garden, to ask the Father of Light to remove the cup. However, every Saint and Ascended Being has persevered, in his own particular service to light, unto the end, and those who asked for surcease, most assuredly were given it, for God is a God of mercy and love. Chelas laid down their unfinished business and faced the Karmic Board with their baskets not

filled with the sheaves of accomplishment, and were given rest in the Sleepers' Realm and allowed to be present with their own Guru and given new strength. Then they came to Earth, again, with the same mission, which they did not fulfill before – FOR UNTIL YOUR MISSION IS FULFILLED, UNTIL YOU HAVE WROUGHT THE PURPOSE THROUGH, FOR WHICH YOU EMBODIED, YOU SHALL NOT HAVE THE FULLNESS OF YOUR ASCENSION!

“Often have I thought, if I had returned to my father's house and rejoined my wife and son and taken up the rulership of Light in Asia, it would have seemed a noble thing. Yet, it was the prayer and the love and the strength of the Guru who guided me, who kept me from the deception of the human mind, which often weaves, into promptings, motives of a nature not wholly divine.

“I taught in India many hundreds of years ago, as you know. Now, many in India choose to recognize and honor my teachings, although 2,500 YEARS AGO ONLY A FEW DUSTY MONKS AND MANY CURIOUS PASSERS-BY WERE INTERESTED.

“Beloved ones, please know that when we come, we give you our light, that is qualified with all the momentum of our living. It is priceless! It enters your feelings, it enters your minds, it becomes part of your etheric body and it enters the substance of your flesh. So, dear ones, do not dissipate it as soon as we have ceased speaking. It is the greatest gift in the world, when any divine being gives you of their light. This is the communion of saints! Your cups are filled! It is a precious essence that can be lost by the ill-use of the tongue, or by any of the senses. Conserve it, each of you a holy grail, blessed by the Lord of the World.

“Bodies tire and the mind gets weary and we are know this, having passed this way ourselves, but I can assure you that you, who are faithful to the end, will wear the seamless robe and the beautiful crown of victory and you shall not know the remorse for what `might have been!’

“So, wherever your path has placed you, if your hand is on the plow, my hand rests upon yours. RUN YOUR FURROW TO THE END AND THEN WHEN YOU COME TO GREET US, WE CAN SAY, AS WAS SAID LONG AGO, ‘WELL DONE, GOOD AND FAITHFUL SERVANT!’”

Lord Gautama's retreat is at the Temple of Shamballa. If asked for, he will assist the chelas in balancing their four lower bodies. The electronic pattern of his forcefield is the open lotus. His keynote is contained in the melody, “Song of India.”

### THE ASCENDED MASTER LORD LING (MOSES)

Moses was the individual, who 4,000 years ago, freed the children of Israel from Egyptian bondage. He led the people across the Red Sea and brought forth the Ten Commandments, which were to be the “Law” for a two-thousand-year cycle.

Moses was raised in the Pharaoh’s Court. He would frequently retire to the desert, to find peace. On one outing, he witnessed a flaming pillar of light, which was actually the angel Micah, of Lord Michael's legions. The angel asked Moses to free the people. To help him with his mission, Micah instructed Moses and gave him direction. It was Micah who explained to Moses that the real name of God was “I AM” and he gave, to him, the statement “I AM that I AM!”

Moses had contact with an Ascended Being who rendered the service of parting the Red Sea, through him.

Moses gained his ascension as Ananda, one of Lord Gautama's disciples.

After his ascension, Moses was given the name “Lord Ling.” He is now the God of Happiness and he will give the feeling of joy and happiness to those who ask him.

The keynote of Lord Ling is contained in the melody, “The Psalms.” His twin flame is Mary Lehane Innocente (formerly the mother of Geraldine Innocente and now the Lady Ascended Master Dawn).

Lord Ling gave several addresses to the students of the Bridge to Freedom. Following here are some the quotes from these addresses.

“During the time that I retired to the desert, I had the great experience of having the mist of maya taken from my eyes and I was enabled to see for a moment, within that flaming pillar of light, one of the great angels of Lord Michael's legions. From the lips of that angel did I hear those words of God which were to bring a reluctant people upon a dangerous journey, with very little proof to go on except the faith in the reality of my own experience.

“I want to explain to you – those of you who may be interested in the exodus – that when I was privileged, in the heart of the desert, to contact the consciousness of my individualized I AM Presence, the great Archangel Michael sent his own beloved son, the beloved Micah, to give to the dispensation I was part of, the same cosmic protection which Cherubim Lovelee now holds for this present activity [the “Bridge to Freedom”]. That great Micah was the focus of cosmic union (which was the purpose of my mission) and he came to unite the consciousness of the people, once more, with the ONE God.

“When that beloved Micah stood within the burning bush (as you have heard described), from within that bush, I heard the voice of the Presence, the voice which said, “I AM THAT I AM”! At that moment, I was filled with that infinite radiation which comes, when you realize and feel your own Presence! From that moment on, I received the assistance of the beloved Micah and higher powers. They helped us to draw together the mass of people who were chafing under the bonds of slavery, under the whip of the Pharaohs and under the discontent of the lot which was theirs.

“I was, at that time, a timid man! I had, as you may

have been told, a certain impediment of speech, and was neither eloquent of tongue nor, by nature and soul, designed to be a leader of men. I did beg of the great Lord of Hosts and the great mighty Infinite Source that someone else should be given such a mission to accomplish in my place. Those of you who are familiar with the text of your Bible, know that, although the mission was accomplished through my lifestream through the mercy of the Law, my brother, Aaron, became my mouthpiece, and through his strong words the message of the Most High was conveyed in a positive consciousness to the people of that era.

“Again, again and again, through the assistance of the Cosmic Law, miracles and marvels were performed, to bolster the people’s faith. They were fed with the manna, they were given fresh water, yet, no sooner was my consciousness directed upward, for that contact with the Godhead, which was essential to prepare those who would follow after me—no sooner had my consciousness raised up, no sooner had I entered in communion with the Lord, then back they went into those practices and vibratory actions which they had accumulated through the centuries!

“These people had forgotten, to a great extent, the original teaching of the ONE God. Many of them had accepted the idolatry and the Egyptian way of life, in their hearts and in their feelings. With certain persuasions and certain so-called miracles, they were drawn out of their bondage and slavery, but they were not ready to be the magnetic power to form a new world movement. I was directed, after removing them from Egypt, to draw them together, as closely as possible, in an endeavor to teach them to become a magnetic power of light, as I ascended Mount Sinai. It was meant to

take, according to Cosmic Law, seven years, to bring forth a specific God-instruction, which was to be written down and delivered to these people, in forming the heart of the Law for the two-thousand-year cycle – even as we are now bringing the Law to you and you are writing it down, far more easily than I did, then. I had to chisel every letter of the divine instruction that I received, upon the hard rock.

“You write so easily upon your typewriter, with your pen, on your lovely stationery – you do not know how difficult it was, in those times, not only to write those instructions given, upon stone, but it seemed, often, that the hearts of the men with whom I was working, were as hard as that stone. They were discontented with their lot, desiring to return to the ‘fleshpots of Egypt’ and were not eager, at all, within themselves, to accept the fuller truth which it was my privilege and honor to bring.

“So it was that I ascended Mount Sinai. Every time I was enabled to enter into communion with the infinite I AM Presence, there would be discontent within the ranks of the people who had come with me and who were to form the magnet for God's endeavor. That is why we remained for those long forty years, doing that which might have been accomplished in seven. That is also why I remained with them and suffered their many petty jealousies and selfishness – also how I lost my own patience and my own God-control, in anger at my fellowman. That is why, too (in that embodiment), I lost the opportunity for the full freedom of my ascension. When I came again, I was determined, within myself, that I would try to bring happiness into the worlds and lives of those who serve God!

“In those years, after we had proceeded across the Red Sea, and after we had entered into the desert wilderness, in those years I used to think with some bitterness, I must confess, that perhaps it might have been better for all concerned, had I remained in the court of the Pharaoh, continued my studies at Karnak, Thebes and Luxor and become a Master, within the safe compass of those surroundings. Of course, those were the thoughts of my human self!

“I was told later, by our angelic guardians, that the journey which took us forty years to accomplish, could have been completed in seven years or less, had we not had to handle the doubts, the fears, the grumbling and all of that vibration which represented the condition of the inner and outer vehicles of undisciplined men, which was too much to sublimate in a short period of time, without the conscious use of the Sacred Fire of Purification.

“By reason of those experiences, during my incarnation as Moses, I forfeited my own ascension, at that time. I let a sense of rebellion, a sense of worry, a sense of over-responsibility to my charges – through those forty long years, as we journeyed in the wilderness – overcome the natural buoyancy of happiness in my association with God and the angelic messengers, who walked before us as a pillar of fire by night, and the pillar of white mist by day.

“At the close of that long and arduous mission (the exodus from Egypt), though my eyes could see the glory of the land toward which I had led the reluctant feet of my followers, toward which I had prodded them, pushed them and persuaded them for long, long years, I did not enter, then, into that land. I have asked that by bringing the remem-



brance of my own experience to you, that I might help you to avoid the necessity of postponing your eternal freedom, by completing, in HAPPINESS, that which you may wish to do for DUTY'S SAKE!

“So, beloved ones, after that embodiment, when Joshua walked before the individuals who had accomplished the journey into the ‘promised land,’ I had to re-embody and learn to live in love and grace thereafter, in order to complete my pattern and to fulfill God's will in mastery!

“Many of you know that I was privileged to enjoy the radiation of the beloved Buddha (as his friend and disciple, Ananda), whose great power of magnetizing grace and radiating essence, raised all around him into a like-state of bliss. In that association with Lord Buddha, in that close communion with his heart and soul and spirit, I was enabled to finish the course of my life upon this earth plane.

“It was at that time that I took, upon my shoulders, the full responsibility of the Chohanship of the Fifth Ray, holding it through my consciousness, until the beloved apostle of Jesus, Paul (Saul of Tarsus), took it over.

“SERVING GOD AND YOUR FELLOWMAN CAN BE A JOYOUS EXPERIENCE – A WAY AND MEANS BY WHICH YOU MAY BALANCE YOUR OWN KARMIC DEBT TO THE UNIVERSE, AS WELL AS TO LIGHTEN THE LOAD OF YOUR FELLOWMAN! Will you not cooperate, by opening your feeling world to the acceptance of a buoyancy and a joy, WITHIN THE FEELINGS, so that I may use you as a conductor, to carry my radiation forth into the inner bodies of the race?”

Ascended Master El Morya said of Moses:

“He walked with men and women who spat upon him when they felt the burning heat of the desert, when they knew no water, when they saw the surging tides of the sea, behind them the great might of the Egyptian army. Then curses descended upon him. Yet, he knew if he were to become discouraged at that moment, or resentful, all would be lost! There he stood, with the sea before him, the Egyptian army behind him and a reluctant people, that he was endeavoring to save, surging around him, thousands of them! In the discipline of God, holding his attention on the Presence, he carried them across that sea and through the desert, on the beam of his own faith.”

## THE ASCENDED MASTER MAHA CHOCHAN

### Introduction

Maha Chohan means “Great Lord of the Rays.” When in the teaching, we use the word “Maha Chohan,” it refers to the Office of the Maha Chohan, as well as to the individual holding this office.

The Maha Chohan supervises Seven Chohans, each of whom govern the activities of one of the seven rays. Each ray expresses certain God-virtues, such as truth and love.

The first Maha Chohan, who came with the first root race, in the very beginning, established here on Earth the Flame of the Holy Spirit and the Comfort Flame.

The three Maha Chohans of the first three root races have all ascended with their root race.

### Responsibilities of the Office of the Maha Chohan

The Maha Chohan is the representative of the Holy Spirit. The Holy Spirit is the energy drawn as pure white light from the sun, containing all of the God-qualities.

The Maha Chohan is responsible for the magnetization, distribution and redemption of all energies used in the human kingdom, as well as in the angelic and the elemental kingdoms.

He incorporates and vitalizes all of the divine qualities of the Godhead. Through his body passes all the energy that sustains and animates the evolutions in and upon Earth. He supervises the seven Chohans.

Energy is God's life in action. It is the substance out of which every manifest and unmanifested creation is formed.

The primal, electronic light substance of the universe is drawn into the atmosphere of Earth through the Sun. It is concentrated through the Maha Chohan and directed into the bodies of the seven Chohans. Through the Chohans of the rays, this same energy is dispensed as spiritual nourishment into the human, angelic and elemental kingdoms. Thus the comforting radiation of the Maha Chohan is received by the seven Chohans who serve under him and, in turn, each Chohan intensifies, energizes, qualifies and directs the specific radiation of one ray.

Every chela absorbs the God-quality of the ray and diffuses its radiation, some of it consciously, into his environment.

The angelic kingdom follows the same procedure, but the angels, rather than diffusing the radiation, as the human kingdom does, intensify it. The elementals, for the most part, follow the same procedure as the angels.

The chelas who receive this energy are responsible to the Chohans for the way they qualify it. The Chohans, in turn, are responsible for the use of this energy, to the Maha Chohan. In like manner, the Maha Chohan is responsible to the sun. Therefore, the Maha Chohan guards the energies that are given in the dictations, to the students. This energy was given to the Maha Chohan in a pure state and if it has been misqualified, the Maha Chohan's own chelas must transmute it and return it to the sun, because it was he who took the responsibility of drawing it forth, initially.

The Maha Chohan is the one who gives the first breath

to every newborn child and he takes the last breath of every individual as he passes from Earth.

When invited to do so, the Maha Chohan will magnify the individual talents of a chela.

### **The Spiritual Path of the Maha Chohan**

The beloved Maha Chohan described to the students how he qualified for his position.

Through many ages, the Lord Maha Chohan, and his predecessors, became interested in the virtue and quality of comfort. They desired to magnetize the feeling of comfort, radiating it to all life.

When a vacancy occurred in the office, the Maha Chohan desired to fill this vacancy, but had doubts that he would qualify to be the Holy Comforter to all life on Earth. At that moment the beloved Buddha came to him, encouraging him by stating that he should place his attention, not on whether or not he qualified, but on the question of whether or not he wanted this position, with all his heart.

The Maha Chohan attained the new position because, with all his heart he WANTED to be a comforting presence to all life and he coupled this desire with action. He applied the necessary self-discipline to gain self-mastery over his energies, and prepared for this office.

### **Activities of the Maha Chohan**

During the baptism performed by John, the Baptist, the Maha Chohan enfolded Jesus in his Cosmic Flame of Comfort. Ten days after Jesus' ascension, the Maha Chohan enfolded Jesus' disciples with his radiation (known as Whitsuntide). This action gave them the assurance, courage, strength and power to carry on the teaching and works of Jesus.

The Maha Chohan is in charge of the elemental kingdom and, as such, he is the authority over the manifestations of nature. Every intelligence, from the smallest elemental, to the greatest angel, enjoys the radiation of comfort that flows through him and enters their world.

With the help of the Maha Chohan, whose cosmic service and momentum are built into the full power of the Resurrection Flame, Jesus was able to demonstrate the power within that flame, in restoring the body to life and the spirit to immortality. He was then vested, by Cosmic Law, with the power and authority, along with the beloved Mary, his mother, to guard and sustain the Resurrection Flame from within the Resurrection Temple, where this service is rendered, to the present day.

At the southern tip of India lies a beautiful island, wherein is located the Temple of Comfort of the Maha Chohan. In this serene focus, the chelas and the Ascended Masters learn the mastery of cosmic energies, in order to be an impersonal comfort to life. The Lord Maha Chohan concentrates the cosmic quality of comfort and peace to all life, not only the mankind evolving through Earth's evolution, but the life of nature, the forces of the elemental kingdom,

the angelic kingdom, the bird life and even the four-footed creatures, as well.

In the outermost court of the temple are the brothers and sisters who direct the flame through the physical structure of those who desire bodies that are absolutely non-recordant to disease. From this court, also, the nature devas and the elemental builders of form, under the direction of the Maha Chohan, supervise the direction of the rhythmic currents of the Resurrection Flame, that provide the seasons of growth and harvest.

#### **Activities During the "Bridge to Freedom"**

The Maha Chohan was very active during the Bridge to Freedom activity. He gave more dictations to the students, than any other Ascended Being. Most of his weekly dictations have been republished by the AMTF under the titles "Thomas Printz' Private Bulletins, Book 1" and "Thomas Printz' Private Bulletins, Book 2."

When an Ascended Being gave a discourse, the Maha Chohan would position himself between Geraldine Innocente and the Ascended Being giving the dictation, and the audience. This was done to increase the radiation, for the blessing of the students.

At the very beginning of the Bridge to Freedom, the Maha Chohan suggested the establishment of a research center, similar to that established by the Great White Brotherhood on Atlantis and Lemuria. The purpose of this laboratory was to verify certain aspects of the teaching. Unfortunately, the students did not express an interest in such a plan.

Immediately after the Bridge to Freedom dispensation was granted, the Cosmic Law issued an ultimatum to the Hierarchy of the Earth. According to this decree, Sanat Kumara had to return to his home planet Venus within a 20-year period. The Hierarchy recognized, at once, for the following reason, the great danger and dilemma this posed for the Earth.

Every planet, in order to justify its continued existence in a planetary system, has to emit a certain amount of Light. This Light is the accumulated, constructively-qualified energy of its people. When Sanat Kumara was to return to Venus, he would, of necessity, take along his own energy. Thus the Earth, then, lacking in Light, could no longer remain in orbit, around the sun.

It was the Maha Chohan's idea to introduce the Transmission Flame Service to counter this threat. It is the purpose of the Transmission Flame Service to combine the rhythmic breath of the students, with the radiation of a the particular God-virtue of an Ascended Master Retreat, that was open during a 30-day period.

The Ascended Masters credited the teamwork of Ascended Masters and students, working together for the benefit of mankind, by performing the Transmission Flame Service, as the main contributor in increasing the Light-quota of the Earth, making it possible for Sanat Kumara to leave the Earth, in 1956.

With regard to his weekly addresses, printed in the above mentioned "Bulletin" books, the Maha Chohan explained:

"It is my responsibility to see that every human being on



Earth achieves self-mastery and control. It is the one reason I gladly bring my words to you, dear hearts, week after week, imploring you to control your thoughts, emotions, feelings and words.

“I AM PERSONALLY RESPONSIBLE FOR ALL THE ENERGY DISPENSED TO THIS EARTH, and for it, I must render an accounting. Therefore, you can see my great gratitude and devotion to the blessed Ascended Master Saint Germain, for his service in the purification of mankind and all the evolutions using the Earth as a schoolroom! I am equally grateful for faithful individuals, like my kindly, gracious chelas to whom I address these words, and who have chosen to assist me in redeeming misqualified life.

“I am allotted only a certain amount of time to speak with you, because the energy I give you brings a responsibility for what you will do with it, thus I measure it well. I measure also the contents of the 'Bulletin,' lest the Cosmic Law demand too much of those who read it.”

### **Becoming a Chela of the Maha Chohan**

The beloved Maha Chohan radiates the feeling of comfort and peace to all life on Earth. Comfort and peace are essential to the spiritual growth of all life, from the smallest elemental, to the greatest of beings, still evolving on the higher planes of existence.

People often spend a large part of their lives giving comfort to one or more family members. This is commendable. However, the chela must understand that, in order to gain the ascension, he must become a comforting

presence to ALL forms of life. Giving impersonal service goes hand in hand with being a comforting presence. Here we are talking about service given without consideration of money or personal acclaim.

Every chela who loves the Maha Chohan may prove his fidelity to his presence by endeavoring to INCREASE the amount of comfort he brings to his home, family, fellow student, countryman, and the members of the angelic- and nature kingdom, including plant life.

The beloved Maha Chohan, until very recently, has not accepted personal pupils, leaving the instruction and preparation of their four lower bodies to the seven Chohans. In the new cycle, however, he has opened the doors of his own sacred retreat, to the worthy chelas of his Chohans and has offered, in his gracious love, to teach any who desire to be a comforting presence to all life. This training is done at night, while the physical body is asleep. The chelas learn how to control the energy of their own thoughts and feelings, in difficult circumstances, thus mastering the energies of their four lower bodies.

The Maha Chohan said:

“THE CHELA MUST LEARN HOW TO CONTROL AND MASTER THE ENERGY OF HIS FOUR LOWER BODIES, WHICH HAVE DEVELOPED A CONSCIOUSNESS OF THEIR OWN, AGAINST ANY PROVOCATION, INTERNAL OR EXTERNAL.”

It requires a great amount of dedication and discipline to achieve the level of self-mastery needed to become accepted as a personal chela of the Maha Chohan. Chelas under his supervision are required to develop and master the God-virtues of ALL OF THE SEVEN RAYS.

To the “few” who desire to help him in his service, he offers the training, discipline and self-control required to become comforting presences to others. Thus, he prepares individuals to be “conductors” of his nature (the expression of the Holy Spirit) to mankind, and other life developing on this planet. The few chelas who meet the strict requirements are usually recommended by the Chohan of the ray to which they belong, or they may apply personally (through their Holy Christ Self) for the training at the Temple of Comfort. Those so applying are given opportunity for such individual attention from this Great Lord. From the directions and instructions given to them, and due to the proximity of their souls to the Maha Chohan, they gradually develop a nature like unto his own. Thus, they truly become the Holy Spirit in person, acting as outposts of his divine presence, in the environment in which they abide.

The Master Jesus was an example of such a comforting presence—so also was the beloved Saint Francis of Assisi. The Silent Watcher of the Temple of Comfort constantly is seeking those whose hearts signify that they desire to become such a comforting presence to life. These are marked and examined by our Lord Maha Chohan and, if they have certain basic qualifications, they are given an opportunity to learn how to control the energies of their own thoughts—so that only thoughts that will bring comfort to life have birth within their mental bodies. They are also taught how to control their emotional bodies, so that only feelings which will ADD to the aura of comfort of the world are contributed by them—twenty-four hours a day, and not only in times of application or religious worship.

The chelas in training learn control over their own ether-

ic bodies, so that the memories of past bitterness, injustice and distress might not again flow into the pliable substance of the universal light, and add to the mass blanket of karma that mankind breathe in, with their very breath. Lastly, they are taught control over their physical faculties, so that their lips never form or speak a word that does not carry comfort and inspiration to others, their hands never rise in a gesture that is less than a blessing, their eyes never send forth the fires of irritation or scorn, but rather express the soft radiance of love. Their ears never listen to or record unkindness about another part of life, and so on, ad infinitum.

The disciples of the beloved chelas of the Holy Comforter are joyous, for they express this quality of living consistently. When called before him, they are shown how much they have contributed to the comfort of life, in a twenty-four-hour period. After a certain time, they are either accepted or returned, for further development, in the beautiful art of selfless love and brotherhood toward their fellowman.

#### **Code of Conduct for a Disciple of the Holy Spirit**

1. Be conscious ever that you aspire to the full expression of God, and devote all your being and service to that end, as expressed so ably in the First Commandment.
2. Learn the lesson of harmlessness – neither by word, nor thought, nor feeling, inflict evil upon any part of life. Know that action and physical violence is but the lesser part of the sin of harmful expression.
3. Stir not a brother's sea of emotion, thoughtlessly or deliberately, knowing that the storm in which thou placeth

his spirit, will sooner or later flow upon the banks of thine own lifestream. Rather, bring tranquility to life, and be, as the psalmist so ably puts it, “oil on the troubled waters.”

4. Disassociate thyself from the personal delusion. Let self-justification never reveal that thou dost love the self more than the harmony of the universe. If thou art right, there is no need to acclaim it. If thou art wrong, pray for forgiveness. Watching the self, thou wilt find the rising tides of indignation among the more subtle shadows on the path of right, called “self-righteousness.”

5. Walk gently through the universe, knowing that the body is a temple in which dwelleth the Holy Spirit, that bringeth peace and illumination to life, everywhere. Keep thy temple always in a respectful and cleanly manner, as befitting the habitation of the Spirit of Truth. Respect and honor, in gentle dignity, all other temples, knowing that oft-times, within a crude exterior burns a great light.

6. In the presence of nature, absorb the beauties and gifts of her kingdom, in gentle gratitude. Do not desecrate her by vile thoughts or emotions, or by physical acts, that despoil her virgin beauty.

7. Do not form nor offer opinions unless invited to do so, and then only after prayer and silent invocation for guidance.

8. Speak when God chooseth to say something through thee. At other times remain peacefully silent.

9. Make the ritual of thy living, the observance of God's rules, so unobtrusive, that no man shall know that thou aspireth to godliness, lest the force of his outer will might be pitted against thee, or lest thine service become impinged

with pride.

10. Let thy heart be a song of gratitude, that the Most High has given, unto thy keeping, the Spirit of Life, which through thee, chooseth to widen the borders of his kingdom.

11. Be alert always to use thy faculties and the gifts loaned unto thee, by the Father of all life, in a manner to extend his kingdom.

12. Claim nothing for thyself, neither powers nor principality, any more than thou claimest the air thou breathest or the sun, using them freely, but knowing the God-ownership of all.

13. In speech and action be gentle, but with the dignity that always accompanies the presence of the living God that is within the temple.

14. Constantly place all the faculties of thy being, and all the inner unfoldment of thy nature, at the feet of the God-power, endeavoring to manifest perfection through one in distress.

15. Let thy watchword be GENTLENESS, HUMILITY, AND LOVING SERVICE, but do not allow the impression of humility to be mistaken for lethargy, for the servant of the Lord, like the sun in the heavens, is eternally vigilant, and constantly outpouring the gifts of his particular keeping.

The Maha Chohan stated:

“Oneness with you, my faithful chelas, is my great desire. This can come only as you think upon me. Your desire for oneness with me and identification with me might be likened unto the light of a telephone switchboard – BE

ASSURED I SEE YOUR LIGHT AT ALL TIMES AND SWIFTLY RESPOND. Still the fluttering waves of the mind into the smooth surface of a quiet lake; then in the calm of such meditation, I shall hear you and you shall hear me.

“It will be such a joy and happiness to you to love life free! It will be such a happy and glorious experience for me, to have chelas all over the world, acting as conductors of my comforting presence, in their own spheres of influence. Best of all, the light of the world will increase by this added impetus upon all our parts. Thus, we are drawn together in mutual service, for the benefaction of all shadowed and imprisoned life. This is a tie stronger than any earthly tie, and lasts throughout eternity. Gurus and chelas, so serving together, become light brothers and sisters and, onward and upward, on the ladder of evolution, the cosmic tie grows stronger and more powerful, through love.”

The twin flame of the Maha Chohan is Pallas Athena, the Goddess of Truth. The Maha Chohan said this, about Pallas Athena:

“Truth is very dear to me. She is the spiritual complement to my lifestream. Every chela must learn to know her and to love her, before he can be free.”

The Maha Chohan usually wears a white robe, and a white turban. The front of the turban is embellished with a topaz.

The symbol of the forcefield of the Maha Chohan is a white dove. His banner consists of a purple background, upon which is placed the emblem of the white dove, from which emanate seven rays.

The keynote of the Maha Chohan, as well as that of

Pallas Athena, is contained in the melody, "Homing" by Teresa Del Riego. This is a melody that was composed a long time ago, so it is difficult to obtain a modern rendition. The melody "At Dawning," by Cadman, which is the keynote of the Temple of Comfort, can also be used to draw the radiation of the Maha Chohan.

### THE ASCENDED MASTER LORD MAITREYA

Lord Maitreya and Lord Gautama were the first volunteers from the planet Venus, to respond to the call of Sanat Kumara for assistance for mankind. For centuries, these beloved individuals trained themselves to be of greater service to Sanat Kumara to teach mankind, again, the power and mastery that is stored within each of them, waiting to be developed.

There was no written course given to those two individuals. They had only the Light within their own hearts to guide them. Sometimes Lord Gautama would exceed in spiritual development, sometimes it was Lord Maitreya. Each rejoiced in the other's progress, and there was no sense of rivalry.

Long ages passed until Lord Gautama achieved his victory. He was chosen as the Buddha and Lord Maitreya was given the next highest office as World Teacher.

In an early embodiment Lord Maitreya served as a High Priest, representing Helios and Vesta, in an ancient Tibetan lamasery.



It was Lord Maitreya who chose Jesus, from among thirty six applicants, for his mission. He also tested and approved Mother Mary before her embodiment as the mother of Jesus. He assisted both of them during their holy mission, keeping their inner vehicles free from the mass consciousness, and teaching Jesus the power of exorcism.

Lord Maitreya participated in selecting the chelas who later were to form the heart center of the Bridge activity. Chelas were chosen because of their endurance, balance, sensitivity to the truth and the capacity to stand in the face of ridicule, all acquired in previous embodiments.

When Sanat Kumara gained his freedom to return to Venus, in January 1956, Lord Gautama took his place as Lord of the World. Lord Maitreya became the new Buddha, and Jesus and Kuthumi jointly filled the vacancy of the office of the World Teacher. In addition, Lord Maitreya volunteered to help the new Lord of the World in carrying out ceremonial activities.

Lord Maitreya embodies the God-quality of harmony; his treatise on impersonal love stands out as one of the most beautifully-written articles on this subject. He belongs to the Brotherhood of the Golden Robe and assists in preparing the annual Wesak Festival.

Lord Maitreya uses as his home, the Cathedral of Nature, in Kashmir. His keynote is contained in the melody "Ah sweet mystery of life." The students of the Bridge to Freedom were told that the text of the hymn, "Holy Christ Flame," together with its accompanying beautiful melody, were created and used by Lord Maitreya and helped him greatly in his attainment of the ascension.

### **THE ASCENDED LADY MASTER MOTHER MARY**

**Explanatory Note:** Presented here are some of the highlights and brief descriptions of historical events which occurred during the last embodiment of beloved Ascended Lady Master Mother Mary. For a more complete description, please see “Man, His Origin, History and Destiny.”

#### **Preparation for Mother Mary’s Mission**

Most of Mother Mary’s former embodiments occurred in a feminine body.

Mother Mary qualified for her role as the mother of Jesus since in former embodiments, she had been trained in the power of concentration – holding on to ONE concept at a time. She is the twin flame of Archangel Raphael. Therefore, she is of the angelic kingdom. One can thus readily see why she had so many experiences and close associations with the angels and Archangels. Being the twin flame of Archangel Raphael also explains her great power. She is on the Fifth Ray, the ray of healing, truth and concentration.

Before Mother Mary took embodiment, she did ask for, and was granted a favor, that turned out to be most essential to the success of Jesus' mission. She asked Archangel Gabriel to inform her of Jesus' coming, at that time in the future, when she would be embodied, and would not retain the consciousness of her mission.

As a child, Mary's interests were different from those of the other young girls of Judea. While other children played with dolls, she contemplated all the prophecies of the Old Testament, and developed a great devotion to the beloved Vesta (Helios and Vesta govern our solar system). She drew

from Vesta the feeling of divine mother-love.

At the age of three, Mary was taken by her parents, Joachim and Anne, to the Temple at Luxor, for instruction. There she remained until she attained maturity. It was a lonely life for a small child, and the severe disciplines were not softened, even for one so young. The priests trained her in the powers of concentration. In this way she would be prepared for her later mission, to hold, unwaveringly, the "immaculate concept," which is the divine concept of man, for her child, Jesus. While her young friends enjoyed children's games and played in the grasses, Mary, at the age of five, was given the chore of copying letters from the scriptures. Her task was to keep her attention on her work, and to not be distracted by the shining sun or the sound of the children at play. During her stay at the temple, Mary had to pass some severe tests and initiations. She stated to the students that she hoped no unascended being would ever have to go through such tests, again.

In the afternoon, Mary would find rest and solitude by going to a quiet place, where she would have the comfort of her twin-flame, Archangel Raphael. She enjoyed, very much, the happiness and companionship of that association.

Mary grew in beauty and grace, and the angels were a constant companion, enjoying the beauty of her company. There was practically no veil between the angelic kingdom and her own, sweet self. She was truly a "Queen of the Angels."

During that time, Mary had to ponder, in her heart, the oneness of God and his perfect creation, man. (Mary explained to the students that the type of comradeship and

friendship between the individual and his God-Presence, established in everyday tasks of life, builds a momentum for him.) She continued, stating that SHE NEVER SET A TABLE, NEVER SWEEPED A FLOOR, NEVER PLANTED A FLOWER, WITHOUT DOING SO WITH THE REALIZATION THAT IT WAS THE LIFE OF GOD THAT ENABLED HER TO DO THIS TASK, AND SHE PERFORMED IT FOR THE GLORY OF GOD. Mary's entire youth was dedicated to preparing for the hour when her mission would begin, in earnest.

After her release from the temple, Mary was awaiting the appearance of her guardian. Her first meeting with Joseph was a memorable one, because above Joseph (now the Ascended Master Saint Germain) she saw the blazing figure of Archangel Zadkiel. To Mary that was the confirmation that Joseph was the proper and chosen guardian for her.

Joseph was a member of the Essene Brotherhood, and a very advanced, spiritual man. He had a very good knowledge of Cosmic Law, and he imparted that knowledge to Mary. It was his quiet strength, his serenity, and dignity that helped Mary, during many of the difficult experiences later in her life.

From the day that Mary was taken to the temple for her training, she lived in a state of constant "listening grace." So it was easy for Archangel Gabriel to fulfill the pledge he had given to Mary before her embodiment, approaching her with the triumphant words, "Hail, Mary, full of grace." He conveyed to Mary, that through her body would come the physical form of Jesus, who would be the Messiah. It was required of Mary to tell this event to no one but Joseph. If Mary had not been in a constant state of listening grace,

which means to be always prepared to listen to the still, small, voice within, she would have missed Gabriel's message.

Mary and Joseph prepared for the birth of Jesus. Mary made small garments for the infant, and together they planned their future, so they might have the strength to fulfill their mission, in glory.

Later, when the young Jesus came to Mary with bruises on his feet and knees, she would say: "We shall not magnify the hurt or that scar. We shall magnify our Lord." Then, turning her attention to the perfect pattern, the man made in God's image and likeness, Mary, Joseph and Jesus would draw the healing and peace currents of their God-Presence through them, until the appearance of imperfection would disappear. This they did systematically, every day. Thus, together they built a momentum that was to be the foundation for meeting the difficult days ahead; yes, for overcoming death itself.

While Mary was not permitted to accompany Jesus to the Ascension Temple, she was privately given the same lessons by the Hierarch of the temple, Serapis Bey. That instruction was on the suspension of the breath, and the resurrection of the body, thus preparing her for events to come.

### **The Resurrection**

After the crucifixion, John and Mother Mary walked down Calvary Hill, in the direction of Bethany. They stayed at the old mill, located on the outskirts of the town. Here they found refuge and solace from the pressures of the past events.

Mary asked to be left alone, and for two nights and one day she concentrated on the action of the Resurrection Flame, assisting in restoring the broken body of Jesus. She prayed for many hours, finally falling asleep at her vigil. Then, through her mind came the magnificent, melodious voice of Gabriel. He entered her consciousness, using the same words he used when he confirmed Jesus' messiahship, namely, "Hail, Mary! Full of grace!"

At first Mary thought she was dreaming of the earlier visitation. But Gabriel confirmed, "Your son is risen! He is victorious!"

Mary fell to her knees, acknowledging Gabriel's presence, and tears of gratitude streamed down her face. The room was filled with light, and scented with the fragrance of the lily. As the brilliant light softened, Mary could recognize Jesus, clothed in the same white robe that she had woven for him. She was even able to recognize her own stitching in the hem of his garment. As she examined his features, to be sure it was not a mirage, Jesus reached out his hands and spoke to her, saying, "Mother, it is I!"

### **Pentecost**

The first Pentecost consisted of an additional amount of prana, released to the assembly. It had a profound effect upon the disciples. When the radiation of the Holy Spirit occurred, the disciples were filled anew with vital fire. In fact, they were filled with so much energy, that they appeared drunken to others. It gave new emphasis to their lives; it was the final act in preparing them to meet the public to preach the Gospel.

Mary was greatly relieved, because during those ten days after the ascension, many had leaned on her for faith and confidence, and she was mentally exhausted. Now, after Pentecost, the disciples became much more self-reliant.

### **The Journey to Great Britain**

After Pentecost, the small community at Bethany enjoyed comparative peace for a time. One day, a message was received by Joseph of Arimathea, who had extensive business holdings on the British Isles. He had to leave for this destination, and extended an invitation to Mary and the disciples to accompany him.

Jesus had told Mary previously that it would be necessary before her ascension to carry the “Cup” to the British Isles. It was felt that now the opportunity had presented itself to accomplish that purpose. The boats had sails and oars. By volunteering and carrying out their mission as oarsmen, these men won the privilege of being the first knights of King Arthur's Court, in a later embodiment.

At the southern tip of the Iberian Peninsula, Mary and others disembarked. Their journey would lead them through Portugal, Spain and France, and through the cities of Fatima, Lourdes and Orleans. Throughout the trip, Mary was in a constant state of listening grace. Sometimes she heard a delicate burst of music when crossing the aura of an individual whom she was to invite to accompany her party. In Portugal, she drew those who were later to be the children of Fatima, and from France, she drew a small child who was later to become Bernadette. All of these joined the ever-growing group of travelers.

The currents anchored at Fatima, Lourdes and Orleans would be vitalized several hundred years later. During that later time, when Mary appeared in her Luminous Presence at Fatima and Lourdes, many healings, visitations, and contacts with children were made possible by the previous anchoring of spiritual currents. The children who saw Mary accepted her Presence. Mary explained that the limited consciousness of the children made it impossible for her to explain more of the Law.

Crossing the Pyrenees was difficult. It was done partially on foot and partially by donkey. When the group arrived in northern France, they re-united with Joseph of Arimathea, and together they crossed the channel.

After their arrival in Great Britain, Mary carried the Cup ashore. Overcome by a feeling of gratitude, they knelt in the sands. As they were kneeling, Jesus manifested himself and gave the first benediction and ceremony of the "Holy Grail." Into this etheric record King Arthur of the Round Table later tuned in.

The Cup was left at Glastonbury. Then Mary and her group sailed to Ireland. Here Mary met a young boy, who in a later embodiment, as Saint Patrick, helped establish Christianity in Ireland. The boy became a member of Mary's party.

#### **Mary, the Peacemaker**

When reflecting upon the fifteen-year time span between the journey to Britain and her ascension, Mary called it the "fifteen most difficult years." These were difficult times



because people of different backgrounds and personalities had to make the necessary adjustments, caused by having to live together, in close quarters. It was up to Mary to be the leader and referee. While assuming this position of spiritual leadership, it is clear, from reading the original notes, that Mary never exhibited herself as a strong leader. Her function was to give general direction only, which may be compared to the task of an ombudsman, who gives opinions when asked.

There were the tests and trials of daily living. There were also happy times, when visitors from various parts of the world arrived; there were the happy communions of Mary and John, at the top of the hill at Bethany, and there were what Mary called, “the other sort of experiences.” Mary stayed for at least thirty years, at the building in Bethany.

Whenever Jesus approached, the melody of “Joy to the World” was heard by Mary and some of the disciples. This had already occurred at a time right after the resurrection. Mary said the melody was so distinctive, she wondered why all of the disciples couldn't hear it.

### **Mary's Ascension**

Mother Mary described her ascension, to the students of the Bridge to Freedom, in the following way:

“Within about nine years before the close of my embodiment, I said to Peter: ‘If you will build a small house and chapel for me now, apart from the community, by the edge of the stream, I shall cloister myself and prepare to meet my Maker.’

“This was done, and there I lived for the rest of my life. Mary of Bethany and other beloved friends would bring flowers, candles and fresh fruit. I spent those years in contemplation of my Lord; in reminiscence of the early days of my life, my first Christmas and all the years with Joseph; the parting, while Jesus went into India so soon after his father had left the Earth; his triumphant return; the resurrection and his own ascension.

“It became physically difficult for me to climb the hill of Bethany and John kept the vigil for me. I began to enter more into the world of the ‘beyond’ rather than the world of the ‘here.’ Finally, in May, right after the Pentecost, I said to John: ‘Call the disciples and apostles home, for before August closes her radiation, I shall have joined my son.’

“You know, it took a great deal of time, sometimes months, to reach individuals who were in far away places, like Greece. They all came home, but in the meantime, I had asked that a small chapel be built on top of Bethany’s hill, just a very simple one. On the tenth of August I walked up that hill, having asked that I might be alone on this occasion. I placed my feet in the shining footprints of my son as I ascended that hill. For three days and three nights, I remained there in that chapel, fasting and praying. By then, all of the disciples and apostles were home, and they came up to the hill for me. I spoke to them, to the original disciples, particularly. I told them that I would leave this world and that on the fifteenth of August my ascension would be completed. I asked them how they wished to pursue the rest of their course. John said: ‘I shall follow you, mother, as soon as I hear the voice of my Presence.’

“I blessed them all, and then the other members of the community came in. I blessed them, too! Then I closed my eyes on this world, to open them in the presence of Joseph first, then Jesus. As you know, they placed my body within a rocky tomb and sealed it for three days. During this time I was free in the higher octaves, preparing for the ascension of my physical form. Then did I return and raise that flesh form. I called it to me, absorbed it into my own Holy Christ Self, and consciously entered into the heart of my Presence, as my son did before me. I left within the tomb a white rose for each one of that community. When they rolled back the door of my tomb, they found the body was gone and the fragrance of the roses filled the air.

“So this morning, beloved of my heart, I give the white rose of friendship, in memory of a conscious ascension. Remember, the day when you too lay aside the garments of flesh and stand God-free, I shall greet you, both as a friend and as a mother.

“May the blessings of our Lord Jesus and God in heaven, be upon you, always.”

#### **Mary’s Activity in the Temple of the Sacred Heart**

Every year, in the month of May, all individuals who are eligible for re-embodiment, gather at inner levels at the Temple of the Sacred Heart. Here those individuals (who function in their etheric body) join with Mother Mary, the builders of form, and the body elemental, all of which are instrumental in forming the etheric pattern for the future physical body. Mother Mary, at that time, fashions out of the best elemental substance the individual can offer, the etheric

pattern for the future heart. The best elemental substance is used for this process, because the heart is the chalice in which the immortal Threefold Flame abides.

### **Service during the “Bridge to Freedom”**

For many years, prior to the Bridge to Freedom Dispensation, in 1952, Mother Mary made petitions to the Karmic Board for babies to be born in perfect condition. This effort met with success, after members of the Philadelphia group of the Bridge to Freedom joined Mother Mary's petition. The members of this group were mostly women, beyond the child-bearing age. They recognized the opportunity of unselfishly serving Mother Mary, in coming together once a week, for 18 months, giving their energies through decrees designed to support Mother Mary. The result of this was, that one million babies could be born perfect in mind and body.

The details of this cooperative effort, as well as the entire process, starting with so-called death, going before the Karmic Board to be judged, assignment by the Karmic board to different levels of instruction, (depending on spiritual development), how individuals are selected for embodiment, the meeting prior to embodiment at Mother Mary's Temple of the Sacred Heart, the selection of parents and assistance at birth, are given in the book, “MOTHER MARY'S ASSISTANCE TODAY IN HAVING PERFECTLY-BORN CHILDREN.”

Beloved Jesus and Mary are now the Hierarchs of the Resurrection Temple. We can call to them to blaze the Resurrection Flame through our bodies, to restore them to the original condition of youth and health. It will be helpful to visualize the color of the flame, which is mother-of-pearl.

Words will never be sufficient to express our gratitude to beloved Mother Mary. Perhaps her life accomplishments, during her last embodiment on Earth, may best be summed up by quoting the words of the beloved Lord Krishna: “Service is the Law of Life!”

Mother Mary’s keynote, as well as that of beloved Archangel Raphael, is contained in the melody, “Whispering Hope.”

Editor’s Note: Beloved Mother Mary was in a constant state of listening grace. If beloved Mary had not been such a state of consciousness, of uninterrupted harmony in the feelings and of inner peace, there have been no Christian Dispensation, no mighty Cathedrals with their spires pointing to the sky, no choirs of lovely singers and no ecclesiastical glory of the Christian Church.

#### **THE ASCENDED LADY MASTER META**

The Ascended Lady Master Meta, the daughter of Sanat Kumara, is a guardian from Venus. She works from a retreat called “Etheric Cities,” (see this book), from which selfless Ascended Beings, by the projection of light rays, have transmuted some of the epidemics and diseases that have appeared on Earth.

Lady Master Meta’s main service is healing, but she also gave the students of the Bridge to Freedom instructions on the laws of life. Before gaining the ascension, beloved Meta’s final embodiment was in Persia.

At one time she was the Chohan of the Fifth Ray.

### THE GOD AND GODDESS MERU

The God and Goddess Meru are in charge of the retreat in Mt. Meru, located in the Andes Mountains, near Lake Titicaca, in South America (see Temple of Illumination, in this book). They are the guardians of the Feminine Ray to the Earth.

In the future, the activity of the Feminine Ray will be emphasized, and slowly, the activity of the Masculine Ray will transmit its power to this focus. This will result in the attraction of the spiritually-inclined students toward Western incarnation and the gradual infusion of the spiritual interest and nature of the East, into the Western consciousness and culture. Ascended Master Lady Nada serves as a messenger of this retreat.

The predominant quality of God and Goddess Meru is illumination.

God Meru is the Manu of the Sixth Rootrace. A few of the members of this rootrace are already in embodiment. God Meru will establish a great civilization in South America.

The keynote of God and Goddess Meru is contained in the melody, "Faith of our Fathers" by H. Walton.

**MICAH, COSMIC ANGEL OF UNITY**

Beloved Micah is a member of Archangel Michael's legions of angels. It was Micah, the Cosmic Angel of Unity, who asked Moses to free the people from the bondage of the Egyptian Pharaoh and bring them to "the promised Land."

Micah guided Moses through the wilderness, appearing as a cloud by day, and as a flaming pillar of light at night, to help guide him on his mission. It was Micah who appeared as the burning bush – that was not consumed – explaining to Moses that God's name was "I AM," and giving him the statement, "I AM THAT I AM!"

It was the purpose of Micah's mission to unite the consciousness of the people, once more, with the ONE God.

The Ascended Master Lord Ling (formerly embodied as Moses) taught the students:

"Beloved Micah told me that we were to spend some time in the wilderness, preparing for our entrance into the promised land. To this end, he instructed me to ascend to the top of Mount Sinai, where I would receive, from God, the Law by which to govern his people. When those, who were willing to accept this spiritual instruction, were ready to enter the promised land, they would then come with a greater realization of the truth of the word of God and the acceptance of His reality.

"I obeyed and ascended Mount Sinai, where I received and recorded, upon the actual rock which was there, the Law for that cycle."

Beloved Micah is called the Angel of Unity, or the Spirit of Unity, because he endeavored to instill in Moses that

through the feeling of Unity with God, mankind may find its way BACK HOME. This message did not apply only to the Israelites of ancient days, it applies to ALL OF MANKIND LIVING TODAY!

SEPARATENESS FROM GOD IS NOT PART OF MAN'S DIVINE PLAN! Separateness was evolved out of the individual free-will of those who voluntarily cut themselves off from their own I AM Presence, and desired to live life according to the promptings of their senses. UNITY with God, the Masters, angels and mankind shall come about in the fullness of time!

The active, persistent effort of some of the students of today, ACTING TOGETHER IN THE SPIRIT OF UNITY, together with their love for truth, keeping to the original message of the "Bridge to Freedom," is stirring the consciousness of those who are ready to accept this teaching, to a renewed endeavor to find their way back home.

To this end, the Great Cosmic Angel of Unity of Spirit, Purpose and Motive, the Great Cosmic Angel Micah has come forth to assist us! He pours forth a tremendous radiation of peace, enthusiasm and desire to unite with the good in all life. Through the melting of the separate selves into the UNITY OF ONE-POINTED PURPOSE in the white fire of humility and love, shall we be able to create a mighty channel of strength and purity, through which the word of God may be incorporated into the hearts and souls of men everywhere and, by the ACCEPTANCE and USE of that "word" IN ACTION, our light shall be builded into the world and atmosphere of all who sincerely want it.

In 1956, beloved Micah filled the office of the Keeper of the Scrolls, at the Teton Retreat. As such, it was his task to welcome all participants of the conclave, to assign rooms,



and to place all petitions asked for, by the Ascended Host and by the students, on a giant bulletin board.

With regard to his service, the Ascended Master El Morya wrote, “Beloved Cosmic Angel Micah, as you guided the Children of Israel out of bondage into freedom, centuries ago, so again do you guide the children of Earth back to their heavenly state, into the ‘Promised Land’ of eternal freedom, from the limitations which now harass them! For your constancy in service, for your presence in the atmosphere of Earth, and for your cosmic assistance in this hour, we thank you!”

#### **THE COSMIC BEINGS NEPTUNE AND LUNARA**

The Cosmic Being Neptune supplies and governs the water element of the Earth.

Neptune's twin flame is Lunara. Together they control the tides.

The elementals of the water element, called undines, have served mankind since the beloved Elohim created this planet. Water contains salt, which acts as a purifying agent. When continents sink beneath the purifying action of the water, they rise again in their original pristine state – free from mankind's pollution.

Water is a gift of God. It is a giver of nourishment for our bodies, acts as a refreshment, and cushions our continents. It adds beauty to the landscape, especially when it reflects the great mountains situated next to lakes. Mankind should respect this great gift of God's love and not pollute the water element.

### THE ASCENDED LADY MASTER NADA

Even before she ascended, the Ascended Lady Master Nada, time after time, assisted civilizations in obtaining greater heights. For example, she worked with Saint Germain in the Sahara Civilization, seventy thousand years ago.

On Atlantis, Nada served in the “Temple of Divine Love.” The temple was situated where the present city of New Bedford, Mass. is today. From that temple, healing rays were directed all over the globe, to those who needed and desired them.

The Temple of Divine Love was patterned after a rose; each petal was a room. It still exists today, in the etheric realm, above New Bedford.

Nada, in her last embodiment on Earth, received training, as a small child, in developing divine love. She was the smallest and youngest of a large and wealthy family, who were all talented, except Nada, who seemed not to be. She did not feel good about this.

One night a beautiful lady in pink appeared to Nada. This Being taught her how to work with nature, the flowers and birds. She also told Nada how to project a light ray qualified by love, from her heart. This training in working with the rhythm of nature, went on for several years. Nada noticed there would be a fragrance of roses and music, whenever the lovely Being came.

Then, one day the great Being informed her that her name was Charity, (Archaii Charity is the twin flame of Archangel Chamuel) and explained how Nada could render a service, by pouring the love from her heart to the hearts of

those in her family, while they slept. In this way the talents of the family members of Nada were nourished and expanded. They became a great blessing to mankind through music, art and poetry. Thus, Nada became known as a “selfless one.”

After her sisters married and Nada was home, alone, Archaii Charity came to her, one day, and informed her that she was ready to enter into the activities of a retreat. She would have a visit by the Hierarch of the retreat and the association between Charity and Nada would cease.

After some time, the Ascended Master Serapis Bey appeared to Nada and explained the requirements of retreat training. She would have to sever all connections with her family, to enter the retreat at Luxor. Also, as part of her training, certain initiations would be given.

Nada, in her last embodiment on Earth, received the rigorous disciplines of the Ascension Temple. In the beginning, she found it very difficult to maintain harmony during her training, with the frictions and the various human qualities that need to be overcome, when living in close association with other students. She told the students in the 1930's that sometimes she left the retreat and ran miles through the desert, just to get away from the pressures.

The Lady Master Nada made her ascension seven hundred years before the Master Jesus, and has built a tremendous momentum in the use of the Pink Flame of Divine Love. She is also a messenger for the God and Goddess Meru and their Temple of Illumination, located near Lake Titicaca in Peru, South America.

The Lady Master Nada has given great assistance to the

Christian Dispensation, over the past two thousand years.

Beloved Nada explained her service to the students: “For many ages I have been assigned to assist the spiritual communities that exist all over the planet Earth. Since the Christian dispensation and the great manifestation of Jesus' victory and ascension, I was assigned the joy of assisting the superiors of all the orders that were developed around the Christian doctrine, and whenever possible establish that focus of love, which would sustain a community against the imprint of personal imperfection. That is why it was so easy for me to accept the opportunity of becoming the Chohan of the Sixth Ray.”

Nada was the Ascended Master who assisted Saint Germain in obtaining the dispensation that made it possible to bring about the instructions by various Ascended Beings after 1930, through the messenger, Guy W. Ballard. The dictations state, “Saint Germain and Nada stood alone.”

Students may call on Nada to obtain assistance in healing. She is one of the Ascended Beings who directs healing rays to mankind. She said that many people had physical abnormalities in the functions of the body, of which they were not aware. We can call on her to enfold us in her great, great substance of divine love. One can feel more comfortable when experiencing cold temperatures by asking to be enfolded in her pink flame of love.

Her service is to amplify the good and the talents in others, pouring love to the flame in their hearts and magnetizing and drawing forth the divine plan of that lifestream. She will render that same service to the students now.

We also can call on her to give help in correcting bad habits and problems, such as drugs, alcohol, nicotine, eating meat, and other wrong substances. This call may also be made on behalf of others as we can always call for the perfection of other individuals. The Cosmic Being Victory renders the same service. Therefore it is recommended, to call on both Ascended Beings at the same time, for added momentum.

The Sixth Ray represents the activities of DEVOTION, MINISTRATION and PEACE. The Ascended Master Jesus was the Chohan of this ray, until his elevation to the office of World Teacher, along with the Ascended Master Kuthumi, in January, 1956. The Ascended Lady Master Nada now holds the office of Chohan of the Sixth Ray.

Nada is a member of the Karmic Board, representing the Third Ray, the ray of love. Her great momentum of service and love now pours forth through the Sixth Ray. Her electronic pattern (forcefield) is that of a pink rose.

Beloved Nada's keynote may be found in the song "My Hero," from the "Chocolate Soldier," by O.Straus

### **PRINCE OROMASIS AND PRINCESS DIANA**

Prince Oromasis and Princess Diana are directors of the fire element. There is also another Ascended Being named Diana. She is the divine complement of Elohim Arcturus, and is not to be confused with the Princess Diana.

The fire element has the highest vibration of the four basic elements, fire, air, water, earth. Oromasis and Diana are assisting mankind in many ways.

1. As directors of the element with the highest vibratory rate, they have a calming, harmonizing influence on ALL of the elementals, some of which are trying to shrug off the disharmony imposed upon them, through mankind's discord, by attempting to initiate natural disasters. This action would result in natural cataclysms such as hurricanes, tornadoes and earthquakes.

2. The decrees of the students, in the past, calling on Prince Oromasis and Princess Diana, helped them in fulfilling their goal to minimize catastrophes.

3. Therefore, it would be to advantage if students would give decrees, calling for the harmonizing, purifying action of Oromasis and Diana, as well as calling to the directors of the air, water and earth elements, to prevent and minimize cataclysmic action. We can also call on Oromasis and Diana to prevent forest fires, as well as to extinguish active forest fires.

Prince Oromasis, if invited, will also help in cleansing and purifying destructive brain substance, charged into the brain structure through the use of wrong foods (animal based), alcohol, nicotine and the various drug substances. This

cleansing action results in greater spiritual development.

When called into action, Prince Oromasis projects an intense, golden flame of divine love. This results in an increase of the Light of the Threefold Flame in the heart of the student, and will fill the student with a feeling of ecstasy and peace. Prince Oromasis will also intensify the Violet Flame or any other flame, at one's call.

When Prince Oromasis manifests, he appears in clouds of flame. He often wears a small crown, that carries a white and crystal radiance. He carries a scepter, which is a Rod of White Lightning. He is magnificent to behold, radiating an intense feeling of victory and the majesty of divine love, as the only acting presence and power.

Prince Oromasis has asked for a grant from the Karmic Board and is asking students to join his petition. He has asked for a grant to immediately dissolve every deceased form as soon as it is buried in the ground, so that it will not be necessary for the earth elementals to work at dissipating that decaying substance. He has also asked for assistance in removing the necessity for elemental life to be submerged in decaying forms, where there seem to be incurable diseases. It is his request that the person's karma will be transmuted, that there will be a minimum of suffering and that those persons may transition quickly.

Our love goes to Prince Oromasis and Princess Diana, who have served mankind for many years.

### **PALLAS ATHENA, GODDESS OF TRUTH**

Beloved Vesta was the first Goddess of Truth for the solar system that included the planet Earth. Her responsibility of representing truth for this planet was later transferred to Pallas Athena.

Before the event called “The Fall of Man,” beloved Pallas Athena was seen by, and counseled with, the people on Lemuria.

At a later time, Pallas Athena was the High Priestess of the Temple of Truth, on Atlantis. People seeking Truth and desiring enlightenment on education, science, governmental activities, or whatever their service was, in their localities, would come to this temple, where they absorbed the radiance of the Flame of Truth. THE DESIRE TO KNOW TRUTH IS A PRE-REQUISITE TO PROGRESS ON THE LADDER OF SPIRITUAL DEVELOPMENT.

During the Atlantean Age, the Temple of Truth was located in the Midwest of what is today the U.S.A. (The Masters mentioned an ancient focus at Denver, Colorado).

In ages past, Pallas Athena supervised the disciplines and preparations necessary for the development of the receptive consciousnesses of those lifestreams who were to be the “mouth pieces” of the Ascended Host, as the Virgins of the Oracles at Delphi, and elsewhere.

In early Greece, during the time when the Oracles of Delphi were so active, the very first Vestal Virgins were completely dedicated to magnetizing pure truth. They did draw forth, repeat and record the truth from the lips of the beloved Vesta and beloved Pallas Athena, those records re-



maining today, within the keeping of the Brotherhood of Crete. This spiritual order of Vestal Virgins endured for almost seven hundred years.

At the close of this period, one Vestal Virgin who did not live up to the vow of purity of mind or of body was taken into the group. The contagion spread through the entire endeavor, and brought the Oracle of Delphi to ruin. This destroyed the connection and contact between the beloved Pallas Athena and the peoples of Earth. She withdrew, and was almost completely forgotten by the masses.

The Goddess of Truth, like the Goddess of Purity and the Goddess of Justice, is not among those particularly adored by mankind, for people as a rule do not enjoy the sharp edge of truth. The beloved Pallas Athena informed the students: "AMONG ALL THOSE ASCENDED WHO HAVE LOVED THE EARTH, I THINK I HAVE BEEN MOST MISREPRESENTED." For this reason the Goddess of Truth has to a great extent remained in the heart of the silence, and truth has been veiled in expression through the various spiritual, educational and inspirational teachings that have come forth to date.

All messengers who give truth to mankind are under the radiation and guidance of Pallas Athena. At the students' call she will melt away all doubt and fear.

Beloved Pallas Athena and the Master Hilarion are particularly interested in helping aspirants WHOSE MOTIVES ARE IMPERSONAL AND HUMBLE, to a greater realization of truth. They know that, in this realization, the chela will desire to serve the entire evolution impersonally, as do all the members of the Brotherhood.

Pallas Athena is a member of the Karmic Board and was

honorary spokesman for the year 1957. She and the Lord Maha Chohan are twin flames. Pallas Athena has golden hair.

The keynote of Pallas Athena, as well as that of the Maha Chohan (her twin flame) is contained in the melody "Homing" by Teresa Del Riego. This is a melody that was composed a long time ago, so it is difficult to obtain a modern rendition. If this melody is not available, the melody "Onward Christian Soldiers," which is the keynote of the Temple of Truth, or the melody "At Dawning," by Cadman, which is the keynote of the Temple of Comfort, may be used to draw the radiation of beloved Pallas Athena.

#### THE GODDESS OF PEACE

The beloved Goddess of Peace represents the God-virtue of peace to this planet. After abiding at inner realms for millions of years, she came forth, together with the Goddess of Liberty, to give a discourse to the students of the "I AM Activity."

She told the students that Ascended Beings from the planet Venus have been assisting Earth for 4.5 million years. She will, at the students' call, enfold them in her golden flaming substance of peace. She also suggested that, before retiring, a student should spend at least two minutes in a call to the I AM Presence, for world peace.

**THE ASCENDED MASTER PAUL, THE VENETIAN**

The Liberty Flame was brought to Earth by the Goddess of Liberty. She established this flame within the Temple of the Sun, on present-day Manhattan Island.

Before the Atlantean continent sank (which included portions of North America), the guardians of the Liberty Flame transported the Liberty Flame to Southern France. Here, the Flame of Liberty was established and sustained, after the sinking of Atlantis. At a later time, Paul, the Venetian retired to this retreat and gained the ascension here.

The Liberty Flame was magnetized by the Brotherhood of Liberty, guarded and amplified, in intensity and power, to act in the physical appearance world, for many centuries. In this way, the love for the God-quality of liberty has been, and will be, sustained in the hearts of men, for generations yet to come.

The service of the Brotherhood of Liberty is to liberate and develop the natural talents and powers of individuals, and to express beauty. This action helps to establish the spirit of liberty in the hearts of mankind, so that the perfection of the Christ Self, of each one, is made manifest. The focus of the Liberty Flame is protected and sustained, not only by beloved Paul the Venetian, and the beloved brothers and sisters of his retreat, but also by the Great Cosmic Being, known as the Goddess of Liberty. The brothers and sisters of the retreat are dressed in pink.

At the Chateau de Liberte, Paul is host to the accomplished musicians, artists, sculptors, poets, writers and generally, those whose talents, momentums and developed

services have drawn them from among the masses, and marked them out for more than ordinary assistance.

However, Paul is also interested in developing the latent talents of these artists, and he welcomes all who work constructively for the good of all.

The only qualification necessary for a chela to receive Paul's assistance, is the sincere motive, within the individual, to give impersonal service to mankind (service given without regard to money or personal acclaim).

Paul the Venetian serves under the beloved Maha Chohan, who is Paul's superior. By nature, blessed Paul is a true perfectionist, but, at the same time, he is very, very gentle and tolerant, in loving grace, accepting the clumsiest endeavors of the least of men, whose hearts desire to contribute to the externalization of the divine plan to be expressed. Nearly all of the individuals who receive his assistance, visit his retreat in their etheric bodies, while sleeping.

Paul the Venetian embodied as the artist Paulo Veronese (1528-1588). Many of his paintings decorate the Temple of Liberty, where he serves today (see "Temple of Liberty"). He has been referred to as "The Master of Tact, Diplomacy and Beauty." Paul the Venetian is the Chohan of the Third Ray and lieutenant to the Lord Maha Chohan. As a representative of the Third Ray (the Pink Ray), he expresses the God-virtues of tolerance and selflessness.

The use of the Pink Flame of Gratitude is truly one of the most practical ways to bring results into your world, especially when there seems to be obstruction of some kind, between individuals. ALL respond to the love and peace of

the Pink Flame. Use it to bless everything you contact, and anything that seems to be an obstruction of some kind between individuals.

Experiment with the Pink Flame, and blaze it through every cell and organ of your physical body. Visualize this activity as you blaze it through your brain and mind structure. Saturate your feelings with it, and see how it becomes a magnet that draws people and things into your world for its blessing.

Love acts like “oil on the troubled waters,” in harmonizing and bringing perfection where imperfection seems to be manifesting. Call to the Great Beings who serve on that ray, to give you the added benefit of their love and watch the perfection that you draw into your world, for this Pink Flame of Adoration is without parallel.

One of the quickest ways to release the God-powers locked within each heart is by a deep, sincere and profound feeling of GRATITUDE FOR LIFE and the many, many blessings which you now enjoy. You will be surprised to find how very “rich” you are, if you will take the time to ENUMERATE ALL THE GOOD that is now in your world. GRATITUDE causes the thing you are grateful for to expand and double its blessings to you, so that where there was only ONE blessing, your gratitude makes TWO!

GRATITUDE is really a stream of energy going forth from you with a BLESSING. Since all life desires to be loved, your gratitude causes more and more of the intelligences, in all life, to RUSH to you, to be blessed by your gratitude, and to be temporarily relieved from the pressure of discord, which they have been under. Lack of gratitude for the good now

experienced, has prevented many a door from opening for earnest students and prevented the abundance of good, which they desired and expected. THERE IS NO SUBSTITUTE FOR GRATITUDE AND LOVE!

Paul, the Venetian, is also interested in healing. He explained:

“I have, within my own causal body, those healing melodies which Serapis secured, and which could heal cancer and those terrific maladies that take the bodies and minds of the people, and destroy them, but it is difficult, in the tumultuous living of the Western world, to hold an aura undisturbed, long enough, or free enough from the pressure of the moving screen of maya, to blend, within that consciousness, enough of that harmony, that it might be externalized.”

Paul the Venetian has softly-waved, golden hair, and blue eyes. His keynote is contained in the melody, “I Love You Truly.”

**THE COSMIC BEINGS PELLEUR AND VIRGO**

The beloved Cosmic Beings Pelleur and Virgo are twin flames.

Many ages ago, Pelleur offered his fully-gathered momentum of centripetal force, to create the force of gravity for this Earth, the magnetic pull of which would hold the landed surfaces in their appointed place. Throughout the ages, this gravity had to be adjusted, from time to time, to accommodate the vibratory action of the bodies of the people, the actual weight of their bodies, as well as the weight of the substance which they had drawn about them, in the process of sustaining and expanding their civilization.

Therefore, beloved Pelleur is the actual cohesive power of love which holds the planet Earth in her place in the solar system. Science chooses to call this power the “gravity pull” of the Earth.

On those planets where the centripetal force of some Great Being like Pelleur has been removed (where there is no “gravity pull” to hold lifestreams upon that planet), one can witness the disintegration of those planets and stars, until they again become “star dust,” without form or purpose. Remember that, through the centripetal force of his love, Pelleur has given mankind opportunity, again and again, to live upon this planet through the course of many embodiments. This enabled people to develop and fulfill their own divine plan.

Ages ago, Pelleur and Virgo were driven from the Earth's surface into its interior, by the discord on its surface. Rather than to destroy the invading hordes, Pelleur and Virgo chose to withdraw, out of their reach. The center of the Earth is a

place of great perfection and harmony. There are no extremes of temperature, nor seasons of hot and cold. The climate is similar to that of the semi-tropics.

Virgo, the Goddess of Earth, is a Cosmic Being, who provided the substance of the earth element, which was all pure in the beginning, something similar to alabaster or white quartz, radiating iridescent colors as a rainbow. The activity of the structure of the Earth is under Virgo's direction, as are the gnomes, the beings of the earth element.

The purification and raising of the earth or mineral element into light substance comes under Virgo's direction and it is her responsibility. Together with the Maha Chohan she nourishes the nature kingdom.

From the interior of the Earth, Pelleur and Virgo direct light rays and the Violet Flame, which blazes out to the periphery of Earth's atmosphere, passing through every electron which makes up the elements of the planet, and mankind's four lower bodies. This radiance acts as a tremendously-powerful force, dissolving and consuming the discordant creations of the astral realm.

#### THE GODDESS PERUZIA

The Goddess Peruzia, for many ages, was embodied in the Andes Mountain Range. The name "Peruzia" is of Peruvian ancestry. Before her ascension she was a student of God Meru. After her ascension she asked that she be given the keeping of a small range of mountains. This request was granted, and she was given guardianship of the Blue Ridge Mountains in Virginia.



### **THE COSMIC BEINGS POLARIS AND MAGNUS**

The great Cosmic Beings Polaris and Magnus are twin flames. Polaris represents the masculine aspect, Magnus the feminine. Together, they govern and control the Earth's axis. The axis is formed by a light ray. Polaris governs the axis at the North Pole, Magnus, the axis at the South Pole. Thus the Earth is held in orbit by its guardians Polaris and Magnus. The axis of the Earth is as the spine is to the physical body. Millions of years ago, there was one time in the history of mankind when Earth's axis was bent 45 degrees.

Before Earth moves into an orbit, bringing it closer to the sun, the present axis needs to be straightened. (It is bent now to about 22 degrees.) This must be done gradually, and with the utmost care, to prevent flooding at the coastlines, from the melting of glaciers at the North and South Poles.

### **ASCENDED LADY MASTER PORTIA**

Portia is the Goddess of Opportunity and Justice. She is the twin flame of the Master Saint Germain. Portia, as member and spokesperson for the Karmic Board, represents divine justice to Earth. She acts also as a representative of the Seventh Ray.

Portia presides over the Karmic Board when it acts on the petitions of students and Ascended Masters, in June and December of every year (See "The Teton Retreat").

Her electronic pattern is the Maltese Cross. Her keynote is contained in the Strauss Waltzes.

### THE ASCENDED MASTER CASIMIR POSEIDON

The Ascended Master Casimir Poseidon was the emperor of a great civilization which flourished along the Amazon River, between 14,000 and 12,000 years ago. He was a direct descendant of the mighty Ascended Master Rulers of Atlantis. His capital city was famous, throughout the world, for its magnificence and beauty. Casimir Poseidon was already ascended at that time and, through his guidance, his civilization reached a state of great perfection.

Casimir Poseidon was a truly magnificent ruler. He was fully six feet four inches in height, well built, and straight as an arrow. When he stood, he towered above those around him, and the very atmosphere seemed charged with mastery. His golden hair was heavy, and hung to the shoulders. The royal robe was made of a material that looked like violet-colored silk velvet, trimmed in gold. Under it, he wore a close-fitting garment of soft, golden fabric. His crown was a simple band of gold, with an immense diamond in the center.

Before portions of the Atlantean Continent sank, Casimir Poseidon, and those more spiritually advanced, left the area and began to take up residence in the western part of the United States. Before leaving, the emperor had sealed his palace and the temple in which he served.

Casimir Poseidon was greatly loved by his people. His memory was kept alive, for many centuries, in myth and fable.

His activity, or service to mankind, is the expanding of the flame in the heart and the expansion of their light. His keynote is contained in the melody "Indian Love Call."

### **PRINCIPA, GOD OF DIVINE ORDER**

The Ascended Being Principa is the God of Divine Order. After the “Fall of Man,” he came forth for the first time, on December 15, 1957.

Divine Order is heaven’s first law. Principa is now willing to give assistance to the students. We can call on him in getting our affairs in order, including business matters or affairs of a personal nature. He will also help to bring order to our surroundings.

### **THE COSMIC BEING RAY-O-LIGHT**

The Cosmic Being Ray-O-Light is the authority over the action of fear. He directs rays of light into the condition that needs transmutation, resulting in perfection.

Ray-O-Light gave a discourse, through Mr. Ballard, in 1939. Before that, he had not contacted mankind for a long time.

Fear is the belief in an opposing force. When fear is removed, one feels courageous and has a feeling of complete, calm mastery. Ray-O-Light, when called into action, will help the student to gain the state of mind where there is no fear. He will then enfold the student in his Cosmic Flame of Fearlessness. The full power and action of Light will then become manifest. He has legions of angels at his command.

### **THE GODDESS OF PURITY**

The Goddess of Purity represents the quality of Purity to the Earth.

After the decline of the Second Golden Age on Earth, millions of years ago, the Goddess of Purity withdrew into the Great Silence. She came forth for a few hours, 800 years ago and found that she was compelled to wait.

The Goddess of Purity addressed the students of the I AM Activity on January 1, 1939. She was grateful to find out that mankind is beginning to awaken. She cautioned that students who have the opportunity and privilege of gaining their ascension, should not contemplate sex.

The Goddess of Purity is asking the students to join a petition prepared by Jesus and Mary. The petition asks that the body elemental of every unborn lifestream be required to immediately become enrolled in a schoolroom, under the guidance of the Goddess of Beauty and the Goddess of Purity. The petition asks that all of the stubborn, distorted manifestations which body elementals repeatedly recreate, when they are entrusted with the building of an envelope for the incoming lifestream, be burned out of them immediately, as well as the antipathies and resentments to the etheric body to which they are tied, and which causes such a clash in the feelings of the embodied individual. (For more information on this subject, see "Mother Mary's Assistance Today In Having Perfectly-Born Children.")

The Goddess of Purity has a focus on the island of Madagascar, which has been above water for one million years.

### **THE ASCENDED MASTER SAINT GERMAIN**

With the possible exception of Jesus and Mother Mary, more information is known about Saint Germain than any other Ascended Being. The following is a brief summary of his various embodiments. Students desiring additional information on this subject may read, "The Comte de Saint Germain" by I. Cooper-Oakley.

Saint Germain's endeavors to free mankind started during the "Sahara Civilization," 70,000 years ago. He could have gained his ascension at that time, but he chose to re-embody many times in order to maintain a better connection to the Earth, by keeping a physical body. He retained continuity of consciousness during the remainder of his embodiments.

In one embodiment, Saint Germain was a priest in the "Temple of Purification," near today's Cuba. Before Atlantis sank, and before the temple was etherealized, the Violet Flame was safely transported, by Saint Germain, from Cuba to Transylvania, in Europe.

As Joseph, together with Mary, Saint Germain prepared the way for Jesus. He knew of Jesus' mission in advance, and in this way was able to help with his training. Jesus, as a young man, visited India. Here he made contact with the Ascended Being known as The Great Divine Director, and received the key words for his mission, "I am the Resurrection and the Life of Perfection." Thereafter, Joseph's mission was accomplished. At the time of his transition, he determined to give assistance to all human beings, in making their passing an easy one, provided he would receive such a call.

As the Greek philosopher Proclus (450 AD.), Saint Germain had a school in Athens. He traveled much, and taught

various religions. Later on, he became Merlin, the magician, of King Arthur's Court.

Saint Germain embodied as Roger Bacon (about 1211 to 1294 AD.). Roger Bacon was an English monk and philosopher, who made several scientific discoveries.

According to A.D.K. Luk there followed an embodiment in Germany as Christian Rosenkreutz. Translated, Rosenkreutz means "Cross of Roses." After undergoing several initiations in Egypt, he returned to Germany. There he founded the "Order of the Rosy Cross," of which today's Rosicrucian Order is an offspring.

Next followed an embodiment as Christopher Columbus. Saint Germain's last embodiment was that of Francis Bacon, an English philosopher and writer. He wrote several books, including the plays of William Shakespeare. The name Will-i-am signifies that according to the will of the "I AM" (God), Francis Bacon would shake the spear of wisdom at a world full of darkness and ignorance. (This was Saint Germain's special activity, namely the illumination of every age in which he chose an embodiment).

Thereafter, Francis Bacon left England and traveled to Transylvania. He left the earth plane on May 1, 1684.

After his ascension, Saint Germain appeared again, in Europe. According to I. Cooper-Oakley, he was known as the Comte de Saint Germain in France, as the Wonderman and Prince Rakoczy in Germany, and as Comte Bellamarre, in Venice. Wherever Saint Germain went, he was considered very wealthy. He made it appear that way, in order to gain influence among the heads of government. The overall plan was to use that influence as a means of effecting change—

change in bringing about greater harmony and cooperation between the nations of Europe.

Saint Germain returned in his visible, tangible, Ascended Master Body, just prior to the French Revolution and would have prevented it, had the people listened to his counsel. Through his association with the Court of France, he attempted to externalize a United States of Europe, as early as the 18th Century, during the reign of Louis XVI and Marie Antoinette.

It was Saint Germain, who inspired the people of Oberammergau to give the Passion Play every ten years, in gratitude to God, for relief from the plague.

Saint Germain protected and encouraged those responsible for America's freedom. The drafting of the Declaration of Independence was also a direct result of his assistance. Saint Germain provided the guidance which sustained Washington during a critical time.

The first "New Age" dispensation was primarily the effort of the Ascended Master Saint Germain. He sought out those who had assisted him, in his previous efforts with the Sahara Civilization, 70,000 years ago, and saw enough reason to carry the Light to America and the people of the Earth. The Ascended Lady Master Nada assisted Saint Germain in this task.

This new dispensation shows an entirely new approach. It reminds one of the statement by the Ascended Master Brother Amo, that any new religious teaching is designed to meet the needs of the hour and the progress of the human race, is given at a particular point of the globe, and presented to a pre-designated group of people. Saint Germain did

not use, as a foundation, any established religious teaching, using it as a base and adding to it. He and other Ascended Masters made no attempt to revive Theosophy. Only sparingly, did they refer to the Bible; only in rare instances did they refer to the Vedic literature of India.

Starting totally anew, without relying on previous teachings, Saint Germain and other Ascended Masters explained Cosmic Law in clear terms. The method of instruction was based on logic and common sense. In addition, the Masters added their radiation, which helped the instruction gain acceptance through the feeling nature of the students. Saint Germain gave out this new message in America, which at this particular time period, was the leader of the human race. He presented to the world, a new style of Ascended Master Teaching.

There were changes in the substance of the teaching, as well. As part of the dispensation granted to the Cosmic Being Victory, on January 1, 1931, the Occult Law was set aside, mainly as a result of the peril the Earth was in. For the first time since the sinking of Atlantis, an Ascended Master could give the knowledge of the I AM Presence and the Violet Flame, in public. Before this time, this knowledge was permitted only to be given in retreats, to people of considerable spiritual advancement.

Under the dispensation given to Saint Germain and Nada, instructions did not need to be veiled. Mysticism is no longer the requirement of the hour.

For these reasons, commencing with this dispensation, Ascended Master Teaching did assume a new approach, unique from any other previous method of instruction, and



this effort by Saint Germain has been labeled by the Masters, the “beginning of a New Age.”

When Saint Germain first conceived of the idea of putting forth this work, he explained to the Master called the Great Divine Director, that he had two people in embodiment (Mr. and Mrs. G.W. Ballard), who he felt were strong enough to carry his message. The Great Divine Director asked him if he were certain of this. Saint Germain replied, “I shall try it out, and we shall see!”

Saint Germain and Mr. Ballard met in August of 1930, on Mt. Shasta, California. This historic meeting is recorded in beautiful detail in the book “Unveiled Mysteries.” Other Ascended Masters joined Saint Germain’s effort, which was called the “I AM Activity.” For the first time, students formed groups for the purpose of giving decrees. This activity resulted in the formation of forcefields, which are magnetic centers that drew the angels and Ascended Masters, increasing their assistance to mankind.

After Mr. Ballard's transition, Saint Germain assisted El Morya in obtaining another dispensation. El Morya’s twin flame, Geraldine Innocente, was in embodiment. Through her, in 1952 the “Bridge to Freedom” was formed and additional information concerning Cosmic Law, Masters, retreats, and the divine plan for the Earth could be given. This effort continued until June of 1961, when Miss Innocente gained her ascension.

Saint Germain's retreat is the Rakoczy Mansion in Transylvania. He also has a focus in the Etheric City over the Sahara Desert, at the Cave of Symbols in the USA, and at Mt. Shasta, California.

For about 180 years, Saint Germain has been the Chohan of the Seventh Ray. On May 1, 1954 he assumed responsibility as a director for the new cycle, the cycle of the 2000-year period of the Seventh Ray. This gave him additional authority to increase the understanding of the qualities of this ray. Jesus was the director of the past 2000-year-cycle, when the Sixth Ray was predominant.

One of Saint Germain's outstanding qualities is his enthusiasm for the Light. It gives him great pleasure to talk to other Ascended Masters about the accomplishments of his students.

The Maha Chohan explained: "When an individual comes under the personal direction of the Ascended Master Saint Germain and enters the service of the New Age as an active conductor of the Violet Ray, he has the marvelous privilege of experiencing the lessons of twelve to twenty-five normal embodiments, in one embodiment. As he passes through these experiences, he will find many old friends dropping away. He will find his environment changing, new friends coming into his world, and his life re-ordered, as though he were living on a different planet."

The electronic pattern of Saint Germain is the Maltese Cross. His keynote and the keynote of his retreat in Transylvania are contained in the Strauss Waltzes. The Ascended Master Teaching Foundation uses the "Emperor's Waltz" as his keynote, and the keynote of his retreat. Portia, the Goddess of Justice, is Saint Germain's twin flame.

**THE ASCENDED MASTER SAINT PATRICK**

On Saint Patrick's Day (March 17), mankind has the great joy of honoring the birthday of beloved Saint Patrick. He climbed a hill in Ireland, vowing not to come down from that hill, until he had been granted a dispensation of mercy and light, to benefit the people of Ireland. For many hours, Saint Patrick stood in the rain, persistently calling and commanding the assistance of the Ascended Host for the peoples' benefit.

During this particular experience, beloved Saint Patrick was subjected to the initiations of constancy and perseverance. Upon three occasions, beloved Victory told Patrick to return to the valley from whence he had come, content with his own soul's salvation. However, Saint Patrick refused to do so, continuing his demands that the Godhead give certain spiritual assistance to the people of Ireland. He continued to storm the gates of heaven, even in the face of the celestial "rebuff" from beloved Victory.

Finally, Victory smilingly told Patrick that he had passed his test of perseverance and constancy of endeavor, and that God's grant of mercy and spiritual benediction for his people, would be his reward.

Grateful, indeed, are we today, for the strength of this lifestream, who, "kept on keeping on," until that for which he asked, was at hand!

We can ask him to help each one of us who needs similar strength. Saint Patrick is now an Ascended Master. We can ask him to assist us in manifesting the God-virtues of perseverance and constancy.

### THE COSMIC BEING SANAT KUMARA

Sanat Kumara came to Earth, ages ago, to give assistance at a time when there was great danger that the Earth would be dissolved. He offered, of his own free will, to add to the Light required to sustain her, thereby keeping this planet's place in the solar system, until enough of mankind was able to carry the responsibility of emitting the necessary Light.

This important chapter of the history of mankind is described in detail in the book "Man, His Origin, History and Destiny," under the title, "Sanat Kumara Saves the Earth."

As an Ascended Being, Sanat Kumara did not take embodiment, but remained in Earth's atmosphere. Sanat Kumara had left Venus, previously, on similar missions to redeem other planets, and always returned victoriously.

When Sanat Kumara came to Earth, it was hoped that his stay would be relatively short in duration. There had been ages, on Lemuria and Atlantis, of great illumination and perfection. Angels and Masters walked visibly by the side of unascended beings. Thousands were able to precipitate and levitate. However, when a spiritual leader fulfilled his mission, his followers, not having the vision of the leader, often insisted upon impressing the original teachings with their own personal imprint. In spite of these setbacks, Sanat Kumara's love for mankind and his patience never wavered.

Cosmic Law decreed, in 1952, that Sanat Kumara must be released from his exile on Earth. Sanat Kumara was prepared to extend his stay on Earth, but bowed to the wishes of the Cosmic Law. He left this planet on January 1, 1956, for a brief visit to Venus. However, Sanat Kumara

returned to Earth, thereafter acting as regent and assisting Lord Gautama, the new Lord of the World. He is still serving in the Temple of Shamballa.

On the eve of his return to Venus, (mandated by Cosmic Law), beloved Sanat Kumara addressed the students of the Bridge to Freedom as follows:

“I would no more think of permanently leaving you – the Elohim, the Archangels, the Brotherhood and the sweet, struggling chelas, without the comfort and solace of my presence, my strength and my momentum, than I would think of leaving my God! We are as much one in this present cosmic transition, as we have ever been!

“TO THE BELOVED CHELAS, I SAY: THINK YOU I COULD FORGET THE DEAR EARTH WHEN SO MUCH OF MY LIFE, SO MUCH OF MY VERY SELF IS WOVEN INTO THE SUBSTANCE OF HER PEOPLE, HER ELEMENTALS, HER OCEANS AND HER CONTINENTS?

“To each and every one who has answered the call of the beloved El Morya—who has believed that there was the capacity and ability, within the human heart, to cooperate with God-free Beings in removing the shackles of limitation and the shadows that have enshrouded the souls of men, to you I give my love!

“This night, as I enter into the orbit of my own star, and speak to my people, face to face, for the first time since my departure, I shall tell them of a race beyond words to describe – a race which has believed in God despite every kind of mental, emotional, and physical agony, and my people shall be richer, by reason of the example of a handful of brave chelas scattered over the face of the Earth, among its

unawakened humanity, as a whole.

“So – sweet Earth, sweet Virgo, beloved Neptune, beloved Aries, beloved Amaryllis—all that is within the planet and upon it – thank you for the opportunity of serving! Thank you, beloved Earth, for your hospitality and for the privilege of holding you within my bosom! Thank you for permitting me to share in your redemption! Thank you for letting me share your victory. Thank you for being such a marvelous hostess, not only to myself, but to my Kumaras and the other evolutions who came here from Venus. Thank you, beloved Michael, for having preserved the Flame of Faith upon which Earth's freedom is assured. God be with you all until I return!”

In reflecting upon his missions, beloved Sanat Kumara stated:

“IT IS NOT NUMBERS, BUT QUALITY, BELOVED ONES, THAT DETERMINES THE RADIATION OF LIGHT REQUIRED TO SUSTAIN THE PLACE OF A PLANET IN ITS EVOLUTION.”

The Maha Chohan explained: “SANAT KUMARA HAD PLACED, IN THE AURA OF EVERY UNASCENDED BEING, A BEAUTIFUL LOVE STAR, which radiates his love just as the fireplace in a room sends forth the warm currents of heat that are so comfortable to the body. If my beloved chelas will feed this thoughtform by their love and contemplation of it, it will grow. If it is ignored, it will not only be a discourtesy to the Light and the great giver, but it will not be able to give you the fullness of itself.

“Try at least once a day, to dwell upon this love star (which is about three and a half feet high and the same in width) standing in your aura and pouring its flaming sub-

stance into your world. Bless and thank its presence and its giver, and it will guide your footsteps and do much in maintaining peace and serenity in your beings and worlds.”

Based on these messages, we can be certain that Sanat Kumara is still interested in the welfare of today's sincere chelas. Therefore, they can still call on him for assistance. He is no longer the Lord of the World, but he acts in a lesser capacity as regent, assisting Lord Gautama, the new Lord of the World.

His keynote is contained in the melody “Caprice Viennois.”

Editor's Note: According to the dictations of the Ascended Host, the transition of Sanat Kumara, and those who accompanied him to Venus, was accomplished in a beautiful chariot, fashioned out of etheric substance, created by the visualization process of unascended chelas, who were aware that this transition would take place within a specific time period. In 1988, I was shown the pattern of this chariot, by Roger Ancona, a director of the original Bridge to Freedom. The size of pattern was about four feet in height and five feet in length, all beautifully decorated in fabric, supported on a frame.

### THE ASCENDED MASTER SERAPIS BEY

Serapis Bey was an embodied seraphim, who came to Earth as a guardian spirit, to assist the people of Earth. He was a priest in the Ascension Temple on Poseidonis, a remnant of the Atlantean Continent. Just before the sinking of Poseidonis, about 12,000 years ago, Serapis Bey was entrusted, by the high priest of the Ascension Temple, with the task of transferring the Ascension Flame from the temple, to a place of safety.

He, together with 39 other members of the Brotherhood, sailed across uncharted seas to Luxor, Egypt. Just after their arrival at the Nile River, they felt the rumble and shaking of the earth, which indicated to them that Poseidonis was sinking.

After disembarking in the vicinity of today's Luxor, the forty volunteers brought the Ascension Flame ashore, nourishing it with their very breath, as the flame appeared to be all but ashes.

Here Serapis Bey established a temple for the flame and has been its principal guardian ever since. An embodied, trusted member of the Brotherhood of the Ascension Flame would guard the flame, when Serapis Bey was at inner levels, between embodiments. While in embodiment in Egypt, Serapis Bey built the temples at Thebes and Karnak.

At a later time, in an embodiment as Phidias, Serapis Bey rendered a great service to mankind, in bringing forth the nearly-exact replica of the Temple of Truth. This was done so that the outer consciousness might contemplate its perfection, and tune into its service to God. The building was erected near Athens, Greece, in about 450 B.C.. It was called



the Parthenon, and it was dedicated to Pallas Athena.

Serapis Bey was also embodied as King Leonidas of Sparta.

The Brotherhood at Luxor performed a great service by rescuing the most precious books from the library at Alexandria, before it was burned by vandals. These books, as well as other important libraries, are kept at Luxor and at other retreats of the Ascended Masters.

After Serapis Bey gained the ascension around 400 B.C., he became Chohan of the Fourth Ray. The action of the Ascension Flame comes under this ray. He is the Master in charge of the Brotherhood at Luxor, Egypt, and also works with the Seraphim. The Brotherhood of Luxor wears robes of white, with crystalline trimmings at the hem and cuff. A symbol of the sun is over the heart. Serapis Bey wears the headdress of the retreat, a golden band with two wings of flame over the forehead.

The beloved Serapis Bey holds to a strict discipline for those who aspire to the ascension, for it is not possible that the fullness of God can be attained by those who have mis-used God's energy through many ages of living, unless they perfect themselves.

Beloved Serapis is a Lord of Love, and his ONE PURPOSE IN LIFE is to actually free every individual, upon this planet, from the recoil of those impure causes and cores of limitations and disease, and their inevitable effects of distress of body, mind, soul and affairs. He looks over the four lower bodies of such a one, and prepares a schedule of events and conditions to be experienced by the chela, which will enable him to completely purify and redeem those bodies, which as

yet have not been brought under the full control of the individualized "I AM" Flame of the lifestream.

Every candidate for the ascension must stand in the presence of Serapis Bey (usually in their etheric body, at night, while their physical body sleeps). He then externalizes the aura of each one, and carefully and lovingly prepares those initiations which will help such a candidate to transmute his lower nature. He assigns such a candidate to a brother or sister from Luxor, whose obligation it is to provide the OPPORTUNITIES (NOT PUNISHMENTS!) so that all of the earnest candidates, if they persevere, CAN ACHIEVE THE ASCENSION IN THE LIGHT. Many have had the loving guidance of Serapis Bey and his Brotherhood, and have gained the ascension through their assistance. SERAPIS BEY IS TRULY A LORD OF LOVE!

Serapis Bey explains: "I have the privilege and opportunity to examine each lifestream desiring to make the ascension, and to prepare for him the particular initiations which his innermost thoughts and feelings require, for his spiritual development and expansion. These initiations are not punishments, but are OPPORTUNITIES, to strengthen the chelas' faith in God, and trust in his goodness. Sometimes the experiences which are necessary for this transformation from the human into the divine seem extraordinarily difficult, ESPECIALLY WHEN A CHELA ASKS THAT HIS ENTIRE NATURE BE TRANSMUTED IN ONE EMBODIMENT."

"It is the tremendous speed of transforming the human nature into the divine, which often causes the chela to feel that he is being 'tried' beyond the limits of his endurance. Yet, is it not better that what must be done, be done quickly, INASMUCH AS IT MUST BE DONE SOMETIME!"

The keynote of Serapis Bey is contained in the melody “Celeste Aida.”

#### **THE ASCENDED MASTER BOB SINGLETON**

Bob Singleton graduated from a mining school in Colorado. He met Mr. Ballard in Mr. Rayborn’s mine, somewhere in the United States.

Bob Singleton received instruction and training from the Ascended Master Saint Germain. Later on, he traveled with Mr. Ballard to the Far East, where additional training was given by the Great Divine Director, in the Cave of Light. In this focus of Light Bob Singleton achieved the ascension in 1933.

As an Ascended Master, Bob Singleton’s special interest is in assisting the spiritual development of the younger generation. We can call on him to help us express the God-quality of enthusiasm, when serving the Light.

### LORD SURYA

Lord Surya was a priest of a great civilization, which flourished on Lemuria. At that time the Manu of the Third Rootrace brought forth its subraces. It was Lord Surya's task to supervise and sustain the spiritual bridge, built for the descent of that rootrace.

Today, Lord Surya is the hierarch of the Temple of Peace, located on the Island of Great Fiji, in the Pacific Ocean. This island is but the tip of one of the great mountains of the former continent of Lemuria. In this temple, the priesthood maintains a great focus of peace and divine love. (see Temple of Peace)

Students can call on Lord Surya and the Brotherhood of Peace, who radiate the God-qualities of peace, tranquility, love, financial supply and protection.

Lord Surya is majestic in appearance, being seven feet tall and slender of form. His well-trimmed beard resembles that of the Ascended Master Saint Germain. His eyes are purple in color, and his hair, falling to the shoulders, is golden. He is attired in clothes of pure white, and wears no jewels.

### **THE GOD TABOR**

The God Tabor expresses great majesty, wisdom and power. In Jesus' time he served in the Retreat of Mount Tabor, named after him. After Jesus' ascension, God Tabor took up permanent residence in the United States, where he governs and controls the Rocky Mountain Range.

In order to help reduce temperatures, students can call on God Tabor to send currents of cool mountain air. He will also assist to reduce the possibility of earthquakes. This is done by calling on him, and the Maha Chohan, to seize control of certain currents of misqualified energy, accumulated below the surface of the earth. These pockets of disharmonious energy are called gas belts. When giving this decree, visualize the gas belts filled with pure, metallic gold.

### **THE ASCENDED MASTER VAIVASVATA**

Vaivasvata is the Manu of the Fifth Roottrace. Therefore, he is responsible for the evolution and redemption of this roottrace, the majority of which are still using this planet as a home.

He did not give any discourses through Mr. Ballard or Geraldine Innocente, therefore no additional information is available.

**LADY MASTER VENUS, GODDESS OF BEAUTY**

The beloved Lady Master Venus is the twin flame of Cosmic Being Sanat Kumara. During the absence of Sanat Kumara, at the time of his voluntary exile on Earth, Lady Master Venus has guided and protected Venus. She gave a dictation in January of 1947. In this dictation, beloved Venus explained that the expression of beauty is God's gift to all of his children. Therefore, it is the right of every individual to express the God-qualities of beauty and perfection. Here are some details of her dictation:

“THE DESIRE FOR BEAUTY IS REALLY INNATE WITHIN ALL LIFE, for it is one of the greatest qualities of the Godhead, and therefore, it is man's NATURAL HERITAGE, SINCE ALL LIFE IS ONE, NO MATTER WHERE OR HOW IT IS EXPRESSING.

“When there is a desire within you to draw forth more beauty into this physical appearance world, just realize that this is really in accord with your divine plan of life and you are, right then, 'in tune with the infinite.' Beauty and love are part of the very essence of divine perfection and the more beauty which is expressed by one (in person and surroundings), the higher the vibratory action of his world.

“Through the destructive use of their own gift of free-will and having forgotten their divine source, mankind have used their creative centers of thought, feeling, spoken word and action in such a manner as to create shadows, rather than expanding Light. In this way they have LOWERED THEIR NATURAL VIBRATIONS to a point where sustained harmony in the feelings is not held and those vibrations are then slowed down to the place where disease and other distressing limitations manifest.

“Therefore, to have more beauty expressing in, through and about one, the lifestream so desirous of that quality, must quicken the rate of vibratory action of his four lower bodies (physical, etheric, mental and emotional). This is done by the daily, rhythmic use of the Violet Transmuting Flame, which purifies the substance that has been qualified with discord, and raises its vibrations into Light, the natural rate of his own keynote. Thus, the consistent use of the Violet Fire removes the causes and cores of human distresses, and the distressing effects simply disappear, since their source is then gone. As light takes the place of the shadows, the rate of vibratory action is raised, and, as this continues to increase, the exquisite beauty of the higher vibrations will be drawn about the individual, as ‘like attracts like,’ both above and below!”

### THE COSMIC BEING VICTORY

The Cosmic Being Victory is from Venus. He was the leader of the second group that came from Venus to assist Earth. In all of his actions, for thousands of centuries, he has been victorious. His teacher was Sanat Kumara.

In an unparalleled action, the beloved Victory set aside the Occult Law, which had governed the teaching of the Great White Brotherhood for at least 80,000 years. As a result of this action by Victory, this teaching could now be presented in a simple form, so everyone could understand.

In order that the reader may better understand the impact of this dramatic event, the following explanation is given. Under the action of the Occult Law, this teaching had to be given gradually and sparingly, and it had to be veiled in such a way, that only a dedicated chela could partially understand. Here is an example of a dictation given under the Occult Law. The dictation was given by Ascended Master Kuthumi in the year 1872 and it is being published, right now, in the book “The Mahatma Letters to A. P. Sinnet,” by the Theosophical Publishing House Adyar, Madras 20, India, on page 80:

“The monad performs not only ‘world rings’ or seven major inmetalliations, inherbanations, zoonications (?) and incarnations – but an infinitude of subrings or subordinate whirls, all in series of seven.” And on page 78 of the same book, Kuthumi, answering the question of a student, states: “The number is not quite correct. There are seven objective and seven subjective globes (I HAVE BEEN JUST PERMITTED FOR THE FIRST TIME TO GIVE YOU THE RIGHT FIGURE).”

Beloved Victory (sometimes called “the Tall Master from



Venus,” explained to the students: “This teaching should be given in such a way that even a small child could understand, but it should also be presented in a powerful and majestic way. When I, at the Royal Teton (conclave of 1930, which started in the last days of December), issued the fiat which DISCARDED THE OLD OCCULT LAWS for this Earth, it does seem it demanded considerable authority, doesn't it? Yet that authority was mine! I utilized it, and I did not ask for any human opinions about it! It was done! You will find those old laws do not operate any longer!”

“Beloved friends of my heart, I come tonight to bring to you the God-victorious qualification of my life, the fully-gathered cosmic momentum of energy which is mine, resulting from my use of the gift of primal life, through the ages. I am bringing to you my consciousness and the quality of victorious accomplishment, that accomplishment which will accept no compromise, which will accept no defeat, which knows, through the cosmic flame of Cosmic Christ Truth, THAT COSMIC LAW IS ABSOLUTELY CERTAIN TO ACT FOR AND THROUGH THE INDIVIDUAL, when correctly applied. When that Law is consciously applied, the energy is released qualified with perfection and, IF HARMONY IS SUSTAINED, VICTORY IS ASSURED!”

Our eternal gratitude goes to this beloved Cosmic Being for discarding the Occult Law and assisting the efforts of Saint Germain!

Students can call on beloved Victory, even today. If invited, he will assist in overcoming the habits of dope, nicotine and alcohol. IF THE STUDENTS WILL MAKE A CORRESPONDING SELF-EFFORT, VICTORY WILL ALSO HELP THEM IN RE-ESTABLISHING THE GOD-QUALITY OF DETERMINATION

AND PERSISTENCY OF EFFORT, SO NECESSARY TO BRING SUCCESS. It was beloved Victory who helped Saint Patrick gain his accomplishment in Ireland. Saint Patrick stood in the rain, determined to achieve his goal through a strong, persistent effort. Likewise, the Philadelphia Group of the Bridge to Freedom—which according to the Masters accomplished more, than any other group in centuries—was successful as a result of a determined, persistent effort, giving decrees at the same time, at the same place, for many months, constantly keeping sight of their goal.

Beloved Victory had expected to return to Venus, but because of certain accomplishments of the student body of Saint Germain, he decided to stay. Let us be sure he continues to stay, by asking for his assistance, which may include giving the following decree:

“I AM THE VICTORY OF THE ACCEPTANCE AND EXPANSION OF THE TEACHING OF THE GREAT WHITE BROTHERHOOD, Beloved Cosmic Being Victory, see that all sincere seekers of truth will have the opportunity to read this teaching in their own language! Beloved I AM, do it today! Do it to stay! (3X)”

Beloved Victory makes his home in the Teton Retreat to serve our planet.

### THE ORDER OF ZARATHUSTRA

The Order of Zarathustra is the authority over the fire element, including the fire, as we know it in the physical world, and the Sacred Fire (these are flames functioning at inner levels, not seen by the physical eye, which have been qualified by an Ascended Being with a certain God-Virtue such as "Truth." Each of the priests of the Order carries the name "Zarathustra."

After the "Fall of Man," there was a time period when man's spiritual development was at an all-time low. Man lived in caves and even lost the remembrance of the physical fire. That was the darkest period in the progress of the planet.

After Sanat Kumara arrived at Shamballa, he drew forth, through his own energies, the visible power of the Sacred Fire upon the altar. The elect witnessed the activity. After that rhythm was established, the individuals privileged and drawn by the magnetic pull of their own light and development, entered the City of the Bridge, called Shamballa, on White Island (now the Gobi Desert). They magnetized the Sacred Fire from the heart of the Central Sun, through adoration and invocation. Thereafter, a priest of the Order of Zarathustra came and re-established the use of the physical fire to those living outside of the walls of Shamballa.

The Transmission Flame Service, as performed today in many countries by students of this teaching, is an example of the use of the Sacred Fire. Here Ascended Beings and their students cooperate, using the rhythmic breath, to magnetize, absorb, expand and project a flame carrying a

certain God-quality.

The Order of Zarathustra embraces the God-quality of enthusiasm. One priest of the Order of Zarathustra addressed the students of the Bridge to Freedom, as follows:

“THOSE OF YOU WHO DESIRE TO BUILD A FOUNDATION UPON WHICH A NEW AGE SHALL STAND, those of you who profess to lay the cornerstone for freedom, I say to you, COUPLE YOUR VISION WITH ENTHUSIASM and call on me to assist you!

“The fires of enthusiasm are not the fires of the zealot, the fanatic, which burn to ash and destroy! Enthusiasm is a positive, conscious progression with the feeling always under the control of the presence of God! Enthusiasm is contagious, even as is doubt and fear! Be careful of what you carry in your feeling world, FOR CONTAGION, THROUGH THE FEELINGS HAS BEEN THE DESTRUCTION OF EVERY GOLDEN AGE, as well as the foundation of every magnificent spiritual and physical perfection!”

“THE FIRE OF ENTHUSIASM IS IN YOUR HAND. The powers of the Sacred Fire are within the compass of your being and TO YOU [the students ready to apply this teaching] I give my hand and heart!

“The others enjoy the radiation of light, that light which comes from those who wield the Sacred Fire, which is the sweet anointing and benediction that will survive and remain, long after I gather into my robes and arms the enthusiasts and take them home.”

**Part 2**

**Ascended Master  
Retreats**

## INTRODUCTION

### THE PURPOSE AND FUNCTION OF RETREATS

Throughout the world, there are special radiating centers, where a flame, containing a God virtue (such as Truth) has been anchored and maintained, century after century, by Ascended Beings. Every flame, so qualified, becomes part of the Sacred Fire. Therefore, THE SACRED FIRE CONSISTS ALL OF FLAMES THAT HAVE BEEN QUALIFIED BY AN ASCENDED BEING WITH A CERTAIN GOD-VIRTUE.

Ascended Masters have utilized such retreats since the beginning of time, to radiate certain God-virtues to mankind. This action helps to bless mankind, and it stimulates, in them, the desire for spiritual development.

Some of the retreats, such as the Royal Teton and Shamballa Retreats, were established millions of years ago. Of these, the Royal Teton Retreat is the oldest. It was established when the first Root Race set foot upon this planet.

Every individual who aspires to be more God-like, draws into the lower atmosphere around him, beneficent spiritual currents. In a great cathedral or in a healing shrine, there is contained the invisible presence of faith and hope and reverence, born of the heart's light of all who have ever assembled there. This a palpable and living force, that even the most skeptic materialist cannot deny. Think of how much greater, then, are those retreats and foci, where the Masters of the race have entertained the seekers after truth for so long.

The retreats induce and encourage spiritual thought and aspiration, where man, in his journey towards God, finds it

easier to reach the higher, purer consciousness, and overcome the appetites of the outer self. Seekers after spiritual attunement have ever sought these environments, entering into the mountain's vastness or the solitudes of desert and seashore, cultivating their divine destiny under the beneficent radiation of these natural shrines. The retreats are living, breathing spiritual centers, that act as fountains or vortices of force, to dissipate the evils of man's thinking, and to raise the mass consciousness.

Each foci specializes in one or more God-qualities, which are radiated to mankind on a periodic basis. The knowledge of the timing of the outpouring of the God-virtue, radiated by the retreat, enables students to participate in this transcendent service, thereby becoming conductors and step-down transformers of the God-quality that is radiated. This service is called the Transmission Flame Service.

These spheres of influence, or forcefields, of the retreats, vary in size, according to the number of members who serve within the retreat, the type of service they render, and the length of time the retreat has been established.

The retreats, through their radiation and other activities, have saved mankind from complete degradation. IF IT WERE NOT FOR THESE RETREATS, MANKIND COULD NOT HAVE MAINTAINED THEIR PHYSICAL BODIES, due to the effluvia of their human creation, which includes qualities such as hate, selfishness and jealousy.

Certain points upon the Earth's surface are more natural conductors of spiritual light than others. These sanctuaries were established at strategic points across the surface of the Earth, under the direction of the God-beings, who felt that

these certain points must have protection and radiation to hold the balance for the entire sphere.

The retreats are located either in the etheric realm or in the physical world, often within mountains and other places unapproachable by the curious.

The Brotherhood of a retreat sustains the flame of that particular focus through attention and invocation. Otherwise the flames would ascend into its own natural realm. The Brotherhood of the various retreats are branches, or orders, of the of the Great White Brotherhood.

The Ascended Masters provided us with the names of melodies that contain their individual keynotes and the keynotes of their retreats. By playing and listening to this melody (a rendition that is not jazzed or otherwise changed) the student is able to tune in with the Ascended Master or with the retreat and draw the radiation.

#### ENTERING A RETREAT

Under the action of the Occult Law, as it existed prior to 1930, the chela desiring the ascension was admitted to a retreat after reaching a certain state of purification and enlightenment. Here he was placed under the general supervision of a Master.

At the retreat, the chela received very few instructions. This was deemed necessary because a teacher is responsible to the Cosmic Law for what the student does with his instruction. Often, especially in the beginning, the chela was left to his own heart's prompting, as to how to proceed. As the months and years went by, he was taught how to



transmute his karma by using the Violet Flame and he was taught the knowledge of the I AM Presence. In order to gain self-mastery, he was asked to pass many tests and many initiations. The initiations of a retreat were quite severe, and few chelas passed them.

The Occult Law was set aside in 1930, by the Cosmic Being Victory, and the chela no longer goes to retreats in his physical body. The chela now passes his initiations, leading to the ascension, in everyday living in the outer world. One Master stated, in 1952, that not a single student of this teaching at that time, was qualified to gain the ascension under the old rules of the Occult Law.

Under the dispensation, later called both the “Bridge to Freedom Activity,” and the “I AM Activity,” the knowledge of the I AM Presence and the Violet Flame were given to the students through accredited messengers, and the standards for reaching the ascension were relaxed. Therefore, it is now much easier to obtain the ascension.

In the early part of 1952, the Maha Chohan asked that the radiation of the retreats be expanded. This goal could be accomplished by informing students of the Bridge to Freedom of the time a retreat is open, explaining the purpose of the retreat, and in giving detailed descriptions of the retreat and its Brotherhood. This, in turn, would interest the students in visiting these retreats at night, while their physical body was asleep. The procedure visiting the retreat in the etheric body is called “Projected Consciousness.” This process would draw the chela to the sphere of influence of the retreat, thereby nourishing his own four lower bodies through the retreats radiation and increasing the momentum

of the chela's forcefield. At the same time the momentum and sphere of influence of the retreat would also be increased.

The Cosmic Law approved the plan of the Maha Chohan, and this activity became a cornerstone of the teachings of the Bridge to Freedom. FOR THE FIRST TIME SINCE THE SINKING OF ATLANTIS, THE RETREATS WERE OPENED FOR CHELAS TO VISIT IN PROJECTED CONSCIOUSNESS. The Ascended Masters were extremely grateful for the cooperation between chelas, acting in groups or as individuals, and were looking forward to further expansion of this activity. This happened in July of 1952, when the Transmission Flame Service was started.

#### **THE ETHERIC BODY**

Man is a complex mechanism, comprised of seven bodies. The names of the bodies are:

1. The I AM Presence
2. The Causal Body
3. The Christ Self
4. The Etheric Body
5. The Mental Body
6. The Emotional Body
7. The Physical Body

The Etheric Body, Mental Body, Emotional Body and the Physical Body are also called the four lower bodies. They contain the imperfection which man created after the event called the "Fall of Man." Each of these lower bodies has a voice, consciousness and intelligence of its own.

The I AM Presence, the Causal Body and the Christ Self contain only perfection.

In this chapter we focus on the Etheric Body. Let us examine it in detail. The etheric body is like a mirror. It records instantly the thoughts, feelings, actions and spoken words of the individual. It IMITATES that which you do!

Lord Ling (known to us as Moses) explained the benefits, to the chela, when he visits an open retreat by means of projected consciousness, as follows:

“Now, beloved, the four lower bodies are constantly absorbing the substance of the realms with which they are connected, through your attention. For instance, your etheric body is, by nature, a magnet, and when the consciousness is raised to the ascended and angelic hosts, that etheric body will draw, into itself, the radiation of the higher spheres of light.

“WITHIN YOUR ETHERIC BODIES IS THE ETHERIC RECORD OF EVERYTHING YOU HAVE EVER EXPERIENCED, FROM BEFORE THE TIME OF YOUR FIRST EMBODIMENT, TO THE PRESENT. Thus, there is registered, in your etheric bodies, every constructive, as well as every discordant thought, feeling, spoken word and deed you have ever seen, heard, felt spoken, or done, during your embodiments, and when not in embodiment.

“THE ETHERIC BODY IS ESPECIALLY BENEFITED WHEN IT ABSORBS THE RADIATION OF AN ASCENDED MASTER, DURING THE TIME WHEN THE CHELA VISITS A RETREAT IN 'PROJECTED CONSCIOUSNESS,' AT THE TIME IT IS OPEN DURING A 30 DAY PERIOD.”

What happens when a student does not ask to be taken to an Ascended Master Retreat when sleeping? Typically, the etheric consciousness wanders within the astral realm, often weaving fantastic forms and shapes into “dreams.” Man, qualifying cosmic energy to create those dreams, is held responsible, by the Cosmic Law, for the expenditure of this energy, the valueless nature of which only adds to the volume of effluvia that makes up the psychic and astral realms in which man abides.

Now, with these explanations behind us, we may define entering a retreat, which is open during a 30-day period, in “Projected Consciousness”, as follows:

- 1) The chela reads the detailed descriptions of the retreat, before going to sleep.
- 2) The chela gives a specific decree, asking for protection, guidance and instruction from an Ascended Master and he asks for the radiation from the retreat.

#### **THE TRANSMISSION FLAME SERVICE**

In 1952, the Cosmic Law issued a fiat that mandated that Sanat Kumara be released, from his voluntary exile on Earth, within the next twenty-year period.

In order that the reader can fully grasp the consequences of this edict, the following explanation is given:

Every planet, in order to maintain its orbit within a solar system, has to emit a certain amount of light. This light is comprised of the constructively-qualified energy of its inhabitants.

The Light, contained within Sanat Kumara's Causal Body, was great. This energy would be taken with him, on his return to Venus. Without the energy contained in Sanat Kumara's Causal Body, the Earth, in 1952, emitted insufficient light. Therefore, Earth would not have fulfilled the condition to further warrant its place in this solar system and mankind would have been left without a planetary home.

It was then, in 1952, that the Maha Chohan suggested the introduction of the Transmission Flame Service, to meet this emergency. He stated:

“Sitting one day, looking back at beloved Morya's initial endeavor to acquaint mankind with the existence of the retreats, I came upon the idea of having the student body gather all over the world and, breathing-in the flame of the quality of the retreat as the retreat is opened, feel the pressure and pull of the sphere of influence of each retreat, securely fastening it in place with the pegs of their energies and making it world-wide and world-engulfing.”

The Maha Chohan explained that this situation required a new special effort. He felt the use of decree groups was still required, but needed to be enriched, and the use of the Transmission Flame Service was the most effective means to provide the lacking Light-quota of the Earth, caused by Sanat Kumara's leaving. He stated that, without the Transmission Flame Service, it would be quite impossible to accomplish this.

Ascended Master Retreats have been active for countless centuries. As we know, each retreat was utilized to radiate a specific God-quality. But without the assistance of unascended chelas, however, the sphere of influence of each retreat

was limited to a certain radius. For example, the natural radiation of the Luxor Retreat extends to France and is limited by the Atlantic Ocean. It is more difficult to transmit spiritual currents across wide bodies of water, and also across mountain areas, consisting largely of rocks. Therefore, it is desirable (but not absolutely necessary) to have student foci near these locations.

If, however, groups of students could be found, who would serve as transmitters and amplifiers, then the sphere of influence of the active retreat, during a given month, could be enlarged and intensified.

The reason for acquainting chelas with the name of the active retreat, is that the student can then make use of that knowledge and by placing his attention on the retreat, add his energy to the expansion of the flame of the retreat. In this way, each chela becomes a conductor of the radiation of the retreat and expands its sphere of influence.

The Maha Chohan's plan was, at a given hour, to connect the breath of the students with the outbreath of the Ascended Host at the retreat and have a world-wide Transmission Flame Service. This outbreath of a particular God-quality occurs on the fifteenth day of the month and it ends on the fourteenth day of the next month. Here is the procedure, proposed by the Maha Chohan:

A number of Ascended Beings draw and absorb the God-quality of the flame of the retreat. Then they expand and project this quality to its sphere of influence, adding their own Light and life-essence to it.

Now, these currents which flow from the retreat on the outbreath, are magnetized and drawn into the bodies of the

students on the inbreath. They are then sent eastward around the globe, completing a world-wide circuit. THESE CURRENTS BECOME A BRIDGE OF ACTUAL ENERGY AND THROUGH THE BREATH OF THE STUDENTS, THEY ARE NOW STEPPED DOWN IN VIBRATION, AND THEY CAN BE ABSORBED MORE EASILY BY THE INNER BODIES OF ALL MANKIND.

As part of the plan, the students were to be informed of the specific location and service of the retreat, its keynote and the color and activity of its flame. Therefore, if the students would come together once a month, for one and one half hours of service, to magnetize, absorb, radiate and direct the radiation of the retreat, this would form a forcefield of constructively-qualified energy. This forcefield would act as a transmitter of the currents of the retreat.

The breath of the student, containing life-substance, would be the fiber of this forcefield. An additional purpose of the forcefield was given later, by the Maha Chohan. If the forcefields became permanent, the Masters could utilize the energy of the forcefield to assist in other locations where there was a need. A PERMANENT FORCEFIELD IS FORMED IF CHELAS MEET AT LEAST ONCE A WEEK, AT THE SAME PLACE, AT THE SAME TIME, FOR A PERIOD OF AT LEAST TWELVE MONTHS. A PERMANENT FORCEFIELD CAN ALSO BE FORMED OVER THE HOME OF AN INDIVIDUAL.

The first Transmission Flame Service was held on July 18, 1952, when a group of eleven students met in Philadelphia. It resulted in an intensified action of the Freedom Flame of Saint Germain, in Transylvania. With regard to this event, the Maha Chohan said: "I thank you, each lifestream, whose breath formed a part of the initial pulsation for a cosmic event, whose records will remain on the pages of

akasha as a permanent memorial to your presence with us.”

Later, on October 18, 1952, when more student groups were involved, the first worldwide Transmission Flame Service was held. The students were made aware of the Retreat of the Month, the characteristics of the flame and the Ascended Masters who would act as Sponsors, supporting the local group. The total number of Ascended Masters, who acted as Sponsors, was twenty-six. Among the Sponsors was Godfre' who, as Mr. Ballard, was the messenger of the “I AM Activity” and David Lloyd, who made his ascension on Mt. Shasta.

The opening of each retreat is attended with great pomp and ceremony at inner levels. For days before the great celebration, the Brothers connected with the retreat draw forth all the beauty and artistic development that their Ascended Master Consciousness has at its command. Sometimes guests arrive from other planetary systems and galaxies.

Through the constancy of the application of the students, the spiritual bands of light and energy became a permanent track of Light, which endured during the entire three-day cycle, during which the retreat was open. Therefore, the entire momentum and power of radiation of the retreat became a constant pulsating activity, engulfing the entire planet, during that time.

Whereas, in the beginning of the Transmission Flame Service, the flame circled the Earth several thousand feet above its surface, at a later stage, the flame, for a maximum effect to mankind, could be projected right along the surface of land and sea. As this action occurred again and again, the pull of the senses, appetites and passions, which are all part



of the gravity by which man is held in the lower octaves, was tremendously lessened.

The success of the Transmission Flame Service (TFS) exceeded all expectations of the Great White Brotherhood. Already, at the end of 1955, the Light of the Earth had increased to such an extent, that Sanat Kumara could be released. The honor of the announcement was given to Beloved El Morya, because it was he who Sponsored the Bridge to Freedom dispensation.

TO REPEAT, ALL THE CHURCHES IN THE WORLD, ALL THE METAPHYSICAL INSTITUTIONS, EVEN THE I AM ACTIVITY, WITH ALL THE DECREEING, WORTHWHILE AS IT WAS, COULD NOT HAVE PREVENTED THE DISSOLUTION OF THE PLANET. THE ASCENDED MASTERS GAVE THE MAIN CREDIT, FOR KEEPING THE EARTH IN ORBIT, TO THOSE STUDENTS OF THE BRIDGE TO FREEDOM WHO PERFORMED THE TFS.

The TFS was re-introduced by the Ascended Master Teaching Foundation in 1990. Since then, students in many parts of the globe gather in a world-wide service, to be receivers and transmitters, to magnetize and radiate the God-qualities of the Ascended Master Retreat that is open during a particular time period, stepping down its vibrations, so they can be of maximum benefit to the four lower bodies of mankind.

In the 1950's the Ascended Host had a reliable, authorized channel. Unfortunately, this is not the case right now, at the time this book is being written.

In 1990, when the AMTF introduced the Transmission Flame Service, a survey was made of existing groups, which, based on channeled information, gave out the list of the ac-

tive retreats for a given year. According to this survey, all groups gave out different information on the retreats, including the date a retreat was open during the year. Based on this finding and the experience the AMTF had with 66 channels who wanted to be the AMTF channel, it was decided to restrict the number of Transmission Flame services to four per year. Classes are held when the Teton Retreat is open (twice a year), and then when Shamballa and the Resurrection Temple are open. These retreats were consistently open during a certain period in the 1950's when Geraldine Innocente was the authorized channel of the Brotherhood.

Thus, the Transmission Flame Service depends on reliable, committed disciples, who will be both receivers and transmitters. The Ascended Masters said that, to be a receiver, only, of the higher teachings, without transmitting, could be likened to the action of a sponge that only absorbs. The Maha Chohan considered this to be a grievous fault.

According to the Masters, if a student offers to contribute some of his breath towards the progress of the race, he automatically receives, from life, a greater proportion of the gifts that lie within the substance of the air and the ethers. Chelas who volunteer to participate in the Transmission Flame Service, become active working partners of the Great White Brotherhood.

### SELECTING RETREATS FOR THE TRANSMISSION OF THE FLAME SERVICE

At the close of each year, Helios and Vesta, the beings that govern our solar system, design the thoughtform for the new year. The thoughtform is a particular God-quality that is to be emphasized by the Great White Brotherhood during the coming year. On the last day of the year, Helios and Vesta transfer this thoughtform to Lord Gautama, the Lord of the World. Lord Gautama then establishes the succession of the retreats during the coming year, according to the pattern which will best outpicture the thoughtform for the new year. Examples of thoughtforms chosen in the 1950's are, the Freedom Flame, a diamond heart and the Lamp of Truth.

Once the pattern for the twelve-month-cycle is designed, it is up to the hierarch of each retreat to enlist the voluntary energy of unascended chelas, as well as that from the active members of his own retreat. The Hierarch may also ask for the support of Ascended Masters who are serving in other retreats.

The date of the opening of a retreat occurs on the fifteenth day of a month. This cycle continues until the fourteenth day of the next month.

### THE POWER OF YOUR ATTENTION

Energy follows thought. Your attention is the channel through which God's energy flows. As co-creators with God, we are at liberty to direct our attention to whatever we wish. Our attention is similar to the action of a shop-vac vacuum cleaner. The shop-vac sucks in any object upon which it is

placed, whether it is clean water, dirty water, clean wood shavings or just plain dirt. Similarly, on whatever our attention rests, that quality we magnetize and draw into our experience.

When you focus and rest your attention for an interval of time, on one specific item, and you draw a mental picture of your object, this activity is called visualization, meditation or contemplation.

What happens when one visualizes? "True visualization," Saint Germain states, "is God's attribute and power of sight, acting in the mind of man. When one consciously pictures, in his mind, a desire he wishes fulfilled, he is using one of the most powerful means of bringing it into his tangible, visible experience."

"Your ability to create and see a picture, within your own consciousness, is God's attribute of sight, acting through you. The activity of visualizing, and the power to create, are attributes of your God-self, which is within you, at all times. God's life and power are acting within your consciousness, to PROPEL into your outer world, the picture you are seeing and feeling, within yourself.

"No form ever came into existence, anywhere in the universe, until someone had consciously held a picture of that form in his thought, for every thought contains a picture of the idea within it."

*"Whatever You Vividly Imagine,  
Ardently Desire, Sincerely Believe,  
And Enthusiastically Act Upon . . . .  
Must Inevitably Come To Pass."  
Anonymous*

### PERFORMING THE TRANSMISSION FLAME SERVICE

Your breath is qualified life, drawn into your body, clothed in the substance of your consciousness and breathed forth again, to contribute to the heritage of the race, for good or discord, according to the state of consciousness of the individual. In the course of a natural day, the lifestream who is yet not master of his energy, qualifies the breath according to the mood of the moment. In periods of prayer, meditation, contemplation and decreeing, he offers qualified life on the constructive side of life and, in periods of individual confusions and struggles against the shadows of the appearance world, he offers misqualified life to the sustaining of the creations of imperfection of the astral realm.

The use of the breath, in the course of the life, determines the amount of vital essence that can be released to and through the individual, from the finer ethers. Within these subtle ethers is the elixir of life, the secret of eternal youth and beauty, and the purifying agency, by which disease and decay are transmuted.

The Maha Chohan is an authority on the breath. At birth he provides our first breath, and when we depart this plane, he takes our final breath. Therefore, it is not surprising that the Transmission Flame Service was suggested by him.

To further increase the local forcefield, the Maha Chohan suggested the use of the rhythmic breath. What is the rhythmic breath? It is the natural activity of life. We read in the Bible of persons having lived for 900 years or more. They used the rhythmic breath. Here are the four phases of the rhythmic breath: inbreathing, absorbing, expanding and projecting. When we absorb and project, we pause and do not breathe.

Example: The Resurrection Temple is the open retreat of the month. The Flame of this retreat is the Resurrection Flame.

Phase 1: The students breathe-in the color and God-quality of the Resurrection Flame (described in the Transmission Flame Manual), from the Ascended Master Retreat or the student focus, west of their location, all to the count of eight.

Breathing statement: "I am inbreathing from Jesus and Mary the raising power of the Resurrection Flame."

Phase 2: The students absorb the color and God-quality of the Resurrection Flame. They visualize becoming one with the flame. Students hold the breath.

Breathing statement (to the count of 8): "I am absorbing from Jesus and Mary the raising power of the Resurrection Flame."

Phase 3: Students breathe out. They expand the breath. They visualize the Resurrection Flame proceeding to the retreat or student foci to the east.

Breathing statement (to the count of 8): "I am expanding the raising power of the Resurrection Flame."

Phase 4: Students hold the breath. They visualize the flame proceeding farther in an Easterly direction.

Breathing statement (to the count of 8): "I am projecting the raising power of the Resurrection Flame."

Additional details may be found in the Transmission Flame Manual of the AMTF.

### SPONSORS OF THE RETREAT

When a retreat is active, during a given month, an angel or Ascended Being is provided to assist a chela, who desires to enter the retreat in projected consciousness. This angel or Ascended Master is called a Sponsor. It is the task of the Sponsor to guard and guide the chela to the retreat and back, during the 30 days the retreat is open. With regard to the subject of Sponsors, the Maha Chohan said:

“Beloved ones, not all of those in any Ascended Master Retreat desire, or qualify to act as your Sponsors. When an Ascended Master Being chooses, voluntarily, to kneel before his own Hierarch and take upon himself or herself the responsibility of assisting a lifestream for thirty days, it is inexcusable when, at times, those Sponsors must wait for twenty-eight days awaiting one call from a student. There is a balance that your lifestream, in turn, owes your Sponsor. For every gift which we give to you, you are required to give, to us, a balance in the release of your light, in some constructive and God-harmonious manner.”

### VISITING A RETREAT IN PROJECTED CONSCIOUSNESS

Any man, woman and child interested in such visits is lovingly and joyously welcomed as they visit these retreats.

In order to travel in projected consciousness to an Ascended Master Retreat, the following procedure is recommended:

Nourish your mind through reading and contemplating the details of the retreat, (its location, purpose, flame, and keynote). Close your eyes and visualize your objective. Your I AM Presence and the Ascended Host are your compass. Your mind is like the sail of a boat.

Do this, preferably, JUST BEFORE RETIRING. In this way, a full impression is made on the etheric consciousness, enabling it to be recorded deeply, which will propel your etheric body towards the retreat, like a rocket. Under no circumstances discuss your activity with anyone.

Determine, in your feelings, that you WILL reach your destination. Generate, in your feelings, the happy anticipation of visiting the retreat. Relax and let God, through you, do the work and render the service. Do not allow yourselves to get tense, because that communicates itself to your inner bodies and deprives you of much of the joy and happiness you would derive from your visits to the retreat.

EXPECT to remember some of the instruction received when you awake in the morning.

The magic key that will open a retreat to you is to decree as follows, just before entering sleep:

*"In the name of my mighty victorious I AM Presence I call on the beloved Cosmic Being Victory, beloved Ascended Lady Master Leto, and the beloved Sponsor of the Ascended Master Retreat that is currently open:*

*"Guide me safely to the Ascended Master Retreat that is currently most active, so I can visit it in projected consciousness.*

*"See that I receive the instruction needed that will help*



*me to gain mastery over the challenges, the problems, and needs I may encounter in the near future and how I may redeem my karma.*

*“Make me understand and inspire me, in learning how I can be of greatest service to the Great White Brotherhood. See that I receive the radiation and blessings of the retreat and then guide me safely back to my physical body.”*

We are calling on the beloved Cosmic Being Victory, in appreciation for his effort setting aside the Occult Law, in 1930, which made it possible for the Ascended Host to give messages in clear terms, without resorting to legends and parables. We are also recognizing that this Beloved Cosmic Being has never experienced defeat, only victory, in all of his endeavors.

We are calling on beloved Lady Master Leto because it is one of her specialties to guide students in projected consciousness to the retreats of Ascended Masters and have them retain a portion of the experience and instruction, after awakening in the physical consciousness, after such a visit. The Ascended Lady Master Leto specializes in rendering this service and she will joyously do this.

Ascended Master El Morya commented on Lady Master Leto’s service, as follows: “Beloved Leto's radiation is one of great joy and light. She is a very lovely golden-haired lady who is often dressed in purple and who has a very small crown of amethysts on her head. Throughout the ages it has been her specific service to life to guide people out of their bodies, in order that they might explore, in the aura and radiation of an Ascended Being, and under the protection of that Being, some of the inner realms. Relax physically now,

and ask for her assistance. Think of her, each night, as your retire. She is endeavoring to render this service for you.”

While in the retreat, the student absorbs the strength, beauty, wisdom, and understanding that form the radiation of the holy place. He returns to his own orbit, filled with the light of truth, more able to fulfill his own individual destiny, as well as being an active, intelligent co-worker with the Ascended Host. By performing the action of a co-worker, he balances RECEIVING truth, by GIVING IT FORTH to all who require more truth, to set them free from every limitation.

Your utilization of the gifts received will determine how much of the actual God essence will be invested in you, upon your next trip to an Ascended Master retreat or focus of Light.

Daily, consciously, “tune in” to the open retreat during the thirty days, when it is particularly active. Ask for LIGHT and UNDERSTANDING upon your individual path, its evolutions. If you will consistently do this, you will be amazed as to how ideas, patterns, plans and thoughts, which have seemed vague or disjointed, will suddenly become clearly connected and practical!

The Maha Chohan stated: “You may say that you worked too hard during the day to even think about visiting a retreat at night. You can hide nothing and I just want to answer gently. It will take one minute of your time, after you have refreshed your bodies, and lie down, one minute only, before you close your eyes, to think of the retreat which is open. Your Sponsor for the month will see that you go there, safely. Do not be concerned if you don't stay there ten hours, dear hearts. FIVE MINUTES IN ONE OF THESE AS-

CENDED MASTERS' RETREATS DOES SO MUCH FOR YOU. I assure you, IF YOU WILL TAKE ONE MINUTE, AND BEFORE GOING TO SLEEP JUST ASK YOUR SPONSOR TO TAKE YOU THERE, YOU WILL BE THERE. WE NEVER BREAK A PROMISE. A PROMISE GIVEN BY AN ASCENDED BEING IS A BOND THAT HOLDS CENTURY AFTER CENTURY.”

When we have visited a retreat at night, in our etheric body, we do not necessarily remember our experience, upon awakening in the morning. On this subject, the Maha Chohan has said:

“IN YOUR OUTER CONSCIOUSNESS, IT IS NOT VITALLY NECESSARY FOR YOU TO REMEMBER YOUR ACTUAL VISIT TO THE ASCENDED MASTERS' RETREATS. In fact, it is a great mercy that many do not bring back the fullness of such remembrance for, such memories might make your needed services in the mundane world more difficult to perform. You see, remembering the beauty, ease and peace in which you functioned there, might make service in the lower vibrations of the astral world, in which you abide, even less attractive than it sometimes is!

“As your four lower vehicles become completely purified of the causes and cores of every human distress, you then will be able to remember every detail of such visits. Of course, in order to be able to bring back such remembrances, you will have to be humble, grateful, reverent and wise enough to hold the privilege of such visits and their attendant blessings in the sacred heart of the silence, allowing your Light, not your lips, to proclaim your having had the blessing of actually sitting at the feet of the Ascended Host!”

Beloved Ascended Master Hilarion said, on the subject of

projected consciousness: “Through the direction of some God-free being, you are brought into these sacred retreats, one after the other, to enjoy the presence of the august assembly gathered there. Have you considered the freedom that is yours?”

“Beloved ones, I cannot emphasize too strongly, how important it is for you to recognize the expansion of consciousness that takes place through the projected vision, when you are receiving training similar to that given only within the retreats under the direction of some Ascended Being.”

The Maha Chohan stated, “While this dispensation is opened to you, through my humble endeavors, I do plead with you NOT to take so lightly these visitations, but to USE EVERY FACULTY OF YOUR THOUGHT, FEELING AND DESIRE TO BE PRESENT AND TO CREATE THE NECESSARY AURA THAT IS REQUIRED FOR YOUR SPONSOR TO PRESENT YOU TO THE HIERARCH OF THE RETREAT.

“A spiritual dispensation is granted only when there are unascended beings who are qualified for it and the Karmic Board determines they can benefit by it. Thus, the opening of the Ascended Masters' Retreats to you, my beloved, required some guarantee, upon my part, that you would truly use this dispensation of entering into the Ascended Master Retreats, enjoying the participation in the cosmic activities of the hour, and, most importantly, to USE the truth, imbued in your inner vehicles as well as in your outer consciousness, to bless your fellow man.”

The question arises, “Where are we today? Can students of the Bridge to Freedom Teaching enter the currently-open

Ascended Master Retreat in projected consciousness?” My answer is “yes.” This is based on the following:

1. Students of the AMTF and Grupo Serapis Bey (which also follows the original Bridge to Freedom Teachings), as of this writing (July 2004), are performing the TFS four times a year. It is being performed in seventeen countries, throughout the world. Students are limited to do this service four times a year because there is no authoritative source of information that can be trusted and relied upon to give the names of the open retreats throughout the year.

2. In 1952, the beloved Maha Chohan made a request to the Karmic Board that Ascended Master Retreats be open for students to attend in projected consciousness. This request was approved by the Cosmic Law. As long as some students continue to focus their attention on this item, and sincerely desire to assist in increasing the momentum and sphere of influence of the retreat, as well as their own, the Cosmic Law is obligated to honor this request. This is true, because the voluntary effort of students, using their God-given rights of free will, directing their attention and energy towards visiting the currently-open retreat, in projected consciousness, is a request that even the Cosmic Law cannot deny.

3. As students gain from the above activity, for maximum effect, they need to study the details of the open retreat, before going to sleep. Therefore, admittedly, it is more difficult to enter the open retreat, when its name is not known. However, that name is known to Ascended Master Leto and since this is her specialty, she will bring us to the retreat, for sure. Therefore, the decree outlined in this section, has been formulated in such a way that it applies at any time, to any situation.

4. Applying to gain access to the open Ascended Master

Retreat will tend to minimize the often negative experiences of getting caught up in the astral realm, commonly known as “dreams.” Since thereby, part of us (our etheric consciousness), is often using God-energy often in a destructive way, we are responsible for the expenditure of that energy and this adds to our karma. Visiting a retreat in projected consciousness WILL HELP. We are applying energy in a constructive way and we do not have to transmute as much karma resulting from our dreams.

Considering the partial failure of the two organizations in which the Ascended Masters invested so much of the energy from the Cosmic Storehouse and their own energies in the 1930's and 1950's, it will not be easy to have this request granted. In addition, the failure of the great majority of those, who today call themselves students of the Ascended Masters, who acknowledge nearly everyone as a true channel, without a thorough investigation of the claims made, will not help.

The Masters stated that, at one time, long ago, the efforts of only one sincere Ascended Master student were sufficient to hold the Earth in its orbit. This shows we do not need the effort of thousands. The quality of consciousness, in keeping the teachings in their original purity, is paramount; it makes a difference.

I do not know when the Cosmic Law will allow authoritative data, showing a list of the open retreats during a given year. All I know is, it will be given under the right conditions, in God's own time, by an authoritative source, in a real and tangible way.

### **AMPHITHEATERS**

The Masters of Wisdom instructed the Builders of Form to construct amphitheaters over each particular retreat of the month. The purpose of this was to accommodate the thousands of Bridge to Freedom students, who visited these retreats in their inner bodies. The amphitheaters were always located directly over the retreat. Typically, they were larger in size than the retreat, itself. The amphitheaters were constructed in different patterns, sometimes duplicating the shape of the retreat, itself. After the end of the thirty-day period, during which the retreat was open, and after having accomplished their purpose, they were dissolved into universal light substance.

### **DESCRIPTIONS OF THE RETREATS**

The following descriptions of Ascended Master Retreats are all based on the original Bridge to Freedom teachings. They have been compiled in an endeavor to give the reader details of these retreats. In this way he may appreciate the tireless efforts of the Ascended Host in bringing illumination to mankind, so that students of this teaching may reach the goal of all human life, the ascension.

Reading and visualizing the activities of the retreats, before going to bed at night, will assist those who wish to visit a retreat in projected consciousness.

## THE ASCENSION TEMPLE

### SUMMARY

**Location:** The Ascension Temple at Luxor is located on the physical plane, about 480 miles south of Cairo, Egypt, in the desert. It is not far from the Nile, near the ruins of the magnificent edifices built by Ramses II, at Luxor.

**Hierarch:** The Hierarch of the retreat is the Ascended Master Serapis Bey, Chohan of the Fourth Ray.

**Primary Function of the Brotherhood of the Retreat:** The retreat is dedicated to help mankind gain the ascension.

**Flame of the Retreat:** The color of the flame is crystalline white. The shape of the flame-flower is similar to the Easter Lily.

**First opened:** This retreat was opened to mankind (to chelas of the Bridge to Freedom) for the first time on September 15, 1952.

**Keynote:** The keynote of the retreat is contained in the melody "Liebestraum," by Franz Liszt. The keynote of the Hierarch of the retreat is contained in the melody, "Celeste Aida" from the opera "Aida" by Verdi.

### DESCRIPTION OF THE RETREAT

Upon Atlantis, the flames representing the virtues of God were housed in physical buildings, also called temples. The followers of the Great White Brotherhood, of that era, often visited the temple which contained the flame of virtue they desired, to absorb the added strength, power and the vitalizing essence of that virtue.



When the glorious Atlantean Civilization began to decline, plans were made by the Great White Brotherhood to secure these flames upon the portion of the landed surface of the Earth destined to remain above water.

When the Island of Poseidonis was to sink beneath the waves of what is presently called the Atlantic Ocean, certain priests and priestesses were allowed the privilege of using their energies to sustain the Ascension Flame. Serapis Bey, as one of the priests, was given the opportunity and obligation of transferring the Ascension Flame to the land of Egypt. He and his brotherhood, sailing in a lightly-constructed boat, crossed the Straits of Gibraltar and the Mediterranean Sea, arriving at the Nile River. They then sailed along this river to the location known, today, as Luxor, Egypt. This historic journey is described in detail in the book, "Man, His Origin, History and Destiny."

Together with devoted followers, Serapis Bey built a glorious temple around the Ascension Flame. Beloved Serapis (at that time not ascended) asked permission of the Cosmic Law to re-embody many times in Egypt for the purpose of serving and maintaining this flame.

Centuries passed, Egypt entered into her "dark ages," and the temple of the White Priesthood was gradually camouflaged for protective purposes, the Brotherhood building subterranean chambers in which to hold their secret rites. Today, but one white building remains above ground, which is the entrance to the Ascension Temple. This building is made of stone, surrounded by a high wall. This wall separates the building and the desert. Within this wall is a beautiful garden, containing fountains and many species of flowers and birds, brought here for the purpose of perpetuating them.

The Ascension Temple, (probably located underground) is composed of tall, white columns, twelve mighty pillars forming the outer limit of each of seven temples, all built in squares.

The altar is located in the innermost room of the Ascension Temple. It is shaped like a pyramid, on the top of which stands an Egyptian urn, holding the Ascension Flame. The Ascension Flame is white in color. The chelas encircle the altar at ceremonies.

There is a collection of valuable fine arts, and a great library of rare books is accessible to those admitted to the retreat, but there is no instruction as to which pursuit to follow. Some of the most sacred books at Luxor were rescued from the library at Alexandria, before vandals sought to keep the truth from the people. Other Ascended Master Retreats also guard priceless libraries.

This focus is an activity of the Fourth Ray. The Ascension Flame raises the vibratory action of an individual. At a certain point of frequency, it reverses the gravity pull and serves as a bridge from the human existence into the ascended state.

In the past, when sufficient merit was shown, including sufficient impersonal service to life, the chelas were brought to the Ascension Temple, at Luxor, Egypt. They were not even considered candidates and admitted to the first temple, unless there was reasonable assurance, that the knowledge gained, would result in deeds of impersonal service to life. It all goes back to why we are here – to serve God and mankind.

All chelas were to undergo seven initiations, given in one

of the seven temples of Luxor. The process of the Seven Initiations, as they applied before 1952, and as they apply now, is shown, in detail, in Lesson 17 of the 21 Essential Lessons.

The Brotherhood wears white robes, which contain crystal trimmings at the hem and cuffs, and a sun over the heart. Serapis Bey wears the headdress of the retreat, a golden band, with two wings of flame rising up from the forehead. This is the sole distinguishing characteristic of his high office. The constant admonition of the Brotherhood, to its chelas is “TRY.” Beloved Serapis Bey and the Brotherhood at Luxor have made the sacrifice of serving here, to sustain the Ascension Flame in the Temple, thus providing a way back “home” for all unascended lifestreams. The entire priesthood at Luxor number less than 1,000 strong.

It is, therefore, strongly recommended to the gentle reader that he or she not only honor the Ascension Flame, but give daily gratitude to beloved Serapis Bey and the Brotherhood at Luxor for providing, protecting and sustaining this way back “home,” by their voluntary exile here, in a realm from which they long ago have earned the right to be eternally free.

#### **THE HISTORY OF THE ASCENSION PROCESS**

The process and goal of the ascension have been all but forgotten by the masses of the peoples of Earth. The Ascended Master Jesus Christ came to remind the outer consciousness of mankind of their ultimate destiny, and he was the living example for them to follow. Unfortunately, during his life, and in the centuries since his ascension, most people

have considered Jesus' example as a unique expression of mastery, forgetting his statement, "The things I have done shall ye do also, and greater things than these shall ye do..."

Beloved Jesus, his Holy Mother Mary, John (his disciple) and others had the assistance, instruction and radiation of beloved Serapis Bey, and utilized the fully-gathered cosmic momentum of the Ascension Flame, to achieve this so-called "miracle" of overcoming "death."

Until the 20th Century it was difficult, if not next to impossible, to make the ascension. A chela, after reaching a certain state of development and purification, was invited to Luxor. Here he was subjected to the rigorous disciplines of the Brotherhood and had to pass seven initiations. Jesus and Mother Mary were among the few who had passed them. At that time, 100% of the total energy allotted to the individual, during all embodiments, had to be constructively qualified. Before the ascension, the physical body had to be transmuted through light rays.

In the 20th Century (possibly as early as 1926), the procedure to gain the ascension was changed. A chela on the path to the ascension no longer travels to Luxor to undergo the test of the seven initiations. Every chela, on the path to the ascension, now undergoes the seven initiations in everyday life. These initiations are prepared by Serapis Bey, after he examines the aura of the chela, when he is sleeping. Then Serapis Bey assigns such a candidate to a brother or sister from Luxor, whose obligation is to provide the OPPORTUNITIES (not punishments!) so that the earnest candidate (if he perseveres) can achieve his ascension in the Light!

On November 8, 1938, Beloved Saint Germain made the

announcement that there would be a new procedure available, to all students on the path to their ascension. The most important part of this gift of grace is that no longer, at the close of this earth life, must the physical body be transmuted by light rays, as was necessary for Jesus and David Lloyd. From this time on, the atomic structure of the physical body could be left behind, later to be cremated, making it much easier to achieve the ascension. Details, explaining the new process of the ascension, may be found in Lesson 18 of “21 Essential Lessons.”

On March 8, 1953, the Maha Chohan announced that the Cosmic Law had offered to balance 49% of our previously misqualified energies. (See “Bridge to Freedom Bulletin.”) This means that it is now possible to GAIN THE ASCENSION IF 51% OF ALL ENERGIES PREVIOUSLY GIVEN TO US DURING ALL OF OUR EMBODIMENTS, HAVE BEEN CONSTRUCTIVELY QUALIFIED. This is another gift of grace. In earlier times a full 100% of the energy allotted to us, during all embodiments, had to be transmuted.

On December 31, 1953, Archangel Michael instructed the students of the “Bridge to Freedom” as follows, “EVERY LIFESTREAM WITHIN THE NEW ENDEAVOR, IF HE OR SHE PERSEVERES, SHALL KNOW THE ASCENSION AT THE CLOSE OF THIS EMBODIMENT.” (The term “New Endeavor” was repeatedly used by the Ascended Masters to identify the newly-created group, the “Bridge to Freedom.”)

What does it mean “to fully accept the Bridge to Freedom Teaching?” What does it mean “to persevere” and to “stand sincere to this Light”?

Simply put, it means we must adhere to the original

teachings of the Ascended Masters. WE CANNOT MIX THEM WITH ANY OTHER TEACHINGS and expect to get harmonious results. It means that we must know and apply the laws that govern our planet, must master the qualities of the Seven Rays and must gain mastery over our four lower bodies.

It means to invite and to cooperate with the Ascended Host, to know about the I AM Presence, the Violet Flame and to be willing to give a balance to life, by giving some impersonal service. Examples are: participating in group activities, including participation in the Transmission Flame Service, working as a volunteer, distributing Ascended Master Teaching literature, giving daily decrees for better world conditions, etc.

We gain the ascension through self-effort. Nobody can do it for us. It requires much self-discipline, and there are no shortcuts. No one ever gained the ascension without the assistance of an Ascended Master and without applying the principles mentioned above.

## THE RETREAT OF THE BLUE LOTUS SUMMARY

**Location:** The Retreat of the Blue Lotus is located on the physical plane, in one of the high mountain peaks of the Himalayan Mountains of Tibet.

**Hierarch:** The Hierarch of the retreat is Lord Himalaya, the Manu of the Fourth Root Race.

**Primary Function of the Brotherhood of the Retreat:** To radiate to mankind the God-qualities of Wisdom, Illumination, Peace and Tranquility.

**Flame of the Retreat:** The Blue Lotus Flame. The flame is in the shape of a lotus flower.

**First opened:** This retreat was opened to mankind (to chelas of the Bridge to Freedom) for the first time on March 15, 1954.

**Keystone:** The keystone of the retreat and that of its Hierarch is contained in the melody, "Love's Old Sweet Song."

### DESCRIPTION OF THE RETREAT

The Retreat of the Blue Lotus is a very sacred focus of Light, since one of the Permanent Rays (the masculine aspect) is focused through it. Lord Himalaya is the guardian and protector of the Masculine Ray. The Feminine and the Masculine Rays meet in the center of the Earth. This action forms the permanent atom, a Threefold Flame. It was created by the Seven Elohim, who drew the energy and substance to create this planet. The Threefold Flame is the cohesive power which keeps the Earth in orbit.

For many centuries, the Masculine Ray was the predominant focus of wisdom upon the Earth, drawing to it many earnest and sincere seekers for truth. The action and qualities of this focus are wisdom, illumination, peace and tranquility.

In 1953, the Cosmic Law directed the predominant pressure of energy through the Feminine Ray, guarded by the God Meru. Thus was transferred the magnetic pull from the East to the West. This will result in the attraction of the spiritually-inclined chelas toward Western incarnation and the gradual infusion of the spiritual interest and nature of the East into the Western consciousness and culture. As part of this action, some records and treasures have been transferred from the retreat of Lord Himalaya to Lord Meru's Retreat in South America.

Some of the Fourth Root Race, destined to have long since finished their course of evolution upon the planet, Earth, still remain in Asia. While even one soul remains, the beloved Himalaya, their Manu and spiritual guardian, must remain with them. Thus he waits – amid the eternal snows – guarding the spiritual culture and age-old parchments, hoping that the chelas of today will help him in his task to gain the ascension for his Fourth Root Race.

Within this retreat is the magnetic power of divine love, which has drawn pilgrims from all over the world, into the mountain vastness of Tibet, in search of truth and illumination. The brotherhood of the retreat wear yellow robes.

The entire top of the mountain, containing the Retreat of the Blue Lotus, is cone-shaped. Seen from afar, the outline of the face of Lord Himalaya may be seen etched on the



mountain. The mountain is hollowed out into seven magnificent chambers, arranged in tiers, one above the other, much like steps or stairs.

The entrance leads to the outer chamber, which is lowest in elevation. Within this chamber is a beautiful lily pond, upon whose tranquil surface float the sacred Blue Lotus Flowers. There are tropical flowers, singing birds, and swiftly-flowing sparkling rivulets, that could not exist at such a high altitude, except in the magical presence of an Ascended Master, radiating much love.

The seating in the outer chamber is arranged in oriental fashion. There is a gradual incline towards the front, where a very large altar is located. Because of this slope, the altar can easily be seen by everyone.

The main altar of the retreat is located in the chamber at the apex of the mountain. The flame rises from a fount of beautiful purple jade, and is in the shape of a blue lotus. Next to the main altar is an exquisite golden statue of Lord Buddha, over sixty feet in height. This statue has never been seen except by high initiates. When the retreat is open to chelas, they may attend in their etheric bodies, in projected consciousness, when sleeping.

One Master said that some advanced chelas not only attended the retreat in this way, but also actually took seats adjacent to Ascended Beings! Other chelas, not being admitted to the retreat, were blessed through radiation.

During the Transmission Flame Service of the "Bridge to Freedom" in the 1950's, the Blue Lotus Flame, in its outpouring, enfolded the entire continent of Asia. Later, when everyone, including the students, joined this action, the Blue

Lotus Flame engulfed the entire planet.

Lord Buddha, with his faithful disciples Ananda, his and Kuthumi (both of whom are now ascended) and other Ascended Members of the Spiritual Hierarchy, visited this retreat, and gained, there, the wisdom and illumination which enabled them to fulfill their missions among the peoples of Earth.

In this retreat, Lord Himalaya guards the wealth of true wisdom, written down by the sages of the Atlantean and Lemurian cultures, as well as the wealth of inspiration achieved through the development of the Buddhistic dispensation. In this retreat, parchments containing the writings of all the ancient sages are preserved and carefully guarded. They will be released to the East and to the West only when greed, selfishness and separateness among the peoples of the Earth are no more.

You, beloved students, can help Lord Himalaya by making calls for the redemption of this fourth root race.

**THE CATHEDRAL OF NATURE  
IN KASHMIR  
SUMMARY**

**Location:** The Cathedral of Nature, also called “The Focus of Wisdom” and “Temple of Wisdom,” is located in the ethers, over the gently rolling hills of Kashmir, India.

**Hierarch:** The Hierarch of the retreat is the Ascended Master Kuthumi.

**Primary Function of the Brotherhood of the Retreat:** This is a focus of the Brothers of the Golden Robe, and it is an action of the Second Ray. The brothers are the teachers of mankind, giving instructions on Cosmic Law through illumined wisdom, obedience and inspiration.

**Flame of the Retreat:** The flame is the Flame of Wisdom and Illumination. The flame-flower is a yellow-gold lotus.

**First opened:** This retreat was opened to mankind (to chelas of the Bridge to Freedom) for the first time on August 15, 1953.

**Keynote:** The keynote of the retreat and that of its Hierarch is contained in the melody “Kashmiri Song” (Pale Hands I Love).

**DESCRIPTION OF THE RETREAT**

This focus reflects the natural beauty of the landscape below, in the physical realm. The retreat exhibits the peace and tranquility which has been built through centuries of attuning and adoration of God.

In the Cathedral of Nature, the great Lord Maitreya and his pupil, Kuthumi, draw around themselves those chelas and students particularly interested in becoming teachers of men. Through illumined wisdom, obedience and inspiration, they formulate ideas into a workable plan, pattern and design. The Brothers of the Golden Robe also have temples in the Second Sphere, where instruction on the Law is given to lifestreams presently not in embodiment. INSTRUCTIONS ARE ALSO GIVEN TO SINCERE AND DEDICATED CHELAS, WHO VISIT THESE TEMPLES IN THEIR ETHERIC BODIES, WHILE SLEEPING.

Besides this focus of activity, Master Kuthumi also maintains a home in some caves, near Shigatse, Tibet. There are caves extending for miles. A semi-tropical temperature prevails here. The retreat contains a record of every change in Earth's surface, throughout the ages. Many other records and treasures are kept here, as well.

Ascended Master Kuthumi speaks on the service of this retreat and of the Second Ray, as follows: "It is nearly impossible to express perfection unless one has a pattern or design to follow! That design was provided when THE GOD-HEAD CREATED MAN IN HIS OWN IMAGE AND LIKENESS. The service of the Second Ray is to remove the clouds that obscure the divine image and allow man to see, know and accept that image! Then, through whatever applications are best suited to the individual, he must endeavor to recreate that divine image through his emotional, mental, etheric and physical vehicles.

"To this end, the Brothers of the Golden Robe, under the direction of the Masters Jesus and Kuthumi, study the evolu-

tion of each lifestream who professes a desire to make the ascension. Then a course of study and application is provided for such a one (through a natural channel such as books or teachers) to see if the desire is to be coupled with endeavor.

“There are many ‘wishful thinkers’ who enjoy contemplating a kingdom of heaven on Earth, but there are not so many who wish to START WITH THEMSELVES, in establishing a manifest example of the divine pattern here on Earth. Many spiritual pilgrims are content to rest for many lifetimes upon ONE ‘step,’ considering it the ultimate. UNTIL THAT INDIVIDUAL, THROUGH FREE WILL, DESIRES TO GO HIGHER, WE CANNOT INTRUDE.”

In other words, further assistance by an Ascended Master is dependent upon the chela, putting what he has learned into action. Examples of such action are using the Violet Flame, giving decrees for better world conditions, on a daily basis, joining a decree group (if available), participating in the Transmission Flame Service, and other service given without monetary consideration or personal acclaim.

At one time forty-nine Master Teachers, who previously had taught students on various parts of the globe, such as Lemuria, Atlantis, Egypt, Babylon, China and India, participated in this service. Jesus and Mother Mary were among the members of that group.

The beloved Maha Chohan described the first worldwide Transmission Flame Service, from this retreat, as follows:

“A great semicircle was made facing the altar, with the center seats being held by beloved Jesus and Mary, clothed also in lovely yellow. Around them were gathered the great

Teachers [now ascended] who, from the beginning of recorded time, endeavored, through their own life energy, to carry the Word of God to man. In all, there were forty-nine members in this group, representative of the Law, some from Lemuria, Atlantis, Egypt, Babylonia, China, India, Persia, and every known place where the Light was once drawn and expanded through an embodied lifestream.

“At a given moment, Lord Maitreya asked the forty-nine leaders to rise. Their bodies took the appearance of great petals of flame, forming the Cosmic Lotus that was to be the pulsating center of the radiation and blessings which were to be the core of the activities.

“Preceding the actual moment when the pulsation of the flame began, exquisite angel devas wearing garments of lemon yellow, with garlands of flowers of the same delicate color on their heads, entered into every sanctuary and home WHERE EVEN ONE LIFESTREAM WAS CONSCIOUSLY TAKING PART IN THE TRANSMISSION FLAME SERVICE, as well as into every church synagogue, and metaphysical temple in the locality of that individual, so that the entire planet was connected for the release and illumination to all mankind through the combined life energies of the individuals or groups taking part in the transmission.

“For the ensuing 30-minute period, each of these 49 Leaders intensified and increased [the God-quality of] spiritual understanding, as it was carried by the breath of the student body, all around the world. It was a most magnificent cooperative endeavor.”

## THE TEMPLE OF COMFORT

### Summary

**Location:** The Temple of Comfort is located on the Island of Ceylon (Sri Lanka), India.

**Hierarch:** The Hierarch of the retreat is the Maha Chohan. He supervises the seven Chohans. The Maha Chohan's forcefield is a white dove. The banner of the Lord Maha Chohan consists of a flag with a purple background, representing the activity of the Freedom Flame. On the banner there is a white dove, from which pour forth seven rays.

**Primary Function of this Retreat:** The predominant God-qualities of this retreat are love, grace, humility and selflessness. This retreat serves as headquarters for the council meetings of the Chohans of the Seven Rays. It is also the focus of training for those who endeavor to become members of the Brotherhood of Comfort, which serves at the temple.

**Flame of the Retreat:** The color of the flame is white at the core and blends into a soft pink at its periphery. There are also traces of gold within the flame, because there is so much of the essence of healing contained within it.

**First opened:** This retreat was opened to mankind (to chelas of the Bridge to Freedom) for the first time on May 15, 1952.

**Keynote:** The keynote of the retreat is contained in the melody "At Dawning," by Cadman. The keynote of the Hierarch of the retreat is contained in the melody "Homing," by Teresa Del Riego.

### DESCRIPTION OF THE RETREAT

This retreat is located underground, beneath a tea plantation, which abuts the Indian Ocean. It is an ancient retreat, and it is under the direction of the beloved Maha Chohan. The Maha Chohan acts as supervisor of the seven Chohans. He is also the representative of the Holy Spirit for this Earth. As such he is responsible for the magnetization, distribution and redemption of all energies used in the human kingdom, as well as in the angelic and the elemental kingdoms.

In this temple, all who have applied for the opportunity of becoming a comforting presence to all in distress, are trained and educated.

To all intents and purposes, the green, mound-shaped promontory is a tea plantation of a wealthy Indian potentate. The Temple of Comfort is located within the hill, itself. Only one or two trusted servants know the Master of this plantation as a Cosmic Being.

There is a building located above ground, and the dignitaries of many countries often come to this plantation to counsel with the Maha Chohan. Most of these dignitaries are unaware of his real identity. At these occasions, the Maha Chohan dresses as a high Indian nobleman. He always greets his visitors warmly and gives what counsel they choose to receive, accept and apply. They return, then, to their countries, enlightened and comforted by their host.

This counsel may be given in the council chambers and study rooms, but never in the Flame Room of the retreat. Only Ascended Beings have access to this room.



The Flame Room of the retreat, located below the surface, is decorated mainly in pink. This includes the walls, the carpet and the chairs.

Each of the four walls is paneled in gold. The top of each panel is similar in shape to the Gothic, stained glass windows, often seen in churches. Every panel, except the panel over the door, has a picture of two of the Chohans, done in embossed gold, with jewels used for the eyes and hair. Underneath each picture are their name's in golden script. Saint Germain is pictured on the panel over the door.

The chairs are all deep pink, with no armrests, and are covered with a velvet-like substance. The color of the frames look somewhat like mother-of-pearl. The entire floor is carpeted, wall to wall, in pale pink. The seats are arranged on either side of a central aisle. Down that aisle, over the carpeting, runs a strip of magnificent gold-leaf, over which the Masters walk to take their places.

The Maha Chohan is the magnet for the energies used on Earth. He magnetizes the energy from the sun, which comes forth in great streams or large currents of energy. In its purest form, this energy is white light. When these cosmic currents enter the atmosphere of Earth, they are diffused into the colors of the Seven Rays, like a living rainbow, and are drawn into the body of the Maha Chohan. From there these streams of energy are drawn into the bodies of the seven Chohans. Then each Chohan diffuses his ray and directs it out, through the angelic, human, nature and elemental kingdoms.

Every chela of an Ascended Master magnetizes the qualified essence of the ray of the Chohan under whose direction

he comes. It is easy for a Master to pick out a chela by the depth of the ray he magnetizes. Every chela absorbs the God-quality of the ray and diffuses its radiation, some of it consciously, into his environment.

The angelic kingdom follows the same procedure, but the angels, rather than diffusing the radiation, as the human kingdom does, intensify it. The elementals, for the most part, follow the same procedure.

The chelas who receive this energy, are responsible to the Chohans for the way they qualify it. The Chohans, in turn, are responsible for the use of this energy to the Maha Chohan. In like manner, the Maha Chohan is responsible to the Sun. Therefore, the Maha Chohan guards the energies that are given in the dictations, to the students. This energy was given to the Maha Chohan in a pure state and if it has been misqualified, the Maha Chohan's own chelas must transmute it and return it to the Sun, because it was he who took the responsibility of drawing it forth, initially.

The raised altar and the beautiful chalice, in which the Comfort Flame is held, stand in the center of the Flame Room. On this exquisite vessel of delicate ivory, countless small doves are finely carved, clustered all around the tip, or fringe, of the cup. The Comfort Flame rises from this beautiful receptacle. The flame is white in the center, with a predominately pink radiance which also contains some gold. It is in the shape of a white water lily, or lotus, with pink edges.

The planet, Earth, like all planets in our solar system, requires the actual presence, vibratory action and radiation of all the virtues of the Godhead. One such virtue, which is

particularly required by man and beast, alike, today, is the Cosmic Christ Comfort.

Comfort and peace are essential to the spiritual growth of all life, from the smallest elemental, to the greatest of beings still evolving on the higher planes of existence.

Through many ages, the Lord Maha Chohan, and his predecessors in grace, became interested in the virtue and quality of comfort. They desired to magnetize the comfort that abides in the vibratory action of the kingdom of heaven and create a radiating center of that Comfort Flame in India. Just as the radiation of the physical sun warms, lights and sustains our planet, Earth, and our universe, so, too, do these particular spiritual foci form radiating centers of definite, specific God-qualities, which are beneficial to the spiritual awakening and development of the divine nature in man.

Here, those are instructed, who have entered upon the difficult path of self-abnegation, through the development of the qualities of humility, selflessness, grace and love.

Seven beings serve under our Lord Maha Chohan, each manifesting one of the virtues of the Lord Maha Chohan. These seven Chohans come to him for assistance, counsel, guidance and authority to expand their service. Our Lord Maha Chohan is also vitally interested in the kingdom of nature and its mighty directors. Every intelligence, from the smallest elemental, to the greatest angel, enjoys the radiation of comfort that flows through him and enters their world. Any and all who wish to become Comforting Presences to life are invited, particularly when the retreat is open during the Transmission Flame Service.

The Master Jesus and Master Kuthumi, in his embodi-

ment as St. Francis of Assisi, are examples of individuals who demonstrated the God-quality of a comforting presence to all life.

The beloved Maha Chohan, until very recently, has not accepted personal pupils, leaving the instruction and preparation of their four lower bodies and the purification of their souls, to the seven Chohans. In the New Cycle, however, he has opened the doors of his own sacred retreat to the worthy chelas of his Chohans and has offered, in his gracious love, to teach any of them who desire to be a comforting presence to all life. This training is done at night, while the physical body is asleep. The chelas learn how to control the energy of their own thoughts and feelings, in difficult circumstances, thus mastering the energies of their four lower bodies.

The beautiful Silent Watchers of each locality, with their inner vision, see and know the motivating power behind all desires to sit at the feet of the Ascended Masters. As surely as the sun rises, each morning, and sets in silent, but glorious, splendor each evening, WHEN ANY INDIVIDUAL'S AURA AND INNER BODIES INDICATE THAT THEY ARE READY FOR INDIVIDUAL TEACHING, INSTRUCTION AND KNOWLEDGE AT THE FEET OF THE ASCENDED MASTERS, MEANS ARE PROVIDED, INSTANTLY, FOR SUCH ASSISTANCE TO BE GIVEN THEM.

To the few who desire to help him in his service, the Maha Chohan offers the training, discipline and self-control required to become Comforting Presences to others. Thus, he prepares individuals to be "conductors" of his nature, which is the expression of the Holy Spirit, acting as outposts of his divine presence in the environment in which they

abide.

These “few” are usually recommended by the Chohan of the ray to which they belong, or they may apply personally (through the Holy Christ Self) for such training, at the Temple of Comfort. Those so applying are given opportunity for such individual attention of this Great Lord. From the directions and instructions given to them and due to the proximity of their souls to his person, they gradually develop a nature like unto his own. Thus, they truly become the Holy Spirit IN PERSON, acting as outposts of his divine presence in the environment in which they abide.

In this serene focus, where the chelas and the Masters, themselves, learn the mastery of cosmic energies, in order to be an impersonal comfort to life, the Lord Maha Chohan concentrates the cosmic quality of comfort and peace to all life; not only to the mankind evolving through Earth's evolution, but also to the forces of nature, the forces of the elements, the angelic kingdom, the bird life and even the four-footed creatures, as well.

Comfort to the chela on the path means to be at peace, first, within himself, and then to radiate a feeling of peace and comfort to his surroundings. This environment includes the so-called “inanimate expressions” of the nature kingdom.

THE CHELA MUST LEARN HOW TO CONTROL AND MASTER THE ENERGY OF HIS FOUR LOWER BODIES, WHICH HAVE DEVELOPED CONSCIOUSNESSES OF THEIR OWN, AGAINST ANY PROVOCATION, INTERNAL OR EXTERNAL.

People often spend a large part of their lives giving comfort to one or more family members. This is commendable. However, the chela must understand that in order to gain his

ascension, he must become a comforting presence to ALL forms of life. Giving impersonal service goes hand in hand with being a comforting presence. Here we are talking about service given without thought of remuneration and personal recognition.

Every chela who loves the Maha Chohan may prove his fidelity to his presence by endeavoring to INCREASE the amount of comfort he brings to his home, family, fellow student, countryman, and the members of the angelic and nature kingdom including plant life.

Do you honestly desire to be such a comforting presence to ALL LIFE, irrespective of personal interests? If so, enter the Temple of Comfort. Stand before its Hierarchy, and be willing to comply with his directions. Then witness the effect of your endeavors in the world of those around you. You will require no other measure, but your own influence upon the life around you, to determine how much you have achieved by such aspirations and this service.

When man replaces selfish desires with the peace of the Holy Comforter, truly will the kingdom of heaven be made manifest on Earth.

In preparation for the Transmission Flame Service, the builders of form created a marvelous amphitheater over the retreat. It was built in the form of a dove, all in a beautiful shade of soft pink. This Grecian amphitheater was constructed of beautiful, white, marble-like substance, veined with gold. At the top of the last tier of steps, were the beautiful Grecian pillars woven round with the symbol of eternal life, the green ivy, which is part of the insignia of both the Maha Chohan and Pallas Athena. This beautiful amphitheater ex-

isted only for the duration of the 30-day cycle, when the retreat was open to all of mankind. Immediately thereafter, the devas released the electronic substance, out of which the amphitheater was formed, back into the universal, for it had served its purpose.

During one Transmission Flame Service, the radiation of the Comfort Flame, from the retreat at Ceylon, was flooding the entire planet Earth, encompassing and interpenetrating every expression of life evolving thereon.

At one time, the beloved Ascended Master Djwal Kul was a sponsor of the retreat and welcomed the guests during the time the retreat was open.

In their finer bodies, many members of the human race have visited his retreat, receiving training in the control of energy and the qualification of that energy with comfort, peace, healing and supply. This training is recorded in their etheric garment, but the outer consciousness remembers only the feeling received, as a result of the proximity to this retreat and the Brotherhood of Comfort.

Through projected consciousness, either in sleep or during times of contemplation, the chelas are brought safely to the Temple of Comfort, where they enjoy its beauty and the gracious hospitality of the Maha Chohan. Then, when they have received all that their own dear consciousness can assimilate, they are, as carefully and kindly, returned to their physical vehicles, to activate the teachings given, the radiation absorbed and the blessings received.

## THE TEMPLE OF ILLUMINED FAITH AND PROTECTION

### Summary

**Location:** The Temple of Illumined Faith and Protection is located in the etheric realm, between Banff and Lake Louise, in the Canadian Rockies.

**Hierarch:** The Hierarch of the retreat is Archangel Michael.

**Primary Function of the Brotherhood of the Retreat:** Elements, angels and men come here to renew their faith, strength, courage and to be re-charged with enthusiasm, which enables them to go on rendering the service they have undertaken.

**Flame of the Retreat:** The Blue Flame of Faith in God! The flame has a white center.

**First opened:** This retreat was opened to mankind (to chelas of the Bridge to Freedom) for the first time on January 15, 1956

**Keynote:** The keynote of the retreat is contained in the melody "Soldiers' Chorus," from the opera "Faust."

The keynote of the Hierarch of the retreat is contained in the melody "Holy, Holy, Holy."

### DESCRIPTION OF THE RETREAT

The beautiful sanctuary at Banff was prepared, by the builders of form, at the time of the descent of the first root race. The builders of form were assisted by members of the angelic host. The temple was hewn out of the rocks of a mountain, and was adorned with the most exquisite diamonds and sapphires, drawn from the heart of the mountains, with the cooperation of the beloved Virgo. Archangel Michael, his legions of angels, and the Manu of the First Root



Race, were part of the group who descended to Earth.

The temple is circular in design and it is tremendous in size. It has a golden dome, on top of which is a statue, representing Archangel Michael. There is an entrance on each of the four sides. Forty-nine steps lead up to the forty-foot doors of the temple. Each door is adorned with blue sapphires, layed out to resemble the shape of beloved Lord Michael and his Archaii, beloved Faith.

Around this temple are magnificent gardens, with fountains. Visitors who desire to amplify their own personal faith in the goodness of God, are enabled to sit upon the large marble benches, just absorbing the illumined faith of Lord Michael, protector and defender of the true faith in God and His righteousness.

Within the temple, itself, the seats are arranged in a circular formation, with the diamond altar in the center, equally discernible from every point in the temple. Upon this altar burns the blue Flame of Faith in God. The flame has a white center. This temple was used throughout the first Golden Ages. People from all over the world came here, to strengthen their faith in whatever project they were pursuing.

In the flame on the altar they found nourishment for the particular project or idea they wished to externalize. Those standing within it, found the primal seed of their idea growing and developing, in a magic, mystic way. Very often, before they had descended the steps of the temple, the ephemeral concept of the picture they had in mind had been clothed in a clear, concise mental image in the feelings and often precipitated, if it was a small object, in their hands.

Before the veil of maya had been created, mankind's natural estate was to walk, talk and accept counsel from the angelic hosts and their great directors. From all points of the

Earth's surface, people came to bathe in the powerful radiance of Lord Michael's presence. Here they found new strength to continue in their services to God and man, filling their souls with Archangel Michael's faith in the ultimate expression of God's kingdom of heaven on Earth.

At that time, Lord Michael walked, daily, among these pure people and wherever he went, spiritual enthusiasm and desire to expand God's perfection were increased and sustained. His shining presence, his flashing eyes, and his exquisite golden hair were a natural and God-inspiring sight, to all who looked upon him.

After the Earth gave hospitality to the laggards from other planets, Lord Michael and his legions did not desert the Earth and its struggling evolutions. Archangel Michael had made a vow to God to protect the spiritual light within the hearts of mankind, and no human appearances ever could or ever did swerve him from his holy purpose!

As the ages passed, his magnificent temple, his blazing presence, and the presence of his divine helpers, became less and less visible to human sight, until the shadows of human discord formed a veil between mankind and the angelic host. At that time, the Temple of Faith was etherealized. It is still pulsating today, in the etheric realm, near Banff, Canada. Its existence thereof, today, is ignored and almost completely forgotten by the great masses of the people. Yet, within the etheric realm, Archangel Michael has sustained that temple, and from it, even to this day, the rays of absolute faith in God and the determination to do God's Holy will, still pour forth to all who can accept this gift of grace.

From this focus, beloved Archangel Michael and his legions continued to guard, protect and serve the mankind of Earth, for many ages. Archangel Michael now works 22 out

of 24 hours each day, cutting away, with his Sword of Blue Flame, mankind's misqualified energy, located in the astral realm, in which mankind abides.

The temple was opened to mankind, to attend in projected consciousness, on January 15, 1956. During the thirty-day period during which the retreat is open, Archangel Michael invites, into his temple, all those who desire the acceleration of their own feeling of illumined faith, so that they, in turn, can be conductors of that faith to others.

Messengers of the heavenly host are constantly coming and going to and from this temple, carrying messages from the retreat. Angels who have taken human form, to help the race, are lovingly welcomed and re-charged within its walls, increasing their desire to serve God and man. Human beings, who have dedicated themselves to helping the angelic host restore the bridge between the divine nature of God and the outer consciousness of man, are filled with spiritual vigor by the proximity of the retreat and its pulsating energies.

Enter into the Temple of Faith! Find, within yourselves, the renewed strength and spiritual stamina required to continue in your service to the Earth and its evolutions! Speak to Lord Michael, strong and powerful, as the messenger of the Most High, yet gentle as a mother, to all who require assistance.

It is not enough to "lean" upon the strength of Lord Michael and his ascended Legions of Light, for freedom from distress and discord in this cosmic hour. Now every chela of Lord Michael must learn to become a focus of illumined faith, himself!

## THE TEMPLE OF ILLUMINATION

### Summary

**Location:** The Temple of Illumination is located within the heart of Mount Meru, near Lake Titicaca, in the Andes Range, in South America.

**Hierarchs:** The Hierarchs of the retreat are God and Goddess Meru.

**Primary Function of the Brotherhood of the Retreat:** To have sincere chelas gain in spiritual development and to assist the Sixth Root race in establishing a highly-developed civilization in South America. The Brothers of the Golden Robe, stationed in Kashmir, India, are assisting in this task.

**Flame of the Retreat:** The color of the Illumination Flame is yellow-gold, with a pink radiance. The center of the flame is white.

**Symbol of the retreat:** A pink rose.

**First opened:** This retreat was opened to mankind (to chelas of the Bridge to Freedom) for the first time on August 15, 1952.

**Keynote:** The keynote of the retreat, and that of both Hierarchs of the retreat, is contained in the melody "Faith of Our Fathers."

#### DESCRIPTION OF THE RETREAT

Within the heart of one of the most majestic mountains of the Andes Range, in South America, is the spiritual sanctuary and retreat of the great God Meru. It is located in Mount Meru, near Lake Titicaca, in the Andes Mountains of South America. One has to climb high above the plains to come to the base of the retreat of Mount Meru.

A simple peasant hut functions as the outer entrance to

the retreat. It is similar, in construction, to those other dwellings, in the area, which serve as hostelrys for sight-seers and mountain climbers, providing for stopover and rest. There is no indication that here, at this location, there is a retreat of the Ascended Masters.

Inside the hut (lodge), one is pleurably surprised at the simple beauty of the waiting room. The magnificent hand-woven tapestries, displaying various legends of past glories in previous Golden Ages, hang upon the walls. Soft cushions, dyed in beautiful colors, by native dye-makers, provide pleasurable resting places for the waiting guests. There is a large fireplace made of rough stone, at one end of this entry room. Sweet music of another age fills the room, together with the perfume of the rose, the hibiscus and the lily. One feels a great presence of peace.

A tapestry curtain hides the entrance to a long hallway, which leads to the Temple of Illumination. The walls of the passageway reveal the rich golden veins in the Andes Mountains, which have not yet been discovered by the searchers after wealth, for selfish purposes. One can see how lovingly these natural veins of gold have been polished, to bring out their luster. The beautiful corridor is carved right out of the mountain.

At the end of the passageway, we come to the huge chamber where the flame is focused, and where it blazes up in a great, golden sun of illumination. The flame room is located in a natural cave, within the mountain. Around this sun sit many of the chosen ones, breathing in its illumination, and expanding their own consciousness, before they return to the outer world to serve God and man. They are sitting on

pink and gold cushions, in a semi-circle, around the flame. The seating capacity is for three hundred individuals.

The flame has no chalice, no adornment, not even an altar. It seems to ascend right out of the heart of the mountain and disappears through the roof of the cave, in a pillar of blazing light. However, as is usual with retreats that are actively participating, during the Transmission Flame Services, the retreat has been expanded by constructing a huge amphitheater over it. In this case, a gigantic amphitheater was built over the mountain to hold the multitude of visiting lifestreams, and here the flame circles and blazes, spreading out into a great canopy of light, which encircles the whole of Central and South America. The amphitheater is built in the form of a rose. The seats and decorations are of a delicate pink, blending into gold. A tremendous sense of peace and well-being pervades the entire atmosphere of the holy mountain and its vicinity.

During the Transmission of the Flame Service, the Brothers of the Golden Robe, located in Kashmir, assist in breathing in the Illumination Flame and then projecting it forth, into the mental and feeling bodies of the race.

God Meru, and the Brotherhood of this retreat, guard the Feminine Ray, which, together with the Masculine Ray, focused in the Himalaya Mountains, formed the matrix around which the Seven Elohim builded the planet, Earth. This is where the permanent ray of the feminine aspect enters the Earth. The location, therefore, is considered very sacred. The Masculine Ray has been active through the ages; now the Feminine Ray will become more active. Through these foci flow the currents of spiritual impetus to and for

the people embodying on Earth.

The retreat of God Meru represents a focus of the Second Ray, the action of wisdom, education and illumination. The Brothers of the Golden Robe also use this retreat as a focus, assisting the Brotherhood of Illumination in carrying out the objective of having sincere chelas gain in spiritual development. The Brotherhood of Illumination wears robes of yellow-gold, trimmed with pink roses at the hem and cuffs, and a pink rose over the heart. The brotherhood of this retreat is small in numbers. The Ascended Master Lady Nada is a messenger of Lord Meru. She received some of her training in his retreat.

God Meru is the Manu of the sixth root race, whose destiny is to find expression on the South American continent. He cannot leave, until all of the members of his rootrace have achieved their ascension. It is the goal of God Meru, and the Sixth Rootrace, to establish a great civilization in South America. God Meru is truly majestic in appearance. He has golden hair, blue eyes, and a serene and noble countenance.

Now, as mankind enter into the greater and greater expression of the final and permanent Golden Age upon this planet, under the direction and guidance of the Ascended Master Saint Germain, the feminine Pink Ray will come into more powerful action and those pilgrims who seek spiritual illumination and guidance, from now on, will be drawn, increasingly, to South America, rather than into the Himalayas. Many of the sacred documents, recording the various aspects of truth, received by illumined beings through the ages, have already been removed from Asia and brought to

this retreat for safe-keeping and for the use of the chelas of the New Age.

The God and Goddess Meru, the entire Brotherhood of Illumination, as well as beloved Lady Master Nada, lovingly welcome into their retreat all sincere chelas, who are deeply interested in their spiritual development. The chelas are carefully instructed, guided and protected, in their earnest endeavors to develop, from within themselves, the Illumination Flame, with its attendant virtues of discrimination, discretion, diplomacy and wisdom, for the greatest possible benefaction of the entire human race. Once this information is given, it becomes the responsibility of the chela to share it with his fellow-men.

Opening the retreat of the God Meru, to the chelas, demonstrates that the Great White Brotherhood is joining together with unascended beings, in an endeavor to intensify the radiation and power of the Feminine Ray, thus hastening the preparation of the continent of South America to play host to the children of the Seventh Root Race, who are destined to embody at this location.

The Manu of the Seventh Root Race, known to some as the Great Divine Director, is now pleading with the children of Earth, to assist in the preparation of the planet and, particularly, the Continent of South America, for the coming of the Seventh Root Race. The Ascended Host would be so grateful if you would add your prayers and invocations for the quick redemption of this land.



## THE TEMPLE OF LIBERTY

(Also known as the Chateau de Liberte)

### SUMMARY

**Location:** The Temple of Liberty is located on the banks of the Rhone River, in Southern France, near Marseilles. The retreat is surrounded by the green hills and valleys of a rich countryside.

**Hierarch:** The Hierarch of the retreat is the Ascended Master Paul, the Venetian, Chohan of the Third Ray. The retreat of Paul serves as a focus of the Third Ray.

**The Primary Function of the Brotherhood of the Retreat:** The retreat gives assistance in the development and cultivation of each individuals' Three-fold Flame and his natural talents. The motto of the brotherhood is "I am my brother's keeper."

**Flame of the Retreat:** The flame is the Three-fold Flame (pink, yellow-gold and blue).

**First opened:** This retreat was opened to mankind (to chelas of the Bridge to Freedom) for the first time on September 15, 1953.

**Keynote:** The keynote of the retreat is contained in the melody "The Marseillaise."

The keynote of the Hierarch of the retreat is contained in the melody "I love you truly."

### DESCRIPTION OF THE RETREAT

Just before embodiment, each lifestream was brought before the Goddess of Liberty. Here he received the following encouraging message, "You are at liberty, beloved one, to take pure and primal life, into the Earth plane. You are at liberty, in the outer [the physical] world to utilize life as you

will. You are at liberty, beloved, to call upon any and all of us [Ascended Beings] as you may choose, to assist you when the momentums and energy of your world seem not sufficient to handle the conditions necessary to fulfill your divine plan.”

At a later time, the Goddess of Liberty brought the Liberty Flame to the present Island of Manhattan, where there was a temple called “Temple of the Sun.” In those early ages, there was no veil between Ascended Beings, angels and mankind and it was easy to see the light bodies of those great beings, the Goddess of Liberty, Archangel Michael and the great Manus of the race. Mankind came to the Liberty Temple and learned how to expand that flame, which was triple in its activity—love, and wisdom and power. Ages passed; cataclysms came and went. The North American Continent and Atlantis sank, for a time, beneath the sea, and the Temple of the Sun sank, together with the continent. It still exists today in the etheric realm, over New York.

The guardians of the Liberty Flame were apprised of the coming cataclysm, several years before it occurred. They determined, among themselves, to transport the flames of the Sacred Fire to portions of the Earth's surface which would survive the impending changes. Those who guarded the Flame of Liberty and who volunteered to take it from Atlantis, were directed to turn their attention and their course toward what is now southern France. Here, the Flame of Liberty was established and sustained in this location, since the sinking of Atlantis. At a later time, Paul, the Venetian, retired to this retreat and gained the ascension.

The Liberty Flame was magnetized by the Brotherhood

of Liberty, guarded and amplified in intensity and power, to act in the physical appearance world for many centuries. In this way, the love for the God-quality of liberty has been, and will be, sustained in the hearts of men for generations yet to come.

LIBERTY and FREEDOM are very much linked together. LIBERTY may be defined as having the opportunity and the free-will choice to use God's laws and energies without external restraint, such as that of suppression by a dictator. FREEDOM is gained from the practical use of God's Laws and energies, through mastery of the four lower bodies and constructive endeavors to assist the human race. When sufficient energy has been qualified constructively, and the Violet Flame – the Freedom Flame of Saint Germain – has been sufficiently used to redeem past karma, the freedom of the ascension may be achieved.

The Liberty Flame is a Threefold Flame containing the colors pink, yellow-gold and blue. The flame represents the perfect balance of love, wisdom and power. Chelas admitted to those temples learn how to expand that flame and express beauty and perfection. It is the purpose of the Three-fold Flame, within the heart, to give man liberty to use life and to magnetize, qualify and radiate primary life substance (energy). By using the flame, the individual is enabled to master energy and vibration on the physical level, leading to full mastery and the ascension.

What is the difference between the Threefold Flame of Shamballa and the Liberty Flame? In Shamballa abides the Threefold Flame, which is the balance of the COHESIVE POWER for the planet. A tiny thread of this flame was an-

chored, ages ago, into the heart of every human being. In France abides the Threefold Flame, by which mankind, individually, may LIBERATE their own God faculties and powers, and into this retreat are invited those willing to abide by the disciplines required to learn how to constructively qualify primary light-substance (energy) through that Threefold Flame.

The service of the Brotherhood of Liberty is to liberate and develop the natural talents and powers of individuals, and to express beauty. This action helps to establish the spirit of liberty in the hearts of mankind, so that the perfection of the Christ Self of each one is made manifest. The focus of the Liberty Flame is protected and sustained, not only by beloved Paul, and the beloved brothers and sisters of his retreat, but also by the Great Cosmic Being known as the Goddess of Liberty. The brothers and sisters of the retreat are dressed in pink. Paul's eyes are blue and his hair is golden and softly waved.

At the Chateau de Liberte, Paul is host to the accomplished musicians, artists, sculptors, poets, writers and, generally, those whose talents, momentums and developed services have drawn them from among the masses and marked them out for more than ordinary assistance. Nearly all of the lifestreams appear in their etheric bodies, while sleeping.

The only qualification necessary for a chela to receive Paul's assistance is the sincere motive within the individual to give impersonal service to mankind (service given without regard to money and personal acclaim).

The burning desire to become a great musician, a great actor, a great singer, a great writer, or a great patriot, signi-

fies the stirring of that “REASON FOR BEING,” which will give the individual no rest until the potential becomes the manifest fact. The beloved Paul and his associates choose to direct the Flame of Liberty through these heart-desires and to encourage, in every manner, the development of these gifts.

Although beloved Paul is particularly interested in developing the latent talents of the artist, sculptor and musician, he and his brotherhood are also vitally interested in helping good men and women everywhere, who are serving one or more of the seven rays of constructive manifestation. Paul serves under the beloved Maha Chohan, who is Paul's superior. By nature, blessed Paul is a true perfectionist, but, at the same time, he is very, very gentle and tolerant, in loving grace accepting the clumsiest endeavors of the least of men, whose hearts desire to contribute to the externalization of the divine plan to be expressed. Therefore, at the Chateau de Liberte you will meet not only the accomplished artist, but also the amateur as well, if his motive is pure, and thus has deserved the personal assistance of this beloved Chohan and his brotherhood.

It is easy to love beauty, genius, and the DEVELOPED talent, but it takes true divine love and faith to love the individual who has the desire to express some talent, not having had as yet, either the training or development to give such expression its perfected channel of manifestation. The Brotherhood of the Temple of Liberty attempts to impress the consciousness that the FLAME OF LIFE WITHIN THE HEART CONTAINS THE ANSWER TO EVERY HEART PRAYER. Draw this conviction into yourselves – that the flame in your heart is all-powerful, and hear it say, “All this I can do for you - and more.”

The focus of the Flame of Liberty, established at this

point, so many ages ago, accounts for the fact that France has been identified with liberty of conscience for centuries and it was hoped, by the Great White Brotherhood, that through the impetus of that flame the United States of Europe might be externalized through the court of France, as early as in the 18th century, during the reign of Louis XIV and Marie Antoinette.

Although Saint Germain endeavored, unsuccessfully, to reach the consciousness of the rulers of France, up through the reign of Napoleon Bonaparte, he was enabled to draw the substance of that flame through the living hearts of those men, whom he inspired, to carry the love of liberty across the sea, to the new land of hope, for freedom. Through Lafayette, Von Steuben, Rochambeau and others, a transference of that momentum of liberty was anchored into the conscious heartbeat of America.

It was from this flame, that the European patriots, who served the cause of the United States in the struggle for independence, received the impetus and stimulus to make the sacrifices involved in such service.

The Liberty Flame inspired many patriots of the American Revolutionary War. It was the radiation of this flame, and the efforts of the Ascended Master Saint Germain, that prompted and sustained the enthusiasm of the French to give that great and unprecedented assistance to America, during the Revolutionary War. Therefore, it was not by accident that the people of France were inspired to give to America the symbol of liberty, which stands today, in New York's harbor, as an expression of their love and friendship in the outer sense, and as a focus of the Liberty Flame.

Many, who see the Statue of Liberty, experience a special feeling of buoyancy and inspiration.

A most beautiful garden, surrounding the Temple of Liberty, contains a pool and marble fountains and an abundance of roses. Around the columns of the building are climbing roses; marble steps lead up to the entrance. Graceful marble columns, garlanded with blooming roses, encircle the formal gardens. There are many statues, representing the height of the culture of every age.

This retreat represents the activity of the Holy Trinity and brings the action of the three in one, to the attention of a visitor. The magnificent tree-lined drive, leading to the Chateau, is bordered by three rows of high trees on either side. There are three series of marble steps leading up to the doorway of this magnificent edifice; between each set there is a large lawn with a beautiful fountain in the center.

The fountain at the first landing contains a blue fire activity, playing in and around it. On the second landing is a fountain with the yellow-gold fire activity, and the space at the top of the three remaining steps contains a fountain with the pink fire radiating from it, the pink fire being nearest to the entrance of the chateau.

The building, itself, consists of three stories. Behind the chateau there are the magnificent gardens, arranged in three tiers. Here, the lovely statuary is displayed among the glorious marble columns, wound round with roses of every known variety.

Entering the spacious entrance hall, a beautiful painting can be seen, representing the Holy Trinity. This painting was started by Paul Veronese and was completed by him after

his ascension. Therefore, it has the unique distinction of carrying the vibratory action of both realms of activity. The radiation from this picture is so tremendous, that it envelops the entire entrance hall and holds the visitor spellbound, in its presence. The Father is represented by a magnificent Being; a lovely white dove, with a wingspread of almost nine feet, represents the Holy Spirit, and a glorious likeness of the Master Jesus, represents the son. Under the picture of the Holy Trinity, there have been added these words, in golden script, by Paul, himself, "Perfect love casteth out fear!"

The entrance hall has a marble floor, containing a mosaic pattern. Beautiful cherubic and seraphic figures decorate both the hall and a grand marble stairway leading to the floor below. While standing in the entrance hall, the throbbing pulsations of the Liberty Flame, situated on the floor below, can be felt. The marble stairway joins together at the foot of the stairs. From here, a long corridor leads to the Flame Room. Entrance to the corridor is gained through two wide folding doors. Each door has a dove, encrusted in gold, on its outside panel. The panel, itself, is painted in white. The corridor consists of a beautiful long mirrored hall, similar to the Hall of Mirrors at Versailles. There are paintings of several of the Archangels, between these mirrors, three on the left and three on the right. The beloved Venetian rendered this service, himself, in the gorgeous, imperishable colors which always mark his work.

On one side of the hall, Paul has painted the beloved Michael in blue, the beloved Raphael in green and the beloved Zadkiel in purple. On the other side of the hall, the beloved Uriel is in green, Jophiel is in gold and the beloved Gabriel is in white on a golden background. The beloved Chamuel is



depicted in a life-size tapestry, located at the end of the corridor. The tapestry acts as the entrance to the Flame Room. The tapestry is of a shimmery, silk-like material, with the Archangel painted upon it, in pink.

The flame room of the Temple of Liberty seats less than one hundred persons. It is a small retreat, compared to others. The altar, upon which blazes the Liberty Flame, is made of carved crystal, built in three tiers. The lower tier is covered with beautiful roses. The altar on the second tier is graced with two beautiful candelabras, one on each side. The altar on the third, and highest tier, contains a golden chalice, from which rises the Liberty Flame. The flame is pink, yellow-gold and blue, and it rises for a distance of about twelve feet. The shape of the flame and the symbol of the forcefield of beloved Paul and his chelas is the lovely "Fleur-de-Lis," which symbol also has been used by the French people, for many centuries, as a national emblem. This design is also woven into the carpeting, draperies and furniture of the chateau.

A picture of the Lord Maha Chohan is above the altar, with the symbol of the dove over his heart. On the left side of the altar, there may be seen a full-size picture of the beloved El Morya, done in sapphire blue on an exquisitely stained glass panel. Above that, a similar design is carried out, showing Kuthumi in gold, and above that, the beloved Paul, the Venetian, himself, in pink. On the right side, on similar panels, are pictured the beloved Serapis Bey in crystal, the beloved Hilarion in green and the beloved Jesus in green and gold. Beneath the Maha Chohan's picture is depicted the Master Saint Germain in magnificent purple.

The Temple of Liberty contains a beautiful collection of the arts. Many rare paintings, sculptures and outstanding writings, from ancient civilizations, as well as from more recent civilizations, are possessions of this retreat.

At the time of the opening of the retreats through the Bridge to Freedom Dispensation, the retreat was enlarged by building an amphitheater above it. The seating is arranged in a semi-circular design. The glorious pink amphitheater was created by the beloved Archangel Chamuel and the Angels of Adoration. The blueprint for the amphitheater of this retreat shows a design similar to ancient Roman and Greek coliseums and amphitheaters. The angels built graceful, fluted columns, garlanded with flame flowers, and size being no object, these edifices are magnificent in their spaciousness.

THE ENERGY OF THE PRAYERS THAT HAVE GONE FORTH FROM THE PEOPLE OF EUROPE, INCLUDING RUSSIA, FOR THE PAST SEVEN HUNDRED YEARS, HAS BEEN USED AS SUBSTANCE, TO BUILD THIS GIGANTIC STADIUM. The builders of form applied to the devas of the old cathedrals and churches, where momentums have been gathered in the forcefields that surround them, with the hope that the students of the Bridge to Freedom would return this energy through their attention, visualizations, hymns, decrees and the breathing statements of the Transmission Flame Services. These hopes found fulfillment and the Ascended Host was grateful for the efforts of the students.

When the retreat is open, this great amphitheater covers nearly all of continental Europe. During one Transmission Flame Service, the Goddess of Liberty drew the Liberty Flame upward, into the amphitheater. During that service,

hundreds of thousands of persons, students and non-students alike, attended the retreat in their inner bodies, magnetized by the love of Archangel Chamuel. Many people, who never heard of the Threefold Flame, were drawn here, drawn by the magnetic pull of its glorious presence, enjoying the radiation.

The keynote of this beautiful, pulsating Liberty Flame is found within the French national anthem, “The Marseillaise,” which accounts for the uplifting feeling which runs through the hearts and souls of all who love freedom, when this song is played or sung.

## THE TEMPLE OF MERCY SUMMARY

**Location:** The Temple of Mercy is located in the etheric realm, over the foothills outside of Peiping (Peking), China.

**Hierarch:** The Hierarch of the retreat is the Ascended Master Kwan Yin, the Goddess of Mercy.

**Primary Function of the Brotherhood of the Retreat:** To transmute the causes and cores of all distress by directing the Flame of Mercy and Compassion into the condition that needs assistance. The brothers and sisters of the Temple of Mercy will give assistance to purify the miscreations of the past, and to make things right.

**Flame of the Retreat:** The color of the Flame of Mercy is deep purple. The action and qualities of the Flame of Mercy are mercy, forgiveness, transmutation, compassion and a tremendous feeling of peace.

**First opened:** This retreat was opened to mankind (to chelas of the Bridge to Freedom) for the first time on February 15, 1953.

**Keynote:** The keynote of the retreat and that of its Hierarch is contained in the melody "In a Monastery Garden."

## DESCRIPTION OF THE RETREAT

This retreat of the Ascended Host consists of the main temple and 12 smaller temples, which surround it.

The main temple has a golden dome and is higher in elevation than the other temples. In this retreat is contained the Flame of Mercy and Compassion, which acts for man-

kind, angels and elementals. The God-virtue of mercy may be defined as follows: More kindness is given to an individual than justice requires.

There is a flag attached to the roof of each of the temples. The flags are made of embroidered silk. Each flag indicates the activity to which the temple is dedicated to. These flags are connected to the flag on the dome of the great central temple, by means of ropes of gaily-colored silk.

The doors of the Temple are hand-carved. The altar is made of carved ivory, upon which sits a lotus cup, containing the Flame of Mercy.

The Brothers and Sisters of this temple wear soft, purple-colored silk robes.

#### **GOALS AND PURPOSES OF THE TEMPLE OF MERCY**

Beloved Kwan Yin's service started millions of years ago, even before the "Fall of Man." At that time, every individual was aware of his own I AM Presence and the Ascended Host. The Masters were visible to the physical sight of every individual and they walked freely among unascended mankind, as teachers. The people of China experienced a magnificent Golden Age, accompanied by peace, harmony and great mastery of their energies.

During this glorious age, Kwan Yin and the twelve ladies of her court traveled, once a year, to the larger cities of China, giving audiences in one of the local temples. Here they assisted everyone in manifesting their divine plan. People from all over the world came to be revitalized and to bathe

and absorb the radiation of mercy and compassion of the Temple of Mercy.

In ages long past, the Temple of Mercy and Compassion also acted as an asylum for children, whose parents were unable to give them the proper training and instruction. Thus, the Brothers and Sisters of the Temple of Mercy often raised these children to maturity. They, in turn, after attaining their maturity, went forth from this focus and became the great leaders of China and of all Asia, in spiritual, as well as in secular matters. This is why, so often, the statues of Kwan Yin depict her holding a small child.

From time to time, beloved Kwan Yin and her court made pilgrimages to the farthest borders of her kingdom, so that the less privileged individuals, who could not make a visit to the temple, itself, might have their children baptized, their own sins of omission and commission wiped away by Mercy's Flame, and their homes re-consecrated, by an actual, physical spark of the Mercy Flame. This spark had been reverently taken from the golden brazier of the Temple of Mercy, by a chosen member of Kwan Yin's court, who kept the flame alive with his or her own breath.

After the Fall of Man, and the subsequent creation of the veil of Maya, the Ascended Host was no longer seen, with the physical sight, by mankind. When mankind first misqualified energy, the need for a Flame of Forgiveness and Transmutation arose. Some way had to be devised by which individuals might purify those energies. To draw forth those God-qualities and to bring them to Earth required the voluntary contribution of some God-free intelligences, who chose to embody that God-virtue.

Beloved Kwan Yin continued her services from higher levels of consciousness. She always has been, and still is, particularly interested in helping children and parents to redeem their respective and collective destructive karmas, so that they may more quickly outpicture the perfection of their own I AM Presence.

The action and qualities of the Flame of Mercy are mercy, forgiveness, transmutation, compassion, and a tremendous feeling of peace. The radiation of mercy is amplified by every Ascended Being who chooses to visit the Mercy Temples, and who gives of the primal essence of his own being, to expand the sphere of influence of such a temple. During the Transmission Flame Service, while the entire Spiritual Hierarchy is present in this retreat, the combined energies of all their lives is poured into this Flame of Mercy, Forgiveness and Compassion, and thus, there is made available a much greater pressure and momentum of mercy, for the blessings of mankind, at that time.

Often beloved Kwan Yin would baptize, with Violet Fire, the children who were brought to her for blessing, holding them, during that ceremony, in her own compassionate arms and, as much as the Cosmic Law would permit, she would mercifully transmute as much of their karma, as she could, before it could externalize as distresses to soul, mind, body or affairs.

After a soul has passed through the change called “death,” beloved Kwan Yin again renders each one a specific service—helping to wash away many of the “scars” upon the etheric body, such as disappointment, feelings of apparent failure, remorse and the causes and cores of other distress-

ing conditions which the Law will permit her to remove. This makes it much easier for the individual to stand before the Karmic Board, and it enables the Karmic Board to assign that soul to the highest possible sphere for instruction and help, between embodiments.

All activities in the temple are performed in an atmosphere of great silence. The Brothers and Sisters move silently in completing their tasks, RENDERING THEIR SERVICE WITHOUT “FANFARE” OF ANY KIND. So does true mercy act, even through unascended human beings.

The exquisite graciousness of Kwan Yin is embodied in all her celestial helpers. This graciousness is a heart feeling – not a surface expression – of kindness and love.

Beloved Kwan Yin, with her Sisters and Brothers of Mercy, as well as her limitless Legions of the Angels of Mercy, are also dedicated to the complete removal, as quickly as possible, of the cause and core of the scorn which the so-called “righteous” direct toward unwed mothers and their illegitimate children. One of her legions is always a guarding presence over all homes and orphanages, and such lifestreams are given as much assistance as possible. Her Flame of Mercy and Compassion always surrounds the mothers and mothers-to-be, whether they are helped by their fellowman or not and, in many instances, abortions and suicides often have been averted by the protecting, faith-sustaining power of the legions of Kwan Yin.

Beloved Kwan Yin’s service is not limited to removing the causes and cores of the scorn which is directed to unwed mothers and their illegitimate children. WE CAN CALL ON HER TO REMOVE THE EFFECTS OF SUCH CAUSES AND CORES, AND



ALL DISTRESS, BY DIRECTING THE FULLY-GATHERED MOMENTUM OF THE FLAME OF MERCY INTO THE CONDITION THAT NEEDS ASSISTANCE. Beloved Kwan Yin asks the students to invite her and the brothers and sisters of Mercy into their homes, their hearts and their feelings.

Beloved El Morya addressed this subject by stating, "MANKIND'S ATTENTION IS THE OPEN DOOR INTO HIS WORLD. Remember, beloved ones, that the causes and cores of ALL DISTRESS are constantly-moving masses of misqualified energy, which can, and do, focus their vicious expressions through vulnerable human beings. Kwan Yin's service is to remove this misqualified energy, by personally directing the full power of the Flame of Mercy, Love and Compassion into it. This activity releases the cohesive center, which holds imprisoned life of a discordant nature together, and allows that life freedom to ascend, again, into its pure estate.

"Teaching unascended beings to use this power requires the assistance of an Ascended Master, otherwise the well-meaning pupil often ties his or her own energy into the distress (a vampire activity) and is engulfed by the intelligent entity (seen or unseen). The Brothers and Sisters of Kwan Yin's temple are well qualified in assisting the worthy chelas to learn how to SAFELY invoke the Flame of Mercy and Compassion from Kwan Yin's own loving heart, into the condition, while they are protected by her own Luminous Presence, from any distress in endeavoring to give this assistance."

During the Transmission Flame Service, the Brotherhood of Mercy breathes out (projects) the Mercy Flame to the island of Suva (Fiji-islands). From there the flame is directed to Mt. Shasta.

## **THE TEMPLE OF PEACE SUMMARY**

**Location:** The Temple of Peace is located on the physical plane, near Suva, Capital of the Fiji-Islands. It is located within the cave of a huge mountain.

**Hierarch:** The Hierarch of the retreat is the Ascended Master Surya.

**Primary Function of the Brotherhood of the Retreat:** The brotherhood radiates the God-qualities of peace, tranquility, love, financial supply and protection.

**Flame of the Retreat:** The flame has a golden center. Around the periphery of this golden flame is a radiance of electric blue.

**First opened:** This retreat was opened to mankind (to chelas of the Bridge to Freedom) for the first time on October 15, 1952. From this retreat the first worldwide Transmission Flame Service was inaugurated, on October 18, 1952. The Masters at Suva projected the Flame of Peace from the heart of Suva across the Pacific Ocean to the Brotherhood at Mt. Shasta, who directed the flame to the Philadelphia Group of the Bridge to Freedom. From here, the flame was sent across the Atlantic and around the world.

**Keynote:** The keynote of the retreat and its Hierarch is contained in the melody "Aloha Oe," (Hawaiian Song).

### **THE HISTORY AND THE BROTHERHOOD OF THE TEMPLE OF PEACE**

In ancient times, the continent of Lemuria (Mu) extended from today's China, to the western coast of the United States. It was on this continent, where the third rootrace and the forerunners of the fourth rootrace came into embodiment on Earth. This event occurred at the location where the Fiji Islands are now located. The Ascended Master Retreat, known as the Temple of Peace, has existed here, as a focus of Light, for over one million years. The Fiji-Islands are but the tip of one of the great mountain ranges of the ancient continent of Mu.

The largest of the Fiji-islands, where the City of Suva is located, lies as a verdant jewel, the white sands of its beaches setting it apart from the deep azure blue of the surrounding sea. The tropical verdure and foliage is emphasized by the symmetry of the clearly-defined mountain range that stretches, like pointed fingers, toward the heavens.

The Brotherhood of Suva have dedicated their life energies to expanding and directing the power and presence of pure, divine love. To enter the aura and atmosphere of Suva, is to find oneself cut off, temporarily, from the pull of the senses, and to abide, for a time, within that self-communion and contemplation so requisite to self-mastery and attainment upon the spiritual path.

The radiation from the island is a concentrated power of love, peace, tranquility and opulence. When the retreat is open, and the students direct their attention to the retreat and the great Cosmic Being Surya, they will feel a tremendous quieting effect in their inner bodies, which will be ab-

sorbed into their physical bodies, as well, if they are able to accept its tangible presence alive, within them. Peace was so powerfully externalized by the Brotherhood of Suva, that the great navigator, Magellan, when discovering the large expanse of water on the western side of South America and founding it so unruffled and tranquil, he called it the Pacific Ocean (peaceful ocean).

The members of the Brotherhood are also known for the protection that has been offered, in love, for centuries. Many individuals, who have disappeared in the vastness of the Pacific Ocean, have been rescued by this Brotherhood. Many are the tales told by men at sea who, in great crises and extremity, have seen a “mystic island” appear suddenly before them, offering safety and protection from the elements that seemed bent on destroying them and their vessel.

Sometimes waves up to seventy feet high have been observed in the vicinity of the retreat. Never have they inundated the main island, because the Brotherhood of the Temple of Peace are masters of love. The members stand, fearlessly, on the sanded shore and look upward at that great mountain of water, and love it back into the sea. The undines (elemental beings of the water element) filled with the miscreations imposed upon them by mankind, recede, and bow before peace.

#### DESCRIPTION OF THE RETREAT

This retreat is located within the cave of a huge mountain. The location of the entrance is unknown to the average person. However, when the retreat is open, during a certain 30-day period, sincere disciples of the Ascended Host are invited to visit it, in projected consciousness. They will have

no difficulty in entering, after the spiritual protectors examine each chela, carefully. There are two guardians, one male, one female. They are both seven feet tall, and have oriental facial features, with well-proportioned bodies, and blue eyes. They are bareheaded, with long, chestnut-colored, hair. The gentleman wears his hair down to his shoulders; the lady, down to her knees. Both are dressed in white robes, which give off an opalescent hue.

After having been allowed to proceed, the chela climbs up seven crystal steps, under which there can be observed multi-colored torrents of water. Then, a big crystal door, emblazoned with a cross, surrounded by a large circle (the symbol of this Ascended Master retreat), opens automatically. Upon entering, the visitor sees a crystal palace, located in what seems to be a vast, crystalline, sea. From this "sea," all of the colors of the rainbow emanate.

Circular stairs surround the palace. These circular stairs are made of transparent crystal. Underneath there are cascades of multicolored torrents of water. The circular stairs, surrounding the palace, have forty-nine steps.

Within the palace, there are seven rooms where instructions are given. The main portico, through which one enters to meet Lord Surya, is located due East.

Lord Surya is majestic in appearance. He is seven feet tall and slender of form. His well-trimmed beard resembles that of the Ascended Master Saint Germain. His eyes are purple in color, and his hair, falling to his shoulders, is golden. He is attired in pure white clothes and wears no jewels. Lord Surya is sitting on a high throne, on a golden chair.

When you have the opportunity of meeting Lord Surya

face to face, you bow in reverence, and when you lift your head, his loving eyes meet yours. He smiles, making the sign of the circle above the cross and extends his hand to you. When he offers you his hand, your vibrations are raised, as if you were sitting on the atomic accelerator of the beloved Ascended Master Saint Germain.

When he looks at you, with his big purple eyes, you know and feel that a powerful ray of light has passed through your four lower bodies. After your salutation and his greeting end, he pronounces a short word, in a presently-unknown language, but which you seem to understand. You know it means, "Peace be with you!"

When the disciple awakens in the morning, after visiting this retreat, he will feel himself filled with feelings of lasting peace, greater understanding, and God-given poise!

## THE TEMPLE OF PURIFICATION BY VIOLET FIRE

### SUMMARY

**Location:** The Temple of Purification by Violet Fire is located in the etheric realm, near the Island of Cuba.

**Hierarch:** The Hierarchs of the retreat are Archangel Zadkiel and his divine complement Amethyst.

**Primary Function of the Brotherhood of the Retreat:** To invoke, sustain and project the purifying essence of the Violet Fire into the atmosphere of Earth, and to transmute mis-qualified energies of mankind. If it had not been for this focus, the flames (containing the God-virtues) held on other portions of the Atlantean Continent, by other members of the "White Order," could not have been sustained, nor would they have been allowed, later, to be carried by their own priests and priestesses, to other parts of the landed surface of the Earth at the time of the sinking of the Atlantean Continent.

The Brotherhood is known as the Order of Zadkiel, which was established when the temple was on the physical plane.

**Flame of the Retreat:** The Violet Flame, an action of the Seventh Ray.

**First opened:** This retreat was opened to mankind (to chelas of the Bridge to Freedom) for the first time on October 15, 1957.

**Keynote:** The keynote of the retreat and that of both Hierarchs of the retreat is contained in the melody "The Blue Danube Waltz," by J. Strauss.

### DESCRIPTION OF THE RETREAT

This focus is an action of the Seventh Ray. The main Temple is similar to Lord Michael's temple. It is made of gold, encrusted with amethysts, circular in shape, and very large. The temple has four entrances. There are seven smaller temples surrounding the main temple, each of which has a golden dome. In the center of the main temple is an altar, containing the Violet Flame.

After the inauguration of the Transmission Flame Service, an amphitheater was built above the retreat. It is constructed in the shape of the Temple of Purification by Violet Fire, but is much larger. This amphitheater extends over the Atlantic Ocean and its periphery includes both the eastern seaboard of the United States and the western European coastline. Two large cities that belonged to a highly-developed Atlantean Civilization are now gradually rising from the floor of the Atlantic Ocean.

### THE HISTORY OF THE TEMPLE OF ARCHANGEL ZADKIEL

During an early time period of the Atlantean Age, Divine Beings, Archangels and angels walked and talked with man. Among the White Order of the priesthood (the Great White Brotherhood) were priests and priestesses of the Order of Archangel Zadkiel. They served in the Temple of Purification by Violet Fire.

The Temple of Purification was of circular design and around it were located seven smaller temples. The temples were situated adjacent to present-day Cuba, which, at that time was part of the continent of Atlantis. From the golden



dome of each temple arose a living, visible violet flame, which could be seen within a radius of 1,000 miles. Saint Germain, not yet ascended at that time, served as one of the priests in the central temple.

The Order of Archangel Zadkiel was at the heart-center for maintaining God's plan for Earth. The activity of the Seventh Ray was developed through instruction and training of lifestreams, in the power of invocation (decreeing), and in holding the attention upon God, the universal I AM Presence. Through the power of that sustained attention, the mercy of God was magnetized, until it became a tremendous force for good. Rhythmic invocation, constancy of devotion to the magnetization, sustenance and expansion of the Violet Fire through meditation, contemplation, songs, and decrees, were the fundamental teachings of the temples of Archangel Zadkiel.

All other priests of the White Order were fully aware of this focus, and often came, themselves, to bathe in the purifying essence of this flame. They also sent their chelas to Lord Zadkiel's Temple, in order that the effluvia of discord that was growing upon Atlantis, might be dislodged from their consciousness. These students left the temple purified and revitalized, eager and willing to serve in their own temples and locations.

The Ascended Masters provided us with the detailed description of only one war, namely, the war near today's Cuba. Descriptions of wars tend to focus our attention upon destructive etheric records. Energy follows thought, and the imperfect use of energy does not help our freedom. The Masters gave us a detailed description of the war near Cuba, because it illustrates the never-ending battle between the forces of good and evil – white and black magic. In addition,

the details explain the cause of the future sinking of a portion of the continent of Atlantis.

### **FORCES OF LIGHT AND FORCES OF DARKNESS**

Before discussing the great battle between the forces of light and darkness that took place on Atlantis, it would seem of advantage to deal with some general basic concepts of Cosmic Law, as they apply to dark forces. The following illustration may help.

To understand those forces, let us begin by examining a typical chela (dedicated student) on the path. Under the action of the Cosmic Law, as it applied prior to 1930, the chela was admitted to a retreat, after reaching a certain state of purification and enlightenment. Here he was placed under the general supervision of a Master.

Often, especially in the beginning, the chela was left to his own heart's prompting, as to how to proceed. As the months and years went by, he was taught a point of Law here and there. He was asked to pass many tests and many initiations.

Frustrated by the severity of the tests, the slow process of receiving additional instruction, having little contact with the Master in the beginning, and discouraged by the austere surroundings, many chelas left the retreat, some never to return. Some of the chelas who left, harbored feelings of rebellion, discouragement, and resentment. A few of them degraded to the point where they became prey for "black magicians," also called "members of the black order." The black order gained the confidence of such students, by carefully and skillfully duplicating the activity of the "White Or-

der,” offering them less difficult and faster progress, and appealing to their egos by such means as offering a certificate of accomplishment, or a degree. They also came up with a counterpart to the “Elixir of Life” (An elixir is a drink prepared by a Master to refresh and rejuvenate the student, in mind and body). The black order countered this by coming up with alcoholic drinks.

Once he became a follower, the student, through fear, was held loyal to the teachings of the black magicians, whose intent was, and is, to destroy the Light wherever they can find it. This type of action has been going on for 680,000 years, and, at times, there were regular schools of black magic.

What can the student's former Master do? Very little, if anything. He knows that free will is an attribute given to man by God; therefore, the Master cannot interfere. To make things worse, the Master now has to transmute some of the karma of the student's fall; that is, the teacher is made personally responsible for the God-energy spent on the student and the student's transgressions. It is no wonder that personal instruction by a Master is never imparted lightly. It has to be EARNED by the chela.

What kind of power does a black magician have over a student of Ascended Master Teaching? None, provided the student protects himself on a daily basis, and keeps his harmony. Then he has nothing to fear. Saint Germain said to Mr. Ballard, “YOU WILL BE PROTECTED, IF YOU KEEP YOUR HARMONY.”

According to Alice Schutz (A.D.K. Luk), many “I AM students” of the 1930's had encounters with “black magicians,” who ran rampant until 1937. The knowledge and application

of the Violet Flame, and the Protective Pillar of Light, were most helpful to the students. All of us who consider ourselves “students on the path” owe a great deal of gratitude to the early students under Mr. Ballard. They had to bear the brunt of the battle. Because of their daily decrees, the most vicious foci of the dark forces were destroyed, and most of the black magicians, especially those operating within the United States, were rendered ineffective.

However, some dark forces remain. Therefore, wise is the student who daily protects himself and keeps his harmony.

#### **THE BATTLE NEAR CUBA**

The battle plan of the black magicians was to draw fearful, skeptical, disappointed, and rebellious individuals to them, and to attack the central bulwark of the opponent, namely the “White Order,” located at Archangel Zadkiel's “Temple of Purification by Violet Fire.” This temple was situated near today's Cuba, on Atlantis. Thus started one of the greatest battles between the forces of light and darkness the Earth has ever known.

In time, the battle plan of the black magicians succeeded. Gradually and secretly, most of the priests of the “White Order” aligned themselves with the “Black Order.” Through fear, the followers of the “Black Order” were held loyal to its teachings. Few remained sincerely affiliated with the “White Order,” and because of lack of support by a sufficient amount of followers, Archangel Zadkiel had to withdraw from having outer contact with the priests of the temple. As a consequence of insufficient invocation (decreeing) by the priesthood, the Violet Flame no longer was visible.

The disloyalty by the priesthood, together with the malpractice of some priests, in aligning themselves with the dark forces, made possible the sinking of a great continent. Its spiritual anchorage having been destroyed, the "Temple of Purification by Violet Fire" sank, also, beneath the Atlantic, together with a major portion of the Atlantean continent. Before its sinking, the temple was etherealized. It is still pulsating in the ethers, near the island of Cuba, today.

The "black order" could not, however, erase the memory of the Violet Fire of mercy and compassion from the etheric consciousness of those who had served in the Temples of purification. One such priest, who kept this consciousness, is the Ascended Master Saint Germain, now Chohan (Lord) of the Seventh Ray. He, as well as others, remembered the glory of Archangel Zadkiel's temple, and the tremendous service it had rendered to the people of Atlantis. The Law of Life does not allow any force of evil to destroy the memory of the glory of a former Golden Age. Another priest who served in the "Temple of Purification by Violet Fire" was Mr. Frank Pita. Much later, in 1952, Mr. Pita printed the first publications of the "Bridge to Freedom," operating from the island of Cuba.

Today, some students are working together with the Ascended Host, to lift the veil of maya. This veil was created by the misqualification of the energy of mankind. If this type of effort is sustained, by a sufficient amount of students, the veil of maya, which is gray and black in color, will be gradually lifted. A lovely light shade of violet will appear, and then, through that, will be distinguished the outline, first, and then the figures, of Divine Beings.

## THE RESURRECTION TEMPLE SUMMARY

**Location:** The Temple of Resurrection is located In the Etheric Realm over the Holy Land.

**Hierarchs:** The Hierarchs of the retreat are the Ascended Masters Jesus and Mother Mary.

**Primary Function of the Brotherhood of the Retreat:** To invoke, sustain and project, into mankind's four lower bodies, the restoring power of the Resurrection Flame.

**Flame of the Retreat:** The Resurrection Flame. The color of the flame is mother of pearl. The shape of the flame is similar to that of a lily.

**First opened:** This retreat was opened to mankind (to chelas of the Bridge to Freedom), for the first time on May 15, 1953.

**Keynote:** The keynote of this retreat is contained in the melody "A Perfect Day" by J. Bond. The melody "Ave Maria," by Schubert, can also be used to draw the radiation from the temple. The keynote of Jesus is contained in the melody "Joy to the World." The keynote of Mother Mary is contained in the melody, "Whispering Hope."

## THE HISTORY OF THIS RETREAT

In the early eras, when each individual lived in perfect harmony with the music of the spheres, and his own inner bodies and physical form vibrated rhythmically, according to the keynote of his own individualized I AM Presence, there was no specific requirement for a Flame of Resurrection. At that time, this focus was used, primarily, by the Directors of the Forces of the Elements, to awaken the dormant nature kingdom to its rhythm of productivity, after its rhythm of

rest.

While the angelic, human and elemental kingdoms CONSCIOUSLY controlled the vibratory action of their vehicles, dissolution of form was a beautiful, rhythmic and natural activity. While mankind CONSCIOUSLY controlled the vibratory action of their vehicles, dissolution of the physical body was a beautiful, rhythmic and natural activity. When the form—human or elemental—had completed the service for which it was designed, it was consciously dissolved. The component parts (electrons) released to the accompaniment of music, color, and sweet perfume, then returned to the sun of the system for repolarization.

However, after the laggards arrived from other systems, slowly the individual consciousness lost the capacity and power to govern the vibratory action of the physical and inner bodies. The causes that bred disintegration and decay, manifested first through the etheric bodies, and afterwards, on the physical bodies of mankind. It also manifested through the etheric bodies and forms of the nature kingdom.

Thus was born the specific need for an activity of quickening, bringing back to life, resuscitating the divine vibratory action in the nature kingdom and in those of mankind, desiring it. A Cosmic Being, Krishna by name, chose to draw, through his own consciousness, a powerful momentum of this restorative, life-giving flame, from the Source of all Life. He then came earthward, the Resurrection Flame anchored within his own cosmic heart, establishing it in the etheric realms over the Holy Land. In this way, some means of restoration of the fallen sons of God was provided, should they desire to return to their natural God-estate.

### DESCRIPTION OF THE RETREAT

The blazing focus of the Resurrection Temple radiates forth its resuscitating power from the etheric realm, over the Holy Land, where the beloved Master Jesus lived and proved the power of resurrection, at the beginning of the Christian Dispensation.

The Resurrection Temple is circular in design, of a color similar to mother of pearl. The Flame room is encircled by seven concentric corridors. The central temple contains the altar, upon which blazes the Resurrection Flame, in the form of a large lily. The lily is also the symbol for the resurrection.

The angel devas, cherubic and seraphic hosts of the Resurrection Flame are constantly absorbing its substance into themselves and then sweeping outward, at the direction of the Masters who are in charge of the direction of the light rays. The flame is guarded and sustained by the Archangel Gabriel, whose cosmic service is to bring to life, again, the remembrance of the God-image in which every man was originally created and which it is each soul's destiny to out-picture and manifest, through the physical body.

This temple is particularly beautiful, for it is the focus of the directors of the forces of nature and the lovely elementals representing the four kingdoms—earth, air, fire and water—play in the atmosphere and aura of this temple, at all times. The radiation of the Resurrection Temple is like a glorious rainbow of colors and the visitation to it, by those God Beings interested in developing the capacity to resurrect the divine plan, on this Earth, add to its great beauty and light.

One of the corridors is devoted entirely to directing the Resurrection Flame into those chelas who call for the puri-



fication of their own etheric records. The brothers and sisters who direct the flame, are instantly responsive to those calls made by chelas for the dissolving and purifying of etheric records in nations, continents, old castles, and places where great evils and injustices have taken place.

In another circular room, with the willing cooperation of the angelic host, the brothers and sisters direct the flame (with the assistance of the Master who guides them), into the astral realms, rendering tremendous assistance in dissolving the mass accumulations of discord, which manifest as diseases of mind and body. From this room, also, are directed the rays, in answer to the calls and prayers for the so-called "dead." The purifying power of these rays does much in assisting "Earthbound" spirits to rise into the octaves of light, and to enter schoolrooms of spiritual endeavors, which will enable them to return in bodies of greater purity and light, and thus move forward more quickly in the fulfillment of their God-plan.

From another one of these great circular rooms, the brothers and sisters direct the flame through the vast sea of the emotional realm, and through the desire worlds of those who wish to rise above the passions of the senses, sublimating the lusts of the outer self, and replacing them by "hunger and thirst after righteousness."

From still another room, the directors of the light rays pour the flame into the vibratory action of the mental bodies of the race, and through the tremendous accumulation of thoughtforms which fill the atmosphere, and attach themselves to the mental bodies of the people, thus blocking the God-directions of the individual I AM Presence.

In the outermost court of the temple are the brothers and sisters who direct the flame through the physical structure of those who desire bodies that are absolutely non-recordant to disease. From this court, also, the nature devas and the elemental builders of form, under the direction of the Maha Chohan, supervise the direction of the rhythmic currents of the Resurrection Flame that provide the seasons of growth and harvest.

At the inauguration of the Transmission Flame Service, an amphitheater was created over the retreat. It covered the area of Asia Minor, Europe and the Near East. That entire location was blessed by the radiation of the Resurrection Flame.

In rare instances, those who had renounced the heritage of death and decay as the “natural estate” of humankind, were drawn into the vicinity of the Resurrection Temple, and were taught how to draw that flame through their inner bodies and their flesh structure, as well, and these elect became the Brothers and Sisters of the Resurrection.

Many of these devotees went forth and established foci of the Resurrection Flame in remote, inaccessible places. The few seekers of the race, with sufficient desire for redemption in their hearts, were drawn to these sanctified locations and, when they persevered in the use of this flame, found their bodies restored, their minds illumined and their consciousness prepared to be lightbearers, themselves. These people were able to maintain life in the physical body, for centuries, and the records of their achievements are found in many of the archives of great civilizations of the past.

The beloved Master Jesus and his mother, Mary, applied

to the great Father of Light for the privilege and opportunity of relieving the previous guardian spirit of the Resurrection Flame, offering to take his place and to remain as its guardians, until some other sons and daughters of Earth might find it within their own heart's light, to assume this wondrous service.

In order to be vested with the power and authority of guarding a cosmic flame, the presence of which is essential to the redemption and freedom of an evolution, the spiritual being making the application must draw that flame, in its fullness, through his own bodies. The Master Jesus offered to render this service at the close of his mission in Judea.

With the help of the present Maha Chohan, whose cosmic service and momentum are builded into the full power of the Resurrection Flame, through the kingdoms of nature, Jesus was enabled to demonstrate the power within that flame in restoring the body to life, and the spirit to immortality. He was then vested, by Cosmic Law, with the power and authority, together with beloved Mary, his mother, to guard and sustain the Resurrection Flame from within this temple, where they render this service to the present day.

Through the centuries, the great Maha Chohans of each age have availed themselves of the tremendous power of the Resurrection Flame, in bringing the kingdom of nature to new life each springtime, and the builders of form have utilized the powers of the Resurrection Flame in creating new temples or bodies, for the evolving souls of mankind. As the Spring sunshine stirs the dormant life within the nature kingdom, our Lord Maha Chohan sends forth the pulsation of the Resurrection Flame through the Earth and obedient life re-

sponds, literally “rising from the dead,” in the miracle of Spring.

To resurrect means to “bring to life again” that which is seemingly dead. Mankind are witness to this resurrection through the nature kingdom, each Springtime. It is the decree of the Holy Ones, who guard the Resurrection Flame, that mankind shall also “tune in” to this Resurrection Flame and consciously resurrect the perfection which lies dormant in most human beings.

Jesus' statement, “I AM the resurrection and the life,” like many other statements of the Ascended Host, repeated by mankind, is not complete. “I AM the resurrection and the life of perfection,” is the completed statement!

THE BELOVED MASTER JESUS ENDEAVORED TO SHOW MANKIND THAT WHAT NATURE CAN DO, MAN ALSO CAN DO! HE, THEREFORE, SUBMITTED HIS HOLY, UNDEFILED PHYSICAL BODY TO SO-CALLED “DEATH” AND THEN, THROUGH THE INVOCATION OF THIS RESURRECTION FLAME, HE BROUGHT LIFE BACK INTO THAT SAME BODY, AS AN EXAMPLE TO ALL MANKIND, THAT WHAT CAN BE DONE BY A FLOWER, A SHRUB OR A TREE, CAN ALSO BE DONE BY MEMBERS OF THE HUMAN RACE.

Through the action of this flame, Jesus' physical body was resurrected restored in the tomb, thereby proving the immortality of life. That was the goal of Jesus' mission – to be the way-shower, to be the example, for all mankind to follow. This is the reason the crucifixion was permitted to take place.

Mankind, for the most part, however, have accepted the resurrection of Jesus as a “miracle,” only possible for him and have not availed themselves of the use of the Resurrec-

tion Flame, to restore their own vehicles to perfection, rather submitting to disease, disintegration, decay and, finally, so-called "death." However, to keep alive the FEELING of the power of resurrection in the consciousness of unascended mankind, beloved Jesus and Mother Mary now continuously send forth into the atmosphere of Earth, that victorious radiation from this temple, which is the focus for the activities of the Great White Brotherhood, during a thirty-day period of a given year.

The Flame of Resurrection is the hope of redemption of the entire human race, by which the diseased, distorted and disintegrating substance, that has been generated by human thought and feeling, and imposed upon the pure God-energy, may be purified, transmuted and restored to its natural, perfect God-perfection.

The action of the Resurrection Flame increases the vibratory action within the cells of the four lower bodies, enabling the inner light to throw off the appearance of limitation, and stand revealed in "the glory it had with the Father, before the world was." THE SUBSTANCE OF THE RESURRECTION FLAME FLOWS THROUGH THE INNER BODIES OF THOSE WHO INVITE IT, AS WELL AS THROUGH THE ACTUAL FLESH STRUCTURE.

The vibratory action of the Resurrection Flame is controlled by those brothers and sisters who abide within the Resurrection Temple and direct that flame through the physical, mental, etheric and emotional bodies of the chelas, in answer to their individual invocations.

The action of the flame is uplifting, life-giving and produces hope and buoyancy. The Resurrection Flame reverses

the currents of energy. It turns imperfection into perfection.

The Spirit of Resurrection is an intelligent entity, which dwells within the flame and it will bring specific God-virtues into the world of the student when invited to do so. Thus, if the requirement is for HEALTH, the student may draw the power of the Resurrection Flame through his four lower bodies. If the requirement is for SUPPLY, the student is asked to consciously draw the Resurrection Flame through the appearance of limitation and KEEP AT IT UNTIL ABUNDANT SUPPLY IS MANIFEST.

This flame enables individuals to maintain life in the physical body for long periods of time. When given opportunity, the Spirit of Resurrection will resuscitate, for man, his faculties and resurrect his body into perfection and mastery.

The Brothers and Sisters of the Resurrection wear white robes, with opalescent bands on the sleeves at the hem.

#### **APPLYING THE POWER OF THE RESURRECTION FLAME**

It is the request of our Lord Maha Chohan that the students deliberately direct their consciousness toward this temple during the thirty-day period (around Easter Season), when the retreat is open. This activity will enable students to experience and bring back, to some degree, the Ascended Jesus Christ feeling of the power of the resurrection. Then the students should use that power of resurrection consciously to restore, resuscitate and bring to life, in their own individual worlds, some specific God-requirement, which seems lacking. Thus, if the requirement is for health, the

student is requested to draw the power of the resurrection through the inner and physical bodies. If the requirement is for supply, the student is asked to consciously draw the Resurrection Flame through the appearance of limitation and KEEP AT IT until abundant supply is manifest.

You may also call for the resurrection of the dormant talents, gifts, and powers that are within your Causal Body. It is your privilege to call for that infinite power of the Resurrection Flame to resurrect the natural life and natural buoyancy, hope, and perfection in every electron that belongs to this Earth and to this planetary system.

The Masters are recommending two exercises that apply the power of the Resurrection Flame:

1: (Use when the Resurrection Temple is open.)

Before you go to sleep at night, shake your etheric garment (as you would shake a dress you had worn all day) free of all its accumulation into the Violet Fire. As you do so, feel that Violet Fire blaze up through it. Then ask an Ascended Master to guide you to the Resurrection Temple and that there may be impressed, upon you, the wonderful teachings of the various members of the ascended and angelic host, so that you may bring back, into your outer consciousness, when you awaken in the morning, the memory of those instructions for use in your own world.

Your etheric body is the vehicle in which you travel most of the time. It is most closely connected with your physical vehicle, actually interpenetrating it. Therefore, the more purified the etheric body is, the easier it is for your brain consciousness to remember some of the instructions which are for your own personal use, only.

At the time when it is open, enter into the Resurrection Temple at least once in every twenty-four hours, bathe in its flame, practice the use of the resurrection power that is within your own life, to restore to you the perfection of being, which you knew before the "Fall of Man." This is the invitation of the Ascended Host, to all mankind, during Holy Easter Season. Accept it! Use it! Feel the resurrecting power of divinity (presently quiescent within you) stir into action and then allow it to flow through all your inner vehicles, your physical body, your aura, and into the world in which you presently abide. Thus do you become a Resurrection Temple, in yourself!

Exercise 2: Beloved Mother Mary, in an article published in the Bridge to Freedom Bulletin, recommends an exercise to use the power of this flame to full advantage. She states:

"TODAY, SOMETIME WHEN YOU ARE QUIET, TAKE A GLASS OF WATER AND THEN CALL THE POWER OF THE RESURRECTION FLAME TO CHARGE THROUGH IT, RAISING ITS VIBRATORY ACTION TO THAT OF THE ELIXIR OF LIFE. DO THAT THREE TIMES TODAY. DRINK IT AS THAT ELIXIR. It is a practical, workable activity, which will give to you a greater uplift of a sustained nature, than any amount of stimulus that can be given to you by the outer world. This is just a simple example, but I would like you to feel it; I would like you to see and to know the power that is in you, in everyone, to create and charge the water element into a substance which is truly THE ELIXIR OF LIFE.

"People have sought this elixir everywhere. Beloved Saint Germain experimented for a long time, in France and in other places in Europe with the creation of that magic elixir. Then, in America, Ponte de Leon thought he had found



the Fountain of Youth in Saint Augustine, Florida. The Fountain of Youth is in your hearts! But if that fountain is covered over for lack of use, or through the acceptance of human appearance, it does not flow forth freely. But be very sure, my beloved, that you want that fount of life to flow freely through you, for one motive and purpose only, the resurrection and the life of your own individual selves, so that you may be a living, breathing example, here on this planet, Earth, to the glory of God and for your beloved Ascended Master Saint Germain, who desires, among all things, to have sons and daughters of freedom, free from every distress that is limiting.

“If our blessed Jesus had not used that power of the resurrection, silently and audibly, as discretion allowed, from the time that those words were received by him, until Easter morning, he would not have had the necessary gathered momentum to make that triumphant resurrection, when, bursting from the tomb, he stood forth in the physical body that had been mutilated and broken by the human creation of the masses.

“These are the activities we use today, as we are within the temple and foci of all the Host of Light. Let us resurrect, now, in our presence, the fullness of the goodness of God for this Earth, its peoples, its evolutions, those who are to embody here, those who are presently embodied, and those who have recently left the body! This Resurrection Flame can bring us in tune with our God estate. The most delicate of all the instruments of God on Earth is a human being, within whose heart blazes the immortal, victorious, Threefold Flame of Almighty God.”

## THE TEMPLE OF SHAMBALLA SUMMARY

**Location:** The Temple of Shamballa is located in the Etheric Realm, over the Gobi Desert.

**Hierarch:** The Hierarch of the retreat is the Ascended Master Lord Gautama (formerly Sanat Kumara). His banner has a golden background with the planet Earth in the center, surrounded with the colors of the Causal Body.

**Primary Function of this Retreat:** The temple serves as the residence of the Lord of the World. The members of the Great White Brotherhood and representatives of the angelic and elemental kingdoms return to Shamballa once each year, to offer their harvest to the Lord of the World. They experience a period of rest, and they share and rejoice in the fruits of their labor.

**Flame of the Retreat:** The flame consists of three colors – blue, golden yellow and pink. The Threefold Flame at Shamballa represents the COHESIVE action for the Earth. A tiny thread of this flame was anchored, ages ago, into the heart of every human being. (The Threefold Flame maintained in the Temple of Liberty, in France, represents the LIBERATING action of the flame by which every individual may liberate his own God-faculties and powers).

**First opened:** This retreat was opened to mankind (to chelas of the Bridge to Freedom) for the first time on November 15, 1952.

**Keynote:** The keynote of the retreat and its Hierarch is contained in the melody “Song of India.”

### THE HISTORY OF SHAMBALLA

Given here is a brief history of the Shamballa Retreat. For a more detailed description, please refer to “Man, His Origin, History and Destiny.”

Once the laggards were brought to Earth, mankind started its downward trend. The “local mist” (Genesis 2:6), caused by the laggards, became a total veil, generated when most of mankind tuned into thoughtforms of misqualified energy and produced some of their own. This downward trend continued until the Earth reached such a low point, that it became a concern to the Hierarchy of its galaxy.

Cosmic Law demands that each planet carry a certain amount of Light (harmoniously, constructively-qualified energy), as a condition of maintaining its place in a solar system. This Light is composed of the constructively-qualified energy of its inhabitants. About two and a half million years ago, during the Lemurian Age, the Earth did not meet this condition.

Helios and Vesta were required to attend a Cosmic Council. At the Council were representatives of the galaxy to which the Earth belongs, as well as representatives from other galaxies. The conference was chaired by Alpha and Omega, who are responsible for our galaxy.

After considering all pertinent factors, a proposal was made to write off the Earth as a useless experience. As part of this plan, the Earth was to be swung off its axis, thereby dissolving it. This would have meant the end of the opportunity for all life to use the Earth as a vehicle of self-expression and growth.

Sanat Kumara, an Ascended Being from the planet Venus, and one of its regents, at this point suggested that if an Ascended Being with sufficient Light (constructively-qualified energy) chose to remain in the atmosphere of Earth and offer his Light as a balance for the Light-quota lacking on Earth, the Earth might be saved. This being would have to stay on Earth, until a worthy successor could be found, and the Earth would again emit sufficient Light.

Archangel Raphael agreed, and asked for volunteers. Sanat Kumara indicated he would be interested, provided that his twin-flame, Venus, the other Co-Regent of the planet Venus, would consent. Venus subsequently agreed, freeing Sanat Kumara to proceed with his mission.

After returning to his home-star, Venus, Sanat Kumara made the announcement of his offer to his people. Inspired by his example of selfless love, thirty priests from the planet, Venus, offered to precede him, to prepare a place for him. They imprinted, into their memory, the City of Shamballa, on Venus, which was to serve as a model for Sanat Kumara's home on Earth. Then they bade good-bye to their families, their home, and their planet, and stood before the Lords of Karma of the Earth. This great Council accepted the offer of the volunteers, with great gratitude.

There were no special privileges accorded to these priests. They were bound to the laws of the Earth, including the wheel of re-embodiment, and each one was to understand that he had to share Sanat Kumara's destiny, namely, that none would be released until the hour came when the Earth's own Light was sufficient to meet the demand of Cosmic Law. They were not granted the privilege of consecu-

tive consciousness, and had to submit to the “Bands of Forgetfulness,” an act of mercy which applies to all unascended lifestreams of the Earth.

Therefore, all that was left of the memory of Venus was the imprint, on their etheric bodies, of the picture of Shamballa as it existed on Venus, or the promptings of their hearts. There was to be no Master showing them the way on Earth, and no other outer assistance given.

When the priests awoke, in infant form, they looked the same as any other individual on Earth at that time. They were born in different countries; some were born in North America.

After they reached adulthood, the former priests of Venus followed their heart's promptings and prepared for the building of Shamballa. They had one thing in common, an inner memory of a shining city. They crossed several great seas and continents. Some of the former priests finally gathered on the mainland, close to the Gobi Sea, a large body of water which is now the Gobi Desert. Many had experienced a wearisome journey, but a burning desire lighted their way, and let them remember their purpose, sufficiently, to find their pilgrim brothers.

After arriving upon the shores of the Gobi Sea, the strongest among them brought forth a vision of their purpose, and it was confirmed in the hearts of the others. Thus started the preparation of what is known as “the building of Shamballa.”

Within the Gobi Sea there was an island with lush, green foliage, upon which it was decided to build Shamballa. This island was later called “White Island.”

Drawn together by the bonds of common interest in one cause, the next task of the thirty volunteers was to find the material of which Shamballa was to be built, and by the labor of their own hands, design and build, from marble and stone, the vision which they held within their minds. Conditions were similar to those encountered today. There was no special assistance given these individuals. There was a veil, and there was no coming and going of visible angelic beings.

From all over the world they brought, the tremendous pieces of marble and the various other heavy stones that formed the mighty edifices. They used the most beautiful marble and other materials the Earth could offer. Some among them, who were powerful in the use of magnetization, helped many in the erecting of some of these stones, weighing tons.

Shamballa was not built all at once. Construction was frequently interrupted by destructive hordes, who came down from the hills, killed the builders, and destroyed their work. As soon as their physical bodies were disconnected from their etheric bodies (souls), they applied, again, to be quickly provided with opportunity for a new embodiment. This request was always granted. Undauntedly, for nine hundred years, the builders of Shamballa continued their service of love, brushed away the rubble, and started anew, sometimes even having to rebuild the very foundation of the temples.

**SANAT KUMARA ENTERS SHAMBALLA**

One day, working against time, the city was finished. Sanat Kumara, accompanied by three other Kumaras from Venus, entered his residence. Happy and grateful were the builders, who had endured the 900-year effort to complete Shamballa, a place so magnificent, that the like of it has never been equaled, at any time on Earth. They knelt in thanksgiving and application before God and Sanat Kumara, thus forming an etheric record.

The Flame of Thanksgiving has gone forth, rhythmically, since the day when the thirty beings knelt before the coming of their Lord, and it has builded in power as each lifestream became aware of the benefits which have poured through it, for the most part without recognition, for centuries. Thousands of years later, pilgrims entering the United States tuned into this record, establishing Thanksgiving Day.

After arriving at Shamballa, Sanat Kumara drew forth the immortal Threefold Flame of God. The concentration of that flame had never been known on the Earth before, because it represented the vibratory action of the planet Venus. A tiny thread of this flame was anchored into the heart of each of the 10 billion lifestreams belonging to Earth's evolutions, both into those in embodiment and those out of embodiment. Thus, the crisis passed, and Earth was saved.

It was stated to the students in the 1950's that Sanat Kumara had fulfilled similar missions before, each time returning home victorious. In the Bible Sanat Kumara is called "the Ancient of Days." (Daniel 7:9)

### THE FORMING OF THE GREAT WHITE BROTHERHOOD

Next, a ways and means had to be devised whereby the natural children of the Earth, and their pledged guardian spirits, might be awakened to their own responsibility. It was required of them to create an aura of Light for their planet, to satisfy Cosmic Law, and to allow Sanat Kumara to return to his home star. Sanat Kumara prepared for this by founding the Great White Brotherhood, a united inner group of Ascended Beings. The service of this spiritual order was to teach interested students Cosmic Law, and to eventually draw them into the Brotherhood. This way they would be prepared to assume, at some future time, responsibilities and positions held by volunteers from other planets.

The Great White Brotherhood is comprised of Ascended Beings, who are all specialists along some particular line of spiritual service and endeavor. Their goal is to set the Earth and its evolutions free. Members of the Great White Brotherhood live only to serve God.

After Sanat Kumara arrived, a priest of the Order of Zarathustra returned the knowledge of the physical fire to mankind.

Previous to the coming of Sanat Kumara there were ages when only three persons held the connection from the Earth to the divine realm; at one time there was only one person. That connection held the Earth in orbit.

Sanat Kumara stayed at Shamballa until 1956, when he was able to return to Venus through the efforts of students of the Bridge to Freedom. These students, mainly through the Transmission of the Flame Service and other voluntary



applications of the Law, had increased the Light-Quota of the Earth, by constructively-qualifying energy. In this way, they created the necessary conditions for Sanat Kumara's return.

Following Sanat Kumara's departure, Lord Gautama assumed the office of Lord of the World. However, Sanat Kumara still has a connection to the Earth. He assumed the office of Regent. As such, he frequently returns to Shamballa to serve this planet. This very activity creates a tremendous affinity between the Earth and Venus, because every time he returns home, part of the radiation of Earth goes with him, and when he comes back, he will bring along the radiation of Venus. In this way, we have a weaving and meshing of the vibratory action of the two planets.

Let us ever be grateful to and remember the service of Sanat Kumara, one of the greatest friends the Earth has ever known!

Editors note: According to the dictations, the transition of Sanat Kumara, and those who accompanied him to Venus, was accomplished in a beautiful chariot, fashioned out of etheric substance, created by the visualizing process of unascended chelas, who were aware that this transition would take place within a specified period of time. In 1988, I was shown the pattern of this chariot, fashioned out of cardboard, by Roger Ancona, a director of the original Bridge to Freedom.

#### **DESCRIPTION OF THE RETREAT**

Shamballa was built as a replica of the City of White, on the planet, Venus, which is also called Shamballa and is the principal city there. The City of White was built upon the White Island, a precipitated island, in the Gobi Sea, which is

now a desert. A beautiful carved marble bridge, engrained with pure gold, and containing exquisite figures of Cherubim, connected the White Island with the mainland, over a sapphire sea.

The main temple, constructed for Sanat Kumara, was built upon the highest point of the city. It had a golden dome. A tree-lined avenue led to this temple. There were marble steps leading to the temple, broken by grassy terraces placed at intervals of about twelve steps. These terraces were adorned with gaily-colored flowers and rainbow-hued fountains. The great door of the temple was of tremendous height. Its golden filigree work reflected the sun, like a gigantic mirror. A golden vase stood beside this door. The main temple, itself, as well as the remainder of the city, was built using white marble, hence it was called "White Island" and "City of White."

The temple for Sanat Kumara looked similar to the Taj Mahal of modern times. It was all white, several hundred feet long, with an arched ceiling, its altar more than twenty feet high. From the vaulted ceiling, over the altar, is suspended Sanat Kumara's star. The great Threefold Flame is focused upon the altar, which is approached by marble steps in several tiers, so that the flame, itself, is a good twenty feet above the eye level of the audience. The entire chamber is adorned with many flowers.

Besides the main temple, there is a temple for each of the seven rays, each temple with its particular color. The temples are mostly white, with domes and spires. They stand along a beautiful wide avenue, lined with trees and bordered with flowers. There are terraces, beautiful flame-fountains and a pool.

During some time period, the physical structure of the Temple of Shamballa was destroyed. The Shamballa, known to us, now, is a replica of the original structure and is located in the etheric realm, over the Gobi Desert.

One Master stated, "Remnants of the bridge to the 'White Island' may now still be found under the shifting sands of the Gobi Desert." The desert was formed as a result of cataclysmic action, at which time the Gobi Sea was changed into a desert. When the physical buildings of Shamballa were destroyed, an etheric counterpart of Shamballa was created above them.

Shamballa means "to make sacred." The repetition of the name "Shamballa," seven times in reverence, either audibly or silently, will quickly raise the vibratory action of the earnest chelas, as well as re-animate the etheric memories of visits there in the past.

Sanat Kumara was ordered, by the beings who govern the Cosmic Law of our galaxy, to return to his home planet, Venus, by 1972. Through the cooperation of the student body of the Bridge to Freedom, Sanat Kumara was enabled to leave the Earth in January, 1956. The banner of Lord Gautama now flies over Shamballa, replacing Sanat Kumara's banner, which had been there since his coming to Earth.

Since Lord Gautama is now the Lord of the World, the keynote of the retreat is "Song of India." Formerly, the keynote of the retreat was "Caprice Viennois," which is the keynote of Sanat Kumara.

**PRESENT DAY SERVICE OF SHAMBALLA**

The members of the Great White Brotherhood return to Shamballa once each year, and offer their harvest to the Lord of the World. They experience a period of rest, and share and rejoice in the fruits of their labor.

There are enormous guest houses, in which each member of the Brotherhood is assigned a permanent room. Everyone meets in the great hall, mingling with friends, comparing notes about their work, talking about their respective chelas (each one very proud of his own), and so on, all contributing the joy of their combined consciousness to the festive occasion. There are speeches, and laughter, and song. Ascended Beings have not lost their sense of enjoyment through the attainment of their ascension. Rather, it is expanded a thousandfold.

At Shamballa, the members of the Great White Brotherhood discuss their service of the past year. They bring their harvest before the Lord of the World, and that harvest determines the amount of service that is to be rendered for the coming twelve months. What the members have done with the energy given, what they have done with opportunities offered, what they have done with the consciousness and capacities that were at hand, will be the determining factor for the assignment for the coming year. This assignment will take place during the meeting at the Teton Retreat.

The three kingdoms bring their harvest, which is the essence of energy used in the year's endeavors of impersonal service. The Angelic Host are the first to bring their harvest. They have their ceremony on Michael's Day, September twenty-ninth. The elementals have their ceremony in the

latter part of October. The Great White Brotherhood and its students (in their inner bodies), have their harvest ceremony in the latter part of November. The Masters offer a report of all that they have done, of all that their chelas have done, and all that the retreats have accomplished. They also receive renewed strength, renewed energy, renewed vitality of a spiritual nature, from the beloved Lord of the World, himself, which they take with them, and which forms a great momentum of energy for the next twelve-month cycle.

After the receiving of the combined harvest, the entire cooperative manifestation of service will be gathered up and taken to the Rocky Mountain Retreat, where it will remain until presented to the Lords of Karma, as proof of the efficacy of sharing illumined consciousness with unascended individuals.

#### GRATITUDE, A DIVINE VIRTUE

The Feast of Thanksgiving is an activity that has been celebrated by the Ascended Host, for aeons of time. When America first acknowledged Thanksgiving, the early forefathers merely tuned into this cosmic day. It is significant that the United States is the only nation on the Earth, today, which celebrates this holy service, when life pours forth gratitude for all that is given.

The holy season, from Thanksgiving through New Year, is a God-send to the Hierarchy, for mankind, for the most part, it displays good will, and resentment and rebellion at Godly things, are held in abeyance.

Gratitude is a virtue of God, expressed through Lord

Chamuel and beloved Charity and their legions of Angels of Love. When the individual truly learns how to FEEL gratitude for blessings received, inevitably that gratitude begins to rise to the source (God) who has given him his very life. Gratitude is truly the open door to greater benefactions from God, his messengers and mankind. IT OPENS THE DOOR FOR EVEN GREATER BLESSINGS TO OCCUR IN THE EXPERIENCE OF THE INDIVIDUAL.

God is no pauper. Poverty is not spirituality. God, the Mighty I AM Presence, created the bodies of mankind, and is constantly supplying man with energy and intelligence. The Presence is also quite capable of supplying the physical body, if the student will call to his I AM Presence FIRST for everything, BEFORE he looks to the outer channels for his supply.

A sincere feeling of gratitude, silently sent forth, or audibly expressed when conditions allow, reaps a harvest of greater endeavors upon the recipient of the loving feeling of gratitude so expressed. Thus, according to human experience, gratitude is a “magic key,” which can be used to advantage in developing the God-potential of every man. Let us not confuse flattery (which is insincere), with honest gratitude for endeavors made to lighten the burden of individuals, families, nations and the planet.

Saint Germain said, “Gratitude for the small blessings of daily life, builds a momentum, which gives the soul a wider perspective with regard to the innumerable gifts which are constantly poured out for his personal benefit. Life should be a constant ‘Prayer of Thanksgiving.’ Not only on one day of the year should mankind give a cursory glance at the benefactions around him, but DAILY his heart should swell with

sincere gratitude, just for being!”

GRATITUDE FOR BLESSINGS RECEIVED, AND GRATITUDE TOWARDS GOD'S GIFT OF LIFE, IS A HARMONIOUS FEELING. IT KEEPS THE DOOR WIDE OPEN FOR GOD'S SUPREME OUT-POURING TO COME INTO THE INDIVIDUAL'S EXPERIENCE. THAT IS WHY EVERY DAY SHOULD BE A DAY OF THANKSGIVING.

The Spirit of Shamballa opens its arms to all, and awaits the coming of those who love life enough to desire to help to set the Earth and its people free.

#### **ACTIVITY DURING THE TRANSMISSION FLAME SERVICE**

Before the Transmission Flame Service, the builders of form created an amphitheater, duplicating, in architectural design and color, the beauty of Shamballa.

The Masters held the expanded flame concentrated in eastern Asia, through Korea, for over one minute, before it began its journey around Earth. As the ray from this great flame was received in each waiting sanctuary, a Threefold Flame sprang up, taking the appearance of a large tulip bud, which held the sanctuary, and all within it, in its cosmic presence. The presiding Master then directed the ray to the next retreat or sanctuary, and the same activity took place there. The flame followed a concentrated course, its iridescent rays creating exquisite flame flowers, wherever either the students or Masters were in attendance, and then returned to Shamballa.

**THE TETON RETREAT**  
(Also called "Royal Teton" or  
"Rocky Mountain Retreat")

**SUMMARY**

**Location:** The Teton Retreat is located within the Grand Teton Mountain, in the Teton Range, Wyoming, USA.

**Hierarch:** The Hierarch of the retreat is Lord Confucius. (This office was formerly held by the Ascended Master Lanto, until July 4, 1958)

**Primary Function of the Retreat:** The retreat is dedicated to the radiation, expansion and manifestation of the divine plan for this planet.

**Flame of the Retreat:** The color of the flame is Chinese green, with a golden radiance. The flame is in the shape of a calla lily.

**First opened:** This retreat was opened to mankind for the first time on June 15, 1952, to the chelas of the Bridge to Freedom, to attend in projected consciousness.

**Keynote:** The keynote of the retreat is contained in the melody, "Oh, Thou Sublime Evening Star," from the Opera Tannhäuser, by Richard Wagner.

**DESCRIPTION OF RETREAT**

This retreat was hewn out of a portion of the Grand Teton mountain. Universal power is used for heat, light, power and cleansing purposes in all of the retreats. When a room is produced by cutting out a portion of the mountain, it is done by the use of light rays, and there is no refuse left. The polishing is done by this same means. A soft white light floods the entire retreat.

The original retreat consisted of a large audience hall



and other rooms used for various purposes. The walls of the retreat are composed of white onyx, blue and rose granite, and pure gold.

The audience hall, or sanctuary, is about one hundred feet wide, two hundred feet long and about fifty feet high, containing an arched ceiling. The great altar, which occupies the center of the vast audience chamber, rests upon a massive white marble base and is made of ivory. The base is square, four steps leading to the top, on all four sides. On the altar blazes the Precipitation Flame. The color of this flame is Chinese green, with a golden radiance. The flame, in the shape of a calla lily, rises to the top of the vaulted ceiling. Around the base of the altar are large golden plaques, depicting the history of mankind's evolution, beginning with Archangel Michael's descent to Earth, accompanied by the members of the First Root Race.

The audience hall contains a large-size panel, that is used as a Cosmic Screen, or Mirror. It is composed of precipitated material, of a mineral-type substance, not known on Earth. The panel is about thirty feet high and seventy feet long; it is velvety in texture, and is a deep indigo-blue color. On this cosmic mirror, live pictures, in all dimensions, can be portrayed. Every past and present event can be made visible on this screen, by a directing intelligence.

When visiting the Teton Retreat, Saint Germain showed Mr. Ballard the remarkable power of this instrument. When visiting this retreat in the 1930's, Mr. Ballard witnessed certain highlights of the civilizations of Lemuria and Atlantis and published these events in the book "Unveiled Mysteries."

A magnificent cross of sparkling yellow diamonds adorns

the ceiling of the audience hall of the Retreat.

During the 1950's at the time of the Bridge to Freedom Dispensation, the retreat was enlarged by cutting seven beautiful antechambers out of the mountain. These antechambers surround the audience hall. Any one of them may be used for smaller conferences, throughout the year. They can be opened to the audience hall by drawing back the golden-mesh curtains, at the entrance. On each curtain is portrayed the figure of each of the great Archangels, along with his divine complement.

According to Archangel Gabriel, the Builders of Form were instructed to hew out additional chambers, from the adjacent Teton Range. He added that the retreat could be extended to encompass the entire Teton Range if necessary, due to the many good ideas and deep interest forthcoming from the student body of the "Bridge to Freedom," mandating additional room to give them opportunity to meet and to express themselves (in their inner bodies).

There is one room where a complete record of every civilization that has existed on Earth, is kept. The room is eighty feet long, forty feet wide and twenty feet high, containing an arched ceiling. These records are on eight-inch wide ribbons of thin gold, alloyed with a material that makes them tough and pliable. Yet they are no thicker than ordinary writing paper. These ribbons contain embossed hieroglyphs, and are wound on spindles, 10 inches in width.

There are a number of other rooms in which gold, jewels, and treasures are kept. They are to be used for a future beneficial purpose. In addition, there are a number of council chambers and other rooms. In these rooms are stored

musical instruments, art, inventions and formulas, all prepared and ready to be given to mankind for use in the New Age.

A large amphitheater was added above the retreat. This was done to provide for the great number of mankind attending in their inner bodies while asleep, during the time when the retreat is open.

#### **GOALS AND PURPOSES OF THE TETON RETREAT**

This magnificent natural cathedral, rising from the plains of the green fields of Wyoming, is the most ancient focus of the Ascended Masters upon the planet, Earth. Here, ages ago, Lord Michael, the Archangel, and the Lord Manu of the First Root Race, led the first members of the human race, from inner levels, into their first embodiment upon the Earth. Here, the sevenfold flame of the Great Elohim formed the glorious lotus of living fire, signifying to this universe that the Earth was ready for physical habitation. Here, beloved Virgo (Goddess of the Earth), Aries (Goddess of the Air), Neptune (God of the Water), and Amaryllis (Goddess of Spring) met the descending spirits of the First Root Race, offering the pristine purity of a planet as a vehicle for their spiritual development and to expand the God-qualities of God's kingdom. From here, mankind expanded all over the Earth.

Formerly, the beloved Ascended Master Lanto was Hierarch of the Teton Retreat. On July 4th, 1958, beloved Lanto took the seven-pointed Golden Crown, which lay in state on a golden pillow, in front of the Precipitation Flame, and lov-

ingly placed it upon the head of his chosen and qualified successor, Lord Confucius. Confucius was Lord Lanto's disciple, before Lord Lanto's ascension. Lord Lanto had spent many centuries in China. There, he learned and builded into his feeling world, the beautiful reverence for life, which is a natural expression of the Oriental nature.

It is the service of the Brotherhood of the Teton Retreat (sometimes referred to as the Brotherhood of Precipitation), to return mankind to its original purity and perfection, fulfilling the divine plan for this planet. The Brotherhood assists the student in his spiritual development, so he can, once again, have a conscious connection with his I AM Presence. By teaching students the scientific method of precipitation, they are helped to complete their own divine plan.

To this end, the Brotherhood of the Teton Retreat gives encouragement, scientific teaching, radiation and sustaining power to each one who desires to learn, again, how to precipitate God's kingdom on Earth. However, the student has to understand that the main effort for his spiritual progress has to come from himself, rather than from the Master.

Although comparatively few members of humanity have visited the Rocky Mountain Retreat in their physical bodies, many thousands of students are earnestly desirous to help externalize the kingdom of heaven. These students visit the half-yearly councils in their inner bodies. Some of them also contribute plans and designs to help the race. Many a great patriot, educator, artist, architect, scientist or inventor, religious leader, or pioneer in the subtle frontiers of spiritual truth, has received his inspiration and his consecration at these councils, and has returned to his physical body filled

with inspiration and conviction, thus giving a blessing and benefaction to the human race.

During the time when the retreat is open, the meetings of the Brotherhood of the Teton Retreat, and their guests, continue for up to twelve days and nights. Different plans and ideas are brought before the members of the conclave, with the view of seeking out the greatest possible assistance to mankind, in an endeavor to mold the physical appearance world into a replica of the divine plan.

The Brotherhood of the Teton Retreat usually wear white robes trimmed in green.

#### TIMETABLE AND AGENDA OF THE HALF-YEARLY MEETINGS

**December 15-January 14 and June 15-July 14:** Meeting of members of the Great White Brotherhood and the Karmic Board.

**December 15 and June 15:** Last day for students to send in their petitions.

**December 15 and June 15:** Keeper of the Scrolls places petitions of students on a giant bulletin board.

**December 15 and June 15:** Typically, the Ascended Masters arrive on this day. They study the petitions of the students, and add petitions of their own.

**December 16 and June 16:** The Masters consult with each other. Sometimes petitions are co-mingled, for greater effect.

**December 18 and June 18:** Earliest day for meeting of the Karmic Board. Usually their first meeting day commences on

December 26 (June 26). Petitions are heard. A messenger from the Central Sun or the two beings governing the Central Sun (Alpha and Omega) are present, in person.

**First Saturday after December 15 and June 15:** Transmission of the Flame Service. All members of the Brotherhood who are present at the Teton Retreat, participate in this service.

**December 26 through 31 and June 26 through June 30:** Chelas of the Ascended Masters meet individually, or in groups, to support the petitions.

**December 28:** First day of the Violet Fire Cauldron. All mankind is bathed in a giant lake of Violet Fire. Karma received during past year, that was not obtained by willful intent, is removed. Students may be bathed several times. This activity will be completed on December 31.

**December 31 and July 1:** Students burn their petitions.

**January 1:** Two Ascended Masters are selected to act as Sponsors of the Year. Thereafter, the Thoughtform of the Year is presented, by the Planetary Silent Watcher, to the Lord of the World. This thoughtform contains the divine plan for the Earth for the new year, and it is contained in the form of a symbol (such as the Freedom Flame, or a golden sheaf of wheat).

**By January 4 and July 4:** The Karmic Board announces which petitions have been approved.

**January 7 and June 7:** The meetings end. On or about January 7, the Lord of the World returns to Shamballa and selects the retreats to be open during the year. Retreats are chosen that best express the God-virtues of the thoughtform. The Hierarchs of the retreats obtain this information from the Lord of the World and contemplate how their retreat can best contribute to the divine plan for the year.

## THE GRANTING OF PETITIONS

### Introduction

The Karmic Board meets at the end of December and in June, to pass on petitions submitted by the Masters and the students. There is no set timetable for the meetings. Typically, the meetings begin on December 26, but they may start, depending on the workload, as early as December 18. For the same reason, the meetings may last until January 4, at which time the decisions are handed out.

Before 1950, mankind had very little knowledge of the meetings of the Ascended Masters and their activities, and very few unascended beings participated in those meetings, by offering their own petition or by supporting the petitions of others. Since the Cosmic Law insists that the larger part of the energy must come from the realm that is most benefited by the efforts of the Brotherhood, comparatively little was accomplished at these half-yearly meetings. El Morya asked, "How can mankind be expected to contribute to the divine plan for the Earth, when they don't know the Law?" It was for this reason that he applied for, and was granted, the Bridge to Freedom dispensation.

However, just knowing the law is insufficient. The student must apply, on a daily basis, what has been learned. If this is done, much more can be accomplished by the Brotherhood.

Any honest teacher (ascended or unascended) will strengthen, not weaken his pupil's ability to develop his own spiritual growth through self effort, rather than weakening the pupil by causing him to "lean" upon his teacher. Preparing petitions and supporting petitions of others is one way for the student to grow spiritually.

### **Petitions by Students**

During the 1950's, the Masters repeatedly asked the students to prepare petitions which, if approved, would greatly further the progress of the human race. Such petitions may be given by an individual, or as a group. Generally speaking, petitions formulated as a group are more effective since, typically, a group has more spiritual momentum than an individual has, acting alone.

If a student wishes to present a petition to the Karmic Board, the following guidelines are suggested:

- 1) Before writing down the petition, the student should enter into communion with his God-Self and examine his motive.
- 2) The petition should benefit a number of persons, rather than just one individual.
- 3) It should be written down in ink or typed.
- 4) The student should re-read the petition in the evening, before going to sleep, to impress the plan upon his brain consciousness and his etheric consciousness, as well.
- 5) Then the student should mentally direct the petition to the Bulletin Board of the Keeper of the Scrolls. As a matter of courtesy, this should be done before the retreat opens.
- 6) The petition should be burned at the end of the month, since its purpose will then have been achieved.

As a last step, the petition should be mentally projected to the Keeper of the Scrolls at the Teton Retreat. The petition should arrive before the opening of the retreat.



### **Acting on Petitions**

The Hierarchs of the various retreats, or their representatives, arrive at the retreat on opening day. As they enter the retreat, they are greeted by the Keeper of Scrolls (also called the Angel of the Scrolls). This angel is chosen, yearly, to assist with the petitions of the Masters and the unascended beings. He is given this honor because of rendering some special service during the past year. This angel is a being who is greatly developed in wisdom and balance. It is his task to collect and distribute all petitions, including those directed in projected consciousness, by the students, to the Bulletin Board at the retreat. At one time, Micah, the Angel of Unity, filled this position.

The Keeper of the Scrolls wears a long white robe, heavily banded on the sleeves with gold. He sits at a magnificent golden desk, furnished at the sides with cylindrical pockets, into which scrolls may be placed. On these various scrolls are written the petitions of the combined Brotherhood of a particular retreat, or they may hold the individual petitions of other Ascended Beings. All scrolls are presented to the Keeper of the Scrolls, who reads them carefully.

After having received the petition, the Keeper of the Scrolls then assigns the visiting Hierarchs, or their representatives, to the council rooms, that were prepared for their use. There is a council room for each of the seven rays. A white and gold bulletin board hangs at the side of each door, and the visitor attaches his petition. Those visiting Ascended Masters, who read the scrolls and have an interest in bringing the ideas of the petition into fruition, visit the petitioner in the council chamber and, after a conference, decide

whether they wish to support the petition.

There are occasions when as many as twenty or thirty of the petitions will contain, in essence, the same thing. In that case, the Angel of the Scrolls brings the individuals who wrote the petitions together, and the one who is chosen, by reason of his having the greatest amount of Light-energy, constructively-qualified, is then charged to co-mingle the petitions and form them into a joint petition. However, if an individual has an entirely distinct idea, he may be called upon to present it to the Karmic Board, in person.

Prior to the meetings of the Karmic Board, the spokesman of the Karmic Board records all petitions, as well as their sponsors. Following this, there are private deliberations by the Karmic Board, concerning the petitions before the answers to these petitions are handed down, within the next several days.

After hearing each petition, the spokesman of the Karmic Board asks the following question, “And who among mankind will offer you their energies and their consciousness to forward your plan, despite any personal discomfort or inconvenience which such selfless service may entail?”

In granting or not granting the petition, the Karmic Board uses the following criteria:

- 1) The Light (accumulated, constructively-qualified energy gathered during all of the embodiments of the student or group of students.) This includes the energy qualified in the form of decrees, songs and visualizations.
- 2) The condition of the inner bodies and physical body of the student. Are they sufficiently developed and reliable enough,

to be counted on, to fulfill the vow?

3) The specific good that can be accomplished.

4) Whether or not a particular group of Ascended Master students is meeting at the same time as the Karmic Board. The Masters pointed to two examples of groups who actually were meeting, and had a tremendous effect. One of the groups referred to was the Philadelphia Christmas class.

Saint Germain explained in the Bridge to Freedom Journal, “WORKING SIMULTANEOUSLY WITH US, IN THE ACCOMPLISHMENT OF CURRENT EVENTS, AT THE SAME MOMENT, SIGNIFIES THE GREATEST SPIRITUAL MILESTONE OF THIS ERA. IF UNASCENDED BEINGS WOULD CHOOSE TO GIVE THEIR ENERGIES AT THE SAME TIME THAT WE ARE PRESENTING THE PETITIONS TO THE LORDS OF KARMA, WAVE AFTER WAVE OF HARMONIOUSLY-QUALIFIED GOD-LIFE, FLOWING FROM THE HEARTS OF MANKIND, WOULD BEAR WITNESS TO MANKIND'S WILLINGNESS TO STAND BEHIND EVERY DESIGN AND PLAN THAT THE BROTHERS MIGHT PRESENT. THEN THE LORDS OF KARMA COULD NOT, IN GOOD CONSCIENCE, REFUSE ANY SUCH PETITION, AND TREMENDOUS DISPENSATIONS AND GRANTS COULD BE EFFECTED.”

5) The energy that will have to be contributed from the universal storehouse of energy, to further the specific goal of the petition. If the petition is important, the Karmic Board matches the energy the petitioner is offering, thereby doubling it.

When the Karmic Board asks for backers of the petitions, from the ranks of unascended mankind, and none are found, the petition is temporarily shelved, until such backers are found, sometime in the future. Some Ascended Masters have presented the same petition for over 10,000 years, and not

having found one sponsor among unascended mankind, have had their petition refused for lack of interest and support from those whom such a cause would benefit.

If the petition is granted, then the effort of the petitioner is reviewed at the next meeting of the Karmic Board. The petitioner must return with a full report, explaining how he used the energy granted by the Karmic Board, in furthering the goal of the petition.

From this we learn that THE MAIN CRITERIA FOR GRANTING THE PETITION, TO HELP THE PROGRESS OF THE ENTIRE HUMAN RACE, IS DETERMINED BY THE PERSISTENT SELF-EFFORT OF THE ASCENDED MASTER STUDENTS OF TODAY.

#### **Exemples of Granted Petitions**

Approx. 1926: Dispensation granted to Saint Germain (I AM Activity).

Nov. 8, 1938: Dispensation granted that makes it easier to obtain the ascension. See Goddess of Light, this book.

1951: Bridge to Freedom Dispensation, obtained by El Mor-ya, supported by Saint Germain.

1953: Dispensation obtained by Archangel Michael. Relatives of Founding Members of the "Bridge to Freedom" are granted the ascension. See Archangel Michael, this book.

December 1954: Mother Mary, supported by members of the Philadelphia Group of the Bridge to Freedom, obtains approval that hundreds of thousands of babies, who otherwise would have been born deficient in mind or body, could be born perfectly.

1955, as printed in September issue of the “Journal of the Bridge to Freedom”: Petition approved which makes it easier to obtain the ascension. In order to ascend, it is no longer necessary that ALL of the individual’s karma be transmuted. The required amount of karma to be transmuted to gain the ascension has been lowered to 49%.

**Exception to the Regular Procedures  
of the Petitioning Process**

Are their exceptions to the above named procedure? Yes there is one that can be named:

1. On January 1, 1931 the Cosmic Being Victory discarded the Occult Law, apparently without knowledge and support of other Masters, students and without obtaining the prior approval of the Karmic Board (see “Manifestating Victorious Accomplishment” by Cosmic Being Victory, date obtained from Alice Schutz, “Law of LIfe” Vol.1, pg. 4.
2. On March 8, 1953, the Maha Chohan announced that the Cosmic Law had offered to balance 49% of our previously misqualified energies. (See “Bridge to Freedom Bulletin Bk.1, page 96”) This means that it is now possible to GAIN THE ASCENSION IF 51% OF ALL ENERGIES PREVIOUSLY GIVEN TO US DURING ALL OF OUR EMBODIMENTS, HAVE BEEN CONSTRUCTIVELY QUALIFIED.

**The Most Difficult Part of Petitions by Students**

Before the petition is granted, the individual or the group does not know where they stand. There is no word of encouragement, there is no status report. The Philadelphia

Group of the Bridge to Freedom was granted at least 5 petitions. Until the very end, the group did not know whether or not they would be successful. In all cases, it took over 18 months of continuous effort, to achieve their goal. This was so, in spite of the fact that there was an authorized channel in the group (Geraldine Innocente).

The accomplishments of this group were called, by the Masters, the greatest by any group since the days of Lemuria. This example shows what can be accomplished, when students and Masters cooperate, but it also shows the large amount of energy required of students, to be granted a petition.

The motto of one of the members of the group (Alice Schutz) was "Keep on keeping on." Saint Germain, in a private dictation to Alice, honored her, praising her work ethic, "Keep on keeping on."

#### THE VIOLET FIRE CAULDRON

The Cosmic Law has provided a means of relief for each person's karma, accumulated during the last twelve months of the year, provided such karma was not a result of willful intent. This action is performed in order to allow mankind to be freed from a portion of the errors and mistakes made in the past year, not so much through willful disobedience to the Law, as through lack of discernment, discretion and discrimination. In other words, the mitigation of misqualified energy relates only to those whose causes are motivated with no evil intent. Here, the Violet Fire is allowed to dissolve and transmute the accumulation of discord that has been created during the course of that year (DISCORD WITHOUT

VICIOUS INTENT, WITHOUT MALICE) AND THROUGH IGNORANCE.

If it were not for this yearly purification, mankind would, within seven years, destroy their minds, bodies and possible useful service, for that embodiment. THIS TYPE OF KARMA CAN BE AS MUCH AS 50% OF THE TOTAL KARMA ALLOTTED TO HIM DURING THIS EMBODIMENT.

Because of this action of mercy, everyone enters the New Year with much greater freedom from the limitation and bonds of their own creation. This merciful procedure of the Karmic Board, commenced millions of years ago, after the fall of man, accounts for the lightness with which individuals enter the New Year – filled with hope, resolutions and a strongly-embedded desire to improve upon their nature, character and manifest expression.

As you know, it is the custom of mankind to make “New Year’s Resolutions” with a clearly-distinguished goal of bettering their nature. The weight and momentum of their human nature, however, usually makes these resolutions short-lived. The Masters are asking that, in the new year, you will be MASTER OF YOUR ENERGY AND WILL NOT ALLOW YOUR THOUGHT AND FEELING CENTERS TO REPRODUCE, IN YOUR WORLD, THE MANIFESTATIONS THAT BROUGHT UNHAPPINESS TO YOU IN THE PAST. However, if people insist upon holding onto the grudges, unpleasant experiences and so-called injustices, they will re-create that karma.

One of the most beautiful activities, connected with the closing of the yearly cycle, is the ceremony whereby the Lords of Karma close the individual Book of Life for every lifestream in embodiment upon the Earth, during the past

twelve-month period. This ceremony is of particular interest and benefit to students of the Ascended Masters. It takes place on the last evening of the old year (another dictation says the ceremony begins on December 28) in the Cauldron of Violet Fire, above the Teton Retreat.

For that purpose, at the end of each year, there is created, by the builders of form, what you would describe as a lake, about a thousand feet in diameter, circular in shape and filled with deep, Violet Fire. Into that Lake of Violet Fire the inner bodies of every individual belonging to this planet, step, before the end of the year, and each one is literally baptized, one might say, in its purifying essence.

After the Lords of Karma have measured the Light of the lifestreams, each one is then placed within the ceremonial Fire of purification, which is projected and sustained under the direction of the beloved Master Saint Germain, with the help and sustenance of the Angelic Kingdom.

White-robed figures of the angels of mercy, wearing deep bands of purple on the sleeves of their garments, stand all around the edge of this circular sea of Violet Fire. Individuals approach in their inner bodies, most of them in a somnambulant state, completely unconscious of their surroundings, but all drawn here in their etheric bodies, by the magnetizing power of divine love and mercy. As these figures step upon the dock, each of them is approached by two of the angelic figures, who take it by each side, lead it into the Violet Fire and bathe it carefully in the flame, even to the head. This submergence of the entire body is performed very gently, three times. When the individuals are led out, they are given into the charge of the angels of protection,



who return each individual to his physical body, staying with it, until there comes a certain sense of relief and release from the pressures of the past year. This baptism is not a "one by one" performance. Many souls are submerged at the same time.

When you come to the chelas of the Ascended Host, there is the cooperation of the mental and emotional bodies, and these individuals enter the Sacred Fire with a realization of its power. Students are invited to bathe within this purifying fire, not once, but often. The angelic host will welcome you back as often as you care to come. There is no such thing, in the Ascended Masters' Realm, as weariness, exhaustion or depletion in service. Every time you come for a blessing, they are more happy than before, so let us utilize the opportunity, and remember that the Violet Fire is made available through the life energy of the beloved Kwan Yin, Saint Germain, beloved Zadkiel and beloved Holy Amethyst.

Mankind has no idea of the amount of energy it takes to make a mighty cauldron of flame, a thousand feet in diameter. It takes an almost limitless amount of concentrated power and attention, to keep that Violet Fire at such a vibratory rate, that no matter what type of energy is passed into it, it never sinks below its purifying state. One of the great beings is in constant attendance, to render that service and assistance.

## THE RETREAT IN TRANSYLVANIA (THE TEMPLE OF FREEDOM)

### SUMMARY

**Location:** The Temple of Freedom is located on the physical plane, in the foothills of the Carpathian Mountains, in Transylvania (Romania).

**Hierarch:** The Hierarch of the retreat is the Ascended Master Saint Germain.

**Primary Function of the Brotherhood of the Retreat:** It is to stimulate and expand, in mankind, the desire for freedom.

**Flame of the Retreat:** The Violet Flame, an action of the Seventh Ray, is the flame of the retreat.

**First opened:** This retreat was opened to mankind (to chelas of the Bridge to Freedom), for the first time on July 15, 1952.

**Keynote:** The keynote of the retreat and that of its Hierarch is contained in the waltzes by Johann Strauss.

### THE HISTORY OF THE RETREAT

Nestled deep in the foothills of the Carpathian Mountains of Romania is the retreat and focus of the Flame of Freedom for the planet Earth. It is presently guarded by the Chohan of the Seventh Ray, known as the Ascended Master Saint Germain.

Saint Germain's service, to the cause of the Great White Brotherhood, can be traced all the way back to the Atlantean Age, when he was a member of the priesthood of Archangel Zadkiel. At that time, Archangel Zadkiel's Temple of Purification by Violet Fire was located where Cuba is, today. This

temple was the heart center of the Brotherhood, serving God's plan on Earth. Cuba, at that time, was part of the Atlantean continent.

When the forces of darkness had sufficiently influenced the consciousness of a large majority of the people on Atlantis, causing them to disobey God and to follow the rebellious way of the destructive use of free will, the Cosmic Law decreed that the Golden Age of Atlantis was at an end, and slowly, in several cataclysmic actions, the great continent was submerged beneath the ocean. Before the sinking of the continent, the Temple of Archangel Zadkiel was etherealized. It is still pulsating over Cuba, today. The Violet Flame, formerly housed in this temple, was safely transported by Saint Germain, from Cuba to a place of safety in Transylvania, Europe.

Frank C. Pita, who later printed some of the Bridge to Freedom publications in Cuba, was also a member of the priesthood of Archangel Zadkiel.

After the sinking of Atlantis, Saint Germain (then unascended) recalled the glory of Lord Zadkiel's temple, and the tremendous service it had rendered to the people of Atlantis. He desired to embody the nature of freedom, which, of course is one of the manifold expressions of divinity. He re-embodied again and again, always choosing a life whereby he might increase the consciousness and momentum of Freedom's Flame into his own lifestream, while serving the cause of freedom. Many of these embodiments occurred in the immediate neighborhood of his present estate, in Transylvania.

In time, he drew, around himself, many chelas and stu-

dents with like interest, and these spiritual pioneers embodied in many nations of the Earth, leaving, as their heritage, at the close of each embodiment, a little more freedom in one or more of the lines of endeavor in which they served.

Thus, the very atmosphere and inner akashic records of the Transylvania Home of Freedom are powerfully charged with a momentum which is to be expanded through the hearts of men, by the combined efforts and energies of the Brotherhood and the chelas of the Ascended Host.

Here, since early in the Christian Dispensation, certain men and women, interested in studying the hidden laws of nature, and the methods of employing those laws for the evolution of the race, have gathered together and endeavored to bring, through their own consciousness, ways and means of forwarding the progress of good, through the mankind of earth.

Here, in Transylvania, the early alchemists endeavored to combine the various alloys, to produce the precious metals which have formed the currency of each generation. Here, other earnest brothers pondered over the ways and means of drawing, from the universal, the elixirs by which youth, beauty and life, itself, might be sustained, for centuries.

Here was drawn the culture of the early Grecian Golden Age, and, through the long, dark period known as the "Dark Ages," the wealth of knowledge, inventions, discoveries, and spiritual truths were carefully guarded and sustained, by these brothers, for the use of the few, who might apply at the doors of wisdom, and be invited within the sacred portals of this house of wisdom and freedom.

Roger Bacon (1220-1292) came to this retreat, year after year, on earnest pilgrimage, and from this focus, Marco Polo received the impetus to seek the trade routes to bridge the vast expanse of unknown territory between the European continent and the Far East. Christopher Columbus (1451-1506) also knocked at the door of this retreat, long before his life-plan carried him westward in his service, and here Galileo (1564-1642) learned the truth about his “stars.”

And here came the disillusioned and embittered Francis Bacon (1561-1626). Stripped of his right to rule Britannia, he then requested to surrender his honor and his name, in behalf of a king who had lost the fortune of a crown.

Under the directions of his own great Master, the Great Divine Director, Saint Germain was enabled to establish the spiritual house of Rakoczy, as a focus for initiates and students who desired to carry freedom, and desired to carry it, through their own lives, into the world of men. (According to the Encyclopedia Britannica, Zsigmond Rakoczy, the earliest prominent member of a Magyar family, was born in 1544).

Century after century, this beautiful sanctuary of freedom, this home of faith and hope, had passed from father to son, carrying, always, the name of Rakoczy, and welcoming, always, the seekers of truth-unveiled.

In the seventeenth century, George Rakoczy directed strong movements toward a free and united Europe from this retreat, and to the present day, it is a private sanctuary and council hall of the Brothers whose particular activities, at inner spiritual levels, center around state, national and international affairs.

Through the centuries, many benefactors of the human

race have been entertained in this gracious home, not always fully aware of the true status of their host. Saint Germain used his home as a meeting place for his friends and students and others who, he hoped, would further the cause of freedom. Many well-known persons in history were guests here, in the Focus of Freedom, where they received inspiration, wisdom and assistance to further their cause for good. From here were directed strong movements toward a free and united Europe. Here was born the impetus, stimulus and the wave of patriotism that crowned the French and American Revolutions with political freedom. The Marquis de Lafayette and Baron von Steuben were among the more illustrious of the visitors, as were thousands of seekers after truth.

And when the end of the earthly pilgrimage of the great son of freedom drew nigh, and the voice of the presence of God summoned him home, Saint Germain set his worldly affairs in order, returned into the heart of Transylvania, and in the presence of his loved ones, and in the arms of his great friend, relinquished his spirit into the heart of eternal life – to return no more in the limiting bonds of flesh, but only in the free robes of immortality.

#### DESCRIPTION OF THE RETREAT

In the foothills of the Carpathian Mountains stands the beautiful old manor house, which is presently the sanctuary of the Ascended Master, Saint Germain. It is surrounded by the beauty of the mountains and natural forests. The door of the mansion is beautifully carved.

The retreat and its surrounding grounds are rather small. The Flame room seats around one hundred persons. The

Freedom Flame, violet in color, blazes upon the altar. Because of Saint Germain's past association with this sacred home, and because of the love of his great benefactor, this home has remained a focus for the Freedom Flame unto this present day.

Among its many interesting features, this lovely old home houses some of the priceless treasures that mark the milestones and progress of mankind's journey, as well as those items which have particular sentimental value for our kind Master. Among these are the round table of King Arthur, the rough drafting of the Magna Charta, Roger Bacon's picture designs for aircraft, and his formulas for explosive (gun) powders. There are also crude maps of Galileo, the old compass readings of Columbus, unpublished manuscripts of Bacon's "NEW ATLANTIS," the sword and shield of King Richard, the Lion Hearted, a garment of Saint Francis of Assisi, as well as countless other mementos.

All during the period when the councils are in session, and the individual masters are engaged in the instruction of their students, there is a successive group, comprised of angelic, cosmic and devic hosts, who form the anchorage through which the rays from the Central Sun and from the physical Sun, are directed into the Flame Room, where the actual Flame of Freedom has burned, undimmed, through the centuries. Into this Holy of Holies, no unascended being, even in the finer body, could enter and retain his equilibrium. Therefore, outside the circular room in which the actual flame is focused, we have three circular corridors, wherein the light of Freedom's Flame is tempered, and the development and maturity of the attending student determines how close he can come to the flame room, itself, receive the ben-

efits derived from its radiant presence, and yet not be overpowered by its Light.

In each of these corridors, twelve of the Liberated Host are always present. They regulate and balance the inner bodies of the visitants, so that they may receive the greatest possible benefit from such close proximity to Freedom's Flame, and can carry that radiation back into their own personal atmosphere and orbit, on re-entering the physical world in the waking state. Each individual, or group, is allowed entrance into one of the three outer rooms, and has signified, before the angel deva of the Freedom Flame, his own heartfelt desire to contribute to that flame, by the expenditure of some of his own voluntary energies. This is the "passport" which allows him such entrance.

Here, through many ages, individuals who have desired to express freedom in their own lives and to expand that freedom to bless all life, have been taught the spiritual laws governing the earning of that individual freedom. Those who desire to have freedom for themselves, must also have (within the deepest confines of their heart and soul), A DIVINE DESIRE TO SET MANKIND FREE OF ITS DISTRESS AND LIMITATION, before they are admitted to this Brotherhood.

Many individuals seek knowledge, power and supernatural accomplishments for personal motives. The few seek these gifts in order to become a merciful presence to their fellowman. It is with these few that the Hierarchy of the Temple of Freedom works. In every century, there are born into the world, some devotees of freedom, who feel a spiritual vocation, a consecration of using their lives to further the evolution of the race. By the law of attraction, such individuals are



drawn into the radiation of the Temple of Freedom. Many such good individuals visit this temple in their finer bodies at night, while their physical vehicles sleep. Through the ages, some individuals, in their waking state, have been guests at this temple, absorbing the courage, strength and power which would be required of them later, in the outer world, to perform some great service in the cause of freedom.

These guests were not always aware of the subtle vibrations from this flame of freedom, which permeates the atmosphere of this beautiful old manor house and its host. However, these vibrations were absorbed by their minds, bodies and worlds, in the natural enjoyment of the leisurely life they experienced there. After leaving the radiation of this Temple of Freedom, these people found themselves inspired to lofty ideals, and incorporated them into works for the blessing of the race. Few were aware that the infusion of the spiritual “drive” to help the cause of freedom was made during their “holidays” in freedom's living presence.

Because this retreat has not been particularly suitable for large gatherings, the Master has prepared a lovely wooded outdoor park, surrounded by the Sylvania Woodland. Johann Strauss loved the gentle beauty of this section of Europe, the velvety green grass and the soft bird song. Visitors notice that whether by moonlight or under the leaf-sifted light of the sun, there is something ethereal and mystical about the natural beauty of this outdoor cathedral.

The added interest by students of the Bridge to Freedom, through the Transmission of the Flame Ceremonies, resulted in an enlargement of the retreat. On May 15, 1954, an amphitheater was built over the retreat, to be a perma-

ment focus in the lower atmosphere. This amphitheater was built in the form of a Maltese Cross.

Every lifestream who is drawn within the actual physical aura of the retreat, is blessed by the radiation on the outbreath of the Freedom Flame, BUT ONLY THOSE WHO HAVE SIGNIFIED, WITHIN THEIR HEARTS, A DESIRE TO SPREAD THE CAUSE OF FREEDOM, BECOME ACTUAL PARTICIPATING FACTORS IN EXPANDING THE PERIPHERY OF ITS SPHERE OF INFLUENCE.

When open, all chelas are welcomed to visit the retreat in projected consciousness. Here chelas are taught the laws of transmutation, the conscious wielding of light rays and many other aspects of spiritual law. In this way, they are prepared to become conscious co-workers with the Brotherhood, in carrying the very substance, nature and ideal of freedom, back into their natural surroundings. The aspirants are requested to direct their consciousness toward the Temple of Freedom before entering sleep at night, as often as they wish, during the 30-day period the retreat is open.

## THE TEMPLE OF TRUTH SUMMARY

**Location:** The Temple of Truth is located in the etheric realm, over the Island of Crete, in the Mediterranean.

**Hierarch:** The Hierarch of the retreat is the Ascended Master Hilarion, Chohan of the Fifth Ray. This is the focus of the Fifth Ray for the Earth.

**Primary Function of the Brotherhood of the Retreat:** The Brotherhood of Truth directs the Flame of Truth to those who elect to fulfill a mission on Earth, and they assist in revealing the details concerning this mission. These individuals may be on any of the seven rays.

The symbol of the Brotherhood is a lamp or brazier, from which emits the Flame of Truth. They have this emblem on their garments, over the heart. The garments of the Brotherhood are white, with bands of green on the sleeves and at the hem. Sometimes, when officiating in ceremonies, they wear robes of green.

**Flame of the Retreat:** The color of the flame is emerald green with a white center. The shape of the Flame of Truth is similar to that of a closed tulip.

**First opened:** This retreat was opened to mankind (to chelas of the Bridge to Freedom) for the first time on October 15, 1953.

**Keynote:** The keynote of the retreat, and that of its Hierarch, is contained in the melody "Onward Christian Soldiers."

### THE HISTORY OF THE RETREAT

Beloved Vesta was the first Goddess of Truth for mankind. Later, the beloved Pallas Athena assumed that office, and she embodied that virtue in the Temple of Truth. The drawing forth of truth in every age has been under the direction of beloved Vesta and beloved Pallas Athena, as well as under the direction the Chohan holding the office of the Fifth Ray.

When Poseidonis, the last remnant of Atlantis, sank beneath the waves of the Atlantic Ocean, certain priests and priestesses of the White Order were entrusted with the carrying of their specifically-magnetized God-virtues to other landed surfaces of the Earth. One such God-virtue, so to be carried to safety, was truth.

The group of consecrated lifestreams, who were designated to carry the God-virtue of truth, sailed eastward, to what is now the Grecian Peninsula. There, in a ceremony of reverence and devotion, they anchored the Flame of Truth, on what is presently the Island of Crete. At that time, this island was part of the mainland of the Grecian Peninsula, but subsequent earth changes have disconnected it, by water, from the mainland. Throughout the ages, the virtue of truth (which is anchored within a flame) has radiated that quality into the emotional, mental, etheric, and physical planes of Earth.

Inspired by the Flame of Truth, a faithful few embodied again and again. They were assisted by Vesta, Goddess of Truth, her successor, Pallas Athena, the Chohan of the Fifth Ray and the Brotherhood of Truth. Together, they brought forth the Golden Age of Greece.

The devotees of truth built a glorious temple on Crete. They used, as a blueprint, the original Temple of Truth, on Poseidonis. It looked very similar to the Parthenon, which had been designed by Phidias. Wise men and women, from all over the landed surface of the Earth, made pilgrimages to this temple, to secure added light upon their individual and collective endeavors to serve God and man. Proximity to the Flame of Truth expanded their consciousness, enabling them to know truth and to carry its wisdom back into their homelands.

After centuries of maintaining a high state of perfection, the Temple of Truth began to fall into decay, through the decline of the Grecian civilization. Using the etheric memories of the Temple of Truth, CERTAIN "DARK FORCES" CREATED SIMILAR TEMPLES OF TRUTH, wherein they drew men and women who were not always strong enough to withstand the pressures of personal adulation and gain.

When a distortion of truth occurs, it is motivated by selfishness, usually through a desire for personal power, and, almost always, through intellectual arrogance. Through these individuals, these unfortunate members of the "dark forces" pretended to present the words, the truths of God, to a credulous, hopeful and sincere people. The physical temple was destroyed by those who rebelled against truth, and against the disciplines of purity and harmony. This took place in the latter days of the Delphic oracles. When we think about it, we can see these activities taking place even today.

Now, only the beautiful etheric Temple of Truth remains, over the Island of Crete. The etheric counterpart is a true

replica of the original temple. Here, Hilarion and the Brotherhood of Truth continue to receive the wise pilgrims, teach truth, and expand its virtue through the consciousness of the pilgrims who visit this temple in their finer bodies – mostly at night, while the physical body sleeps.

The present Parthenon at Athens, Greece, was built by Serapis Bey, during his embodiment as Phidias. He dedicated the structure to Pallas Athena. Phidias rendered a great service in bringing forth the almost exact replica of the original Temple of Truth. This service enabled sincere students to contemplate the former perfection of the temple, and tune into its purpose in finding and externalizing truth for the blessing and illumination of everyone.

Several hundred years before Christ, there started, in Greece, a spiritual order called the Order of Delphi. Any Divine Being could use the body of an oracle, upon occasion, in order to give instructions to a group who would gather together, to receive that assistance. The Masters said that Miss Innocente embodied as an oracle, three times.

The first vestal virgins were completely dedicated to magnetizing pure truth. They did draw forth, repeat, and record the truth from beloved Vesta and Pallas Athena. The records still remain within the keeping of the Brotherhood of Truth. Pallas Athena supervised the disciplines and the careful preparations and training necessary for the development of the receptive consciousness of those lifestreams who were to be the mouthpieces of the brotherhood, as the Vestal Virgins of Delphi. They spent their training in solitary confinement, and took the vow to be of pure mind and body. While the priestesses kept in tune with the Spirit of Truth and listened to the God-voice within, the early Greeks were able to

“proceed on the path.” This fountain of wisdom was maintained, in a state of perfection, for almost seven hundred years.

The Masters listed two causes for the decline of the Order of Delphi.

1) Some virgins, having much karma, were given the opportunity to serve as oracles. They allowed themselves to be bought off by those desiring to forward political causes of their own, in the near East, by raising unqualified lifestreams to positions of leadership, thereby making great fortunes. The masses, who had relied upon the Oracles of Delphi for hundreds of years, were now deceived by false prophets. Members of the dark forces wrote out messages and gave them to the oracles, who would deliver these messages to the unsuspecting people.

2) One Vestal Virgin did not live up to the vow of purity. Contagion spread through the entire order of Delphic Oracles, and brought the order to ruin. This destroyed the connection and contact between beloved Vesta, Pallas Athena, and the people of the Earth.

The people listening to the oracles had come in faith and hope, and it took some time before they realized that they had been deceived. Some became so disillusioned, that it caused a deep imprint on their etheric bodies, and, in later embodiments, they remained very suspicious of anything that had to do with mystic phenomena and channelings. The Master Hilarion made the vow to personally devote a portion of his energy to those disappointed lifestreams, hoping to bring them back to the point, where they again would desire the truth, which would set them free.

### **A DESCRIPTION OF THE TEMPLE OF TRUTH**

In design, the Temple of Truth (in its expression right now, on the etheric plane) is similar to the great Parthenon, except that it is made of self-luminous and translucent material. The frieze all round the front, sides, and back of the building is of pure gold. The frieze displays a consecutive, chronological pattern—the history of the visitation of the first beloved virgin of truth (the great Vesta, herself) the conferring of the authority of this office to the beloved Pallas Athena, the establishment of the Oracle at Delphi, the reception by Phidias of the idea of the Parthenon, the building of the Parthenon, and the great Golden Age of Greece. Many other portions of the development of truth at inner levels, and in the physical appearance world, as well, are depicted in the panels of the frieze.

About four hundred beautiful marble steps lead to the temple. The entrance door is located between huge columns.

The altar is about one hundred feet in height, entwined with green ivy. Two large pillars, beautifully carved, are located on either side of the altar. The Flame of Truth is contained in golden braziers upon them. The shape of the flame is similar to that of a closed tulip. Mosaic patterns are contained in the marble floor. The temple steps are covered with deep green carpeting.

### **GOALS AND PURPOSES OF THE BROTHERHOOD OF TRUTH**

The desire to know truth is a pre-requisite to illumination. The endeavors of Hilarion and his brotherhood are to



draw the interest and cooperation of the scientifically-minded lifestreams, into the exact science which was applied by the creator of this universe and the Ascended Host. In previous lives, Hilarion was known as Iamblichus, the neo-platonic writer, and Saint Paul, the Christian Apostle and follower of the Master Jesus.

The Brotherhood of Truth is also the guardian presence of those blessed pioneers who have devoted their lives to furthering the cause of scientific treatment and the healing of disease – the doctors, nurses and missionaries, and those interested in research, to determine the physical causes of the afflictions to which mankind are heir. The brotherhood is also a sponsor of the vast army of unknown heroes and heroines, who work in the research laboratories and privately, within their own homes, to develop and perfect inventions, formulas, and the many improvements which are adding to the present comforts and conveniences of mankind.

Here is taught the mathematical precision by which suns, planets and individual atoms are created and sustained. Here, also, the chelas are shown how, by controlled thought and feeling, the speed of atoms, the motion of the electrons and the duration of form, itself, may be governed.

The Brotherhood of Truth also gives assistance to agnostics, the disillusioned, skeptics and doubters. Here, the disillusioned regain faith, courage and strength. Hilarion and the Brotherhood of Truth direct, from here, the Flame of Truth, to those calling for truth and illumination. They enfold all messengers and missionaries, going forth to present what they believe to be truth.

Religious teachers, Messiahs and Avatars are all mem-

bers of this brotherhood. They are the BORN teachers, *born* statesmen, *born* poets, nuns or monks, and born musicians. They are people with a definite vocation and purpose, people who come to serve life in a particular manner and know instinctively, within themselves, early in life, that they have a mission to perform to enrich the universe. This mission may be to express the God-virtue of any of the seven rays. They engage their energies, in their individual worlds, in preparing themselves to be specialists along some particular line of endeavor. Sincere seekers of truth go to the temple in their etheric bodies, while asleep.

The Temple of Truth is host to the great teachers and leaders who have come forth in every era, and who have brought truth, in all its purity, from the heart of God. When they leave the body, their well-meaning followers immediately weave that truth into the pattern and plan of their own concepts. Usually, within one hundred years, they have completely distorted it, so that it is nowhere near the original truth which the individual founder left, as the heritage for mankind.

Every individual, before embodiment, spends a certain amount of time in the Temple of Truth.

The robes of the brothers are pure white, and embroidered over the heart is a lighted lamp, similar to the old-fashioned oil cruet, which symbol was incorporated into the activities of the Brotherhood by Diogenes, in 412 B.C.. At this time, he was among the active members of this order. This symbol signifies the relentless search for truth, which is the vow and pledge taken by all members of this Brotherhood, and by those who are active co-workers.

Archangel Raphael, during the Transmission of the Flame Service, is clothed in robes of emerald green. Around him, in a great circle, are thousands of the angels of consecration, in every shade of green, from the soft, spring “apple green,” to the deep “bottle green.”

At the Transmission Flame Service, a great angel, from the Temple of Truth, will fly along the track created by the directed thoughts, feelings, and breath of the student body. He is carrying a concentrate of that essence, which will embody the atmosphere of the sanctuary, or home, where the class is being observed. He then anchors this essence into the emotional, mental, etheric, and physical bodies of all mankind, for the entire thirty-day period the Temple of Truth is open to the students.

The vast amphitheater, over the Temple of Truth, extends over Europe, Asia, and Africa. It was created by Archangel Raphael, beloved Mary, Mother of Jesus, the angels of ceremonial and the builders of form. The seats are in a complete circle, rising tier after tier, up to the ten-thousand-foot level. These seats are made of a substance similar to clear jade. Over this amphitheater, the luminous presence of Archangel Raphael pours forth a delicate green light, which is absorbed by the inner bodies of all present.

As searchlights comb the heavens above an airfield, so do the green rays of truth comb the Earth's atmosphere, from this focus, and find anchorage, through the power of magnetic attraction, in the consciousness of those who sincerely desire more light upon a subject, religious or secular. These rays of truth pour out as impersonally as the rays of the physical Sun, and bless all evolutions belonging to the

Earth. However, there are directed rays from the Brothers and Sisters at Crete, which specifically envelop, with more than ordinary power, the earnest seeker of truth on Earth.

Every great avatar, messiah and teacher of every religion on Earth belongs to this temple, and gives, to it, some of his or her time and radiation, just as doctors give of their time, skill and energy to a free clinic. Thus, the power of the Temple of Truth embodies the combined radiation of all God-free Beings, who have brought the Law to the people of Earth, through the ages.

The beloved Ascended Master El Morya admonished the students, “To all those so interested, the Flame of Truth is available. It is recommended that each man raise his individual consciousness to the Cosmic Flame of Truth, and wait for the illuminating currents of that flame to return, and disperse the shadows in his own consciousness. THAT FLAME WILL RESPOND. It is scientific law that man magnetizes exactly what he wills, through contemplation in thought and feeling. SO, USE YOUR FACULTY OF CONCENTRATED ATTENTION, AND INVOKE TRUTH. As the shadows of human concepts are dissolved from your consciousness, the problems which appear in your world as limitation, disease, disharmony and even, death, itself, will disappear from your screen of life.

“It is NOT ENOUGH TO ADMIRE the virtues of the Gods. EVERY CHELA MUST BECOME THE EMBODIMENT OF THOSE VIRTUES. I CHALLENGE YOU TO ACCEPT THE PRESENCE OF TRUTH, resisting it not by personal concepts, and see what this will bring into your worlds!”

### **THE TEMPLE OF THE WILL OF GOD**

### SUMMARY

**Location:** The Temple of the Will of God is located on the physical plane, on the outskirts of Darjeeling, in the foothills of the Himalayan Mountains, in India.

**Hierarch:** The Hierarch of the retreat is the Ascended Master El Morya.

**Primary Function of this Retreat:** To promote international standards of brotherhood, with the goal of establishing God's Kingdom upon the Earth.

**Flame of the Retreat:** The color of the flame is crystal, with a blue radiance.

**First opened:** This retreat was opened to mankind (to chelas of the Bridge to Freedom) for the first time on May 15, 1953.

**Keynote:** The keynote of the retreat is contained in the melody "Pomp and Circumstance," by Elgar. The keynote of the Hierarch of the retreat is contained in the melody "Panis Angelicus"

### DESCRIPTION OF THE TEMPLE

The Ascended Master El Morya chose India as his headquarters on Earth, because he had served in that country for many ages before his ascension, and because it has such tremendous momentums of a spiritual nature, from the past. He chose the particular location of his retreat, also, because of the inaccessibility of these high lands to the merely curious. This location gave him, and his Brotherhood, greater freedom to develop their momentums of manifesting the will of God as a living, breathing, pulsating flame and ray, whose radiation is constantly flowing through the lower atmosphere of Earth, wherein the unascended people dwell. The Masters

of Wisdom have always preferred the quietude afforded by the relatively inaccessible places provided by nature, especially for their homes and retreats.

This retreat was established thousands of years ago; its buildings are of a later date. It is dedicated to the promotion of the highest type of national and world government, and international brotherhood, based on the raising of the standards of the individual and the nation, to a Godly estate.

Driving out of the town of Darjeeling, the road winds slowly upward into the foothills of the ageless mountains, that stretch, like unbroken waves of a limitless sea, toward the far horizon. Turning off the main highway, there is a gracious tree-lined drive, reminiscent of the spacious English countryside. The drive leads to an exquisite white palace, which is the home of El Morya in India. It is built in the oriental style of the Taj Mahal, and at either end are rounded minarets, that rise a full story above the main building. Both towers serve a specific purpose. In one is El Morya's observatory, aiding him in all things involving astronomy. The other serves as a sanctuary.

The building is surrounded by magnificent, formal gardens. One lovely garden has been carefully designed just outside the drawing room windows. In this garden, in perfect harmony, bloom the flowers and shrubs of both East and West. As the visitor stands at the foot of a long column of marble steps, leading up to the entrance of a building made of white stone, he notices two, massive, golden doors. On each door is mounted a crest, which consists of a chalice, upon which is inscribed the letters, MR. From the palace steps, one can look out upon the grandeur of the Himalayan

Mountains, rising crest after crest, into the distance.

In the exact center of the entrance hall is a beautiful replica of the Taj Mahal, its tallest minarets about five feet high, complete in every detail, and the lily pool in front of it is filled with sparkling, effervescent water and fragrant lotus blossoms, of every size and color. The Taj Mahal was built centuries ago, by Master Kuthumi, with whom El Morya has served, for many embodiments, in furthering the cause of God's will to this Earth.

There is a stairway in the rear of the entrance hall. This gracefully-carved double stairway arches over a most exquisite life-sized tapestry of King Arthur, sitting with his knights, at the Round Table. Into it have been woven the glorious colors that only the Kashmiri weavers could have drawn forth.

Below the balcony, formed by the meeting staircases, one can see the full-length portraits of many Ascended Masters. The stairs lead to the guest rooms and the sleeping quarters of the palace. The entrance hall has a vaulted ceiling, containing a large skylight, which provides additional light to the hall below.

Within the palace, on the left side of the entrance hall, beloved Morya has a comfortable drawing room, wherein he entertains friends and chelas, from time to time. This room has a fireplace, a grand piano, a desk and other furnishings. The hand-carved desk stands at the far end of the room, framed in a bay window. On the desk is a portrait of Master Kuthumi.

Often, El Morya and Kuthumi play upon the rosewood piano, situated so that the player of the instrument can look

out upon the garden and the inspiring sight of the Himalayas, beyond. There is a large vase of roses on the carved piano. A fire is kept burning steadily in the grate, tended by faithful servants, so that even when the Master is not in attendance, there is always a living flame in this comfortable and beautiful room, for the pleasure and inspiration of his visitors and guests. A fine china tea service is set before the fire, and, although the whole atmosphere is the personification of splendor and elegance, it also radiates an atmosphere of homeliness and warmth, that enters deeply into the heart.

Over the mantel there are beautiful oil paintings. A lovely English Manor House hanging, and woven tapestries, containing phrases from those songs which our Master wrote, not so long ago, are grouped along the walls.

El Morya often wears snow white, tapered trousers, and a tunic which reaches to the knees. Around his waist is a royal blue girdle, tied on the right side, each end embroidered with the same unique design that was noted on the doors, the MR within the grail.

At the right of the beautiful entrance hall is the council chamber of the beloved El Morya. On the door, we note, again, the crest of the Master, woven into its elaborate design. A golden plate signifies, in Sanskrit, that it is the council room of the Brotherhood. Here, from time to time, the wise and spiritually-elect gather together. At these meetings, certain plans to further the fulfillment of God's will upon the Earth, are discussed. This great council chamber seats well over five hundred guests.

Other individuals, who are primarily interested in the furthering of universal brotherhood and divine government, are



allowed the privilege of entering this privy council and sitting at the feet of El Morya, whose advice has helped many a patriot and governmental official to avoid national, and even international, disaster.

The temple room, in which the Flame of the Divine Will of God is kept, is not open to any unascended beings.

The room is exquisite, indeed! The altar, which holds the focus of the Sacred Fire, qualified with the desire to do God's will, is composed of exquisite blue sapphires and diamonds. The Flame of God's Will is held within a beautiful golden chalice. The color of the Flame is crystal, with a blue radiance. This chalice (grail) and the great diamond spear have been in the possession of beloved Morya since the fourth century. The GRAIL signifies the purified consciousness, upheld, into which is poured the divine will, along with the inspiration of the divine plan to manifest the will of God, and the SPEAR signifies the projecting forth of the energy into action and accomplishment.

In the East, many have completed the action of the grail, but it is to the West that the Ascended Host looks, for finding those chelas who are willing to fashion the energy of their own lifestreams into the Spear of Light, and translate vision into fact.

The nature of a flame is to rise. Therefore, it is essential to have some UNASCENDED person offer to draw the particular virtue and flame from the higher realms, into the lower atmosphere of Earth, and sustain it there by constancy of application. Without the presence of sincere students, who so offer to magnetize, sustain and radiate the virtues of the Godhead, into the lower atmosphere of Earth, the divine plan for the Earth could not manifest.

The circular nave behind the altar is made up of three blue, stained-glass windows which, with the light shining through them upon the altar, brings to the consciousness of those assembled there something of the radiance and color of the beautiful First Ray.

The windows are of the finest stained glass, depicting scenes from the life experience of beloved Morya. The color of these windows is predominately blue and the scenes depicted include the Magi following the star to Bethlehem, the Knights on Crusade to Jerusalem, Saint Francis feeding the birds, a scene in Ireland, near the lakes of Killarney, as well as many other representations. There is one picture of beloved Morya and Kuthumi directing light through the consciousness of Helena Blavatsky, who is seated with an open book before her. There is one window dedicated to Hercules, and another to Lord Michael, the Archangel, both of whom serve with beloved Morya on the First Ray.

The brothers arranged a beautiful floral display upon the altar, composed of the exquisite French Iris, so similar to the Fleur-de-lis of France, combined with the lovely white Jasmine flower, so beloved by the people of the East. The carpeting has the color of electric blue.

#### **THE PURPOSE OF THE RETREAT**

The action of this retreat focuses on representing the will of God. This is accomplished by magnetizing divine ideas, by contemplating the God-virtues of the Seven Rays and by using the Laws of Precipitation to manifest these ideas for the benefit of all. (The principles of precipitation are explained in the book, "The Law of Precipitation.") It is

through the dual action of contemplation and acting upon the ideas received, that God's Kingdom will be established on Earth. Such a plan requires enlightened, sincere co-workers. The determination to do God's will, is the passport into the Brotherhood at Darjeeling. This brotherhood is also called the "Brotherhood of the Diamond Heart."

The Master El Morya, Chief of the Darjeeling Council, is the great being, whose responsibility is the guardianship and evolution of the great Asiatic continent and its peoples, as well as the supervision of the governments of the world.

As the Chohan of the First Ray, it is his particular responsibility to receive, from the mind of God, those spiritual "seeds" which might be developed (through the voluntary contribution of the energies of some intelligence interested in such ideas), into a workable and practical form.

From the First Sphere, the Master El Morya and the Brothers of the Diamond Heart, direct these God-ideas into the receptive consciousness of angels, Masters, devas, men, and elementals, as well as into the atmosphere of all the Seven Great Spheres that form the aura of God. When any individualized intelligence accepts such an idea and claims it as his own, offering the energies of his own thoughts, feelings and outer self to the development of that idea, a diamond heart is builded around the original seed or idea, to protect and sustain it, until the individual intelligence can nurture and develop it into workable form. This is the service of the Brotherhood of the Diamond Heart, and they have their focus in the physical world, at the beautiful home of the beloved Morya in Darjeeling, India.

From this center, they are able to supervise the devel-

opment and maturing of God ideas in all avenues of constructive endeavor and to hold the spiritual focus of the diamond heart around the consciousness of those who have volunteered to develop some portion of God's will, for the blessing of the race.

Men and women who signify an interest in knowing God's will and becoming co-workers in bringing the kingdom of heaven to Earth, come under the particular guidance, protection and instruction of the Brotherhood of the Diamond Heart. The Silent Watchers and messengers from the angelic host, answer the call of these people. They hear the whispered prayer of the heart, the sincere aspiration of the soul, and they bring, to the attention of the brothers and sisters belonging to this retreat, the opportunity available to them in assisting with this cosmic mission.

The externalizing of God's will, through the cooperative endeavors of sincere, devoted chelas, is the delight of the beloved Morya and his Brotherhood. This endeavor fills El Morya's heart with great happiness. As beloved El Morya has often said, "I am a man of action," so does his being vibrate with those chelas who are willing to couple their professed interest in the work of the Hierarchy, with the practical investment of their energies, talents, enthusiasms, and cooperative endeavors in externalizing that will—every moment!

To all who, grasping even the slightest portion of the vision, are willing to "roll up their sleeves" (to quote our illustrious Master) and help to promote the understanding of the divine will and the part the Spiritual Hierarchy play in developing that will, through their own dedicated energies, El Morya will send a representative of his Lodge and enfold the

individual, the design or idea which such a one has received, and the consciousness that nurtures it, within a blazing diamond heart. This is a protection from the disintegrating forces of doubt, fear and uncertainty, that rise within the consciousness of unascended beings.

It is not enough to admire the focus of the glorious flame of royal blue and crystal, which represents the combined consciousness of this Brotherhood. The chela must use the magnetic power of his own heart flame, and draw that flame into his own mind, body, world and affairs. Then, he must roll up his sleeves and manifest, into action, the divine ideas so received. Thus, he becomes a focus for God's will in his own environment, and a radiating center through which the combined assistance of the entire Brotherhood may enter the affairs of his nation, state, and local community.

Disease, old age, disintegration, poverty, and even death, itself, are an insult to a Father of Love. The infliction of punishment is not the will of a God of love.

Mankind must – sometime in the near future – come to an understanding that the decadent flesh, the erring senses, the ebbing flow of life, the halting footsteps, ARE A RESULT OF CAUSES SET UP BY THEMSELVES, through the use of free will in thought, in feeling, in spoken word and action, which, through the fulfillment of the Law of the Circle, return to their creators for redemption.

Now, through the grace of God, we have the use of the magnificent activity of the Violet Transmuting Flame of Freedom's Love. Therefore, calmly go about setting your individual house in order, and refrain from the tendency of enjoying the returning karma of another, LEST YOU TIE INTO THAT

KARMA by your very enjoyment—for THAT UPON WHICH YOU ALLOW YOUR ATTENTION TO REST, YOU DRAW INTO YOUR WORLD.

GOD'S WILL, of course, IS THE FULLNESS OF PERFECTION for all created beings. It contains the opulence of Divinity, its perfect health, its indestructible harmony, and its natural expression of perfection in mind and body. There is no negative aspect to God's will. The acceptance of privation, disease or distress of any kind, as God's will, is a wrong concept, builded out of the lethargy of human consciousness, which does not wish to make the self-conscious effort required *to* OVERCOME THE CAUSE OF IMPERFECTION.

The nature of God is to expand itself, through any receptive consciousness, as the nature of the tree is to develop, each year, more blossoms, leaves, fruit and even physical size, itself. Through the immortal flame in every human heart, God desires to fulfill himself, by expanding his qualities, nature, powers and activities. The purpose of individualization is to give the joy and opportunity of experiencing God-expansion, through self-conscious intelligence.

Individuals who have come to a proper understanding of their reason for being, have aligned themselves with God's will. They have become, in truth, Gods themselves, and have obeyed the edict "Be ye perfect, even as your Heavenly Father is perfect."

### THE TRANSMISSION OF THE FLAME ACTIVITIES

Before the ceremony of the transmission of the flame began, an acolyte carried, from the ancient Holy of Holies and placed upon the altar, THE GRAIL AND THE GREAT DIAMOND SPEAR WHICH BELOVED EL MORYA HAS HAD IN HIS POSSESSION, SINCE THE TIME OF KING ARTHUR, and which are symbolic of the two activities embodied within the will of God.

The Master El Morya created an exquisite heart of white lilacs to encircle the magnificent diamond and sapphire altar, which is the pride of all India.

The Brotherhood was wearing white garments, with the emblem of a diamond heart over the heart. Each was wearing a blue cape, the shade of which represented the graded service of the Brother in the order. The Master El Morya, when officiating, usually wears a white robe and turban banded in royal blue, heavily decorated with diamonds and sapphires.

Each time, after the flame had swept over Earth, it returned to its starting place, and the Brothers sent it forth again and again, the action becoming more and more rapid, until it seemed as though the planet were a blazing Crystal Star. AS THIS CRYSTAL RAY WAS BREATHED IN, EITHER CONSCIOUSLY OR UNCONSCIOUSLY, BY THE STUDENTS, IT BEGAN TO MELT THE HEAVY, DARK SUBSTANCE IN THE MENTAL BODIES, SOME OF WHICH HAD BEEN CONDENSED THERE FOR MILLIONS OF YEARS.

This action continued during the entire period during which El Morya's retreat was open. Those people, who are endeavoring to present truth, in any form, will find that the wall of prejudice will be broken down, considerably, during

the activity of this beautiful crystal ray, which represents God's will.

In their finer bodies at night, the chelas are drawn to this focus of God's will. Here they sit at the feet of the Masters, learn the current activities in which the Brotherhood are engaged, and are taught how they may, individually and collectively, cooperate with the requirement of a given hour.

### THE RUBY TEMPLE

The Ruby Temple is located in the etheric realm, in the Sixth Sphere. It has existed in the etheric realm since mankind first came on Earth.

The Ruby Temple was built by Elohim Vista and other great Builders of Form, to hold, within it, the momentum of the aspirations, prayers and hopes of mankind. Here, through divine alchemy, the petitions of the masses become the answers to their prayers—the energy rising, for instance, in that prayer at the end of the Catholic mass, “Hail! Holy Queen, Mother of Peace and Hope, to Thee we cry, to Thee we offer up our sighs, petitions and tears.”

From these services, the angels gather the energies of hope and aspiration, and draw them upward (since there is not enough pressure from the hearts of the people to carry such prayers out of their own atmosphere). In the Ruby Temple, beloved Mother Mary and many other beautiful, dedicated beings, join together in directing that energy into the Ruby Flame of Healing, Impersonal Service performed in Joy, and Peace. Nada, too, serves here, often. The fragrance of the flame is like that of lovely roses.



The temple is colossal, by human standards. It looks like a great ruby pearl, with its domed central hall, wherein the flame altar is located. As you enter the doors, the entire interior is permeated with a delicate ruby light. The altar is separated from the great cathedral by a soft, golden mesh curtain, through which the Ruby Flame is easily distinguishable.

If one approaches close to the altar, one can see beloved Mother Mary and other great Ascended Beings, engaged in receiving the upreaching prayers from angels, who are constantly sweeping through the temple, carrying that soft ruby ephemeral substance. Then, at rhythmic intervals, they direct the rays from the dome of the temple, eastward. When this occurs, the temple shines like a ruby-colored sun and the atmosphere of the Sixth Sphere looks like the dawn of a particularly-lovely day.

Great beauty has been expressed in building great cathedrals on Earth, but the Ruby Temple still awaits physical manifestation. Beloved Jesus is hoping that, at some time in the future, some lifestream will manifest the Ruby Temple into the physical realm and that it will stand – an expression of Saint Germain's Golden Age – as a permanent monument of our love for him.

### THE CAVE OF SYMBOLS

The Cave of Symbols is located in the Rocky Mountains of Wyoming. It is the Ascended Master Saint Germain's main retreat in America; he also maintains a focus at Mount Shasta.

The entrance to the cave is guarded by a large rock. Fif-

ty feet from the entrance, there is a medium-sized cavern, the ceiling of which is covered with a pink and white crystalline substance. A thirty foot archway leads to an immense, vaulted chamber, at least 200 feet across. The ceiling is covered with rainbow-colored stalactites, covered with crosses, circles, triangles and other geometric and occult symbols.

Another archway leads to a several-hundred-foot long tunnel, filled with soft, white light.

The tunnel leads to a chamber, having twelve sides of equal dimension, with a beautiful dome forming its ceiling. This room is at least sixty feet in diameter. It contains a radio that offers communication with other planets. It was invented by Leonara, an Ascended Being. The radio always provides clear reception, regardless of distance. The present-day scientists do not know and understand that there are etheric rays. The knowledge of these rays will make better communications possible, in the future.

The Cave of Light also contains a chemist's lab, where master chemists have been working, perfecting formulas for the benefit of mankind. In another room, electrical experiments are carried out. Many discoveries and inventions are being developed here.

Through the invitation of Saint Germain, Mr. Ballard visited the Cave of Symbols, for three days. He was shown the atomic accelerator, a device that is used for healing purposes, and for raising the vibrations of the physical structure. Mr. Ballard was shown how the atomic accelerator operates, and he witnessed the ascension of an elderly person. This was accomplished by transmuting his physical structure into electronic light, raising it into the Electronic Body of the I AM Presence. The accelerator is made of gold and other sub-

stances, not yet known on Earth. It was used on Atlantis.

The dining room is circular in shape, having a domed ceiling, finished in white and gold. Here Saint Germain prepared, for Mr. Ballard and a few students, a precipitated meal. After completing the meal, all of the plates, glasses and eating utensils simply disappeared.

A reception hall, having a dome-like ceiling, is located in the heart of the mountain. The walls and ceiling show delicate, milk-white color, the floor being covered with a creamy, soft, wool-like material, one and a half inches thick. The audience chamber is forty by eighty feet, and in its center stands a large golden table, covered with a crystal top. Around it are placed six chairs. The room contains a beautiful organ and a piano.

#### **THE TEMPLE OF THE HOLY SPIRIT**

The Temple of the Holy Spirit is an ancient focus, located over Long Island, New York. In an article entitled "Long Island is Sacred Ground," the beloved Maha Chohan said:

"Five hundred thousand years ago, when the Atlantean culture was at its height, the area which, today, is Long Island, was considered sacred, holy ground. It was then, as it is now, completely surrounded by water, and the entire strip of land was dedicated to the priesthood.

"The people of that age had achieved great illumination, understanding, and oneness with the God-Presence. They knew the power of radiation, and the importance of the vibratory action that passed through the bodies of embodied individuals. It was the law, that none but the priests and

priestesses of the flame were ever allowed to set foot on the island, for it was a highly-magnetized center of spiritual currents. Through its purity, and by the protection afforded it by the gentle acquiescence of the people, this island became the most highly-charged spot on the Earth's surface. It was not advisable to step upon the island, itself, for strong currents of force were charged through it, and it was like touching a high-tension wire.

“The Ascended Host intends to bring the same perfection forth, on a spiral higher, for the permanent Golden Age, and we are endeavoring to revivify those currents of light which have been drawn here for thousands of years.”

#### THE PALACE OF WHITE MARBLE

This retreat, of the Ascended Host, is located deep in the heart of the mountains of India.

This powerful focus was created many centuries ago. It serves as a meeting place for the councils of the Ascended Masters, who arrive from many parts of the world. A semi-tropical climate is maintained here.

Visitors arrive at the building, after traversing a deep gorge, with walls rising to over 2000 feet on each side. After leaving this crevasse, the guest sees, before him, a valley of about four miles in circumference, surrounded by towering peaks. On the west side of this basin, facing East, there is a magnificent palace of white marble. A large golden dome covers the central portion of the roof. There are four smaller domes, one on each corner of the building. The interior of the building, and the furnishings of this palace, are very

beautiful. The entire interior of the building is made of an imperishable material, milk-white in color. There are touches of delicate gold, violet, green and an intense, electric blue.

The council chamber is located under the central dome. The table in the middle of the room is made of jade and heavily veined in gold. Around the table there are sixty chairs, made of solid gold. They are upholstered in a fabric of soft violet, looking like silk velvet. Ascended Masters from all over the world are sometimes present.

#### THE CAVE OF LIGHT

This retreat is located in a beautiful valley of the Himalayan Mountains, in India, and is situated one half mile from another retreat, called the Palace of Light. The retreat is approached through a door located on the ground level and west wall of the Palace of Light. Thus, the Palace of Light provides access to the Cave of Light.

After passing through this door, one must cross through a narrow underground passage, and a series of caves, before entering the Cave of Light. The approaches and the retreat are illumined with a soft, precipitated light.

The Great Divine Director uses this retreat as a focus. Mr. Ballard visited here for two days, receiving a “new body, of immortal endurance.”

The Divine Director observes every lifestream, and has the authority to transmute a portion of the karma of an individual. He has done this for two hundred thousand years. Until March 1938, students were required to visit this retreat

in their physical body, in order to receive this assistance, an act of divine grace. This action has now changed. Chelas of the Ascended Masters can now receive assistance from the Great Divine Director, without having to undergo the pilgrimage to the Cave of Light. Hundreds of sincere, committed students have already received this act of divine grace, and have had a portion of their karma removed.

### THE PALACE OF LIGHT

This retreat is located in a beautiful valley of the Himalayan Mountains. The valley, surrounded by mountain peaks, has a subtropical climate. Thus, fruits and vegetables grow here, in abundance.

This retreat is the home of Chananda, chief of the Indian Council of the Great White Brotherhood. The home is also occupied by Ascended Lady Master Najah, his sister.

The Palace of Light's only approach is by entering an underground tunnel. After emerging from the tunnel, one finds a valley, four miles long, two miles wide. A lovely stream runs through its center.

The outside entrance to the retreat is sealed, and appears as a solid rock wall. Each time a visitor enters the palace, the entrance is immediately sealed.

The Palace of Light is of magnificent architecture. It is a four-story building, covered with a dome. The dome contains an observatory, with many instruments, many of which are unknown to mankind. The walls of the building are con-

structed of pure, white onyx.

The dining room is large enough to seat 40 people. The room is decorated in white, and the chairs are upholstered in violet silk. A teakwood table is located at one end of the room, with a seating capacity of twenty people. At the other end of room, there is a large table of white onyx. The top of the table is made of precipitated substance, violet and gold in color.

The music room contains an organ, a piano and a beautiful harp. The piano and organ are exact duplicates of those used in Saint Germain's retreat at the Cave of Symbols.

The great council chamber has room for seven hundred individuals and occupies most of one floor. The walls are of white onyx, with marvelous blue trimmings. There are no windows. The floor is covered with a blue carpet and all chairs are upholstered in a soft, rich blue. In the same room there is an altar and a golden chair, both resting on a podium. The main portion of the altar consists of precipitated gold.

The rooms on the ground level are devoted to electrical and chemical laboratories, for experimental purposes.

Upon his return from the Cave of Light, Mr. Ballard received, in the Palace of Light, the title "True Messenger of the Great White Brotherhood." He was now ready for his mission.

### THE WESAK FESTIVAL

Every great Avatar and World Teacher is allowed to develop some means of transmitting his own current of blessing to the followers of his faith, abiding in the physical realm.

At the completion of his great earthly mission, Lord Gautama Buddha received permission from the Cosmic Law to return, once every twelve months, in his Luminous Presence, to bless the people of Earth. This annual occasion is now known as the Wesak Festival. Although the location of this festival varies from year to year, it always takes place in India, in the month of May, on the southern slopes of the Himalayas, at the time of the first full moon.

Lord Gautama chose the time of the full moon because the emotional bodies of the people are then at their fullest tide, and there is more opportunity to send radiation from above.

Every year, pilgrims from all over the world make the attempt to attend the great festival, when the Buddha's Luminous Presence appears over the Wesak Valley.

No outer invitation is ever given to be present at this solemn ceremony. The heart, stirred by the awakened perceptions of the soul, is the compass and guide of the thousands of spiritual seekers who embark upon this annual pilgrimage. Members of the Great White Brotherhood are also in attendance.

The pilgrims come from all parts of the world; most of them come from Asia. There is no map, no guide, no assurance of ultimate success in reaching the goal. Each man depends entirely upon the promptings of his own Heart Flame,



and follows it across the trackless wastes of the Tibetan Mountains, through the endless burning sands of the desert, across the jungles and morasses of India, and each one, according to his ability to listen to and follow the promptings of his own heart, finds success or failure in his journey. For the one pilgrim fortunate enough to come into the presence of the Masters, thousands return to their homes in disappointment, but the very fact that they actually made the pilgrimage, has blessed them accordingly, and contributed to the momentum which will one day be great enough to warrant them an audience with the Holy Ones.

Many of the pilgrims arrive on foot; some ride on horses, camels, or elephants. Many of them travel with rags wound around their feet, in lieu of proper footwear. Some are clothed in light garments, which are inadequate to keep out the bitter cold. They toil toward this focus for many weeks, and some for months, searching among the passes and crevasses, for an answer to their secret calls for Light and Truth.

Twenty-four hours before the time of the full moon, the tents of the seekers begin to rise on the plateau and the visitors begin to meditate and prepare themselves for the visitation, which is one of the most beautiful ceremonies which mankind has ever been privileged to attend.

As the seekers are streaming towards the valley, some chelas of the Masters prepare the meeting place for the coming of beloved Lord Gautama. An altar is beautifully decorated with the lotus, the lily and the mountain crocus, which are the local flowers of the vicinity.

As the full moon rises over the Wesak Valley, the great

figure of Lord Gautama fills the sky. His aura mirrors a universal rainbow, adorned with every color, changing the night into a shining dawn. Lord Maitreya, and all of the Spiritual Hierarchy, bow low before the Presence of Lord Gautama, as he appears in the atmosphere over the entire assembly. Then Lord Maitreya raises the golden bowl of water from the altar, and all the assembled pilgrims raise those vessels which they have brought with them.

A spiritual benediction, and essence, flows downward from the beloved Buddha, into the very humblest heart. The members of the Brotherhood come up to Lord Maitreya, in the order of their admission, and sip of the water so consecrated, and the pilgrims also sip theirs, taking the remainder home to their loved ones. Then the Angels of Ministration come, and they gather the very breath, essence, perfume, compassion and love of Lord Gautama. They absorb the essence of these God-qualities and radiate them forth, for the benefit of all mankind.

A dispensation of the Cosmic Law enables chelas of the Ascended Masters to share in the great blessing, without being present in their physical bodies. Chelas, before going to sleep, may direct their consciousness towards the retreat and its activities. In this way, they will receive the same blessings as those who are present in their physical bodies. In so doing, chelas become Grails of Light, to carry Lord Gautama's benediction back into their homes, families, activities and environments.

### THE FOCUS OF SAINT GERMAIN AT MOUNT SHASTA

Saint Germain used his focus at Mount Shasta to bring forth the first phase of the teachings for the New Age. In the dedication of the books of the Saint Germain Series, in the book, "Unveiled Mysteries," it states, "This series of books is dedicated in deepest, eternal love and gratitude to our beloved Master Saint Germain, the Great White Brotherhood, the Brotherhood of the Royal Teton, the Brotherhood of Mount Shasta, and those other Ascended Masters, whose loving help has been direct and without limit."

The ascension of David Lloyd took place on Mt. Shasta in 1930. It is described in the same book.

The beloved Maha Chohan explains the activity of Saint Germain and the Brotherhood of Mount Shasta during the first world-wide Transmission of the Flame Service, as follows:

"On October 18, 1952, we put this plan [for the Transmission of the Flame Service] into action for the first time, on a world-wide scale, various members of the Brotherhood volunteering to take the places of unascended beings, until such groups could be interested in the activity and assume the responsibility of being transmitting stations, themselves. The Light circled the planet round, in a rhythmic pulsation, from the heart of the Retreat of the Brotherhood at Suva.

"From the Retreat at Suva, the golden Flame of Cosmic Love was directed to beloved Saint Germain and the Brotherhood at Mount Shasta, who, in turn, redirected it to Philadelphia and New York. Beloved Lord Maitreya and the beloved ones in New York directed the currents to Transylvania, and from there they passed to beloved Serapis Bey and

the Brotherhood at Luxor. From Luxor they were directed to beloved El Morya and Kuthumi at my retreat at Ceylon, and these two Brothers completed the circuit, by returning the currents to the Brothers at Suva.

“At the moment when the great Surya asked those of us, who were present in Suva, to inbreathe the flame, each of the Masters drew it into his own body, which immediately became so brilliant with that concentrated essence that their very auras throbbed with a pulsation of power, which has been increasing since the days of Lemuria’s greatest glory. We all held this flame, within us, adding to it, the momentum, quality, color and tone of our own lifestreams, gained in God’s service. Then, at a given instant, we all breathed that flame out across the Pacific Ocean into the retreat and the loving Presence of beloved Saint Germain and the Brothers at Mount Shasta.

“The picture, as seen with the inner eye, looked like sheet lightning, and lit up the Pacific Ocean, as with a golden flame. Through that lightning, a clearly-defined blue ray connected the Brotherhood at Suva with the Brotherhood at Mount Shasta. When the blue ray connected with the heart flame of Saint Germain and his Brotherhood, it produced what seemed like an inner explosion at Mount Shasta, the rays from it running north and south, up through Alaska and down the western coast of the continental United States, and on down the South American continent, as far as Cape Horn.

“The Light from this flame, emitted from the heart of Mount Shasta, then spread out eastward, again with that blanketing activity similar to sheet lightning, and the directed blue ray forked off at Chicago, into Philadelphia and New York, where, again, a similar blue ray explosion sent a direct

current up through Newfoundland, Greenland and Iceland, and southward, along the eastern seaboard of the United States, into Cuba, the West Indies and the eastern coast of South America.

“The beloved Lord Maitreya, in New York, and the beloved Victory, in Philadelphia, again directed the blue ray to the Brothers in Transylvania, and the same sheet lightning swept across the Atlantic Ocean, suffusing the British Isles, Norway and the western coast of Europe, and Africa. The Brothers at Transylvania again redirected that explosive action, of the electric blue ray, northward, through Russia and the Near East, and then a blue ray was sent down into the Retreat at Luxor. Beloved Serapis, and the Brotherhood there, again formed the nucleus of a Light explosion, which filled the entire African continent and the Indian Ocean, with this blue sheet lightning.

“The blue ray from beloved Serapis' Retreat was directed to beloved Morya and Kuthumi in India, and the Light explosion there directed the Flame up through Siberia, China and Malaysia, from which point the blanket of Light passed, again, into the heart of Suva, completing the circuit, and giving Australia, Antarctica and the eastern sea coast of Asia the beneficence of its Light. In the course of the half hour, during which the beloved students provided the nucleus of unascended beings, which made this magnificent experience possible, the globe was encircled 30 times.

“At the final time, the momentum had risen to such a point, that there was no separation visible, in the rhythm by which the Light was transmitted. The entire globe was being held in a golden Flame, the axis resting upon a Blue Lotus and the atmosphere up to the 10,000 foot level, was completely permeated with the powerful, fiery breath of the

Cosmic Flame of the Cosmic Light, which shall be its redemption. It is always most difficult to transmit Light energy waves across bodies of water.”

The beloved Maha Chohan commented on this event on October 19, 1952, as follows, “I thank you, each lifestream, whose breath formed a part of the initial pulsation for this cosmic event, whose records will remain on the pages of akasha as a permanent memorial to your presence with us, and to the voluntary contribution of your breath to this service.”

Based on these descriptions, it is one of the functions of the Brotherhood of Mount Shasta to act as a power-amplifier for spiritual currents directed from the Retreat at Suva towards Mount Shasta. These rays contain specific God-virtues. They are split and radiated by the Brotherhood of Mount Shasta in a northern, southern and easterly direction. This is a continuing and ongoing activity. That type of activity has been happening for centuries, and it is happening right now. Every month another God-virtue is radiated by the Ascended Host for the benefit of mankind.

May the students who read this account be encouraged, and may it inspire them to participate in the Transmission of the Flame Service of the AMTF.

The Ascended Host will be able to hasten in the dawn of a new cycle, if a sufficient amount of students will continue to perform this activity. This type of cooperation between the Ascended Host and students, will bring forth a repeat of the tremendous accomplishments of the activity of the original Bridge to Freedom in the 1950's.

Such an activity will not only bless mankind, but, it also will protect the general location in which the student lives.

## THE TEMPLE OF THE SACRED HEART

### Introduction

Every year, in the month of May, all lifestreams, previously approved for embodiment by the Karmic Board, come to the Temple of the Sacred Heart. The temple is under the direction of beloved Mother Mary. Here, the etheric pattern is developed for the incoming lifestream, and all individuals receive the benefit of a beautiful ceremony of blessing and consecration.

The Temple of the Sacred Heart is located at inner levels, in a beautiful garden-type setting, with grass and various flowers, as far as the eye can see. Some of the flowers look like daisies, with golden centers. There are twin peaks, which tower at the far end of the fields.

The temple is of Grecian style, and its ceiling is open to the sky. There are steps leading from the surrounding fields, to the temple, itself. The walls are constructed of a pink marble-like substance, veined with gold. The colonnades are all covered with beautiful pink roses.

### The Ceremony

The ceremony held at the Temple of the Sacred Heart, in May of 1954, proceeded as follows:

All individuals, approved for re-embodiment (and appearing in their etheric bodies) stood before Mother Mary and Archangel Raphael. Standing at the front door, Mother Mary was wearing a blue veil, which covered, almost completely, her golden hair. As the large rows of steps in front of her were being filled, all were kneeling, and Mother Mary

stretched out her hand and blessed those individuals. Mother Mary has performed this ceremony (as well as the forming of the matrix of the physical heart of each one taking embodiment), for the past 2,000 years, when she ascended as the mother of Jesus.

Next, Archangel Raphael poured forth his radiation, the power of consecration, to all lifestreams, strengthening their feeling of consecration to further God's cause. All bent their knees, in honor of their I AM Presence, and as a token of their endeavor, pledged to play a constructive role in their next embodiment.

This radiance, of the feeling of consecration, includes the consecration of the mind, and the consecration of the flesh, to the Christ Spirit, within, and the divine union and spiritual marriage between the outer vehicles and the inner Christ, when emotions, mind and flesh promise to love, honor and obey the Christ power, within. When you consecrate your emotional vehicle to expanding God's kingdom, consecrate your mind to receiving only divine ideas and externalizing them, consecrate your etheric body to restoring those perfect patterns of the past, when you knew yourselves as God's children, consecrating your eyes to see only perfection, your ears to hear it, and your lips to speak it, your feet to move upon the Master's way and your hands to go forth in blessing – you will find a great happiness, and it will become easier and easier, until finally, that cosmic initiation and marriage takes place!

All individuals blessed, stood before Mother Mary and the Karmic Board, pledging a vow to serve Sanat Kumara, offering to do the best they could do, to honor his cause. Such a vow often is not remembered by the individual, when



in embodiment. However, according to Cosmic Law, every vow must be fulfilled, at some time in the future.

### **Activity at the Temple of the Sacred Heart**

After the ceremony of blessing, at the Temple of the Sacred Heart, the body elemental of each incoming lifestream, having enjoyed a period of rest in his own realm, joins each individual lifestream.

Beloved Kwan Yin, in an address to the students on April 19, 1958, describes the elemental substance the builders of form and the body elemental have to work with, as follows, “Those elements that make up your bodies now, are the same elements that have been used by the builders of form, every time you have taken embodiment. After a person passes on, those elements rest for a time, until the individual takes embodiment again.

“Those elements have been charged with the tendencies of one's nature, [the habits, patterns and plans characteristic of the individual Ed.] and that is all that Mother Mary has to work with. She uses the best to make the heart. The better of the rest are saved for the outer garments, so the individual looks comparatively good. Deep inside are the elements of earth, air, and water, which never see the light of day, nor the sun.”

Then, the elemental substance, which the individual has charged with his energy – pure or otherwise – is given to the builders of form and the body elemental, to weave into the etheric body of the individual.

### **The Formation of the Physical Heart**

In cooperation with the builders of form, Mother Mary takes the best part of the elemental substance that the individual has to his credit, and, together, they fashion the etheric substance that later forms the physical heart. This activity takes place, every year, in the Temple of the Sacred Heart.

The creation of the heart is the most crucial point in the creation of the physical body. In the heart abides the permanent atom, which is carried from one embodiment to the next. The heart cells are the most highly developed of any, in the physical form. The very best essence of the physical world is used for the heart, because the heart is the chalice in which the Immortal Threefold Flame of God abides. This gives identity and being to a personality, for the course of that embodiment. These cells require more durability and resistance, in order to stand the heartbeats which give life to the physical body.

### **ETHERIC CITIES**

The fourteen retreats, called “Etheric Cities” are mostly situated over large deserts and large bodies of water. All are located in the etheric realm, above the Earth. There are several etheric cities over Africa. One of them is located in the Sahara Desert. In addition, there are etheric cities over Glastonbury Abbey, in England, the Gobi Desert, the Arizona Desert and a desert in Brazil. The etheric city over the Sahara is also known as the Golden City; the etheric city over the Gobi Desert, is known as Shamballa.

Ascended Lady Master Meta, the daughter of Sanat Ku-

meta, made special application to the Hierarchs of all of the etheric cities, asking for permission to establish temples at these locations, for the purpose of training groups of seven individuals to direct light rays into conditions that needed healing in the physical appearance world, as well as in the mental, emotional, and etheric realms. This offer was accepted. Builders of Form were called in to erect these temples, followed by calling in healing devas. From the Fifth Sphere, Meta drew forth Ascended Beings, dividing them into groups of seven.

The activity of these groups consists of directing beams of consciously-qualified energy to a portion of the planet and to continue this activity throughout the day. This effort is helpful in dissolving and transmuting the mass karma that externalizes as plagues, epidemics and disease, in general, as well as the terrific discords that manifest in the minds, feelings and bodies of the race. The action of radiating light rays may be compared to revolving searchlights. They are beams of light that play in alternate directions, back and forth, in the night.

For many, many years, the activity of radiation from the etheric cities has poured forth, constantly, into the receptive consciousness of all those who require healing, as well as into all those who desire to be a focus for healing. These etheric cities are real; they are directed by Beings of the Fifth Ray, dedicated and consecrated to directing light rays into the cause and core of all germs, plagues, epidemics and other diseases, and they are capable, through directed light rays, to dissolve these impure manifestations.

Beloved Meta stated that the establishment of these pu-

rifying centers, in the etheric cities, over many thousands of years, has been a great contributing factor to the evolution and protection of the race, and that, through this activity, the planet and its people have been saved, many times from extinction, threatened by the constant release of the destructively-qualified energy of mankind.

Beloved Ascended Lady Master Meta is asking dedicated students to open their minds and hearts to assist her efforts. How can this best be done? Students should call on Ascended Lady Master Meta and her Legions of Light, in the Etheric Cities, to direct Light Rays into every situation that requires the removal of discord, and assistance in healing. We can also ask her to remove the cause, core, record and memory of the discord and disease. Afterwards, we should visualize Light Rays extending from one of the Etheric Cities towards the surface of Earth and towards you, who will act as an amplifier. This is an activity similar to that of the Transmission Flame Service, where individuals cooperate with the Brotherhood, acting as step-down-transformers. This effort and service helps the individual to become spiritual partners with the Ascended Beings of the Etheric Cities.

#### **FOCUS OF THE LIBERTY FLAME IN NEW YORK HARBOR**

Long before the recording of human history, the Goddess of Liberty brought the Liberty Flame to Earth. Around this flame, a great temple, called the "Temple of the Sun," was constructed. It was located in the area of the present Island of Manhattan. Around the central temple, which contained the Liberty Flame, twelve smaller temples

were built. In those early ages, Archangel Michael and the Goddess of Liberty walked and talked with unascended mankind.

The retreat of the Liberty Flame is now located in Southern France. Therefore, it is not surprising that France gave the statue of Liberty, as a gift, to the United States, and that France supported the United States in its struggle to gain independence.

At the present time, the Goddess of Liberty uses the Statue of Liberty, in New York Harbor, as a focus. Her radiation is felt by many who enter this harbor.

The following retreats were mentioned by the Masters for our information. It is interesting to know they exist. However, the information listed here under each retreat, is all that was given.

#### **THE TEMPLE OVER THE BLUE RIDGE MOUNTAINS**

Over the Blue Ridge Mountains of Virginia, there exists an etheric temple, the Hierarch of which is beloved Archangel Chamuel. This temple was established during the Atlantean Age.

The Blue Ridge Mountains are under the guardianship of Goddess Peruzia, who was a student of God Meru. After her ascension she asked that she be given the keeping of a small range of mountains. This request was granted, and she was given guardianship of this mountain range.

### **THE SECRET VALLEY RETREAT**

The Secret Valley Retreat is located in the mountains, near Tucson, Arizona. It is the retreat of the Ascended Master, Eriel. The valley is entered through a tunnel, which is concealed to the outer world. The valley consists of about one hundred acres. It is very beautiful, with an abundance of various fruits, vegetables and nuts. A semi-tropical climate exists here. There is a lovely waterfall at one end of the valley, near an ancient building, which is the home of the Master. The home has been in use for over four thousand years. The building is of magnificent architecture. It has been constructed using walls of white onyx. There is a pink marble interior.

Many students have received the true understanding of the laws of being, at this retreat, and have attained their eternal freedom, thereby. Among the students who had received these instructions, was Mr. Ballard.

### **THE TEMPLE OVER NEW BEDFORD**

Ascended Master Lady Nada, who made her ascension over 2,700 years ago, served at the Temple of Divine Love, at New Bedford, Massachusetts. She now maintains a focus here.

At this temple, healing was accomplished by the direction of light rays. This included sending rays to patients present at the temple, as well as to others, not present. This method of healing is sometimes called "absent treatment healing."

**THE RETREAT ON MADAGASCAR**

The Retreat on the Island of Madagascar, east of South Africa, is one of the oldest retreats in the world. The Goddess of Purity uses this focus for her activities. This island has been above water for one million years.

### AMTF PUBLICATIONS

**Archangel Uriel, referring to the teachings of the Bridge to Freedom, said on May 16, 1954, "Genesis and all of the succeeding Biblical Law is being written again. It is a Bible made up of the energies of the Archangels and the Ascended Masters, that will stand for the rest of the civilizations being brought forth on this planet Earth."**

**ASCENDED MASTERS AND THEIR RETREATS**, 448 pp. Compiled from the teachings of the "Bridge to Freedom" by W. Schroeder. Presented in the first part are biographies of 107 Ascended Masters. Details include the tests, trials and initiations they had to undergo during their last embodiment to gain the ascension. The knowledge gained from the personal experiences of these Masters will help the students in successfully passing similar tests and initiations and in gaining their freedom as well. The second part of the books contains many details of 31 Ascended Master Retreats, including those that were active during the historic Transmission Flame Services which greatly helped our planet during critical times.

**THE LAW OF PRECIPITATION**, 256 pp. Compiled by W. Schroeder. How to successfully meet your daily needs. Using a step-by-step method, this book describes, in detail, the necessary building blocks in manifesting your wishes. In addition to describing the theory of precipitation, dozens of examples are given, showing how individuals have used this information to their own advantage. Included are 30 episodes, illustrating how William J. Cassiere, a messenger appointed by Saint Germain, used the laws of precipitation in healing others.

**MAN, HIS ORIGIN, HISTORY AND DESTINY** by W. Schroeder, 368 pp. Using a variety of sources, this title presents mankind's unrecorded history. Much of this material



has not been researched before, and it has not been available to the general public. Written in chronological order, the reader learns of the conditions prevailing during the advent of man on Earth, including his origin, his age, the place where mankind first embodied and the coming of the laggards from other planets, causing the "Fall of Man" on Earth. Fascinating highlights of the Lemurian and Atlantean civilizations are given. Also depicted are accounts of the unchronicled history of Jesus and the oracles of Delphi. Archangel Michael's report of July 17, 1959 on the division of all of mankind. The new criteria is given that will be used in dividing mankind into two separate groups, one of which will find embodiment on a newly-created planet. The significance of this new process for the students of this teaching.

**UNVEILED MYSTERIES**, by Godfre Ray King, 288 pp.

This book contains Mr. Ballard's first experiences, following his meeting with the Ascended Master Saint Germain on Mount Shasta. We are happy to present to the students a full, unabridged copy of this priceless book, which heralded in the New Age. The new edition contains biographies of the Ascended Masters Saint Germain, Guy Ballard, and David Lloyd. A Chinese translation is also available.

**THE SEVEN MIGHTY ELOHIM SPEAK ON THE SEVEN STEPS TO PRECIPITATION** by Thomas Printz, 304 pp.

This book contains the unique and historic account of the principles employed in the creation of our planet, by the Builders of the Universe, known as the Seven Elohim. The Elohim explain how these principles may be applied by today's students in their daily affairs. Explanation of chakric centers and how to purify them. Why group activities form a magnetic field of energy that can be used by the Ascended Host.

**THE INITIATIONS OF THE FIRST RAY, 304 pp.**

Description of the initiations necessary to gain the ascension, with emphasis on mastering the initiation of the God-virtues of the First Ray. The history of the “Bridge to Freedom” Organization from the very beginning all the way to its dissolution, including how the dispensation for the “Bridge to Freedom” was obtained, and the purpose of this endeavor.

The history of the AMTF, including how the teaching of the “Bridge to Freedom” was saved from falling into oblivion. We added the article “The Teaching of the ‘Bridge to Freedom’ and Other Groups.” Here we are emphasizing that none of the persons, considered today as channels, supported the effort of saving the teaching, or republishing and distributing it.

El Morya’s trip to the birthplace of Jesus, as one of the Three Wisemen. In the chapter, “The Spiritual Caravan,” El Morya extends an invitation to students to join him in a global effort, bringing in the New Golden Age. Why the “Bridge to Freedom” was established and the tasks of the Bridge Builders of today.

**THE INITIATIONS OF THE SEVENTH RAY, 304 pp.** Description of the initiations necessary to gain the ascension, with emphasis on mastering the initiation of the God-virtues of the Seventh Ray. The Law of Karma including the Karma of Omission. The Law of Forgiveness.

How to establish and conduct Ascended Master Teaching Groups. Featured are primal requirements for an efficacious service, and the responsibilities of each group member, including its leader. The book is an indispensable aid for those involved in group activities.

Beneficial Radiations (weekly cycle, 2000 year cycle, radiation of the Elohim and other Ascended Beings, the retreats of the Ascended Masters, and the 12 temples around the

Sun, also called “the Zodiac”). How to take advantage of these radiations.

**MEMORIES OF BELOVED JESUS AND MOTHER MARY**, 416 pp. These dictations by Jesus and Mother Mary, presented in chronological order, give the reader a complete account of their last embodiment. Many of the events are not given in the Bible, such as early life experiences of Jesus and Mary, Jesus trip to India and details of his ascension. Jesus explains the true purpose of his mission. The reader learns of Mary's journey to Europe, including her travels to Fatima, Lourdes and Glastonbury. Mother Mary explains the Law of Healing and the establishment of healing centers.

**THE ANGELIC KINGDOM**, 448 pp. This new title contains ALL of the dictations by Ascended Beings on the subject of angels, including text from the booklet “Archangel Michael and his Helpers.” These dictations allow the reader to get a comprehensive view of the activities of our unselfish, loving, helpers from the Angelic Kingdom. Each of the Archangels radiates one of the virtues of the Godhead, such as protection, illumination, and peace. This book contains personal addresses to the students from members of the Angelic Kingdom, showing them how to use these virtues for achieving their own freedom.

**MANIFESTING VICTORIOUS ACCOMPLISHMENT**, 304 pp. (formerly “I AM Discourses,” by the Cosmic Being Mighty Victory).

It was Mighty Victory who was able to set the Occult Law aside. This tall Master from Venus embodies the God-Virtue of Victorious Accomplishment. He has offered to assist students to manifest this God-Quality in their daily affairs.

We added dictations by the Cosmic Being Mighty Victory, given through Geraldine Innocente. These dictations complement the discourses previously given through Mr. Ballard,

demonstrating that all of these published dictations came from the Great White Brotherhood, as presented through their accredited messengers.

**21 ESSENTIAL LESSONS** by W. Schroeder, in 2 Volumes. These graded instructions contain a summary of the teaching and all information necessary, if applied, to make the ascension in this embodiment. They are written in an easy-to-understand manner. A must for both group leaders and dedicated students, who study alone.

**Volume 1**, 336 pp. It contains the basic concepts of the teaching, such as the I AM Presence, the Violet Flame, the Protective Pillar of Light, the Law of Karma and why and how we should decree. It also describes the functions of the elemental and angelic kingdoms.

Descriptions of the God-virtues of the Seven Rays and how to attune to Ascended Masters, Elohim and Archangels are included.

**Volume 2** (320 pp.) is intended for those students who wish to become chelas of the Ascended Masters. It describes the functions of the Hierarchy (Governing Board) of the Earth, how their messengers to mankind are selected and group activity. It is also explained how a chela may achieve the ascension, by successfully completing the various initiations and by performing the required service to God and to mankind.

**ELECTRONS, THE BUILDING BLOCKS OF THE UNIVERSE, AND THE ELEMENTAL KINGDOM**, 320 pp. 101 dictations explaining the origin and function of electrons as well as their relationship to individual life. Explains energy and vibration. Dictations by the Directors of the Kingdom of Nature (earth, air, water, fire). The chapter on elementals explains the different types of elementals and their function in the kingdom of nature. These details lead to a better un-

derstanding of elementals such as sylphs, undines, gnomes and salamanders. Causes of catastrophes and how to mitigate them.

**SONGS AND DECREES**, 80 pp. For personal application and group work.

**DAILY MEDITATIONS**, 48 pp. These meditations make use of the prevailing radiation of each day of the week. This knowledge and application accelerates the spiritual progress of the student and blesses the location as well.

**TEACHINGS FOR THE NEW GOLDEN AGE**, 256 pp. Compiled by W. Schroeder. Presented in this publication is a series of addresses by the Ascended Master Kuthumi, present World Teacher. Students will welcome the opportunity of becoming acquainted with messages that are vital in bringing in a new Golden Age. The study and application of this material will enable students to become teachers, themselves, thus assisting the Ascended Host in implementing their plans.

**MOTHER MARY'S ASSISTANCE TODAY**, W. Schroeder, 256 pp.

Mother Mary describes, in great detail, the cycle of life, death and re-embodiment, including the experiences after so-called death. This information has never been published, by anyone. Experiences after death include: meeting family members, judgment before the Karmic Board, assignment by the Karmic Board to Temples of Learning (in preparation for re-embodiment), Mother Mary's assistance and her service at the Temple of the Sacred Heart, the selection process for embodiment, creation of the pattern for a future physical body, preparation and schooling for new embodiment and how parents are selected. Learn about the "Fountain of Youth," how individuals can have a longer life-span and

steps everyone can take to have perfectly-born and healthy children. Explains how to maintain perfect health.

**BRIDGE TO FREEDOM JOURNAL.** These original dictations of the Ascended Masters were published in the monthly magazine of the “Bridge to Freedom” Activity. **These messages are the very core of the teaching** and cannot be found in any other book. They are a practical guide, leading to spiritual development and a better understanding of the activities of the Ascended Ones.

Book 1: 4/1952–3/54; Book 2: 4/1954–3/1956; Book 3: 4/1956–11/1957; Book 4: 12/57–7/59; Book 5: 8/59–6/1961. All in soft cover. Books vary from 368 to 500 pp.

**DICTATIONS**, 99 Dictations by the Ascended Host. 448 pp. The dictations give actual reports of the meetings of the Karmic Board, how to develop discrimination, Kuthumi’s Mystic Mantle and the Masters’ efforts in the 19th century through Helen Blavatsky.

**BRIDGE TO FREEDOM BULLETINS**, Original dictations of the Masters of Wisdom, published on a weekly basis, approx. 560 pp. each.

Book 1: 4/1952 - 3/1957; Book 2: 4/1957 - 6/1961.

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