

416 pages total

TP 1 BLANK

TP 2 BLANK

p/p to p381

THE BRIDGE TO FREEDOM JOURNAL

BOOK 5



Ascended Master Teaching Foundation
Mount Shasta, CA 96067

Copyright 1995 Ascended Master Teaching Foundation

ISBN 0-939051-14-1

TABLE OF CONTENTS

Providing A Spiritual Home For Children	1
Service Is The Law Of Life (Ii)	5
The Temple Of Mercy And Compassion	9
Amplify Some Gifts Of God’s Nature	12
Give Me The Petitions Of Your Heart	13
The Causal Body.....	17
Liberty–A Most Glorious Gift	19
The Temple Of Peace.....	24
The Catastrophe of Mu.....	25
Peace–A Prerequisite To Precipitation.....	28
How To Attain Lasting God-Peace	30
Beware Of Dissenting Activities.....	31
Wolves In Sheep’s Clothing	33
Etheric Temple Of Purification.....	34
The Ascended Host Of Light Are On The March.....	35
How Causes Are Developed.....	41
What Is The Bridge To Freedom Activity?	46
Know The Truth	46
The Supreme Importance Of The Hour.....	47
The Requirement Of The Hour	48
Universal Brotherhood.....	49
The Masters Speak On Shamballa	52
Taking Care Of Your Four Lower Bodies	54
Old Age and Disintegration	56
Growing More Beautiful as You Grow Older	56
Prolonging the Usefulness of Your Bodies	57
How to Draw Light to Your Bodies	58
Need For Purity And Strength Of Light	60
The Power Of Radiation	62
The Association Of Master And Chela	63
What Is Your Harvest?	64
Order Of Friends Of Mercy (F.O.M.)	66
A Special Grant To The “Bridge”	67
The Christ In Yourself	68
Using The Powers Of Your Causal Body Now	72
The Purpose Of The Teton Conclave	75
Charity Begins At Home	77
Keeping Healthy And Youthful	82
The “Hem of Your Garment” Explained.....	83
Bringing Music Into Your Activities	83
Healing Yourself and Others	84
Using the Violet Fire Through Every Prison	84
No Interference with Human Life Permissible.....	85

Distinguishing The True Teacher.....	86
Self-Mastery	88
How You Can Help The Angelic Host	91
How You Can Change Your Life Experience	93
El Morya And The Bridge Activity	97
How Petitions Are Approved	101
How Lord Chamuel Can Help You.....	104
On Precipitation.....	109
Candidates For The Ascension	111
Preparation For The Seventh Root Race	117
A New Planet.....	119
Listening Grace.....	121
How To Let The Presence Act.....	126
How The Ascended Masters Create	129
Removing Destress	133
The Power Of Resurrection.....	136
Temples Of The Past And The Present	138
The Interconnection Of Life	140
Learning To Persevere	142
On Ascension Day (Beloved Jesus).....	145
The Wesak Festival.....	147
Consecration Of Souls	149
A Decree For Finances	154
Selected Thoughts From Beloved Lanto.....	155
Whitsuntide.....	156
Being A Precipitating Presence.....	163
Order Of Service For Violet Fire Classes.....	164
Momentums Of Energy.....	169
The Four Lower Bodies	172
Handling Negative Thoughts And Feelings	174
The Realm Of The Ascended Masters	175
Serving With Kwan Yin.....	179
Suggested Decree for the Body Elemental	180
The Body Elemental	180
Order Of The Friends Of Mercy (F.O.M.).....	181
The Purpose Of Your Decrees.....	183
The Importance Of Your Attention	184
Rising Out Of The Tomb Of Selfishness	186
The Violet Flame Is Your Freedom	189
Loving Someone You Dislike	194
Lasting Peace	199
Archangel Michael.....	200
Inner And Externalized Consciousness.....	204
The Task Of The Externalized Consciousness.....	206

How To Disconnect Your Inner Bodies.....	208
Decrees For The Four Elements	212
The Essence Of Love	215
A New Star.....	216
Courtesy A Part Of Heaven’s Law	218
Projection Of Consciousness	221
A Visit To Shamballa	227
Thanksgiving	232
The Disciplines At Luxor	234
Give Thanks To Immaculata	242
Water Contains The Elixir Of Life	250
Elementals As Servants	253
What We Have To Do In The Next 2,000 Years.....	258
The Ray Of Wisdom	263
On Manus, Root Races	264
Transference Of Records To Titicaca	264
When You Require Love	269
How The Master Prepares You To Work	272
How To Center Your Consciousness	278
Develop Self-Luminosity	281
The Efficacy Of Your Decrees	285
Say To The Flood, “Stop!” And It Will.....	285
The Key To Control Your Surroundings.....	288
How I Stilled The Waters.....	289
The Resuscitation Of Lazarus.....	290
You Can Resurrect The Good In You!	293
Awaken To The Message Of Easter	294
Mirroring Inharmonious Surroundings	295
Allowing Your Christ Self To Act.....	295
Love Is The Greatest Power In The Universe	296
Why Was Lazarus Resurrected?	296
How To Rend The Veil Of Maya	297
Blasting Caused The Sinking Of Lemuria.....	302
The First Golden Ages	304
The Laggards	304
The Priesthood Of Lemuria	305
The Veil Of Maya	305
Why It Is Wrong To Blast.....	306
The Two Factions Of The Priesthood	307
It Is Easy To Rise Into The “Upper Chamber”	308
Calling Forth The Immaculate Concept In Others	312
Use The Gifts Of The Violet Fire.....	316
Be A Greater Expression Of Divinity.....	317
The Temple Of The Sacred Heart Activity	326

Make The Outer Mind The Mirror Of The Divine Mind	327
Spiritual Foci And Their Location	330
Address By The Planetary Silent Watcher	331
You Are Again Called To Seek The Holy Grail Of Uplifted Consciousness.....	338
How To Conduct And Attend A Class	340
Divine Love, The Cement Of The Universe.....	345
The Harmony Of Creation.....	347
Raising The Consciousness	348
On Precipitation.....	350
First Glimpses Of The Seventh Root Race	350
The Resurrection Flame	353
Address By Archangel Michael	357
How To Attain True Freedom.....	358
Long Island Is Sacred Ground.....	361
The Master Control Of Harmony	362
Thanksgiving	366
Beloved Shamballa	367
We Do Require An Army Of Light.....	368
Preparation Of A World Teacher	372
Uninterrupted Harmony.....	374
Address By Saint Germain	375
The Importance Of The Garment Of Light	377
God's Will And The Divine Plan For You	379
Your Responsibility In The Use Of Life.....	380
Love Life Free	381
How You May Become More Beautiful	383
The Necessity Of Harmonious Energy.....	385
Let The Elohim Help You Build Perfection	388
A Letter To A Student From Beloved El Morya.....	389
The Retreat At Luxor	390
Invoke The Presence Of The Seraphic Host	391
Today You Live Through Many Embodiments.....	395
The "Degree" Of Mastery	395

TP 9, BLANK

TP 10, BLANK

THE BRIDGE

TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment, Contact with
the Great White Brotherhood and Cooperative World Service

AUGUST 1959

THE MASTERS OF WISDOM SPEAK PROVIDING A SPIRITUAL HOME FOR CHILDREN

MAHA CHOHAN

Proper Environment for Children Necessary

As it is my holy privilege to assist at the birth of each child born upon this planet earth, I am vitally interested in the type of parents, the home life and environment that each such a child will have. The beloved Kwan Yin, whose Ascended Master Retreat we honor this thirty-day period (August 15th through September 15th, 1959), is also primarily interested in the removing of the stigma of illegitimacy upon the children born, the unhappiness of the unwed mothers and carelessness of some fathers.

Let us all cooperate with her to make every family on Earth a holy, blessed family unit during this time. Thus, we have the beginning of the New Era under the direction of the Ascended Master SAINT GERMAIN!

EL MORYA

Parents Have to be Educated

It is the will of God to have each child born on Earth express the fullness of its divine plan. This is often interfered with by the prejudices of parents, guardians, teachers, and all who are concerned with the moulding of the outer consciousness of children. To remove such prejudice, and to consciously educate the individuals who guide and direct the sense consciousness of children, giving opportunity to work out their unredeemed karma on this Earth, is a worthy cause, indeed!

LANTO

Cooperation with the Father

True wisdom is, of course, conscious cooperation with the divine plan of the heavenly Father. Such wisdom reaches the outer consciousness of the “few” who can accept our instruction, radiation and cooperate with us NOW, in this cosmic hour. For this, was “The Bridge” originally created and is now sustained, so that those “few” can know the particular requirements of each minute, hour and day. Wisdom is a delicate and sensitive attribute, which makes it possible for the worthy chela to use the compass of his or her own consciousness to discern truth from fallacy. We, on the Second Ray, are dedicated to the development of such latent wisdom, for the furtherance of the redemptive process even now going on upon the Earth.

All pressures of energy, from within or without the individual, are not God-inspired. Many of these directions (so-called) come from the astral plane, or the untransmuted desires of individuals themselves.

PAUL (THE VENETIAN MASTER)

Generate Love

As the activity of the Third Ray is primarily the development of impersonal, pure divine love, we can enter with the worthy chelas wholeheartedly in bringing forth a feeling of loving cooperation with us, in preparing the parents, guardians and teachers of the human race to properly train, guard and protect those beloved spirits belonging to the seventh root race. Let me say here, true divine love is not a reflection of God’s love or even our own, but it is a generation and sustaining of that feeling of love from within the Holy Christ Self within your own hearts. A “reflection” is merely a mirror of that upon which the sense consciousness dwells. A conscious generator of divine love becomes ourselves in action, here in the world of form.

SERAPIS BEY

Teaching the Law Of Divine Love

It is to teach the children of Earth to become strong enough not to reflect the mannerisms and emotions of those who are, temporarily, their guardians, that we serve. As the mass of mankind prefer to accept and reflect the conditions in which they find themselves, it is only natural

that children, who are naturally sensitive to their immediate environment, are most influenced by this negative and reflective attitude. When such children find constructive environments, it is much easier for them to remember, sustain and outpicture the divine plan for which they were born and given opportunity by the Karmic Board, to express their various talents, gifts and powers for the impersonal benefaction of the entire human race.

As beloved Kwan Yin is a member of the Karmic Board, we shall all do her honor at this time, particularly, in assisting the embodied individuals who are to be entrusted with the bringing forth of the Seventh Root Race, to learn and to feel the Law of Divine Love and to give to the incoming generation the impetus of their encouragement, purity and wisdom! The incoming generation will then be free of “reflections” of the past and more able to manifest the perfection required here on Earth RIGHT NOW!

HILARION

Magnify The Lord And Minimize Human Creation

As I am so well acquainted with the souls of men who have re-embodied, through the centuries, I can speak with authority upon the subject of active redemption of all human creation (visible and invisible) prior to the fullest release of light through the parents and children presently using the Earth as a schoolroom, as well as those who will so use it in the future. The loveliest spirit who embodies upon this Earth is, presently, subject to the vibratory action surrounding it. Beloved Mother Mary and blessed Saint Germain (as Saint Joseph) greatly assisted their son, Jesus, because they taught him from infancy to MAGNIFY THE LORD and minimize human creation (unmitigated karma).

NADA

Protecting and Guiding Unwed Mothers

Divine love is an activity of mercy and compassion, which is the FEELING of beloved Kwan Yin, who has served for ages in the rather neglected field of protecting and guiding unwed mothers, removing the cause and core of scorn of illegitimacy, and stimulating an interest in newly-born children. It is not necessary to know the individuals for whom you call forth Kwan Yin's Legions of Mercy and Compassion. It is requisite, however, that you do follow her example by giving the assis-

tance of your own dear energies in this redemptive process.⁴

Remember, always, curiosity as to exactly whom you have so assisted and when that assistance took place, is another subtle test upon the spiritual path. The earnest desire to love life free, without any thought of personal reward, should be the motivating power of every God-service, and particularly the one of which we speak today!

JESUS

The Model Home on Earth

As this month commemorates the ascension of my own beloved mother, I cannot emphasize too strongly the assistance that both she and the beloved Ascended Master Saint Germain (as Saint Joseph) gave to me, in helping to provide such a loving home on Earth and, when my consciousness was enabled to retain their instruction, deny the human appearances which assailed my senses, and to rely upon the powers of my heavenly Father to dissipate all human creation when the hour of my mission on Earth came! I ask that all children now living upon the Earth and all who are yet to embody, be given such assistance by an illumined mankind.

SAINT GERMAIN

Helping the Beloved Divine Director

I am so grateful to the Ascended Host and my unascended chelas, for actively participating in the redemption of parents, guardians and teachers of the human race quickly. Thus, shall the spiritual Utopia come into manifestation more quickly and the beloved Great Divine Director will be allowed to send forth, through the gates of birth, his spirits primarily charged with the momentum of the Seventh Ray, over which I am presently guardian!

The very simple service I rendered to Mother Mary and beloved Jesus was a pleasure indeed! I want the entire human race to share that pleasure now!

Elementals are natural mirrors of their environments—humankind were destined for a higher expression of divinity! Angels, of course, are merely loaned to the Earth to keep her and her attendant evolutions as free as possible from human effluvia.

Some angels, however, have also temporarily fallen from their natu-

ral God-estate by allowing themselves to become entangled with the discord of the very evolutions they volunteered to serve. Now, with the assistance of all of the Spiritual Hierarchy, as well as the loyal and worthy unascended chelas, we shall quickly REDEEM THE EARTH AND ITS EVOLUTIONS and establish the permanent Golden Age on Earth, as it is in heaven. Thank you for helping me so to do!

SERVICE IS THE LAW OF LIFE (II)
An Original Treatise by the First Krishna
With Introduction by our Beloved Lord, the Maha Chohan

Some people read for knowledge. I, myself, read, even before my ascension, loving to think of the being who left me the gift of his consciousness, the circumstances of the day that prompted that gift from his heart, and then all the people before me who have fed at the fount and who have left me—impressed right into the substance of that page—the light, the enjoyment and illumination which they in turn received from it, and so looking at this parchment and thinking about the many reverent souls who had previously gazed at this first figure, I find myself the beneficiary, not only of the Christ who wrote it, but of the richness which even each succeeding life who benefited by it, left as my heritage.

TREATISE ON SERVICE, BY THE FIRST KRISHNA
(Quotes from Original Document)
Service is a Balance to Life

To children of God who walk the path of life and in that journey seek the purpose for their being—greetings!

Service is the law of life. From the moment individualization takes place, the flame begins to accept the responsibility to give a balance to the universe for the privilege of drawing breath, using life and sustaining a separate existence, by which understanding and illumination bring freedom to the consciousness. As the law of one's being is service, the daily life experience will constantly make it necessary for the individual, in some manner, to serve his community, his nation, his fellowman.

Individuals who do not choose to serve are temporarily taken out of the race of life, until they will accept, again, their responsibility to be conscious servants on life's path.

Service Should Be To The Godhead Alone

All the heartache, the disappointment, the disillusion, the failure, comes because the natural drive to serve, within the lifestream, has not been illumined to a point where the individual knows that service to the Godhead, alone, is the law of being and the ultimate purpose for creation and sustained life.

Results from Serving Individuals

When man serves individuals, when man serves a nation, a king, the presiding head of a country, he serves form, and the return will always contain the imperfection which such externalized form finds as the heart center of its being.

Service Rendered Through Love

When man serves God, his service will take him into the presence of individuals, nations, monarchs, and he will greatly benefit them all, knowing that neither his reward nor his ultimate goal will come from his beneficiaries. Man who now serves through duty, through moral exactitude, one day will understand God and serve him through love.

Serving Like the Sun

The physical sun is shining in your heaven. Mankind is the beneficiary of its light, but the sun shines for the glory of God. Helios (whose aura is the sun to the Earth), is not cognizant of the many who benefit by his presence, nor of those who curse the light that parches the fields and illumines the dark doings that prefer the shadow. His service is to shine for the glory of God and then he knows no disappointment, because there is one unailing source of gratitude and love and constancy—and that is the Universal First Cause.

Disassociating Yourself from Others

To serve God does not mean to disassociate oneself from one's fellowman, nor to cast off the obligations that experience – life – has caused the soul to accept, but it is the motive of your own life, action and being, just as you set a thermostat by the desire to serve the universal cause of good.

Don't Expect A Return from the Form you Serve

Wherever you meet inanimate good, enrich the cause of good, but not to the point where you expect return from the object which benefits by your love of God, for your return will always come from the sun of your own being.

Misunderstanding of the Law of Service

How many brave beings have missed the mark by misunderstanding the Law of Service. In each nation today there are many serving their own desire for authority in the creation of form through thought and feeling, and they must again dedicate their soul and nature to service of the God-purpose, as the Sun does, before they shall come again to peace.

The Return For Serving God

Service is the expansion of the Threefold Flame of one's being. It is the externalization of energy waves, and the flame will bring, on its return current, the vibration of that which is served.

Two individuals standing on the same spot, performing exactly the same physical acts, can receive an entirely different return current, determined by the force which they have decided to serve, preceding the activity.

The one dedicated to serving God's cause in bringing happiness to life can render the same physical ministrations and yet be utterly relieved of any feeling that a recompense shall come from the object so benefited. Another, with equal sincerity, seeing a need for ministrations, desiring to relieve some need apparent in its externalized objective, does not center his service and dedicate it Godward, but rushes forward, fills the need—then, having served the limited, receives back into himself only the gift that the imperfect can offer, and if he receives none is embittered in his service.

How to Know Peace

I have come and have remained in your civilization because my love of the Father of Light is great enough, that I would bring to your race the gift of his Presence, and when my work is done, I shall leave, but neither your race nor your time, your failures nor your successes shall

enter into the quality of my service.

If there be one or a million, it is no matter, and one day when you feel likewise, you will know peace, for peace comes only when, to the best of your ability, you are endeavoring to serve the cause of good, externalize it, and have no concern with any external activity in relation to its effects upon your service.

The Return Of Krishna to his Star

After finishing the above quotation, the beloved remarked: There is a note, doubtless by the librarian, which reads: “Six hundred and forty years after the writing of this article, the Krishna completed his service and returned to his star, taking with him over fourteen hundred lifestreams who gained their own illumination through his service.”

BECOMING MERCIFUL

To our gracious Lady Master Kwan Yin, the embodiment of Mercy, Forgiveness and Love Divine, to our beloved Jesus, who gave mankind the true concept of these three God-virtues, to our angelic Mother Mary, whose ascension we commemorate this month—we bow to you in eternal gratitude for the great service you have rendered angels, men and elementals in the externalization of mercy, forgiveness and love divine!

Many there are who think that singing beautiful songs and violently decreeing in demand of mercy is enough. It is not. Rather is it better to understand why and how mercy should be obtained. Mercy does not fall from heaven into your lap just for the asking. If this were so, you would likely repeat the offense at the next temptation. Mercy should be sought, because it annuls the penalty of your fault, and the way to obtain it is by being merciful to your offender—real or imaginary. Thus the way to be merciful is to cease doing wrong to any person.

You have to do something to obtain mercy and forgiveness, as so ably our beloved Jesus expressed during his ministry. As to mercy, Jesus said, “Blessed are the merciful, for they shall obtain mercy.” As to forgiveness, he said in the Lord’s Prayer, “Forgive us our debts, as we forgive our debtors.” As to love, he said, “Love thy brother as thyself,” and again—“Do unto others as you would like done unto you.” Finally he said, “Be ye therefore merciful as your Father in heaven is merciful.”

Thomas Printz

**THE TEMPLE OF MERCY AND COMPASSION
NEAR PEIPING, CHINA
The Ascended Master Retreat of the Month
August 15th through September 14th, 1959**

The Temple of Mercy and Compassion, presided over by beloved Kwan Yin, stands in the center of twelve lesser temples, all of whose domes incline slightly toward the main temple, in reverent honor and respect to the focus of the Mercy Flame. Here, the beloved Brothers and Sisters of Mercy and Compassion serve in silence, moving from temple to temple upon their appointed services to their holy queen and to the Mercy Flame, itself.

The beloved Kwan Yin, who offered to guard, protect and expand this Flame of Mercy, Forgiveness and Compassion, is often seen among her spiritual court, a most exquisite lady of heaven, dedicated and consecrated to the removal, through the consciously-directed light rays from this focus, of the inner causes and cores of all manner of temporary distress, which presently form a weight upon mankind, as well as the elemental kingdom and the imprisoned angels, who have taken embodiment for the redemption of the human race and who have become enmeshed, themselves, in the very effluvia which they vowed to dissolve by their light.

Pilgrimages of Kwan Yin

In ages long past, the Temple of Mercy and Compassion also acted as an asylum for children, whose parents were unable to give them the proper training and instruction. Thus, the Brothers and Sisters of the Temple of Mercy have often raised these children to maturity and they, in turn, after attaining their majority, went forth from this focus and became the great leaders of China and all Asia, in spiritual as well as in secular matters. This is why so often the statues of Kwan Yin depict her holding a small child.

From time to time, beloved Kwan Yin and her court made pilgrimages to the farthest borders of her kingdom, so that the less privileged individuals, who could not make a visit to the temple itself, might have their children baptized, their own sins of omission and commission wiped away by Mercy's Flame, and their homes re-consecrated by an actual, physical spark of the Mercy Flame, taken reverently from the golden brazier which a chosen member of Kwan Yin's court carried from the Temple of Mercy, keeping the flame alive by his or her own breath.

The Uses of the Mercy Flame

Remember, beloved ones, that the causes and cores of all distress (in the astral realm) are constantly moving masses of misqualified energy which can, and do, focus their vicious expressions through vulnerable human beings. Kwan Yin's service is to remove this misqualified energy by personally directing the full power of the Flame of Mercy, Love and Compassion into it. This activity releases the cohesive center, which holds imprisoned life of a discordant nature together, and allows that life freedom to ascend again into its pure estate.

Teaching unascended beings to use this power requires the assistance of an Ascended Master, otherwise the well-meaning pupil often ties his or her own energy into the distress (a vampire activity) and is engulfed by the intelligent entity (seen or unseen). The Brothers and Sisters of Kwan Yin's temple are well qualified to assist the worthy chelas to learn how to safely invoke the Flame of Mercy and Compassion from Kwan Yin's own loving heart into the condition, while they are protected by her own Luminous Presence from any distress in endeavoring to give this assistance.

Becoming a Member of Kwan Yin's Legions

As the year of 1959 has a particular spiritual significance to the beloved Ascended Master Saint Germain's new Golden Age, and as the Great Divine Director is hoping for the opportunity of allowing, through the gates of birth, as many of his Seventh Root Race as possible, each gentle reader has opportunity, unparalleled, to become a member of Kwan Yin's Legions of Mercy.

Call for the members of her legion to bring every soul born on the Earth in each twenty-four-hour period to be carried (while the baby sleeps, if possible) to Kwan Yin's Temple of Mercy and to receive there a personal baptism from her, which can and does wipe away the unmitigated karma of such a one. Thus, these children, when they reach the age of maturity, will not have the burdens of karma to transmute, which would hinder their service in God's divine plan.

You can also call for a focus of the actual Flame of Mercy and Compassion into your own homes and the homes of all peoples on the Earth, and it will be done! Endless are the services of the Mercy Flame while distress manifests on the planet, and the alert chela will cognize them and immediately ask beloved Kwan Yin and her court to assist in transmuting this distress, instantly. She will always answer you!

Statement for the Transmission Flame Class of August 15

1	2	3	4	5	6	7	8
I AM	inbreathing	beloved	Kwan Yin's	feeling	of	Mercy's	Love.
I AM	absorbing	“	“	“	“	“	“
I AM	expanding	“	“	“	“	“	“
I AM	projecting	“	“	“	“	“	“

Hierarch: Lady Master Kwan Yin. Color of Flame: Royal Purple. Musical Keynote: “In a Monastery Garden.”

VISITING THE GREAT DIVINE DIRECTOR
(Monthly Letter to Transmission Flame Class of August 15, 1959)

Beloved Children of My Heart,

I am so grateful that during this thirty-day period, we shall have your cooperation in helping the incoming children and the younger generation and their parents to a greater understanding of the Law of Divine Love and Compassion. As I have always been privileged to assist in helping the newborn to accept their first breath, I am also fully cognizant of what they will do, through the use of free will, with that holy breath in the course of an embodiment.

The service of Lady Kwan Yin shall now be recognized all over the planet Earth. The direction of the Rays of Mercy and Compassion from the beautiful Temple of Kwan Yin into your own dear worlds, will amplify your interest in such service. All the ladies of heaven rejoice in this cooperative service. As the opening of the retreat at Peiping also marks the commemoration of the ascension of beloved Mother Mary, it shall most assuredly be a gala event!

We have secured a dispensation so that (while your physical vehicles sleep) you can visit the Great Divine Director and become acquainted with his spirits, awaiting embodiment! Their beauty of nature will, assuredly, inspire you to greater endeavors when you return in the morning to your own spheres of influence, to help him and his root race to find suitable habitation on the Earth's surface!

Love and blessings,
Maha Chohan

AMPLIFY SOME GIFTS OF GOD'S NATURE

By Beloved Kwan Yin

I bow before the glorious light within your hearts, in gratitude for the opportunity and privilege of serving your life, and for your gracious kindness in receiving me and entering into the consciousness of my service in your life.

As we open the temple doors to your so-welcome presence, you shall feel our happiness in your acceptance of our simple hospitality and friendship in that service to life.

To live but to amplify some particular gift or God's beautiful nature, is to live in the happiness of your complete freedom, for through the doors and windows of your soul, there will sweep forth the glory of the Ever-Presence, to enrich the world through your invitation.

Your thoughts are on mercy, forgiveness and love divine! There is not one blessed lifestream who has not received of these three immortal gifts, from the heart of God and his messengers, many times throughout the ages. So you are not strangers to these gifts, which pulsate through the flaming lotus of cosmic mercy, whose purple petals of living flame shall encompass the Earth. There is not one unascended being who could, even this hour, accomplish the full freedom that lies within the ascension, if these qualities were removed from the Earth! By mercy, through forgiveness, and in love, all life ascends into its true estate.

I ask you now, as the flaming power of mercy, forgiveness and love divine circles the Earth, to open your feeling worlds to the acceptance of this power of transmutation and allow the miracle-working alchemy to melt those creations in consciousness that yet hold you bound. Oh, accept it for all life. It is the greatest concentration of the forgiving love of the Cosmic Christ that the Earth has yet known.

Beloved hearts, I ask you to be that mercy, forgiveness and love divine to all life, everywhere. Do you know what mercy is? It is more kindness than justice requires. It is more kindness than can be claimed by merit or service—and forgiveness. Will you daily, through this period dedicated to our temple, begin to consciously forgive all the life that has consciously or unconsciously done you injustice back to the beginning of time? Make it a daily ritual in your contemplative hours. Where you see those frightful distortions of mind and body, or disease or distress of any kind, do stop for a moment and consciously forgive the energy that created such an appearance and set it free. I shall amplify your every en-

deavor to be the merciful, forgiving, loving power of my presence, and I shall be so grateful to use you as myself while we have the opportunity of drawing, focusing, and directing our Flame of Mercy on a worldwide scale. The blessings of Lord Buddha be upon you.

Kwan Yin

DECREE FOR ILLUMINATION

In the name of the Presence of God which I AM, by the magnetic power of the sacred fire vested in me, I call to you, beloved Cassiopea, Himalaya, Kuthumi and the Brothers and Sisters of the Golden Robe, to ask you to direct, hourly, your Illumination Flame through me, my loved ones and all mankind, until we all ascend into the light.

Help me, my loved ones and all mankind to perceive, daily, your Illumination Flame in our minds, feelings and bodies. We thank you because we know that from this very moment, this is taking place.

GIVE ME THE PETITIONS OF YOUR HEART

By Beloved Mary, Mother of Jesus

Blessed, beloved children of my heart, you who walk now as Jesus did long ago upon the same pathway toward victory and permanent God-accomplishment, I love you, enfolding you ever in the embrace and radiation of a cosmic mother's outpouring, for to me you can do no wrong. There is only the blazing light of the Immortal Flame within your hearts, which sparkles and radiates forth, so that the Silent Watchers over the vicinities in which you abide see that light and know that on Earth there is yet light in the hearts of unascended beings.

Oh beloved ones, the sacred tabernacle of your hearts—fashioned by myself at inner levels, within which beats that magnificent Holy Christ Flame, before which every Cosmic Being, God-Being, angel, seraphim, cherubim bows—that is the true expression of God on Earth, endeavoring to manifest through millions of souls in embodiment and particularly those for whom we have drawn aside the curtain of time, the curtain of maya, to bring to you our personages and our love, our experiences and our own trials and overcoming in the use of the one Law—that Law which is the externalization of pure divine love, a positive quality, in the extreme, which is the absolute mastery of all energy and all substance in the lower atmosphere of the Earth. That love, beloved ones, is already

alive within you and requires but the breath of our love to expand and expand and expand through you, to give a sustained blessing of grace, not only to your own vehicles and your loved ones, but to all life, everywhere.

Receiving the Light by Which You May See

Love is neither vague nor ephemeral. Love is one of the most positive qualities in the universe. Its cohesive power holds the atoms in place, holds the Earth in her orbit and the stars in the sky, holds the very substance that makes up your physical bodies in their proper shape and keeps the entire planetary system and galaxy in a rhythmic movement—forward—into greater light and more expression of perfection. That is the cohesive power of love divine, a love which can keep within the boundaries of this Earth and its atmosphere ten billion lifestreams, so that they do not fly into outer space, being caught in cosmic currents far beyond that which their development would endure. It is the love of Virgo, herself, and the beloved Pelleur and Amaryllis that gives to you the glory of the Springtime, the soft cushion of grass, the resuscitating power of the Earth. It is the love of the beloved Neptune and Lunara that gives you the cleansing properties of the water element. It is the love of Aries and Thor that causes the winds to blow in their season and it is the love of the Sun God and Goddess—Helios and Vesta—that gives you the very light by which you may see, as you move about on the course of your day.

Becoming a Light in the World

Think you what it would be, even for one twenty-four-hour period, were Helios to cease pouring out that steady constant radiation of light and all of the powers of nature that make your artificial electricity following in his example, were to turn off the current and you would have what? You would have that light that is within your hearts, by which to move about and see that which you had to do! CULTIVATE the expansion of that light now! Helios has done it, for aeons of time, he has been the daylight on your pathway and the magnificent stars of the heavens and blessed Lunara has been the light of your evenings, but it is now within the compass of your own intelligence. Become grateful, always, to these magnificent beings, who have given of their energies, to BECOME IN YOURSELF a light in this world, its beams radiating forth be a light to others on the path, as well as those who do not know of the path, who are caught in the underbrush of human creation, who are still enjoying satiation of the appetites of the flesh.

Vicarious Atonement

Beloved ones, evil is temporary and passing, true, but I thought this morning of a point of the Law which perhaps had passed from your minds, at least in this embodiment, though it was known to a few of us who were among the very close associates and friends of our beloved Jesus. Every individual who uses this Earth as a schoolroom, through the use of free will, thought, feeling, word and action, creates and has in the course of one lifetime alone, some of the shadow that reacts on mankind as distress. That is called by some, the sinister force, the psychic plane, the astral realm. It is the accumulation of the effluvia of all peoples during the two-thousand-year cycle.

Now, when Moses led the Jewish people from Israel in that first Passover and the Fifth Dispensation began and waxed strong, there were almost two thousand years in which that dispensation created much of good in the acknowledgment of the one God, in the establishment of the individual Deity, but also all of the effluvia of that entire dispensation had gathered at inner levels and that was the directed force which my son chose to take into his own vehicle for transmutation on Golgotha. That is why individuals have referred to vicarious atonement. It was not the spear of a Roman soldier nor the nails of the courts of Rome, it was the entire destructive intent, purpose and activity of a dispensation which had closed and which was transmuted on that day which truly was a “Good Friday,” giving to the Sixth Dispensation—the Christian Era—a fairly clear slate.

Escaping the Tomb of Ignorance

Ah, beloved ones, the Divine Beings are essential to your victory. They were essential to mine, and even to my lovely son, a young man in years, who enjoyed life in its fullness, who loved life free, who willingly took the cup in Gethsemane’s garden and drank it, saying as he did all through his life, “Not my will, but Thine be done.” All of the ages that have passed shall never dim the magnificence of that experience and that ultimate victory of life eternal, when in that very same vehicle—re-animated and resuscitated—he again smiled as only he could, and spoke as he always did, in those words that were like velvet, “Mother, I have come from the dead and live again.” That is a feeling, beloved ones, that goes deep to a mother’s heart. NOW, I say to you, give me the petitions of your heart, come from disintegration and all of its accompanying decrepitude, out of the tomb of ignorance and the mass consciousness of

human creation, into the light of eternal day. Lay aside the clothes of embalming and live the LIGHT OF THE WORLD, positive in the conviction that one with almighty God is a majority!

The blessings of the risen Christ, the blessings of his Mother and the blessings of his Father be on you, your homes, your household, your families—and I bow before your light.

DECREE FOR HEALTH

IN THE NAME OF THE PRESENCE OF GOD WHICH I AM, I call you BE-LOVED HELIOS, ARCHANGEL RAPHAEL, ASCENDED MASTERS JESUS, MARY, LETO AND DIANA, to ask you to hourly direct your resurrecting Flame of Healing through my mind and feelings, and through every organ and part of my body, to keep me in perfect health—at all times to be a fit instrument for the service of the Ascended Host. What I ask for myself, I ask also for my loved ones and all mankind.

Send your Legions of Healing Angels to all hospitals in this country and all countries of the world. I thank you because I know this is being done right now with full power!

THE BRIDGE

TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment, Contact with
the Great White Brotherhood and Cooperative World Service

SEPTEMBER 1959

THE CAUSAL BODY

The reservoir of all the good stored by the lifestream, from whence we can draw all we require, is called the Causal Body, and is represented by seven circular bands of vibrating colors of living, intelligent and God-qualified energies and virtues. They are related to the Seven Spheres, the Seven Rays, the Seven Chohans, the Seven Archangels and the Seven Elohim. Let us consider these bands of color, starting from the center outwards:

Blue—It has a white center surrounded by a sapphire blue radiance. This represents the First Ray of Power, which is the will of God, the head of which is the Chohan of the First Ray, the Ascended Master El Morya. From this band we can draw power, capacity to lead people, and manifest energy to accomplish any constructive service, as well as the illumined faith of Archangel Michael and the strength of the Elohim, Hercules.

Yellow—This represents the Second Ray of Wisdom, the head of which is the Chohan of the Second Ray. Until recently, this office was held by the beloved Ascended Master Kuthumi. Now this office is held by Lord Lanto. From this band we can draw inspiration for all educational and religious endeavors, as well as constancy from the Archangel Jophiel and the illumination of Elohim Cassiopea.

Pink—This represents the Third Ray of Love and Compassion, the head of which is the Chohan of the Third Ray, the beloved Ascended Master Paul, the Venetian. From this band we can draw all the love we require for our altruistic endeavors and for our use in our daily living to bring about tolerance and understanding, as well as the love of Archangel Chamuel and of the Elohim Orion.

White—This represents the Fourth Ray of Purity and the ascension, the head of which is the Chohan of the Fourth Ray, the beloved Ascended Master Serapis Bey. From this band we can draw inspiration as artists, writers, sculptors and architects and limitless help to accelerate our journey back home, as well as the capacity to hold the immaculate concept of Archangel Gabriel and the purity of the Elohim of Purity.

Green—This represents the Fifth Ray of Truth, the head of which is the Chohan of the Fifth Ray, the beloved Ascended Master Hilarion. From this band we can draw healing and inspiration for inventions and scientific research, as well as the healing essence of the Archangel Raphael and the Cosmic Christ Truth of the Elohim Vista, who assists in developing inner sight.

Ruby—This color has a golden radiance. This represents the Sixth Ray of Ministration and Peace. Until recently, this office was held by the beloved Ascended Master Jesus. Now this office is held by Lady Nada. From this band we can draw comfort, healing and peace, as well as the ministration of Archangel Uriel and the peace of the Elohim of Peace (Tranquility).

Purple—This represents the Seventh Ray of Mercy and Forgiveness, the head of which is the Chohan of the Seventh Ray, the beloved Ascended Master Saint Germain. From this band we can draw the Violet Fire of Forgiveness to purify ourselves and others, as well as the power of invocation of God's blessings through the intercession of the Archangel Zadkiel and the purifying radiance of the Elohim Arcturus.

The Holy Christ Self

The Holy Christ Self is anchored within the heart of every man, woman and child belonging to this Earth's evolution. It is focused within the immortal victorious Threefold Flame within the heart. It acts as a transformer of the good projected to and through it from the I AM Presence, lowering its rate of vibration so that the physical man is able to perceive it. It acts as the mediator between the outer consciousness of man and the I AM Presence. As the student learns to love this Holy Christ Flame, it expands and takes complete possession of the four lower bodies, making every individual a Christ in action, as the Ascended Master Jesus manifested in his embodiment, centuries ago!

LIBERTY—A MOST GLORIOUS GIFT

Excerpts from addresses by beloved Saint Germain, El Morya and the Goddess of Liberty, delivered at the inauguration of the new Bridge Sanctuary at Freedom House, New York City, on June 11, 1959.

Address by Beloved Saint Germain

Beloved friends of freedom, you who have come so far along the pathway towards spiritual freedom, emotional freedom, mental freedom, etheric freedom and even physical freedom, I greet you in this city dedicated primarily to the principles of freedom and guarded and guided by my own beloved cosmic mother, the Goddess of Liberty—liberty, the great and mighty gift which all mankind seek and so few that know of it use it wisely, discreetly and in balance.

I speak always for the cause of freedom and of liberty, and I pray always for the receipt of that gift of liberty and freedom, that the individual who so gives it, may use that freedom to greater expand the borders of God's great kingdom.

Have you thought, beloved ones, what a gift of grace from the heart of God it is when it is vested on an unascended individual—freedom to act in any capacity and the karma that evolves upon that individual of a destructive or a constructive nature, according to the use of that freedom and liberty? Individuals who have been freed by the use of the Violet Transmuting Flame from millions of years of misuse of God-energy are not held innocent when they do not take advantage of that liberation which is the gift of that Fire of Transmutation, in furthering the cause of spiritual freedom on this planet Earth and the freedom of the individual selves and their associates. When the prison bars swing wide, and an individual who has been incarcerated for committing a crime has served his sentence, he is put on what they call a term of probation and he enters into society again, to prove himself or to repeat the original offense and lose that freedom which he has won by serving that sentence.

Human law is like the divine law, in that respect. Let us think about it and think about it carefully. People who are released from the karma that goes back to Lemurian ages, the ages on Atlantis and Babylon and Greece and other ages of which I do not care to speak and who have been given opportunity in etheric bodies purified, emotional bodies stabilized, mental bodies alerted and physical bodies practically rebuilt—for one purpose, to bring to the sons and daughters of Earth the knowledge

of the Golden Age and then having accepted that gift of grace, do not manifest it or spread that word of freedom to others—think about the karma that soul shall meet when he enters into the Halls of Karma and stands before the judgment board.

Beloved ones, because so much of that which has been removed from your worlds is unseen, you do not know the full weight of your karma—thank God! Likewise, you are not fully cognizant of the liberty and freedom that you have. You feel, sometimes, that your bodies are weary and that your souls and that minds are too. Ah, if it were not for the freedom afforded you by the transmutation of the energies through the ages, you would not even be here tonight—nor would the city of New York be standing, as it is on a foundation builded of love, by the tireless energies of those who have given of their very selves to fill in those fissures, and making themselves channels by which we in turn call on those beings of divine love to solidify the bases of this Manhattan Island. Should it not be fitting, when Atlantis rises triumphant and the waves break from her, emerging glorious temples of light, that the children of freedom in New York be among those standing on solid surface to greet that country, born anew for the blessing and benefaction of the ages yet to come?

That is my Utopia come true, my world brotherhood of angels, elementals and men, the day when God and man can speak, without mediation of any kind, where the heavens are so blue that looking upward into the stars of the solar system, with extended vision, you can see your friends on Venus or into the heart of the Sun God, or Alpha and Omega, the Great Central Sun, itself—when you can, through the process of levitation, go there, and bring back the memory of that perfection which is an enthusiasm which fills your own worlds with the power to convince others.

Now, tonight, you have another opportunity. I see with the inner sight all that you have held in the etheric body, which I have, with the grace of God and help of Mother Mary, dissolved and which you have honeycombed back into the etheric body for revitalization when you become tired. Now, will you please just LET GO, LET GO, LET GO into the Violet Transmuting Flame every one of those memories—cause, effect, record and memory—let them go! Now, your etheric body is willing enough to do so, but the emotional body—oh, the emotional body loves to revivify the tragedies of the past. We ask, with all the POWER OF HERCULES that the emotional body is willing to LET GO, LET GO, LET GO of every record,—cause, effect, and memory—of every distress in this

life or any life that you have ever lived, replacing it by the FULL CONSCIOUS MEMORY OF ALL THE PERFECTION AND BEAUTY that you knew in the Father's house before the world was.

Let us not honeycomb up these vehicles any more, dear hearts, and one way that you can avoid that, is to avoid the talking about even to yourself that which has been, which is not perfect. If we are moving forward into light, there is no sense carrying "a covered wagon" in which all of the debris of the past is kept. We must travel light. Would you not like to travel light with me? Let's travel on light's way, not burdened down by memories of any kind that are not perfect, and thus traveling in the light way, you shall be free!

Address by Beloved El Morya

I didn't believe that I would have opportunity to get in tonight. It is so very seldom that I have more time than to say, "good morning" or "good evening." In this case, it is a very, very, good evening to New York, and a very, very happy evening to all my friends gathered here.

Beloved Saint Germain, of course, is so happy, happy on behalf of the students who are interested in helping this magnificent city, and I, too, of course, am happy, indeed, having stood sponsor for you all before the Karmic Board, having had to create Excelsior and living thereon for no little time—a lovely planet, but cramped a bit, I might say, and I shall be very glad, indeed, when the student body takes over their own magnificent opportunity to bring the Golden Age here on Earth and I can go into THE FIERY ORB OF MERCURY and remain. Excelsior is sweet, dear hearts—it is very nice. It is a shiny little planet and its peoples are lovely, and I enjoyed making it, but I am rather an impatient fellow and when IT IS DONE, for me, IT IS DONE! I do not like, like Saint Germain, going over and over and over again, dissolving and transmuting the same mistakes and errors. It is very fortunate for you that he is the Chohan in charge of the next two-thousand-year cycle.

By the time I get in at the time of the next cycle, you will all be wholly ascended and free! You will either be on Mercury or Jupiter, or Venus, or some safe place where my prodding and my perhaps, impatient, desire to get things done will not affect you. Meantime, on behalf of the First Ray I greet you! All of us do love you, oh, so sincerely. We love truly, and I guess our love desires to make you perfect INSTANTLY. Even in my training before my ascension, I did not like to experiment

over and over and over again. I liked, when the Guru gave me the teaching, to manifest it INSTANTLY and have that portion of the Law completed. Therefore I presume that Sanat Kumara and Gautama and the Great Ones gave me a very special opportunity during this last period since 1952. Perhaps I have, too, acquired in my nature Sanat Kumara's patience.

Address by the Goddess Of Liberty

Children, walking the way of Earth, I am Liberty—liberty of thought, of feeling, of word and of action, liberty to be the fullness of your God-self embodied, liberty to release through that God-self anything and everything that will be a benediction to you and to your fellowmen. I am not bound by flesh. Cosmic spheres are my activity of service. Yet to anyone who desires liberty, there I am. I am that flame within your hearts, liberating those powers that have lain dormant, until expanding through you they can, and will, do those same so-called miracles performed by beloved Jesus in his day. Liberty, beloved ones, is a most glorious gift. Liberty, when used wisely, allows the soul, purified, to become humble and the spirit to expand in greatness until all are free.

I place in your hands my gift of liberty, as I took the hand of your beloved Saint Germain when he passed through the change called death into the ascension and I offered him all the strength of my lifestream to help to bring first, political liberty, and then spiritual liberty to the peoples of Earth. So I give my hand to you now, even though you are not ready for that change, walking with your hand in mine, to bring liberty to this generation, liberty to all that are bound. Thank God that you do not see all that are in bondage, but yet in your calls, impersonally, for all life, make it for the liberty and freedom, not only of elementals and human beings and imprisoned angels, but liberty and freedom from all the structure of this Earth. This Earth was so beautiful ages ago, and that liberty of the essence and substance that has been misqualified by human creation can come about at your call.

You can liberate from within a glass all of the substance that has been charged into it by everyone who has drunk from it. Then you can fill that glass with ordinary water and CHARGE IT with whatever quality and power that is required, whether it be faith, illumination or love or truth or consecration or peace or the power of the sacred fire of the Violet Ray. USE THAT NOW. For thousands of years the orthodox churches have used the communion, and they have accepted, in their feelings,

that peace after they have taken that communion. Now, where there is a requirement for health, there is always handy the primal substance of water. Charge it with the quality required and give it to the individual, remembering not to tell them what you have done and the service can be rendered and you can render it for yourself. It takes you very little time to charge the seven activities of the rays into a glass of water and you have a rainbow "parfait." It can be done. It has been done by others.

Now it is time in this great city, where there are so many individuals, that liberty become FACT. You have made it so tonight. You have declared your liberty, individually, and as a collective unit. Your names are so written by the Karmic Board upon the special scroll, as a specific cosmic moment of liberation, wherein the salvation of your city and its environs is made possible. I congratulate you on this, above all.

Beloved ones, as a member of the Karmic Board, I have met you so often when you have turned your vehicles in at the close of an embodiment and when you have taken on new vehicles, and I do want to meet you this time and know that you have finished your span in God-constancy. Please, please accept that constancy of Jophiel and Constance and finish that span.

In the name of Liberty, in the name of the Karmic Board, in the name of love and light and God-success, I call, with all the power and intensity of my being, a special cloak of cosmic liberty and freedom in, through and around you, each and every one, and that shall be sustained as your protection, expanded to include everyone that comes into the compass of your orbit and into the focus of your forcefield. So be it!

FEAR NOT!
Ascended Master El Morya

As more assistance is being given by the Spiritual Hierarchy to the peoples of this Earth at the present time than ever before, THE CATAclysmic ACTIVITIES WHICH SO DISTURBED THE MASS OF THE PEOPLES DURING THE SINKING OF THE CONTINENT OF MU AND, LATER, ATLANTIS, WILL BE GREATLY LESSEned. Also, the priests and priestesses of the White Order, having learned their lessons through past recalcitrance and lethargy, are alerted all over the planet Earth, and are joyously cooperating with their Ascended Masters, Gurus, and guides to prevent just such a chaotic and fearsome experience.

Rejoice that, even though the present human appearances seem, to the outer sense, appalling, greater light and great loving assistance is yours NOW! INVOKE OUR PRESENCE AND REJOICE IN YOUR OPPORTUNITY to return the Earth and all her evolutions to a beautiful and perfect state of LASTING PEACE, without the necessity of such drastic actions upon the part of the elemental life, which you can NOW love free!

DO NOT WAIT FOR "OTHERS" TO RENDER THIS SERVICE FOR YOU AND YOUR LOVED ONES! MAKE YOUR OWN APPLICATION, SENDING YOUR LOVE TO THE BEINGS OF NATURE AND THEIR MIGHTY DIRECTORS! INVOKE THE ELOHIM OF PURITY AND BELOVED ASTREA TO REMOVE THE CAUSE AND CORE OF ALL FEAR IN THE CONSCIOUSNESS OF THE PEOPLES OF EARTH AND TO REPLACE THAT FEAR BY ILLUMINED FAITH AND TRUST IN GOD!

THE TEMPLE OF PEACE
Near Suva, Fiji Islands
The Ascended Master Retreat of the Month
September 15th through October 14th, 1959

When the cosmic clock sounded the awesome hour at which the gigantic continent of Mu had reached its apex and decline and had to be submerged beneath the purifying waves of the ocean, tongues of fire, covering whole cities, sprang from the interior of the Earth, accompanied by deafening subterranean thunders and the violent eruptions of volcanoes, the existence of which were never known by the people of the Earth before. Thus the continent of Mu was destroyed by fire and its remnants sunk beneath the waters, now called the Pacific and South Eastern Seas.

Portions of that continent, where the third rootrace flourished, are still in existence, such as the Fiji Islands, where the Ascended Master Retreat of Suva is situated. Other islands in the Pacific, South Africa, Madagascar, Ceylon, Sumatra, the Indian Ocean, Australia and New Zealand were parts of that continent.

The Catastrophe of Mu

The people, as a whole, were not cognizant of the coming disaster. Several of the members of the Ascended Master retreats which were spread over the wide area of the continent, went down with the multitude, in the midst of songs of the trained White Order of the priests and priestesses of Mu to mitigate their distress. Suva and two or three other foci of the Ascended Host were maintained in the same places where they were first established, although one or two of them were consciously etherialized to etheric levels.

The elements were so unruly, and the people were so distressed, that all the attention of the Great White Brotherhood of Suva, besides rendering the assistance required at such times, had to be concentrated on giving lasting peace to the peoples of the world, to pacify the elements, and the feelings of the people. Therefore, a tremendous momentum of lasting peace was builded at the Ascended Master retreat, and today Suva is one of the most powerful foci of that peace. Peace was so powerfully externalized by the Brotherhood of Suva that, after the sinking of Mu, the great navigator Magellan discovered the large expanse of water on the other side of South America and found it so unruffled, so tranquil, that he called it the Pacific Ocean (peaceful ocean).

Description of the Ascended Master Retreat at Suva

To describe the Retreat of Suva in worded language is not an easy task, as it surpasses all you have read in the Arabian Nights. The temple is situated in a tremendous cave, under a big mountain, the outer part of which covers it. Nobody knows where the entrance is but the earnest, willing and worthy chelas are guided to it and have no difficulty in entering, after the spiritual protectors examine each chela carefully.

Once you enter into the temple, you see a crystal palace, located in what seems to be a vast crystalline sea, and from which light in the seven colors of the rainbow emanates. As soon as you enter the mountain, you have the sensation that you are walking on water, until you reach the wide stairs that surround the palace. These circular stairs are made of transparent crystal and underneath you see cascades of multicolored torrents of water. The circular stairs around the palace have forty-nine steps. The palace has seven porticos or porches, which give entrance to the seven Halls of Learning. The main portico, through which you have to enter to meet Lord Surya, is due East.

When you reach your point of destination, you meet on the outside

two guardians, a gentleman and a lady, fully seven feet in height. They have a glorious oriental complexion with well-proportioned, almost square faces, with blue eyes, which remind you of the late American President Mr. Warren G. Harding. They are bareheaded with long, chestnut-colored, hair. The gentleman wears his hair down to his shoulders, the lady down to her knees. Both are dressed in white robes, giving off an opalescent hue.

After you are allowed to proceed, you have to go up seven more crystal steps, under which you continue to see the multicolored torrents of water. Now you find yourself before a big crystal door, which opens automatically at your presence, over which you see a big circle over a cross, as the symbol of this Ascended Master retreat. You don't have to ask its meaning. You intuitively know that it means, "Here spirituality rules materiality."

Once you enter the big, round crystal hall, you see, on a high throne, the majestic figure of Lord Surya, sitting on a golden chair. He is slender of form, although he is seven feet tall. His features and complexion are like those of the two guardians at the entrance of the temple, but more refined. He has a well-trimmed beard after the style of the Ascended Master Saint Germain. His eyes are purple in color, and his hair falling to his shoulders is golden. He is attired in pure white clothes and wears no jewels.

When your turn comes to have the opportunity of meeting Lord Surya face to face, you bow in reverence, and when you lift your head, his loving eyes meet yours. He smiles, makes the sign of the circle above the cross and extends his hand to you. When he offers you his hand, you will feel electrified, as if you were sitting on the atomic accelerator of the beloved Ascended Master Saint Germain.

When he looks at you with his big purple eyes, you know and feel that a powerful ray of light has passed through your inner and physical bodies. When your salutation and his greeting end, he pronounces a short word in a presently unknown language, but you seem to understand it. You know it means, "Peace be with you!"

Prepare yourselves, gentle readers, for your nightly sojourn to Lord Surya's Temple of Peace, and if you are constant and alert, you will see that at the end of this thirty-day period, you will be a different man or woman, filled with lasting peace, greater understanding, and God-given poise!

HOW TO BE A PEACE-COMMANDING PRESENCE
Monthly letter to Transmission Flame Class on Sept.19

Beloved Children of My Heart Who Seek Peace,

Peace is the keynote of this thirty-day period (September 15 through October 14, 1959). Because there are temporary clouds of war over Asia, Europe and Latin America, Lord Gautama directed the opening, to mankind, of Lord Surya's Retreat at Suva, Fiji Islands. All the Spiritual Hierarchy and cosmic visitors from other planets will be hosts to mankind at his temple.

The magic key that will open this Ascended Master retreat to you is to think and feel just before entering sleep, "Beloved Surya, I am ready to visit in consciousness your temple to bathe in the peace and opulent waves of cosmic love from your heart and your retreat. Please have me taken there by one of your messengers, and return me safely to my home after this visitation."

Let everyone, every day during this period, on awakening, try to remember the experience of the previous night and think and feel, "I am a peace-commanding presence today," and act as such every hour of the day at home, at the office, at your sanctuary—everywhere.

Dear gentle reader, I will be at the entrance of the beloved Surya's Temple of Peace in the Suva Retreat every night to meet you.

Love and blessing,
Maha Chohan

Statement for the Transmission Flame Class of September 19

1	2	3	4	5	6	7	8
I AM	inbreathing	Surya's	love,	peace,	tranquility	and	opulence.
I AM	absorbing	"	"	"	"	"	"
I AM	expanding	"	"	"	"	"	"
I AM	projecting	"	"	"	"	"	"

PEACE – A PRE-REQUISITE TO PRECIPITATION

By Beloved Lord Surya

Beloved children of God, now upon the face of this Earth, I have known and loved you long. When the continent of Mu flourished, in what is now known as your Pacific Ocean, you were among those of us who were the priests of that great civilization, wherein the third root Manu brought forth all of his sub-races. It was my privilege to sustain the bridge from divinity's realm for their descent, the completion of their cycle of experience and the control of mastery of energy and vibration and then their triumphant return home into the heart of the realms of eternal bliss, wherein they serve now, assisting as their free will directs the progress of the earthlings.

We have sustained, through the grace of almighty God a portion of that magnificent continent called, in modern maps, the Island of Great Fiji, wherein is located Suva. It is but a tip of one of the great mountains of the continent of Mu, wherein today the priesthood still maintain the focus of peace, such peace as your dear minds and hearts cannot conceive—that peace which comes from being disconnected, for a time, from the vibratory action of individuals who are not the full master of the energy of their own worlds.

Today, I bring the peace of Suva, that abiding peace which we have sustained for millions of years.

Beloved, you who desire to magnetize, again, the gifts of your Causal Bodies for the purpose of blessing your own lifestreams with freedom from distress, and blessing all with whom you are surrounded with the benediction of that momentum which is yours, to you I say, you require that sustained peace which is ours at Suva—peace to the body, the soul and the mind, which precedes the release from your own I AM Presence through the silver cord into your own Holy Christ Self of those gifts of illumined faith, of wisdom, of pure divine love, of purity, of truth, of healing, of God-supply of every good and perfect thing and of the greater art of conscious invocation of the God Flames that are so required again so to manifest visible to the physical sight of mankind at various strategic points on the surface of this Earth. These are the gifts of the sacred fire of which you have heard, of which you speak, which you can know and experience in every cell and atom of your being when you have so learned to live in peace within yourself and to become a peace-commanding presence wheresoever you move.

Many are the individuals who once lived with us at the height of the

civilization on the continent of Mu, who live again on the Earth today. Many knew those powers of precipitation and utilized them to bring forth, without effort, every blessing that they required or that those around them required. You, too, had that conscious power when your motive was only to externalize more and more of the perfection of God's kingdom. Temporarily, you have forgotten the power of conscious precipitation, but again as we come close to you in thought and feeling, spoken word and radiation, we give to you our feelings, which are the developed energy of our own worlds, through ages of time, and that becomes like a transfusion into your own feelings and consciousness—if you can accept it and use it and benefit by proximity to our presence.

Today, on the planet Earth, the axis moves, the great winds blow. We have seen that before, for in every time of major cataclysmic change the elements have had to be held in leash by their mighty directors, but now the humankind who have accepted our presence in the universe, have opportunity unparalleled to become the peace-commanding presence wheresoever they abide, so that you may draw manna from heaven, as Moses did, so that you may draw the substance and energy into your own worlds that is required to make you more free in your service to life, so that the very hem of your garments may be so filled with grace and healing that you are a power of benediction and blessing to all that lives.

Some few of you have seen the waves that rise high in the oceans of the present day. The mighty undines—sometimes seventy feet swirling upward—surround our island, but never have they inundated it, because the Priesthood of Suva is the master of love, and those undines yet untrained filled with the creations imposed upon them even at the very crest of their mighty waves, recede and bow before peace. I have seen this performed again, again and again, not only by myself, but by the least of the members of the Brotherhood of Suva, who stand fearlessly on the sanded shore and look upward at that great mountain of water and love it back into the sea.

What has been done in the water element can also be done in the air element, where in Suva we have developed a protective ring to guard and guide all constructive vessels and crafts that cross the great Pacific and to hold back those mighty winds—even the youngest of the brothers on the island can do that. We guard at Suva many, many of the souls of those individuals who have seemingly been lost, not only through the seas and in air accidents, but so many who passed from the bodies in Korea and all during that unfortunate incident in the East. These individ-

uals, not all having made the ascension, are learning the way of peace, and they shall walk up the bridge into the realms of light or they shall reappear again in the civilization which is presently so much in need of peace, according to their free will, their development and their divine plan.

You have been to Suva many times, and I have been with you. I want to remind you again, that you are always most welcome, and you can consider it an oasis in the world wherein, there seems at present, not to be enough of God-peace.

THE MASTERS OF WISDOM SPEAK **HOW TO ATTAIN LASTING GOD-PEACE**

MAHA CHOHAN:

Peace, a Gift of the Holy Spirit

Peace, symbolized by the gentle dove, is one of the gifts of the Holy Spirit, a gift not bestowed on the individual from outside, but as an integral part of his divine nature, which it is his bounded duty to feel, radiate and share with his fellowman. "How is peace to be felt when one is in a sea of trouble?" the student may ask. Simply remove your attention from the appearance of trouble and place it upon peace. One thing is certain, you cannot have peace and trouble at the same time. Where your attention (which is your life) is, there you are!

Peace is the substratum of all constructive and lasting God-manifestation. Therefore, even in the midst of the appearance of trouble, there is peace. Look for it and you will find it. The way to look for it, as I have mentioned elsewhere, is to allow understanding, tolerance, patience, humility and loving service to be your watchwords, filling your thoughts, feelings, spoken words and actions.

EL MORYA:

Achieving Peace

In fulfillment of the will of God, one of my duties is to bring about a lasting peace in nations and among nations. There are cases where this has to be brought about by the process of revolutions, according to the national karma, which temporarily results in chaotic conditions, but after a certain time, when social justice and liberty are regained, lasting peace

is established, even if only in a small measure.

The normal way to bring about national and world peace is by conciliation, at round tables where all interested parties can express their aspirations and negotiate. Fortunate is the nation which can send to these conferences men endowed with the virtues that our beloved Maha Chohan enunciated above.

LANTO:

Beware of Dissenting Activities

To perceive truth you must have peace of mind, through understanding. To bring about this peace of mind is one of the services of those who serve with me on the Second Ray. THE FIRST THING THAT THE CHELA HAS TO LEARN IS TO DISTINGUISH BETWEEN DIFFERENT PRESENTATIONS, OR SO-CALLED PRESENTATIONS OF THE TRUTH, TO DETERMINE WHICH CONSTITUTES A MORE COMPLETE EXPRESSION OF THE TRUTH. THE CHELA MUST, OF COURSE, HAVE AS ONE OF HIS GUIDES THE WORDS OF OUR BELOVED ASCENDED MASTER JESUS, "NOT ALL WHO COME IN MY NAME REPRESENT ME."

THE STUDENT HAS TO BE PARTICULARLY ALERT BEFORE ACCEPTING STATEMENTS ISSUED BY DISSENTING ACTIVITIES, WHICH, AS A RULE, HAVE THEIR ORIGIN NOT IN IMPORTANT DIFFERENCES OF DOCTRINE, OF WHICH THEY DO NOT SPEAK, BUT IN THE PERSONAL AMBITION OF THEIR SELF-CALLED LEADERS WHO, IN MANY CASES, APPROPRIATE THE INSTRUCTION OF THE PARENT BODY AND PRESENT IT AS NEW AND BETTER, WITHOUT ANY SUBSTANTIAL PROOF OF THEIR CLAIM.

PAUL (THE VENETIAN MASTER):

Peace Through Tolerance

In my particular service to life, I endeavor to bring about a lasting peace through divine love and tolerance. One of the enemies of peace is fear, but we have been told that perfect love casts out fear. Therefore, if you love your neighbor as yourself, if you realize that you are your brother's keeper, all sense of fear will disappear and peace will be the keynote of your life.

If you become tolerant of persons and circumstances, you will eliminate irritation, resentment, envy, criticism, and a dozen other ugly atti-

tudes which prevent the peaceful relationship which must exist between those whose past karma has brought them together—and if in disagreement with them, you will not think of branching out on your own, but rather sublimating such destructive karma by the Violet Transmuting Flame.

SERAPIS BEY:

Delaying the Ascension

In the library at Luxor there are thousands of books and treatises on peace, and in one of the temples, the third, the chela has to live with six other lifestreams of different temperaments, in order to learn to live in peace with each other, and not until the chela passes this test can he come before me. This is one of the severest disciplines, because where discord is, there is no peace, and peace must be felt and manifested and sustained long before the ascension.

Discord is manifested in different ways in the home, in the office, in the activity with which you have associated yourself, and when this discord is expressed in criticism, in domination, in intrigue or in disobedience and finally, in disloyalty, it is evident that the offending ones are very far from the ascension, and have to retrace their steps until they have learned the lesson of impersonality and the practical use of the cohesive power of pure divine love.

HILARION:

Peace is Right-Qualification of Energy

In my service with atheists and even with certain scientists, in my endeavors to bring peace to them, I am more fortunate when I have to deal with men of science, who become very restless when their inventions do not seem to mature, because it is easier to make them understand that peace is a matter of vibration, of properly-qualified energy (God's life entrusted to man for constructive manifestation only).

If the life essence placed in your keeping is qualified with personal ambition, distrust, selfishness, intolerance and other destructive qualities, you will always have discord in yourself and in your work, but if you qualify your life essence with love, tolerance, understanding and other constructive qualities, you shall always enjoy peace.

JESUS:

Knowing the Tree by its Fruit

During my ministry, there was not one day in which I did not enjoy that peace that passeth all understanding. This enabled me to be in constant communion with the Father and to accomplish the many healings, recorded and unrecorded, which the Father of us all poured through me to bless life. This was so evident that I have been called the “Prince of Peace”. When I said, “Blessed are the peacemakers, for they shall be called the children and heirs of God,” I meant more than what those words seem to imply. I meant that you cannot be a trouble-monger, an inciter of discord, and claim, at the same time, the prerogatives of a peacemaker—that is, to be called children and heirs of God. I also said, “The tree shall be known by its fruit.”

NADA:

Peace Through Love

One of the ways to be at peace is to love the God-life within the person or circumstance which annoys you. That was the lesson I learned in my childhood, which, as some of you will remember was not a happy one, because I thought I was not as talented as my three sisters, which made me feel both timid and retiring. But all this changed after the series of visits I received from that great Cosmic Being Charity, who taught me the lesson of love, and eventually led me to the feet of Serapis Bey, Hierarch of Luxor!

SAINT GERMAIN:

Wolves in Sheep’s Clothing

Those who prattle about the incoming permanent Golden Age, those who pose as my followers, those who claim that I am behind their endeavors, and yet create dissention in one manner or another, are the wolves in sheep’s clothing, to which our beloved Jesus referred. Peace is the cornerstone of my Golden Age. This is the reason why I am so much interested, not only in the liberty of people, but in their enjoyment of peace—and those who say that they are my followers are known to us and to their fellowman, because they never endeavor to create discord in any activity of life.

THE BRIDGE

TO FREEDOM

**A Monthly Journal Devoted to Individual Unfoldment, Contact with
the Great White Brotherhood and Cooperative World Service**

OCTOBER 1959

**ETHERIC TEMPLE OF PURIFICATION
BY VIOLET FIRE
(Over the Island of Cuba)
October 15th through November 14th, 1959**

Message to the Transmission Flame Class on October 17th, 1959

Beloved Children of the Light,

I have come to bless you and to invite you, personally, to visit again the holy temple of our glorious Lord Zadkiel, during this thirty-day period. As a preparation for this visit, be sure to invoke daily the Violet Flame to transmute in you everything that is less than purity and perfection. While in the temple, try to absorb as much as possible of the instruction given—generally by the teacher assigned to you—to qualify you as a priest or priestess of the White Order of Zadkiel, which means that while in the world of men, you shall be a walking, living Violet Flame, purifying everything that comes into contact with you. This is my brief message this month. I am looking forward to meeting you at the temple.

Love and blessing,
Maha Chohan

Breathing statement for the Transmission of the Flame Class:

1	2	3	4	5	6	7	8
I AM	inbreathing	Zadkiel's	feeling	of	Violet	Fire	Purity
I AM	absorbing	“	“	“	“	“	“
I AM	expanding	“	“	“	“	“	“
I AM	projecting	“	“	“	“	“	“

Hierarch of the retreat: Lord Zadkiel. Color of Flame: Royal Purple.
Musical Keynote: “The Blue Danube.”

**THE ASCENDED HOST OF LIGHT ARE ON
THE MARCH—JOIN US!
An Address by Beloved Lord Zadkiel**

Beloved and blessed ones on the Earth's surface today, you who are among the aspirants to become the permanent heart cells created by the beloved Madonna, Mary, the mother of Jesus—I, Zadkiel, in my capacity as a priest of invocation of the powers of good, greet you! It is the desire of Mary, the Holy Mother, to see that this diamond heart enfolds this entire Earth, and into it are placed those worthy chelas, all over the planet, who are presently in embodiment. I have received the added dispensation of allowing to come into that meshwork of the universal diamond heart and to remain permanently there—angels from the seven kingdoms. This will do a great deal to sustain it until the blessed and earnest chelas are ready to come forth and be the light of the world!

The Focus of Divinity is in Your Heart

I am the priest versed in the law of drawing forth the powers of good. When our temple was manifested on Atlantis, we taught unascended lifestreams how to magnetize the powers of God, through the magnificent focus of God-good within each beating heart. Now again comes the day when such magnetization is not only possible, but IMPERATIVE for the expansion of the light of the world to any and all who choose to listen to and apply our instruction.

Let us first remember that, within your heart, there is a focus of divinity, that focus of which Mother Mary speaks so beautifully and of which you refer to as the immortal Threefold Flame of God. That is the magnetizing power which all of the White Priesthood on Atlantis used to magnetize and draw into the atmosphere of the Earth those currents of

energy which stabilized her and held the Atlantean Era, during its prime, in a state of harmony and peace. That same immortal Threefold Flame within your hearts now is likewise a magnetizing power, not only of the good of your own I AM Presence and that of your own Causal Body, but of the good, the fully-gathered momentum, of any Divine Being or member of the Spiritual Hierarchy whom you call upon and who welcomes the opportunity to channel that good through you, through your Holy Christ Self Flame, as it expands until it fills not only your personal world, aura and spirit with influence, but as it fills the world of the entire planet Earth upon which you presently abide.

Attracting Good

Now the magnetization of the powers of good is as mechanical as the magnetization of a piece of steel by a proper agent. When the Holy Christ Flame, which is immortal and alive within you, is given freedom through you by your outer self and the self-conscious renunciation of your own human free will and all destructive desires, known and unknown, and you allow that Holy Christ Flame full power—it begins to magnetize, through your blessed lifestream, the fullness of your divine pattern and plan and begins to magnetize also the gifts and powers of the other beings that dwell in divinity's realm, and they flow forth also to make of the atmosphere of Earth a magnificent, multi-colored, positive radiation in which shadows cannot exist.

Beloved ones, this power to magnetize, through the sacred fire the gifts and powers of the Godhead, must be utilized and become practical through actual works. It is our desire, deep and sincere, to have you begin to experiment with the use of that power of the sacred fire that is within your hearts, to so magnetize not only our presence, but our radiation, gifts and virtues. You can do this, and every loving and willing chela, wherever he or she stands on the face of the Earth, can do this, and they will not only be the recipients of the gifts themselves, but they will be ourselves—Sons and Daughters of Freedom—walking about the planet Earth and the hems of their spiritual garments will be filled with the virtues magnetized and consciously drawn forth.

The Benediction of the Violet Fire

Because the Violet Fire, for the most part, is not seen by the physical sight of mankind, very few cognize and feel its essence and reality. Those of you who are kind enough to give special recognition to that

Violet Fire have felt the changing of the vibratory action of your own bodies, have felt the dissolution of shadows by the power of light, have felt the removal of chaotic conditions in yourselves and others through its use, and some of you, with the inner sight and hearing, have even seen that Violet fire and heard the song of the Angels of the Violet Fire, as they move along their appointed pathway.

Beloved ones, blessed Alpha and Omega, all the Suns of all the systems, all Solar Logoi, all the Cosmic Beings, Ascended Masters, cherubim, seraphim and the angelic host, every one of the Divine Beings—can be magnetized by the least of men through this immortal Threefold Flame of God that is within every human heart. That magnetization is a permanent blessing to and through that lifestream.

The Activity in the Inner Realms

Beloved ones, there have been, in the ages that have come and gone, many ideas formed, many thoughtforms and patterns which have not been dissolved. Some of them remain within the etheric realm and what you call the psychic and astral realm, and they float around there. They would be dissolved except for the fact that disembodied individuals, some of whom promulgated those very ideas, feed their life into them and keep them alive. Now these invisible foci, which are imperfect, are kept alive by the very individual or those who have a similar rate of vibration who for one reason or another would like to see them externalized in the world of form.

At the present time, we are very busy at inner levels, disconnecting the souls of those individuals who, between embodiments, have had certain affinity to discord. As they are taken into the temples of light and as they are given knowledge of the use of the Violet Fire within those temples of light, then there is nothing to feed these forms and the natural process of the Violet Fire, which is blazing through those realms at all times, will dissolve them before they can anchor into embodied lifestreams who have the way, the means and the power, temporarily, to again externalize them, to give distress to mankind and the Earth.

There has to be a cause and core in the inner realms before there is a manifestation and effect in the world of form. If we can remove these vortices of disembodied souls from their affinity (mentally, emotionally and etherically) to discord of every kind, as we are trying to do, it is easy then to remove causes and cores of that discordant condition and replace it by a magnificent blazing cause and core of cosmic light, which,

in turn, filters down through the constructive people on any one of the Seven Rays, into the outer consciousness and becomes something that is constructive which they can externalize.

Then, on the other hand, you have the constructive picture. You have from the First Realm, the magnificent divine ideas of God, moulded into form on the Second Ray, animated by pure divine love through the Third Ray, purified by the purity of the Fourth Ray, concentrated through the Fifth Ray into any one of the facets of expression that is necessary for its further development, enfolded in peace divine, purified and living to manifest through unascended beings who are receptive to those divine ideas.

How to Make Application

Now, beloved ones, the magnetizing of the powers of good come from acceptance in the FEELING of the presence of Deity within you, until you can say, as we said in the White Priesthood long ago, where some of you were members, “In the name of almighty God, in the name of all life, COME FORTH!” —and there came into manifestation that which was required in precipitation of every kind and description. Our White Priesthood could, and did, bring that precipitation forth, whether it was illumined faith, whether it was greater constructive ideas, more wisdom, whether it was love, more purity and selflessness of motive, greater consecration of the lifestream to a specific facet of service, or whether it was the mercy of the Violet Fire, that was required!

That which was done once, shall be done again, because we have come forth, the priest and priestesses of the White Order, from the Silence wherein we abided for aeons of time, and we are here in this physical appearance world, training chelas to magnetize the powers of good through themselves and through their fellowman. When you make the application to your own I AM Presence or to me for that power of the Violet Transmuting Flame, please be still for a moment and feel yourselves enfolded completely in this Violet Fire, enfolded in my own presence and feel within that Violet Flame that is within your heart, the presence of Holy Amethyst.

It is the efficacy in the use of the Violet Fire NOW, when the Earth requires it most, to change all shadows and all discords into LIGHT, LIGHT, LIGHT, that can be seen oh, not just a thousand miles, as it was from our temple in Cuba, but that it may be seen throughout the entire planetary system, and all those other planets of our system KNOW that

the Earth gives forth her light. And the music of the spheres again, from the planet Earth, rises in harmony, in balance and in love to all that lives, breathes and has being—above or below.

The Purpose of the Diamond Heart

I speak to you, again, on behalf of the priest and priestesses of the Order of Archangel Zadkiel and ask you to help us, in every way you can to become such a power of conscious invocation of good. Practice, as Mother Mary said, yourself! Practice, through the activities of your daily life, in allowing the expansion of your own immortal victorious Threefold Flame, and then practice allowing, through the radiation of our presence through you, to give you a sense of self-mastery, poise and balance, that is at all times required when handling great numbers of people or individuals who are in distress of any kind.

Beloved ones, the Ascended Master Saint Germain, his divine complement the Lady Portia, desire to manifest as quickly as possible on this Earth their Golden Age of perfection. It is to this end that Mother Mary, myself, and all of us, are creating this larger heart. Into it, each blessed cell that loves the light and has prepared himself or herself, is being placed in combination with the angelic host, until the entire Earth will be surrounded with the glorious planetary diamond heart of light, which will be a protection against the intrusion of any imperfection from within or without, what will be in a measure like your own Tube of Light, only larger than the Earth, rising to the ten-thousand-foot level all around her.

Calling Forth the Powers of God

Beloved ones, when you speak of destructive thoughts, feelings and etheric patterns, you say, “We shall keep our attention only upon light.” That is very true, but where shadow is manifested, there is a cause and core of distress, and that cause and core is fed, not only by those who have been released from the previous “compound,” but by unascended beings. They require not always to be disembodied, sometimes these beings, meaning well, see discord in thought, feeling, word and action, and these vortices at inner levels thus have life, for they are all vampire activities. When there are no individual intelligences to feed them longer, that very instant they will be dissolved and then, through the use of the Violet Fire, repolarized and CHARGED back into the sun or into the heart

of one of the Ascended Ones, whichever it may be, and then qualified with God-perfection, directed again earthward to produce perfection here on this planet Earth.

We want you to understand this and that is why we emphasize it to you again. It is not that we wish to dwell upon anything of an imperfect nature. We want you to dwell naturally on the things that are good, BUT when manifestations here in your world today are imperfect, the wise, intelligent chelas KNOW that there is, in some place, a cause and core sustained by intelligent life, for only the immortal Threefold Flame of Life is an intelligent being. When that power of coalescence is removed, then instantly that discordant form disappears. It is the same in a constructive way—the immortal victorious Threefold Flame within your heart is the power of the coalescence of good into your world and into your auras. It is the power of radiation of the good that has been drawn forth, magnetized by your blessed selves for the blessing and benediction of all mankind.

Let us, then, in the name of Mother Mary, in the name of our beloved Ascended Master Saint Germain and Lady Portia, in the name of our beloved Jesus, the beloved Ascended Master Morya, call forth THOSE POWERS OF GOOD, latent within you, and let those POWERS of good EXPAND through you for the benediction and blessing of yourself and of your fellowman. THEN, and then alone, are you true priests and priestesses of the White Order who wear purple vestments according to the efficacy of your power. If you will do this and cooperate with me in its full manifestation and expression, we can greatly hasten the removal of discord and release, through your Causal Bodies, through your own silver cord and through the expanded Threefold Flame of God within your heart, the acceleration of your divine plan fulfilled and the plan of the divine world fulfilled, as well.

The Rod of Power

We will retreat no more, beloved ones! The Ascended Host of light are on the march toward the planet Earth and with them come all of the beings that represent God's holy will and God's holy way. Join us!

We come as usual, earlier to the "few" and then later, when they are prepared, to the masses. I say, in the name of the power of the Violet Fire of Mercy, WE SHALL RETREAT NO MORE! We are manifesting and expanding God's perfection to every chela, here and wherever Mother Mary and Lord Raphael find them upon the planet Earth. So help us now

in your endeavors to expand your light, without strain, without stress, but with a constant remembrance that you have the Rod of Power, you have the very essence of creation in your beating hearts. You have, through the spoken word, the power to direct those currents of energy verbally, when necessary and the discrimination and discretion to direct them mentally, when necessary, until shadows are no more.

Invocation

Let us here, in the essence of the universal diamond heart created by our beloved Mother Mary, feel the magnificent powers of the Violet Fire, the Transmuting Flame, flowing in, through and around this Earth, all her evolutions, all salamanders, sylphs, gnomes and undines, all humankind, all earth's substance, the water substance, the air element, the fire element—and let us feel the fullest power of that.

In the name of the presence of God "I AM," I invoke the cooperation of the immortal victorious Threefold Flame in the hearts of man and all the beings and powers of the angelic kingdom and the nature kingdom in this great endeavor, so that we may have the forward and onward progress toward perfection. SO BE IT, in His name!

HOW CAUSES ARE DEVELOPED **An Instruction by Beloved Mighty Vesta**

A— INVESTING LIFESTREAMS WITH AUTHORITY AND POWER

Life Defined

I am the embodiment of the "invocative power," by which universal life and light begin an active expression of usefulness.

Life is the servant of flame, as is light the radiation of life. Without any intelligent director, life would remain forever unformed, quiescent. Within life, the Godhead has placed every power, attribute, capacity and virtue which is his.

Man's Duty

Man must learn of life's power and presence and learn how to draw forth its fullness. He must become vested with the power of creation.

Love of life and a desire to understand its nature precede my service to the evolving individual.

I, then, INVEST the individual with the knowledge of life's potentialities and their capacity to unfold and draw forth from life the fullness that God has incorporated into this ever-present, intelligent, vital substance. My activity is to draw forth, mould and externalize this potential perfection through my pupils. To invest an individual with authority, is to confer upon his life flame, powers not previously present.

My Capital

I am the root of investment, and a powerful force in the financial world, when understood. People design a project and invest their substance, so the project may live and have the authority to govern their fortunes.

I INVEST lifestreams in causes, working with the Lords of Karma, to further world progress. These lifestreams represent my capital, and the causes benefit by their presence.

Director of Cosmic Ventures

All cosmic ventures are placed before me by their sponsors and the Great White Brotherhood. Lifestreams capable of assisting in carrying these missions through the veil of embodiment must come before me, and if their light and karma and capacities are judged proper for the particular service, they are INVESTED (together with their sponsor) with certain powers and dedicated to a cause. This is all done at inner levels, and "circumstances" draw people together in the world of form, when it is proper for the investment to begin working for some facet of universal good.

B – DEVELOPMENT OF CAUSES CREATED BY THE GODHEAD

Origin of Causes

Many causes are set up by the Godhead, and many causes are born through the initiative of his children.

A cause to which a lifestream may choose to dedicate his life, is not necessarily created by the individual himself, but it can be assumed, and an individual interested in such service may take the responsibility of

carrying such a cause to mankind, that its ultimate beneficial effect may sooner be the heritage of the people.

The Godhead may create causes. Intelligent beings, pondering on ways to serve God's plan, may evolve causes and bring them into outer manifestation.

The Cause of Freedom

The cause of freedom was born in God's heart, when the first flame was created, for God desired all his creation FREE.

When a cosmic desire of God's heart pulsates in the higher heavens, waiting to be claimed, ensouled and lowered by one of his children, it is so finely attuned and vibrates so quickly, that it is neither visible nor tangible to even tremendously-evolved beings, EXCEPT where their own interests and leanings, through the centuries have created in them a sympathetic vibration. Thus a being would have had to love freedom, serve freedom for centuries, before the cosmic pulsation would be even discernible in the blazing cosmic light, which is the desire world of the Great Central Sun.

Saint Germain Claim to the Cause of Freedom

Such a being is Saint Germain! He finally achieved a personal evolution sufficient to PERCEIVE God's desire to bring freedom to his creation. (The ability to perceive the presence of any blessing is one of God's gifts and is developed by the humble, listening heart).

When Saint Germain pierced through God's aura and entered the Secret Place of the Most High, he saw "unclaimed" the cause God had set up before the world was, and which one day must, by the nature of its being, have an effect which would be manifest as unconditional freedom for every part and particle of his creation. It was Love which had answered before the call. It was God providing before the need.

His heart thrilled at sharing the Father's secret desire. He loved that "cause" and prayed and prepared, that some day he might be worthy to ensoul that cause with his own flame and carry it down to the world of men, that its effect might externalize on the screen of maya.

Time of Fulfillment

The Great Central Sun, itself, would call the being prepared to carry his particular cause to fulfillment, either when the cosmic hour for its birth was come, or—some child of heaven had anticipated that hour and become the fit vessel for its outer manifestation before the hour.

When any being becomes ready to be invested with a cosmic cause, the law of magnetic attraction begins to pull on the heart of God, and the cause that has lain therein starts on its downward course to join in the call from below. Thus does the Godhead become aware of the readiness of the race for a greater blessing.

Saint Germain's Preparation

The Father called the son—Saint Germain—in the ripe hour, and Saint Germain entered in a cosmic initiation, the great flaming desire of freedom, and ensouled it with his flame, taking full responsibility for carrying it to the Earth and letting its effect radiate through all life and all created beings.

Saint Germain's students are invested with the knowledge and power of the sacred fire by me. Those who accepted them, with their sponsor, were given audience before me and each invested with the knowledge and power of the sacred fire and the vision of the cause in its fullness. Then, as a corporate body, they—together with their Master—were cosmically invested, their bodies, minds, natures, heritage, in the cause of freedom and none can leave that cause until its effect is manifest. All are my investment in the name and by the desire of the God of love.

C—DEVELOPMENT OF CAUSES EVOLVED THROUGH INDIVIDUAL INITIATIVE—FIVE STEPS

1st—For instance, an advanced being (Initiate) desires to bring to the human race the art which he has learned to love in the sphere of light. Working in this sphere under the Chohan of Art, he feels the race would benefit IN SOUL GROWTH by seeing, absorbing and creating this perfect art (which up to this point may never have been expressed on Earth before).

2nd—The Lords of Karma hear his plan, weigh his worth and capacities, and, looking at the world plan, acquiesce to his desire to embody and bring his gift to humanity.

3rd—Then he must interest contemporary spirits in HIS CAUSE. They must not only love him, but be found capable of offering beneficial talents, capacities, etc., according to their soul growth and nature. They, too, must be passed by the Lords of Karma.

4th—If this being is fortunate enough to secure fellow beings willing to assist him, then the sponsor and his group come before me (Vesta) and they are individually and collectively INVESTED in the name of God in this movement.

I, alone, take the responsibility for investing souls, life, time, energy, intelligence, in a cause, and the resultant effect (the failures and successes) become my personal obligation to life. Thus the cause is carefully studied, its possible beneficial result on the race, the nature and capacities of the sponsor and volunteers, before such investment takes place.

All those invested are then, in turn, vested with the power and authority of the sacred fire to draw out of life everything their intelligence prompts them to call forth to perfect, protect, beautify and expand the cause they serve. They carry more power than the masses, for they have been cosmically ordained.

5th—During the entire course of embodiment, they work consciously or unconsciously for the cause they accepted at inner levels and I, naturally, am vitally interested in their progress. In times of crisis I am, because of my personal responsibility, privileged to enter into the cause with my power and light.

The Vestal Virgins

The activity of the Vestal Virgins has been little understood. They were lifestreams who volunteered at certain periods of Earth's growth to take embodiment and through devotion to the sacred fire, vitalized definite causes dedicated to furthering the evolution of the race. This concentrated presence of the sacred fire, drawn earthward, and sustained by the guarding lifestreams of the virgins, was the sustaining power of those movements—civic, religious, artistic, etc. The Vestal Virgins were VESTED with power and INVESTED in a world cause or a local cause, through my lifestream.

Gently, I AM,
Vesta

WHAT IS THE BRIDGE TO FREEDOM ACTIVITY?

The “Bridge to Freedom Activity” is a consciously-created “span” or “bridge” over which man’s consciousness may proceed into the consciousness of the Great White Brotherhood of divine beings, whose present, urgent endeavors are to save mankind and the Earth from colossal disaster at this time of great cosmic import, and proceed harmoniously into the permanent Golden Age ordained by God on Earth.

Through the “Bridge to Freedom Activity,” man can now cooperate with these divine beings and their councils on mankind’s behalf.

A bridge, to be worthy of the name, must have firm, positive anchorage at both ends of the span. There is no question of the divine side of life and their anchorage.

Now man, not by whip of human will, but by love of divine will, must volunteer to help anchor this side, so that the counsels, the plans, and activities of these great divine beings can become active on Earth as they already are in heaven.

KNOW THE TRUTH

“God’s will be done.” “Peace on Earth as it is in heaven.” “Life on Earth as it is in heaven.”

These cosmic fiats now must be made a reality on Earth, to, through and by all races, all creeds, all colors, for Earth’s divine destiny is to be the fulfillment of God’s plan, divine will, and divine wisdom, not man’s concepts and opinions of such.

“Know the truth” and the truth, when scientifically applied, will set man free. The truth and its scientific application is the consciousness of these great divine beings, who have graduated from human into divine consciousness, by right use of life.

Only one who has graduated from a human being into an Ascended Being is infallible and capable of showing another the way back home.

Thus again, the bridge is not only a convenience, but a necessary span, whereby the scientific application of divine law can be lowered into human consciousness, by those who have successfully applied that law, and therefore are the law as the word “Lord” so signifies.

In the “Bridge to Freedom” publications are given the divine explanation and practical application of the laws governing life. The “Bridge to Freedom Activity” is active in many places and countries on Earth.

The Signs of the Times

Since all mankind are involved, just so should all mankind now become vitally and actively interested, for all are using life, God's life, not their life. God-life is now, always has been and always will be, correctly lived only by loving obedience to the divine laws of life.

The "Bridge to Freedom" is the final span that now makes it possible for man to revivify his long-lost memory of God's laws, apply them under divine guidance and free himself and this planet while he yet has time, as the "signs of the times" are upon man right now! This is not scare propaganda!

The planet Earth and all her peoples are now under the divine fiat of God's will to fulfill his will, and move forward using light as their guide and tool—not shadows. Those who obey God's will, will move into action to do so now. Of these is the "Bridge to Freedom" made strong. These are the active bridge builders.

This new wine (spiritual truth) is not come in the old bottles. This new wine is come uncontaminated, directly over the bridge from heaven's realm, into the outer consciousness of the alert and earnest individual. Love—pure divine love—is its motive and purpose, tax-free and non-profit. Hear now these great Ascended Masters of Wisdom:

THE SUPREME IMPORTANCE OF THE HOUR

"Each of the seven planets of the present physical sun must be quickened to enter and sustain itself in the orbit of the graduating planet. Great Beings are delegated to the task of quickening the vibrations of those planets, and we—whose responsibility rests with the Earth—MUST prepare our planet and her people to vibrate at the rate of Venus' present perfection. We are, therefore, of necessity FORCED to reach mankind quickly, ALL OF THEM. For this moment have we invested in you our love, our life, our radiation, and I SHALL EXPECT EVERY ASSISTANCE in the cosmic push of the hour. EVERY OTHER PLANET OF OUR SUN HAS ALREADY SIGNALLED 'READY'—Yet the Cosmos must wait on the Earth, and we MUST SOON HAVE THAT 'GO AHEAD' sign from the hearts of men. HELP US SPEED THAT DAY."

(Beloved Maha Chohan, May 15, 1952)

THE REQUIREMENT OF THE HOUR

Again the new wine uncontaminated flows forth:

“The time has arrived when it is NOT sufficient to accept the existence of the Masters of Wisdom, it is NOT sufficient to gratify the feeling nature in reading and re-reading their words, it is NOT sufficient to invoke the light to dispel the darkness of human ignorance.

THE REQUIREMENT OF THE HOUR is to apply what has been taught, not only in recent years, but during the past centuries. THE REQUIREMENT OF THE HOUR is for man to acquaint himself with the present activities of the Great White Brotherhood. THE REQUIREMENT OF THE HOUR is for each man to turn within, to consciously contact and connect his outer consciousness with his own Christ Self thus becoming not only a receiving, but a radiating center, to all the life he contacts in his daily living.

To satisfy this requirement is the service that THE BRIDGE has come to render.”
(By Beloved El Morya)

THE MASTERS OF WISDOM SPEAK

MAHA CHOCHAN, The Chohan of the Seven Rays:

Learn the lesson of harmlessness, neither by word nor thought nor feeling inflict evil upon any part of life. Know that action and physical violence is but the lesser part of harmful expression.

EL MORYA, Chohan of the First Ray:

Will you please take your stand against releasing criticism in thought, feeling, or spoken word? You see, it makes the purification and cleansing of the earthplane an endless task, if those who know that energy acts according to their qualification of it, still continue to pour it forth, qualified imperfectly.

LANTO, Chohan of the Second Ray:

One of the chief requirements for spiritual mastery is discrimination. Call to me, if you wish—to my beloved Lord Maitreya, or to the great Lord Buddha, for that discrimination wherein you may recognize the Voice of the Silence.

PAUL, THE VENETIAN, Chohan of the Third Ray:

The sharing of individual consciousness is the sweet communion of true friendship and brotherhood. Those who serve us must make mankind aware of our presence.

SERAPIS BEY, Chohan of the Fourth Ray:

We are the bridge builders, and you are the foci for our endeavors to connect with the mind, the thought, the consciousness of all men.

HILARION, Chohan of the Fifth Ray:

Every man becomes individually responsible for the quality, which he charges into his energy as it passes through his mind, feelings and body into the world around him.

NADA, Chohan of the Sixth Ray:

To find God within oneself, is the purpose for incarnation, and the only way home again into the natural state of blessedness, peace and power, which such God-awareness brings.

SAINT GERMAIN, Chohan of the Seventh Ray:

THE BRIDGE is one way by which we share our vision with our chelas, and they share their life energies with us, in cooperative service, to the fulfillment of God's divine plan.

UNIVERSAL BROTHERHOOD

by Thomas Printz

The only common denominator by which all races, all creeds, all colors, can harmoniously adjust and permanently abide together in peace on Earth, is to understand and obey God's Laws.

Universal brotherhood is possible only by obeying God's rules for the right use of his life, wherever we may be.

This God-knowledge is now again released and but awaits man's acceptance, correct application, and right use, to bring about, harmoniously, the transmutation of all man's troubles. Such loving cooperation will usher in the last and permanent Golden Age for the Earth and her people. The laggards, the willfully disobedient and defiant, will take further instruction elsewhere in the universe, as the fiat of God's will for this Earth and her people is already so issued, so ordered, and is so to be fulfilled! SO BE IT!

ONE LAST WORD—"World Brotherhood," as sponsored by THE BRIDGE TO FREEDOM and all its subsidiary publications, does not constitute the leveling of all men to the sub-standards of the lowest strata of humankind, but rather the conscious raising, through education and competent guidance of the entire human race, through the individual, to the highest standards of moral, ethical, economical and spiritual maturity."

"PROVE ALL THINGS. HOLD FAST THAT WHICH IS GOOD."

One does not have to leave present affiliations in order to understand and apply the divine laws of his or her own God-given life. Acting in the spirit of the words of Paul to the Thessalonians, "Prove all things, HOLD FAST that which is good."

Therefore, once the inquirer has found what, to his understanding is good, he should hold fast to it. If he wishes to succeed in his endeavors, he should not mix the teachings of two different schools, even if one of them claims that it is similar to the other, or even an expansion or improvement of the other, as the Ascended Masters have said that no one can reach his destination traveling in different directions at the same time, or using different guides. The Bridge to Freedom Activity has no connection, whatsoever, with any other organization—old, established, or dissident.

An Invitation

This is a personal, special and loving invitation to you, gentle reader, to enjoy greater well being, abundance and real happiness, and to come NOW and help build the bridge back home to our Father's house, according to our Father's will and plan, and be free.

"Seek and ye shall find,"—Your search is rewarded!

"Call and I will answer,"—Your call is answered

"Knock and it will be opened,"—The door is now open!

WELCOME, All Races! All Creeds! All Colors!

THE BRIDGE

TO FREEDOM

**A Monthly Journal Devoted to Individual Unfoldment, Contact with
the Great White Brotherhood and Cooperative World Service**

NOVEMBER 1959

YOUR REASON FOR BEING

MONTHLY LETTER TO THE TRANSMISSION FLAME CLASS

The yearly ceremony at Shamballa, in this thirty-day period between November 15th and December 14th, is not only a world, but also a cosmic event, as representatives from all the planets of the system attend, as well as the builders of form, the angelic host and devas, presided over by beloved Helios and Vesta.

Another significant activity is the presence of the directors of the four elements, who direct the flame into their respective kingdoms, accelerating their evolutions considerably.

Representatives from all the retreats of this planet are of course also present, as well as the different Ascended Masters with the groups of their chelas, who act as transformers for the direction of the flame to all mankind, individually and collectively. There are also present all the sincere and loyal directors of sanctuaries and groups, with their students.

How is the alert and devout student to avail himself of this wonderful period of spiritualization of the Earth planet? This is done by preparing his mind and feelings with the reading of everything that has been written about Shamballa, Sanat Kumara and Lord Gautama, so as to facilitate his tuning into the high vibrations of this retreat, to enable him to achieve the purpose for which Shamballa was founded by Sanat Kumara. This purpose is to make every individual a "self-conscious light-bearer."

Beloved children who read these lines, the beloved Lord Gautama and I shall be waiting for you at Shamballa every night!

Love and blessings, Maha Chohan

HOME OF THE SPIRITUAL HIERARCHY OF THE WORLD
S H A M B A L L A (Over the Gobi Dessert)
 November 15th Through December 14th, 1959

Founder of the retreat and Regent of the World: Sanat Kumara; Hierarchy and Lord of the World (since January 1, 1956) is Lord Gautama Buddha; Color of the flame: Pink, Gold and Blue; Musical Keynote: "Song of India."

Statement for the Transmission of the Flame Class of November 21, 1959:

1	2	3	4	5	6	7	8
I AM inbreathing	Lord Gautama's	patient	love	and	illuminated	wisdom.	
I AM absorbing	"	"	"	"	"	"	"
I AM expanding	"	"	"	"	"	"	"
I AM projecting	"	"	"	"	"	"	"

References for sanctuary directors to prepare the Transmission of the Flame Class on November 21, 1959:

For descriptions of Shamballa: Please see "Bridge to Freedom Journal," Book 1.

THE MASTERS SPEAK ON SHAMBALLA

May you remember the glory of Shamballa, the light of this spiritual city, the enthusiasm and hope and glory that forms the aura, filling the atmosphere. How can words describe the Festival of Thanksgiving from the standpoint of wholly God-free Intelligences who can and do pour forth love, unqualified with human desire, gratitude for opportunity to serve, and praise to God for the use of life!

In song, in glorious color, in beautiful designs, the praise of the God-free beings pulsates out from the city, increasing the aura of the already-powerful focus, a thousand fold. The music of the spheres is greatly intensified by this period of joyous reunion of Gods and chelas and incarnate spirits, who live to serve life in their chosen orbits of expression.

It is no wonder that the dense lower atmosphere of Earth responds for a time to the hosannas and the spirit of giving, for it would be impos-

sible for any substance of energy not to feel the pressure of this glorious period, when God rests in his labors and his messengers gather the harvest of the year and place it at the feet of the Lord of each world and each universe.

Present Service Determines Future Assignments

Quoting one of the Ascended Ones: “In our kingdom, every twelve months, we are allowed the great privilege and honor of walking over that magnificent bridge of light, into the heart of Shamballa, bringing with us not only the results of our individual service through the year, but our energies and consciousness, and, in the radiant effulgence of the Lord of the World, we, too, are repolarized, revitalized and refreshed by proximity to his magnificent and radiant presence. Here in counsel, one with another, we discuss our service of the past year—we bring our harvest, even as you are bringing yours, before the Lord of the World and that harvest determines the amount of service that we are called upon to render for the coming twelve months. What we have done with the light given, what we have done with opportunities offered, what we have done with the consciousness and capacities that we have had at hand, will be a determining factor in our assignment for the coming year.

“As the Threefold Flame at Shamballa receives the harvest of each one of us, from the smallest elemental that made the tiniest apple blossom, to the greatest Archangel who rendered service in dissolving the compound, it grows and grows and grows, until it becomes a tremendous witness to that which every lifestream has accomplished through constructive energy within the year.”

The Release of Sanat Kumara

(El Morya-New Year's Eve of 1955) “SANAT KUMARA HAS BEEN RELEASED FROM HIS EXILE OF THE AGES! This decision by the Cosmic Law came as a complete surprise to all but a very few of the Celestial Hierarchy and it was my sweet privilege and honor to be invited to present the scroll announcing his cosmic freedom to him, as he stood wrapped in deep meditation within the flame upon the altar. After its reception, he remained for a long while gazing in profound contemplation at the gift of freedom within his hands, while the expression of joy and gratitude on the faces of the entire multitude, as they were made aware of its contents through my words of presentation, was beautiful to behold.”

The New Lord of the World

“The Lord Gautama Buddha, who has been preparing himself through long ages for this hour, now advanced slowly toward the flame, and Sanat Kumara, from his position within it, removed the crown from his head and placed it gently on the head of the Lord Gautama, who knelt to receive it, with hands reverently crossed upon his breast, in an attitude of humility and grace. Sanat Kumara then stepped forth from the flame and standing by the side of Lord Gautama, blessed and thanked the multitude present, and all life, for his release and expressed the desire to remain in Shamballa, as Regent, until the expiration of the time set by the Cosmic Law for his stay on Earth a few years ago. THE LORD GAUTAMA RULES AS LORD OF THE WORLD from January 1st, 1956.”

The Service of Sanat Kumara

Now, quoting from our beloved Maha Chohan: “The Great Sanat Kumara lived but to LOVE LIFE FREE! He abided for countless centuries of time in the impersonal light of Shamballa, which veiled his countenance from all but the Illumined Ones—the lesser sons of men, seeing nothing but the light of his love. From within this self-concealing light, he answered every heart-call, not by any impelling force of his own great will, but by the soft, effulgence of love and comfort and light. The recipient, with grail upraised, received of the ESSENCE of his very self, but never knew the giver! He lived here on Earth for aeons of time, unknown but by those great enough to pierce through the veil of his selflessness, and yet—WITHOUT HIM—our planet would not be.”

TAKING CARE OF YOUR FOUR LOWER BODIES

An Instruction By The Maha Chohan

Harmony, a Pre-Requisite to Drawing Light

Today we are studying the mechanics that govern the inner bodies. You will see, upon contemplating the notes, how the disintegration of the lower bodies begins to take place from the first uncontrolled thought and feeling that is allowed to break the natural harmony of the vehicles that are provided for the incoming soul.

You are dealing with a great number of individuals who have been lighting dynamite in their living rooms, from the day their eyes opened in the third dimension.

These people when they come into the light, turning their attention to the power of God, begin to draw more light into their bodies. This light would naturally harmonize and repolarize the lower bodies if a measure of self-control was maintained, BUT with the dissonance already so great, to just to call power into the various vibratory actions is to energize the already present discord.

If any individual who enters this activity were to harmonize himself or herself and enter these classes, drawing the power of light through the lower vehicles, he or she could create an immortal body in less than a year.

How to Disconnect Yourself from Discord

There is only one way for mankind to come back to a state of immunity which was symbolized in the Garden of Eden—that is, to consciously draw the light into the four lower bodies, and that light will act similarly to an electric charger, as it flows into each electron, causing it to spin more rapidly in its orbit and gradually accelerating the vibratory rate of the lower bodies, which, if sustained by conscious effort, will bring the lifestream to a state wherein discord and imperfection will no longer register.

The purpose of drawing the light consciously into one's body is to increase the vibratory action of the electrons by an added charge of power, and as each electron spins around the central core of the atom to which it belongs, its increased vibratory action changes the contours of the body and the processes of your thinking and feeling, and when this acceleration has taken place to a certain intensity the slower vibrations of discord, disease and disintegration can no more attach themselves to the set of vehicles attaining his state of acceleration than a turtle could mount a speeding express train.

Thinking Before You Speak, Act and Feel

Before man comes to the place where he may join the Gods, he must master the vibrations of his bodies to a point where they do not create dissonance in their own or another's world.

If you will think before you speak and act and before you feel, it will enable the elements of your bodies to return to their original beauty, harmony and peace, because as soon as the pressure of discord is con-

sciously controlled, the lifestream's natural state begins to establish itself as the Holy Christ Self returns the electrons to their natural orbits, and that is why individuals who have come to the place of mastery and peace attain great beauty and why all your Gods and Goddesses are expressions of divine majesty, divinity, glory and harmony.

Old Age and Disintegration

The appearance of your physical body is determined by the amount of light that is used within the four lower vehicles, the mental, emotional, etheric and physical bodies.

The natural emanation of light through the lower bodies forms the protecting wall referred to in your instructions as the Tube of Light.

When the electrons move more slowly in their particular organs and cells, they draw less light from the Holy Christ Self and the natural resistance of the lifestream grows weaker.

When the race becomes harmonious and the energy released through their bodies is never qualified discordantly, there will be no such thing as old age or disease and the vehicles, when abandoned at the close of that particular phase of life's experience, will be in as perfect a condition as when they were designed by the builders of form.

Growing More Beautiful As You Grow Older

When mankind takes a real interest in the vibratory actions that they allow to pass through their bodies, a state of very great harmony and beauty will be expressed within their lifestreams.

The bodies of the Ascended Masters, the angelic host as well as the cherubic and seraphic guard, are ever growing finer, and more beautiful as the energy pouring through the electrons is ever charged with more light, love and balance. Thus, the Master Jesus, who ascended many centuries ago, is a far more majestic figure today than at that time.

As above, so should it be here below and the lifestream who has attained to maturity should be more beautiful and exquisite in face and form as the years go on, and so shall it be in the days that are to come.

But for an individual with a conscious knowledge of this law, it would be a glorious experience and manifestation if a few of them would choose to experiment with this Law of Harmony and would allow us

freedom to create bodies such as have never before been seen on this Earth, since it began.

The Holy Christ Self of each lifestream is as beautiful as the most perfect angelic being that you could conceive of, and the individual Christ Selves will duplicate that beauty through any flesh form who desires it—with a little cooperation and conscious study by the personal self.

I am willing to assist in this experiment with any or all who choose to make the necessary effort at self-control.

The Elohim of Peace, the Master Harmony, the powers of purity and the builders of form will join you in this and it will be a very great privilege for your lifestream to render this service.

Prolonging the Usefulness of Your Bodies

When the battery in your car runs down, it is attached to an equipment provided to recharge it.

The battery of your physical, mental, emotional and etheric bodies is likewise depleted by constant usage and as that battery runs down, the vibratory action of your bodies becomes slower and slower—just as the revolution of the propeller within the car—and finally ceases motion, if the body is what you call “dead.”

When your bodies come to this state (which usually occurs from the early sixties onward), you immediately become a prey to the unseen vibrations that move at a similarly slow rate through the physical plane. These vibrations are sickness, mental disorders and ultimately the condition of disintegration, known to the mortal mind as death.

People say, “the resistance is gone,” which is true, because the amount of light allotted to the four bodies for that embodiment has been spent through excesses of emotional, mental and physical nature.

UNLESS such an individual knows how to recharge the lower bodies by consciously drawing light from the heart of God (just as the battery of the car was recharged), such an individual finally slips into the natural experience of disintegration and passes the change.

In the early Biblical days, men and women lived from seven hundred to a thousand years in one body.

How to Draw Light to Your Bodies

You have learned how essential it is to draw, from the Presence, LIGHT which is the food of the inner bodies and the only means by which their vibratory action can be accelerated.

How do you draw LIGHT? You draw it by the magnetic law of attraction. YOUR ATTENTION IS A FUNNEL. WHERE YOU DIRECT IT, THERE IMMEDIATELY BEGINS TO FLOW THE SUBSTANCE UPON WHICH YOU DIRECTED YOUR ATTENTION INTO YOUR WORLD. THROUGH THIS FUNNEL COMES THE ASCENDED MASTER CONSCIOUSNESS AND THE LIGHT OF GOD that never fails, or the human accumulation of the life stream upon which you fixed the beam of your attention.

In order to intensify or to increase the vibratory action of your lower bodies, YOU HAVE BUT TO PUT YOUR ATTENTION UPON ANY MASTER OR YOUR OWN I AM PRESENCE, and while it is there, you will naturally charge that substance of light as mechanically as the battery of the car is charged by the charger. Even to lie flat on your bed and visualize that LIGHT pouring through the four lower bodies for five minutes three times a day would greatly accelerate the vibratory action of your vehicles.

The more attention put on the LIGHT and the more LIGHT drawn into your vehicles, the more rapidly will they vibrate and the easier for you will it be to hold harmony, because when you vibrate beyond a certain rate, disharmony can no more register upon your flesh or bodies than a bumble bee can sit upon the propeller of one of your airplanes. It then is no longer an effort of will to have self-control, but you are so rapidly vibrating in thought and feeling that the human vibratory action ceases to be.

THE SEVENFOLD NATURE OF MAN

An Instruction by Serapis Bey The Purpose of the Seven Bodies

I would like to explain in detail the sevenfold nature of man, in order that the student may understand more fully the process of re-attuning the entire lifestream into a harmoniously balanced whole.

The seven bodies of man are:

- | | |
|-------------------------|------------------|
| 1) The Electronic | 5) The Emotional |
| 2) The Causal | 6) The Etheric |
| 3) The Holy Christ Self | 7) The Physical |
| 4) The Mental | |

All of these bodies were provided for the use of the consciousness of the individual flame, when working in any one of the seven spheres of manifest form, just as the outer garments are provided for rain, for sunshine, for feast days and for service.

The True Activity of Consciousness

Thus, each lifestream was in constant at-one-ment with the seven realms of manifest form, and when the divine plan so ordered, they might enter consciously into that realm and perform the service of the moment.

Originally, the consciousness was completely free from the seven bodies, functioning in them, but not influenced in any manner, by their independent action any more than a man, in the outer world, is influenced by his clothing.

The free spirit working through the seven bodies was thus a tremendous evolving force, to be used by the seven mighty Elohim in fulfilling the divine plan for the planet Earth.

The Origin of the Doctrine of the Holy Trinity

When the four lower bodies began to assert an independent and separate consciousness and will of their own, the sevenfold nature of man was no longer a divine instrument and the doctrine of the Holy Trinity was brought forth, acknowledging the three higher bodies which remained true to the divine principle.

The Revival of the True Activity of Consciousness

With the predominance of the Seventh Ray and the Master Saint Germain, the sevenfold nature of man will again come forth and the religion of the future will be in the complete balance and expression of the seven.

The Fall From Grace Through Four Avenues

Now, each man, while functioning through the seven bodies, fell from grace, or accepted a consciousness separate and apart from God in a different one of the lower bodies.

Some allowed the desire world to act independently of the Godhead, others allowed independent action through the mental world, some through the physical, and so on.

Therefore, no two lifestreams can be treated alike in bringing the seven bodies back into a state of grace and alignment, for the weakness that caused the first separation of their consciousness does not dwell alike in each lifestream's set of vehicles.

The Lower Bodies as Facets of the God-Self

The lower bodies are merely facets, through which the God-Self may flow, to enrich the seven flames of manifestation, yet the student is constantly influenced in his decision, in his application, in his service to the light, in his personal mannerisms and behavior by the consciousness of these various bodies.

Withdrawing Authority From the Lower Bodies

The student must withdraw ALL authority from the lower bodies and place the authority in the hands of the Holy Trinity of his lifestream, and allow the Electronic Body, the Causal Body, the Holy Christ Self, to be the only directing intelligence of the lifestream.

You can consciously surrender the forces of the four elements of the lower bodies to the Christ Self and then be constantly alert that God, and not these usurping powers, is the only acting presence through your form.

NEED FOR PURITY AND STRENGTH OF LIGHT

An Instruction by El Morya How to Manifest Peace and Ease

Beloved students, greetings. As each one of you call to me, El Morya, to enfold and charge you with my strength and purity of the light, you will manifest peace and ease in your feeling worlds first, and then it shall outpicture in your everyday affairs.

Need for Purity and Strength of the Light

First, to be happy and victorious in your service to life, you each one need both the purity of the light and the strength of the light in far greater abundance than any of you have yet called forth.

These two qualities are mine to bestow upon your lifestreams, without limit, as your desire for these qualities is expressed in your calls for them.

All depression, all lack and limitation, must go when one has enough strength and purity of the light. Please note well, this means that you shall be charged with a wholly balanced activity of these two qualities, which shall act in perfect balance through each one of your seven bodies.

Releasing the Love of Your Presence

Some of you may have had my strength in physical effort, but possibly lacked purity. Some may have had both strength and purity, but lacked these qualities in endurance. All lack, to a marked degree, my balanced strength and purity in the emotional and mental world.

Had you these Ascended Master qualities in these two bodies, there would be no lack of perfect peace and harmony in your feelings at all times.

Had you the sufficient strength and purity in your mental world—no word or thought of anything but the love of your Presence could be released by you to another of life's children anywhere.

Think well on this, my dear ones, and know that I ever stand ready to assist you, as I know your hearts crave that strength and purity of the light to express in love's balanced activity through you, each and every one.

The Necessity and Meaning of Your Call

We are conscious of your slightest effort, and sometimes in the struggle of your world, we feel the longing of your Presence for our help that may not be given except at your call. In this you will see the wisdom of the love of life, for in your call is the giving up or letting go—the surrender—and the struggle is no more.

Achieving Mastery

Dear blessed ones, know that the way ahead lies in fertile, flowered valleys of our peace and love as you will, in all you do, serve life within your own, pure hearts. In this joyous service of the outer to thy inner self is thy full mastery, for remember the words of him who said, "The greatest of these is he who serves."

Today, my precious, blessed ones of life, those of you who serve

thine inner self are forging on the eternal records of life such greatness for thy cosmic names, as all in the history of the past have not achieved.

Will you permit my cosmic strength and purity of the light of God that never fails, to assist you to greater heights and glory of thine own Divine Self? I am, in love and gratitude to your streams of life,

El Morya

THE POWER OF RADIATION **An Instruction by the Maha Chohan**

To fully understand the power of radiation, one must enter the fourth-dimensional activity, where the unseen, but powerful, rays are constantly vibrating from their manifestation of the God-life.

There is no such thing as an inanimate object; there is no place in this universe where there is no motion, no vibration or inertia.

Every electron that forms every atom, visible and invisible, is pulsating, constantly, with the heartbeat of the Father.

Radiation is the vibratory action of those electrons.

Man must let the energy from his bodies go forth to perform their cosmic service, with at least as much accuracy as the singing bird or the unfolding flower.

Every individual belonging to the human race affects mankind, enmass, with the breath that goes forth from him. No one lives unto himself, but THE VIBRATION, LIKE THE BEADS ON ONE STRING, FLOWS THROUGH THE ENTIRE HUMANITY WITHIN THREE SECONDS. The radio, the wireless and the television have proved the transcendence of time and space. Man's thoughts and feelings are being broadcast through the universe by an invisible hook-up, and these thoughts and feelings affect the lives of all the people on the planet, as well as the animal and nature kingdoms. Man, therefore, should endeavor to love more in accord with the principles expressed by Jesus.

One individual with a radiation of peace and harmony can affect the whole human race for good, and the Masters can use such individual as a conductor of their qualities and hand feed, so to speak, the inner bodies of the people.

But the Masters cannot use these individuals unless they are poised and at peace, for the same reason that the medical doctor does not allow a mother to nurse her child if she is subject to fits of anger, depression or distress, because the milk would poison the infant.

THE ASSOCIATION OF MASTER AND CHELA

Excerpts from an Address by Lord Maitreya, the New Buddha

I would speak to you briefly upon the affinity between Master and chela, because in order for the Hierarchy to better serve mankind, the God-free Beings, whenever possible, work with and through the consciousness of the individuals who dwell upon their ray and who have any sensitivity to the Holy Christ Self, and who can be reached, so that that chela becomes master in the world of form, according to his capacity and development.

Our endeavor is to pour as much of ourselves, our nature, our qualities, our gifts and activities into the world of form, as we can. As water will find its way through every channel that is open to it, so does the fully-gathered momentum of every member of the Spiritual Hierarchy flood down through the upreaching consciousness of everyone who offers himself in even the smallest capacity to serve. The further one goes along the pathway of life, the more developed that consciousness becomes, the less impersonal is the association between Master and chela, until finally there comes a conscious partnership, a conscious association and ONENESS, that can scarcely be described to you in this world of form.

In the case of the beloved Master Jesus, such oneness was achieved (with me) because of our practice through many centuries and because of our association at inner levels, and because of his complete surrender of self to my presence. This is not accomplished in a moment—it embodies many hundreds of years of living, but throughout those centuries, closer and closer and closer is the bond of compassion and sympathetic attunement woven, until Master and pupil are almost one.

You have heard what I have said, that when I wished to bless life, Jesus, himself, raised his hand. When I wished to enter cosmic service in Judea, there was my son and so ONE with me that there was no consciousness of two. It was just the Christ in action, and the service was performed. So it will be one day with you! Each of you advancing along

your own ray, developing your feelings, until you are attuned to your Master, developing your minds so that you may catch his slightest whisper, until your physical body is held, in reverence and dignity, as the communion cup through which that Master may bless all who are athirst. Then, truly you do become that cup, and the Master, conserving of his vital energies and forces, uses you as himself, in this world of form.

There is a period of growing, a period of developing, a period of maturing, before this association is manifest in full detail. I would bring to you here a point of the Law, which sometimes is not understood by the over-zealous, by the eager and the earnest ones. If you force your spiritual service before you have builded maturity emotionally—your balance mentally—your purification etherically—your endurance physically, you may suffer a setback when you begin the great task of teaching, because of the pressure of energy of your fellowman. When you are anchored and poised and balanced, when you are God-mature, when the Dove of the Holy Spirit has descended, as it did upon Jesus in the Jordan and the hour of your service comes and your Master and you are one—then you may move forward, drawing the attention of the multitudes.

WHAT IS YOUR HARVEST?

Thanksgiving is a cosmic festival and not something that is celebrated only in America, but has been observed for aeons of time by the great Spiritual Hierarchy who have served mankind for so long. These Great Beings have, for countless centuries, gathered at the holy Temple at Shamballa and poured forth their love, praise, gratitude and blessings to every part of life that has assisted them in any way—given even so much as a “cup of cold water” in their name—to bring greater understanding and perfection to the people of Earth. They were given a SEED on New Year’s Day—an idea, or plan, by which they might reach (and teach) more of mankind, and at Thanksgiving they bring the “harvest” of that seed and lay it at the feet of the Lord of the World!

In the Northern Hemisphere of the Earth, in the fall of each year, the wheat, the corn, the hay and various kinds of fruits, vegetables and grains provided for the sustenance of mankind, have come to fruition. The SEED that was planted within the earth many months before, has had the rain beat upon it, the sun shine upon it, the air blow upon it, and by the cooperation of all the elements. It has grown, matured and come to full bloom—and so it is harvested as a blessing to mankind! Just

how much genuine heart-felt thanksgiving does mankind, enmass, truly give to nature for this bountiful supply, with which they are blessed as Thanksgiving time draws near each year?

The spiritual teachers of the race bring a harvest each year, nature brings in a harvest each year, but few of mankind realize that they, too, have this same opportunity, and each year THEIR HARVEST IS MEASURED. Each New Year they, too, were given a “seed” of new life and energy from which a harvest is expected, and at Thanksgiving that harvest is viewed by God and the spiritual powers.

To each one who reads this, what have YOU done with the “seed” given to you last New Year? How have you used your life during the past year? Have you sincerely endeavored to bring greater purity, harmony, beauty and perfection to the Earth and thus ensure a bountiful harvest, or are there many weeds of selfishness, unkindness, hardness, irritations and their like in your sheaves? What have YOU done to make the world a better place in which to live?

Have you rendered some kind service to someone who crossed your path—someone who was not of your family or friends? Have you been kind and thoughtful to the birds, to the four-footed creatures who are unable to make a call to God for help? Have you been charitable in withholding criticism of some other part of life, when you do not know the pressures upon that one? Have you so lived during the past year that your harvest is GOOD of every description?

ORDER OF FRIENDS OF MERCY (F.O.M.)

The order of Friends of Mercy is dedicated to help lifestreams over the period of transition, when the soul leaves the flesh body. It is under the direction of the Ascended Master Saint Germain who, under the name of Saint Joseph, is well known as the Patron of a “Happy Death”.

How You Can Serve

Those selfless souls, who wish to help along this very important line of service, thereby receiving in due time, for themselves, the benefit they seek now for others, are requested to devote at least fifteen minutes a day to pray along the following lines:

1st—Call for Mercy’s Flame of Cosmic Forgiveness to sweep through the lifestreams who shall pass through the portals of so-called death during the period of twenty-four hours when the call is made, and during the rest of month and year.

2nd—Call to action the Angels of the Violet Fire, and the Angels of Lord Michael’s Legions with their Swords of Blue Flame, to stand at the side of each soul passing and sweep out the last vestige of human creation.

3rd—Call to action the Angels of Comfort from the legions of our beloved Maha Chohan, to wipe out all fear of so-called death and give comfort to the loved ones who remain.

4th—Call the presence of our beloved Saint Germain and the presence of beloved Maha Chohan, to take the departing one into their arms of light and love, and bring him or her to the Karmic Board to present the harvest of that particular embodiment, and then assign him or her to the appropriate school to accomplish the ascension without the need for another embodiment.

Act Now

Those desirous of rendering this important assistance, greatly required at this time, may apply now for free membership in this order. They will receive, from time to time, a bulletin with appropriate decrees and instructions to better render their service. They may also apply for prayers for their departed ones.

Address: Scribe of FOM, P.O. Box 5, Flourtown, PA.

THE BRIDGE

TO FREEDOM

**A Monthly Journal Devoted to Individual Unfoldment, Contact with
the Great White Brotherhood and Cooperative World Service**

DECEMBER 1959

A SPECIAL GRANT TO THE "BRIDGE"

In view of the extraordinary devotion, enthusiasm, cooperation and loyalty of "The Bridge to Freedom" students, and the increase of their number during the past year, a dispensation has been granted to this activity, which is the only one authorized to hold Transmission of the Flame Classes, by which part of the plan that will be presented at the Rocky Mountains Conclave at the end of the year, will be announced in advance. This way all of those who participate in the monthly Transmission of the Flame Classes may be prepared in advance.

Therefore, it is hereby announced that the Ascended Master sponsors for the year 1960 will be the Archangel Zadkiel and his Archaii, the Lady Master Holy Amethyst. The thoughtform for 1960 will be the Royal Purple Shield of Archangel Zadkiel, embossed with the crystal likeness of Holy Amethyst.

The calendar for the Ascended Master retreats to be opened to the worthy chelas, under the direction of Lord Gautama in the year 1960, will appear in the January issue of "The Bridge Journal," but in this issue the gentle reader will find particulars about the first retreat of 1960, which will be the Temple of Purification by Violet Fire of Lord Zadkiel.

We hope that the student body of "The Bridge Activity" will appreciate the importance of this grant, and will receive all the benediction it is meant to impart, enabling them to duplicate, at least in the coming year, all the devotion, cooperation and loyalty of the previous twelve months.

Thomas Printz (El Morya)

**REALIZING THE RESPONSIBILITY OF HOLDING
THE CHRIST IN YOURSELF
A Christmas Address by Beloved Mother Mary**

Beloved children, the Lord is with you this Christmas Eve, the Lord is everywhere I am, and I am within your beating heart! This night, as this small planet whirls upon her orbit and as the consciousnesses of mankind think kindly upon the angelic host, the celestial choir and the activities preceding and following the first nativity, it is a beautiful sight to see, from this shadow star, so much pure golden light, so much pink flame expanding out into the universe and the galaxy to which it belongs, making the Earth look more like the freedom star it is destined to be, than we, who look at it with the inner sight have seen for many an age and many an era.

The Concept of the Divine Man

I have come close into the atmosphere of Earth this holy season. It is naturally so. You come when you are called, when your name is spoken, when your intercession is asked. You come, even unascended, to those to whom you love to give the assistance, the benediction and the strength of your lifestream, when you are invited so to do.

Through this season, dedicated to the advent of my beloved son upon this sorrowing planet, the door is open for me, also, and I come close to the children of Earth, the children of my bosom, the children of my heart. While I have proximity to their consciousness, while they are thinking upon me and while their words rise in prayer and song, I endeavor to convey, with clarity and strong pressure, the immaculate concept, which I hold for each such a one, for each of you, and every soul upon this planet.

For everyone released from the compound, every sleeper, I hold the concept of the divine man or woman with flaming heart, majestic Presence, infinite power, co-creators with the Father of all—that concept which I held for one dear being long ago, and which did manifest against all the vicissitudes of fate, manifested in a man of strength and vital fire, through whom the miracle-working energies of healing flowed freely and who mastered even so-called death. That same immaculate concept, which I hold for you, must yield to me the same mastery and dignity and maturity through the souls in which you yet find yourselves bound. I SHALL LOVE YOU FREE, I SHALL LOVE YOU FREE, I SHALL LOVE YOU FREE, for you are my children, and all of this evolution, all of the souls that are the distorted outer selves of man, shall one day be transfigured and

transmuted to make the sons and daughters of freedom's star a manifest expression upon this world!

The Word is Made Flesh

Beloved ones, it was said long ago that "The word was made flesh" and dwelt among the peoples of Earth. Is that not true with every embodiment that takes place? As every individual takes embodiment, is not the capacity and power of the creative word "I AM" made flesh and through that one given an opportunity to express the Christ estate? So every day upon this planet Earth, where an infant cries, where a mother is delivered and a child is born, the great "I AM" is again made flesh, and when that infant reaches the point where the Holy Christ Self can control the vehicles of the vocal passage and identify himself, he will use that "Word made flesh" and recognize himself as that "I AM!" Sad it is, indeed, that from that first initial recognition, he so soon is drawn by the shadows that surround him into limitation and distresses in the homes and families where he must take habitation.

Individuals who are to become parents do not understand ANYTHING of what they might do to cooperate with the body elemental and the builders of form, in the creation of an instrument of great perfection through which the lifestream functioning could serve. If, particularly the women of the race could come to an understanding of their part in the actual forming of the nature of the child they hold, we could redeem this race so much more rapidly—but for the most part they allow nature and the builders of form, and the body elemental, to continue the miraculous and marvelous process of the creation of this physical instrument and marvel for a moment at the miracle of birth!

Beloved ones, I know of what I speak, having passed through an experience and an initiation which very few women upon this Earth have ever been forced to pass! Have you thought of the flawless lifestream of the Master Jesus, of the beauty of the emotional world, so filled with love and light, that he was chosen to be a representative to mankind of the Father of the entire system—an emotional body as delicate, as gentle as a dove, and yet as strong in its mighty faith as was required, a mental body so alert and receptive to the direction of the God-Self and the Presence, a delicate etheric garment magnificent, without blemish, without one scar or one stain—that is the being who I looked upon before I even asked for opportunity to prepare a physical garment FITTING for the habitation of such a spirit.

The Preparation of the Expectant Mother

Think you, you who have been given a test of a day, or seven, to maintain happiness or peace, think you what it would be if you were to remain nine full months and not allow one ripple of energy that passed through your emotions, your mind, your memory, your words or your actions that would make the slightest stigmata upon the coming Avatar! When the great beings ask you to try to hold an emotional stability or a mental buoyancy, an etheric resurrection of your good, you are not asked within yourself the responsibility of performing the great service of fashioning a physical vehicle as fine as the most magnificent carved ivory, as delicate as a rose petal, and yet as strong as steel!

Beloved ones, that service that I rendered helps me to know what the women of the race could do, were they, the moment that they knew they were with child, to endeavor to hold themselves emotionally at peace, tuning into my vibratory action or that of beloved Kwan Yin, keeping their minds upon clean and pure and beautiful thoughts, washing their memories of the impurities of the past, and keep their physical bodies as temples of the Most High Living God!

It is my dream and my prayer, and that of Kwan Yin, that a day shall come when every mother will kneel as I did, before Gabriel, and consecrate all of the energies of the lifestream to preparing the most perfect vehicle for the incoming soul—when every mother may say, “Behold the handmaiden of the Lord,” when there may be no mother in shame, in fear, distress, no mother, who through arrogance or vanity wishes to destroy the symmetry of her form, and none that would wish to destroy the life in her body. THIS MUST COME ON THE EARTH, beloved ones, for I, who does work in the Sacred Heart Temple, have looked upon the lifestreams that wait embodiment. That elemental substance which is the soul’s heritage I have endeavored to purify.

Answering Your Prayers

Beloved children of the one God, there are many prayers going up to me from sick beds, from death beds, from birth beds—there are prayers and there are masses and there are calls, and all of that is gathered by the great Silent Watchers of the various continents and it has formed a magnificent radiation into the higher atmosphere, over which we are returning the benediction and the blessing of the light, into the hearts of the student body and that of all mankind.

I remind you again, as I did long ago, you are the Diamond Heart, fashioned from my own hands, with my own heart's love—each cell, each lifestream polished and brought to its fullest luster and through this Diamond Heart may the currents of healing, the currents of peace and the currents of purity, the currents and radiation of healing and light flow to mankind through the world.

On this Christmas Eve, the entire planet is receiving that benediction, that blessing, that outpouring, as the first Holy Christ Mass is commemorated. Some of you have been thinking on that and I have, of course, myself today, for we are individuals like unto you. We have memories, too, but out of them have been taken all of the barbs and all of the sadness and all of the bitterness and only the sweetness and the perfume remains, and when we recount our tales, as sometimes we do, we have individuals who say they are only supposed to remember the happy things—how then do they bring to mind those things that were of travail?

Use of Those Having Human Frailties

Beloved ones, it was Lord Maitreya, in his great mercy, seeing the earnestness of your hearts, seeing the strong measure of your own soul's worth, and seeing your feelings of incapability doing these works, it was he, in person, who said, "Show them that you, too, knew joy and sorrow, uncertainty, and in showing them, perhaps they will have new courage, that just because they have frailties this does not mean that we cannot use them in cosmic ways."

I have thought back, today, to the times of the first Christmas and some of you wondered why I made that journey from Nazareth into Bethlehem, some of you wondered why Joseph, himself, could not have accomplished it and I, myself, in that time had certain thoughts about the wisdom of taking such a precious child upon a long and weary way, and yet the records and the prophecies had said, that in Bethlehem should be born the Beloved One, and so I was willing, even against reason, to go as we discussed its pros and cons. Joseph, too, said the season is inclement and perhaps the place is not as important as the perfection of the form and the protection of you both. I said, too, "Yet in reason's name, perhaps it should be so." But then, again, within me there rose that same tremendous impulse that I always felt was the approach of the angelic host, and I said, "No, I shall make this journey with you." So we went. The story you well know, and the manifestation of our beloved Jesus and his victory in the light.

My Luminous Presence Is With You

As you come to your midnight hour, and as we come to the climax of our outpouring of the Christmas Season, I will be, through my Luminous Presence, in every church, on every altar, in every home where my presence is thought of, or my son's name or birthday is kept.

Thank you for the opportunity of entering into your worlds, and thank you for patience in listening to just another woman who wants to see the world free, all of it, just as I saw Jesus on Bethany's Hill transfigured, triumphant and I knew for him there was no more sorrow. One day shall I know for the last man or woman from the compound, and then my service as Cosmic Mother of a sad planet will probably be completed, but I wonder even then if ever I shall let you go!

Thank you and a holy, holy Christmas and a magnificent God-victorious New Year! When you find your inner bodies difficult to master, think about what would you do if you were carrying a CHRIST WITHIN you and one wrong emotion or thought would necessitate the builders of form to abandon that embryo. The timing, the cosmic second, would be set off, while another mother was found! There was no time for a re-conception—and what do YOU hold in your hearts? THE SAME CHRIST! Do you hold your responsibility as I did? Let me help you! That is my reason for being.

USING THE POWERS OF YOUR CAUSAL BODY NOW An Address by Beloved Jesus

Beloved friends, I bring to you, today the truth, which is the gift and momentum of my Causal Body, established through the voluntary qualification of my life, over a period of many, many centuries previous to that, in which I gained the victory of the ascension. Oh, children of God, if you could see the treasures you are laying up in the glory of your Causal Body through this lifetime, of magnificent, constant, loyal, dedicated and enthusiastic service, how grateful you would be that you have chosen the wiser course, and that in which you have invested the life of God shall remain for you ever a cosmic battery, on which you may draw and which you may direct to any part of any universe or any star, to give assistance as you desire.

Making a Wise Choice

When we stand in the fuller freedom in the inner realms and see the waste of life, and then we are privileged to witness over a period of years, the consciously gathered, individual and collective, momentums of consecrated lifestreams, our hearts are filled with eternal gratitude, that some among the sons and daughters of men are choosing wisely, and building for themselves the instruments of the cosmos, for the length of each ray of light that proceeds from your Causal Body will be determined by the fully-gathered momentum of the battery of energy within that Causal Body, and if you are, in time, called upon to work in a galaxy other than your own, and your battery of energy should not have that full momentum, your ray would fall short of its goal.

Ah, children of light and of life, I, who have been summoned among others to render service upon many planes of consciousness and in many universes, have seen those, even the God-free, whose Causal Body did not reach to the periphery of the sphere of service which they wished to render—and that is a cause for spiritual remorse, indeed.

Use Your Causal Bodies

Your Causal Bodies are blazing with qualified momentums, carrying the colors of the qualities which you have builded into those Causal Bodies through year after year of study, contemplation, invocation, and mighty decrees. Oh, if you could see them, like beautiful, radiant, many-colored suns, standing around your own Electronic Presence! They will be yours for eternity! And some day when you address a system of worlds, you can say as I, today, “I bring to you the fully-gathered cosmic momentum of my faith, of my love, of my beauty, of my healing, and of my peace!” And all that you have gathered even in individual application in the wee small hours of the night, all that will be rushing like a great river when the sluice and the dam is opened and forced to the object to which you have directed it.

We are now coming into an understanding of your individual capacities to reach deep into your Causal Bodies, each one, and avail yourselves of the momentums of the power that is gathered there. Charge those powers from your Causal Bodies into those Tubes of Light! Charge those momentums of your Causal Bodies through the blazing light rays into conditions and into lifestreams that need assistance. That is already yours! It is as much a part of you as an account you hold in a bank and far more eternal. Pity it is that so many magnificent, gifted, spiritual

lifestreams allow the might of their Causal Body to lie quiescent until they enter into the victory of their own ascension, when they could be using it long before, although still in garments seemingly limited and moving among men.

YOUR ASSIGNMENT FOR DECEMBER 1959
(Transmission of the Flame Class of December 19, 1959)

Dear Children of Freedom,

December, as old students know, brings the yearly period of cosmic cleansing, of purifying all the energy wrongly qualified—without malice or evil intent—during the previous twelve months, so that mankind and the elemental kingdom may enter into the vibrations of the New Year with a clean slate, so to speak. The angelic host and other Cosmic Beings, as well as the Ascended Masters and their chelas, take an active part in this world and cosmic purification by the use of the Violet Fire of Mercy.

This action of the Cosmic Law of Mercy will be more intensified in this month this year, because, as the poet says, “Coming events cast their shadows before.” The coming event to which I refer is that the Temple of Purification by Violet Fire will be open on January 15th, 1960, and several weeks before, its purifying flame will be felt by mankind and the elemental kingdom, as well as by all sentient beings.

The question is, how is the student going to cooperate in this annual service of mercy? There are several ways. The student must wish, above everything else, the freedom and purity of all imprisoned life, he must invoke, daily, the purifying Violet Flame through his lower bodies and through all mankind, he must call daily the angelic legions of Archangel Zadkiel, to go into every nook and corner and purify life everywhere, and especially the student must forgive and forget all grievances and get ready to start the New Year as if he were stepping into a new life.

Dear children of freedom, this is your assignment in this thirty-day period, an assignment of purification, to enable you to precipitate from your Causal Body all the good you require at this time, with the use of the Chinese Green Precipitation Flame of my beloved Lord Confucius’ temple.

May this Christmas bring to you a sustained feeling of freedom and the coming year be your year of illumination.

Love and blessings,

Maha Chohan

THE TEMPLE OF PRECIPITATION
The Ascended Master Retreat of the Month
At the Rocky Mountains, U.S.A.
December 15th, 1959, through January 14th, 1960

Hierarch: Lord Confucius. Color of Precipitation Flame: Chinese Green with golden radiance. Keynote: "Oh Thou Sublime Evening Star," Tannhäuser.

Breathing statement for the Transmission of the Flame Class of December 19, 1959:

1	2	3	4	5	6	7	8
I AM	inbreathing	Confucius'	illumination	through	the chosen	teachers	of Earth
I AM	absorbing	“	“	“	“	“	“
I AM	expanding	“	“	“	“	“	“
I AM	projecting	“	“	“	“	“	“

THE PURPOSE OF THE TETON CONCLAVE

At the Rocky Mountain Retreat, the entire Spiritual Hierarchy and all awakened lifestreams on the planet Earth are in attendance. For twelve nights and days, these meetings continue in orderly sequence, and different studies and ideas are brought up before the members of the conclave, with a view to seek out the greatest possible assistance to the humanity of Earth in our endeavor to mould the appearance world into a replica of the divine plan.

There is presented the divine plan on the cosmic screen, and then there is presented the present appearance, in which various lifestreams are shown who are the "key" figures to be considered. Some of these lifestreams, fortunately, are members of the conclave, either consciously or unconsciously, and when this is the case, the progress and adjustments of the world picture are much easier to handle. In other cases, the world picture is held by the dominant will-power of human beings, which cannot be interfered with beyond a certain point. In these cases, Ascended Beings and unascended beings volunteer to enter into that particular world picture, with a view of throwing the weight and strength of their consciousness into it, in order to neutralize and balance the emanations from the lifestreams who are holding a picture that is not in accord with the divine plan.

The Plans For the Year

The plans for the year, relative to the Earth, are presented at the gathering at the Rocky Mountain Retreat and delegated to the brothers and sisters who form the natural channel for their expression. Then, from the awakened mankind, volunteers are chosen to form the contact with the world of form and matter.

Progress and Unfoldment of Activities

During the great conclave at the Rocky Mountains Retreat, there is a period dedicated entirely to the progress and unfoldment of the system, by which the young people are to be raised above the heritage of their human nature. As each succeeding avenue of service is presented to the conclave, the Masters in charge of that particular service become the officiating members and the Brotherhood and assembled guests pour their force into it, according to the requirements of the hour.

As the present growth and conditions are shown upon the cosmic screen, there are chosen, from the assembled guests, lifestreams who can and do offer to render service and assistance in the fitting of one or more parts of the great scheme into the present appearance, thereby changing its quality and nature until it coincides with the spiritual plan of the Hierarchy as presented by the presiding Master. Conscious chelas, like yourselves, are given a very important role in the establishment of fundamental vibration, which will form the pattern for new ages yet unborn.

The Presence of the Shepherds

At the retreat, one of the most beautiful ceremonies represents the presence of the shepherds, who have been given the responsibility of guarding and guiding souls through the preceding year. Each such spiritual shepherd receives great honor from the Brotherhood, for these spiritual teachers are the voice, the heart and mind of the Brotherhood before men.

This cosmic presentation passes before the assembled Brotherhood, the great Sanat Kumara, the beloved Lord Gautama, the Lord Maitreya, the Great Divine Director, and myself.

In the aura of the shepherd, or teacher, is the etheric record of the progress and unfoldment of each soul entrusted to his care. As the light

of heaven blazes upon the aura, the progress of the entire group is revealed in a flash, both individually and collectively, and the assembled Masters are then able to pour their spiritual force into whatever preparations and capacities are required to help both the teacher and the student toward a greater unity and enlightenment for the coming year.

Responsibility of the Members

Once you have taken your place as a member of these councils, your responsibility becomes far greater than that of the masses who are benefited by these conclaves but have not yet any part in the privilege of working for the fulfillment of the divine plan, in cooperation with the Brotherhood.

Decree

In the name of the Presence of God, which I AM, I call to you, beloved Lord Gautama and beloved Lord Confucius, to allow me to be a conscious co-worker of the divine plan, as delineated at the conclave of the Rocky Mountains Retreat, and I request all your assistance to become a conscious member of the conclave, so that I may be consciously present at the next meeting, and bring back the memory of everything needed for the successful execution of my share of the plan. I thank thee, because I know this is ALREADY ATTAINED!

CHARITY BEGINS AT HOME

A Christmas Message of Charity by the Cosmic Being Charity

At this sacred season, let us draw the quality of charity into us, the capacity not to pass judgment in the feeling world, not to criticize, not to condemn, not to find the error within the lifestreams with whom you are associated, but rather, to find the warm light of the spirit, that through that soul, is endeavoring to sublimate the outer nature and bring it again into perfection.

How much do you really know about the hopes, the aspirations, the dreams of the people with whom you are associated? How much do you know about the silent struggles and endeavors to overcome, which are hidden behind a mask of serenity at times, and sometimes passes through that mask and lines the face and dulls the eyes and makes the body heavy? How much real heart interest have you been able to gener-

ate within the great sea of the feeling world, in the souls of those who are within your homes, that form the body of your immediate family?

Trite has become the expression, “Charity begins at home,” yet I say to you, your home life and your religious group life is the place where every good virtue, every good feeling and every good thought should begin. Your home life and your group life form the retreat in which, in former ages, you would have engaged upon the task of controlling of energy, until your energies could blanket, transmute and sublimate the vibratory action of energy consciously directed at you to test your strength.

Many times, students on the path, live within homes where there are yet lifestreams engaged in the pursuit of happiness according to the prompting of the senses. So many times the emotional bodies of such sincere students radiate out a certain intolerance, a certain “holier than thou” radiation, which cannot be used to melt away the vibratory actions of distress in souls less strong than the individual on the path and who are gathered around such one for the specific purpose, not only of developing love within the student, but lighting, through the student’s heart, the souls of the weaker ones who have the contact with the Holy Christ Self and the Masters only through that student within the home. Would it be mercy and the wisdom of the law to place all the strong together and leave all the weak together? No! The love and mercy of God is such that one with great light becomes the radiation of the Master’s love, to generate a feeling of hope within the heart of all connected with that one, in home and business.

Love Comes Before Faith And Hope

It has been said of the qualities of faith and hope that the radiation of charity is greatest. This has perhaps not been understood. It is an activity of consecutive radiation, which flows through this triple action. An individual who wishes to bring faith and hope to a soul, must first give that soul real interested divine love, and there is no soul, no matter how dark its clothing, no matter how rebellious its nature—no matter how cynical its mind, no matter how disillusioned—who will not respond to the radiation of honest-to-goodness charity and love. This love stirs that soul to a point where it can accept hope of redemption, and generate again a feeling of faith in the power of God and all his kingdom.

Step Down Love Once A Day

Into the great sea of emotional energy where there seethes so many causes of distress through the ages, I can pass the substance of the Pink Flame and melt away the accumulation of discord. When your emotional body, your mental body and etheric body are actually filled with the essence of love, the pressure of that combined energy will act through the flesh in a practical manner, to make of love something that gives comfort to the life that is around you. Beloved ones, step down divine love consciously once a day—step it down into the sphere in which you are active, whether it is in your department stores, your office buildings, whether it is in your home life or your group activity, connect with that Flame of Love which is mine.

Promptings from God are always balanced, are always clothed with wisdom, they are always something that is a specific blessing to the race and will not cause hardship to some other part of life by reason of you playing the bountiful one.

Feel No Evil, Speak No Evil, Hear No Evil

Many members of the human race, who employ the name of Charity, only do so to soothe the conscience—a written check, a gift at the Holy Season, something that leaves the conscience free to play again with the activities of the senses through the year. But they are not the ones who radiate charity.

At this Christmas Season, are you willing to try to live in that consciousness—"To feel no evil, to think no evil, to remember no evil, to speak no evil, to hear no evil, to see no evil?" Count them off to yourselves at the close of a day! Check up and then, bringing the vibratory action of your various bodies into alignment, let your Christmas gift to God and man be a conscious remaining with the powers of your own God-self, and remember, charity begins at home! Do not be so busy with your own thoughts and feelings that you have no time to feel the soul need of your fellowman. Learn to be still enough to hear a heart-call and be in enough state of grace, that your life flowing forth may be an encouragement to some soul that is brought to you who needs a blessing.

THE BRIDGE

TO FREEDOM

**A Monthly Journal Devoted to Individual Unfoldment, Contact with
the Great White Brotherhood and Cooperative World Service**

JANUARY 1960

FOUR STEPS OF PROGRESS

In this second seven-year cycle of “The Bridge to Freedom Activity,” four important steps of progress have been made, to be followed by others. The first one was the re-organization that took place in July 1958, which was not the result of the sinister force, separating individuals, as some good people believe or want others to believe. It was the action of the separation of the tares from the seed.

The second step of progress was the dispensation, by which a vast amount of unpublished Ascended Master instruction has been freely given during the past year to the student body through the columns of “The Bridge to Freedom Journal,” which has received the appreciation of the student body, expressed through innumerable letters. This dispensation will continue during this year.

The third step of progress is that under the direction of beloved Serapis Bey, the new format of “Hope Magazine” emerges from its initial stages, and becomes in reality, a stepping stone to deeper esoteric philosophy, contained in “The Bridge to Freedom Journal,” by the explanation of the laws that govern health, opulence, peace and enlightenment.

The fourth step of progress—perhaps the most important—that has taken place, has been the removal of the Mother House of our beloved Maha Chohan, and the headquarters of “The Bridge to Freedom Activity,” under his personal direction, from Flourtown, Pennsylvania, to the vicinity of Charlottesville, Virginia, in the proximity of the Blue Ridge Mountains, over which there is the Etheric Temple of the beloved Archangel Chamuel from Atlantean days.

We are therefore in the process of the vitalization and expansion of “The Bridge to Freedom Activity.” This is resulting in the widening of the bridge from the Spiritual Hierarchy to mankind.

Thomas Printz (El Morya)

BECOMING AN ACOLYTE OF THE VIOLET FIRE
Monthly Letter to the Transmission of the Flame Class

Dear Children Who Wish to Expand the Violet Fire,

January is the month to make new resolutions. May I ask you to make at least one? Resolve to become specialists in the science and art of invocation, and in the use of the Violet Fire of Mercy, to purify your bodies, your homes, and your offices. Expand the Violet flame, and project it into every discordant condition in every part of the world, through the four elements and into the elemental kingdom.

1960 is going to be a year of cleansing in preparation for what is coming in the year 1961. Lord Zadkiel will be at the helm, as you know, with his legions of Angels of the Violet Fire, but he needs you. This is the reason why he is to establish in this year, the Order of Acolytes of the Violet Fire. Everyone who makes the resolution I have begged you to make, and keeps it, is a candidate to join this Order, and as such you will be taken in hand, given instruction, while your body sleeps, and used by the Ascended Host in your environment or anywhere in the world, as the need arises.

On the foreheads of those who are in earnest will be placed a replica of the Thoughtform of the Year, that is, the Royal Purple shield of Archangel Zadkiel, embossed with the crystal likeness of his Archaii Holy Amethyst.

The first requisite in qualifying for membership in this Order is to attend each night in consciousness, the etheric Temple of Purification over the Island of Cuba, which will be open between January 15th and February 14th, 1960. Lord Zadkiel, Holy Amethyst and my humble self will be waiting for you every night at the temple.

Love and blessings,
Maha Chohan

KEEPING HEALTHY AND YOUTHFUL
An Address by the beloved Archangel Zadkiel

Hail, spirits of God, walking the ways of Earth in your magnificent vow to resurrect and resuscitate the God-good inherent in all the life that is, and in all humankind that presently suffer from temporary distresses. As a priest in the art of invocation, it is always my joy, privilege and honor to explain, in the simplest terms possible, that that power of invocation is alive within every human being who has thinking capacity, a feeling nature, and the power to draw and magnetize the blessings from God's highest heaven into this Earth, which is temporarily distorted by shadows of one description or another.

Thus, as the priests and priestesses of the Order of Zadkiel walk again upon the planet Earth, we shall more quickly bring into manifestation the permanent Golden Age of our beloved Ascended Master Saint Germain, so that all on Earth may enjoy its beauty.

Your Opportunity Now

Beloved ones, on every planet up to the octaves of light, there are the great stratas composed of all the misuse of life energy, consciously or unconsciously charged with discord. At the end of an age and an era, these tremendous tides flow into and manifest through weak individuals who have appetites or sympathy of vibration to such discordant expression. That is why the statement is made, "It is always darkest before the dawn." This is true in the dawn of a world cycle, as well as in the course of your own twenty-four-hour period, through your personal trials, temptations, overcoming and the victory.

Now we have opportunity, you and I, to call for the removal of these concentrated intelligent beams of energy before they can longer find externalization through any member of the human race given the privilege of embodiment here for one purpose, and one purpose only—to bring forth more of God's divine plan and not desecrate the Earth with war plans and bombs and every kind of destructive and nefarious activity. One vested priest or priestess of the Order of Zadkiel, so invoking the powers of light into, through and around such conditions—audibly if alone, silently if in company—will bring all of the host of heaven and primarily, the beings on the Seventh Ray, into the atmosphere to remove those conditions and replace them by the perfection of the higher realms.

It is not enough, beloved ones, to look to a heaven in the “sweet bye and bye,” or to adore even our beloved Jesus’ victory apart from your own expression of victory here, where you now dwell. It is the requirement of the hour to draw forth that glory and perfection which the risen Christ manifested, as an example to all generations that have succeeded him, and to exude the radiation of the kingdom of heaven, which was the hem of his garment.

The “Hem Of Your Garment” Explained

What is “the hem of your garment?” It is the periphery of your emotional vehicle, beloved ones, each vehicle fitting inside of the other, your physical vehicle interpenetrating your etheric, the etheric then by the mental, and then the emotional vehicle through which your life flows—that is the hem of your garment!

Are all those who touch it healed of distress, given comfort and peace, resuscitated and renewed in mind and body, in consciousness? If that is so, blessed be your light! If you are yet to reanimate that spiritual garment, blessed be your desire, unselfish, motivated by the request to help the God that made you. Those of us who serve with you will bring into, through and around you more and more of the glory and perfection of God’s kingdom.

Bringing Music Into Your Activities

The divine music and harmony of the angels, the seraphim and cherubim as they swing through space upon their appointed tasks, that music shall be the heritage of the Earth and her peoples when the very Earth herself, moving on a straightened axis, emits the hymns of praise and gratitude to God for life and all that is upon the Earth, when every human being is becomes cognizant of the magnificent gifts of life on the Earth, in the water element, the air element and the fire element, all who have been willing servants to the human race, through aeons of time.

One of those activities, which brings music into your endeavors, auras and Tubes of Light, is gratitude to God, gratitude to your fellowman, gratitude to nature, gratitude to all that is! It raises the vibratory action of your inner vehicles and it is a health measure even to your flesh garments—gratitude to your heart and the organs that make up your vehicles, gratitude to your hands and feet, your eyes and ears—ALL of them serving you throughout the course of an embodiment, giving to you the flexibility and mobility of their ultimate potential expression.

Healing Yourself and Others

Those of you of more mature years can be grateful for the young, for they are yet thoughtless, enjoying the pleasures and the freedom of today, although not the wisdom that comes with tomorrow. It is one of our petitions and fiats to the Law that the young in mind and body learn gratitude for the gift of life and utilize the best years in the establishment of God's kingdom on Earth, not waiting until is mostly spent and hoping then to enter the gates of the eternal freedom by a few years of atonement. Then, when the vehicles begin to expire from use, there is so often seen, among the most sincere and worthy of chelas, a sense of impatience with whatever organ, cell or part of the vehicle that has functioned sometimes for eighty years, because it does not function as it did at eighteen!

Instead of impatience, pour the living fire of gratitude to those organs and cells, to your eyes and ears and hands and feet, to every cell and atom that has served you in this life—within that feeling is healing! Be grateful, blessed ones, grateful for the use of life and grateful for all of that life which serves. Thus, you resuscitate yourselves! Thus you can resuscitate others, hundreds and thousands of individuals in homes and institutions of every kind and description, who have no one to whom they can confide their fears of the “unknown,” and instead of the gratitude which is a magnificent radiation of love divine, there is rebellion, resentment and fear and hate pouring out from those places.

You do not have to enter homes, asylums and hospitals physically. You could not, if you took a pilgrimage of a whole Earth life, enter all, but you can call to the God of love, to the beloved Jesus and his Holy Mother, to me, to direct right into the very heart center of every such place of incarceration that flame and feeling of gratitude, anchoring it there and letting it be a buoyant feeling, and what happens? The dark grey and black effluvia is replaced by the pink, the rose, the violet and the purple light which is upliftment, not only to those individuals, but to those who serve them. This is ONE of the activities that in five minutes a day, you can render to imprisoned life!

Using the Violet Fire Through Every Prison

How about your great stockyards where there is so much fear and death, where elemental life is filled with rebellion, natural in such sudden demise? Focus the energies of the Violet Fire there and feel it acting in, through and around all those who are taken there, all those who are responsible for the activity of the preparation of food, and following the

instruction you were given to charge the water, CHARGE AND CHARGE AND CHARGE EVERY ELEMENT THAT ENTERS INTO YOUR PHYSICAL BODIES with the most powerful activity of GRATITUDE FOR LIFE, the resurrection of the divine pattern and plan for your life and for all life and let it act for you. This it will do!

You have not seen the continental surface of your entire Earth globe and what has been there that requires the activity of transmutation for the relief of the peoples who live there at present and who are to live there in the future. Establish that activity of the purifying agent of the Violet Fire through every prison, gallows, electric chair, all means presently employed to render an accounting to society, as well as those unhappy individuals who, for money, accept positions that cause the removal of human beings from this Earth by artificial means and before their time.

No Interference with Human Life Permissible

The God who has created each and every one of you had a time for your birth and has a time for your release, and there is no unascended human being that can interfere with that without having a tremendous karma recorded in his own world. We are endeavoring to remove that cause and core of the record and memory of it from each such a one.

Every parent who has not allowed, through the gates of birth, a new soul to enter into embodiment, for any selfish reason, must meet the Karmic Board and meet that soul, too, and make things right! Every illegal practitioner who has contributed to this practice has also a debt of karma which must be paid, but we pay a great deal of that for them, for each and every one, through the use of our presence in the atmosphere of Earth, and we are coming into your presence whenever you choose to have us abide with you.

I move forward into the affairs of men, into the worlds of each of you, and with me come all of the angelic kingdom, until His crowned head and magnificent robes are visible to the physical sight of all mankind, and all shall truly bend the knee in gratitude to their cosmic king.

A holy and blessed and sanctified year be yours!

**DISTINGUISHING THE TRUE TEACHER
FROM THE FALSE
An Address by the Ascended Master Jesus**

Individuals, from time to time, are of the opinion that there is no need for a mediator, or bridge, to connect the God-self with the outer intellect. These people are honestly and firmly convinced that as the God Presence I AM is connected through the Holy Christ Self with the heart of every lifestream, outside means of communication and spiritual guidance are unnecessary. To these people I address the following, having been a mediator and having served the Hierarchy to carry the word of God to the ignorant masses:

The Purpose of a Mediator

The purpose of a mediator is to convey the truth from the heart of God to the outer minds of individuals who have lost their personal and direct contact with their own divinity. When this purpose has been accomplished, no mediation or transmission of consciousness is required, but until this point is reached, the outer mind of men, unable to rise to the inspiration of their own Higher Selves, are benighted. Through the mercy of God, they are given enlightenment by those who have attained a degree of evolution so that they may climb the mount of attainment, assimilate the truth and carry the knowledge of that truth back to the pilgrims on the path. The wise pilgrims will avail themselves of the cup thus offered and in so doing their climb up the Mount of Attainment will be less arduous.

Every lifestream on the planet has had direct communication with the God-Presence from the time individuality first took place. Over every lifestream on the planet hovers a Silent Watcher, and yet, without a mediator or spiritual guide in flesh form, these individuals are unable to receive direct guidance from their own God-Presence I AM.

God, in his mercy, has thus provided spiritual counsel—a step down through physical bodies highly developed, as mediators of this counsel—which turns the outer self towards truth.

The True Mediator

Many false mediators have come, but you can always test their reality in this manner: If their teaching turns the outer self toward the individual's own God-Self I AM, that mediator comes from God. If such a teacher makes the individual dependent upon his or her personal identity and keeps the aspirant looking to him or her for instruction and guid-

ance, rather than his own Divine Source, then such a one is not a true mediator.

Humanity is like a great group of people on one shore of a wide river, where there is neither food, nor drink nor sunshine. On the other side of the river is a land flowing with milk and honey. Humanity is unable to cross the river into this land of plenty except through by means of a bridge! Those who are wise walk on the bridge into the rich and fertile land and receive of its bountiful nourishment and carry it back to their less alert brethren, who refuse to enter the rich land by means of a “bridge,” preferring to remain in privation, until they can cross the river under their own motivation.

A bridge is required until the spirit has developed, through repeated crossings to the other shore, where all truth is attained.

The “Bridge” Is Required

Levitation is of the spirit as well as of the body. When spiritual levitation is developed, each individual can plunge into the heart of his own God-Presence and bring forth the fullness of truth, but the mass of mankind will never develop those spiritual powers until they use the medium of the “bridge” to carry them into the realm of truth, where they may sit humbly at the feet of the Master and acquire the ways and means by which their own spiritual perception is developed.

A man who is starving is wise to walk across the “Bridge” to the land where his supply and food and clothing and sunshine are easily attained, not condemning the “plank” of the bridge, but availing himself of the mercies that such a span affords.

CALENDAR OF HOLY DAYS FOR 1960

March 17, Thursday	St. Patrick’s Day
April 17, Sunday	Easter
May 1, Sunday	Saint Germain’s Ascension Day
May 8, Sunday	Day of Lord Gautama’s Enlightenment
May 11, Wednesday	Wesak Festival, 0:43 a.m., E.S.T.
May 26, Thursday	Jesus’ Ascension Day
June 5, Sunday	Pentecost (Whitsuntide)
July 8, Friday	Asala Festival, 2:37 p.m., E.S.T.
August 15, Monday	Mother Mary’s Ascension Day
September 30, Friday	Angelic Harvest at Shamballa
October 31, Monday	Elementals’ Harvest at Shamballa
November 1, Tuesday	All Saints’ Day

November 2, Wed. All Souls' Day
November 30, Wed. Mankind's Harvest at Shamballa
December 25, Sunday Christmas Day

SELF-MASTERY

An Address by the Maha Chohan How to Change Your Consciousness

To treat a lifestream with a view to a permanent unfoldment of his spiritual nature, we must change the consciousness of that individual. Every thought and feeling the student entertains, even for a fraction of a second, becomes part of his consciousness and will form the environment in which he must dwell. Therefore, the student must start to cleanse the consciousness of impurity and imperfection.

Man's pure consciousness is polluted constantly, by every appearance that he accepts and allows to enter his world consciously or unconsciously. These appearances, dwelling within him, form the cause that reflects on the screen of his life, and will continue to remain there until such an individual chooses to cleanse his inner world by the use of the sacred fire, and replace these tramp thoughts and feelings by consciously generated and carefully chosen constructive thought and feeling images, which will, by the very Law of Life, manifest in the appearance world as perfection.

Rooting out Fear and Doubt

Whatever is most frightening to your inner nature attracts a host of malefic forms, which present themselves to your inner vision with the firm conviction that your energy being thrown at them will give them almost immortal life. To root out fear and doubt is to render these creatures harmless and thus stripped of the sustaining power of energy, which keeps them alive, and they will disintegrate into their native nothingness.

On the other hand, the best idea in the universe never became a manifestation until some unascended being took the energy of his own lifestream and voluntarily clothed that idea with the substance of the physical world, and thus gave it form and outline.

Never Picturize Imperfection

One of the rules of the Great White Brotherhood is never to picturize an individual imperfectly. Every lifestream is endowed with the birthright of perfection. When any individual recognizes imperfection in any other lifestream in the universe, he is dishonoring the will of the Father, who created man in his image and likeness.

Remember that when you recognize imperfection in any individual, you are disobeying the Father, himself, who created man in his image and likeness and who sees him always as that perfection.

For any student to energize thoughtforms of imperfection is a SIN, and for any student to give these thoughtforms the substance of their own lifestream, whereby they might take physical incarnation, is a responsibility, which such a one must face before the Cosmic Law. The only activity that any conscious student of the light should be engaged in is to create forms for expressions of beauty and perfection.

Bringing Forth a Manifestation

Every physical object in this universe was preceded by an idea in the mind of man or in the mind of God. These ideas are the cause that lies behind every manifestation—from a stone to a star.

Every manifestation in your own life was first presented to you, or to someone in your environment, as a mental concept or thoughtform. This proves the power of thought in moulding the very environment in which a man lives.

As there are many more divine ideas than there are receptive spirits to receive them, we are always eagerly looking for lifestreams to whom we may give the inventions, which they can translate into practical physical objects, which will interpret the will of the Divine Mind for the blessings of this universe.

The Intuitional Faculties

The student should constantly strive for the unfoldment of his intuitional faculties. When we can achieve the unfoldment of the intuitional faculties of the student to a point where he or she does cooperate with the divine plan, we have a more pliable vessel, which can be used on a moment's notice, when it is not always possible to contact the soul through the medium of the intellect.

Detachment from the Mass-Consciousness

The mental and feeling worlds of mankind are one. An individual who aspires toward spiritual illumination and freedom must detach himself from the mass thoughts and emotions of the people, by withdrawing the magnetic pull of the essence from the appearance world, and as those senses are focused on the quality of the spirit, the spirit responds in drawing such a lifestream into a oneness with the Ascended Masters' kingdom.

ASK TO BE CONSTANTLY ENFOLDED IN OUR LUMINOUS PRESENCE. ASK THAT THE FLAME OF THE MASTERS BE PLACED UPON YOUR FOREHEAD. ASK TO BE SEALED AGAINST THE INTRUSION OF THOSE EXTERNALS, WHICH YOU SHALL, BY NECESSITY PASS THROUGH.

How To Use God-Power

It is not so much an effort of the outer man to leap the chasm, as it is for the outer man to let go the authority, which he has claimed. Invoke the God-power to do that which seems impossible of accomplishment, and if you can let go enough, the God-power will do for you what you can never accomplish of yourself.

God can be addressed in simple terms and God will never fail to respond when given the opportunity to act.

This opportunity comes when the personal self acknowledges that without the power of the God-self, nothing can be done, and then if he addresses God as one would a good friend or Father and CALL this God-power into action, he will prove that God is an ever-present help at all times.

Saint Germain says, "Put God to work." Every time your attention returns to a condition, or the problem in question, INVITE GOD again and again to act.

I would like you to get used to this activity in a small way. In raising a window or in closing a door, put God to work. Your momentum gained by such daily practice will manifest for you what would seem to be miracles, to those who have not built up that momentum.

Practice the Presence! Saint Germain has said, "Practice the Presence!" Practice the Presence in living. Practice the Presence in talking. And then when you require the FULLNESS OF THE PRESENCE, you will find that "practice has made perfect," and the Presence will answer your call in all its fullness.

HOW YOU CAN HELP THE ANGELIC HOST
An Address by the Beloved Mother Mary

The angelic hosts are the representatives of love. They are the embodiment of the divine thought and feeling of the Godhead, and their bodies are made up of the pure electronic light that fills the Ascended Masters' Octave and which forms the vehicles of the Ascended Host, as well as the Electronic Bodies of the unascended humanity of the earth-plane. These beautiful bodies are pure God-essence, vibrating at the highest speed, and express the most perfect tone of love and light in the universe.

In order for these Perfected Beings to render service to men in the outer world, they must descend into the sphere of activity in which their service is to take place, and in so doing, their bodies undergo a change in vibratory action, corresponding to the sphere or plane in which they are serving, in order that the electronic substance in the lower sphere might receive the full radiation that they bring. If they remained in their pure and perfect Electronic Bodies, the vibratory action of their release of love and light, healing, purity and peace, would be so rapid, that the denser and coarser vibrations of the lower sphere would record but a very small part of their outpouring.

The Service of Archangel Michael

A great many of the angelic host, particularly the cherubim, have never functioned in the lower spheres, remaining constantly above the vibratory action of discord, as represented by the four outermost spheres of the kingdom today. However, the Archangel Michael and his legions are particularly endowed with the capacity to function in the mental, etheric and emotional planes, and they take for this purpose, vehicles made up of the purest substance that these planes can offer. This brings them much closer to the sense consciousness of the people and makes it possible, from time to time, for the veil to be parted and the veiled glory of the angelic form to be revealed to some of the astute members of the human kingdom.

The people who admire the beauty and perfection of the angelic host little realize that their splendor is dimmed by mercy, and that the awe-inspiring presence of these mighty beings is but a limited expression of their true perfection, when functioning in the higher octaves.

Ascended Masters and the Angelic Host

The advent of the sacred season places the attention of mankind upon the members of the Spiritual Hierarchy, the heavenly host, and the angels, which allows a tremendous outpouring from the perfected side of life and draws into the lower spheres many thousands of those representatives of love, who perform a service and give a radiation through the mental, emotional, etheric and physical kingdoms, by identifying themselves with the atoms that make up these various realms.

The Ascended Master, under whose direction the angelic host work, directs the cosmic rays and assists the angelic brothers in the process of lowering the vibratory action of their bodies to a point where they can tangibly assist the kingdom in which they are temporarily stationed, and when the Master withdraws the ray, the angels automatically increase their vibration and return to their former estate. That is why you have seen, in the representations of the early artists, the rays directed by the Master, and the angel representing the culminating point of such a ray.

How You Can Help

Here we have the particular service that I feel you can render during this season: Any of the angelic brotherhood can be offered the full use of your inner bodies, for a temporary habitation, in order to form a radiating focus in the lower spheres. This provides for them a set of vehicles, and obviates the necessity of the Masters to use tremendous force to create temporary vehicles for the angelic brothers, and saves the force required by the Master in holding the ray, that the angel might be sustained in the lower realm. In this way, the angels and men working together as conscious members in God's service would form a tie of brotherhood, based on cooperative service, and their very close association would develop a spiritual affinity and consciousness, and through the blending of the two lines of evolution, both parties would be tremendously accelerated in their spiritual evolution and the tremendous force of the Gods could be utilized in another manner for the good of all.

In the coming days, when the Ascended Master Saint Germain fully takes command of the predominant consciousness of the people, the angels and men will consciously and constantly abide with each other and be co-workers in both kingdoms, but in following out the above suggestion, I would say that the assistance to the lower spheres, through the anchorage of countless angels, who are radiating centers of love, kindness, patience, beauty and perfection, would reveal to you the full truth of this.

Becoming A Co-Worker

As my service is directly concerned with the angelic host, and as I see countless opportunities for the establishment of members of that brotherhood in the many places where mankind is in such distress and agony of body and soul, I would that the students understood, more fully, how they might become conscious co-workers with me, in offering the bodies of all people in distress and those incarcerated, to the Ascended Host, and the angelic beings, who would establish themselves within the strata of the mental, emotional, etheric and physical distress, would, by RADIATION change its quality into perfection.

HOW YOU CAN CHANGE YOUR LIFE EXPERIENCE

An Instruction by the Maha Chohan

Every man, woman and child designs his life's experience by the thoughts and feelings he holds in his consciousness, and to change the external world, he must learn to change the thoughts and feelings within. To think of a negative and imperfect condition is to create a mental picture, which stands in the invisible, and which sooner or later will manifest in your affairs.

You must learn to think positively, constructively, and perfectly. You must learn to think consciously and steadily, and as you begin to entertain these opulent, healthy, peaceful thoughts, they will take form and dwell among you.

Inharmonious Energy an Atomic Bomb

The magnetic center of the atoms is the LOVE OF GOD, and an atom smasher, with all its powerful dynamic pressure, can only release the electrons in one atom, whereas the energy in the emotional body, passing through the atoms of the physical form, completely shatter the magnetic pole within the atoms that make up the body, until you have the disintegrated forms manifest by the human race, after thirty years of age.

When one comes to an understanding of the Law of Life, he or she must realize that every atom in the body, revolving around a core of love, is affected by every emotion which sets them off center and it delays the progress of the lifestream and more quickly brings disintegration and death. Harmonious energy strengthens the magnetic center and brings eternal youth, harmony and health.

Use of The Violet Flame a Necessity

The mercy of life has given you the Violet Flame, which you may pass through your miscreations of the past, and then begin anew to create, in thoughts and patterns of perfection, what you would like to see expressed in your world and experience. Pour through these patterns of perfection a harmonious feeling, and they will manifest to you.

Help of the Ascended Masters

DETERMINE WHAT YOU WANT TO MANIFEST, AND THEN ASK THE ASCENDED MASTERS TO POUR THEIR FEELING THROUGH YOUR PICTURE AND ENERGIZE IT BY THEIR LOVE AND LIGHT, and in that manner you can re-create and re-charge the manifestations around you, even as you can draw an eraser across a blackboard and wipe out a sum, and write it anew, in a more perfect manner.

Use of the Sacred Fire

UTILIZE THE SACRED FIRE WITHOUT LIMIT, AND THE REALM OF INNER CAUSES WILL BE SET INTO ORDER BY THE COSMIC LAW, AND THE SOULS OF MEN WILL NO LONGER BE DELUGED BY THEIR HUMAN CREATION.

The wise individual, once understanding that every experience and manifestation in life is but an outpicturing of the inner consciousness, generated through hundreds of centuries, INVOKES every activity of purification through the inner causes, and such a one is thus, by his own conscious effort, set free from the karma that would otherwise manifest in his experience. When the consciousness is so cleansed and purified, it is then a glorious cup, through which the Divine Beings may pour their thought, precipitating them into form.

Remain within the Heart of Your Holy Christ Self

Human beings, for the most part, are functioning in one or more of the lower bodies, instead of remaining in the heart of their Holy Christ Self and directing their activities through these lower vehicles, for the uplifting and balance of all.

As the Ascended Master Harmony explains in detail, the self-conscious individual, inhabiting the seven vehicles making up the one lifestream, must come to a point of mastery, wherein the cosmic keynote of such a lifestream is played through the seven bodies in a rhythmic pulsation from within out, that cannot be disturbed or varied by any

pressure of energy or vortex of force in which the seven vehicles might find themselves at any given moment. When the seven bodies of the lifestream are vibrating at a harmonious rate that cannot be affected adversely by the appearances of the outer world, such a one has become master of energy and vibration. This individual, setting into action cosmic causes within his or her consciousness, knows—in a tensionless, confident manner—that the energy of his lifestream, passing through his bodies, will produce the effect which is an exact outpicturing of the inner cause he sets up consciously, through thought and through feeling.

Constitution of the Electron

Electronic light is the primal substance from which all created form is composed. Each electron is composed of a point of flame, and the radiation from that flame forms its aura, or forcefield. The entire electronic force in the universe forms the body of God, and is intelligent life.

Thought and Feeling in the Building of a Form

Electrons are drawn into form through the designing faculty of mind, and the speed at which they revolve within the mind pattern is determined by the feeling, which pours through them and sets the pattern for the vibratory rate. Thought, therefore, is the cup, design, or outline into which the primal substance of life is poured, and feeling is the vibratory pulsation sent through the electronic light, which gives it its quality of manifestation. The student must master the faculty of concentrating his thought processes into constructive pictures, and entertain these pictures within his mind. He realizes that the quality of his picturization will be determined by his unconscious, or conscious, feeling which permeates the thoughtform entertained within his consciousness, and if the feeling be harmonious, the cup which he creates, when manifest, will vibrate at the rate set by his feeling world, and his manifestation will be as perfect or imperfect as the constant state of that feeling.

THE BRIDGE

TO FREEDOM

**A Monthly Journal Devoted to Individual Unfoldment, Contact with
the Great White Brotherhood and Cooperative World Service**

FEBRUARY 1960

VISUALIZING THOUGHTFORMS OF THE MASTERS

Through the power of visualization, you can create cups of the Ascended Master's likeness without any limit.

Every time a person thinks of an Ascended Master, he creates a thoughtform of that being, and when he pours his love to that being, the thoughtform takes on the love of the chela for the Master and begins to pulsate in the consciousness of the chela. At the same moment the Master, whose likeness the chela is contemplating in thought, pours the substance of his love into that thoughtform and energizes it with his consciousness.

Energizing the Thoughtform

You may have tremendous assistance through uniting your consciousness with any one or more Ascended Beings and allowing them to present, to your inner vision, their cosmic thoughtforms—uniting your human vision with the divine picture they give you, and drawing on the cosmos for the COSMIC FEELING to energize the thoughtforms, uniting with it your human feeling world. Such an individual could precipitate a temple, or a city like Shamballa, directly from the sky.

This will give but an inkling of your power to unite your faith—your creation—your Father-Mother attributes, with the cosmic Father and Mother and Holy Spirit.

Maha Chohan

EL MORYA AND THE BRIDGE ACTIVITY
An Address by the beloved Maha Chohan

In my home, at Ceylon, we have a conference room where I am privileged to meet with the seven beloved Chohans who work with me, whom I call my seven sons! The interest and enthusiasm that each of them shows, when we gather together, in the fruits and harvests of your combined endeavors through the months and years, is beautiful, indeed, to behold. I, myself, would like to give you my gratitude for that very beautiful response to the Ascended Master Saint Germain and the Ascended Master Morya, which has proved, beyond a question of a doubt, that the investment of their energies in individual lifestreams has proven worthy and manifested as spiritual progress and evolution for the entire race.

Three Important Offices

Some of you are familiar with the office, which it is my privilege to hold, in the Spiritual Hierarchy. The three beings, who work in parallel service, rendering cosmic assistance to this evolution, are the Manu, the World Teacher, and the acting Maha Chohan. You are somewhat familiar with the services of the Manu, who, in the very first instance takes the responsibility of drawing new primal spirits from the heart of the Sun of the system and carrying those spirits through the Seven Spheres and allowing them to develop and mature according to their own free-will choice on one of the Seven Rays.

The Manu then takes into the heart of the Elohim, these consecrated spirits and in seven rhythmic pulsations, he releases into incarnation through the subraces, those particular spirit sparks for which he is to be God-father and for whom it is his duty to guard, mold and mature.

Presently, because the evolution of the race is so small and because the Fourth Manu whose evolution should have been completed at the time of the Lemurian Age of perfection, is still in the atmosphere of Earth, working with his people, we have four Manus working with each other.

We have, on the second aspect of divinity, as you know, the beloved Lord Maitreya (who has since been elevated to the Office of the Buddha) who, in the capacity of World Teacher, designs with the Chohan who is to be the presiding Master for the two-thousand-year cycle, the religion, the system of education and the activity which will best benefit and develop the spiritual selves of the people in that cycle.

Then you have the presiding Maha Chohan, who draws the energies from the heart of the universal and dispenses them, previously through the last five rays only, but due to the acceleration of the evolution of the race, the entire Seven Rays now are under the direction of my humble self in this capacity.

The Seven Channels

I draw primal life, qualify it, charge it with the qualities of the Holy Spirit, the capacity to energize and give life to form, and then direct it into seven channels, where it is accepted as the responsibility of the Chohan of each Ray. These seven channels, foci of energy and force, are then, in turn, dispensed by the Chohan of each ray through the chelas, the lifestreams who are working in the world of form to externalize the divine plan along that particular ray which they supervise.

This seems a very simple process as you see the light passing first into my consciousness and then fork out to my seven sons. You see them as sons of blazing light, the light forking out from their bodies in hundreds or thousands or millions and millions of lesser light rays—and they dispense the impetus, the energy, the ideas, the vital currents necessary to stimulate the consciousness of incarnate lifestreams into action. The incarnate lifestreams represent the open door through which the Chohans can externalize the portion of the divine plan allotted to them to supervise and to forward.

The Acceptance of a Chela

When an Ascended Master determines, within himself, to accept an individual as a disciple, that Master must apply to the authority which represents his immediate superior, for the permission to make such a contact, because at the time that each individual joins the Brotherhood, he immediately gives the full store of his energy to the Lord of the World and to the Brotherhood, to render the greatest possible good in every level and sphere, cosmically and in solar capacity, as well. He no longer, therefore, retains the right to utilize even his own momentum of good, his own energy and his own light for any personal blessing which his own heart might dictate, due to past association or some tie of heart and spirit.

The impersonal law that governs the Brotherhood is that life must be utilized always for the greatest possible blessing in every sphere, in every kingdom. The WHOLE is considered at every decision, rather than the

component part. When the Master makes a decision, which will involve the cooperation of the voluntary energies of an unascended being, he must apply and secure permission to make that contact.

Cooperation With Beloved El Morya

In the case of the beloved Master Morya, he determined, after looking upon the endeavors of the beloved Saint Germain, since his ascension in the Seventeenth Century, to secure a dispensation of some kind, wherein he might supplement Saint Germain's endeavors and secure an opportunity for continuity of thought and consciousness, by which students, already developed and matured, might be held at the rate of evolution which they had attained, and progress therefrom.

Beloved Morya approached me upon this subject and asked for permission to take some of the vital energies which I had drawn from the sun, and use those energies in cooperation with his own, in creating this activity of which you are such a great, kindly and cooperative part. At that time I told him, that if the response from the student body did not warrant the investment of those energies, which he was taking from my own cosmic stockpile and which he was investing from his own world, he would have to make up that balance in some way—and beloved Morya, in his great heartedness said that he was most certainly willing to make this balance, and I acquiesced to the endeavor upon those terms.

Your energies, beloved ones, woven into the decrees, into the visualizations, into the establishment of the group activities, have proven the Master Morya completely right in his faith in mankind and has more than repaid the Great White Brotherhood and myself for the investment of our energies, time, thought and attention on your behalf. For this, I wish to thank you personally, because, bless your dear hearts, you yet do not know the value of energy and how much it means for a Master to even turn his attention toward an unascended being for a moment, to give one blessing from his life to a chela.

You do not realize the import of that benediction, that sweet anointing from above! But even without that realization, you have been prompted to respond through your hearts—and your magnificent activities are only the beginning of the ever-increasing and intensifying expansion of the light, which I feel assured now, will stand as a living monument to Saint Germain's endeavor and Morya's assistance to him in this activity.

The Etheric Temples

Beloved ones, I have such magnificent dreams for the future! I have seen, in the etheric realm, those glorious temples of blazing light, some of which were manifest on the Earth before, in the times of Atlantis, Lemuria, early Greece and Egypt. In those great civilizations, where the Golden Ages were a manifest expression of God-supremacy through the lifestreams on Earth, these temples of blazing light, although their physical counterparts were destroyed, have been sustained and ensouled by beautiful devic beings and live in the etheric realm, pulsating in, through and around this physical appearance world, even to this day.

They have been utilized, ever since they were drawn forth by their first creator, as foci in which the angelic host, in which the Holy Christ Selves of mankind and the elemental kingdom have worshipped, have served, have drawn forth radiation and have projected it into the universe, age after age after age.

It is now our endeavor—and it has been for some time in cooperation with Saint Germain's dream of a permanent Golden Age upon this planet in the near future—to draw together, by the magnetic power of love, unascended lifestreams into certain localities, which are directly beneath the etheric temples which at one time stood forth on the planet Earth in those locations. When we have done this, we have almost, without exception, brought individuals who previously functioned and served in those very temples in other Golden Ages, because the magnetic law of attraction, through their consciousness and lifestreams makes them a very good foundation, in the spiritual essence, for the drawing forth of the rhythm of constructively-qualified energy which will be, in time, the skeleton around which the physical structure can easily be drawn.

Remember, I represent the Comfort Flame! I am, in a measure, your Father, and I am in a measure your Mother, and I am always as close to you as you desire! In your worded expression of love to me or in your heart-call, you have done much more, I confess, than I ever believed could be possible, and I am assured of your comprehension of the importance of giving of your calls and petitions to draw forth greater response from the Karmic Board, so that your activities, in the future, will even exceed the magnificent accomplishments of the past.

HOW PETITIONS ARE APPROVED

An Address by beloved Pallas Athena, Goddess of Truth

Beloved ones, I address you, unascended beings come to stand sponsor before the Lords of Life. Do you know what really decides the dispensation, in favor of even the Lord of the World? The amount of voluntary energies that he can show will be offered for the furthering of his cause among the people that he endeavors to serve! No matter how magnificent the plan, no matter how beautiful the design, no matter with what thought there has been woven out of the energies of the various retreats and their hierarchs and the assembled Brotherhood, the pattern which will help the race, the impersonal Cosmic Law, is such that energy voluntarily contributed from among the race must be shown, before we can acquiesce to giving of grants and dispensations!

Grants Not Easy to Obtain

Everything here and hereafter requires the investment of energy! The further you go upon the pathway of light, the more priceless is the gift of energy and the gift of life, and we who hear the plea of a Cosmic Being, know the value of his life, know the value of every thought he thinks, every sacred, sanctified word that passes his lips, and we cannot imprison those magnificent energies in the physical appearance world, which would be the activity if we were to grant his request and he did not have, in the lower atmosphere, lifestreams whose energies he could use rather than his own. The higher the being, the less likely are we to grant the dispensation which will require the condensation and imprisonment of his energies which can be utilized at cosmic levels—unless there are funnels through which he may direct the divine pattern and plan, and those funnels of consciousness receptive to that plan use their own energies and more than that, stimulate the interest of others around them to externalizing that plan.

So, when the beloved Lord of the World presents his petition and the glorious suggestions that come from the heart of Shamballa, the Karmic Board looks to see what lifestream will support his plan, will be receptive to it, and if the Lord of the World can show us some such lifestreams, then we, in turn, give to him a balance of our energy which matches the energy of the chelas voluntarily offered to the Board.

Ascended Masters May Have to Ask Twice

For every chela that gives his energy to sponsor a cosmic cause, we give a balance from the cosmic stockpile and double it. If, however, the Master—whether it is the Lord of the World or one of the Chohans, or any other God-free Being—has no step-down transformer, no chelas in the world of form who, upon examination are found worthy and capable of externalizing the Master's plan, we recommend that the Master, in the next six months' cycle, endeavor to secure such a connection and to stimulate the interest and magnetize the interest of some chelas and come back in six months with that chela in the inner body.

Then the Master again presents the plan and he says, "Here is an individual who is capable of working out the details of it. I will give the seed idea—his intuition is developed, his love is developed, his enthusiasm is developed, and he—working in the world of form—can, I am sure, gather others around him and complete this design." If that is the case, then we look at the inner bodies of the chela, examine them well and if we find that the Master is going to have the assistance, we will grant that petition.

Support of Petitions

It is a very difficult assignment, because we—in our God-free estate—see the need! We see the condition of your Earth. We see the short span of time in which this tremendous task is to be accomplished! Every plan, naturally, that comes to us from the Ascended Host is magnificent, and yet it is all determined by how much enthusiasm and voluntary energy can be contributed by unascended beings! When the beloved Masters have so few to show to externalize their plan, century after century, we have had to deny the opportunity for them to fulfill it!

One of the most important of the chains, we would say, that binds our hands, is the mass karma of the race. Those of you who are interested in securing dispensations, if you will work on the removal, through the Violet Fire, of the mass karma of the race, it will be greatly appreciated.

When it comes to you, in the unascended state, when you present your petitions, you too, are examined and the ambition of your petition is examined by your own capacity to do anything to fulfill them, and the energies of application that you could or would make are considered. Your past record is considered in this line, and where there is some promise that if you are given the grant, your own energies, in the calls, will help to fulfill that grant, at least a partial grant may be given. But if the petitions are written lightly, hoping that some other part of life is

going to fulfill them, no matter how magnificent they are, we cannot grant them unless an Ascended Being takes them up and stands sponsor for them and offers them as his own.

A Petition as a Responsibility to Life

You must, if you write a petition, remember what you have asked for and incorporate it into your daily application and you must make this clear in your own mind, before you burn your petitions. It is not such a great task if you have found something, but do not feel that in burning your petitions you are “scot-free.” That petition then becomes part of your responsibility to life, and it would be granted if your soul and spirit and very self agree, at least for the coming year, to use some of your daily energy in endeavoring to manifest it.

You have done well, beloved ones, for you have sought truth according to your own light, and I am grateful to speak to you and to thank you.

HOW TO USE THE FLAME OF COMFORT Monthly Letter to the Transmission of the Flame Class of February 20, 1960, Maha Chohan

Remember, beloved children of the light, that one of the purposes for which the Transmission of the Flame Classes was established by me, was to strengthen the “forcefields” above your sanctuaries and groups, with the cosmic momentums of the Ascended Master retreats open to the students each month.

In this thirty-day period, between February 15th and March 14th, 1960, comfort, as you know, is the God-virtue that has to be magnetized into the “forcefields” of your sanctuaries. One of the ways to accomplish this is the service of the Transmission of the Flame Class on February 20th, which no student should fail to attend, each one in his own sanctuary to fortify it, and not in another sanctuary, not to disturb its normal thoughtform and rhythm.

But it is not enough to magnetize the Comfort Flame—you have to project it, first visualizing it spreading from your sanctuary “forcefield” all over your city and country, and second, becoming, yourself, a comforting presence to all life, everywhere.

On awakening, resolve to look for opportunities to be a comfort to someone in the home, in the office, in the street, and don’t forget, also, to do something for the nature and elemental kingdoms. On retiring at

night, make a list of the comforting services you have rendered during the previous twelve hours, and then resolve to visit, in consciousness, the Temple of Comfort at Ceylon, with your harvest of the day. I shall be there to welcome you, with open arms.

HOW LORD CHAMUEL CAN HELP YOU

By Thomas Printz (El Morya)

The beloved Archangel Chamuel is, as yet, little known to the peoples of Earth. He is the great Archangel of love, adoration and devotion to God and the goodness of God, as expressed through mankind. He, together with his divine complement, Charity, are dedicated and consecrated to developing, in the outer consciousness of mankind, a true sense of gratitude and adoration toward their source—God—and a sense of encouragement toward the endeavors of their fellowman to unfold the divine potential that lies buried within every heart.

Lord Chamuel's Service

As all the angelic host, particularly the Archangels, are not cognizant of form but rather of essence, color, sound and perfume, whenever and wherever they see the motive within a human heart endeavoring to express the goodness of God, they nourish this motive and desire by their presence and radiation, until the one so seeking to externalize a particular benefaction for the race can so do.

The Archangel Chamuel and beloved Charity serve on the Third Ray, which is expressed in a lovely pink radiation that actually envelops those desiring to lift mankind out of distress of every kind and into greater freedom—personal, racial, planetary and finally, universal.

Description of Lord Chamuel's Temple

At inner levels, Lord Chamuel and beloved Charity have a glorious temple, builded on the circular design so loved by the angelic host, domed with gold and encrusted with pink rubies. In this temple, the Flame of Adoration to God and his messengers burns brightly, and this flame is intelligently directed by Lord Chamuel to all unascended beings to encourage the development of their own particular divine plan. Such a flame, is carried by the angelic host of Lord Chamuel's legions into the astral plane that surrounds the Earth (in which some people who have passed through the veil of so-called death temporarily dwell). The angels

of his legion know that within the heart of all God's children is a focus of God, himself, seeking expression through the soul.

As they stand, in their glorious robes of pink, in the auras of such people, they breathe their love into the God-spark until it begins to expand. This is as mechanical as the generation of physical fire through the use of a bellows, upon a smoldering fire in the fireplace. These blessed people, not knowing of their benefactors, are finally stirred by the love of Lord Chamuel, blessed Charity, and their legions of love, until they desire—through free will—to expand their own divine plan and serve the God who made them. Then these good people ask for assistance from God and his divine messengers to prepare themselves to serve God (while in the inner levels) and to prepare to serve him when they come into physical embodiment, again.

How The Angelic Host Serves

Because the angelic host are so selfless, often those whom they serve do not even know of their benefactors' presence and cannot explain, even to themselves, the awakening of the desire to do God's will. The angelic host, are not concerned with the recognition of their presence and service, but only with the actual works accomplished, in awakening the soul to a desire to expand the borders of God's kingdom. Thus, many a sincere individual who receives a "call to do God's will" is completely oblivious to the stimulation of that desire by the Angels of Love.

This is equally true of individuals living on the Earth today. Mankind, en masse, is not capable of knowing the design of God for themselves or for others. They have fallen under the grievous error of "judging according to human appearances" and are neither patient nor loving enough to cognize the motive behind actions that sometimes are expressed clumsily by a fellowman. The Angels of Love know the motive behind all endeavors and, wherever that motive is sincere, untinged by human desire for personal gain and aggrandizement, they stand selflessly and lovingly in the aura of such people, helping them, always to fulfill their inspirations, dreams, visions, and ideas. They literally hold such people in their arms of love, sustaining them through hours of trial and seeming failure, until the individuals are successful and another expression of God's holy will is made available for the benefaction of the race.

The Magic Key of Gratitude

Lord Chamuel and beloved Charity care not for "human appearances," but care exceedingly for the budding Christ light, that seeks to burst the shell of "human appearances" and add to the light of the world. Eve-

ry saint, every great patriot, scholar, humanitarian, architect, scientist, missionary and spiritual teacher has been, and is sustained, by the Pink Ray of Lord Chamuel's love.

Then, the soul, cognizing a power greater than itself, begins to express gratitude to its Source (God), his divine messengers, and—finally—to its fellowman. This gratitude is a POWER. It cannot be over-emphasized in man's dealing with his fellowman. A sincere feeling of gratitude, silently sent forth, or audibly expressed when conditions allow, reaps a harvest of greater endeavors upon the part of the recipient of the loving feeling of gratitude thus expressed. Thus, according to human experience, gratitude is a "magic key" which can be used to advantage in developing the God-potential of every man. Let us not confuse flattery (which is insincere) with honest gratitude for endeavors made to lighten the burden of individuals, families, nations and the planet.

Gratitude is a virtue of God, expressed through Lord Chamuel and beloved Charity and their legions of Angels of Love. When the soul truly learns how to feel gratitude toward those who serve him, even in mundane ways, inevitably that gratitude begins to rise to the Source (God) which has given him his very life. Gratitude is truly the open door to greater benefactions from God, his messengers and mankind, en masse.

The Pink Essence a Reality

ALL VIRTUES HAVE COLOR AND SOUND. True gratitude emanating from the heart of any individual, is pink. When this gratitude is poured forth to other members of the human race, it is a soft, delicate shell pink. When gratitude is poured forth to God and the Divine Beings who serve him in conscious adoration and praise, it is a deeper pink and literally opens the doors to heaven, itself. Back on the ray of gratitude and praise to Deity, comes more and more of that beautiful pink essence into the world of the one so engaged in blessing God. Also more and more of the Angels of the Pink Ray gather around such a one to sustain him in his service to life. Be assured that this pink essence is a reality, a substance, a living vital power to stimulate, nourish and expand the service of the grateful one.

When gratitude is issued forth to a human being, the returning current energy is, of course, not so great.

The Pink Flame and Ray are activities that multiply and expand the good in man, whether it is in his financial status, his physical wellbeing,

his mental stability, or his emotional balance. Many people, afflicted with the various distresses of mind and body, find it difficult to generate a true feeling of gratitude to God, his messengers and their fellowmen. Here, they can be assisted greatly by those who are literally the embodiment of the FEELING OF GRATITUDE AND PRAISE TO GOD.

To such peoples, it is recommended that they call sincerely to their God to send them Angels of Gratitude to help them to feel gratitude to life, generally. When they have felt the radiation and feeling of gratitude to life transfused into their worlds by the angels, they are then able to generate a little gratitude, at first toward impersonal activities—like the sun that lights their way each day, the water that makes ablutions possible, the fresh air they breathe, the harvest of nature, which is the actual sustenance of their physical bodies. Gradually, they begin to enjoy happiness in the feeling of gratitude, and it is easier for them to be grateful for “small favors” from their fellowman.

They learn to see beyond “human appearances” into the motive in the hearts of all peoples, who seek to do good. Then do the angels of love rejoice, indeed. The peoples belonging to Earth’s evolutions require so much training in the generation of true, impersonal divine love.

The Cause of Unhappiness

When individuals are caught in the meshes of “human appearances,” it is easy to become bitter, cynical and ungrateful. These qualities of feeling have a very unpleasant color and a dissonant sound. As each individual lives within the energy he emits, the more of such discordant feeling he generates, the more unhappy he becomes. In like manner, the more constructive feelings he generates, the happier he becomes. Therefore, even for personal reasons, it is well to learn to generate an aura of a happy nature for that is the “home” in which the soul must dwell until the individual, himself, changes that “home” through self-conscious endeavor.

What Lord Chamuel Recommends

Gratitude is sometimes difficult to express toward one who has seemingly harmed or harassed you. Then it is recommended by Lord Chamuel that you give your consideration an impersonal activity of life which has benefited you (taking your attention from the person who is temporarily distasteful to you) until such a time as you have developed a feeling of gratitude toward life in general. Then, it is comparatively easy to direct a feeling of gratitude toward the person or activity which you formerly found unpleasant, and you will be richly rewarded in the change of attitude in the person or activity that was previously distasteful to you.

Gratitude is the science of loving life free from distress. Beloved Master Jesus used this science and developed such a momentum of love, that neither sickness, limitation, nor even the appearance of death, itself, caused him to change his aura and feeling of gratitude to his Father and to the divine pattern in the hearts of all mankind. Thus, life (which is intelligent) responded to his LOVE and externalized health, opulence, and life eternal.

Invocation

Beloved Presence of God and beloved Archangel Chamuel! Teach me now how to love as you do! Help me to generate the feeling of gratitude towards you, the angelic host, the nature kingdom and my fellowman. Help me to make the home of my soul a happy, grateful, loving, harmonious place in which to abide. Then, beloved Father and angels of love, allow me to join you in loving all life free as the Master Jesus did!

GEMS OF LIGHT

(Quotations from "The First Ray" by El Morya)

"The scattering of the spiritual seeds has borne good fruit—the response has not been from the spiritual dilettantes who flit from movement to movement."—

"The probationary period of chelaship cannot be measured in months or years, for it depends upon the amount of karma the chela has accumulated, and upon the amount of discipline he is willing to accept. Some drop out under pressures of this "testing period." Others endure it slowly, through many embodiments."—

“I have learned about community living, and I do not speak amiss when I say with FEELING that the violence of human feeling is far more destructive than the sped arrow, the moving bullet or the thrown lance or spear, which, in an instant, do their work and finish their task.”—

“I retained the etheric body of an Indian potentate, which I used through the entire association with Helena Blavatsky. Kuthumi served in a similar manner.”—

ON PRECIPITATION An Instruction by the Maha Chohan

The visualizing faculty of the mind creates the pattern or the thoughtform, which is held within the consciousness, unwaveringly, with the certain knowledge that the thoughtform within the consciousness must reflect upon the screen of life as a physical manifestation. But no thought ever becomes a thing until it is filled with the substance of feeling, and the controlled energy of the lifestream, harmoniously qualified, poured into that form, fills it with the life essence of the universe and lowers it into manifestation as a harmonious expression of direct precipitation.

Here is where the mental scientists and occultists find the stumbling block. They know that thought is a creative process and does affect manifestation. But they have not learned that feeling is the qualifying power of the vibratory action of the thoughtform, giving it quality.

REMEMBER: Thought is the ideation—it is the form—the outline and the cup. Feeling is the initial vibration that passes through that thoughtform and sets up the rhythm of the electrons within that thoughtform, which they follow obediently, until manifestation occurs.

Thought is the Father, Feeling the Mother, the Manifest Form—the Son.

Thought is the father, feeling is the mother and the manifest form is the son, or creation. The thought must be passed through the feeling nature to become a created form. The quality of the thought is influenced by the womb of feeling and the creation brought forth is clothed in the nature of the womb in which it rested.

Through the mental body, any idea may be moulded from the universal light substance. From the feeling nature is drawn the vibratory

action that is the breath or pulsation that gives the thoughtform life, and through the physical vehicle passes the substance of the three elements, which make up the coat or cloak of the creations.

Electrons and Rays

The electronic light substance that fills the universe is the body of God, and within each electron is a point of light, which is self-conscious and intelligent. From that spark within the electron, there go forth little rays that form the radiation of the electron. Each tiny electron, magnified hundreds of times, looks like the Electronic Body of the I AM Presence with the rays pouring out around it.

The self-conscious lifestream, ascended or unascended, has been given the God-authority to command these tiny electronic particles to take on form, according to the design of the thoughtform created by the power of visualization.

Thoughtforms Cannot Manifest Without Feeling

The feeling nature of each lifestream is endowed by God, the Father, to give life to the thoughtforms, by passing the vibratory action of the feeling nature through the thoughtform and setting it into motion—just as I pass the breath of life through the infant and set the physical form into pulsation.

Without the breath of life, the infant form could not take up an active existence, but would disintegrate.

Without the feeling nature passing through the thoughtform, the thoughtform would disintegrate and return to the unformed. It is thus that without feeling, the forms have no sustaining power and do not become things.

TWO SERVICES YOU CAN RENDER

The “Bridge to Freedom” publications render two services to the Ascended Masters—one, help in the dissemination of the already existing literature, and, two, to provide funds for the release of a vast amount of Ascended Master instruction on hand, the publication of which is delayed, due to the fact that the small donations received for this purpose are not so far sufficient. We thank you for your cooperation

THE BRIDGE

TO FREEDOM

**A Monthly Journal Devoted to Individual Unfoldment, Contact with
the Great White Brotherhood and Cooperative World Service**

MARCH 1960

CANDIDATES FOR THE ASCENSION

An Address by the Ascended Master Serapis Bey

Spirits of God! Spirits of light! Chelas who aspire to the ascension! I bow before you! I am servant of your life, summoned by the magnetic pull of your sweet soul, which has demanded of the universal, redemption and immortal freedom. For this, I have being, for this I use the priceless gift of God-life itself, that wherever a summons from the heart flame goes forth I may, standing within the aura of that one, activate the Ascension Flame, transmuting the energy which has, through the centuries, been qualified imperfectly and opening the door into that glorious and eternal freedom which life, within itself, desires and knows is its natural habitat!

The Spirit of the Ascension Flame

It is my privilege and my honor to answer the summons from the heart, when there is opportunity through the use of this mighty transcendent, glorious intelligent Spirit of the Ascension Flame, to raise a consciousness again to its natural God-estate. May I introduce to you the SPIRIT OF THE ASCENSION FLAME, a living, breathing intelligence, which does, when called into action, invoke from the electrons in every cell of your body that portion of itself which is hidden within your own light. As that flame of the ascension, within yourself, expands and meets the Spirit of the Ascension Flame in its cosmic activity, the two become ONE and the mystic activity of transmutation and ascension takes place!

Within every electron of that light that flows so freely and so constantly from the source of the Universal into your hearts, is every qualification of the sacred fire, is every power of the sacred fire, which in cos-

mic capacity, is held within the atmosphere of Earth by spiritual intelligences, and when the Cosmic Being who chooses to embody the activity and hold it in the atmosphere of Earth as a radiating center, is summoned by your life and magnetizes the dormant quality within the electrons and draws that forth, you have the merging of the individual and the cosmic, whether it be of transmutation by the presence of Holy Amethyst, whether it be of resurrection through the presence of the mighty Gabriel, whether it be the activity of the Ascension Flame in the beautiful spirit of Luxor!

“Aloha” – The Song of the Ascension

As you sang that magnificent song to the Ascension, “Aloha” which is the keynote of the beloved Spirit of the Ascension Flame, I am sure you felt stirring, within yourself, the activity of that flame, which, when released does change the quality of the flesh, change the quality of the etheric body, change the quality of the emotional body and the mental body as well, and which does quicken the vibratory action in every cell and atom of your inner vehicles as well as your flesh, raising you to a closer vibratory action with that of the God-free.

Beloved ones, I cannot point you too firmly towards the fact that within the electron, within the primal essence of life that flows to you, there waits fire! Fire! The fire which becomes the bread on your table, the substance that clothes you, the fire that becomes the transmutation of your transgressions into harmonious energy, the fire that becomes for you the actual elixir of healing. It is that fire that becomes for you the resurrection of the powers which you knew in the Great Central Sun and in the inner spheres, and here, even in the physical world, in ages that have been past—the fire which one day, when your momentum is builded to a point, will join with the cosmic flame and give to you that marvelous experience, which you have come to know intellectually as the ascension of self!

Your Health and Supply are Within You

Each electron, each heartbeat, each vital light cell answers every summons and call you make upon it, and graciously says “All this I can do and more,” when you summon it forth as Jesus summoned Lazarus from the tomb. When you summon it forth from within the depths of your being, that power of the sacred fire, which is the requirement of every moment, answers. Opportunities are manifold! There is, in the course of your hourly living, opportunity to summon forth peace or jus-

tice, harmony or restitution of divine perfection into distortion of form, or balance of mind and body, or supply! How can the consciousness of students linger longer in appearances of lack and limitation when, within the essence of the electron, is lying, quiescent the very nature of God, himself!

At Luxor, beloved ones, where you have visited me on and off through the centuries, hopefully aspiring toward redemption, our complete discipline lies in turning the consciousness of the aspirant and the neophyte INWARD to the flaming heartbeat, until such a one can draw, from that heartbeat, even the necessities to nourish the physical body, as Jesus drew manna from heaven, and the clothing, the very garments with which the initiate approaches the altar, are woven out of the energies of his own primal life! Mastery and completeness is within the unit, as the oak tree is within the acorn and the chicken is within the egg. The smallest and most insignificant seed contains not only the pattern of its full flower but the way and means of externalizing that pattern, the nourishment required and the magnetic pull upon the elements to develop its self. So of a certainty is the divine pattern within the heart of man and life endowed with self-sufficiency and it requires but a realization that within that light that flows, beloved ones, in countless millions and millions and millions of units into your world each minute, is the fullness of healing, of freedom, of illumination, of every God-desire!

The Three Reasons for Your Ascension

Those of you who have written upon your breast, "Candidate for the Ascension," are blessed of all mankind embodied today! You have been chosen for one of the following three reasons, chosen, mind you, in the great Halls of Karma, before you were granted the privilege of taking an earth-body.

(1) Your energy is almost redeemed

You were chosen because you had become a harmless one, whose energy has been almost completely redeemed and whose cycle of individualization is ready to close and who has transmuted, through many ages of saintly living, the majority of those energies qualified imperfectly, and have, therefore, by that very preparation of the ages, signified to life through the color bands in your Causal Body, that there is opportunity for you to write your name upon the last page of your book of life, seal it and place it, forever, in the records of eternity.

(2) You have decided to take back all energy unredeemed

Or, you are those whose souls have awakened from a long soul sleep and have remembered the glories, majesties and powers on other stars, in other systems and in other universes, and who waking, feel intensely and deeply the loss of your powers, the loss of your freedom and through that intensity have demanded the opportunity of completing the cycle of your manifest expression quickly, and have decided to make the great sacrifice, taking back, at no matter what personal cost or discipline, all the energies unredeemed, in one short life. You have been examined by the Law and have been found capable of making this sacrifice, and the Karmic Board has agreed to release your karma to you, knowing you can hold the balance through its pressure, and if you endure unto the end, can earn the seamless garment of light.

(3) You have volunteered to become guardian spirits

Or you are in the third category—those who have renounced freedom to come in this period of cosmic change, when the Sixth Ray played its last chord, when the gently-opening notes of the Seventh Ray are sounded on the cosmic organ, and who desire, for love of God and your fellowman, to offer your bodies as conductors of these subtle currents as step-down transformers, receive the instructions directly from the Ascended Masters and to carry that instruction, in a more mercifully transformed form, into the consciousness of mankind as volunteered Guardian Spirits!

Presentation Before the Karmic Board

In any one of these three cases, you were presented before the Karmic Board and the colors in your Causal Body had to be looked upon by the entire seven members. Any individual who is passed as a candidate for the ascension must have a pretty well balanced Causal Body. Concentric rings of force distinguish the Causal Body of an initiate, an adept, and a conscious chela, who can bear the burden of more than ordinary responsibility. These rings, much like the colors in the upper figure on the chart, are rhythmically pouring out waves of light into the upper atmosphere. The inner spheres in which the Christ Selves dwell, look as if they were in a constant state of greeting the sun in a brilliant dawn.

More Ascensions Now

I ask you to learn from every man, because, as he perhaps is developed in another portion of expression, so will you develop the band of color within your Causal Body that perhaps needs nourishment, as well as give to him from the storehouse of your faith, your light, your opulence, your beauty, or your peace.

These individuals, who passed the Karmic Board as candidates for the ascension in the course of one earth life, are few compared to the masses. There has to be a minimum number of possible lifestreams who can make the ascension in one embodiment in incarnation, to hold the balance of the inner current for the Earth, however, but because of the closing of the cycle, greater numbers of these individuals have embodied recently, and from this point forth, we are making a tremendous application to the Karmic Board that the greater numbers of prepared lifestreams at inner levels be given the first opportunity.

The great Archangel Michael, you will remember, secured a dispensation, in gratitude, for the student body's service, which freed every lifestream belonging to any student who had GIVEN THEIR LIFE TO THIS ACTIVITY and who had passed through the change called "death," or will in the future, pass through that change, from the necessity of re-embodiment. We know the gratitude that rose from your hearts, and the sweet essence of joy in your unselfish happiness, that those parts of life that were near and dear to you would be free.

You have not thought, perhaps, in detail of all the endeavor and all of the thought and feeling that had to go into the preparation, at inner levels, to have these individuals complete their own evolution when no longer allowed the theater of Earth in which to gain experience of cause and effect. You know, and I say this in kindness, the condition of the minds and hearts and consciousness of many of those who are included in this dispensation, and yet something had to be done to give to them opportunity, which their consciousness could assimilate and digest, no matter how orthodox the mind might have been.

New Ascension Temples For Your Loved Ones

Therefore, the Brotherhood at Luxor and the Ascension Brotherhood began the magnificent task of creating Ascension Temples into which these lifestreams could be drawn. They are magnificent, all white temples of blazing light—the doors are sometimes forty or fifty feet in height. The Silent Watchers of the inner spheres gather, and dress in white, every one of those who have come under this dispensation, and they are enrolled in active, conscious instruction in the use of the sacred fire. Is not this time on Earth a cosmic moment among moments? I thank you for feeling this so deeply, for I understand, dear hearts, that the conscious mind is staggered, oftentimes, by the truths that we bring, and yet it is all love, and we, who are free, just love to serve life!

At this time of year, you have the Resurrection Flame of Lord Gabriel and the Ascension Flame of my own heart meeting. You have the Christian Dispensation of Holy Thursday rising to the crescendo of Easter Sunday, you have the Feast of the Passover and all the radiation of the Elohim, the angelic host, the beloved Moses, and those who govern the Jewish Dispensation, all focused together. Do you realize the powers that are focused through your sweet bodies? And may I say, because I have known you so long, I have seen your actions and reactions under stress and under strain. In the name of God HOLD YOUR PEACE, hold your tongue, and guard your energy, because you are batteries of power, and once you begin to loose your energies through the tongue, they will run away from you. Each one of you feel as though you are in a private retreat, for you have all of this magnificent inner activity to contemplate within the harmony of your own self, loving life free, and you can have a tremendous cosmic blessing.

I thank you for your many visits to Luxor, and I ask you now to remember that the Ascension Flame is within the electron within your heart. I am your friend, your servant, awaiting your summons and answering your call, who, has loved you for centuries,

Serapis

**PREPARATION FOR THE COMING OF THE
SEVENTH ROOT RACE**

An Address by beloved El Morya

The Ashram

December 27, 1959

I come in the name, by the power, in the authority of love divine—that love which will not let you go, but chooses rather to sustain and perfect every lifestream belonging to this evolution, until this Earth is free. I come with illumination, for I know the divine pattern for this Earth, as held in the Planetary Silent Watcher's heart (the beloved Immaculata).

I come, not with the lash and whip, but with illumined faith and constant enthusiasm for the externalization of God's plan, fulfilled here and now. We love you well, seeing what you have done, are doing, and yet are to do. We foreswore Nirvana to help imprisoned life everywhere. Nirvana is a beautiful consciousness of bliss, where beings live in the aura of the Godhead, directing therefrom the blessing of their light. When one consciously foreswears Nirvana, he holds that feeling of the Godhead and yet serves aeon after aeon to help the mankind of Earth, until everyone is redeemed. Then we can fold our cloaks about and proceed upon another venture or join the happy ones in the nirvanic state.

The Earth to be a Shining Star

Once upon a time, long ago, long before you can remember, the Earth was a very beautiful and shining planet, and all of its peoples were magnificent in their perfection. Now, due to aeons of living, the Earth does not show that perfection and that is our cause—to redeem it quickly, restore it to perfection, and bring mankind, again, into conscious communication with the angelic host and the transmuted happy elemental kingdom, just bringing the trinity of the elementals, the angels and mankind into the beloved Ascended Master Saint Germain's royal court for this Golden Age. It shall be permanent, and it shall be a shining star, indeed. "Freedom's Holy Star," it shall be called, and again the love and light that flows to and through it, will make it one of the brightest of the stars of this system.

That is the reason that we have the Teton meetings. It is the reason that we seem to push you towards greater endeavor, just so that your own light may expand, so that each and every one of you in the course of this Earth life, may wind up perfecting every bit of untransmuted kar-

ma, not only for yourselves, but for the peoples of this Earth.

That is a tremendous task, beloved ones, as it takes in about ten billion people belonging to the Earth, besides all imprisoned angels and all animal life and all living things, yet the power of God, which is love, is greater than all these appearances.

That is how I know, for I am fired with that feeling of illumined faith and understanding and obedience. That power of faith I bring to you in love's name.

Peace as an Activity Of God

When you left Tara's Halls and went for a time on the highways and the byways, I continued to play that beautiful harp of Tara, knowing in full illumined faith, that you would return to manifest perfection, each according to your own free will—some more quickly than others and some of you sustaining your physical vehicles here on this earthplane even unto this very day and hour. Blessed ones, we are beings of love. Sometimes we are considered strenuous in our endeavors to continue to point out the Law to you so that you, too, may manifest that love. We have loved you from the very beginning of our own individualization, and then after our ascension.

All want some time of peace, all want some time of activity, and that is balance, which comes with illumined faith. The peace is good, as long as it is not lethargic, as long as it is illumined and directed by the powers of God. The activity is good, so long as it is constructive and proceeds to give assistance to life everywhere. Then it, too, becomes an activity of God.

Utilizing the Power of Hope and Gabriel

The sponsors at the Teton Retreat are preparing magnificent violet and purple thrones for the year 1960. Many of the guests have already given their petitions to the Angel of the Scrolls. I know that all of you will prepare yourselves to speak on behalf of imprisoned life everywhere, as your voices ring out and are heard by all there assembled, and all say "aye" and give unto us that energy and power we require to manifest, in 1960, the divine plans bursting to come forth to prepare for the Seventh Root Race and beloved Ascended Master Saint Germain's Golden Age quickly.

Utilize the power of the beloved Hope and the beloved Gabriel to

CHARGE and CHARGE and CHARGE into your minds, bodies, beings and worlds and affairs, right here and now, that illumined enthusiasm and capacity to continue on in illumined faith, until you manifest the full expression of God's divine plan for you.

As I, your Guru, have taken it upon myself to teach you the Cosmic Law, so also have I assumed your karma (good and evil), transmuting the evil by love divine. Why? Because I love life and loving life so much, seeing a planet divested of her beauty and perfection, I am endeavoring to set that imprisoned life free, until it is truly Freedom's Holy Star.

A New Planet

Even Excelsior is more beautiful (with its little men and women and its shining movement in space) than the Earth, which has had opportunity after opportunity to externalize perfection. Yet, being of a very positive nature, as you all know, I am and shall remain, I shall continue, to impress the consciousness of unascended lifestreams with the perfection of that glorious plan, until it is manifested here on this Earth through each and every one, until the Earth shines again as it did in the beginning.

We are beginning another planet (besides the shining Excelsior), where you shall have great opportunity to serve. As yet, we have not directed the Cosmic Ray through it, to set it into motion. It is a planet to be peopled, particularly, by elemental life, which has not yet achieved its full freedom on this Earth.

I know you have all felt the pressure of my presence many times, and now this morning, I enfold you in a Luminous Presence of myself, which is going to be sustained eternally. You shall never forget it—waking or sleeping, day or night, twenty-four hours—until the full expression of God almighty DOES MANIFEST through you and your fellowman.

Preparation for the Seventh Root Race

We represent power. Our realm is the Blue Ray, the power of almighty God to set into action those causes and cores at inner levels that MUST MANIFEST in this world of form. There is nothing that can shake our faith in that, and as we charge into your worlds that same feeling, through my Luminous Presence, you, too, will accept, in illumined faith, the perfection for this planet Earth and for all of her peoples and evolu-

tions, and we will quickly, by the power of my love and the powers of the sacred fire that are vested in each and every one of you, see a planet where the Seventh Root Race may be brought forth in dignity.

The Sixth Root Race and its sub-races are responsible for the preparation of this planet, so that the beauty and delicacy of the Seventh Root Race may come forth quickly, to manifest eternally perfect and that the Earth moving forward may give forth her song of love and light to all that is!

There is no other eternal victory, except that which comes through light, so I thank you, I thank you for your love and light, your illumined faith, your constancy of service, your ability and capacity to continue in that service until this Earth IS the manifest expression of the star which Saint Germain must have, before the Seventh Root Race can manifest here.

We are come to bring to you the fullness of our love and gratitude for your assistance in this service, until the hour comes when the human creation parts and you see me face to face. I enfold you, until that time, in a Luminous Presence of myself, which is eternally sustained, and you shall never forget it, waking or sleeping, day or night, until the full expression of God almighty does manifest through you and your fellowman.

Carry on in our name, in our service and in the dignity and mastery of our love, until you are, each one, God free! Thus I remain always, your humble servant in the light.

THE PATH TO THE ASCENSION
Monthly Letter to the Transmission of the Flame Class

Beloved Children of the Light Who Aspire to the Ascension,

In this thirty-day period (March 15th through April 14th, 1960), when the holy Temple of the Ascension is host to mankind, and really, also during the balance of your physical life, there are two things you require to know about the ascension in the light, your return to the realm of perfection:—the path to it, and how to show this path to others.

The path to it is the redemption endeavor. A constant, self-dominion and purification of the four lower bodies—the emotional, mental, etheric and physical. This will enable you to ascend, daily, from disease to

health, from lack to supply, from discord to harmony, from ignorance of the truth to enlightenment.

As to showing to others the path, there is no better way than by example. Let others see that you live and act as if you were a representative of an Ascended Master on the Earth, and you will really be one, if you carry out the precepts of “The Code of Conduct for a Disciple of the Holy Spirit.”

There is something else you can do, which will have a tremendous effect, if you only knew it. Devote at least fifteen minutes a day to contemplate the glories of the ascension in the light. See all people in your community, in your nation, in the whole world, active at self-dominion and purification, and realizing that there is no death. Visualize yourself addressing an invisible audience, convincing them of these facts.

If you do this faithfully, sincerely, punctually, you will be astonished at the results. In a few days, you will find friends in the street asking you questions like this—“Do you believe there is life after death?” This is the effect of your daily contemplation.

Know the path to the ascension, and show it to others. This is your highest calling.

The Brotherhood at Luxor has, this year, a very important assignment, as the number of ascensions will be larger in 1960. The personal presence in consciousness, at the Temple of the Ascension, of everyone who reads these lines, is earnestly requested by my beloved son, Serapis Bey, and by my humble self. One word to the wise is enough.

Love and blessings,
Maha Chohan

LISTENING GRACE

An Address by beloved Mother Mary

The Ashram, December 24, 1959

Blessed and beloved of my heart of love! Again we, and you too, relive the Christmas Season, a season in which there is born, every year, the magnificent powers of my own blessed son, Jesus! I give to you the love of heaven and I bring to you all of the Spirit of the Christ, having seen beloved Jesus go through so many trials, true, but he always passed through those trials in a God-victorious manner, through the use

of the power of divine love and the light which was within him and which is also, of course, anchored within your dear Holy Christ Flames!

It is one of my opportunities to see you, each one, passing through similar trials and giving to you, through a dispensation of the Cosmic Law, similar protection and blessing, which I gave at that time to one boy, whose birthdate mankind chooses to celebrate on the morrow. As your mother, it is my desire that you shall accept and use the power of God "I AM," particularly the gifts of the angelic host, of whom I am a member, and who shall be such an activating power in the year 1960. Let us not spend so much time on the intellectual theories of the past! Let us, rather, accept the glorious feeling of God-accomplishment in the present, right here and now!

1960, An Important Year

The first beginning was small, beloved ones—only two of us, Joseph and myself, then the third. Think how the Christ religion has expanded through those centuries, because it was anchored first, and foremost, in love divine, and we were guarded constantly because we remained always in a state of listening grace from the human creations of the outer world that would seek to destroy the Messiah, or that would seek in any way to cause him lack of power and authority to gain God-victory as he did, and he has gained, through the thousands of years that have been, since that time more victory, for everyone that enters the Ascended Master Realm gains the victory, not only of what they have been that is good, but then they become part of the great whole, which is the Great White Brotherhood. That victory, then, is the gift returned to any unascended being endeavoring to expand the light, wheresoever he or she may be.

The year of 1960 will be a year of tremendous import to you all. As you know, it is the year when the angels come close to men. Belonging as I do to the angelic host, I am very familiar with the power of the angels, very familiar with the activity of their feeling and the pressure that can enter into your feeling from them. We, of the angelic, host seldom take embodiment. The angelic host who are around at Christmas time, are those who have never taken embodiment. Therefore, they know only the feeling of God, the very nature of the God that made you and made me. That feeling can be transferred into your mind, consciousness and outer self with so little, aside from the acceptance, by your precious hearts, of the feelings of the angels of faith, and illumination, love, puri-

ty, perception, healing and freedom.

These are the gifts that are repeated over and over again to you, as they are the gifts of the mighty Chohans, whom you love and whom you have served. But a gift unused is a gift forgotten, or a gift etherealized, again into the sphere from whence it came. Now let us take, for instance, a piece of paper. Beloved ones, that paper represents our light given to you, our life and energy woven into the substance of your life. I can offer that to you, or any of the Ascended Beings can, but if you do not accept such a gift, it goes through a process of etherealization and returns again into the unformed, just as that paper does through the power of the sacred fire, (a piece of paper was lighted and allowed to burn to ash).

The Gifts of the Angelic Host

Let us be among those who can, and will, receive, joyously and happily, the gifts and powers of the angelic host and the glory of freedom that is part and parcel of your being, and the divine radiation which is that of the Holy Season and make of it whatsoever you require, to manifest God-perfection. Will you do this? As your mother, it is my desire, my hope, my prayer that you shall so accept, by the power of my love for you, those gifts we all have for you, particularly the angelic host at this time.

Oh, yes, you say, “But the years take toll, they show, and I yearn for the ‘over there.’ “ Have you thought, beloved ones, why they have no mirrors or calendars at Luxor and that your “over there” is just what you make here! So straighten your spines and BE like Sanat Kumara, the youth of eternal summers! If you do not like what you see in the mirror, through the power of acceptance do not look upon it, but you can feel the radiation and gifts which are ours at all times. NOW, beloved ones, accept that feeling, that healing essence which is the gift of my life flowing into, through and around you and around all in distress, removing the cause and core of that distress and replacing it by God-happiness, right here and right now!

Ridding Yourself of Imperfections

When at Lourdes or Fatima, people have faith enough to accept healing, throw away their crutches, and be free of distress, yet in those holy shrines is only the Luminous Presence of myself—here, I am in per-

son. In God's mighty name "I AM," LET GO of imperfection and become myself in action in the world of form! We would not continuously remind you of the possibility of such manifestation of the gifts of God acting through you, if they were not possible of accomplishment. True, your worlds seem to be filled with many tasks, but in my unascended state, so were mine! One of the peculiarities of the human mind is to allow it so say, "Yes, that is all right for Mary or her son, but not for me," (which is a repellent shell around you), rejecting the blessings which can be yours today! Jesus' mission was to manifest God through man! It is your mission, also. From Jesus, the angelic kingdom and all mankind, as well as the Spirit of Christmas, I give my love and gifts to you.

I worked alone, in the power of beloved Maitreya, with the help of blessed Jesus and Joseph, but it was not an easy task all those years, except for that wonderful illumined faith, that illumined faith in the goodness of God, which drew me forth from the human creation and helped us hold the immaculate concept, until that concept was manifest in human form. Now that concept I hold for you—take it or not. One day I shall meet you, here or there, and I shall again remind you, "Beloved child, I have been holding for you that immaculate concept—now we must learn to hold it for ourselves and for each other."

Grace Defined

One of the peculiarities of the angelic host is the capacity to read the minds of the students and I see, repeatedly, although we speak in simple terms and powers, that your consciousness says, "Oh yeah, but" and it is that "but" that is a shell repelling God's goodness from you.

Why should people who associate with Divine Beings, who have the privilege and honor of our presence, EVER feel, for any reason, whatsoever, that there is not a power of resuscitation, there is not a power of healing in this universe, that can act here in this physical world, and that there is no gift greater than that of God, to manifest through man. It is your mission. It is the mission of every soul on every planet, and particularly the children of our beloved Saint Germain, that they manifest that Godliness which, of course, is never accomplished through human will, but through the gift of grace.

"What is grace?" the mind will say. It is the capacity to listen to the power of God and consciously and positively reject the powers of evil, and that grace enables you to become the fullness of itself. That is how I learned when the angels came, when the messages came, when the var-

ious and sundry warnings came, by staying in that silence within, although I worked as a woman. I carried water from the well. I worked in the garden. But I kept a certain portion of me constantly in that state of grace, and that is my reason for suggesting to you that you develop a listening grace through the power of the God, who made you, and be wise enough to know what that grace is, and be wise enough to know that the human creation speaks also to you, is and be wise enough to be POSITIVE, until you have manifested perfection.

What is Required of Chelas

Think you not that we were not positive, Joseph and I? We could have fled from Herod's army, spent that time in Egypt in that heat, returned to ordinary living. Think you not Jesus, himself, was not positive when he made that long trip over the Himalayas to see the Divine Director, to learn those magnificent words, "I AM the Resurrection and the Life"? Think you he was not positive when he went into Jerusalem and knowing the trial that was to come, was willing to give the physical body, temporarily, to the powers of evil, to PROVE there is no death? THOSE ARE THE POSITIVE QUALITIES that are required of the worthy chela of light. There is no such thing, beloved ones, as lukewarm chelas. There is no such thing as the individual who is negatively good. We must have positiveness, qualified by love and understanding and manifesting it in every experience of life.

So from Jesus, himself, from the angelic kingdom, from the Spirit of Christmas, from all that it represents, I send and give my gift to you. Shall it be like the paper, burned away, or shall it be a living, breathing enthusiasm in you, to make you truly a Christus! Many sermons will be spoken today, songs will be sung, but they all feel the ONE JESUS did THE ENTIRE JOB. Oh, beloved ones, that is not a truth—EVERY BEING MUST BECOME A DIVINE BEING, HIMSELF.

COME NOW, AWAKEN AND BE that Christ, wheresoever you are. Right here, be still, and in my presence, let go of distress and accept perfection—for yourselves and all living things! This is our Christmas gift to you. Your acceptance of our reality is your gift to us.

THE BRIDGE

TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment, Contact with
the Great White Brotherhood and Cooperative World Service

APRIL 1960

HOW TO LET THE PRESENCE ACT

An Address by Beloved Jesus
The Ashram, December 25, 1959

On this day, celebrated as the anniversary of my humble birth, I give honor and blessings not only to angels, mankind and elemental life, but particularly to those who made my victory possible. I refer to my blessed mother, who held, throughout her lifetime, the immaculate concept for me, to my good father (Saint Joseph), now the Ascended Master Saint Germain, who leads you and succeeding generations into permanent victory, and shall bring forth the magnificence of the Golden Age.

Beloved ones, the angelic host, are truly a part of that victory, coming in their God-free estate, closer and closer to the earth plane. In every one of my own personal experiences, wherein there was temporary trial, the power of my own holy family and the angelic host gave me the feeling of victory. Even on that Thursday in Gethsemane, when I offered back my "cup," the strength of the angels helped me to hold my cup that I might fill it on Good Friday and Easter Sunday.

You, too, now have a cup, filled with the gifts of God, and many times, even like unto myself, you desire to place your cup in the hands of the Father, not choosing to pour forth the fullness of its gifts to all mankind! What good is a cup, filled with the gifts of life eternal, if that cup, filled to the brim with our love, does not reach the souls of men, giving to them the essence of divinity, the encouragement required to progress upon life's way and the power (latent within them) to expand their own divinity. I was but one example of what all men shall become, here on this Earth, even before the glory of their ascension. Accept that in your feelings NOW!

Carry Your Cup in Honor

That Holy Christ Flame within your hearts is able to render this service through you. Utilizing this power requires great humility of the outer self, so that the human personality shall lessen and the Christ within always be given credit for doing the good works. Now is the hour when THAT accomplishment is required. Carry your cups in honor, that all who are athirst may drink thereof.

Again, again and again have I said I have been but an example of what all men shall be, here on this Earth, even before the victory of their freedom and the glory of their ascension. Can you not accept that in your feelings, that it would be a very foolish Godhead who would create but one divine son and many sons and daughters of clay! No, everyone from every star and system, has a bursting Christus waiting to expand, but it takes great strength to allow that light to expand into and through you. It takes great humility for you to understand that, in the expansion of the light, you become less and the power acting through you becomes more. It takes great discrimination to cognize that the gifts and virtues and blessings that flow forth are of the Father within you, acting through you, true, but not to glorify the self. How often have I said, even in my ministry on Earth, "It is not I. It is the Father within that doeth the works."

That Father-life is within you, too, willing to accomplish the works if you let it expand its power. What I have done, you can and SHALL do. NOW is the hour when that accomplishment is required, because mankind, everyone everywhere, desires the example manifest of the Christ in order to, in themselves, have the encouragement necessary to make like endeavor.

We are in the days and hours of change, true. Here upon the Earth there are many human appearances that frighten those who are not anchored in the power of God. Yet, those appearances are no greater than the appearances manifest in my ministry. In fact, except for the fact that they are televised, they are less. Where is the Christ that says unto them, "Peace be still" and then calls forth, by the power of love and light, the God-victory and manifestation that is required to make each and every one of you that manifest perfection, not only today, but so long as you shall remain on Earth and that will be part of your crown in heaven.

What Your Crown Is

Many individuals have wondered about that crown. That crown is made of all the good you have done through all the ages that you have lived. It is really the Causal Body which we wear, which the great Elohim wear, which those at the Teton wear, and which is a part of the jeweled magnificence of your victorious Presence.

There are many mansions in the Father's home. Let your mansion be one of great light! Your mansion began when first you took embodiment upon the earth plane and into that mansion has been built all of the good you have done through the ages. You often remember visiting them upon awakening in the morning. Through the gift of projected consciousness, enter into your mansion of light, and abide therein, feeling the play of light in and around you, enjoying the gardens of flame-flowers, and the general perfection of those realms of love in those mansions which are your own!

We are cognizant that the service rendered on the earth plane is great and that the energies involved in the sustaining of that service are many, but think you that you could even accomplish that much service, were it not for the intervention and sustenance of the Ascended Host of light? Ah no, you live truly by the power of light and the gift of love and the energy of OUR PRESENCE acting through you. So when you fold a sheet of paper, when you raise a hand in service, remember that it is the Father within and our presence that is giving the benediction and the blessing through you and practicing that you become the Christus manifest here on Earth.

Magnify the Power of the Lord

From the time of my earliest recollection, my mother taught me to magnify the power of the Lord to bless life. If we had not practiced that law of love, we would not have become the masters of energy and vibration. Even in the secular world, if one does not practice any power, he or she does not become master of its gifts and powers. Practice standing aside, humanly speaking, to allow the power of God, through you, to act! Remember always, it is God, through you, who renders the so-called miracles, even as I constantly reminded my people that it was not I, but the Father, within, which did all the works. The SAME opportunity is yours NOW. Utilize it as I did and do not let that God-power wither on the vine. Allow it to wax strong and active within and through you TODAY.

That is the activity I used in my own life, simple as it was, though it has been gloried by succeeding generations. While I walked the ways of earth there were not so many in our number, yet we practiced the using of the power of the presence of God I AM in everything that we did. In that practice, when our public mission began, I was able to utilize the momentum and the power of that Christ Presence to do the service that had to be rendered.

Practice Daily

Beloved ones, if you sat, as some of the blessed worshippers in the East, with your hand behind your back for forty years, it would wither—nature's way, until it was permanently crippled. They think it is a devotion, yet the hands were given to utilize in practical service, and those men and women in India and China, particularly in the East, could do more with their good hands expanding the power of practical secular cleanliness and understanding and instruction than they could in allowing the arm or the foot to wither in that which they call asceticism.

NOW, where is your practice of the presence of God? You know when you have practiced, say in anything, you are proficient at it and you can do it almost automatically, whether it is playing the piano, using the type-recorded machine, as beloved Morya says, whether it is using the automobile, whatever service you are rendering becomes almost automatic and you can render that service without any consciousness of it. That is how the practice of the powers of the Presence become, until they are almost automatic in their service in and through you, for the blessing of all life.

I say this truly as one who is among you, not one who has come forth from you but one who has come to you. I lived always by the practical power of using the ever-presence of God.

May the blessings of this holy season be upon you, radiating forth through you, to your loved ones and all upon this Earth.

HOW THE ASCENDED MASTERS CREATE by Mary, Mother of Jesus

You are attaining great freedom and enjoying the one eternal happiness that results from becoming Master of circumstances, rather than victims of fate. The lifestreams who begin to perceive the powers of the Sacred Fire and avail themselves of the opportunity of drawing the Sa-

cred Fire into focus, both for the purification of cosmic causes known and unknown and for the creation of new fundamental rates of vibration, are passing through the door from the realm of three dimensions, which is a prison, into the realm of cosmic cause, which is the Fourth Dimensional activity of the Ascended Masters' Octave. It is the fulfillment of the promise of Serapis Bey, when he said you would consciously pass over the bridge into the realm of divine ideation and while yet wearing the garments of flesh you would no longer be at the mercy of your own misuse of the creative energy or that of others.

The Realm of Consciousness

You are studying consciousness and you have come to a realization that within the realm of consciousness is the cause of every effect, good and evil, that has appeared or will appear in the lifestream of the individual, but there is something ABOVE consciousness.

Consciousness is the effect of the use of the God-principle by a self-conscious intelligence who has woven out of the universal light substance an invisible aura, in which there rests the causes to which we refer. You cannot say, for fact, that man is his consciousness. Man experiences the results created by him through the use of energy and vibration, and his consciousness is the effect of his use of free will.

Consciousness is the Instrument of Creation

The consciousness is the instrument of creation. The Ascended Masters' Consciousness is their instrument and they create, in their realm of consciousness, just as the artist creates within his workroom or studio. The brush and easel are the implements used within the studio, as are the thought and feeling faculties the implements by which consciousness is formed.

How Consciousness is Created

You have therefore a fourfold differentiation:

- a) The self-conscious intelligence, which is the individuality.
- b) The thought and feeling faculties, which are implements of the self-conscious intelligence.
- c) The primal life energy, and
- d) The finished product, which is consciousness. This is at inner levels.

The Use of the Sacred Fire

Consciousness, evolved through thought and feeling and the use of the Sacred Fire, becomes an instrument through which every idea passes into the third dimensional world to become form.

Consciousness is the conductor from the unseen to the manifest. The Ascended Master Consciousness is used by the Master within, which he creates through the faculties of thought and feeling, but in order to have his manifestation come forth into the physical appearance world, he must use the medium of some consciousness who still belongs to the vibratory action of the race, on the planet which he is assisting.

Human Consciousness and Purity

The cosmic consciousness flows through some highly-evolved pure human consciousness. Such lifestreams become cosmic conductors of divinity and you have no greater example than that of our beloved Jesus. When the Cosmic Christ entered his very pure consciousness, the two became ONE.

In my discourse yesterday, I spoke of the necessity of purifying the consciousness through which any cosmic powers may flow, for the reason that the descent of cosmic ideation through that medium would energize and vivify any accumulation through which it passes, and in order to have selfless instruments, who will allow their consciousness to be used by the Divine Beings who are, by Law, only permitted to serve through lifestreams belonging to our planet, we must be assured that these human consciousnesses are like crystal vials through which our life and light and powers might flow.

Picturization and Habit

Regarding the fundamental rates of vibration of picturization and habit, these are tremendous cores of concentrated energy, that act independently of the personal self. The intense call for the purification of these rates of vibration, known and unknown, within the lifestream, will continue your already-rapid progress toward the development of a consciousness which cannot be impinged upon by any imperfect creation.

Offering Your Consciousness to the Ascended Masters

OFFERING YOUR CONSCIOUSNESS TO THE ASCENDED MASTERS, as the beloved Maha Chohan explained, WILL ALLOW SUCH GLORIOUS, DIVINE IDEAS TO BE CREATED WITHIN THE SCOPE OF YOUR INTELLECTUAL ACCEPTANCE AND RECOGNITION, AS WILL AMAZE YOU. These, fed by your thought and feeling, will come forth to create with greater and greater clarity, fed with your great creative experiments.

Calling to the Beings of Purity

Continue the purification of your consciousness through the use of the Sacred Fire. Call to the Beings of Purity, and through self-conscious alertness, entertain no picture which would be like a great cloud on the cosmic currents passing through you for the freedom of all.

USE OF THE RESURRECTION FLAME

Letter to the Transmission of the Flame Class , April 16, 1960

Dear Chelas Who Wish to Use the Resurrection Flame:

One of my services to life is to resurrect the nature kingdom at every springtime, and naturally I am connected with the Resurrection Temple, now open to mankind in this thirty-day period (April 15th through May 14th, 1960).

Just as beloved Jesus used victoriously the Resurrection Flame, each chela is expected to do likewise. In this year of 1960, you have the exceptional opportunity of the use of action of the Violet Transmuting Flame of beloved Zadkiel and the Ascended Saint Germain, and also that of the Resurrection Flame of beloved Ascended Master Jesus and his holy mother, Mary.

Hold yourselves in rapport with the rays that are pouring out every minute of the day, from the Resurrection Temple to all parts of the world. This will raise the vibratory action of your mind and feelings, as well as that of the cells of your physical bodies.

Some of you may ask, "How can I tune into the Resurrection Flame?" One of the ways to do this is by magnifying your love and adoration of beloved Jesus and Mary and by reading their addresses and the descriptions of their temple. The next thing is to invoke the Resurrection Flame and visualize it passing through your four lower bodies (emotion-

al, mental, etheric and physical) and through every appearance of distress that comes to your attention and, of course, attend daily, in your consciousness, the Resurrection Temple, where beloved Jesus and Mary and my humble self will meet you.

You will enjoy more illumination, a greater purification of your feelings and the rejuvenation of your physical bodies.

Love and blessings,
Maha Chohan

**REMOVING DISTRESS
FROM YOUR MIND, FEELINGS AND BODY
An Address by the Archangel Gabriel**

The Ashram

December 26, 1959

I am Gabriel, he who is called “the Announcer,” bringing tidings of great joy to all generations. These tidings come to you in the progress of this sweet Earth as she, and all her evolutions, move ever upward in the holy Father’s scheme of God-creation. There are already inner, divine causes set up, waiting to burst through the veil of maya, as a manifest expression of God-perfection which the beloved Saint Germain holds for you as well as for succeeding generations.

Have you ever thought what causes motivation? Motivation is caused by the will to do, the intelligence by which it is done, and the love by which to sustain the manifestation. This was the power utilized for the progression of the Earth and the same activity of motivation can be used to accelerate the cells and atoms of your being, throwing off into the Violet Transmuting Flame, all discord, and sustaining and accelerating the power of God, alive within you, rather than allowing your physical vehicle to decline. Think of it! The motivating power in all life is of a different vibration, of course.

So-called inanimate matter is impregnated with the consciousness of all who use it, but the motivating power of the cells and atoms of your dear bodies can be regulated and move more rapidly, until all human creation is removed, and the powers of your Holy Christ Flame activated and set free, to bless all life everywhere. Accelerate the vibratory action of those organs and cells, which require assistance NOW. The moment you think of us, you are with us and the moment we think of you, we are with you. That is truly a power of rapid motivation, is it not?

That is a science. It is a science that can be used, and is used efficaciously by unascended beings as well as those in our kingdom. You cannot even move yourself from this room into your own quarters without being willing to do so, having intelligence enough to go there and then making of your room a shrine of light by the love that is acting.

Practice the power of accelerating, calling to your I AM Presence and Holy Christ Self to accelerate the motion of the cells and atoms that make up your physical vehicle and inner vehicles and see the manifestation that can be yours TODAY!

Beloved ones, utilize these powers. There is no sense in bringing glad tidings of great joy to this or any generation if there is not the acceptance and utilization of those powers within the lifestream to whom we give the gift of our very life.

Now visualize a crystal ball, about the size of the palm of your hand, and see it rotating upon its axis, that axis perfectly straight—as the Earth soon shall be—and see it move from left to right, of course. That is a magnified cell made up of many electrons. Those are within you and when you call the POWERS OF LIGHT into that cell and it begins to rotate more rapidly, wherever the condition of distress seems to be in the mind or the body, in the soul, in the feelings, it can be removed by the powers of light. This is God-truth, proven by unascended beings and which can be proven by you today.

We are in the season of Christmas, one which I remember well, as I participated so joyously both in my visitation to holy Mary and to the Ascended Master Jesus and Saint Germain (then Saint Joseph) on many happy occasions. As you practice the power of the presence of God, alive within you, you will, of course, become more of the light of the world. Walking the ways of men, you shall not be like unto them, for your light shall be a pathway of grace to all.

That, will give you, of course, a tremendous acceleration but until that hour comes you can receive the acceleration of the cells of your beings through our presence and OUR CHARGE OF LIGHT through you. You can sustain that in ovoids of light, by the power of the Sacred Fire.

Practice these things. Yet though you walk the ways of men, you shall not be like unto them; you shall be like the shining stars in heaven, which is your destiny and which you must one day fulfill.

Beloved Jesus spoke upon the subject of practicing the powers of the presence of God, within him, which manifested his victory. Although

even we, of the angelic kingdom, gave great assistance to his lifestream, if he personally had not chosen to practice those truths, he would not have accomplished the perfect example for all the Christian Dispensation.. My Lady Hope gives constantly of her feeling of hope eternal to the hearts and souls of men in temporary distress. Call on beloved Hope and the angelic kingdom, and allow the orbit of the electrons and cells of your vehicles to expand until you are God-free beings NOW.

Beloved and blessed of my heart, I love the light that is your heart-beat—the eternal flame that is alive within you and which will one day be God free. Every hierarch and sponsor and master at the Teton loves that light and you have learned, and are learning, to love that light within each other, though sometimes the untransmuted karma seems to be more powerful, but if your love is strong enough, you can do as Jesus did, when he drew the devils, themselves, out of individuals.

You can call that untransmuted karma into the Violet Fire and love life free. Combine this with calling for the Luminous Presence of myself or any one of the Ascended Host and see the results. You are now in a position to call any Divine Being and through the power of your Holy Christ Self to invoke the assistance that is required to blaze the flame through all untransmuted karma, to love life eternally free.

PRACTICE THESE THINGS. These are the most simple of all instructions, as you know, and as it descends upon you, acknowledge our reality. You shall then be master of the very substance and energy of your sweet worlds.

Oh, there are many souls who consider that it is impossible for them to attain to the heights of divinity's stature. It is the Lady Hope, herself, radiating in, through and around them that gives that stature of perfection, manifesting it with the fullest power of the Sacred Fire, without limit. So stand as the Ascended Host you represent, as the angelic host which we are, and allow the orbit of the electrons and cells of your vehicles to expand, expand and expand, until you become God free beings.

THIS I ASK IN THE NAME OF THE SAVIOR JESUS, whom we honor in this holy season. We call him "savior" and that is true, because salvation, itself, is knowledge of the Law and that knowledge, applied, sets mankind free. Savior as used in the activity of vicarious atonement, of course, is a fallacy of the church, but when the Law is given and not used, when the instruction, radiation, blessing and POWER of the Sacred Fire is not poured forth, after the Law is given, there is a karmic line written on your page of life. So wipe clean your page of life, your year of

life, your years of life, your centuries of life, your aeons of living, through the power of this Violet Flame and let your volume of living in the cosmic library contain only those beautiful and perfect pictures and experiences of perfection that you have ever known now, known before and are to know again. Thus, I come to announce tidings of great joy to you, that the Father of life within you can and will expand, through you, the vibratory action of himself, for the blessing of all imprisoned life. Charge and accept that activity into your feelings, beloved. Let the beloved El Morya be spiritually grateful before the Karmic Board for his energy invested so lovingly in you, each one, when the petitions are presented to the Karmic Board, for 1960. The Earth is in the process of the most rapid redemption of any star that has even sunk to the depths that the Earth has. The Earth is now being resuscitated quickly. Resuscitate yourselves with it and progress with it into that light, that light that we know and that WE ARE!

The blessings of the Holy Season be yours, and the blessings of every being, power and legion of heaven flow to, through and around you, setting the light within you FREE TODAY, sustained by God's holy name, "I AM." Thank you so much.

THE POWER OF RESURRECTION

Address delivered at the Ashram by the Cosmic Being Hope

Beloved friends, in order to achieve and maintain the immaculate concept of which blessed Gabriel speaks, unascended lifestreams do require a tremendous buoyancy, which is to be found within the Flame of Hope, which it is my joy to sustain in the emotional, mental, etheric and physical worlds, for without hope no man could finish his course, no woman or child could sustain the constructive endeavor upon which he or she is engaged.

We are part of the springtime, Gabriel and I. Gabriel—through the Resurrection Flame, connects with the beautiful Virgo and Amaryllis and brings up through the earth the magnificent blossoms that show the power of resurrection in the nature kingdom. I give the fragrance to those flowers, which is hope. If a dormant bulb lying in the earth through the long winter beneath snow and ice, can be stirred to the resurrection and direct its shoots and flower through the ground and then give forth perfume, it should be a great hope and example to mankind that what a bulb has been able to do in externalizing its immaculate concept, mankind also can do!

Externalizing Your Divine Pattern

As the Resurrection Flame of Spring surges through the earth, as you look upon every flowering shrub and budding tree, as you look upon every early spring flower which has utilized the power of the Resurrection Flame, feel the currents of hope alive within you, for within your hearts, you know, is a divine pattern and plan waiting to burst forth and externalize, making you, each one, a Christ, a more powerful kernel by far than the little tiny kernel within which is held the pattern of the crocus or the early violet.

Within your hearts, beloved ones, embodiment after embodiment, the great and patient God has placed the divine immaculate concept of himself, and springtime after springtime, year in and year out, embodiment after embodiment, where is the flower and the perfume of your Christ? I say, now it is not enough that Jesus burst the tomb of immortality, resuscitated a mutilated form and stood forth a resurrected, shining being, when there are ten billion lifestreams belonging to the Earth's evolution and about three and a half billion of them are in embodiment today, waiting, waiting, waiting for someone else to externalize the Christ nature.

There is no human being who does not have that divine plan and pattern within him and it is written that man was made in the image and the very likeness of God. That image and that likeness has been shrouded around by personalities, until so few have come to flower. Were every one of the elements to be as recalcitrant as mankind who have used this Earth, there would be no spring, no violet, no crocus, no lily, no flowering shrub. They would stay beneath the earth, year in and year out, but elemental life, inferior to that of humankind, has expected the resurrection power and created the rhythm of spring, summer, harvest and rest.

What nature has done, what Jesus did, what a few very exceptional lifestreams before Jesus and after him have done, is the destiny of all this race and those that are yet to be born! So, on behalf of the God that made you, the Christ that is within you and the potentialities that await development through you, I do invoke the power of cosmic hope, to sustain your feelings in a receptive consciousness, until you are a manifest expression of your divinity. So to you all I say this morning, accept Lord Gabriel's concept for yourselves, for each other and for the Earth and take my buoyancy, which is the power of hope, not just during this time, but as a permanent gift of my heart to you.

TEMPLES OF THE PAST AND THE PRESENT

Excerpts from an Address by Beloved Maha Chohan

Everything, even your planet, is builded in light. If you had stood in the atmosphere and seen the Elohim looking into the body of the Silent Watcher and then drawing forth the light rays to form that convex cradle into which the substance was drawn, to make the Earth, you would have seen only light and heard only the beautiful harmony of the spheres. The creation of the Golden Age of tomorrow is taking place in the same manner—through light—and that light is your energy, drawing the substance from the etheric realm and building specific momentums of healing, of purification, of illumination in the various localities where you graciously chose to form groups, sanctuaries and activities dedicated to the Sacred Fire. You have responded to the call of love.

In the great ages where mankind knew freedom, the priests and priestesses of the Sacred Fire concentrated upon one specific gift to life, and they became specialists in drawing forth, from the heart of the universal, that particular quality and momentum. There were temples of precipitation, there were temples of illumination, temples of education, temples where the nature devas were trained to control all weather conditions, temples of healing, and so on and so forth.

The Temples of the Past

The mankind that functioned and lived in those eras knew where those temples were. When they were depleted, in themselves, in one quality or another, they made pilgrimages to those temples. As they walked up the steps and as they sat within the silence of those temples, they were re-vitalized. Their own energies absorbed, even as the sponge absorbs water, the quality of energy which the priests and priestesses had gathered and which they offered to all who entered therein.

In the activity which has preceded this, generalization was the order of the day. In these conferences and conclaves where you join together one with another, the various momentums that you gather must be blended. Then, when you return to your individual orbit, you will have some of the strength, some of the sweetness, some of the faith, some of the light, some of the purity from each of the visiting priests and priestesses that carry, from their own forcefield, a portion of their qualified life to add and contribute to the good of the whole.

BELOVED ONES, ALL LIFE HAS SOMETHING TO OFFER. The smallest violet, the most beautiful tree, every bird, every angel, every deva, every man—each has something to offer from that Holy Christ Self. Each has a

reason for being, each has a radiation through the energies of his or her own world, which can be a benefit and a blessing, a nourishment and a stimulant to the inner energies of your own world—if you will choose to so open yourself to accept them.

Tuning into Your Etheric Temple

If you choose, in your individual activities, to call to the local Silent Watcher over your city or town, and to find within yourself the keynote of the temple which pulsates in the ethers above your sanctuary or group, and you will endeavor, then, to concentrate your energies to drawing forth the fully-gathered cosmic momentum of that temple, that worship and that light, I am sure you will find great joy in becoming specialists along one line or another.

When you are strong and when your momentum is gathered, then will be the time to increase the numbers of mankind of Earth who are cognizant of you and of your service. Then will be the time to turn the attention and the consciousness of the people toward you, for you will have something to give that will be the greatest proof possible, beloved children of God, of your oneness with the Father and your direction from us, for you are our representatives in this world of form. On your light and on your manifest works is our success measured by the people of the world, FOR WE, BY COSMIC LAW, MUST YET REMAIN BEHIND THE HUMAN VEIL AND USE YOU AS OUR VERY SELVES IN ACTION.

And may I say, beloved ones, those of you who have responded so kindly, so graciously, so beautifully to my humble endeavors to give to you a little bit of the comfort of my life in “The Bulletin,” I am extremely grateful for the light that you pour back to me in your written word, in your prayers, in your affirmations. You do not know what it means to receive so much love from the mankind of Earth, for up to only a few years ago, few even knew my name or that I had being!

FESTIVITIES IN THIS THIRTY-DAY PERIOD (April 15th through May 14th)

April 17th	Easter Sunday
May 1st	Saint Germain’s Ascension Day
May 8th	Day of Lord Gautama’s Enlightenment
May 11th	Wesak Festival, 0:43 a.m. E.S.T.

THE BRIDGE

TO FREEDOM

**A Monthly Journal Devoted to Individual Unfoldment, Contact with
the Great White Brotherhood and Cooperative World Service**

MAY 1960

**THE INTERCONNECTION OF LIFE
An Instruction Given At the Ashram By
Ascended Lady Master Nada**

The tremendous struggle, which is paramount in the life of the individual who aspires to Godliness, prompts my presence here with you this morning.

The mass of mankind have accepted themselves as the personality which they wear in embodiment and for them the weaknesses and habits of the personality are as much a part of the natural course of their life experience, as the petals are of the rose. When a lifestream is awakening to the consciousness that he or she must lay aside the qualities that are offensive to life and that such a one must consciously become a harmonious expression of God's energy, there immediately ensues a sense of battle and struggle, self-abnegation and self-discipline that goes on through numerous embodiments and which expresses as the penances and self-inflicted punishments that have been practiced in the churches, and by the people of the East, in the torture of their bodies and the denials of the flesh.

Having assumed the name of "NADA" and having passed the way of Earth, I would like to express to you the truth, which will enable the discerning individual to express his inherent Godliness in the natural manner which life intends.

On Separateness

Every personality on the face of this globe is a blot against the Sun. Separateness is not eternal and it is not truth. The aspirant must not dignify nor recognize the personal self as an adversary to be overcome,

because in so doing he gives wrong recognition to a power which uses this shadow-self, and which then, by the very life of the aspirant, released through this power, lives to torture him.

There is no unascended being who is not thoroughly convinced of his identity as an ego apart from the fullness of God, whose rights and whose attributes must be affirmed and projected by self-conscious effort. The constant struggle to maintain a separate identity, rather than allowing the little self to flow gently into the one universal whole, is unnatural and is the cause of all stress, nervous tension and emotional distress and unrest. It is the same as if one wave of the sea refused to merge and become part of the tide. The uneven and unnatural struggle would soon exhaust the energy of the erring wave, which would be drawn by the power of the great ocean back into its natural oneness with the sea.

The Oneness of Life

The student body is looking at God as a being apart from itself, toward which it must attain by a constant battle with this separate entity created by its own belief. The Ascended Host of Light have become a part of the universal whole and from the bosom of the Father pour their light to all the rest of the expressions of themselves.

The honest individual will realize, by a little introspection, that his entire life is devoted to the maintenance of this separate ego. Let any man be touched upon the “primal rights” of this separate ego and he or she, like a wild beast, would rush to its defense.

The Master Jesus gave an example of the nothingness of the outer man, when he was distinctly unconcerned with the efforts of the people to destroy the dignity and the Godliness of the form he inhabited. He, knowing that all life was one, realized that they but poured out their own life’s blood, and crucified by their own acts, the atoms of their own bodies.

When you once conceive of the oneness of life and when your consciousness is impregnated with the realization of that oneness, you will let go of the consciousness that there is any separation between you and the beggar on the street or the Ascended Host of heaven. The one, life singing through all, must be treated with the same unfailing courtesy and kindness. When Saint Francis gave his cloak to the unclothed and his food to the hungry, his disciples rebuked him, for they had learned to

love Francis and not life, but Francis, in his great illumination, knew that he but fed and clothed himself.

This feeling of oneness brings a humility and peace indescribable, for only a consciousness of separateness brings anger, selfishness and judgment. Disassociate your thinking and feeling processes from any ideation that the life within your body is a separate and distinct entity from the whole and let that life flow ceaselessly forth from you in a radiation of good, while you dwell in the bosom of the one God and do not, even for an instant, allow any part of your consciousness—by word, thought or feeling—show any preference to the life flowing through your vessel over that of any other.

“NADA” means “NOTHING.” This is not a negative, lethargic or passive state, but it is the same consciousness which Jesus used when he said, “I, of my own self, can do nothing,” etc. It is rather a most powerfully positive and concentrated consciousness of the ONENESS of the eternal life of the universe, and he who attains that consciousness, has become one with the ascended consciousness, even while he yet appears in the third dimensional garments of flesh.

LEARNING TO PERSEVERE
An Address Delivered at the Ashram by
Gautama, Lord of the World

Beloved, blessed ones of light, YOU are the light of the world, for within your beating hearts is the most beautiful flame, and that flame, expanding in the radiance of our love, is the hope of mankind, imprisoned angels, and every living thing. The light within your hearts is what we, in the ascended state, love. That light within your hearts is the signal to all of the Great White Brotherhood, to all of the angels of heaven, to all the powers that are acting to effect and manifest world peace. There are among the sons and daughters of men those willing to be magnetizing centers for that peace, that can never be disturbed no matter what the pressure of energy from within or without may be.

My Armageddon

In my life long ago, as Prince Siddhartha, I, too, learned the lesson to persevere for many, many years, in my search for truth. Having forsaken the beauty and perfection of my father and my own beloved wife

and son, I sought the truth, a way and means by which mankind and all living things might be freed from disease and distress. Sometimes, as my aspirations rose Godward, I must tell you that my mind returned to my home and my loved ones and there was the Armageddon. Could I not have done better as the ruler of India, to bring light to the world, than as a nameless mendicant! And there, alone as I endeavored to do that which my own heart seemed to have prompted me to do, there alone, I, too, learned what it was to persevere—to persevere even as my consciousness opened to every one of the spheres and I enjoyed the glory of it.

Yet, something within me said, “No, it is not the ultimate,” until I had reached, in consciousness, the very heart of God, himself, and touched the hem of his robe and felt the effulgent light of his presence and knew what it was to come home! In that moment, all that I was, longed to remain in that glory, but I had to persevere in returning through the seven spheres, into a vehicle that had become emaciated, and re-animate that vehicle and walk and talk with those who were my followers, giving to them those precepts and truths, some of which you know so well, holding my peace and radiating that particular gift of enlightenment, until my Guru called me to come.

Fulfilling Your Mission

Every great and Ascended One has had the temptation, from time to time, as Jesus did in Gethsemane’s garden, to ask the Father of Light to remove the cup, but every sainted and Ascended One has persevered, in his own particular service to light unto the end, and those who asked for surcease most assuredly were given it, for God is a God of mercy and love, and they laid down their unfinished business and faced the Karmic Board with their baskets not filled with the sheaves of accomplishment and were given rest in the sleepers’ realm and allowed to be present with their own Guru and given new strength. Then they came to Earth again, with the same mission, which they did not fulfill before—for until your mission is fulfilled, until you have wrought the purpose through, which made you man, you shall not have the fullness of your ascension!

Bodies tire and souls weary and we are cognizant of that, having passed this way ourselves, but I can assure you that you, who are faithful to the end, will wear the seamless robe and the beautiful crown of victory and you shall not know remorse for what “might have been!” Often have I thought, if I had returned to my father’s house and rejoined

my wife and son, and taken up the rulership of light in Asia, it would have seemed a noble thing, yet it was the prayer and the love and the strength of the Guru who guided me, who kept me from the deception of the human mind, which often weaves into promptings motives of a nature not wholly divine. So, wherever your path has placed you, if your hand is on the plow, my hand rests upon yours. RUN YOUR FURROW TO THE END AND THEN WHEN YOU COME TO GREET US, WE CAN SAY, AS WAS SAID LONG AGO, “WELL DONE, GOOD AND FAITHFUL SERVANT!”

Your Cups Are Filled

It is most difficult to formulate, in words, instruction for unascended beings, for I have long dwelt in an activity of pure radiation and light, where words and gestures are unneeded and my service as the Buddha was to enfold the planet in that love and light. When the opportunity came for Sanat Kumara to join his beloved on Venus, I could not allow myself the luxury of sojourning longer in that effulgent light, and willingly and joyously, in the name of that great Sanat Kumara, and as a servant of the Great White Brotherhood, I took upon my shoulders the cloak, as well as the responsibility and the obligation, to be the Lord of the World—and just as willingly and graciously does Sanat Kumara (given full freedom to act on Venus) return to Earth. My gratitude is given to the beloved Lord Maitreya who, during this period of my adjustment to the activities of pomp and circumstance, has acted for me on so many occasions as the presiding celebrant at celestial functions.

Beloved ones, please know that when we come, we give you our light, that is qualified with all the momentum of our living. It is priceless! It enters your feelings, it enters your minds, it becomes part of your etheric body, and it enters the substance of your flesh. So, dear ones, do not dissipate it as soon as we have ceased speaking. You have the greatest gift in the world, when any divine being gives you of their light. This is the communion of saints! Your cups are filled! It is a precious essence that can be lost by the ill-use of the tongue, or by any of the senses. Conserve it, each of you a holy grail, blessed by the Lord of the World. God in heaven be with you!

ON ASCENSION DAY
By the Beloved Ascended Master Jesus

In the great honor accorded me through the Christian Era, little has been understood with regard to my service performed on Holy Thursday, wherein I offered the body and blood of my lifestream to the beloved friends gathered with me that hour. It is my consciousness that I chose to share with them and which I hoped they would continue to partake of, in the knowledge that there is no separation in the bonds of love.

Food That Ye Know Not Of

Mankind is constantly, consciously and otherwise, partaking of the consciousness of each other, through the written and spoken word, through radiation and picturized ideas, but it is seldom that mankind aspires to partake of the consciousness of an Ascended Being, which is always open to any supplicant. When I said, "I have food that ye know not of," I spoke of this great parent consciousness of which I partook and in which I lived constantly. You, too, have food that your own lifestreams know not of and if you would choose to draw the Ascended Master Consciousness, rather than dwelling, accepting and living upon the human consciousness' reports of your own and other human beings' outer senses, you would know the peace and perfection which I endeavored to manifest to mankind, centuries ago.

As the human consciousness of other lifestreams flows into your own, when your attention is upon them with disfavor or otherwise, they affect the tone and nature of your own being. So, also, does the Godly consciousness flow, carrying, within itself, rivers of healing, illumination, peace and well-being.

The Awakened Chela

All men choose consciously or unconsciously whatever state of consciousness they wish to entertain and live within, but the awakened chela has the opportunity to "tune into" and dwell within the Ascended Jesus Christ Consciousness, until it becomes as much a part of his nature as the human consciousness of the world, before his awakening affected his mannerisms, characteristics and reactions.

Having achieved the ultimate glory of the ascension through the sustained consciousness of GOOD, I refused to entertain evil, and that consciousness which I AM, can be a tremendous resurrecting power when

drawn through your own consciousness, as a great flame enfolds the lesser and the two become ONE.

My Presence and my Victory is Part of Your Life

If the weight and pressure of the human consciousness finds your soul unable to aspire, the invocation of my consciousness through yourself can do much to disconnect the lifestream from the contemplation of imperfection and anchor it again into a sustained effort to live within the consciousness of GOOD alone, which is the mutual or shared consciousness of every perfected being, of angels and of Solar Lords.

On Ascension Day a great outpouring of my cosmic consciousness envelopes the planet Earth and her people, and whether they are aware or not, of my presence and victory, yet that presence and victory, being part of their life, is flowing through their inner vehicles in an uplifting, transmuting activity, which is for their mutual benefit and spiritual evolution. To each one of you, I give my individualized flame, within which is the substance of my life and the radiation of my nature and the characteristics of my being, which you, if you acknowledge and approve, may use to amplify your own natural current of expression.

ENLIGHTENMENT WILL BRING PEACE Monthly Letter to the Transmission of the Flame Class of May 21, 1960

Beloved Children of God Seeking Illumination,

This month is truly the month of illumination. In it we commemorate, this year, the ascension of my beloved son, the Ascended Master Saint Germain, Lord Gautama's illumination, the Wesak Festival and the ascension of our beloved Jesus. Besides, the consecration of souls takes place at the Sacred Heart Temple of beloved Mary, holy mother of Jesus. The Temple of Illumination of the mighty God and Goddess Meru is also host to the world, between May 15th and June 14th, 1960, and within this thirty-day period, on June 5th, we celebrate the Feast of Pentecost, known as Whitsuntide, in which every year I direct an outpouring of the powers of the I AM Presence into the Holy Christ Selves of all mankind.

In this month, therefore, it is expected of every chela to intensify their gratitude, love and adoration to our great God and Goddess Meru, to our beloved Ascended Master Saint Germain, to Lord Gautama (now

Lord of the World), to Lord Buddha (former Lord Maitreya), to our beloved Ascended Master Jesus and to his holy mother, Mary, as well as to the activities of the representative of the Holy Spirit on Earth.

This is the time for chelas, also, to persevere in their quest for understanding, for enlightenment, to see the cause and core of their limitations, to transmute them through the power of the Violet Transmuting Flame, in order that they may perceive their immaculate concept and the part assigned each one of them in the divine plan.

Their daily attendance, in consciousness, at the Temple of Illumination, in company with magnificent gentlemen sponsors (who are tall of stature, with hair like unto spun gold), where they will meet all these Great Beings, will be a tremendous help in making their victory in this endeavor.

It is also expected of our chelas to add their spiritual momentums to the daily outpouring of the illumination rays from God Meru's temple, into the minds and hearts of all mankind, especially into the minds and hearts of those who are rulers of countries and leaders of multitudes, not only in the Southern Hemisphere, where the Illumination Temple is located, but in Europe, Africa and Asia and throughout the planet.

Your Friend, Guru and Servant, Maha Chohan

THE WESAK FESTIVAL May 11th, 1960

The great annual Wesak Festival represents the fullest outpouring of nature represented by the month of May, and as the planet Earth must be served through her natural facets, the time of year when the currents of earth are turned outward, toward manifestation, and every leaf and tree and bud and blossom are unfolding the beauty of their own heart center, the Hierarchy utilizes this natural force for their greatest outpouring of nourishment to the soul and spirit of man.

It was the beloved Lord Gautama Buddha (who is now the Lord of the World) who first joined the mighty course of the river of his life to the natural currents of Earth, in his visitation that first full moon in May, and year after year since then, every member of the Brotherhood has voluntarily joined the substance and energy of his or her own lifestream to increase the crescendo of spiritual blessings that flow forth at this mighty festival.

You Are Invited to the Wesak Festival

There is no outer invitation to the Wesak Festival. The light within the heart draws the wayfarers and pilgrims, both in their inner and outer bodies to the place where it is held. There is never a mention made as to the exact location where the visitation will take place, but the tribes and nomads and disciples of Lord Gautama start into motion in March and April and are led only by the prayer in their hearts, which points their feet toward the great light, which is the only magnet and invitation that can draw them—without compass or guide—with the whole of Asia beneath them.

From Ceylon and India, from Persia and Arabia, from China and Tibet and all Asiatic countries come the enthusiastic pilgrims who cross continents without thought of time or effort. The pupils in the West, whose light is great and who are drawn by that light and whose inner bodies are a part of the receiving as well as the outpouring of the energy, are oftentimes entirely unconscious of the tremendous experience which has bathed their souls in the celestial and eternal light and they return to their mundane tasks and duties greatly enriched by their experience.

In describing to you some of the festivities of the Wesak Valley Festival, which takes place each year at the time of the full moon in the month of May, we would like to draw your minds toward that valley and allow you to contact, in a moment of silence, the great outpouring of the new Lord of the World, as the moon reaches its fullest radiation. Why do we choose the time of the full moon? Because, beloved ones, every emotional body is at its greatest tide and there is more opportunity to pour the radiation from above. As part of this pilgrimage, chelas honor Lord Gautama and he, in turn, creates a visible, luminous form in the atmosphere with his glorious Causal Body, pouring through the benediction of his presence.

When Lord Gautama decided to expand his Causal Body to meet that of Sanat Kumara, he naturally made a much greater radiating center of blessing, and so the outpouring of the new Lord of the World, which takes place at the Wesak Festival, is greater than before he became Lord of the World.

Finding The Wesak Valley

The preparations are made by the conscious chelas who create the stone altar and bring the golden chaste bowl and fill it with the beautiful lotus of the East, in honor of the coming of Lord Gautama. As the pilgrims arrive, you can see their yak tents as they busy themselves about their personal ablutions, each one preparing according to his own capacity to receive the benediction of the Lord.

The great angelic beings and builders of form supervise the spiritual activity and Great Beings at the cardinal points of the valley—north, east, south and west—magnetize the pilgrims on Chamuel's Ray by an added heart pull.

Will you pray with us that all who are earnest, honest and sincere may find their way to that valley! It is the voice of Asia that is the prayer in the heart of thousands, that the flame in their hearts may lead to the presence of their Lord.

CONSECRATION OF SOULS AT THE SACRED HEART TEMPLE By Beloved Mother Mary

Beloved children of the one eternal God, I bring to you this day the peace of heaven. It is this peace which your dear souls so much require, in order to bring your four lower bodies in order. Without peace, no unascended being can experience the stability of dwelling constantly and consciously in the heart of the presence of God!

Today we listened to your magnificent decrees, songs, visualizations and calls upon the behalf of the many millions of lifestreams who are passing, this day through the initiation and consecration at the Sacred Heart Temple. We remembered the time when unascended beings worked together with Ascended Beings for a cosmic purpose, with no veil between (at the time of the Golden Age).

By your action you have become citizens of the world, and therefore you have a right to vote in its affairs. We are citizens of another world and another realm and we abide by your vote in order to function through the body of mankind.

The Sacred Heart Temple

The outer mind has no concept of the complex procedure that leads to the preparation of lifestreams before re-embodiment. At the Temple of the Sacred Heart (where beloved Mary assists in fashioning the heart of all incoming lifestreams), there are three distinct groups of individuals, all waiting for the summons to appear before the Karmic Board.

The first group consists of the Buddhas. These are God-free beings without karma, who volunteer to help mankind. These fall into two categories, namely those who seek re-embodiment and those who come from other planets, seeking embodiment on Earth for the first time. The Buddhas arrive at a time when they know the Karmic Board is meeting to pass upon the lifestreams who will embody during the next twelve months.

The second group are the chelas of the various Masters of the seven rays, who have seen something of the divine pattern and plan at inner levels, and who are desirous of cooperating with their Master by coming into embodiment, particularly at this time, in building the permanent Golden Age.

The third group consists of the millions that must, in justice, be allowed re-embodiment within a certain span of years. This group is rather enjoying the sojourn in the heavenly world. There is, if you would call it so, a sorrow in the summons to rebirth, because these individuals live in a very happy place compared to the previous earth-life. It is a place where there are great freedoms in the etheric body. It is a place where new associations are made between comrade spirits, and where old associations on Earth are renewed with people who had great love for one another.

Summons before the Karmic Board

The messengers of the Karmic Board wear the scales of justice upon the breast of their garments and they carry with them the scrolls, which are the summons for the soul to appear before the Karmic Board and to perhaps be chosen to leave this realm of Elysian fields and come into embodiment.

When these great messengers go forth, there is more than a little distress and fluttering in the consciousness of the members of the third group. Sometimes there is a sigh of relief when the messengers are passing by. There are the partings, the partings of a loved one from its

lover, a mother from a younger soul, its child. There is a certain agony in the soul of the one who must accompany the messenger to the Karmic Board and enter into the Halls of Karma, and there they are arranged in the seven colors, representative of the ray to which they belong.

Beings From Other Realms

First, the Ascended Masters present the first group of candidates, the Buddhas. Each Buddha speaks to the members of the Karmic Board and to the messengers from Helios and Vesta and Alpha and Omega. The Karmic Board then studies, carefully, the pattern for the year and the pattern for the entire two-thousand-year cycle and then weighs as to whether the sacrifice of this God-free lifestream is worth the permission to allow such a one to embody. In the next hundred years, if just one Buddha came in a year, you would have a tremendous momentum of radiation that would come to Earth. Through both Meta's and Sanat Kumara's gratitude for his freedom, many are coming in from Venus who had completed their freedom as Lords of the Flame.

Next come the chelas—people like yourselves—some even a little more advanced—who are waiting at the gates of birth. They must prove to the Karmic Board that if they embody, they will do constructive works for the Master, particularly for the blessed Saint Germain. Here we hear many impassioned pleas and much “blazing” of Causal Bodies takes place and all the merits of the lifestream are demonstrated.

You stood there, not so long ago and when you came, two stayed home, and I think often you wish it were reversed and you could have stayed home and the other two had come! These blessed ones are full of enthusiasm and they, too, like yourselves not long since, are determined that their gifts and momentums are really going to save this race and this planet! The Karmic Board is such a magnificent board, beloved ones, I don't understand how they can keep from smiling at the various displays of the talents and professions! Yet, except for an expression around the eyes, they are so still and so impassionate.

When these chelas come forth, they always have a sponsor. After they have spoken and persuaded the Karmic Board, according to their own light, as to their worth, the Karmic Board then asks for the sponsor and the sponsor comes forth (that is always an Ascended Being or a member of the angelic host) and that one offers to make up for any deficit. Now, that is a very important thing for the sponsor to do, because there is the obligation by the Karmic Board to give opportunity for em-

bodiment to non-chelas as well. So there is a limit to how many of these good and talented chelas may come in, because the ones behind them must also be chosen.

Aspirants May Have To Wait Until Next Year

All those that are summoned and all that join in this great service are not chosen, and there is a passing of the lifestreams to the right and to the left. Those that are passed by the Karmic Board go out to the right and the others to the left, and that means you have Buddhas going to the left! You have many of the chelas, the two that were denied, going to the left for the one who is to embody to the right.

From the remaining group (the third) those who are given a chance to embody, go to the right, the others to the left. Those, who are not chosen will have to wait until next year.

The Blessing of the Chosen Souls

For those that have been chosen by the Karmic Board, then comes the service which I have rendered with great joy and happiness for many, many centuries of time. This service consists of the blessing of the souls who are chosen, and who are ready to seek embodiment through the parents of this race, upon the Earth, within the coming twelve-month period.

If you will come with me to the Sacred Heart Temple, as we stand above it just for a moment, you will see the beauty of that magnificent temple and the beautiful fields filled with all manner of wild flowers and deep grass, almost knee deep, in the most exquisite shade of perfect green, and coming toward the Sacred Heart Temple from the north and east, south and west, you will see the individuals who have been chosen by the blessed Karmic Board and who have come now for our benediction. As the beloved ones come close, asking for a mother's love and blessing from beloved Kwan Yin, Meta and myself, you can clearly see at the head of the procession, the beautiful shining golden-haired Buddha. They have woven into his hair lovely tiny blue flowers and he wears the long robe of his earned estate. The robe is golden and banded heavily in deep sapphire . He wears a large blue sapphire on his finger and blue sandals.

The Buddha is the first one who starts to ascend the steps of the temple, for his particular blessing and benediction. As he reaches the

steps just below myself and Kwan Yin, he kneels, and Kwan Yin takes from him the crown of flowers. Beloved Meta removes the jewels of light and beloved Nada unwraps the string at the throat that represents the fine vestments. The Buddha removes his sandals and while he stands in pure white robes, he has the symbolic removal of the hair to the shoulders in submission to the will of God.

As the Buddha remains in a kneeling position, the chelas approach. As the large staircase is filled, they kneel also and face toward our humble selves. Now the remaining group destined for embodiment arrives to take their position in the temple. As the tremendous staircase of the temple is filled, all kneel and receive a special blessing.

The Initiation in Raphael's Temple

One of the most magnificent activities that it is my privilege and honor to serve in, is the activity of initiation in Raphael's Temple of Consecration.

I have wanted to remind you of the power of consecration. It is beautiful to see the kneeling figures, like the colors of the rainbow, representative of all those blessed lifestreams in the robes and garments, which denote the rays to which they belong, bending the knee in honor to the Presence that made them, and endeavoring to get the feeling of consecration—the consecration which is so dear to my heart—the consecration of the mind and the memory, the consecration of the flesh to the Christ Spirit within, the divine union and spiritual marriage between the outer vehicles and the inner Christ, when emotions and mind and memory and flesh promise to love, honor and obey the Christ power within.

If you would be willing, in the purified emotions, to consecrate that emotional vehicle to expanding God's kingdom, consecrating your mind to receiving only divine ideas and externalizing them, consecrating your etheric body to restoring those perfect patterns of the past, when you knew yourselves as God's children, consecrating your eyes to see perfection and your ears to hear it, and your lips to speak it, your feet to move upon the Master's way and your hands to go forth in blessing—you will find a great happiness, and it will become easier and easier, until finally that cosmic initiation and marriage takes place!

The Service for Elementals and Groups Souls of Animals

These blessed ones who have been blessed today, are sincere, just as sincere as you are when, in your private boudoirs, you consecrate yourselves to your Presence. They, too, will not remember fully that which they have done, when they come through the veil of birth, but through the use of the Violet Fire, I am going to touch the soul consciousness of each one, even a Buddha, because through his great heart, though it has no karma, even his heart can be increased by the love of one being! The light of Alpha and Omega is increased by one prayer from the least of you and by your petitions and calls.

I shall move upon that task, transmuting wherever I am allowed, as much of the karma as possible of a destructive nature, from those who will embody. This same service which we render here in the Sacred Heart Temple for the mankind, is rendered, by our Lord Maha Chohan through the group souls for the animal kingdom, and the service is also rendered earlier in the season, for the elementals who are chosen to bring forth your blossoms and your fruit and flower.

This process of benediction upon the souls and the transmuting of this karma will take some time, because there are many, many millions of lifestreams involved. Thereafter, Kwan Yin and I shall make a pilgrimage, into every home where a child will be born. Thank you, my children, and accept my gratitude for the opportunity to serve.

A DECREE FOR FINANCES

I AM! (3) the Resurrection and the Life of my (our) FINANCES NOW
MADE MANIFEST AND SUSTAINED BY GRACE! (9 times)

Beloved Presence of God in me (us) and beloved Maha Chohan,
Come! (3) in your visible, tangible Ascended Master Body and

Release your money!

Cash in hand!

Release your money!

From your hand!

Protect me in its use

To set life free!

Seal your money

In God's use eternally!

BELOVED I AM! (3)

THE BRIDGE

TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment, Contact with
the Great White Brotherhood and Cooperative World Service

JUNE 1960

SELECTED THOUGHTS FROM BELOVED LANTO

You all knew precipitation on Lemuria. You knew and practiced it and you may know it again on this Earth. You may hold me responsible for whatever assistance I can give to you in bringing, to your remembrance, the ease and the natural harmony that follows such precipitation, both for your own benefit and that of your fellowman.

I am going to speak to you as I speak to every aspirant who enters the Royal Teton and stands before my presence: “Beloved one, you have come, motivated, by some intent, into the compass of my aura. WHAT BRINGS YOU HERE?” Will you ponder that. What exactly has brought you into the compass of our aura? Much will depend upon what you find is the answer—for every man, woman and child that goes upon a pilgrimage receives into himself a blessing proportionate to that which was the ACTUAL MOTIVATING POWER BEHIND THE PILGRIMAGE!

We give to you our heart flame to be your servant. What shall ye command of my heart flame? What shall you individually ask of it? For it will answer you! It is intelligent! It is the fully-gathered cosmic momentum of my individualization and being from the day I was born out of the bosom of the Eternal, all of the consciousness, all of the prayers and aspirations that builded my own freedom, all of the love and devotion to this planet and its evolutions! All are yours when accepted!

Those of us who are the servants of life, and the giver of life, are dedicated to the task of bringing you back to a conscious connection with your own divinity, of opening the channel through which the direction, the gift, the powers and the mastery which are God-intended, might be released into your use.

WHITSUNTIDE
(June 5, 1960)
By Beloved Maha Chohan

Blessed and beloved of God, I come as you celebrate the anniversary of a visitation which I made, many centuries ago, to a group of devoted individuals who had lost the comfort of the physical presence of their Guru and had lost, to a degree, the faith.

I came, at that time, to give faith and constancy to the disciples and through them, to those whom they might convert, sustaining, through the energies of my world, the endeavor so well begun by our beloved son, Jesus, and sustained by his Holy Mother and those gathered with her during the period when Jesus, in the ascended realm, working through Mary and John and the disciples, established a sufficient impetus of energies in the emotional, mental, etheric and physical strata, to sustain a two-thousand-year dispensation.

Those energies were magnetized, drawn into the strata to which I refer and then amplified by Lord Maitreya, myself and Jesus in the Ascended Master Realm, as a blessing to those unascended beings who were gathered together in the upper chamber. These energies had to last for a two-thousand-year period, so you can imagine the release of energy that it was my privilege, honor and opportunity to bring to those whose minds, whose attention, whose thought and feelings were in the upper chamber, dwelling on things spiritual, things celestial, things divine.

There is an individual Whitsuntide for every lifestream. There is a time when the Holy Comforter, surging through the awakening Christ, unites the outer man and his divinity, and there are cosmic Whitsuntides, such as the one whose anniversary we celebrate jointly, today.

I have longed for the opportunity to bring together individuals whose inner bodies were in accord and affinity, all vibrating at a rate of uninterrupted harmony, through whom I could, as I did through the disciples, pour that same vitalizing, energizing power. There will come a day when such an activity can be accomplished. Meanwhile, it is the office and service of the Maha Chohan, whether it be myself, those preceding me or those to follow after, to provide that cosmic connection between the inner divine man and the outer brain consciousness, when the soul has developed enough and is ready for the Second Birth. I am, as you know, privileged to give you your first breath at birth, and I am also—spiritually and esoterically speaking—the one who gives the first breath in your spiritual awakening and render, thereby, that service of illumining the

outer consciousness, when the soul is light enough.

The “disease” of the soul is the problem which the Spiritual Hierarchy faces in dealing with mankind, for that disease within the soul, which is a conglomerate mass of imperfect creations of the mind and feelings, forms a barrier between the divine light of the Presence’s full action through the outer self and makes it very difficult for the gifts and powers of the individual Presence to flow through the outer man. So, while you are dealing with the bodies of mankind and with the brain consciousness of mankind, those of us who work from the inner realms are dealing with the healing of the soul, the transmutation of that soul and then the expansion of the Holy Spirit through such transmuted substance until every lifestream becomes the Holy Spirit in action.

The course of the earth life is not an easy one, when the karma of the individual is not completely transmuted before birth, and one of my activities is to be a COMFORT to a soul in distress—a soul whose spirit prompts that one to greater expression, and yet whose many sheaths and many selves seem to hinder the endeavor and expression of perfection. That individual is in the period of “Armageddon,” where the inner self, seeking expression, is yet hindered by physical or mental imperfection. It is the office, then, of the Holy Comforter to help such a one keep balanced, and to realize that the strains and stresses which pursue the soul until transmutation of its imperfection takes place, are temporary, and that the spiritual illumination and God-mastery toward which each one aspires is permanent. Thus, I go wherever I am told by the Silent Watcher and by the Holy Christ Selves of individuals who need comfort—thus I go, an unseen presence, endeavoring to direct encouragement to the spiritual self of a lifestream awakening from the sleep of the ages, a lifestream who finds himself bounded by much karma that is discomforting to the nature.

I have learned to comfort tiny little elementals, for you know my kingdom is threefold, dealing with the nature kingdom, dealing with the human kingdom and with the angelic. The little elementals are very enthusiastic when looking upon the archetype in one of the nature temples and desire to become the expression on the earthplane of a daffodil, and they dance happily around the beautiful, divine pattern held by that nature deva. They are curious little fellows, and they go into the trumpet and run along the petals and down the stem, and they examine it from every angle, and it is such a lovely and beautiful picture—it is a living flame held by the being who is the director of the temple, and these little elementals want to become daffodils instantly, in fact they DO because

they mirror that which they look upon!

In one of these temples, where we take the daffodil as an illustration, you will see hundreds of little daffodils all running up and down the steps and in the atmosphere—and then comes the test—it is one thing to become a daffodil in the inner realms where the deva is holding the pattern of the flame flower, where there is nothing of distress. There are no worms, no moles, no drought or excess moisture! They are just living in light. Then these little individuals apply and they will ask—some of them are very small—to become daffodils, and their wish is granted. Sometimes I hold them in the palm of my hand and tell them a little of what it is to live inside the body of Virgo, and that they will meet all kinds of little things down there—but, oh, they just want to be a daffodil and it just runs off them! Then those little fellows come, and when they come home, they are sad little elementals and they are not so eager always to be a daffodil again. Then they are ready to listen!

The first time, the eagerness and zealous enthusiasm of their light, and of course, the nature of their beings, desiring to outpicture beauty, carries them into the world of form. Here they met resistance, and I might say, there would never be any flowers of any kind if it were not for the assistance of those magnificent, developed nature devas and those elementals who have gone through all of this! The little elemental comes back. He says, “I am never going down there again. I don’t want to be a daffodil!” Then we come to the period of comfort. Sometimes he is rebellious, sometimes he is crying, sometimes he is just worn out. Before the new dispensation, we had little tiny cots for them and we would lay them out where they could sleep and relax and forget, for just a little time, their troubles. In this one temple (oh the cots were not more than six inches long), we had all these great daffodil builders sleeping there, after an exhaustive bout with a worm, we will say.

Then they would wake up and begin again and we would talk to them. This time they would be a little more wise and ready for counsel. The individual who is not ready for counsel is going to be like the daffodil builder who wants to go his own way and knows he can do it on his own! After they come back and have had their little sleep, they are willing to come and say, “Now I did meet a great big worm down there; it was awfully dry and hot, and somebody stood on me, and what would you do!” The free will, even in the elemental kingdom, is that unless we are ASKED FOR COUNSEL, we must wait to give it. I do not do this with every flower, but am taking this as an example. Usually the deva of the temple does it. I am merely explaining that I am used to the activity of

the zealous enthusiast. I am used to the plunging of such a one into an activity that is larger, perhaps, than their developed wisdom, and I am used to seeing the wilted individuality return and be ready for counsel. When they are ready to listen, they are taught by their deva, or sometimes if there is a particular one in whom I am interested, I will stroke this little head with my finger and talk to him and make him feel happy again and tell him there is no failure but that he can have new opportunity, and he goes out again.

Now it is the same with your blessed selves! You, too, get a vision at inner levels. You have shared the vision of the Golden Age of the Ascended Master Saint Germain. You have been boundless in your enthusiasm, vital in your will, determined in yourselves that YOU CAN MOVE MOUNTAINS and—here you are! You have your mountains, you have your valleys—some of you have your drought, your excessive floods. Yet always ready to give counsel, even in the midst of an experience which seems trying, we stand, having provided the way and means to reach your outer minds, but do you know, we have not provided the way yet to reach your hearts!

It is my prayer, on this holy day, that the God who created you, the God of mercy that drew aside the veil, revealing as much of his kingdom and of the private incidents in the lives of the Sainted and Perfected Ones, may make you realize in your HEARTS, that we have brought heaven close! Even on Earth you do not share confidences with acquaintances—you share confidences only with heart friends, tried and true. Yet from the great Gautama, Lord Maitreya, myself and the mighty Chohans, Mother Mary and the Archangels, and the great Elohim, we have unbound our hair, which is symbolic of meeting you on an equal level, and have given you the confidences of our own experiences, hoping that therein and thereby you would find, each one, some affinity, some similarity, between your own experiences and one of ours.

We have opened the privacy of our hearts. We have opened the retreats, some of which you have never heard. We allow you entrance and provide sponsorship and have taught you how, in projected consciousness, to move ALL OVER THE PLANET EARTH, and not only that, but to ascend through the suns into the very presence of Alpha and Omega themselves, in the hope of reaching your hearts, because when we do, your hearts will overflow with love for one another and there will be no need to speak the words, “I love you,” for love is a palpable essence; it is a substance of buoyancy that raises, sustains and unifies, and where that love is engendered in the human heart and expanded through it,

such a one needs few, if any words.

Today (Whitsuntide) I ask you, as I stand humbly in your presence, think how many of us have come—think about how many of you we can rely upon to hold the bridge open from our realm into the outer consciousness of the masses, UNTIL we are safely through all periods of possible cataclysmic action, until the veil of maya is transmuted, until the fire element, the Sacred Fire, is visible and tangible, until you can wield it and utilize it, until you are MASTER OF ENERGY! Dispensations, beloved ones, have a beginning and an end! Think about it! This includes Jesus' dispensation and Lord Gautama's dispensation, among others!

It is my responsibility to life to sustain the energies in, through and around all mankind, and I am held accountable to the Cosmic Law for the use of that life. Therefore, all of the Chohans of the Rays, when they approach me and ask if they may take on a disciple among the unascended mankind, when they offer their light as a bounded security, I offer mine, as well, as their superior. Therefore, I am bound to Law, Cosmic Law, for every chela that the beloved Saint Germain and the Master Morya and the other Chohans have drawn from the masses and in whom they have invested time, energy, love, instruction and radiation. That I do not mind, for we are used to paying the debts for the masses—again and again, it has been done! BUT I DO MIND the sustaining of a conscious bridge from our realm to yours, over which current activities may be directed, and that bridge depends upon you, beloved ones!

We are ready, we are willing, but we do find the added power of the addresses stimulates your many selves. You must be willing to guard that power and place it in the hands of your Holy Christ Self and sustain harmony for twenty-four hours. If not, we lose ground on the cosmic graph! It is just like the graphs which you see that are taken for heart conditions, cardiographs or lie detectors. When one of us comes and lowers our vibratory action, and comes into the atmosphere of Earth and speaks to a group of people, there is such a cosmic graph. Every one of those people scatter into their various activities thereafter. There is a twenty-four-hour watch on everyone who has had that visitation, not a one-hour watch, but a twenty-four hour watch after I have spoken to you. We will see the condition of your energy. Most of you know what that is! Won't you TRY to be a holy comfort to all the life you contact?

In the name of almighty God, may the spirit that gives you life sustain you in balance and make the energies invested and the faith of El Morya in you, each one, be justified!

SETTING LIFE FREE

By the Ascended Master El Morya

Dearly beloved students, you are working to set life free, no matter in what form it is bound! Life is the great, beautiful pulsing flame of God that is burning, no matter how deeply encased in the bounds of flesh and matter. Shining, immortal, beautiful, potent life is indivisible and beats within everything that knows breath and being. The sunny smile of your fellow-creature, the anguished pain that pours through another's eyes, the happy joy of a romping lamb or puppy—that is life, an indivisible part of yourself!

If you would serve God and your fellowman, remember that your sole dealing is with life, and look not for gratitude, nor love, nor cooperation from the masquerading garments that life has drawn about its reality. Salute the God-life within every heart and bend every effort of mind and soul and will to the releasing and redemption of that God. Hear the mute appeal of life encased in every breast, and set it free! Work and toil in that service, touching the wand of freedom to the manifestations of life wherever you meet them, and rest not until all life is free! While any manifestation of life is cased round in imperfection or pain or distortion, there is part of YOURSELF that is not free!

BECOMING AN ACCEPTED CHELA
(Monthly Letter to the Transmission of the Flame
Class of June 18th, 1960)

Beloved Children Determined to Cooperate with the Cause of the Ascended Host:

On the occasion of the meeting of the Karmic Board at the Precipitation Temple, at the Rocky Mountains in Wyoming, U.S.A., which will be open to all earnest chelas between June 15th and July 14th, 1960, I would like to make a suggestion to all sincere students, individually and collectively. The suggestion is this: For a period of six months, beginning June 15th, 1960, to December 14th, 1960, consecrate yourselves, each one of you, to any one of my seven Chohans, one of whom is the Lady Chohan Nada, in accordance with your affinity toward any one or more of them.

Let me remind you how you can easily tune into the radiation of each of the different Chohans:

Ascended Master El Morya: Live in accordance with the will of God,

and cultivate decisions to express his divine will on Earth.

Ascended Master Lanto: Show daily reverence for life, and develop spiritual perception.

Ascended Master Paul, the Venetian: Be tolerant and practice being your brother's keeper, through pure, divine love.

Ascended Master Serapis Bey: Live in purity, and seek the perception and use of the immaculate concept for yourself and all mankind.

Ascended Master Hilarion: Cultivate consecration and try to develop the powers of healing.

Ascended Lady Master Nada: Purify your feelings, and be a comfort to others through ministration.

Ascended Master Saint Germain: Practice invocation, and the use of the transmuting power of the Violet Fire.

IN EVERYTHING YOU DO, ACT AS IF YOU WERE THE CHOCHAN YOU HAVE SELECTED TO SERVE. The coming six months will, therefore, be a probationary period for those who accept this suggestion and act on it in earnest. You will have the opportunity to show your cooperation, your loyalty and your constancy to the cause of the Ascended Host. I entertain fondly the hope that at the next conclave, in December 1960, I shall shake your hands as accepted chelas.

Your Ascended Master sponsors for this thirty-day period will be great gentlemen from the Rocky Mountain Retreat, chosen by your Ascended Master friends, Lord Lanto and Lord Confucius.

My Luminous Presence shall enfold you, each one, each day, as an encouraging and comforting presence. Love and blessings,

Maha Chohan

BEING A PRECIPITATING PRESENCE

By Beloved Hilarion

The nature of man's being is precipitation! The natural activity of his life is precipitation! Through the thousands of pores in his body, there are constantly-flowing streams of electronic energy which are precipitated into the universe about him. Even while man sleeps, there flows forth from his inanimate body a radiation which is a precipitation of the substance of his lifestream into the universe.

Visualize the great Victoria Falls that pour countless tons of energy

into the rapidly-moving river below, and you have a picture of man's reality—a constantly-rushing stream of precipitated light that becomes the current of the river and flows forth into the universe.

For man to struggle to acquire the power of precipitation is a travesty, for there is no moment, waking or sleeping, day or night, when even the most ignorant and ungoverned human being is not precipitating. The forces of the four elements precipitate and even the animal kingdom send forth a radiation. Therefore, the fundamental principle to be learned is not HOW TO PRECIPITATE but WHAT! It has been said that one day man will understand that the precipitating ray is an activity of his being.

Man has precipitated disasters and limitations, as well as all kinds of ailments of the flesh and of his mind, emotions and environment. He can precipitate an argument without any effort. Therefore, we can see that man HAS the power of precipitation but he has not learned to use the power in a constructive manner.

Holding the visualization of your consciousness as being the sum total of the thoughts and feelings in your cup, we see that the pure energy precipitated through the individual's consciousness becomes an outpouring of the various inner thoughts, feelings and emotions.

To precipitate consciously, one must change the qualification of the energy within. You might use, "I AM THE PRECIPITATING PRESENCE in action, precipitating perfection into my mind, body, being, world and affairs" and also, "I AM THE ASCENDED MASTERS' USE of the power of precipitation."

If the machines which are being prepared were released and if the students could see the electronic energy precipitated through the body, in even the most casual gesture, they would realize their God-power. Precipitation is not a power that has not been conferred, it is a power that is in constant use, but ungoverned—except by the Holy Christ Self—and it is the divine plan that all men shall bring forth perfection through the conscious use of this faculty.

ORDER OF SERVICE FOR VIOLET FIRE CLASSES
In Bridge to Freedom Sanctuaries, Groups and Homes of Students
Presented by Thomas Printz (Ascended Master El Morya)

1. Music.
2. INVOCATION by leader:

“IN THE NAME OF THE PRESENCE OF GOD I AM, my Holy Christ Self and that of all mankind, we dedicate this class to the VIOLET FIRE of love, mercy, invocation, transmutation and freedom for ourselves, all mankind, and the planet Earth. To that end we call to you, the Ascended Masters, Cosmic Beings, Angelic Host and Mighty Elohim and all who are concerned with the Violet Fire and Seventh Ray to our Earth, and most especially do we call to YOU, beloved Archangel Zadkiel and Holy Amethyst—to be with us in your Luminous Presence, take up our humble efforts and amplify them, without limit, to bring instantaneous perfection wherever the blessed Violet Flame is called forth. We thank you for the answer to this, our hearts’ call!”

3. LIGHT CANDLE

4. SONG—all sing: “BELOVED ZADKIEL” to melody of “Holy Christ Flame”—:

BELOVED ZADKIEL, Archangel of power,
Transmute for us this very hour,
Our thoughts and feelings of the past,
Into perfection that ever lasts;
Bring back our memory divine,
And all the powers that once were mine.
Zadkiel, we love thee, bless and adore.
Zadkiel, come forth to us once more!
I have come forth to you again.
To show you how to help all men.
My temple bright shall raise all higher.
Transmuting dross by Violet Fire;
Priestess and Priest, I call thee forth!
Draw forth thy power and save this Earth!
Blaze forth thy light—set all life free!
Blaze forth thy love—I AM WITH THEE!

5. CALL by leader:

“Hail, oh thou great Sanat Kumara! Standing as the great High Priest of the ORDER OF ZADKIEL, blessed is your presence, and blessed is the qualified power of invocation which, through mankind, has drawn your august presence! We bow before your magnificent light!

Hail to thee, oh Saint Germain, High Priest of the ORDER OF ZADKIEL, magnificent embodiment of mastery!

Hail to thee, oh sons and daughters of freedom, born to the Royal Purple—you who have come from the heart of the silence—you, who have embodied to bring again to the consciousness of the Earth a remembrance of the POWERS OF INVOCATION through speech, through visualization and through the many activities that shall be revealed from now on, for those who belong to this order of light!

Beloved RAPHAEL, brother of light! Consecrate the energies of these lifestreams once more as it flows from the heart of the sun! Consecrate the emotional bodies of each of these children and let them be radiating centers for the virtues of God, for those cosmic qualities which raise, purify, redeem and add to the light of the world! Consecrate these emotional bodies that they become, at all time, outposts of whatever Ascended Master Presence desires to radiate through them to the masses!

Consecrate, oh Raphael, in the power of light, the mental body of each one! Clarify that mental body and remove all concepts gathered through the centuries since first they stood upon the altars of Zadkiel, as guardian spirits, dedicated to setting life free! Into these mental bodies pour whatever conscious knowledge and understanding and inspiration is required to make them the master control of energy and the active guardian presence of life wherever they move.

Consecrate the etheric body of each one. Revivify within it the glory, the mastery, the powers they had in the heart of the Sun before the world was. Every etheric record less than perfect, MELT by the power of the Sacred Fire!

Consecrate then the flesh—consecrate these earthly garments, the tabernacles of these great spirits, these who came to set life free—these who have foregone the glory of the ascension, who more than once, in ages that have passed, have been offered their freedom by the Karmic Board, and who have chosen, like Sanat Kumara, to remain. Consecrate this flesh, oh great and mighty ones!

Beloved Chohan Hilarion! Consecrate the eyes and through them let the presence of God see and manifest perfection! Consecrate the ears that they may hear the voice of the Master and the “still small voice” of the Presence! Consecrate the lips that they may speak with the tongues of angels! Consecrate the brain, that it may receive clear and direct the consciousness of the Higher and Holy Christ Self!

Consecrate their hands, oh great powers, that they may be the healing, conducting powers of the presence of the Ascended Jesus Christ! Consecrate their feet that every place they move upon the planet Earth their footprints may be a golden, blazing fire of light, to inspire all mankind to greater accomplishment. Take their human forms, every cell and atom of them, and consecrate them to the service of God—as great communion cups—chalices of living fire in the great and cosmic surrender of self to service.

Oh, beloved Saint Germain, Chohan of the Seventh Ray! Place YOUR MANTLE OF AUTHORITY now upon their shoulders once again! Clothe them 'round in Freedom's Flame!”

6. All decree:

“I AM THE LAW OF FORGIVENESS AND TRANSMUTING FLAME of every impurity, error and obstruction I have ever imposed on any part of life, or that any part of life has imposed on me” (3 times). (Zadkiel suggested this in the January, '58, “Bridge,”)

7. All decree:

“BELOVED PRESENCE OF GOD I AM and that of all mankind, BELOVED ZADKIEL and HOLY AMETHYST and all concerned with the Violet Fire to our Earth:

BLAZE! (3) the Violet Fire in, through and around every part of my physical, etheric, mental and emotional bodies and that of all mankind, and hold it sustained until all human creation there, its cause and core, is dissolved and transmuted into purity and perfection.

BELOVED I AM! (3)

BY GOD'S GREAT LOVE! (3)

BY ALL OF ZADKIEL'S COSMIC POWER! (3)

SUSTAIN AND DOUBLE IT EACH HOUR!” (3)

8. All decree:

“I AM BLAZING THE VIOLET FIRE OF FREEDOM’S LOVE

through every part of my physical body

through every part of my etheric body

through every part of my mental body

through every part of my emotional body

through every part of my aura, and all energy

returning to me for redemption

through every part of my soul and chakras, and

all energy and substance that still has my stamp on it

AND HOLD IT SUSTAINED UNTIL PERFECTION IS MANIFEST.

I stand within a PILLAR OF VIOLET FIRE and I AM FREE (3)

from all human creation right now and forever.”

9. All decree: “BLAZE! VIOLET FIRE OF FREEDOM’S LOVE AND TRANS-
MUTATION AS OF A THOUSAND SUNS

a) in, through and around all stockyards, all animals there and all
people who work there or are connected in any way

BELOVED I AM! (3)

BY GOD’S GREAT LOVE! (3)

BY ALL OF ZADKIEL’S COSMIC POWERS! (3)

HOLD IT SUSTAINED AND DOUBLE IT EACH HOUR!

b) in, through and around every prison, gallows, electric chair, and
all employed there. Beloved I AM! (3) see above;

c) in, through and around all doctors, nurses, hospitals, mental-
institutions, all places of vivisection;

d) in, through and around every lawyer, judge, jury and court of
law;

e) in, through and around all the elemental kingdom, the kingdom
of nature, birds and four-footed creatures and every living thing;

f) in, through and around all the laggards wherever they may be;

g) in, through and around all in our government and every gov-
ernment on Earth;

h) in, through and around all danger that might threaten this coun-
try and any other part of the world;

i) in, through and around every part of life on the Continent of
North America and South America;

- j) in, through and around every part of life on the Continent of Europe;
- k) in, through and around every part of life in Asia, Africa and Australia.
- l) into all fear, superstition, insanity, distrust and doubt;
- m) into all jealousy, covetousness and greed;
- n) into all lust, earthly desires and all that binds;
- o) into all lethargy, laziness, discontent, disinterest, discouragement and depression;
- p) into all rebellion, pride, scorn, arrogance, gossip, lies, slander;
- q) into all lack and limitation
- r) in, through and around all incantations, hexes, curses which have plagued mankind through the centuries; all blood-rites, and all words spoken which did not BLESS.”

10. Read a dictation from beloved Zadkiel (or Saint Germain, or Arcturus) on the Violet Fire.

11. Exercise, breathing-in the Violet Fire:

1 2 3 4 5 6 7 8

“I AM inbreathing the Violet Fire of Transmutation from beloved Zadkiel” (3)

12. In the July, 1957 “Bridge,” beloved Arcturus gives an activity of the SCEPTER OF AUTHORITY and explains how to use it. It can be used here for the:

(1) group and location, (2) the state, (3) the entire country.

13. All decree: “BELOVED PRESENCE OF GOD I AM, BELOVED ZADKIEL, HOLY AMETHYST, SAINT GERMAIN AND ARCTURUS—keep each one of us SEALED in a pillar of Violet Fire for 100 feet in every direction and charge into it your consciousness of invincible protection and the power to transmute ON THE INSTANT all discord and imperfect energy we contact, into eternally sustained perfection. And TAKE US THIS NIGHT to Lord Zadkiel’s and Holy Amethyst’s Temple of the Violet Fire and receive the fullness of that flame. Then, clothed in the armor of Violet Fire, let each one of us go forth and render that service on the inner for which we are best fitted—and let us remember it!

FOR THE VIOLET FIRE NEVER FAILS! (3) to bring instantaneous perfection, and I AM THAT VIOLET FIRE!”

SILENCE to absorb radiation.

MOMENTUMS OF ENERGY

By the Ascended Master Kuthumi

There has been a detailed discussion of the word “momentum” and the various talents and developments of the lifestreams, their various likes and dislikes, their affinities, aversions, etc., and these are very lightly referred to by the student as a “gathered momentum” in a certain direction. The student further realizes that “momentum” is a constant repetition of certain actions and reactions toward a certain qualification of energy, which gains in volume and intensity by such repetition and, therefore, becomes a pressure of reserved energy that acts almost independently of the conscious volition of the individual.

Kindliness, humility, genuine warmth of heartfelt feeling are developed by the lifestream, at first, through very definite conscious effort, and then, as the radiation becomes more a part of the individual, the momentum of good makes the sustained harmony almost automatic in its expression.

Dissolving Momentums Of Discord

Every being, from the electron to the Godhead, expands by his or her conscious absorption of the God-energy, his particular quality, and directs it according to the free will of the self-conscious life. There is no substitute for “gathered momentum” of a quality. Each person, ascended or unascended, represents, today, the sum total of his or her own energy qualified through the centuries, according to the individual’s choice.

Some people, unfortunately have a momentum of discord! In the New Day all previously charged momentums of discord must be dissolved and then replaced through the conscious effort of the individual, by the drawing forth of the God-energy and a setting up of new qualities and new expressions that are in accord with God’s will. Here is where we come to a very marvelous and little-understood explanation of how unascended beings are chosen by the Hierarchy and the Lords of Karma to assist in the bringing forth of the perfection which will form the pattern for the New Day.

How Chelas Are Chosen

The gathered momentum of each lifestream, in any constructive channel, forms a great “stockpile” of energy or force, which makes such a one a tremendous pressure for good through the already-developed

inner nature, and the Masters use that momentum through the instruments already prepared with certain faculties, which make them natural channels for the work at hand. It is like utilizing experienced actors, instead of absolutely untrained people for the expression of their work. For instance, an individual who has taught for centuries is an easier instrument for the Masters to use, to deliver a lecture, than one who had never builded a momentum of teaching. It is difficult to arrange the inner bodies in such a manner that the pressure of thought and feeling might be expressed forcibly and well.

That is why all groups of chelas and aspirants are chosen, not by their present outer expression, but by the momentum of inner talents and qualities that can be utilized in a certain locality, blended with others for the greatest good of all.

Your Power of Precipitation

Another aspect of this Law will be found in the precipitation of opulence, beauty, etc. When a lifestream has held a specific desire for a certain number of years or embodiments, this forms, in the ethers, a cup or outline, representing such a powerful desire, whether it be for a home, or on a larger scale, for a universal brotherhood, or a mass education for the young. These forms are already cut out of the universal life substance and when they are in agreement with the constructive plan of the universe, one or more of the Ascended Masters may ensoul such a desire, thought and feeling form—or vision—with their fully-gathered cosmic momentum and power of precipitation through the lifestream who has held such a vision, and in that manner bring it into manifestation.

A PRAYER FOR ANIMALS

Hear our humble prayer, Oh God, for our friends, the animals—especially for animals who are suffering, for all that are overworked, underfed and cruelly treated, for all wistful creatures in captivity that beat against their bars, for all that are in pain or ready to make the change called “death,” for all that must be put out of their misery by human beings, through so-called death.

We ask for them all thy mercy and pity. Make us, ourselves, to be true friends to the animals and so to share the blessing of the merciful, for the sake of thy son, Jesus Christ, our Lord.

THE BRIDGE

TO FREEDOM

**A Monthly Journal Devoted to Individual Unfoldment, Contact with
the Great White Brotherhood and Cooperative World Service**

JULY 1960

OPENING THE WINDOWS OF YOUR SOUL

Monthly Letter of the Transmission of the Flame Class

July 16, 1960

Beloved Friends of God, Seeking to Know and Feel the Truth Which Will Set You and All Life Free,

I greet you, as again we are privileged to join with you at the magnificent Temple of Truth, where my son, Hilarion, and the Brotherhood at Crete serve so constantly and selflessly, in removing the cause and core, the effect, record and memory of untruths, and the bitter disillusionments all have known through the ages, by being part of some sect or religion whose leaders, endowed with power and authority, misused that power and authority for selfish reasons.

As you join with us here, ask the gentlemen sponsors from Hilarion's own court to help you to open the doors and windows of your soul, as well as to cleanse your four lower bodies (the emotional, mental, etheric and physical) of all imperfections, past and present, and to replace that imperfection with God's truth. I ask that the Archaii Constance HOLD FOR YOU THAT FEELING OF TRUTH, as you re-animate your physical vehicles after each such visitation, so that you may, in turn, according to Cosmic Law, express—with conviction in your feelings—THAT TRUTH which will set others free.

Love and blessings,

Maha Chohan

THE FOUR LOWER BODIES

By Beloved Hilarion

It has been said that “God needs a body,” and for this purpose were the four lower bodies of man created—the mental, emotional, etheric and physical forms.

Students on the path have come to an intellectual knowledge that they are NOT the physical form, but dwell within it. They have accepted the fact that there is a God presence within the physical body, which is the eternal identity. They have, to some degree, understood that the physical body is a living, breathing organism, with intelligences and appetites of its own and that, like a high-bred animal, the physical body will seek the satisfaction of these desires through the avenues of the five senses. They are, therefore, alert to identify themselves with the higher God principle and are learning to govern the fleshly garment with some degree of success.

However, there are three other living, breathing, intelligent identities belonging to each lifestream—the mental, emotional and etheric bodies. These bodies are made up of the substance of the earth, air and water; they have intelligence within them, and have desires and appetites of their own. It is for the student to consciously look over the four vehicles provided by God, that God might express in physical manifestation. These four vehicles are not dead matter, but living, breathing, pulsating organisms, containing intelligence within them. The lower bodies of the average man have governed the self-conscious life for centuries, acting independently of the Spiritual Spark that should be the governing intelligence acting through all. The emotional world has acted independently of the conscious volition of the God-self for untold centuries.

Let us take the MENTAL BODY in which is stored knowledge and accretion of fact and fancy, orthodox principles and concrete ideas that may or may not be true. The mental body lives on accretion of knowledge and the more it is fed, the larger it gets and the more it demands of the energy of the divine spark. In satisfying its demands, the mental body becomes a heavy, cumbersome, unwieldy vehicle and a tyrant! When the mental body is overgrown, the real teacher—the Threefold Flame within the heart—is allowed no opportunity to expand, because the mental accretion becomes a constantly shrieking accumulation of energy flooding the consciousness and drowning out the voice of the silence. The mental body should be merely a storeroom for certain truths in the world of men, much as a lecturer refers to certain notes that elucidate his point. Most mental giants are, therefore, practically barricaded against spiritual awakening.

The ETHERIC BODY was also created as a storehouse, through which the individual's own experiences might be recorded. It differs from the mental body in that the records here are entirely personal and are the experiences derived through the use of God's energy, whereas the mental body may profit by experiences derived by other parts of life as well.

The etheric body, however, has become an accretion of experiences that would make the most vulgar tabloid look like the gospel! The etheric body lives by drawing the conscious energy of the heart center into re-viewing and re-experiencing those debaucheries of the past. When the attention is firmly enough anchored in the feeling of those past fiascoes, the etheric body may perpetuate and repeat these performances which cause it to vibrate with joy as the life energy is flooded into it, and instead of being a record of the God-powers drawn forth through the lifestream, it becomes a "skeleton in the closet." It is most dangerous, however, in that it is cunning and lives like a vampire in sucking the God-energy from the God-presence.

And the EMOTIONAL BODY—here we have the prize of them all! Eighty percent of mankind's energy (or we might more correctly say God's energy) is encased in the foul-smelling confines of the emotional body. The emotional world of man was provided by the God-presence through which the energy might flow into the physical world to raise and transmute the forces of the elements through love, harmony, peace, etc., but instead it has become a tremendous accumulation of passion and emotion. This body draws constantly on the flaming Source within the heart and uses TONS of God's energy to satisfy its insatiable appetites, which are legion! The emotional body is happy only when it is in a constant state of flux. It lives on excitement, which may be generated in innumerable ways.

We will take up a few examples of this. POSSESSIVENESS—a tremendous feeling form that draws the God-energy and SMOTHERS the object of its affection.

GOSSIP—which is almost the most insidious, because through poison sent out, it starts wheels of emotion in the lifestreams of many, and so you have an inner conflagration.

CRITICISM, CONDEMNATION AND JUDGMENT are also closely related. The silent criticism of seeing discrepancies and faults in others disturbs the feeling of one's own emotional body and sets up causes of discord, which react in physical disturbances, but the spoken criticism sets other emotional bodies into the same vibratory motion and its effects are with-

out limit.

The really vicious emotions are evident and do not so much affect the aspiring student. These are jealousy, hate, anger, malice. Lust is considered sister to these vicious emotions, but until one has attained the glorious body of eternal light, lust is very evident in the most advanced student—mental rejection of this statement to the contrary.

The God-life of the universe created these lower vehicles to express a divine plan and when the individual will return the government to the God-self I AM within, he will find that this constant battle and turmoil will cease, and instead of each individual being an ARENA with these lower bodies seeking to secure one's attention and energy, the individual's consciousness will become an outpouring of God's will.

HANDLING NEGATIVE THOUGHTS AND FEELINGS **An Address by Beloved Pallas Athena, Goddess of Truth**

Hail thou, beloved and blessed friends of light! I bring you, again, the feeling of the truth and reality of the Ascended Host of Light, the angelic host, the cherubic and seraphic host as an actual, spiritual partnership with humankind. Again and again we come, and during the holy periods when the attention of the masses is upon the Christus and the manifestation of the angelic host of centuries ago, we shall endeavor, through the instruction of our own hearts, to CHARGE into the emotional, mental, etheric and physical consciousness of mankind the realization of God truth, which is good for each and every one. Any manifestation that is less than that truth, beloved ones, is not God's will for you, and as the Goddess of Truth, herself, I say to you, sweep it from your thoughts and your feelings, sweep it from your worlds and your actions, just as in mundane affairs you sweep the cobwebs from your worlds. Make your world clear and clean and ready for the inpouring of the Cosmic Christ light of truth.

One of the great defects, of even earnest chelas, is the lack of alertness in sweeping away, time after time, through the day, the negative thoughts and feelings, words and actions. The blessed chelas become, by the time the day is ended, filled with the substance of that day's experiences of a negative nature, and there is not room for the pure light from the Presence to flow in, through and around each such a one and be the energizing Presence of that light through the course of the night, while the body sleeps and the next day when it wakens.

Now, beloved ones, that has been taught you, and we have repeated it again and again. You need not make great gesticulations, unless in the privacy of your own rooms, but it is urged of you who desire more truth, to sweep your worlds clear—morning, noon, and night—of the negative expressions of life—allow more of God’s truth, God-life and God-perfection to express.

As you know, no two things can be in the same place at the same time, so if you have cluttered your world with thoughts and feelings that are depressive, there is no room in your thoughts and feelings for love and light and all its gifts of life. So, in the name of the truth to which you have pledged yourselves, and which I embody, I IMPLORE YOU, ACCEPT THIS GOD TRUTH NOW and sweep free your own worlds! Have the bountifulness of the heart sweep free each other’s world of distress and you will have our assistance in so doing, replacing it always by Cosmic Christ protection and Cosmic Christ assistance.

I thank you for the privilege and opportunity of being a part of the opening of your consciousness to the inpouring of the God life and a part of the opening of the radiation which is coming to mankind.

HOW TO DWELL IN THE REALM OF THE ASCENDED MASTERS

**An Address by the beloved Ascended Master Jesus
delivered at the Ashram on Easter Sunday, April 17, 1960**

My beloved, on this, the anniversary of my resurrection from the tomb, I bring to you the love of my heart, for each and every one of you who have lived and loved in my name, and done good works in my name, and who have chosen through the mercy of God which is alive within you to serve your fellowman and all living things upon this sweet Earth! Thus, you glorify our Father, which is in heaven, that heaven which is so beautiful that when you achieve the God-estate, you shall be grateful, indeed, that your Causal Bodies are filled enough with the good that you have done through the ages preceding your association with me and other divine beings, of course, and succeeding such divine associations! You shall have that mansion not made with hands and you shall enter into the Father’s kingdom, to go out no more.

Some blessed and dear ones feel they are not worthy to enter into that kingdom and kneel at the throne of the Father of Love. Others feel the Earth ties are too strong within them; some have a sense of curiosity

at what shall come after their earth-course is run.

The spirits who present themselves at the Sacred Heart Temple of my mother next May 1961, shall be those God-spirits from other solar systems, those divine Buddhas, those chosen from the first subrace of the Seventh Root Race. THEN shall you see the planet Earth transformed quickly. Then will a child prodigy not be the unusual but the usual. Then will the parents receive illumination from the child. Then this Earth shall be freedom's holy star! Then each and every one of you shall have the just reward of all your services, your rest if you choose it, for six months, visitation with your loved ones, if you choose it. Most of you shall be so busy exploring the beauty of the green gardens and the glorious flame flowers of the kingdom of heaven that you might take twenty-four hours of rest but, I think, you will then be off again as I was, about our Father's business.

What is the business of the heavenly Father? The business of the heavenly Father is practical! It is the establishment of a Christ-man, a Christ-woman, and a Christ-child through every human being belonging to this planet Earth—some three and a half billion, who are in embodiment and the rest waiting for an opportunity of taking embodiment. That is why I came to the Earth, that is why, in my humble way, I endeavored to show mankind that the things that I had done, they, too, should do also!

Even my blessed disciples learned to lean on form, by leaning upon my personage, my own ascension. Reappearing forty days after resurrection morning was essential, so that they might learn, through themselves, and through the beloved Paraclete (whom you know as the Holy Spirit) that those so-called miracles are part of the Father's heritage, anchored in each one of them and in each one of you.

So often Peter and James and the others would go bravely forth to heal and come back and say, "Master, it did not work." Again and again I said unto them, "Go again, and in the name of Jesus command the evil to cease to be!" But those greater than I saw that while they had in me something physically tangible to hold onto, they would hold the hem of my garment and their own potential divinity would lie buried within them, whilst they held admiration for the son of man and the son of God.

You are all sons and daughters of God, sons of men and women, too, yes, but you have been sons and daughters of different men and women in embodiment after embodiment throughout ages of time. All

the time since first you left the heart of our Father you have been a temporary son or daughter of God, even though you have forgotten it.

When Pilate said to me, “They say that you are reported to be the son of God,” I replied to him, “Thou sayest this,” letting come forth from his own lips the truth which could have as easily come from mine own. Mine was the self-chosen path of the crucifixion, the path to Golgotha, the path of the resurrection, the path to the visit to Bethany, the path to the public ascension. Think about it! If you loved someone as deeply as I loved my mother and John and Peter and Paul and the other disciples, who still maintained free will as unascended beings, even resuscitated, could you leave them sleeping and walk in the springtime up that Hill of Bethany, with the early spring flowers and the sweet smell of earth, and voluntarily say again, as I did in Gethsemane’s garden, “Father—Thy will, not mine, be done.”

Later, I waited for the coming of the noonday sun, seeing the fear and the confusion in the consciousness of many of my followers and the deep love in the hearts of John and my mother, I allowed the gravity pull of Earth to be released from my feet and made the ascension! Why? So that I might make a public ascension before some five-hundred people and meet my Father—leaving to his wisdom the care of my disciples and apostles.

People come again only to God, as a rule, when their four lower vehicles are absolutely beyond repair and when medical science has confirmed that the vehicles, which they use shall soon disintegrate. Then they think, “Oh Lord, oh Lord, for all the misuse of thy life, I’m sorry. I am regretful, indeed. Please receive me into heaven,” after maybe eighty years of living according to the human will. Even that prayer is heard and it is answered and every such soul with a contrite heart who asks for the forgiveness of his sins or that of a loved one who is about to depart is absolved thereof and can see their loved ones and dwell in the heavenly realms, although not in the realms of the Ascended Host of Light.

To dwell in the realm of the Ascended of Light, one must be willing to serve in a practical activity, which requires the utilization of all the sense of the outer and inner vehicles at all times. I had three years after my baptism in the River Jordan, three years to perform my ministry or three years to enjoy myself, but when the Paraclete, through the invocation of John the Baptist, anointed me and the spirit and being of Maitreya and myself blended into one, there was no thought, beloved ones,

during these three years to get across to as many as I could through talking, through so-called miracles, through example, the way that God intended every man, woman and child to be.

You know the story well. I told my mother, “They have not learned. They have sat with me, they have seen the devils cast into the sea, they have seen the blind to be made to see and they have seen Lazarus raised from the tomb, yet they know not the fundamentals of truth. What shall I do?” And she said, “Son, DO what your heavenly Father requires of you, and do it NOW!” And I did. Never in the thirty-three years of my association with my divine mother did I disobey her, because I knew she was an angel, embodied for the express purpose of giving me a physical body, and I knew that it was her strength and that of Saint Germain who was then Saint Joseph, my father, that helped me, until I knew my mission myself.

You see, when you are born on this Earth, even without sin as I, you take on the band of forgetfulness. It is bound around your eyes and your senses and your soul is sheathed, more or less, and it covers the entire vehicle, and when you come into this world of form, that sheath still remains around you, until you come to an age of awareness. Then you can begin to absorb understanding. That strong lady of heaven and that gentle Joseph protected me through those years. Mary protected Joseph, too. In fact, I think she is busy protecting all the human race. I cannot speak too highly of the love of your Cosmic Mother Mary, who I was privileged to have as my personal mother for thirty-three short years but whom I am privileged now to serve with in heaven’s realm throughout all eternity. Never does she pass by, but I bow the knee before her light.

There are some that cannot bow the knee, even before the heavenly Father. When they say, “and adoring, bend the knee,” I think often of the prideful ones, some of those that came out of the compound—what a job to bend that knee.

This very morning, as hundreds and thousands repeat the “Our Father,” I can name maybe a hundred who realize the efficacy within it. Our Father, which art in heaven, hallowed—that is holy—be thy name, thy kingdom come on Earth—that is through you—thy kingdom come on Earth as it is in heaven. Beloved ones, think about this! Forgive us our debts, AS we forgive our debtors. That little word “as” is slurred over. Oh yes, we wish to be forgiven, but we will be forgiven in like measure AS we forgive those who have trespassed against us. Then the magnificent surrender, “for thine is the kingdom and the power and the glory forev-

er.” Is it—for you?

Take that prayer this week—Catholic or Protestant version as you wish—and ask me to show you in feeling what is within it, and I will. That is my reason for being.

As this Easter class has come to a tremendous and God-victorious Jesus Christ success, the blessing will flow through every lifestream, not only here, but also to the disembodied.

My love, that of Saint Germain, and my holy mother abide with you now and always.

SERVING WITH KWAN YIN

If you have not already consciously applied to become an active chela serving with the Lady Master Kwan Yin, the beloved Ascended Master Saint Germain and other members of the Spiritual Hierarchy as a friend of mercy, it may well be because you are not aware of this foundation. This group was established by the Ascended Master Saint Germain (who as St. Joseph, was the guardian of the holy Mother Mary) and who is known as the “Patron of a Happy Passing” from this earthplane. F.O.M. was founded in November 1959. A copy of the original announcement of the founding of this Order will be found at the end of this article.

There is an urgent requirement for intelligent prayers for our departed relatives, friends, and those who have no one to pray for them, even if they are unknown to you. According to the Law of the Circle, all the good you do returns to you with increased momentum. This important service, which you can NOW render, both to the departing and departed souls will help the cause of freedom and will contribute greatly to your own personal ascension.

The following is the latest announcement issued by the Scribe of F.O.M.

Order of the Friends of Mercy

Beloved Friends of Light,

GOD BLESS YOU! We are most grateful to you for your active participation in the freeing of the departing and disembodied lifestreams belonging to this sweet Earth! Much has been accomplished by your selfless service to assist these dear ones, and in so doing you are strengthening the bonds of conscious cooperation with the Ascended Masters of Wisdom.

One of the important activities of this service is the recognition of the fact that the body elemental of each lifestream must be taken into consideration.

The Body Elemental

The body elemental, which animates the physical vehicles of mankind, imprisoned angels and elementals, is very intelligent and controls the mechanism of the physical form. It is often antagonistic towards such form, as the same body elemental serves the same lifestream from the time of the first embodiment upon the planet Earth, until the soul is transmuted into spiritual light and that individual attains the ascension.

Great love, gratitude and understanding to your own body elemental creates an affinity between it and the physical form and allows the lifestream to more quickly disassociate itself from the body elemental at the close of the embodiment upon the Earth.

Remember, the body elemental beats one's own heart, activates one's nervous system and takes care of the proper functions of the organs of the physical form and is usually condemned when any portion of the physical vehicle ceases to function properly. The truth is that the destructive use of free will by the uncontrolled emotional, mental, etheric and physical vehicles of the soul create chaos in the physical vehicle and the body elemental serves constantly to repair such damage.

We suggest the following decree for your use:

Beloved Presence of God I AM, Mighty Hercules and Amazon:

Bless my body elemental for its service to me.

At the close of my earth span, set it ever free.

Without its loving presence I should not even be.

Blessed body elemental ASCEND THOU WITH ME!

Beloved I AM! (3)
By God's Own Hand! (3)
I now command! (3)
By Hercules' Hand! (3)
By Amazon's Hand! (3)

I consciously accept this done RIGHT NOW, with full power, eternally sustained, all-powerfully acting, ever-expanding, and world encompassing, until all are wholly ascended and free.

Beloved members of F.O.M.—we thank you for the synchronized prayers for those departing, as well as those who have already departed this earthplane. We would like to compliment the earnest chelas who cognize the fact that it is necessary to have funds to disseminate this instructions.

It is suggested by the Ascended Ones that every reader who understands the necessity of conscious, daily cooperation with the Divine Beings upon the behalf of the departing and departed souls, will apply for membership in this Order (F.O.M.) which, like all the supplements of "The Bridge to Freedom Journal," is sustained by the love-gifts of the alert chelas.

ORDER OF THE FRIENDS OF MERCY (F.O.M.)
Dedicated to Help Lifestreams Over the Period of Transition,
When the Soul Leaves the Flesh Body

Under the Direction of Ascended Master Saint Germain
(who, under the name of Saint Joseph, is well known as the
Patron of a "happy death")

(A reprint of the original announcement)

HOW YOU CAN SERVE

Those selfless souls who wish to help along this very important line of service, thereby receiving, in due time, for themselves the benefit they seek now for others, are requested to devote at least fifteen minutes a day to pray along the following lines:

1st. Call for Mercy's Flame of Cosmic Forgiveness to sweep through the lifestream who shall pass through the portals of so-called death during the period of twenty-four hours when the call is made, and during

the rest of month and year.

2nd. Call to action the Angels of the Violet Fire, and the Angels of Lord Michael's Legions, with their Swords of Blue Flame, to stand at the side of each soul passing to sweep out the last vestige of human creation.

3. Call to action the Angels of Comfort from the legions of our beloved Maha Chohan, to wipe out all fear of so-called death, and give comfort to the loved ones who remain.

4. Call to the presence of our beloved Saint Germain and to the presence of beloved Maha Chohan, to take the departing one into their arms of light and love, and to bring him or her to the Karmic Board to present the harvest of that particular embodiment, and then assign him or her to the appropriate school to accomplish the ascension without the need of another embodiment.

Those desirous of rendering this important assistance, greatly required at this time, may apply now for free membership in this order. They will receive, from time to time, a bulletin with appropriate decrees and instructions to better render their service. They may also apply for prayers for their departed ones. Address: Scribe of F.O.M., Box 321, Charlottesville, Virginia.

THE PURPOSE OF YOUR DECREES

By the Ascended Master Kuthumi

When individualization was conferred upon your individual identity, the Threefold Flame was created, which became a cosmic cause, and you, today are the effect of that cause. Therefore, because that Presence IS, you ARE, and because the cosmic cause decreed perfection, you are pre-destined to outpicture perfection as an Ascended and Cosmic Being, because all cause must of necessity have an effect.

When the Threefold Flame, which is your true identity, was created from out of the heart of God, like spokes from a wheel, seven effects were projected, representing the sevenfold nature of man—the seven bodies, etc. Thus, you see, even in the finite world, every cause has seven effects, and each such effect in turn creates seven new causes! These ramifications extend until, upon contemplation, one realizes that the responsibility of being a creator is very tremendous!

The reason and purpose of your decrees, when issued intelligently, is to set up new causes in your world, that must bring corresponding effects of prosperity, health, illumination, purity and harmony. The reason for the constant admonition for harmony is that when new causes are set up they must ACT, but as your decrees begin a pulsation of opulence, health, peace, harmony and at the same time, in your daily living, you set up millions of human causes, that also must have effects—and in the balance, your decrees are far outweighed by the irritation and distress of your daily living.

You have no concept of the far-reaching effects of unkind words, thoughts, and feelings of irritation, anger and jittery emotions. The Master's decree is fulfilled co-existent with his call, because his entire lifestream is in agreement with his decree and all the energy of his being is held harmonious, and the natural law of life expresses that which he has decreed into form.

THE IMPORTANCE YOUR ATTENTION

By the Ascended Master Hilarion

Your attention is similar to a radio beam of electrical energy directed at a certain wave length, which connects with an objective vibrating at that wave length. Your attention is a consciously-emitted stream of electronic spark, that forms a bridge or conductor, made up of your own life, through which there flows to you, on a return current, the substance, radiation and quality toward which your attention has been directed.

Your attention is an open door to your individual consciousness and world, and is the only avenue through which you consciously accept! Your attention is as scientific as the electrical beam created through the Marconi system or a radio transmitter.

Your attention is your life projected forth through self-conscious action into the universe, to tie you with the object to which your attention has been directed. Countless dictations and affirmations have pointed you to the power held within the attention, as surely as your body subsists on the food you digest. Nothing can live in one's world unless his attention feeds it, whether it is God-consciousness or sickness of the flesh, or a limitation of supply. For the Godly man, as his attention is held unwaveringly on the Presence of life, the earth slips away and ceases to exist. This, in the ultimate state, is called Nirvana.

The attention is the funnel of your consciousness, which can be held by sustained and conscious effort upon whatever activity or manifestation of God's perfection one desires.

While the attention is held on any human channel, any human form, or any outer source of supply, of health, of happiness—the Law is in reverse, and through the avenue on which the attention is held, will flow the radiation and substance of the object upon which the attention is held.

If an individual seeking Godliness, health, happiness and supply could first understand the power of sustained attention, and then, through self-conscious effort, wrest the attention from the many pulls of the outer self and anchor that attention on the presence of God, God's presence would flow through him on the return currents as the fullness of all he could desire. Saint Germain said repeatedly, "Where your attention is, there you are; what your attention is upon, you become," but the students do not realize that the attention is constantly moving from place to place and is not one-pointed in acknowledging the Godhead as the ONLY doer!

The attention is the bridge from the human to the divine. It is the electronic energy of the lifestream thrown forth like a mystic span and man walks forth on the bridge into the realm of the real. The attention can be raised instantly to any Solar Lord or any Master or deva or angel, and over that bridge the consciousness may consciously soar into the realm where that one dwells! No one is a prisoner on the earth sphere while he contains within himself the magic, mystic power of the attention.

Every force on Earth, from the small puppy to the immature child, seeks to gain and hold the attention, because inside, that one knows that through the attention there flows a stream of light, and the God-seeking man is he who DOES NOT allow his attention to become a playground for the seen and unseen forces that would bind him longer to shadow.

YOUR ATTENTION IS A WAND—MAGIC, MYSTIC, POTENT—AND ONE MAN WITH CONTROLLED ATTENTION, MIGHT DRAW ENOUGH SPIRITUAL ESSENCE FROM THE HEART OF GOD TO REDEEM A PLANET!

THE BRIDGE

TO FREEDOM

**A Monthly Journal Devoted to Individual Unfoldment, Contact with
the Great White Brotherhood and Cooperative World Service**

AUGUST 1960

RISING OUT OF THE TOMB OF SELFISHNESS

**An Address delivered by Beloved El Morya
at the Ashram on Holy Thursday, April 14, 1960**

Beloved friends of light and love eternal, I, like unto beloved Serapis Bey, am called a strict taskmaster. It is that very will and desire for you to accelerate the vibratory action of your lower vehicles so that you shall quickly find your way back home, which is our love in our hearts directed to you and through you for one purpose—your God freedom!

Here we have a stone, one of the few which remains of Tara's Halls, where long since both you and I served our Lord together. That "harp—that once through Tara's Hall its song of music sped—now lies as mute on Tara's walls as though its soul had fled." Why? Because, except for myself, every one of you and others dear to my heart got tired of the harp of Tara, got tired of the spiritual law, and went happily down the by-ways of life, seeking self-satisfaction through the senses.

I tell you, that harp shall ring again, and around it shall be gathered, not only in heaven, but right here on Earth, the faithful, who have learned that the highways and by-ways in the pursuit of happiness lead into nothingness, leaving disillusionment of soul, etheric memories of imperfection, mental confusions and emotional chaos!

Almighty God, it has taken all the sons and daughters of heaven, these past seven years, to untangle, not once, but every day, the chaos in your four lower bodies. Every single day, during each twenty-four-hour period, I take the time to go over those bodies and remove the emotional, the mental, etheric and physical chaos of one twenty-four-hour period. Isn't that love? I think, when you consider it deeply, it is, for love to many of you is an ephemeral thing, consisting of the kiss, the

embrace, the handshake. Beloved ones, the love that the Great White Brotherhood from our regent, Sanat Kumara, down to my humble self, has for you is so great, that the foreswearing of Nirvana is nothing in comparison to the redemption we desire for each and every living thing.

I walked the ways of Earth not too long since. I knew the love of beauty and I knew the trials of flesh. Because I am called the preceptor of God's will, from which many men shrink in heart, though not in intellect, you think I do not love beauty. Ah, beauty and order are heaven's first law, and in my home at Darjeeling there is, and shall remain, always, both beauty and order. Disorder is no part of my nature, nor that of my particular brotherhood. Disorder of person or disorder of surroundings is the externalization of the human nature of disordered mind, feelings, the etheric consciousness, or just physical laziness. I repeat to you, as I have many times, if you invite me or any divine being to a feast, for God's sake, leave a place of honor (uncluttered) for us.

In your own realm, in your own life, you will find that when you bring order and beauty into your world, you will progress more happily, for order and beauty bring grace, and that grace brings to you perceptions that you never knew you had, and those perceptions, externalized, make you God-men, women and children in action, here on Earth. We know that there are times, naturally, during the course of your daily living, when you become a little lax through the use of the various media of your magnificent service, but this can be rectified in the matter of moments and those moments can be spent in invoking the will of God for man, woman and child on this Earth, invoking the will of God to make his kingdom manifest now, invoking the will of God for this sweet Earth and its redemption NOW, invoking the straightening of the axis of this Earth, the preparation for a class, wherein the Ascended Master Serapis Bey and myself should not have to supply all the energies required to be of a worldwide blessing.

Are you going to do that with the type of energies released or the vehicles in the condition in which they are? I think not! How about the little men in the Voodoo countries? How about the lone souls in Scotland, and in England too? How about those way off in Asia, Malaya, Hawaii? Think you that the energies, beloved hearts, of your songs, alone, could reach to Hawaii where those blessed and earnest Boerrigters hold their focus of light for this Easter Season? Your energies don't even reach down the rugged road to the so-called macadam.

Now awake—come out of that soul sleep. ALMIGHTY GOD, awake,

and let enthusiasm again spin within your vehicles, spin within your emotional, mental, etheric and physical bodies setting those little electrons spinning around the atoms and preparing for the Holy Mother of Jesus and Brother John and Jesus. For myself I have the name, I have the brand and I care not, except as I fire you with enthusiasm for the love of God, to bring this Earth back home, bring it, oh bring it back home, with all its lovely spring flowers, with all its summer grace, with all its saddened mankind, with all its laggards, with all imprisoned elements, with all its humankind, with all those who have left the former compound and roam yet in the psychic realm.

I plead with you, bring our Earth back home, bring your little four-footed creatures and all that lives, back home for Saint Germain's sake, that this Earth may be freedom's holy star. Why should I have gone to Vesta and Helios and asked for a dispensation to help you? Because I love Saint Germain, because he has that faith in you all and in all his chelas, though they fall by the wayside and desert him right and left—a faith which I, perchance, do not share, having served so often with mankind, both through the Theosophical Society, with Mrs. Bailey, with the “I AM,” and “The Bridge” activity. But his faith—he is like a child, your beloved Ascended Master Saint Germain. He is so happy when anyone of you ascend, when any one of you shows the tiniest bit of light. He rushes to the Karmic Board with that light and your achievement and he covers over every error you make, either consciously or unconsciously, and when we talk with him, he can talk only about how beautiful you are. Even the great Maha Chohan, smilingly knowing, listens, and too, in love, does not dissuade him from that faith.

Saint Germain pleads your cause and the cause of all that lives and we, the fiery ones—Serapis and I—are DETERMINED that his faith shall be realized through you, BY GOD, even though we may not seem popular to your outer self, yet one day, when you meet us face to face, we won't be so difficult. I can play the harp, if you want to hear it. They say I have a reasonable tenor voice, if you care to listen—and I can love enough, love enough to plead for the Ascended Master Saint Germain's vision of Utopia manifest on this Earth.

It is Easter time, ah yes. We come again to the Holy Season, today, to the Feast of the Last Supper, and tomorrow to the agonies of the cross—Saturday the waiting of the unfaithful disciples and the faithful Mary and John and Sunday brings us to the Hallelujahs, when Jesus burst the tomb and Magdala knelt by his feet and he told her to go and tell his disciples that he was risen. Then Jesus asked, “ why seek ye the

living among the dead?” I love that phrase. When I come in here, and I come in more often than you know, I love to say to myself, to cheer myself up, “WHY seek ye the living among the dead?”

Now, come on and LIVE, in God’s name live—live to every ounce of your mind and body, soul and spirit, in the service of the beloved Ascended Master Saint Germain and make his star a star of freedom NOW! Another cycle has started. How many cycles do we have to begin and turn again, again and again and again before you all decide to take off on the Ascension Flame?

NOW I INSIST AND COMMAND, BY THE POWER OF ALMIGHTY GOD that you, individually, who have had the privilege of my company, wanted or not, do something about making this Earth freedom’s holy star—and I NEVER TAKE “NO” FOR AN ANSWER! It is not my nature. I’m a terrifically persistent fellow, so persistent that I’ve followed you all, some of you, into the compound and dragged you out, literally, by the hair, or out of the sleepers’ realm, where you were enjoying a fine respite, and have literally SHOVED you through the Board of Karma and begged Mother Mary, on bended knee, to give you your embodiment today when there are two others who could have taken embodiment, making them stay in heaven’s realms, just so that YOU COULD. I knew you had it in you to help the Ascended Master Saint Germain bring the Earth home.

I did this for no other reason than that. In persistence and constancy of service, you shall have your individual freedom, the Earth shall have her freedom, Saint Germain shall have his Utopia, and the Ascended Host shall have an open door, through which to convince you again, again and again that we are real beings. COME OUT OF THE TOMB OF SELFISHNESS INTO THE LIGHT OF THE NEW DAY, FOR IT IS HERE!

Welcome to Darjeeling for the gentle side of my nature.

THE VIOLET FLAME IS YOUR FREEDOM
Addresses by Beloved Saint Germain and Lady Portia
Delivered at the Ashram, at the Anniversary of Saint Germain’s
Coronation and Ascension , May 1, 1960

Ladies and gentlemen of grace, it is always a pleasure, as well as a privilege, to visit those who love the cause of freedom, those who love to serve in grace, to bring a planet too long held in the throes of distress, again into harmony, that harmony that shall add to the music of

the spheres and out into the cosmic itself, instead of being the one dissonant note in this universe and in this galaxy.

How many of us love this Earth. How many of us walked upon it, walked sometimes in troubled thought and sometimes in happy free expression! How many of you here have walked and talked with me—all, I say—while yet unascended were you my friends, tried and true, in periods of adversity where friendship, the truest and most perfection expression of love divine, was required for even physical safety of the outer form.

Now, again, we have joined together on this magnificent pathway, where you and I and all of our heavenly brothers and sisters and all of those who are being transmuted and transformed into light, will bring to Earth that kingdom of magnificence that I have so longed to show you and to show all peoples—that kingdom where the angels perform the ceremonies and scatter the petals of the rose before the Sacred Mother, where the great builders of form, right before your eyes, can create a temple, aye of diamonds, stones of any descriptions, and change it in the twinkling of an eye, through the power of etherealization. Ah, that age is coming again, wherein there will be no distorted life, wherein there shall be no cry of pain, no distress of heart, of soul or spirit—for this I have foresworn Nirvana, for this I remain presently the Chohan in charge of the permanent Golden Age, wherein some say, “You speak of it often and yet the angels are not yet manifest.”

Who knows—more there are in the world of form, more there are that walk among you than even ye who sit here this morning know about. That great Serapis Bey, who has opened the door to the Seventh Root Race and the great Karmic Board confirming the petition of beloved Morya, will allow dispensations when the blessed and beloved Mother this year creates again in this same month of May, the bodies of those who are to come to Earth in 1961.

Beloved ones, when you think how carefully and how beautifully are prepared the vehicles for each embodiment, no matter how much the soul has created in past embodiments of an imperfect nature, through the use of this Violet Fire, which I love so much, which is part of my being and world, the soul is given the most perfect body possible for re-embodiment and that Violet Fire surges through the Sacred Heart Temple as each and every blessed individual who is to be reborn on the Earth walks through the Elysian fields, walks up the steps of that temple, kneels before the blessed Mary, mother of Jesus, and before Kwan Yin,

and passes through that ceremony wherein their long golden hair is shorn. Where is that hair placed? It is placed in the heart of the Resurrection Temple, wherein those who are not again to embody, may have a magnetizing power to bless those shorn of their glory, to enter into earth garments and shine through the light of their own hearts, being sons and daughters of freedom, wearing freedom's robes in dignity and honor.

Long since it was that my Master called me home—long before my Utopia was established on this sweet Earth—so I had studied it well and endeavored through many, many people in authority to persuade them to allow it to come forth in Europe, but my Master said it was time for me to close the book of my life and enter into the realms of the ascended. And so you have my little Utopia and the few memoirs that are therein, and the deeper truths of Shakespeare, for those who seek to delve, and the memory of a man shorn not only of position but also of name, traveling alone from the England that he loved, meeting trusted friends in France and finding peace in the most beautiful woods of Transylvania.

Here the bird song was so sweet and there was no footfall, for even the horses were unshod and they—as well as the mankind privileged to be among my close friends in the Transylvanian Forest—moved silently. In that silence you could hear the voice of the bird, the more delicate voice of the flower and there I truly pressed my physical bosom against this earth, kissing it a farewell, but promising I should return through those who love me first, and then one day when the veil of maya was dissolved enough, in person.

When you have a project here on Earth, no matter how small it may be, it becomes quite dear to you. I have that project of a planet free of disease, decay and death—free of every type of consciousness that could create war, wherein angels, men and elementals might walk together in happiness, a shining planet just as it was when it first came forth from the heart of Immaculata, with Amaryllis's sweetest blooms. That dream has not been fulfilled, but it has become a vision—a vision held in my consciousness with all of the tenacity of my centuries of embodiment on this Earth, as well as my experience on other stars. That is the vision that I impart to you when I receive the confidence of your presence.

Oh, how lovely to have our Earth again as she was then. How lovely for you to be a part of leaving her more beautiful and shining because you have passed by. How lovely, indeed, that generations yet unborn shall know angels and Divine Beings as their friends and no maya stands

between. How lovely that the throne of freedom shall be occupied by a heart friend, simple and yet withal filled with the consciousness and conviction that a vision of a world of freedom can become FACT.

When men and women cease bickering among themselves and nations among nations—then the solar highways can be opened and then can those above look down and say, “How lovely the garland of light around the freedom star,” instead of pinpoints of light here and there scattered across the surface of the Earth wherein is the awakened consciousness of one or a handful of valued students—all of the Earth ablaze with light. For this Sanat Kumara’s invested centuries, ages of service. To this end was created the Great White Brotherhood. To this end do we live but to educate you in the knowledge that the powers that we used to set ourselves free are within your own heart, only to be loosed by the acceptance of their reality.

Lovely ones, the Violet Flame is real—more real, by far, than externalized form on chart or picture. That flame is your freedom, as it blazes in, through and around you. LET GO, LET GO and let go of emotional, mental, etheric and physical chaos and then accept, from my Lady Portia, the divine justice which is the heritage of your being, to be a God and Goddess on this Earth and then achieve Ascended Master or Cosmic status, at the close of this earth life.

Beloved Portia speaks:

My beloved Saint Germain, you plead the cause of freedom well, and men, women and children who listen to you, and they would love it for themselves and some few for others, but as a member of the Karmic Board, beloved, I know that that vision which is yours, to become fact, must literally be riveted into the outer consciousness of the chelas who have pledged themselves to serve you, so that that freedom is the greatest and highest aspect of their thinking, feeling selves, else in the trials my trusting and beloved one, in the hours that are to come, you may not find anchored as many friends as your heart believes. As a member of the Karmic Board I pledge to you all of the energies of my being, to see that you are NOT disappointed again in ONE SOUL in which you have invested an electron of your life, and that those who have desecrated your vision of freedom SHALL ARISE and make things right NOT ONLY FOR YOU but for the cause you represent. THIS IS A FIAT OF THE KARMIC BOARD FOR YOU ON YOUR MAY DAY!

Beloved Saint Germain speaks:

This sacred month of May, dedicated to the festivals of so many of my Ascended Master friends of light, is a particularly blessed one for me, and I wish you, this morning, the same joy I experienced when I left my earthly body and gained my victory and met the Goddess of Liberty and the other great teachers of light in the Ascended Master Realm. No one can explain the feeling of relief and release and joy that there is in the ascension, even though one's service is not completed and that one shall return to serve through others. One day you will say to me, "Saint Germain, my friend, you spoke truly." You will expand your light in the cosmos and having done completely your little individual task, will join me, to go out no more.

A happy and most blessed month of May from your friend, your servant and one who believes you love me—as I LOVE YOU!

DEVELOPING YOUR POTENTIAL DIVINITY!
Monthly Letter to the Transmission of the Flame Class
of August 20th, 1960, by the Maha Chohan

Beloved Friends Seeking to do God's Holy Will on Earth,

I am again so delighted that you have been and are enjoying active participation in the Transmission Flame Classes, which through my own humble endeavors, were begin in 1952, when the Ascended Master Saint Germain still held his focus of the Freedom Flame in Transylvania.

Now, we join our breaths with yours in the so charming, gracious and beautiful home of my beloved son, and your Guru, El Morya. His will for you is that you, each one, become now a God-man, a God-woman, a God-child, and to that end, and for that purpose, does he spur you onwards, to develop the potential divinity within the Holy Christ Flames of each of your dear hearts. Sometimes the outer self rebels (temporarily) at such love divine, which is ACTIVE AND CONSTANT PERSUASION FROM THE HEART OF EL MORYA. One day you shall, upon bended knees, prostrate yourself before this God of love.

Accept the opportunity during this thirty-day period of visiting El Morya's focus! Learn to love him as I do. Bring back into your orbits his feelings of loving imprisoned life free. The sponsors for this month are gentlemen from El Morya's court.

LOVING SOMEONE YOU DISLIKE
An Address Delivered by Beloved Mother Mary

at the Ashram on Good Friday, April 15th, 1960

Beloved and blessed children walking the ways of Earth, I have loved you long and well. I hold for you, as I did for the Ascended Master Jesus, that immaculate concept, which shall externalize on this earthplane, as it has in the higher realms!

To hold constantly to the immaculate concept, amidst all the effluvia of the present untransmuted astral plane, requires a great deal of concentration upon the part of unascended beings. It required all of the energy of my life, as well as of the angels who guarded me and the Ascended Master Saint Germain (who was Joseph), to hold the immaculate concept for Jesus from the time of his conception and birth, through our flight to Egypt and yet allow him full freedom to enter into the rigorous tests at Luxor, when he met face to face its mighty Hierarch, Serapis Bey. We, then, at divine direction, brought him back, still a young boy, into Judea where both he and I were labeled, by malicious individuals as rather imperfect characters.

I held that immaculate concept, beloved ones, for him. It was comparatively easy, because he was a beautiful baby, a beautiful child, a beautiful youth and young man. When he met, in consciousness, the beloved Lord Maitreya, he had to learn to magnify the Lord of life and hold the divine concept for himself and his mission, because that is the Law. I held that divine concept, too, with all the energies of my being, until Good Friday, but he, by requirement of the Cosmic Law had to utilize the energies of his own self-conscious being, of his emotional, mental, etheric and physical vehicles, to magnify the Lord of good wheresoever he was.

I did my humble service in teaching him so to do. He was born without sin or taint of this world (untransmuted karma), but he had senses more alert, because of his spiritual development. He had eyes that could see sights that you see no more, because the present civilization hides them from you through various institutions. He had ears to hear and hands most delicate and beautiful to touch, first Joseph's hand, then my person later, the flower, the bird, the rabbit, the man, woman or child in the street who required assistance. His hands were beautiful and delicate but yet strong enough, by the direction of Joseph, to become a skilled carpenter. No yoke he ever made hurt a beast of burden. No spinning wheel he ever made had a splinter upon it. His hands could heal and yet serve and were practically directed by a mind alert, always, to do God's will in love.

I cannot describe to you the love of my son for you, for all mankind and for every living thing. There are no words which can describe that type of pure, divine love, which takes a man in the fullness of his youth—thirty-three years of age by human count—from an Earth that he loved, from a mother who had lost her husband, from disciples not yet anchored in the understanding of what he was endeavoring, in the most simple terminology, to teach them, victoriously through the experience of the crucifixion. During those three hours I held that immaculate concept for him, knowing that neither the spear nor the crown of thorns nor the cross nor the nails could hurt him! I had seen his Holy Christ Self from the day I first cradled him in my arms, until the day when his beloved body hung between two thieves, for three long hours.

John, The Beloved, and I stood watch during those three hours and gave to him all of the love of our hearts, holding that immaculate concept for him, so that he might pass through that initiation, resuscitating his physical form, resurrecting it on Eastern Morn, for the benefaction of a doubting discipleship, and ascending publicly in the sight of over 500 people.

Now I am rendering that same service for you. Where I left one boy in the bloom of youth on Golgotha's Hill and walked with John to my shelter in Bethany, I became, and I am, the mother of you all—laggards, humankind, disembodied entities and those imprisoned angels and elementals and those babies who are to be born.

Beloved! Do not accept feelings of depression, which are looking for a home—because they are a vampire activity which require energy to live! Anchor your feeling world into mine, if you desire, or into that of any other Ascended Being, and draw from them the feelings of illumined buoyancy, confidence, faith and God-conviction that ALL IS WELL AND SHALL BE BETTER.

Blessed, beloved ones, I come to plead the cause of a mother for her children. You are in a COSMIC MOMENT—a moment when our beloved Saint Germain desires to make of Earth freedom's holy star, to straighten the axis of this Earth, to help each and every one of you, before your ascension, to experience some of the ecstasy of consciously serving with the Great White Brotherhood, instead of experiencing a feeling of drudgery, which so often impregnates your service to life.

When I achieved my own ascension, when I had spoken with the disciples and apostles, when John received his ascension and I joined beloved Jesus in the Ascended Master Realm, I was given the same

choice that you will be given, to go to higher glory. I said, “No, I shall mother the Earth, the laggards and all upon it, holding for that Earth and all that lives upon it, in, through and around it, the immaculate concept, until it is manifest.” And this I am doing! Are you doing as much for even one, one that you love—human, animal or elemental? I do not ask you to take on the entire human race, beloved ones, for I know it would be an impossibility, but I would like you to try it on someone for whom you have an antipathy. It is easy to love those you love. It is easy to have a feeling of happy gratitude for association with those for whom you have an affinity, surely, just as easy as it is for me and Lord Raphael to work with God-free angels or in the Sacred Heart Temple, or with Jesus or the Ascended Master Saint Germain.

I personally go through the gutters, as does Kwan Yin, of your cities, states and nations, holding the immaculate concept for the untouchable of every nation, race and creed. THEY SHALL RESPOND, by the power of God, for they, too, have a Holy Christ within, awaiting expansion and love.

My son said, “Love your enemies, treat kindly those who spitefully use you.” He spoke in the most simple terms and in easy parables that the man on the street could understand, but somehow the diabolical forces, that still roam through the world, have emphasized the wrong part of his mission. They glorified a crucified Christ, muting a resurrected Christ and a man among men, who walked, practically on the earth, doing good until he was called at the age of thirty for his cosmic mission, and the Dove of the Holy Spirit, who is your particular benefactor, blessed him at Jordan’s River.

Jesus used only a few words, “I AM THE RESURRECTION AND THE LIFE,” but he had the constancy of repeating them again and again to gain HIS VICTORY.

Take as your assignment this Holy Easter tide, the task of loving someone your own outer consciousness is repellent toward. Don’t tell them about it, because they are probably just as repellent to you. If you can do as Nada did, and many of us did in our assignments, if you can and will pour that pure divine love without an outer sign of lip or look or hand to that one, I promise, in the name of the ascended Jesus Christ that you will see the rejuvenation of the physical body, the balance of the mind, and the emotions, the clarification of the mental body, purification of the etheric body, and a better man, woman or child. You may even love an animal which you dislike.

Just love that life until you get happiness and harmony from it, and that is your reward, as Nada 's reward was in the enjoyment of beautiful songs and the beautiful artwork of her sisters and in her humility, under the beloved Charity, of never letting even her father, mother or her sisters know that it was her love poured toward them during their sleeping hours that unfolded their talents and set them free.

MY PETITION TO MY CHILDREN, FROM A LOVING MOTHER OF ALL—a mother who made your heart and bodies, who loves you and has loved you through all the years and embodiments, while you pursued the by-passes of the senses—is that you consciously accept the God concept for yourself, the planet which has been your hostess, and all that live, in, through, and about it—a mother who is strict enough to hold the immaculate concept for you—shining, brilliant, blazing light.

AN INVOCATION TO THE ANGELS OF COMFORT
By the Beloved Maha Chohan

Oh world, oh world, seeking comfort, seeking surcease from pain, disease and death! Oh mankind, imprisoned in century after century of self-created shadows! Oh elemental kingdom, prisoners of the thoughts and feelings of the masses. Oh, lovely angels pinioned, bound, exiled from home! OH, FOUR-FOOTED CREATURES THAT HAVE NO WORDS, NO POWER OF INVOCATION WITHIN YOU, NO CAPACITY FOR PRAYER, NO CONSCIOUSNESS THAT CAN REACH TO THE ETERNAL AND WHO HAVE SO FEW TO PRAY FOR YOU. Oh, great forces of the elements leashed by the hand of mercy—forces of the sea, forces of the air and forces of the earth—oh, great forces of fire, held like four great steeds by the great charioteer of mercy.

IN THE NAME OF THE LIVING GOD, IN THE NAME OF THE HOLY SPIRIT OF THIS UNIVERSE, I draw forth that COSMIC COMFORT, those tongues of flame, into every element, every soul, every consciousness that is. LET THERE BE COMFORT! LET THERE BE THE SURCEASE OF DISTRESS.

Oh, mighty and eternal God who has opened to me the channel of “The Bulletin” by which I might feed some of the energies of my very self into those willing to read and ponder it! I thank you for those who have anchored the substance of my world into themselves, and there flows into them mighty streams of Cosmic Comfort.

Oh, mighty Angel Devas of Comfort, mighty and great Angels of Comfort, Seraphim and Cherubim of Comfort, Legions of Comfort from the universal—COME FORTH NOW and BRING COMFORT TO EVERY LIFESTREAM, every one, every electron on this planet—and so be it!

THE BRIDGE

TO FREEDOM

**A Monthly Journal Devoted to Individual Unfoldment, Contact with
the Great White Brotherhood and Cooperative World Service**

SEPTEMBER 1960

LASTING PEACE

By Beloved Gautama, Lord of the World

My dearly beloved ones! If you only knew just how important is the drawing, sustaining and expanding of the feelings of TRUE PEACE! It is much more important than the obtaining and using of money—it is more important than almost anything which the outer consciousness considers of value, for in TRUE PEACE do the healing currents freely flow, in TRUE PEACE you are able to understand, clearly, what the divine beings desire you to do and have done. In TRUE PEACE, your own Holy Christ Self has opportunity to direct your outer consciousness. Do you know that in TRUE PEACE just seven men or seven women (or a harmonious cooperative group composed of both) could create and sustain a temple, wherein the healing of any lifestream could be accomplished, without any one of those seven speaking even one audible word?

This peace of which I speak is not surface peace! It is the peace of which beloved Jesus spoke when he said that it surpassed the understanding of the outer mind. It is the peace which comes when you have found your Real Self—the peace that comes when you KNOW that GOD'S WILL IS GOOD FOR YOU and for all, the peace that comes when you are willing to renounce that which is dearest to you, in favor of God's will being done. From personal experience, I can tell you that, in renouncing my physical father's name and throne, as well as my lovely wife and baby son, I REALLY FOUND THEM, and my wife and son later became two of my most earnest and loyal disciples, in helping to spread THE WORD!

If you seek the peace and comfort of pure divine love and find it not in human beings, may I humbly offer you MY FEELING, substance and energy of MY PEACE, which is MY GOD-GIFT TO MAN! Remember, I am your eternal friend!

ARCHANGEL MICHAEL
(Archangel of Faith, Protection and Deliverance from Evil)

Of the seven beloved Archangels, who are the messengers of God, perhaps the best known and loved is the Lord of the Archangels, Prince Michael. Countless prayers to him, with their attendant and immediate response, have drawn him close to the peoples of Earth. Golden of hair, with magnificent blue eyes, and an appearance of splendor, confidence and faith in God, Lord Michael has responded so often to the requirement of peoples upon the Earth who are caught up in the distresses of soul, mind and body.

He, of his own free will, at the very beginning of mankind's embodiment on Earth, chose to become the guardian of the faith of man in his God. His presence, or that of one of the celestial helpers who are among his legions, sweep earthward to give assistance to anyone in distress.

His focus of light, his shining temple pulsates in the etheric realm in the Canadian Rockies, near Banff*. Here, many who are aware of this focus come for the renewal of their faith in God and find renewed encouragement to serve their fellowman upon the Earth.

Once, long ago, as is told in the Bible, the Earth was pure and its peoples innocent. They dwelt in a Garden of Eden and enjoyed the beauty, opulence and perfection, which God had created for them. "And God looked upon his creation and said IT IS GOOD!"

Then, mankind, endowed with the gift of free will, chose to experiment with the use of life (disobeying the Law of God) and evil came forth from their minds, feelings, spoken words and actions. This is called, by many, "the fall of man."

When the "fall of man" took place, Lord Michael—seeing the travail and soul agony, which would result from such disobedience to God's Law of Harmony—began to prepare for his long and loving service to God's disobedient children. He fashioned out of his own thought, a magnificent Sword of Blue Flame. He drew around himself legions of the angelic host to assist him, and he offered God his services, until the very last of mankind is redeemed and his sins expiated and he is returned to his God-estate. God, in his infinite mercy, accepted the kind services of Lord Michael and his helpers and ever since, beloved Michael and his angels have been serving mankind, imprisoned angels, the elemental kingdom and every living thing, with but one thought in mind—preservation of the

spiritual light in the soul and restoration of the desire for obedience to God's Law of Harmony on Earth and in its atmosphere.

By the bedside of a sick person, in the homes of those who suffer, in the great institutions where illness of mind and body are treated, there are always present the legions of Lord Michael, helping to cut away the invisible cause and core of distress, so that the soul may find freedom and happiness in God's service.

At many religious services, where the actual recognition of Lord Michael is given, his radiant presence pours down a shower of faith and love and protection upon the communicants. The mere speaking of his name draws his attention toward you and his help into your world.

When people pass from this earth life, they are often as deeply enmeshed in discord as when they lived in an earthly body. Lord Michael, with his own hands and flashing Sword of Blue Flame, cuts the bands that bind these so-called deceased peoples to the loved ones on Earth and allows the soul to rise to the throne of the Father.

In many homes where distress, discord and impurity have been emanated by the inhabitants, (sometimes for centuries), the invocation to Lord Michael and his helpers will free those homes of all past impurity and allow the present inhabitants of that home to enjoy the beauty of the present, rather than the heavy, depressing atmosphere of the past.

The secret thoughts, feelings and actions of mankind, as well as their rebellious outer expressions of discord, has created a blanket of discordantly-qualified energy around the Earth. This is called the psychic or astral realm. Within it dwell many invisible spirits and elementals, who prey upon the credulous minds of those peoples of Earth seeking to know the truth about their loved ones, who have passed through the veil called death, or who are seeking to pierce the hidden "mysteries" of life beyond the veil.

His shining presence will, and does, come to anyone so temporarily caught in the psychic realm and deliverance is immediate and permanent.

Also those who are caught in the habits of dope addiction, alcoholism and various other depravities of the flesh, have an instant deliverer in Lord Michael, if they will invite him to help them. Sometimes the individual, so caught in psychic conditions does not want help. It is the privilege of those who know of Lord Michael to call to him on their behalf and he will answer them. This call (prayer) need not be made aloud, nor

even in the presence of the individuals requiring assistance, for the very mention of deliverance sets up a resistance in the consciousness of the one who so needs aid.

Wisdom and discrimination upon the part of those who see the need and desire for the help of Lord Michael for themselves and others will help them to make such a call silently or audibly, when they are alone. Thus, the resistance of the outer mind, which is substance heavily charged with rebellion, is avoided.

Words cannot express the manifold services of the great Prince, Lord Michael, and his divine helpers, but invocation of his heavenly presence and aid for all who invoke him into their own worlds or that of their loved ones (whether they are on Earth or have passed through the change called "death") will prove his reality and power to give such assistance. Remember, because an individual has passed through the change called "death," he or she is also in need of prayer. Make a personal friend of Lord Michael. Opportunity will present itself to you every day, as you see distress and limitations about you! Thus, you will truly become one of the helpers of this selfless one, by inviting his assistance in freeing all life, everywhere, from discord, disease, limitation and distress.

*In the etheric realms over central Europe is a focus of beloved Archangel Michael, as well as in the Canadian Rockies.

INVOCATION

Beloved heavenly Father and thy divine messenger, Lord Michael!

We bless thee for thy presence in this universe! We invoke the presence of Lord Michael and his legions of light into the atmosphere of Earth to cut free every soul belonging to this evolution, from all substance, energy, habits, qualities, tendencies and desires which are not of God!

We invoke thy intercession on behalf of our loved ones who live beyond the veil of death. Go to them and cut them free from all earthly bonds of greed, hate, and distress. Take them to thy Temple of Faith and teach them true faith in God and inculcate in their hearts a desire to obey God's holy will.

We invoke thy Presence into every institution of incarceration of every kind upon the planet Earth and into every home and place of worship.

Dissolve the cause and core of all distress—individual, national and planetary. Help us, we beseech thee, to learn to serve with thee in removing the psychic and astral realm that lies like a “smog” upon and around the Earth. Take all disembodied spirits and elementals who have not yet learned to do God’s will, from the atmosphere of Earth.

We ask thee, Lord Michael, to meet our loved ones as they pass through the veil called death, and in thy own loving arms, carry them to the throne of God, himself.

Beloved Lord Michael, help us to want to do God’s will here on Earth and hereafter. Remove the curse of “rebellion and disobedience” from all evolutions in the Earth, upon its surface and in its atmosphere. Thank you, blessed Prince of the Heavenly Host! We accept your intercession upon our behalf and that of all life, and we accept your friendship in our own worlds today and forever. Amen!

PRAYER

(The general content of the following prayer is given daily in the communal service of one of the great religions, and beloved Archangel Michael, himself, has said that this daily recognition of him by these devout people, through the centuries, is greatly responsible for his presence and that of his protecting angels in the lower atmosphere of Earth.)

Blessed Michael, the Archangel! Defend us in the hour of conflict. Be our safeguard against the wickedness and snares of both seen and unseen evil forces. Restrain them, oh God, we humbly beseech thee—and do thou, oh Prince of the Heavenly Host, by the power of God, remove from the atmosphere of Earth all the evil spirits who roam about the world, seeking the ruin of souls. So be it!

INNER AND EXTERNALIZED CONSCIOUSNESS

By the Ascended Master El Morya

The physical appearance world and everything in manifestation is but externalized consciousness. That is self-evident and has been explained to you in detail by the Masters of Wisdom.

Your own bodies and every experience in your daily lives are but the externalization of the consciousness of some lifestream in your environment.

Your consciousness has been builded for hundreds of thousands of centuries of living, and thought and feeling patterns have been set up, many of which your outer self has never been cognizant of. These thought and feeling patterns are constantly moving currents of energy, which are like riverbeds, and the perfect energy released from the God-head flows naturally along the course of these thought and feeling patterns, because of the momentum they have builded in these many embodiments. Now, these thought and feeling patterns, conscious and unconscious, represent the inner consciousness of every lifestream and constitute the nature of the personal self, and by the nature of their being, they constitute the outer experience of every lifestream.

We reiterate, then, that whatever is in the consciousness, known or unknown, is externalized as the experience of the lifestream, so that the thought and feeling patterns which constitute the inner consciousness continue, embodiment after embodiment to form the external experience through which the lifestream passes, again and again.

The Spiritual Hierarchy Deals Only With Consciousness

The Spiritual Hierarchy and all beings directly concerned with the evolution of the race, deal only with consciousness, knowing that effect always follows cause.

How a Portion of Your Consciousness is Externalized

The Lords of Karma looking at the consciousness of the soul, allow only a certain percentage of that consciousness to be externalized in each life, holding back, through mercy, the externalization of more than the lifestream can bear.

As you press toothpaste from a tube, in the proportion you desire, so is the pressure of the Cosmic Law, which externalizes in each lifestream's

experience, a percentage of that lifestream's inner consciousness.

With the increased pressure of the cosmic light and the acceleration of the evolution of the planet, there is a much greater pressure upon the inner consciousness of all souls belonging to this system, and the externalization of a greater percentage of their inner iniquities naturally follows.

Changing Your Inner Nature

The import of my message today is to convey to the intellects of all the students, that they will never be free of the externalized evil until they make a drastic change in their inner nature, because the inner consciousness must become absolutely free from the ability to entertain or recognize imperfection in thought and feeling, and when the cup is clean within, the appearance world will automatically manifest only the perfection that fills the inner consciousness.

Effects of Uncontrolled Thought and Feeling

People cannot go on in their uncontrolled thinking and feeling and not have those thoughts and feelings externalize as distress. You can dam up feeling by means of the outer will, but while they are entertained within, as a seething uncontrol, the cause—though hidden, perhaps from the world—will externalize as an effect, as truly as the sun reflected on the water emits a certain radiance of light.

Invoking the Ascended Masters' Light into Your Consciousness

This is more important than people have realized, because a person's consciousness is always under the control of the individual's lifestream, and even the Ascended Masters cannot intrude their light into the recesses of the human consciousness unless invited, but the invocation of the Ascended Masters' light into an individual's consciousness will bring great illumination to the mind and great assistance in clearing out the filth of the centuries.

The people who are to advance spiritually have to change in their inner nature, and neither suppression nor intellectual knowledge brings release. The world of consciousness is the world of thought and feeling, and in this secret and sacred place, man must be completely honest and if so, his externalization will prove his sincerity.

TEMPLE OF ILLUMINED FAITH AND PROTECTION, BANFF

A Letter from the Maha Chohan to the
Transmission of the Flame Class of September 17th, 1960

Beloved Ones Seeking Freedom from Distress for Yourselves and All Life
Everywhere,

It is our joy to join the great Archangel Michael in his focus of illumined faith at Banff. How many times, through the ages has he personally freed you from your own misdemeanors, as freeing the astral effluvia of the entire Earth and her unascended evolutions. Patience and love are embodied in the presence of this beloved Prince of the Archangels and his royal court of angels, who defend, protect, illumine and set free all imprisoned life, when a chela (unascended) asks him so to do.

As the anniversary day in his honor is September 29th of each year, I personally ask that you, each one, who has had the kindly services of Lord Michael and his God-free angels, give to him some special blessing from your own dear worlds.

The sponsors from Lord Michael's Ascended Master Legions are great angels, clothed in sapphire blue garments, with sword, shield, helmet and visor, who come with you or go for you to those in distress. Accept their living presence, beloved, for they are beings of light at your command!

Love and blessings,
Maha Chohan

THE TASK OF THE EXTERNALIZED CONSCIOUSNESS **By the Ascended Master Saint Germain**

In the precipitation of the divine consciousness into and through the four lower vehicles provided as instruments of manifestation, the consciousness so extended into the manifest plane of physical expression was provided as a transformer of the divine ideas into the substance and energy of the lower world. Thus, the divine perfection already completed in the mind and heart of God, was to be drawn through the consciousness thus provided, and the atoms and molecules of the third-dimensional plane coalesced around the divine ideas so created according to the divine blueprint.

The Externalized Consciousness

The consciousness thus sent forth from the divine mind was to be the interpreter of the divine ideation and the interpretation was to follow the original, exactly, as to form and detail. In other words, the important task of the externalized consciousness was to receive that portion of the divine plan allotted to it for expression and then to use the creative faculties to express the divine plan impressed upon it from above.

Your Environment is the Out-Picturing of Your Consciousness

Every man, woman and child in the universe interprets the divine plan today according to their individual capacity and the outpicturing of a person's environment and association is the result of his or her accurate or faulty interpretation of it. The home in which they live, the environment in which they move and their particular place in the evolutionary scheme of commerce, industry or domestic affairs, is but the outpicturing of what their consciousness is capable of receiving from the realm of truth.

The Cause Of Limitation

The denser, more impure and heavy the consciousness, the less it can tune into the truth, and, therefore, its interpretation of life, resulting in limitation, is not accurate, nor in any measure cooperative with the expansion of the kingdom.

How to Fulfill Your Destiny

Your consciousness, each one, has become embedded and ingrained with much imperfection through centuries of life's experience, but as your attention is placed upon purification and truth, your instruments of interpretation will become more alert, more accurate and more receptive to the divine will, and as you interpret more and more truth, so will that expanded consciousness externalize greater perfection.

The Four Lower Bodies

The folds of consciousness form an actual substance, made up of the elements in which the four lower bodies function. The four lower bodies are the weavers of the universal light substance into the complicated,

intricate pattern which forms the consciousness of every lifestream. Through the substance of these folds, a consciousness (representing the creative power) presses into manifestation the conscious or unconscious imaging and picturization of the individual, and the quality of manifestation is more-or-less tempered by the actual substance of the consciousness through which it flows.

The Purification of the Four Lower Bodies

It is therefore expedient for the conscious student upon the path to accelerate the cosmic purification of the four lower bodies, in order that the folds of consciousness emitted from every individual and forming the collective “cup of transmutation” might be utilized by the Gods and that they might find a perfect, clean vessel of transmutation, that would not dim the glory of each individual manifestation.

HOW TO DISCONNECT YOUR INNER BODIES FROM THE MASS CONSCIOUSNESS By the Mighty Elohim Vista (Cyclopea)

Again returning to the ever-expanding knowledge and understanding of the realm of consciousness, I will present to you another point of application, which will assist you in the process of training and maintaining an inner consciousness at a higher level of spiritual attunement than has been the natural course of your individual evolutionary expression to date.

When a man or woman desires to raise himself or herself to a conscious understanding of the Law, he must first recognize the fact that it is the internal nature of his entire being that must go through a period of drastic change and attunement, which is diametrically opposed to the currents of energy that have been his natural expression to date.

In the retreats and in the East, where individuals know that the spiritual path requires such an extreme re-orientation in the expression of the lifestream, they approach the path with greater earnestness, knowing that it is not the superficial surface, but the innermost nature of the man, which must be trained along lines which will evolve a set of vehicles completely harmonious and perfectly attuned to the currents of force that represent the outpourings of the Godhead and set the pattern for the divine plan, to man and nature.

Influencing the Four Lower Bodies

We will return to the study of the four lower bodies and their contributing force which, as a conglomerate whole, makes up a man's personality and consciousness and determines his or her state of evolution and progress on the path.

When a man aspires to spiritual unfoldment, he finds that the energy of his lifestream has evolved a series of independent motivated vehicles whose course of action is completely beyond his control and even beyond the scope of his reason.

He dwells among these warring selves and is victim rather than master of the vehicles originally intended to be his servants. Each one of these four bodies is fed externally by any vibration going on in the particular sphere to which it belongs, at any given moment. Thus, if tremendous currents of force pass through the etheric world, the mental or emotional worlds, the bodies of the unawakened vibrate to those currents as helplessly as a small craft bobs in the waves of a powerful steamboat.

The Sea of Cosmic Currents

As man's evolution is but a small part of the activity of the universe to which he belongs, cosmic currents from various planets and stars and activities from the fourth dimension are playing through the seven spheres, and these currents have been incorrectly interpreted by astrologers as beneficent or malefic forces that affect, constructively or otherwise, certain groups of individuals at various times. The truth of the matter is, that these tremendous currents of force, as they sweep through the seven spheres, are intent on cosmic creation and the power of their release energizes the various bodies of the people according to the quality of the energy predominant in the inner bodies at the time of their passing.

The Turmoil of the Mass Consciousness

There are likewise upheavals in the psychic and astral planes such as were recently caused by the worldwide war, which does not only affect the physical bodies of those in the conflict, but is a tremendous mental, emotional and etheric conflagration, that fills the inner bodies of every incarnate and discarnate soul with confusion and chaos. Therefore, we see that one-seventh of your lifestream is manifest in the physical form

and six sevenths are under the influence of currents of energy of which the intellect is completely unaware.

You have been told that the mental, the feeling and the etheric nature of all mankind are one, and what affects one affects all. The advancing consciousness makes an intellectual affirmation of its desire to rise out of the mass mind. He then wonders at the rise and fall of the state of his consciousness, not realizing that his inner bodies are at the mercy of and controlled by the mental and emotional waves going through the universe, released by the peoples of Earth, the discarnates as well as those from the higher octaves. Thus, the student must, in order to facilitate his progress and ensure a steady forward motion of his entire lifestream, learn how to disconnect his inner bodies from the mass consciousness and thus tune into the vibratory action of the higher spheres.

The quicker vibratory action of the latter will raise the lower bodies from connection with the mass mind and will greatly strengthen them by the currents of these higher spheres into which they are attuned, and while that higher vibratory action is vibrating through them, they will be immune to negative forces, but once an individual allows any one of the four lower bodies to descend again into the turmoil of the outer consciousness, he becomes a part of and is affected by the mass thought and feeling. It is the individual's consciousness choice.

How To Raise Your Emotional Body

To make this clear, let us take your emotional nature. Consciously offer it into the heart of heaven—let the qualities of the Masters fill it with the substance and feeling that heaven expresses, and if your emotional nature is held in the heart of heaven, no inner or outer experience will be important enough to change the ecstasy of that vibratory action.

How To Raise Your Mental Body

Consciously take your mental body and tune it into the all-knowing mind of God. You know you cannot entertain a thought less than perfection and keep it there in that mind, and then the individual's mind is so attuned it cannot become a part of the mental confusion of the world.

How To Raise Your Etheric Body

Take your etheric body and consciously bathe it in the waters of purity and in the flame and let it record only perfection.

Results

As your bodies are thus trained to rise and join with the Ascended Master mind and heart, they will feed on the substance of universal good. They will not allow you to be dragged down into the unhappiness of the outer world, and they will begin to feed your consciousness with their reports from God's kingdom, rather than to dump the refuse of their experiences in the world of human thinking and feeling into it.

I hope we have been clear enough to present to you another phase of unfoldment which, together with your previous understanding, will enable you to invite various Gods and Goddesses to accept, expand and to guard and protect, to fill, to teach and to train your lower vehicles, until they become perfection expressions of the good of your lifestream.

ASCENDED MASTER AUTUMN CLASS

We have the privilege and joy of announcing that the Ascended Master Autumn Class will be held this year on the following days and that the following Cosmic Beings will radiate their power, wisdom and love around the world during the twenty-four hours of each day.

Students should attend their own sanctuaries or groups during these days at 10 a.m. EST, to accelerate the normal vibratory rate of their forcefields, by the magnetization of the blessings of the divine beings listed below:

Schedule

Monday, September 26, 1960:	Lord Helios and Lady Vesta
Tuesday, September 27, 1960:	Lord Thor and Lady Aries
Wednesday, September 28, 1960:	Lord Neptune and Lady Lunara
Thursday, September 29, 1960:	Lord Pelleur and Lady Virgo

The reading of the booklet, "The Control of the Elements," or the reading of any other address by these Cosmic Beings will be a great help in tuning into the Ascended Master Autumn Class.

Geraldine Innocente, President, The Bridge to Freedom, Inc..

DECREES FOR THE FOUR ELEMENTS

FIRE

I AM! (3) the Ascended Masters' Law of Forgiveness and Transmuting Flame of all misuse of the fire element by me and all mankind through the ages.

BELOVED PRESENCE OF GOD I AM and BELOVED ASTREA, draw within your Circle and Sword of Blue Flame the cause and core of all FEAR of fire, fear of air, fear of water and fear of the earth, and transmute it into the illumination and Ascended Masters' understanding and use of the Sacred Fire.

BELOVED HELIOS AND VESTA, ZARATHUSTRA and ALL who are in charge of the fire element, we love, bless and thank you and all the salamanders for your service to us and all mankind through the ages. We ask that all destructive activities of the fire element be transmuted into the Sacred Fire of God's love, to bring eternally sustained purity and perfection everywhere on our Earth now—to be ever-expanding and world-encompassing until all are wholly ascended and free, BELOVED I AM! (3)

AIR

I AM! (3) the Ascended Masters' Law of Forgiveness and Transmuting Flame of all misuse of the air element by me or any of mankind, in or out of embodiment.

BELOVED PRESENCE OF GOD I AM and BELOVED THOR AND ARIES, we love, bless and thank you. We bless the north winds, the south winds, east winds, west winds and the sylphs of the air who are your messengers, asking that all destructive activities of the air be transmuted by the Violet Transmuting Flame, and that never again will the air element participate in cyclones, tornadoes or any destructive activity. We thank you and consciously accept this done right now, eternally sustained, ever-expanding and world encompassing, until all are wholly ascended and free, BELOVED I AM! (3)

WATER

I AM! (3) the Ascended Masters' Law of Forgiveness and Transmuting Flame of all misuse of the water element by me and every lifestream, in or out of embodiment, and all who ever consciously or unconsciously used the water element destructively.

BELOVED PRESENCE OF GOD I AM, BELOVED NEPTUNE AND LUNARA, we love, bless and thank you and all the beings of the water element, all the undines who have ever served us, are serving us now or ever will serve us and mankind.

We bless the water element everywhere and the blessed undines who are your messengers, asking that all destructive activities of the water element be transmuted by the Violet Transmuting Flame, and that never again will the water element participate in hurricanes, typhoons, tidal waves, or any destructive activity. We thank you and consciously accept this done right now, eternally sustained, ever-expanding and world encompassing, until all are wholly ascended and free, BELOVED I AM! (3)

EARTH

I AM! (3) the Ascended Masters' Law of Forgiveness and Transmuting Flame of all misuse of the Earth's gifts, all the tortures, consciously or unconsciously, inflicted upon the gnomes and spirits of nature by myself and all mankind.

BELOVED PRESENCE OF GOD I AM, BELOVED PELLEUR AND VIRGO, we love bless and thank you and the beings of the earth. We bless every atom of the earth and all beings who work with it, the gnomes and spirits of nature, asking that all destructive activities of the earth element be transmuted by the Violet Fire and that never again will the earth element participate in earthquakes or any destructive activity. We thank you and consciously accept this done right now, eternally sustained, ever-expanding and world encompassing, until all are wholly ascended and free, BELOVED I AM! (3)

THE BRIDGE

TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment, Contact with
the Great White Brotherhood and Cooperative World Service

OCTOBER 1960

BEING A CONDUCTOR OF PEACE!

Letter from the Maha Chohan to the
Transmission of the Flame Class of October 15th, 1960

Beloved Ones, seeking permanent peace for yourselves and the Planet Earth,

Welcome into the presence of the beloved God of the Himalayan Range. Prepare yourself to look upon the blue lotus, and make your personal wish for a better planet for its teeming billions of peoples, as well as for all imprisoned life in, through and around it.

Your sponsors for this month are gentlemen all empowered with Lord Himalaya's strength and power of permanent peace. Come often, away from the turmoil of your personal worlds, into that beautiful, serene presence of Himalaya. Absorb there his FEELING of peace, and be a conductor of that peace when your sponsor returns you safely to your physical vehicles at your request. I am so delighted that the Cosmic Law (proven by your use of projected consciousness to these retreats) allows you this freedom, for many a weary traveler, earnest and sincere, who had (under the old dispensation) to find the Ascended Masters' focus, perished in his search. For you, it is but the turning of your consciousness towards us and lo—you are there!

Love and blessings,
The Maha Chohan

THE ESSENCE OF LOVE

By the beloved Himalaya

To make yourself a cosmic center of love, draw this love from the heart of the great eternal Father, from the heart of the Lord Gautama, myself, the princely Jesus or the Lady Mary. This substance of love will then begin to enter the inner bodies and the consciousness, and there to generate deep below the surface, the divine vibration of love.

When one loves enough, all the supply, all the good of the universe, rushes toward the source of that love for benediction, and bathes in its essence, as happy children bathe in a fountain on a hot summer day. When one loves enough, both animate and inanimate life draws toward the heart center of that love, because such is the kingdom of heaven—and from the plant, the mineral, the vegetable, the animal and the human kingdoms, the heart cry is for the re-establishment of the soul and spirit in that kingdom from whence all have strayed.

Seeing your endeavors to establish and sustain a focus of the Ascended Masters in the Western World, I say to you—if you were to fill your buildings from the foundation, beneath the surface of the ground, to the topmost spar with the substance of love (which is the natural pink flame generated and drawn forth from the Threefold Flame in the heart, even as you draw water from a well), you would draw to yourselves, both students and children, that would tax the capacity of your present equipment and facilities, and you would experience opulence of every kind and form.

True love is not a sentiment. It is not spasmodic, but constant and can transform your activity into a mountain of pink flame* as high as Mount Everest.

*The Golden Flame corresponds to the Theosophical Society, the Blue Flame to the “I AM” Movement, and the Pink Flame to the “Bridge to Freedom” Activity—Maha Chohan, November 8, 1953

A NEW STAR

Address by beloved Ascended Master El Morya
at the Bridge Activity 1960 Summer Conference

Harrisburg, PA

July 1, 1960

Blessed and beloved friends of light and life eternal, I greet you again on this God-harmonious day. I bring to you the light of heaven, the light which is the light of the entire planetary system—that light from whence you came into individualization upon the Earth and into which you shall, one day when you have completed your service upon the sweet Earth, return home.

You shall enter into our presence, into our hearts and abide within those mansions of eternal beauty, which have been created by the constructive use of your own life, utilized throughout aeons of time, through periods of crises, as well as in periods of temporary calm, to assist the Earth and her attendant evolutions, as well as the guests from other planets who have used the Earth as a planetary home. Some of Earth's inhabitants have just cluttered up the atmosphere of Earth with their own effluvia, creating, unnecessarily, psychic substance which has formed the maya of human creation, and closed the inner consciousness from communion with the divine.

Thus, through a special dispensation granted to me by Helios and Vesta, I have been enabled to re-create a bridge from divinity's realm into the human octave. Over that bridge have come many divine beings to speak to you and to pour their radiation to you, and, from the human octave one day, every member of the human, elemental and angelic race, temporarily enmeshed in imperfection, will walk in dignity to our Father's home! Then all shall wear Ascended Master Serapis Bey's garments of crystalline substance and hear, as the beloved Ascended Master Jesus did, as I did, and as did all others who have made the ascension, the glorious words, "Well done, thou good and faithful servant." In fact, no member of the three kingdoms (angelic, human nor elemental) shall ever be allowed to embody upon the sweet Earth again. I received from the Karmic Board a dispensation to this effect.

The glorious Manu of the seventh rootrace, the Great Divine Director, and the first subrace of that glorious root race, are going to be given opportunity IMMEDIATELY to people the Earth. Some have already passed through the Sacred Temple of the Lady Master Mary in May of 1960, and are now preparing for embodiment upon the Earth.

In the name of all that is divine and just, why should the Earth—so long a schoolroom, not only for her own evolutions but for the laggards from other stars—be cluttered up by the same lifestreams who have been given opportunity through aeons of time, to learn the same exact lesson—control of the use of God’s energy in thought, feeling, spoken word and action—WHEN THERE HAS BEEN ALREADY CREATED FOR THEM A BEAUTIFUL NEW PLANETARY SCHOOLROOM, WHERE THEY CAN TAKE THEIR OWN SWEET TIME IN LEARNING THIS LESSON!

This new schoolroom (star) is as shining and beautiful as the Earth, herself, was when she was designed by Helios and Vesta and created by the Seven Elohim for approximately three-and-one-half billion lifestreams (note: there are about 10 billion lifestreams, not counting the imprisoned angels and elementals, presently using the Earth as a schoolroom). The Ascended Master Saint Germain SHALL BE ALLOWED the fullness of freedom on this Earth, which can be more quickly brought about by the infusion of the first subrace of the seventh root race at this time. Even Lady Portia, spokeswoman for the Karmic Board, has admitted that this is divine justice to all concerned.

For those who are willing to accelerate the consciousness of their four vehicles, and to keep them accelerated, so that they are not only willing, but able, to HOLD, in this physical appearance world THAT BRIDGE created by our love to you and your love to us, you are welcome to remain upon the Earth and complete your life-span in victory, as the Gods and Goddesses which you are (in embryo)—now to manifest in FORM!

Others flit about, hither and yon, building little bamboo bridges over imaginary streams. I tell you truly, that THE BRIDGE TO FREEDOM, which can hold the weight of the ten billion lifestreams, aforementioned, as well as innumerable imprisoned angels and elementals who shall require its assistance to return home, is builded of sterner material. It is built with the love of our hearts and the tenacity, discrimination, illumined faith, love for God and one’s fellowman, purity of motive, consecration to the service of the Great White Brotherhood, sustained God-peace, and the power, already vested in you, to invoke the assistance of any divine being to help you, and all in distress. You are not only WELCOME to remain upon the Earth, but I urge you to do so, until the great Illumined Ones come IN PERSON to give this assistance.

You are holding, by your illumined faith, a bridge of living light, made up of your combined purified and consecrated life.

COURTESY A PART OF HEAVEN'S LAW

Address by Beloved Mighty Elohim Hercules
at the Bridge Activity 1960 Summer Conference

Harrisburg, PA

July 1, 1960

Beloved Amazon Speaks:

I come together with the beloved Hercules this morning in the name and by the power and in the full authority of almighty God, into the atmosphere of the emotional, etheric, mental and physical world and CHARGE and CHARGE the full power of illumined faith, which is ours to give, through this class. We take our establishment in you and sustain that radiation through you, throughout the entire student body and the Earth. BELOVED, BELOVED, BELOVED, know you that we are real!

It is a joy to join beloved El Morya, and my beloved Hercules (sponsor for this class) with you, dear chelas, this morning. The Flame of Illumined Faith which is ours, is anchored within the Threefold Flame within your dear hearts, and forms also a powerful ray of the band of the seven Elohim upon your foreheads.

Both beloved Hercules and myself are serving (sometimes as ONE BEING), oftentimes as two, to charge the cosmic protection of illumined faith into the emotional, mental, etheric and physical consciousness of all mankind. That illumined faith contains all of the seven virtues of the seven directors (Chohans) of the seven rays, who pour to you, constantly, their virtue, radiation and blessing.

We shall, as an integral part of the centripetal power which holds this Earth in her orbit and your vehicles upon her surface, LOVE ALL IMPRISONED LIFE FREE! To my beloved Hercules, I send the gratitude of one who has learned to be a part of his being, and to FEEL WHAT IT IS TO BE OF HERCULEAN ASSISTANCE to him in his service to this Earth and her evolutions.

Beloved Elohim Hercules Speaks:

HAIL! Beloved and precious ones living upon the surface of the Earth today. You seem to enjoy the comfort of reclining as all our divine company has entered. This is peculiar to me in the extreme, but perhaps it is your custom. Now, in the name of God and divinity, ARISE FOR ONE MOMENT in honor of the Director of the First Ray, our friend, El Morya, and

for my divine complement, Amazon. Respect and dignity comes with understanding, and acceptance that you are in the presence of Divine Beings, not human beings. Thank you, now please be seated.

Courtesy is a part of heaven's Law, and courtesy should be a part of your beings as well, beloved ones, if you desire our presence and our assistance!

I, myself, would not sit when El Morya entered my presence, any more than I would sit in the presence of Alpha and Omega, unless commanded so to do! You learn and act in like manner NOW! You have been given a vertical spinal column so that you can stand erect on the proper occasions and give in dignity REVERENCE, SILENT OR AUDIBLE as conditions warrant, that reverence to the divine messengers from ON HIGH. Many who have lost, and are now regaining, the use of an erect spine, forfeited this privilege in ages past because they took for granted the visitation of the Divine Ones—a word to the wise is sufficient!

It is only through the mercy of God, mighty Polaris and Magnus, beloved El Morya and those of us who desire to serve the Earth, that these little ones are regaining back an erect spine, and never let yourselves forget it for a moment! You can stand for the Star Spangled Banner, you can stand for a bargain in the store, you can stand in a queue for a particular feature that you enjoy in your world of amusement! Now, I say, SONS AND DAUGHTERS OF HERCULES, as you stand FOR THE LIGHT, you will acquire the capacity to be alert enough and courteous enough to stand silently, for a moment at least, as each Divine Being comes forth.

Now do not let that dissuade you. You see, you are at a disadvantage because I can see your feelings and your thoughts and I will not allow that to dissuade you from coming to that Teton meeting and presenting your petitions in person, on your own two feet, through your own Holy Christ Flame, in dignity. Polish them up a bit, though. You have rough diamonds there, but diamonds they are, and there is no backing down. Everyone shall be present, because Hercules is going to be at the door, and I have a surprise for you! I AM GOING TO BE IN YOUR ROOM, together with my beloved Amazon, from now through the 4th of July, twenty-four hours a day, so you are going to have company.

Remember, if you are not in your room, we have the "All-Seeing Eye." We'll be around! Remember, when you set a table, leave at least ONE PLACE empty! As Morya says, "Don't clutter it up, because we can't stand parcels on our lap," but this is the truth! Can you accept it now? COME ON, "I consciously accept it now." WHERE ARE YOU? (Students all

say,) “I CONSCIOUSLY ACCEPT THIS DONE RIGHT NOW WITH FULL POWER, ETERNALLY SUSTAINED, ALL-POWERFULLY ACTIVE, EVER-EXPANDING AND WORLD ENCOMPASSING UNTIL ALL ARE WHOLLY ASCENDED AND FREE, BELOVED I AM, BELOVED I AM, BELOVED I AM!

Thank you, dear hearts, that is what I mean by alertness—catch it, you see. Catch that energy while it is going on! Now be seated, beloved hearts of mine. I guess I frightened you, and I don’t want to be a frightening person. Honestly, I am really a kindly soul, and I have a lot of energy, as all of us do on the First Ray, but I want that alertness. I want that elasticity, I want that, shall I say, lubrication—emotionally, mentally, etherically and physically, that removes the static from your four lower vehicles and enables you to ACT!

In the old days you waited for the other fellow to stand up. If he didn’t stand up, you thought, “Oh, I’ll look silly.” Well that’s a nice point—I’d like to give honor—but you look down the row and everybody is glued to the chair, so you say, “Well, I’ll stand up in consciousness.” By God, at the Teton meeting, you’ll stand up in person! I mean it. What did they say in the old hymn, “Stand up for Jesus.” How many are? Think about it and act on it, dear loves.

So you have had your guest. I have paid my own way—so has Amazon! All we ask is that we have a chair that is not cluttered, and a BLUE LIGHT somewhere—not too much to ask, and we’re tax exempt! Isn’t it wonderful, even the state law can’t put us on your board bill! When you go into the restaurant, beloved ones, use common sense, God sense, because invariably the waiters are going to remove the chair—I know! I have sat on more chairs that weren’t there than anyone except El Morya! So use good common sense and just say, “We are expecting a guest.” Just have the chair there with a glass. That is all that is required, and then if the waiter insists upon removing it, be persistent, “We are expecting a guest.”—YOU ARE! I’M THERE, and if it gets too difficult, I’ll take care of it. But DON’T SAY, “The Elohim Hercules and Amazon are sitting at my table.” PLEASE, please, for your own sake, not for mine!

El Morya expects great things of you! The Karmic Board expects great manifestations through you at this conference! The Earth, herself, straightening upon her axis, expects your assistance to lighten the burden of human effluvia, transmuting it by Violet Flame. You might just as well learn this lesson right here and now so that you do not have to be carried upon a litter before the Karmic Board. Let not my words dissuade you from action! You shall be present at the Teton meeting (July 3rd,

1960), and you shall present your petitions, in person, standing in dignity upon your own two feet. I, myself, shall HOLD THE DOORS TO THE KARMIC HALLS OPEN. I do not desire to frighten you, but POSITIVE, CONTROLLED ENERGY IS REQUIRED TO CLEAR AWAY THE GROOVES IN YOUR FOUR LOWER VEHICLES. THAT ENERGY IS MY LOVE FOR DIVINITY ANCHORED WITHIN YOUR BEATING HEARTS. Be happy, beloved, and expect Amazon and myself as your guests during this class, and then you return, each one, in safety, to your orbits!

As in all things, there are so many things we could do and so many secrets we could share, if we were sure that you were discriminate enough. You have the beloved Maha Chohan tomorrow to tell you how you make out. He'll tell you, but perhaps not with such vigor as El Morya and beloved Amazon or myself. He speaks right from the heart and he will tell you—be happy, with Amazon and Hercules by your side.

**A SUCCESSFUL EXPERIMENT IN
PROJECTION OF CONSCIOUSNESS
Address by the Beloved Maha Chohan at the
Bridge Activity 1960 Summer Conference**

Harrisburg, PA

July 2, 1960

Beloved friends, you have been and are a comforting presence to me (audience rises). Please be seated. The activity of Cosmic Christ Comfort, which I am, and which is my privilege to release to all the peoples of Earth and to all living things in, through and around it, has given me a great scope of understanding of the requirement for comfort, from the tiniest elemental (such as the one the beloved El Morya spoke of yesterday), as well as to each of the sons and daughters of God, whether they are in embodiment, in the sleepers' realm, or awaiting safe convoy to the new star, prepared in love divine by the Elohim, for the recalcitrant members of the human race, who desire to accelerate their vehicles more slowly.

Thus the beloved Great Divine Director, the Manu of the seventh root race, shall bring forth more quickly the first subrace of his great seventh root race upon the planet Earth. My Comfort Flame flows forth to this newly-created star and into all who choose a more leisurely process of evolution.

That comfort, drawn forth from God Almighty by myself and my predecessors, is yours now, to utilize in making your own worlds more comfortable and in setting all imprisoned life free! I builded into my Causal Body that Cosmic Christ Comfort by learning to feel and understand life—imprisoned as well as God-free. To have become such an understanding individual is requisite for the position which I presently occupy as the Overlord of the seven Chohans, one of whom is the beloved Lady Master Nada. I must understand fully the motive behind the activities of each of the directors (Chohans) before I can give my assent to their individual projects and to authorize them to accept chelas, unascended lifestreams, who can and will assist AT THIS TIME IN CREATING FOR MY BELOVED SON, THE ASCENDED MASTER SAINT GERMAIN, FREEDOM'S HOLY STAR.

I must fully understand the motive behind the illumined faith and enthusiasm and fire of beloved Master El Morya. I must know full well the capacity of transmitting God's wisdom through beloved Lanto and Confucius. I must understand and know fully the capacity and desire of loving life free through beloved Paul, the Venetian. I must understand and know fully the capacity of that mighty son of fire, Serapis, to purify the lower vehicles of mankind and to stand by those upon whose breast he has written the words, "Candidate for the ascension," so that I can give my permission for him who consecrates a portion of his life for that aim. I must understand and know the full capacity and power of feeling of the great Hilarion in his attempt, so successful, to remove all agnostics and their feelings, from the Earth. I must understand the people who have been removed from the compound, as well as Hilarion's tremendous service directed through the medical profession.

I must know and understand the gracious Lady Nada, who has loved enough through the aeons of time to have earned the place of Chohan of the Sixth Ray. Administering to life as she does and has done through the ages, selflessly loving life free. Under Charity, the great beloved Cosmic Being, Nada learned that lesson of selfless love. You have read about it, and how that love, blossoming forth through her being and world, did give impetus to the hidden talents within her sisters and they became, on the world's screen, musicians and artists of note.

I must love and know, as I do, with every fiber of my being, the vision of your great Chohan, the Ascended Master Saint Germain—the vision of the Golden Age upon this Earth, as she becomes freedom's holy star, and towards which we have given you the right to embody, toward which we have sustained the very breath in your vehicle.

We have already experimented with the distribution of small grams of prana through some elementals, four-footed creatures, and those of the human kingdom. When there is prana enough anchored in, through and around you, you will again experience the power of conscious levitation and precipitation, and you will be able to say, as my beloved brother Jesus said long ago, “I have food to eat that ye know not of.”

First, secure through the controlled use of the rhythmic breath (as presented to you in the Transmission Flame Classes), absolute control of your four lower vehicles. Then you are ready to receive more and more pure prana as sustaining power in your service to God and to ourselves.

We are releasing to you, every twenty-four hours, 2 grams of prana (10 grams = 0.3527 oz.). Let us see what you will do with that.

But, were you filled with prana before you have that full mastered control, dear hearts, you would sail right over the capital of Harrisburg and land, perhaps, in another state! That would not be kindness upon our part, so we give to you each one, having tested your four lower vehicles for stability, a little prana with your breath each day. Well, prana to breath is like fire is to water.

That terrific descent of the powerful currents of prana through your physical, etheric, mental and emotional vehicles, is an accelerating power. I know! For on that first Whitsuntide, I brought in the tongues of flame THE GIFT OF PRANA, to those who had lost, for a time, their teacher Jesus, and who had felt desolate without his presence and required by the Paraclete in my humble self, to come to give to them the courage to perform his works or the Father’s works in his name. No wonder it says IN THE FEW BIBLICAL REFERENCES THAT HAVE NOT BEEN INCORRECTLY TRANSLATED THROUGH THE HANDS OF THOSE SCHOLARS THAT EMBELLISHED UPON THE ORIGINAL TEXT—no wonder it says that the disciples blessed in the upper room reeled down the streets and those looking upon them thought that they were drunken. They were filled with that prana. Jesus had prepared for them a room until they could pull themselves together, and he explained to them how to regulate the use of prana with his own name, the ascended Jesus Christ.

Do you know that all during their ministry, until the very last one of them was ascended or left the body, once every twenty-four hours either Jesus, Mary, the holy mother, or John the Beloved, had to gather in that chamber of consciousness with these disciples and later the apostles to hold together that remembrance of the power of prana and to project it.

Now, Saul became Paul and went into Greece, and there he did great works in the name of the Ascended Jesus Christ, but he had the power of prana alive within him, and the projected radiation of those that remained at Bethany. That is why I have been so interested in the establishment and sustaining of the Transmission Flame Classes, just using the breath. Why? Because as you learn to concentrate on the transmission of certain statements carrying a certain quality, color and tone on your breath from city to city, and state to state, and across the great oceanic body to the other physically embodied chelas, you make a permanent track of living light, which does encircle the world around. It grows wider and wider and wider until at the end of each Transmission Flame Class, with the assistance of myself and the God-free beings who take up the weaker energies on the seaboard and direct them forward, it encompasses the planet in the gift and radiation of the power of precipitation, illumination and permanent peace.

As you have learned in thought, feeling word and action, how to consciously transmit your breath (in the Transmission Flame Classes) around the world, now you shall be prepared for your first lesson, which I give to you here—of transmission of a PERFECT THOUGHT IMAGE.

Please visualize me (the Maha Chohan). Upon your first endeavor, I see fourteen doves of assorted size and wingspread, seven shafts of light of different colors, varying from golden light to deep ruby in shade, three representations of myself as presented in the David Anrias pictures, and ONE PERFECT THOUGHTFORM of myself. Let us endeavor to repeat this lesson. I shall give you a hint. I am not wearing a turban today. Please place all your mental turbans out of your consciousness for this lesson. You are doing splendidly.

Now, you project that THOUGHT IMAGE OF MYSELF (combined of all your dear energies), through the use of telepathy, across the Atlantis Ocean to our focus held so faithfully in Scotland, into the consciousness of my chela, Miss Agnes McLaughlin in Scotland. I shall tell you when it arrives. No, let us begin again. Face East and project that THOUGHT IMAGE OF MYSELF again across the Atlantic Ocean to Miss McLaughlin and let it expand until it enfolds the British Empire, all of Europe, Africa, Asia Minor, Asia, Australia and the Pacific Islands, through Suva, into the western coastal areas of South, Central and North America, eastward through the Americas and Canada, blessing our beloved chelas in Cuba and through every “Bridge” focus throughout the world. You have really done a magnificent piece of thought transference for which I congratulate you. Please repeat it daily, AS ENERGY BECOMES POWER THROUGH

USE. You feel these mighty currents passing through your own blessed vehicles, as the presence of the Holy Spirit expands on this sweet Earth, and through all her evolutions.

That is really magnificent, beloved ones, magnificently accomplished! You are deserving and I think I shall give you two grams of prana within the next twenty-four-hour period, but as we are all given a test, I am not going to tell you when I am going to give it, but it will be any time between now and within the twenty-four hours, so be careful when you start a-jumping and ask your Holy Christ Flame every time you seize it, that you utilize it for the purification of yourselves and all those around you—in, through and around you, and ask for perfect harmony, ask your Holy Christ Flame for balance at that particular time, because each of you will receive it at a different time.

The tiny elemental (carried to the Hall of Karma by the seraphim) to which beloved Morya referred on July 1st, did achieve audience with the Karmic Board. If such a tiny elemental can render this service for all the species of the nature kingdom, I ask you—what can you do for my beloved son, El Morya. Make him the happiest man in heaven, by presenting your petitions in dignity, on July 3, 1960.

His love and enthusiasm for you is so great, as you know, that it is only by Cosmic Law that I can give anyone else an opportunity to speak with you during these classes. He endeavors, constantly, to reach you with that loving light which is his, because he says, “Just give me one moment and I will tell them again about their requirements of holding that bridge to freedom by the tenacity of their spirit, their honor,” and I say patiently: “Beloved son, we, too, can emphasize that that ‘Bridge’ is built of light from the hearts of Helios and Vesta, and all the Suns and Sun Goddesses of the system. It is built of the light in the hearts of the earnest and worthy chelas in the unascended realm as well.” Sometimes he says, “I tell them, but they get off on another story.” But you must have more than one chapter to a book, and that is why we give you the chapters of our own experiences. They vary, but they are all divine feelings, with the exception of our beloved Mary, the mother of Jesus, who has chosen to share with you some of her experiences in Jesus’ life, wherein she had to use the power of the immaculate concept, especially during the crucifixion, the time on Golgotha Hill. She did that on purpose, to show you that she, too, once was a woman, that she once walked the ways of Earth, that she, too, once loved a boy, a boy who became magnificent and in the prime of his youth chose to give his body as a mass sacrifice that mankind could know that there is no death—that

there is only life eternal, and that all mankind would say as he did, “I AM, I AM, I AM THE RESURRECTION AND THE LIFE,” and so shall it be for you, for your hearts have spoken. Thank you, beloved (audience rises).

When you so respond, as beloved Hercules pointed out yesterday, the flame within your heart expands and it says, “Yes, oh yes, for this day have I waited that I, too, may be a radiating center for all the powers which I once knew and had with the Father before the world was.” And so it is with you, each and every one. As you advance and gain progress in the magnetizing and externalizing of these spiritual gifts of the most high living God through you, for your benefaction and that of all life, you will know, yourself, greater and greater comfort and greater and greater freedom from distress of every kind and every description.

I have served so long with the nature kingdom that I really do enjoy the wonderful obedience within that kingdom to God’s holy will. Do you realize how much energy and love is employed by the elementals in creating, through the impure substance of the earth, flowers, shrubs, food and foliage, to stimulate and keep alive the hope in the hearts of mankind? Create, as they do, using the Resurrection Flame which Jesus used and which I used before him.

No longer remain embryonic Gods and Goddesses, but become manifest Gods and Goddesses, sons and daughters of freedom, sons and daughters of Hercules, sons and daughters of El Morya, and, if you should so desire, sons and daughters of the Holy Spirit, who ALWAYS BRING LASTING COMFORT TO ALL LIFE. I LOVE YOU, I LOVE YOU, I LOVE YOU {response by congregation: “We love you!” (3) }

THE BRIDGE

TO FREEDOM

**A Monthly Journal Devoted to Individual Unfoldment, Contact with
the Great White Brotherhood and Cooperative World Service**

NOVEMBER 1960

A VISIT TO SHAMBALLA

An Address by the Ascended Master Saint Germain

Once each year, at the close of the twelve-month cycle, we are given a month of release and relief from the service in the world of form. Those of us who represent the great Spiritual Hierarchy, those of us—angels, Masters, devas and powers of light—who have worked with mankind and the elemental kingdom upon this planet Earth, are given invitation to return to Shamballa, and there for thirty days, we bask in the radiation of the Lord of the World, who has been the mighty king of kings, the beloved Ancient of Days, beloved Sanat Kumara, whom we love and adore even as you, yourselves.

Twofold is the reason for our return to Shamballa. We bring with us the report of all that we have done in the world of form, of all that our chelas have done, and all that our retreats and the activities of our ray have accomplished. We also receive there renewed strength, renewed energy, renewed vitality of a spiritual nature, from the beloved Lord of the World, himself, which we take with us and which forms a great momentum of energy for the next twelve-month cycle.

As the great City of the Bridge opens its doors to the Masters and angels of light, it is a magnificent sight, indeed. You have had it described to you many times, before, and yet if you will come with me now, we will enter into the heart of Shamballa, so that you may enjoy the vibration that is there. You remember, it was builded through the self-conscious effort of a few individuals from the heart of Venus, who lived upon that bright star and loved Sanat Kumara and beloved Venus so much, that they did not wish him to descend into the darkness of Earth's shadows without a fit dwelling place where he might abide in the

grace and purity that he knew at home. These blessed people, unascended lifestreams, mind, belonging to the evolution of Venus, offered to Sanat Kumara and the Cosmic Law, their lives that they might come and through the ordinary means of birth, through human bodies, attain their maturity and create out of the substance, the energy and activities of the physical world, a duplicate and replica of the spiritual city in which Sanat Kumara dwelt and from which he ruled his star, Venus.

Beloved ones, think for a moment about that—think of these individuals who are not too unlike yourselves. They were individuals who had only consciousness, and into that consciousness they had to imprint the memory of the City of Shamballa on Venus. They had to submit to the bonds of forgetfulness and pass through the bodies of earth people unto a star that was so filled with psychic and astral creations, that the Sun of the system had decided to dissolve it. They had to grow in the homes and families of individuals whose light certainly was not great—if it had been, Sanat Kumara need not have come! These individuals were not precipitated miraculously on the shores of the Gobi Sea.

They were born, as many of you, in different countries parted by large bodies of water from the Gobi Sea and the sight of Shamballa. As they grew up, there again stirred within their minds the memories of a shining city, and some, like yourselves, found very little sympathy within the confines of their immediate family. They set out following their hearts' promptings across seas and land until finally a band gathered together around the mainland close to the Gobi Sea. There the strongest among them brought forth a vision of this great city and it was confirmed in the hearts of the others, even as my vision was confirmed in your hearts when you heard of the Freedom Flame and the New Day. Something within your heart stirred.

You came from across the seas, many of you, and you came from all different portions of this great country, and when you came together, you had only one thing in common—an inner memory of a vision, of a friend who had sent you here with the hope to establish a freedom star.

And so, these men and women around the Gobi Sea gathered and they thought they would build this magnificent city—White Island—and they began! They endeavored to draw, out of their own consciousness, the memory of it, the beautiful street laid out in the form of the oval. They planted their trees, they began to build the great bridge connecting the mainland with the White Island, and what happened to them? More than once, in a long period of nine-hundred years, they were completely

wiped out, to a man, by hordes of savages, by those men and women on the Earth who had no light. They came again, in new bodies, and brushed the very rubble aside, replanted their trees and began to lay their streets anew, to put the blocks back together on the foundation for the magnificent temples.

Toward the end, they knew the time had come, for the great Lemurian pole-star signified the cosmic moment, and, ready or not, temple or not, Sanat Kumara was due to stand in the atmosphere and then descend upon this planet, Earth. Happy they were, then, that they had endured, that they were constant for nine-hundred years! Does eighteen seem so long! Nine hundred years is a long time to be faithful to a vision. Oh, lovely ones, as you look back over the pages of history, all of the mysteries are clouded with visions of angels and great mystic manifestations—but THEY NEVER HAPPENED THUS—they happened always in a natural, normal manner, as they happen now today!

When I walked into Bethlehem with the beloved Mary, knowing full well her time was come, no mighty angel with sword of flame opened the door of the inn. I walked, unknown, seeking shelter for another unknown lifestream. Two thousand years later, it is clothed in mystery and glory! But I assure you, in those days, we were just individuals like yourselves, with doubt, with fears, with uncertainty! And so it was with the building of Shamballa! One day then, that faithful few were rewarded. One day the flashing star of Sanat Kumara was visible to the inner sight of the priests of that group. One day, descending within the glory of the City of the Bridge, within the glorious golden-domed temple, there stood Sanat Kumara, the Ancient of Days—with him, the Great Kumaras and all those powers of light, that have sustained the planet until this present day!

So today, as we walk over that bridge, you can look down at the etheric sea beneath it, and as your feet walk upon that bridge, think of all the sandaled feet and all the bare feet, of all the holy intellects that have walked into and out of Shamballa time and again—going in to be re-polarized, coming forth with new hope to light the world. As you stand at the very top of the bridge, you can see the magnificent temple of Sanat Kumara on the elevation—as the island slopes upward. It is like unto the lovely Taj Mahal, and before it are the living fountains. As we walk over that bridge and take off our shoes, we walk along the right side of the waters, and we can see, on either side of those pools, the magnificent temples, in the various colors, representing the mighty devas and activities of the Seven Rays.

Stand for a moment at the foot of the great temple of Sanat Kumara and look at the Cyclopean architecture, the magnificent sight and beautiful, yet delicate, perfection of the temple. You can see that the steps, divided into twelve, are then interspersed with a long, grassy sward, and again you have the living flame fountain of various colors of water. As you walk up these steps, you come to the doors of the great temple of the Lord of the World!

During this thirty-day period, after you have placed your harvest within that temple, within the flame within the temple, the Lord of the World addresses, constantly, groups of initiates and chelas. In the atmosphere above Shamballa are the individual members of the human race who are advanced enough in consciousness to gather while their bodies sleep, and they absorb mostly the radiation of his flame, which is Cosmic Patience. The Lord of the World speaks to the assembly, which is made up of a great many of the discarnates, all those who are the relatives of the student body in the Ascension Temples, all those who are sleeping in their outer forms, as well as to many of the initiates who are gathered within the retreat. As you look up toward the altar, you can see the beloved Immortal Threefold Flame of life burning within the golden brazier and the presence of Sanat Kumara standing right within the flame.

During this thirty-day period, during the actual Transmission Flame Ceremony, we wore garments representing the rank and activity of our service. For the balance of the period it is a time of festivity, of informal counsels, of the unbound hair, as the beloved Maha Chohan refers to it, and of the laughter of the Gods! It is a time when we meet as brothers and sisters, those we have not seen throughout the year, and exchange pleasantries as well as our plans for the Teton Conference and our petitions and hopes for the New Year.

Beloved Sanat Kumara, standing in beautiful white garments, his lovely golden hair falling to his shoulders, his great violet eyes looking forth in love, is talking to the assembly. Perhaps, for a moment, we may tune into his radiation and accept his blessing:

Beloved Sanat Kumara Speaks:

In the name of the Most High Living God within whose presence all stand, I greet you today, beloved Elohim of Creation—you who have designed from your own free will and developed precipitating faculties and this planet Earth, which we desire, through love, to sustain in the solar system.

In the name of the God that made us all, I greet you, beloved Archangels, you who have been the protecting power and the radiation of the feeling nature of God in, through and around the souls of men who live upon the freedom star.

In the name of the Most High Living God whom we serve and by whom we live, we greet you, beloved Chohans of the Rays, you who have foresworn Nirvana and who form the bridge between the human octave and the outer consciousness and thinking selves of mankind and our realm—to you we give a special blessing because yours, methinks, is the most difficult of all tasks, as the spearhead endeavoring to reach into the reluctant faithless consciousness of mankind and bring them to light.

We have gathered you together in the presence of our Lord Gautama, our Lord Maitreya, our Lord Maha Chohan, in order to have, informally, a discussion as to the activities on each of your seven rays. We shall listen with interest to that which has been accomplished. We shall summon first the Elohim, whose cosmic service at cosmic levels deals, not only with the sustenance of this planet, but with the sustenance of many galaxies, and then we shall summon the Archangels, in graded order, Prince Michael at their lead. We shall then summon the Chohans and they, in turn, we ask to summon, within their etheric bodies, every unascended chela who has served them. We would like to see what each one has done, according to his own light, in order that we may determine what best we may do for this Earth in the coming twelve months.

To you all here assembled, as this is an informal gathering, I want to give my personal gratitude in your service to me. It is a long time since I decided to come to Earth. I have become almost, as the people would say, “institutionalized.” I am so used to the atmosphere of the Earth and its peoples, that I am having to take the very exercise that our son, Saint Germain, mentioned this morning, in repolarizing myself to the realization of living upon a different star. It is not the same vibratory action, beloved Elohim, beloved Archangels and Chohans—the Earth and our star, Venus—and yet, as Lord Gautama and I this morning discussed it, it has been a wonderful opportunity to expand our individual and collective light. If we had to do it over again, we would each have done so, even the experience, the length of our exile, the disappointments, the disillusionments which the outer consciousness brings.

We are grateful to you, beloved ones, who have represented the Seven Rays on Earth. We are grateful to the Elohim, of course God-free; the Archangels, God-free; the Archaii, some who have not always been

God-free, and the Chohans who have not always been God-free. We are grateful to you in bringing to us the interest in the service of mankind, and we would like to point you, with the same interest, to the small body of individuals in the United States of America, and throughout the world, who have offered themselves to be conductors of the feelings that we wish to give mankind in this season.

I would commend to you, beloved friends, each of these people. Will you please, in your own way, give them the faith, the understanding, the love, the purity, the capacity to wield the law, the love of their fellow-man, and the efficacy of the acceptance of the Violet Fire, that will make them and keep them happy people. Thank you so much.

Beloved Saint Germain Speaks:

We now turn our attention to the report of mighty beloved Hercules. Beloved Hercules ascends the pulpit, the magnificence of his mighty glory, the beautiful golden head, the mighty power of it, is a tremendous sight to witness. It will take probably the full part of the day for them to follow through and from time to time the Masters, the Lord of the World and others, will intercept with questions. So you can be a part of that, and YOU will have your time. Beloved Morya or myself will call and you can walk up there without the least bit of trepidation, because as Lord Maitreya says, you have done your best! Let not the Christmas Season be filled with any sense of self-depreciation. You have done your best, but you CAN do better! In the name of God, this holy season, I am your servant and your friend.

**THANKSGIVING
by the Beloved Maha Chohan**

As we come to the close of the twelve-month cycle, all of those who represent the Spiritual Hierarchy are gathered at Shamballa, and here we celebrate a cosmic Thanksgiving, in which every one of the brothers is a participant. The great audience chamber is open for this festivity, and the evening before your national holiday, and for four days and nights thereafter, there is a constant outpouring of blessing upon every electron, elemental, animal, human, angel, deva, Ascended Master and Cosmic Being who has consciously or unconsciously contributed to the forward progress of the race.

This Flame of Thanksgiving has gone forth rhythmically since the day

when the thirty beings knelt before the coming of their Lord, Sanat Kumara, and it has builded in power.

One of the most exquisite ways of preparing for the Christmas Season individually, is for each lifestream to consciously and earnestly prepare his own ceremony of Thanksgiving and, officiating upon the altar of his own Christ Temple, invite into the presence of his own God Flame, all of the life that has served him during the twelve months that have passed and, through a special blessing and benediction, confer upon that life the added substance of his own Christ nature.

This ceremony will show each man how rich he is in the blessings that have filled his world through the channels in every kingdom—natural, human and divine. In such an activity, no bitterness or discontent can live. Also, every Master to whom the individual extends an invitation to his ceremony, will respond and enter into the sanctuary of the heart where such a Thanksgiving is being celebrated—and this visitation, alone, will bring a return of spiritual blessings far beyond the comprehension of the outer man, for the individual effort involved in preparing such a Thanksgiving service to life.

PREPARING YOURSELVES TO DELIVER YOUR YEARLY HARVEST

**A letter from the Maha Chohan to the Transmission Flame Class
of November 19, 1960**

Beloved Ones Who are Assisting Lord Gautama in Bringing Light To the World,

I am so grateful for your marvelous cooperation in expanding the light through the emotional, mental, etheric and physical bodies of all mankind and all evolutions using the Earth for a planetary home.

When we come to Shamballa to greet each other—Cosmic Beings, Ascended Beings, God-free angels, and you, our dear chelas—it is truly a season of holy festivity and friendly discussion.

Lord Gautama has arranged for an Ascended Master sponsor who has been for at least 1,000 years trained by Sanat Kumara, to assist you during this thirty-day period, preceding the entrance into the Holy Christmastime. In November, before the altar at Shamballa, you shall bring in your sheaves of accomplishment and how delighted we all are that those sheaves have borne fruit of works well done.

THE DISCIPLINES AT LUXOR
An Address by the Ascended Master Serapis Bey, Director of the
Fourth Ray, at the Bridge 1960 Summer Conference

Harrisburg, PA

July 3rd, 1960

Beloved ones who are qualified as candidates for the ascension in this embodiment, I greet you on behalf of the Brotherhood at Luxor, in gratitude for the magnificent accomplishments of your own dear lifestreams which enable me, with full confidence, to write upon the breast of your etheric garments, "Candidate for the ascension."

At Luxor, all my chelas receive their instructions standing upon their own two feet, with spines erect, but you have such a kindly intercessor, my immediate superior, the beloved Maha Chohan, so, in his name, I ask that you please be seated and remain grateful, always, that your present and future training will take place in the comparative comfort of air-conditioned rooms, with nice, soft seats, lovely hosts and hostesses, rather than under the hot sun of Egypt in the noonday heat at Luxor, where the chela is not allowed to wear sandals to protect his feet either from the sand of the desert nor from the mosaic floor of the school-rooms or the cubicles to which you are assigned, wherein you are allowed to assimilate your lessons of the day.

The disciplines at Luxor are strict, because we know that many lifestreams are capable of expressing much more of their own potential divinity than they choose to utilize, and some rather enjoy tarrying along the wayside, insofar as spiritual exercises are concerned. There are other Ascended Master foci where such individuals can, and do, receive illumination, either sitting down or lying down (according to their taste), but AT LUXOR, in order to pass successfully through the seven Temples of Initiation and come forth VICTORIOUSLY, REPRESENTATIVES OF LUXOR'S HOLY LIGHT, with a portion of the ASCENSION FLAME ALIVE WITHIN YOU, it is essential that you have these disciplines. It has not made me the most popular of the Chohans.

This severity of discipline has occasionally frightened chelas who came to Luxor to enjoy our library, our sculptures, our activities. These timid ones, after spending an hour in the cell assigned to them, fly from Luxor and one can't see them for the dust of the desert sands as they make haste back to the temporary "pursuit of happiness."

I love you! The seraphic nature is one of LOVE. Divine love is a POS-

ITIVE QUALITY, which embodies the capacity to make each lifestream externalize the highest possible expression of God-life that is within him or her.

I seek LIGHT BEARERS TODAY to consciously carry the Ascension Flame all over the continental surface of this planet Earth, as well as all over the oceanic surfaces, even as we (ages ago) carried the physical spark of the Ascension Flame from Poseidonis, (last remnant of beautiful Atlantis), rowing rhythmically, praying constantly, breathing upon it, sustaining a tiny ember of that flame as we rowed constantly onward from Alexandria to Karnak and Luxor. As you know, we just reached our destination seconds before the tremors of the earth and the spreading of the Nile told us that lovely Atlantis and many of our loved ones, had sunk beneath the waves, to rest awhile in the purifying essence of the present Atlantic Ocean.

There was not even time for a tear, as we breathed into that ember of the Ascension Flame, until it blazed brighter and brighter, forming for you and all imprisoned life, the service of holding a door open when each one's time has come, so that you and all imprisoned life can gather your purified energies about you and utilize that Ascension Flame and the assistance of the Brotherhood at Luxor into that beautiful God-free glory of the ascension in the light.

When we say "home, to go out no more," that expression gives some of you a feeling of claustrophobia. Many sincere chelas think and feel, "Oh, my God, I have to stay up there in the kingdom of heaven forever." We mean you shall never have to come back into the confines of an earthly vehicle. You will be about OUR FATHER'S BUSINESS, even as we are. You shall have opportunity to soar through interstellar space, to visit other planets of this system, to visit loved ones in the Ascension Temples. You will take on new Ascended Master and cosmic assignments. Many of you, as we have done, will foreswear Nirvana, and, in time, according to our qualifications, become Chohans of the Seven Rays.

From experience I can tell you, it takes considerable patience to be a Chohan or director of even one ray—particularly the ascension ray. Many people fear they will ascend instantly into the light if they place their attention upon it. Would that this were so!

You will not be called before your time. Then the gentle hand of a seraphim will be placed upon your shoulder, and my voice (or that of your particular Ascended Master Guru) will speak to your hearts, saying,

“My child, you are ready now to come home!” Under the previous conditions, individuals were allowed to re-embody again and again in their egotistical desire to further the pattern and plan of God’s perfection on Earth. Now, as beloved brother El Morya has told you, this DISPENSATION IS CLOSED. The Lord Manu of the seventh root race and his first subrace are ready to come into embodiment, and at the close of your ordinary life span, you shall not again embody upon this Earth.

If you should enter into our realms, as you do in consciousness, before you have full conscious control of your four lower vehicles, and you should endeavor, through your personal desire, to change the kingdom of heaven itself, you would find you couldn’t do it.

Develop those ideas, visions, patterns and plans upon the earth plane which make comfortable and pleasant the lives of your fellowman and all evolutions in the earth, upon her surface and in her atmosphere. Surrender of your own ideas (splendid as they may be to you) to the Almighty God who created you, is essential to your being a conscious channel for his expression of the kingdom of heaven on Earth. Surrender (by the outer self) is a part of the disciplines at Luxor.

Think, beloved ones, of the power of Hercules and Amazon encompassing the entire planet Earth with their illumined faith and their illumined power of Cosmic Christ Protection, giving THAT BLESSING TO ALL LIFE EVERYWHERE, which will be sustained even when you take your sweet and happy departure for your homes. A replica of that will go with you, of course, at the close of this class (audience rises). Thank you, beloved, and be seated.

Why did the small elemental in the palm of the hand of the seraphim have difficulty walking up the steps to the Halls of Karma and have difficulty opening the door, you have asked? Splendid question deserving of a clear reply—because he became afraid. He was afraid of the power of light and fear is a lowering of the vibratory action of your vehicles just as buoyancy and happiness and laughter, balanced, is an accelerator of your four lower vehicles.

There is nobody who can consciously levitate who is physically afraid, who has mental accretions or doubts, who has etheric memories of trying to levitate to show their powers to someone else way back before the Continent of Mu, when they didn’t make it and said, “Oh, look at me,” and nothing happened, see. Well, if that is there and the cause and core hasn’t been removed, what’s going to happen when you are faced with the same test if it be two billion years later, if the cause and core of

past failure is not removed from all your four lower bodies and vehicles, you can never express that mastery in this physical body or your etheric, or mental bodies now.

The same with the emotional body, containing by far the greater part of your blessed God-energies acting through you. If you have had an emotional shock from the first time when you consciously defended and became a guardian spirit, as you all are, of the peoples of Earth, and that emotional scar has not been removed from your own emotional world over some particular failure upon your own part or upon the part of an unascended teacher, when you endeavor again with new life, new light, greater understanding, to do that thing you have—I have explained this before—that scar bursts open, it really runs just like an incision that has been sewn, and you are deflated.

NOW, don't you think it is time that these causes and cores, known and unknown, in your lifestreams back to the beginning of recorded time, be removed—those of a discordant nature, of course—and replaced by the Cosmic Threefold Flame and the Power of the Three Times Three? THEN, if you have to levitate in a hurry, for instance if you are in New York City and you have that city under control and there is somebody in Europe who hasn't got that control, you can, after settling your city, place your second in command in charge there to hold that focus, and you will have to levitate quickly, whether it is to Europe, to Asia, to Africa, to Latin America, to Australia, or to the Arctic and the Antarctic, and you have to do that pretty quickly, beloved ones, to carry that balance. What better time is there to practice on that than now! Think about it! Tomorrow may never come, but today is for you.

And always have a “second” in command in the name of God, a second in command who is alert and ready, so you can hand them with one hand the power that you wielded and then through projected consciousness or through levitation go to the point where you are directed by your Ascended Master Guru when the assistance is required. If you haven't got a second in command, get yourself as quickly as possible such an individual, and if there is no such individual available, get yourself some kind of votive light large enough to burn for twelve or twenty-four hours and have your group, as we did on our trip from Poseidonis to Luxor, breathe upon it whatever the activity of your forcefield may be, sustain it till you return, otherwise when you come back, you may find embers.

You know the power that makes a leader a lasting benefaction to the

human race, is not felt by those who cluster around in happy assurance of that leader's proximity, until such a one's personage is removed. That is why it is good once in awhile, as you have done here, for you to come into our presence and allow those in lesser command to endeavor to hold the foci in your cities, states and nations. Then you can examine the momentum of the power of those you have trained. Even Jesus, himself, did not escape this—as you all know, in the story of the Bible, he knew his disciples had not learned the Law and so he in himself asked for the Holy Spirit to come and bless them before he made his departure.

Beloved ones, your dreams and your visions are beautiful. NOW LET'S SEE THEM BECOME ACTIVE IN THIS PHYSICAL APPEARANCE WORLD—SO I DECREE IT, AND SO BE IT, BY LUXOR'S HOLY LIGHT! I SO DECREE IT (audience joins in) AND SO BE IT, BY LUXOR'S HOLY LIGHT. I SO DECREE IT AND SO BE IT, BY LUXOR'S HOLY LIGHT! Thank you for that beautiful response.

I now CHARGE! (3) the essence within the communion cup with the power of the Ascension Flame. Then as you partake of that communion, you will receive some of the lasting buoyancy and joyousness which is the nature of the seraphic host and which is my nature, too. I love to be happy and to laugh and I love for you to be happy, too.

In the name, by the power, through the full authority of God, the Father almighty, God, the Holy Spirit, and God, the Holy Christ Flame, I do CHARGE, CHARGE AND CHARGE into this communal cup and into your FEELINGS all the powers of Luxor's holy light, of the Ascension Flame and Ray, the love of the seraphim and myself.

Ever, your Serapis.

THE SECOND RAY

On God's great golden Second Ray
Stands love and light, the Middle Way,
Where teachers of mankind abide
And help each soul their God to find.
Great Buddha walked this path so bright,
And gave to us of his great light,
This great love-flame perfection brings,
And helps each heart its praise to sing.
Beloved Maitreya, Lord of Love,
The great World Teacher from above,
Thou Cosmic Christ through us expand
Thy gift of love to every man.
Kuthumi dear, your love and peace,
Your gentle ways give great release,
To help all life to understand
God's great design—the cosmic plan.
Blest Lanto dear with love divine,
Now gives his reverence to mankind,
To show each one the truth, the way,
And help those on the Second Ray.
Illumination's Golden Flame,
In Archangel Jophiel's holy name
Is balance, peace and constant, too,
And brings great joy to each of you.
Blessed Cassiopeia's mighty power
Brings love and wisdom every hour,
And brings perfection to each one,
Until our Earth is like our Sun.
Our Cosmic Parents from the Sun,
Within their hearts hold for each one,
The perfect pattern to fulfill
As each one does God's holy will.
And so we send our love today,
To all on God's great Golden Ray,
To all these Great Ones do we call,
We love and bless and thank you all!

—Charity Masters

NOTICE
ASCENDED MASTER CHRISTMAS CLASS
(To be held in students' own sanctuaries)

Schedule

December 24, 1960, at 10 a.m., EST	Mother Mary
December 25, 1960, at 10 a.m., EST	Beloved Jesus
December 26, 1960, at 10 a.m., EST	Archangel Gabriel
December 27, 1960, at 10 a.m., EST	Beloved El Morya

The "Basic Manual" should be used in all classes.

THE BRIDGE

TO FREEDOM

**A Monthly Journal Devoted to Individual Unfoldment, Contact with
the Great White Brotherhood and Cooperative World Service**

DECEMBER 1960

WELCOME TO THE TETON RETREAT

Ladies and gentlemen desiring to know and feel a reverence for life, great Cosmic Beings, Ascended Masters and all divine expressions of Deity, we are your most humble servants.

We do ask that you make use of everything within this retreat and ask one of our brothers or sisters to assist you while you are within the confines of the retreat. Our library, paintings and teachers are at your disposal, and to those who are listening to me over the ethers elsewhere, I make a like invitation to come to our retreat and learn here how precious is life—life in a small flower, as well as the life in a great tree, the life in the least of men, as well as the life in the greatest.

Love and reverence for life brings a great receptivity to the consciousness and makes one a good pupil in learning to precipitate happiness wherever you go. Because, as the gracious Nada has said, when you love life enough to put self aside and nourish every attempt toward doing good, you are opening the door of your own feeling world, mind, etheric body and the very substance of the physical world to the inflow of more life, because all life desires love and sublimation through understanding and grace.

Lord Lanto

GIVE THANKS TO IMMACULATA!
Addresses by Beloved Lady Vesta and Lord Helios

The Ashram

September 26, 1960

Beloved Vesta Speaks:

I am Vesta, Goddess of the Sun, come again to give to you, my children, an investment of my light, an investment of the presence of myself in the consciousness of your emotional, mental, etheric and physical worlds, and that investment is truly a power wherein and whereby you become, in yourselves, an activity of the expansion of the light of this particular globe on which you presently abide.

Many aeons ago, beloved Helios, my divine complement, and I qualified to become the Sun God and Sun Goddess for this system. As you know, we designed with great harmony and in great joy, the planets of this system, including this Earth, which was a small planet in our divine design, to be occupied by about three and a half billion peoples, and then, before the Manus had prepared the individuals to come into being, we had the assistance of the great and mighty Elohim who, of themselves, came with the mighty Immaculata, and drawing of primal life essence, created that little globe on which you now abide.

She was shining, then, with all the beauty and love which Helios and I and these great builders of form and the other beings who offered to assist us, could manifest. On this shining orb came forth the first Manu of the root race and his sub-races. They found this planet Earth truly like unto the orbit of our sun.

Ages have passed, and temporarily the Earth has been experiencing much imperfection, not only from her own peoples, but also those from other stars, and it is my privilege and my joy to give gratitude to each and every one who is in earnest in redeeming the Earth and purifying those elements by the conscious use of the Sacred Fire, and blessing each and everyone—blessing Immaculata, who stands above the planet Earth, holding constantly to the divine plan for this planet, just as it was projected forth from Helios and myself, those mighty Elohim who continue to render their service in holding a balance, and all the beings of the fire element, who have been misused through aeons of time, so that they may find relief and release and rise into their proper estate, even as the flame in your hearts rises in love and gratitude, when we join one another in communion and God-service.

I ask you, beloved, who use this Earth, even if you have come from other stars for a time, to remember beloved Pelleur and beloved Virgo are the host and hostess upon it and have given you habitation—and remember all the elemental kingdom and their mighty directors, who have enabled you to have many joyous experiences on this sweet Earth.

Now we are called upon by Cosmic Law to make this Earth shine again, as brilliant and beautiful as it was in the beginning, to straighten her axis quickly and to accelerate the vibratory action of the electrons which make up the atoms and cells of every human being and all life in, through and about it. Therefore, we have dedicated these four days (September 26th, 1960, through September 29th, 1960) to such an acceleration and the capacity of an affinity between elemental life, human life and divine life – the cohesive power of the universe.

I turn you now, beloved ones, to my blessed Helios.

Beloved Helios Speaks:

Beloved Vesta, beloved children of the Sun, greetings on behalf of the Light which comes to Earth through the consciousness of the peoples who are living in the upper chamber, who magnetize that SACRED FIRE which is ours to give and yours to receive, utilize and expand. Thank you, and be seated!

Be seated in the light and in the sight of the sun! Our aura carries only blessings to all life. Our aura carries the very gift of the energy by which you have being, and carries within itself every virtue which you require as you move victoriously upon life's way. That aura which is the light of the Sun, is a permanent part of your aura, too, when we join together in companionship and understanding as to that which we desire to accomplish.

That which we desire to accomplish, beloved ones, is to reinstate perfection upon this Earth, and to reinstate the perfection of every electron and every cell and every atom of every living thing in, through and around the Earth until the Earth is again as beloved Vesta and I first visualized it and then projected it forth. It is our wish that the beloved Ascended Master Saint Germain might have a most glorious holy star for you to enjoy and for the spirits of the various nature kingdoms—the gnomes, the undines, the sylphs and the salamanders to enjoy, also.

Beloved ones, will you accept, today, the rising of the Sun as an ac-

tivity of the rising of the Sun of light within your hearts, illuminating your consciousness, vibrating through every cell and atom of your beings and expanding forth until it encompasses the planet. May there be enough light that the Karmic Board may say, “This planet now straightened on her axis, peopled by God-free peoples, is truly a home of the Ascended Master Saint Germain.” Then when we absorb into ourselves the beings of Mercury and that great and mighty star, the planet Earth shall most easily move closer to ourselves.

This is an orderly procession toward Godhood in its fullness! So accept from beloved Vesta and from myself, our gratitude that you know something of our world as it was in the beginning and as it shall be, incorporated into the beautiful energies of your own conscious understanding again. Thus, you are part of the great light of the world. Thus I, too, as beloved Vesta, bow before you, giving to you the light of understanding, the warmth of love and the tenacity of the Sun Gods, in holding concentrated to the one purpose—goodness—until that goodness is manifestly expressed for the benefaction of all.

Think about what would have been if, after the laggards came from other stars Immaculata had looked upon the Earth and seeing it clouded with the astral and psychic creation about it, had thought, “Well, I shall not hold this concept longer, because the Earth is not expressing it.” As a Silent Watcher, if Immaculata, a God-free being, had loosed that divine concept, there would not have been that permanent design into which various individuals turn in their endeavors to bring the Earth back home!

It is much more difficult to work without a blueprint than it is to work with one, but Immaculata was constant and is constant. That Mighty Silent Watcher who receives so little attention from any of you, was so constant in that great love, that no matter what the appearances were, she held her pattern and has been one of the Great Beings who has been responsible for the sustaining of the Earth. The Elohim and the other builders of form, who can return and look at that divine pattern time and time again when civilizations have been destroyed, when continents have been destroyed, looked again into that beautiful pattern and helped again to re-create it.

So give gratitude, please, to that mighty being, as we do this morning. And know that there is also a Silent Watcher for you, each one—a Silent Watcher who never slumbers nor sleeps, one who refuses to accept imperfection from you or for you, who is stronger than all the human creation which you might generate or have projected toward you.

That Silent Watcher is close. Have you forgotten? It is not easy in the physical world, but remember that one who holds the immaculate concept for you and give gratitude to her. These are beings of patience rare, as you can well understand!

I bless today, in the name of the Sun, all of the kingdoms—those of Virgo and Pelleur, Lunara and Neptune, Aries and Thor, and every living thing in, through and around this planet Earth with the fullness of my love—and Vesta and I, through that love, will help you to express divinity through yourselves and others.

CHRISTMAS GREETINGS

We, the staff of “The Bridge to Freedom Activity,” and all associated services, join in wishing each and every one of our readers a joyous and holy Christmas Season, and a New Year of illumination, peace and the manifest expression of your own CHRIST SELF. For your love, kindness, patience, encouragement and generosity over the past year, we express our deepest love, gratitude and blessings.

1961 CALENDAR OF HOLY DAYS

March 17	Saint Patrick's Day
April 2	Easter
May 1	Saint Germain's Ascension Day
May 8	Day of Lord Gautama's Enlightenment
May 11	Jesus' Ascension Day
May 21	Pentecost (Whitsuntide)
May 30	Wesak Festival, 11:38 p.m. EST
July 27	Asala Festival, 2:51 p.m. EST
August 15	Mother Mary's Ascension Day
September 30	Angelic Harvest at Shamballa
October 31	Elementals' Harvest at Shamballa
November 1	All Saints' Day
November 2	All Souls' Day
November 30	Mankind's Harvest at Shamballa
December 25	Christmas Day

1961 CALENDAR FOR THE ASCENDED MASTER RETREATS

<u>1961 Date</u>	<u>Temple</u>	<u>Hierarchs</u>
January 15	Illumination	Lord & Lady Meru
February 15	God's Will	Beloved El Morya
March 15	Resurrection	Beloved Jesus & Mary
April 15	Ascension	Beloved Serapis Bey
May 15	Violet Fire	Beloved Zadkiel & Lady Amethyst
June 15	Precipitation	Beloved Lanto & Confucius
July 15	Illumination	Lord & Lady Meru
August 15	Liberty	Beloved Paul, the Venetian
September 15	Peace	Lord Surya
October 15	Wisdom	Lord Himalaya
November 15	Shamballa	Lord Gautama
December 15	Precipitation	Beloved Lanto & Confucius

1961 BREATHING STATEMENTS FOR TRANSMISSION OF THE FLAME CLASSES

The following statements are made four times, preceded by the words, I AM inbreathing' I AM absorbing; I AM expanding; I AM projecting.

January 21, Titicaca: (3) from beloved (4) Meru (5) his God- (6) illumination (7) love and (8) peace.

February 18, Darjeeling: (3) from beloved (4) Morya his (5) Under (6) standing of (7) doing God's (8) will.

March 18, Holy Land: (3) from Jesus and (4) Mary the (5) raising (6) Power of the (7) Resurrection (8) Flame.

April 15, Luxor: (3) from beloved (4) Serapis the (5) joyous (6) power of the (7) Ascension (8) Flame.

May 20, Cuba: (3) from beloved (4) Zadkiel the (5) transmuting (6) power of (7) Violet (8) Fire.

June 17, Rocky Mountains: (3) from beloved (4) Confucius the (5) Precipitating (6) Flame and (7) reverence for (8) life.

July 15, Titicaca: (3) from beloved (4) Meru (5) his God (6) illumination (7) love and (8) peace.

August 15, Chateau de Liberte: (3) from beloved (4) Paul the (5) Pink (6) Flame of (7) God's pure (8) love.

September 16, Suva: (3) from beloved (4) Surya the (5) power and (6) peace of (7) love (8) divine.

October 21, Himalaya: (3) from beloved (4) Himalaya his (5)

mighty (6) power of (7) wisdom and (8) peace.

November 18, Shamballa: (3) from beloved (4) Shamballa its (5) balance of (6) love (7) wisdom and (8) power.

December 16, Rocky Mountains: (3) from beloved (4) Confucius the (5) Precipitating (6) Flame and (7) reverence for (8) life.

**SELFLESSNESS, DISCRETION AND HUMILITY,
THE BASIS OF PRECIPITATION
Letter from the Maha Chohan to the
Transmission of the Flame Class of December 17, 1960**

Beloved Ones Seeking to Learn Conscious Precipitation,

I am desirous that there be re-animated within you, each and every one, the power of conscious precipitation of good into your own dear worlds and then, selflessly, into the worlds of others. Remember always, that when you achieve this power of precipitation, unless you are discreet, you will become a target for the greedy and yet uneducated (spiritually) consciousness of your fellowman. As in all God-virtues developed, it is the wise chela who learns and in the silence acts, with neither thought nor feeling of personal reward. The one in whose emotional, mental, etheric or physical consciousness still lurks selfishness of any kind, will again attempt to gain temporal power through display of his seemingly extraordinary faculties. The Cosmic Law, then, has no alternative, but to remove from such a pompous one, the resuscitated faculty, until he learns TRUE HUMILITY. This humility you shall witness before Confucius and his Guru, Lord Lanto. The sponsors for this thirty-day period are gentlemen from Lord Confucius' focus, graceful, humble and yet strong in their FEELING OF REVERENCE FOR THE USE OF GOD'S LIFE.

**VISITING OTHER PLANETS IN THE SAFETY
OF PROJECTED CONSCIOUSNESS**

Address by Beloved Lord Thor and Lady Aries

The Ashram

September 27, 1960

Beloved Thor Speaks:

I speak in the name and by the power of the direction of the energies of the air currents which I, Thor, send north and east, south and west, carrying moisture, carrying warmth and all the activities of a con-

structive nature through the sylphs of the air. I, Thor, am never still. Those beings, the mighty sylphs, who work with beloved Aries and myself have, some of them, grown to gigantic proportions.

Beloved ones, the sylphs of the air have, throughout the ages, have absorbed the human creations of the peoples of this Earth. Think about what would happen if those sylphs, uncontrolled by myself and Lady Aries, should vent their wrath upon those who have antagonized through the ages! Therefore, we are obeying the divine edict of holding in check, each member of the directors of the kingdom of the beings who serve under us, until the various little ones, and big ones, too, who represent the elemental kingdom, can find real love and affinity for mankind.

Although in picturization mankind have distorted the expression of myself, it is true that I am the pressure which moves the very atmosphere, created by beloved Aries, and in the moving of that atmosphere, keeping it circling round and round this planet Earth, there is opportunity, without limit, for the alert chela to understand and cooperate with me and beloved Aries and the sylphs. In doing what? In seeing that where there are mass pressures of humanly-created substance, that the power of Aries and Thor are yours to invoke and to move those pressures out, perhaps, into the sea, where they can be transmuted and then carried by Helios and Vesta into the Sun for repolarization and no harm can be done to the peoples of Earth and those who are on its continental surface.

I have never been the cause of a cyclone or a tornado, which should be self-evident to the thinking mind, but the sylphs of the air, like human beings and imprisoned angels, have free will, to a certain extent. They gather, just as disgruntled human beings do, in certain vortices where they build up, through unpleasant feelings and thoughts and conversations, which is evident to me, though perhaps not to you, a vortex which becomes the "eye" of a hurricane, a cyclone, a tornado. Then that energy following a track, causes destruction. You all know one of those mighty vortices is in the Caribbean and there I have established a Luminous Presence of the Elohim of Peace to arrest as much as possible of the turbulence of the air element.

Air can be your servant. It was the servant of the peoples of old. Air filled the sails of the early boats which came to your great country. Air is the life which you breathe in, by which you live. Or, the activity of the air element, uncontrolled, can be your master, for without air, your physical vehicles would perish, but it is the allowing of the inhalation and the ex-

halation of air, which is purified within every twenty-four hours by special beings belonging to our divine court, that you have the use of the power of drawing the breath, holding it, expanding it and blessing it as you send it forth to some other part of life.

Now many peoples—much of life draws that energy in from the air currents—utilize it, true, to sustain themselves on the surface of the earth, but they release only that which is pollution into the atmosphere, instead of BLESSING life! There, again, you have the activity of the perfect and rhythmic breath, drawing in our gift of air, absorbing it within you, letting it expand through you, filling and vitalizing your vehicles with its essence and then, as it passes from your bodies, blessing it and sending it forth with a God-gift and benediction to some other part of life.

Beloved Aries Speaks:

Beloved Thor and beloved ladies and gentlemen, we thank you so much for being interested in the atmosphere in which you abide.

I wonder how many of you have ever thought of a planet without an atmosphere! There could be no human life upon it and all the various experiments which the peoples are making regarding trips to other planets is dependent upon scientific research as to the atmosphere in, through and around those planets. Of course, scientific accuracy is not yet perfected. The understanding that every planet on which life abides has an atmosphere and that man-made atmosphere—no matter how expensive—will not suffice upon another planet!

Individuals who desire to rise in space and visit the various polaroids, stars and planets have to accelerate to their own atmosphere, and do so in the safety of projected consciousness!

We are joyous and have been ever since the great Helios and Vesta asked us to have created an atmosphere for this Earth—the light blue of the morning to the deep blue of the night, where the moon and the stars stud our garments. That is a living and palpitating essence by which you, each and ever one, have life upon, this Earth. Without it there could be no life. Without the directors of all the four elements and our subjects, there could not be life upon this Earth.

If the atmosphere was removed, it would do more than all the unpleasant ideas of the atomic age to remove life from this planet, but we have not chosen so to do. No! We have adjusted our atmosphere for

you, each and every one, lowering its vibratory action as the Earth became more dense and giving to you as much of our air element as you can absorb.

Within that atmosphere is what you would call the “astral realm,” which is quickly being transmuted. Have you thought each and every one of you carries a personal atmosphere, which is made up of your thinking, feeling selves. Is that atmosphere in accord with the directors of the four elements? Is it in accord with your great and blessed benefactor, the Maha Chohan, or whatever Ascended Master Guru you represent? Or does your atmosphere vacillate? The vacillation of an individual’s atmosphere is the instability in one of the four lower bodies.

You, as individuals, have come far along life’s path so that you should learn to control your atmosphere, personally—emotionally stable, mentally alert, etherically pure and physically charged with whatever amount of light is necessary to expand the perfection of God through you—and filling that atmosphere with the warmth of love, with the power of which Thor spoke, to direct the currents of energy wheresoever they are required and not allow them to enter into your personal atmosphere, until you, in the ovoid bright, are the master control of your own atmosphere. He who has learned the control of himself, THEN he can be master of others!

Let us remember that, thinking about the sylphs, the gnomes, the salamanders and the undines, thinking about your dealings with your fellowman and all of life, remind the outer mind and consciousness, constantly, that you are IN GOD’S NAME, his holy atmosphere. Sustain it for an hour, for a day! Ask the great Michael and your sponsor, who has helped you and you will find us your friends, as we have been through the ages, and truly your servants in the Light!

On behalf of beloved Thor, myself and the sylphs of the air, we remain ever, your humble servants!

WATER CONTAINS THE ELIXIR OF LIFE

Addresses by Beloved Lord Neptune and Lady Lunara

The Ashram

September 28, 1960

Beloved Neptune Speaks:

Beloved ones, I greet you as the spirit of the water, that great “cushion” into which the continents on your planet are fit! I, Neptune,

have been and choose to remain your servant, together with the Lady Lunara.

The activity of myself, as the Father of Water, and the activity of Lunara as the spirit of the shining silvery moon, is the same activity as that of each pair of divine directors of the elements—the power of cohesion and the power of expansion. In the expansion of the energies of the water element, there is more energy naturally within the emotional bodies of the peoples as well as the tides at full ebb. At the time of contraction of the water element, all of which is done by the rhythm between Lunara and myself, there is less of that element of water in the rivers and less of it within your own being. That is a cosmic activity which has been explained to you before, but which bears repetition.

The balance of the power of contraction and expansion is the rhythmic way of living. When you learn that, even in the use of your breath, drawing it in and expanding it, you will have rhythm in the vehicles which are yours to command, including your physical, etheric, mental and emotional garments.

The mighty undines who come under the charge and direction of myself have served mankind since first Immaculata and the beloved Elohim created this planet. Into the depths of the seas for purification has gone every type of life—even continents—for the purifying essence of the salt in the waters. When continents are again to sink and to rise later in purification, you will see the crystalline substance which through the ages beneath the seas we have utilized to make those continents beautiful again and shining and bright as they were before mankind polluted them.

Who is it that serves beneath the seas? The undines—the undines great and small—under our direction, true, we being in turn directed by the Cosmic Beings who hold each group in their certain place.

Beloved ones, I deal, as does Lunara, with perfect balance. Without perfect balance in the water element, think what would happen to your seas. Any great oceanic body allowed to continue to swell and swell would eventually cover all of the continental surface of the Earth, but we serve in that activity of balance, allowing the seas to come in with their purifying air and to recede taking the residue with them, back into the deep for purification. That is the activity of balance! Have you done, and can you do, as much with yourself? Think about it!

The natural color of the water element is a beautiful blue, shading on the aquamarine, but through the same activity which has temporarily

weighed down the vibratory action of all of the four elements, the great waters are changed in color both by differences of climate and by pollution, but one day you shall see crystal waters again, those waters which were foreordained of the Father as a gift of refreshment, ablution and a gift to cushion the continents and give beauty through reflection to the great mountains and their lakes.

We have loved you long and we have served joyously, I can say, as your great boats as well as the smaller ones have utilized the surface of our seas. We have experienced great pleasure in any gift which pure water can give to you. As the beloved Aries said yesterday of the air element—if you were without water, perhaps you could understand more its intrinsic value. This I hope shall never be!

You have, in past embodiments, known what it was to be without water. There are, in your etheric bodies, those vibratory actions of fear concerning the experience, but today with one sweep of our hands, we remove those etheric experiences and all that fear, until water becomes for you a friend, until YOU KNOW in your being that within every drop of water is the love of our hearts and the elixir of life eternal. When you control the element of water within your own emotional bodies, you become qualified to be the control of the entire water kingdom. We require your assistance and God-protection for great numbers of peoples and many living things who have not this conscious understanding, and know not even of our names nor of our service—I LIVE FOR THAT DAY!

Beloved Lunara Speaks:

Gentle assembly, many of you have been frightened of the spirit of the moon. I wish to put you at peace in the realization that the activity I represent, with the beloved Neptune, is an activity of stimulating the latent virtues within your Holy Christ Self and accelerating the latent virtues within your own Causal Bodies, that they may expand through purified emotional, mental, etheric and physical vehicles.

The difficulty has been, until this day, that the stimulation of those energies in your great Causal Bodies, in your Holy Christ Selves, have stimulated and accelerated untransmuted causes and cores of distress in the emotional, mental, etheric and physical vehicles, as well. These are to be removed and you can feel my love flow to you, as I endeavor to, and shall, stimulate the goodness already planted in your lifestreams, earned through aeons of living and living as pulsating bands of light in

your Causal Bodies, living within the virtues within your hearts, living within the seven-fold flame upon your forehead and those constructive momentums of the four lower vehicles which you have builded through countless aeons of time, not only upon this Earth, beloved ones, but upon other planets of this system, as well.

If the farmer does not choose to place his seed into the sweet Earth and expose it to the radiation of beloved Helios and Vesta's light of the sun, he shall not have the shoot, the foliage, the flower. If the conscious chela does not desire to first weed out his garden, through the call to the great Astrea, of all emotional, mental, etheric and physical fear and its attendant tentacles, then lovingly and in full illumined faith place those vehicles before my presence, I cannot, because of your free will, externalize through you as fully as I would otherwise, the virtues which you have desired to manifest and which you have felt limited in manifesting to this day!

We give love. Every director of the elements gives only love, else we would not have served so long. We give love to mankind, imprisoned angels and to every living thing, to the blessed undines who have served so long and we have given love to everything which has been placed within the water element since the great continent of Mu and of Atlantis, down to every individual who has passed from this Earth at sea, and that love has purified that essence. When Atlantis again arises, as my beloved has said, shining and bright will be the radiance, the crystalline substance of the hermetically-sealed temples and you and I shall be grateful we have served together for this day!

To the spirit and the soul and the heart of each of you, I give the blessings of the water element, blessing from beloved Neptune and myself. May you live in the realization of our friendship and our abiding love!

ELEMENTALS AS SERVANTS

Addresses by Beloved Lady Virgo and Lord Pelleur

The Ashram

September 29, 1960

Beloved Virgo Speaks:

Blessed and beloved, you who are my guests upon this Earth, I thank you for assisting in the purification of this planet.

How many aeons have passed since first you came to me from dis-

tant stars and enjoyed the pleasure of this sweet Earth, every electron of which is made up of my own Electronic Body. Every electron which has been temporarily despoiled shall be returned in this era and age to the glory of the beloved Saint Germain, and you serving upon this Earth to that purity and perfection and protection again.

It has been my joy to be the nourishment through the energies of my being of every harvest you have known. It has been my joy to be the platform upon which your blessed feet have stood, as well as that of the glorious Ascended Master Jesus and beloved Buddha's feet whose imprints yet remain upon the breast of the substance of this Earth.

We, too, have been patient, I think you will agree, with not only those who have loved us and who have enjoyed serving with us, but also with those who have taken our life and used it to their own personal advantage, not blessing any part of life with their gifts. The vibratory action of our patience is stepped down into our element. Just as you channel from your Causal Bodies the gifts and powers into your Holy Christ Flame, do we channel into the gnomes and all those in our element that patience which sustains their service and to bless forever the opportunity given even by a recalcitrant mankind to serve them, for they grow thereby.

I think of all the smaller beings. The most mischievous are the gnomes—the gnome that is not on the ascendancy but who is engaged in mirroring some of the distortions seen around him and some little ones, on occasion, have to be called before us to be reprimanded. It would be wise, indeed, if you, in any case regarding the salamanders, the sylphs, the gnomes or the undines, would ask us to help you to bless them and to hold them in their perfect place as co-workers with you, for this is our reason for being.

You do not always know how much elemental life might be playing “games” with you, so to speak, causing you unnecessary discomfort. But you can make the call to us and we, in turn, will see that elementals of the most constructive type and nature are the servants of your lifestreams. We will remove and place in school, for re-education, those who have gotten out of line. We do that anyway, but with your conscious understanding of it and calls to us as the directors of these beings, we can give you assistance.

There is in you a lot of the earth—of the earth, “earthy” is an expression—well! That means there is in you a great deal of myself, and as we accelerate the vibratory action of the entire planet, that substance of

earth which is within you is good. It will accelerate with me and become part of the light of the world.

Therefore, I ask you to bless the landed surface of the earth and the gnomes who are within it and be so grateful, indeed, for all beings, who for the most part serve unseen, not only around you, but make up the very structure of your physical vehicles, time after time after time, as you take embodiment. Those little beings at this close of this embodiment, through the power of transmutation, through the gift of the beloved Serapis Bey and the Brotherhood at Luxor and the great Ascended Master Saint Germain and that mighty Violet Flame, shall be purified and returned to the Sun and form then a part of the glory of your Causal Body, as you work as God-free beings, never again hampered by human creation!

Now, let us turn our attention, to beloved Pelleur, that great Being who with me holds the Earth in her orbit:

Lord Pelleur Speaks:

Beloved Virgo, beloved ladies and gentlemen here assembled, I am Pelleur, the actual power which holds the Earth in her place in the solar system! COME NOW from lethargy into light and understand that the very earth, herself, even her axis being bended, would not remain nor would the souls belonging to this planet remain on this small globe if it were not the cohesive power of my love which science chooses to call the “gravity pull” of the Earth!

Think about it! When you place your feet one before the other on an appointed task, human or divine, if there was no cohesive power which is the power of love divine beneath your feet you would sail into outer space. Even in the process of walking you can be grateful for that cohesive power which we maintain in the very center of the Earth, where the masculine and the feminine rays of beloved Himalaya and beloved Meru join and where the great Spirit of Cosmic Christ Peace serves with me constantly holding the substance of the Earth and radiating from its center to its periphery the love and the light of our beings. That love is the actual substance on which you stand. It is the substance which makes up your chairs upon which you are seated. It is that love which holds all the beings who belong to this evolution and have been accepted by this evolution in the orbit of the Earth. It is that love which has accepted again, again and again the excrement of human life and through kind-

ness transmuted it into purity and perfection.

Beloved Virgo speaks of the mischievous nature of the gnome, which I can confirm, but where else is his joy, living as he does for the most part under the surface of the earth and performing those tasks of preparation for every season of the year to bring the harvest, performing those tasks of transmutation! Think about it! Their service is not one of complete and absolute joy, but it shall so become. They have Causal Bodies, too—miniature ones—every gnome, sylph, undine and salamander has a little band of light which is its own record for the good which it has done throughout the centuries of being. That record will, as in the case of humankind, be read when greater positions of trust and authority in the elemental kingdom are open, there will be those always who are ready to fill them.

Thus we represent, as do all those who have preceded us, the power of contraction and expansion. The Earth breathes, you know, and through its many pores comes the pink light from its center. When the Earth does not breathe, you have witnessed, if not in person at least in picturization, certain portions where great destruction is done—the Earth for the time breathed not there. What have you? Desert sands upon which nothing can grow, or barren swamps. All that is in the process of redemption.

Now take your own bodies—would you care to have ten billion people utilize your own physical body as they desire for twenty-four hours? I think not! Then think how we, the directors of the elements, together with our great kingdoms, feel when we have given our very body's life, in patience, to have them so imperfectly used! It is not the part of kindness nor of wisdom. I am strong in my endeavor to convey to you THE POWER which lies within cooperation with the directors of the elements NOW, and then should there arise an occasion where individuals or any living thing required assistance, you, being our God-friends, could give and will give that calming balance, peace and understanding even though you may not have to speak a word.

It is in the NOW, TODAY, that we ask that peace be created between you and the beings of nature, and it is TODAY, the anniversary of the feast of beloved Michael, that we ask in love that you give our peace to all you contact.

Note: The thoughtform for this Autumn Class of 1960 was a large, many-pedaled leaf enfolding the Earth.

THE BRIDGE

TO FREEDOM

**A Monthly Journal Devoted to Individual Unfoldment, Contact with
the Great White Brotherhood and Cooperative World Service**

JANUARY 1961

TEMPLE OF ILLUMINATION

Near Lake Titicaca, on the Peruvian-Bolivian Border, S. America

January 15th through February 14th, 1961

Hierarchs: God and Goddess Meru. Color of flame: Gold and Pink.
Musical Keynote: "Faith of Our Fathers," H. Walton.

Breathing statement: See list for year 1961, given in December,
1960 issue of the Bridge to Freedom Journal.

LEARN THE SELF-MASTERY OF UNDISTURBED PEACE

Monthly Letter to the Flame Class of January 21, 1961

Beloved Children of God Seeking Permanent Peace,

Welcome to the glorious focus of the great God and Goddess of the Andes Mountains, Lord and Lady Meru. I shall meet you there, and, hand in hand, we shall enter into the heart of their temple and look upon the Illumination Flame. You shall be assigned a lady sponsor who will endeavor, during this thirty-day period (January 15th through February 14th, 1961) to anchor into your feelings, primarily, that everlasting peace which nothing (not even a seed of discord that has not been transmuted within your inner vehicles nor that of others) can ruffle or disturb.

One man, woman or child, learning the self-mastery of UNDISTURBED PEACE, under all circumstances, can through the expansion of consciousness, hold an entire continent in perfect balance. In early ages, this God-illumination, self-mastery, and sustained peace, enabled those so equipped to sustain the entire Earth during her lowest ebb.

Now the Earth and her attendant evolutions are rising out of darkness into LIGHT ETERNAL and many of the earnest and worthy chelas shall be required to help in holding the equipoise of the Earth and her evolutions during this time. Through the opening of the Ascended Masters' foci to you and our presence with you, such opportunity as you know not of, is at hand.

Anticipating your visits with us at the Temple of Illumination and Peace, I am ever-lovingly your friend and servant to one end—EARTH'S REDEMPTION NOW.

My love and blessings,
Maha Chohan

WHAT WE HAVE TO DO IN THE NEXT 2,000 YEARS
An Address by the Beloved Ascended Master Saint Germain

Dearly beloved friends of my heart, you who have responded to my call, you who have through the veil of maya reached your strong hands, who have opened your heart both to my calls and to my presence, who have opened the energies of your mental and feeling worlds in the substance of the physical appearance world to further my cause over a period of years, to you I give my personal gratitude, my love, and my undying devotion and friendship for being among those willing to serve, willing to grasp a part of the vision of the great future, willing to open your consciousness to that which seems like fantasy to the masses, and willing to weave out of your mental, emotional and physical energies a portion of that vision in the world of form that it may stand as a manifest example of that which is to be.

Cooperation Between Men, Angels and Elementals

The next two-thousand-year cycle, which the great Cosmic Law has permitted me the honor and with all the responsibilities to represent, is to bring in an understanding of the ceremonial worship and a kindly cooperation, first among the human race, themselves, and then when they are at least in some accord, the members of the elemental kingdom and the angelic kingdom, as well. These three great kingdoms, who have used the Earth as a habitat, who have breathed the air, who have used freely the waters and substance of the earth through the ages, these kingdoms have grown so far apart in consciousness that there is no means of communication between them, except by the very few.

Those few who represent the heart of the nature kingdom and take human embodiment, are sometimes able to reach through the elemental kingdom, or through the flower, the birds or with the four-footed creatures, and in that way accelerate the consciousness of such a one and bring assistance to that realm. Our beloved Kuthumi as Saint Francis was one, and you know the gentleman who has recently rendered such a service in that same capacity through a colored body (Dr. Carver).

The angelic kingdom is very well relegated to the realms of fantasy and are drawn out more as ornaments than as living beings of intelligent consciousness and power to assist. It is to bring into alignment the consciousness, the understanding and the desire for unity before these three kingdoms, that I have come, and to bring into alignment which is more difficult even than the above, the seven types or rays of evolution, the seven types of men, who will perform the activities of the ceremonies in the days and years ahead.

The Work of the Centuries Ahead

We are at a new beginning, a new and humble beginning which will be written upon the pages of life and which will be read by consciousnesses less fettered by the effluvia of the ages, more illumined by reason of your application and use of the Violet Fire, more able to grasp that which we say today. In the centuries ahead those individual will work out and develop the truths, the ceremonies and the activities that we have written through the energies of our life, and you have written into the substance of the earth through your energies and reading, and they will comprehend even as it was long after the advent and mission of the Master Jesus.

It was long after the removal of the main figures of the Christian Church upon the screen of life, that the ceremonies have drawn the angelic host, the devic beings and have kept a connection with the consciousness of beloved Jesus and Mary, and Lord Michael, the Archangel, and those who have achieved the right to live in the realms of immortality. It was long after the removal of these simple, humble folk that this development took place. You cannot, as they say, build Rome in a day, but it is the strong spirit with the confidence of faith in their consciousness, with enough drive of enthusiasm, with a certain tenacity of will, and when you find these individuals with a perception and intuitive development and the capacity to expand the finer vibrations, that combination is rare, and yet it must be used in the mystic of the new order, to build a strong and firm foundation for this two-thousand-year cycle.

There is no such thing as failure connected with the turning of the

cosmic wheel. Every fourteen thousand years that wheel makes a complete revolution. In the two thousand years allotted to the being who has been invested with the power of the Chohan of the Ray, he may, using his own discrimination, intuitive faculties, inspiration and God-direction, use whatever consciousness, whatever lifestreams are available to him in order to bring an understanding of the particular type of worship that will engage the attention of the people for that cycle. If some do not respond, then he endeavors always to secure the assistance and cooperation of others. These cycles are provided in order to animate certain of the spiritual centers in man. We have described this to you before.

Preparation for the Coming of the Avatar

In the two-thousand-year cycle when the ray is predominant on the Earth, its Chohan is actively engaged in bringing the worded instruction of the Law which will best invoke the powers of that ray into the outer consciousness of mankind. The Chohan is engaged in developing the individual chelas through whom he endeavors to reach mankind, and also preparing for the coming of the Avatar of that age. He is endeavoring, through the chelas and the group activity, if he can be so fortunate as to secure it, to pour forth a blessing and a condensation of radiation which will be beneficial to the entire population and the elemental and angelic kingdoms during that era.

The activities of the Chohan are diversified in the extreme. We live under Cosmic Law which we may not supersede, except by application to the Karmic Board, for which we must give a very good reason. If that reason is proven in the world of man as of benefit to individuals or to many, the Karmic Board will allow the Chohan certain liberties to look through the eyes of the chela, speak through his lips, act through his hands, walk through his form and build a firmer and stronger foundation.

Responding to the Call

You are those who have responded to a subtle call! It is the same call which went forth at the beginning of the Christian Dispensation. The Holy Mother chose to speak to you a little of my activity endeavoring to prepare the ground for the Master Jesus, to prepare the consciousness of certain men and a very few women for the coming of the Nameless One. Through that dispensation which allowed me by the Law—the heavier consciousness of the outer selves of those chosen, those who had vowed to participate in the Christian Pageant, were alerted to a degree, and when the call came to Peter, Andrew, James and John and the

other of the disciples, they were already within themselves listening, where otherwise they might have been pursuing their daily occupation with the thought which was prevalent in the Jewish Race at that time, that the Messiahship, while it might come within their lifetime, yet might be delayed for hundreds of years.

It was so that John the Baptist, looking up from the Jordan had been alerted and was partially prepared for the coming of the Nameless One. The Law did not allow us to transfer an understanding to the chosen of who was going to embody as the Christ. The Law did allow us, however, to stir the lethargy of the mind and to break through the aura from the mass creations of the day, sufficiently so that there was an acceleration of soul and inner consciousness. The preparation then of the individual through his own application became his obligation to life.

When I went to those gentlemen and ladies, I was privileged to say to them, "You can prepare to take part in a great activity that is about to break on the screen of life, by individual application and the acceleration of your physical and inner bodies.

I am prepared to give you certain personal hints, which you may or may not do." There were many to whom I went, a humble unostentatious figure, who thought me mad. There were many who thought me a seeker after peace. There were many who thought I was promoting some scheme or deceit. Everyone to whom I went did not take my words and ponder them in their hearts or take my application and weave them into the energies of their own worlds. Many there were, when the triumphant baptized Jesus walked from the Jordan, who did not hear the "mystic note," who did not respond, because the forerunner was scorned.

Individual Preparation Indispensable

I had finished my activity of preparation. I had secured, through the assistance of Lord Maitreya, Holy Mary and others, the right to make this preparation, otherwise I do not feel that any would have known him for more than a great teacher. It was that individual application and power of light, which surged through them, that enabled them to stand up and leave home, responsibilities and personal obligations, following those few words, "Follow me!" Could YOU do it, beloved ones?

Opportunity comes to men and women in every era and every age, in many disguises. Opportunity comes humbly, naturally, unaffectedly. Opportunity comes, waits awhile at the threshold of individual consciousness, and then, because time is precious, the great cosmic rays

must sweep onward to another door. And standing there if welcomed therein, and the vital energies of the lifestream accept her, there she waits to bid welcome to the Chohan of that ray. And here is a heart dedicated, consecrated and sincere. Here is a heart where the Lord may abide and plant the seeds of vision where they will be nourished and developed, a harvest of worth, and so that Lord, where he may, enters in and there abides, and the individual accepting that power and responsibility, obligation and opportunity, BECOMES the “DOOR,” so far as his own capacity and development will allow.

The Importance Of Forcefields

Now I thought today, “What shall I say to these earnest students?” Every few months for a few minutes I am given access to their minds, and yet these people among all those on the planet Earth have opened their hearts to opportunity and have invited me in! These people have opened their hearts and created foci on the Earth—sanctuaries, reading rooms, homes where the Masters may come and go at will, where the angels and devas may rest as they move on cosmic missions among the creations of the lower atmosphere, where lifestreams tired to death of the sense-activities may find some surcease from the pressures of the day. You know it is nice to have homes on Earth—homes with you, blessed ones! The sanctuaries and the small, dedicated rooms are funnels through which we can pour our concentrated essence to bless a city, the nation, and the world. Why? Because in a permanent location, we have constant access to a forcefield and we can use that forcefield as you do an ember and fan a flame. You must have the ember or spark to get the flame!

Therefore, these forcefields, no matter how small they may be, can be fanned and fanned and fanned by the power of the cosmos, as the requirement of the hour comes, until they can become world-engulfing. The larger they are, the more dynamic and more rhythmically fed, the less of our energy is required for such fanning. Even for a tiny spark, a glowing ember in the darkness of this star, I am so grateful. You are sanctuary and group directors and individuals who aspire to become group leaders. You are individuals who have not only sat at the feet of the Masters, but have decided to stand up and DO SOMETHING about expanding the activity of their love—and for this I am so grateful!

THE RAY OF WISDOM
By the Ascended Master Kuthumi

The Ray of Wisdom, of which I am but one facet, is little interested in the world of man. It does not deal with knowledge—which is an accretion of intellectual facts—nor mental genius. True wisdom comes from facing the Sun within, and drawing forth the conscious realization that all reality, truth, beauty and understanding may be found within the flame of one's own heart! By listening to the Voice of the Silence in humble and silent reverence without mental concepts or emotional restraints, one becomes imbued with wisdom. The wiser one becomes, the more silent is his tongue, the more peaceful his emotional world, and the less thinking he does with the brain.

This is the second person of the Trinity, referred to as the “Son,” although this is often taken as a parental-child relationship. Its inner significance is S-U-N, and when you really know that the only reality is this SUN, the world of maya can no longer touch you. This is the path of wisdom, the period of listening and waiting, that signifies the cross-legged Buddha resting from the arduous climb on the ray of strength and purity.

Outwardly it will be a period which, in comparison to your struggle, will seem peaceful, quiet and serene, for you are not tested in strength now but in patience inwardly. However, let me warn you, that it is one of the most difficult steps on the path, for until you can hear the Voice of the Silence, you are running on the periphery of life, shouting with the multitude the hollow hosannas that resound nowhere but in your own ears.

You will find me, perhaps, a gentle and lenient Master, because the way of the silence cannot be forced, but let not my gentleness deceive you, for beneath it is the “rod of iron.” The blessing of Lord Maitreya, rest upon you and I shall endeavor to visit you often this year.

ON MANUS, ROOT RACES
An Address by the Great God Meru

Blessed and beloved children of life, seeking the way of truth, welcoming the Flame of Illumination into your outer consciousness in order that you might enrich not only your own soul growth, but that of all whom you contact—to you I come, bringing all of the blessings from our holy mountain, all of the blessings of the Brotherhood of Illumination and all of the individual blessings of my lifestream!

For many, many ages now, have we guarded and sustained that focus of the Illumination Flame which we honor. Some few of the more advanced among the race have found their way into the heart of the mountain, wherein that flame abides. In the future, when the spiritual pioneers have opened the emotional, mental and etheric pathways toward our mystic retreat, more and more of mankind will become physically aware of the spiritual radiation which is held within the great Andes Mountains and you will see that those who have clung for many ages to the desire to enter the great Himalayan Range will begin to turn their spiritual pilgrimages to the West.

Transference Of Records From Himalaya To Titicaca

We are in the process of preparation for such changes. For several years there have been transported, from the great retreat of my brother, Himalaya, priceless scrolls and scripts, which have been prepared by the sages throughout many ages, and which have been preserved unto this present day, and which will, when mankind is raised above the consciousness of greed and selfishness and the capacity of self-destruction, be released for the use of the masses—self-evident proof of the truths as presented by the many Avatars and Masters of Light and Wisdom under which the members of the race who will then be living on this Earth, have sat before.

They can place their hands upon the parchments, they can place their fingers into the grooves made in the stones, they can feel the very substance of the energy of their own Master of Light, who, ages before, made these written records and that contact with the physical substance of earth, which has been so carefully preserved by the great Himalaya and his Brotherhood, and of which now we have taken upon us the responsibility and obligation here in the Andes.

Such connection with the Ascended Masters' substance and the physical substance of the world will revivify the etheric memories of the truths which that Master or Avatar taught, and those individuals who are coming into embodiment, will enjoy the great civilization being born in

South America, will have the joy of these magnificent treasures of every kind and every description.

The Responsibility Of The Manus

The subject of the Manus has been in your minds and I would like to explain it to you. Manus have been provided for the seven great root races who naturally belong to the Earth's evolution. Each of these Manus, myself included, is responsible for a root race and seven subraces which come under him. Each Manus cannot be free—he does not choose to be free, until every member of his root race and the seven subraces belonging to it, is redeemed and ascended into the God-perfection from whence it came forth in the beginning.

The first three Manus completed their service because the radiation on the Earth was not yet polluted by the coming of the laggards from other stars. Their root races embodied, their sub-races developed, and the people ascended, having completed, in approximately fourteen thousand years in each cycle, their evolution.

Himalaya, The Manus Of The Fourth Root Race

When we come to the great Himalaya, as the Manus of the fourth root race, we have many fourth root race people and the successive subraces still in embodiment, so the great Himalaya is one of those who is an exile of love, remaining in the great Himalayan Mountains and serving and blessing those individual lifestreams belonging to the fourth root race and subraces who have not completed the ascension. That includes any members of the angelic host who came out with the fourth root race, any of the guardian spirits who came forth from other planets at the inception of the fourth root race, any elementals who became imprisoned at that time, and all living things everywhere.

The Lord Himalaya is therefore responsible for the redemption of all of the mammals and the animal life, some of which is still in a state of suspended animation beneath the cap of frozen wasteland, and it is the responsibility and obligation of Lord Himalaya and his lieutenants and chelas and unascended friends and those who belong to that race, to make that redemption possible.

Vaivasvata, The Manu Of The Fifth Root Race

The great Vaivasvata Manu is responsible for the evolution and restoration in a similar activity of the fifth root race and all of its subraces. It is my obligation, of course, to bring to maturity the sixth root race upon the Earth, including all of its subraces.

Now, why exactly does a Manu take on this responsibility? A Manu is a perfected being, a being who has already developed the perfection of the Godhead and who offers to a sun of a system (in our case Helios and Vesta) to be a God-parent to a certain number of spirit sparks, which will be drawn forth upon a planet.

The Descent Of The Two Divine Complements

These spirit sparks are directed by the Father and Mother of the system—Helios and Vesta—into universal light, becoming a glorious Immortal Threefold Flame and then around is a White Fire Being, that White Fire Being, in turn, projecting forth the two divine complements, all still in the realm of perfection. These two divine complements as they dwell in that realm of perfection, have free will, and they can choose to descend through the entire Seven Spheres where perfection exists, lingering as long as they desire in each of the spheres and assimilating as much of the instruction as they desire.

You may think it peculiar, but the two divine complements do not always proceed together through the Seven Spheres. Because of free will, one sometimes will remain a little longer in the First Sphere and perhaps the other move on to the third. It is exactly the same as when one of the two divine complements chooses to take embodiment, but for the purpose of my illustration, you have the two divine complements descending through the Seven Spheres, because only those who have passed through the Seven Spheres can come into physical embodiment. They start, of course, in the White Light around the presence of Helios and Vesta, pass through the electronic belt around the Sun and move out through the spheres similar to the colors in your Causal Body.

God Meru, The Manu of the Sixth Root Race

The seven Manus who applied for the opportunity of taking charge of these spirit sparks were desirous of guarding those individuals who desired to come into embodiment on this Earth, and those who desired to come in as the sixth root race were those whose radiation in the Causal Body was predominantly gold in color. They were given into my keeping and then I, in cooperation with the Karmic Board and in cooperation with the laws of embodiment, was allowed to bring through the

gates of birth the beginning of the sixth root race and some of the sub-races which are beginning to infiltrate the masses of mankind.

All of the sixth root race and its subraces are not yet in embodiment. Therefore, my task is comparatively new insofar as redemption is concerned. My task and that of the Goddess Meru is to reap, really where others have sown, because as Himalaya and the Vaivasvata Manu and all of the beings who belong to the earlier root races, all of the laggards who are being called into action, and all of the student body, are purifying the atmosphere, more and more of the sixth root race lifestreams can come in and they, of course, will be finer, more delicate of form, more beautiful and more highly-attuned and developed. They can be easily distinguished by any who have studied the law of the root races, by the perfection of their form. They have the perfect oval face and mostly are golden of hair and blue of eye, with certain exceptions, where we have chosen to give assistance to Himalaya through Oriental embodiment, and those individuals have taken on and will take on the features of the race into which they embody to help and assist him.

The Vehicle the Manu Uses

The Manu, himself, is a perfected being, and utilizes a vehicle prepared for him at the inception of his root race. This is a most delicate and subtle subject and one which cannot be dealt with to all mankind, but a Manu is already a perfected being, the ultimate archetype of the entire root race and all of the subraces, the perfection which God the Father and God the Mother of the almighty universe desires to manifest through that race. Therefore, such a one, contrary to previously presented instruction, does NOT, himself embody, but you have the mystic union as you had with the beloved Lord Maitreya joined with the consciousness of Jesus, the Christ, at the Jordan and the two became one, so that Maitreya, through Jesus, might bring the powers of the Cosmic Christ to man.

So it is with the Manu. We have seen it written that the Manu, himself, takes birth. The Manu is offered, by a very pure and beautiful pupil whom he has trained at inner levels but who is not yet ascended, the preparation of a body. Then that blessed pupil comes naturally through the gates of birth, like Jesus did, and he holds as clearly and distinctly as possible, the picture of the great Manu, his teacher.

That picture is also closely held by the devic protector, who stands around both the chosen mother and father, as well as the embryo as it develops, and sometimes, almost always, the mother and father are aware of the sacrifice and the preparation and the trinity—the mother, the father and the child—prepare the cup and then at a chosen time,

according to the receptivity of the pupil who has embodied and according to the cosmic moment when the Manu is needed to be expressed on Earth, is the union made. Sometimes in that union, the soul of the pupil departs and the Manu wears that body for as long as he may choose. Sometimes the soul of the pupil remains and the Manu uses it only fleetingly, so that he can continue his work at inner levels and not be constantly concerned with feeding, clothing and performing the necessary tasks of sustaining a physical form.

The Great Divine Director, Manu Of The Seventh Root Race

This, beloved ones, is as clear a description as can be given to you of the activity of the Manu of the Race. I have seen one of the Manus take the form of the infant at the age of five. In the case of the great Himalaya, the possession by the Manu was at the age of twelve. In my own case, I have not yet prepared my vessel. It will come when the Earth's axis is straightened and the great jungles and morasses and all of the reptiles, the insect life and vicious foci in South America are redeemed and transmuted and that continent becomes the beautiful paradise which it is destined to be. Then, again, the splendor and magnificence that we knew with the Father before the world was, will be manifested in South America and the Great Divine Director and his seventh root race and all its subraces will enjoy all of the Western Hemisphere as a literal paradise on Earth, Saint Germain's Golden Age permanently established.

Many of you are those privileged to be in embodiment during this time of change because of the strength of your light, because of past associations with various ones of us, because of your capacity to understand the intricacies of the Spiritual Law and to cognize the requirements of the hour, utilizing the energies of your own individual and collective worlds to expand God's kingdom here on Earth.

How Your Life Can Be More Pleasant This Year

The representatives of our retreat are very dignified and of tremendous power to help you to know that truth which sets you free. I cannot emphasize too much to you the reality of these representatives who will come at your call, day or night and render the service for you that you require. BE the acceleration of your brain consciousness, be the light on your pathway, BE the purification of your etheric memories, BE the vitalization of your mental capacity that helps you to be the God-control of

the energies of your world. If you can accept the reality of myself and of our retreat and the ILLUMINATION FLAME, from which you can receive so much that will illumine your pathway, that will make life extremely more pleasant for you during this year!

WHEN YOU REQUIRE LOVE I ALWAYS COME TO YOU

An Address by Lord Maitreya

It has been said that love is the cohesive power of the universe, or the Law of Attraction. It is the force that draws all to it and makes for unity and singleness of purpose. It is the easiest and most natural expression of life, because only separateness makes struggle and tension. In reality, love is but the responsive cord of one spark of life recognizing itself in all that is!

A Vision of the Universe

You might liken the universe to a great circle filled with a single substance of flame, and then through the cosmic night you might see the circle cut into many parts and through pressure in the center of those parts, fly out into space. When the pressure of disintegration is removed, there is an automatic rushing back into ONENESS and UNITY of what the world has experienced as various forms of love. The more any one individual can become concentrated in the power of love, the greater is his individual part in the unifying of this particular solar system.

The cosmic note of creation has completed its work, and, removing the pressure of separateness, the cosmic note of the NEW DAY is returned to the Universal Presence to re-form the Great One. This note sounds first at inner levels and is perceived by the most sensitive parts of life before it becomes the keynote of the outer world.

Your creation might be likened to the outbreath of the body—when all living things are breathed into space—and the inbreath of the body when all are drawn home.

It is my particular province and joy to represent the awakening of that cohesive power in the hearts of man that will draw them, without exception, back into the bosom of the Eternal. The less man struggles and the more he relaxes in the great pull of love, the easier will be the return, for RETURN HE MUST, and there is not one electron in this system that will not be breathed back eventually into the heart of God.

The Cosmic and Individual Harvest

As the macrocosm, so the microcosm—and you, too, must breathe back into your being and world all the substance, all the life, and all the light that you as the individual has sent forth. This being a cosmic fiat, there is returning on the inbreath good and evil—both of which you have sent out—which will cause a tremendous pressure in the bodies of those not aware that it is but the COSMIC HARVEST, not only of the cosmos, but of humanity, as well.

It is LOVE ALONE that is drawing back into its cause all that has been, and if each student would redeem his individual creation of force around his own lifestream, which comprises his particular gifts and experiences, when he plunges back into the heart of God in what you term the ascension, then that much quicker would the cosmic plan be completed until, with the last returning soul, the final petal of the lotus will be drawn again into the heart of the Solar Logoi and the completed solar system will stand revealed as the divine plan.

Rest in the Arms of Love

This is not a period of unconsciousness or sleep, but it is a period of fulfillment of the full glory of the Cosmic Day, when each man and each electron has poured his ALL into the cup of the ONE, and all drink together from the never-ending opulence. Rest, beloved ones, in the arms of love, and let the cosmic tide of love carry you on a barque of peace—HOME, HOME, HOME—your arms laden with your experience of the centuries, shorn of the heartbreak, with but the rich meat and great life and understanding. Pour thou thy gifts upon the altar of the ONE. See gathered these other shining parts of thyself, offering their gifts to blend with thine, and so make the whole greater in glory!

When you think of Lord Maitreya, think of me as the shepherd come to carry the sheep homeward from the world of separateness into the harmony of the Elysian fields. I come always when you require LOVE, and even the vocal word itself in the poorest and most shallow soul, brings a response from MY PERSONAL PRESENCE, for LOVE is MY command, and it cannot be thought of without drawing ME in answer, and one day man shall KNOW THE REALITY OF LOVE.

THE BRIDGE

TO FREEDOM

**A Monthly Journal Devoted to Individual Unfoldment, Contact with
the Great White Brotherhood and Cooperative World Service**

FEBRUARY 1961

**TEMPLE OF GOD'S WILL
At Darjeeling, India
February 15th through March 14th, 1961**

For information and description, see Bridge to Freedom Journal, Books 1 and 2.

Breathing statement: See list for year 1961, given in December, 1960 issue of Bridge to Freedom Journal.

**YOU HAVE A PERMANENT SEAT IN
EL MORYA'S TEMPLE
Letter to the Flame Class of February 18, 1961**

Beloved Friends of My Heart,

I love you! All of heaven loves you! You have learned, and so well, that opening your consciousness to God's holy will does, indeed, bring you personal happiness and adds to the light of the world. As you are privileged, again, to visit the Temple of God's Holy Will, guarded by the beloved Chohan, El Morya, accept into your inner vehicles, with more than ordinary endeavor, the truth that the will of God is really GOOD.

Your gracious gentlemen sponsors, assigned to you by my son, El Morya, will assist you, as you call them into your aura, waking or sleeping, day or night. You are so familiar with the Temple of God's Will and have been so often the guest of the gracious El Morya, that it is easy for you to walk up the steps of his marble palace and through the open doors, turning to the right to the flame room, wherein, in glorious royal blue, the Flame of God's Will for men is sustained by the Brotherhood at Darjeeling.

You have now a permanent seat of honor in the flame room, upon which is written your inner name, and all through 1961, you can, through projected consciousness, take your seat of honor and listen to, absorb, cognize the holy will of God. Then, when you have absorbed enough of that essence, particularly in your feelings, carry that joyous energy back into the orbit of your own world and let that FEELING radiate out through you for the blessing of all in your vicinity. Thus you are a messenger of our Temple of God's Will, even though you speak not a word.

Love and blessings,
Maha Chohan

**HOW THE MASTER PREPARES YOU TO WORK
WITH ANOTHER LIFESTREAM
An Address by the Ascended Master El Morya**

Blessed ones, in the development of a positive radiation, you must work for it. Everybody likes a comfortable religion—certainly that is why the Earth is in the condition it is. Everybody likes peace, everybody wants some other being to carry them out of distress. Now here you have the razor's edge! Do you think Lord Buddha was comfortable when he got up from the couch leaving his wife, then he walked out of the palace of his father and left his son? Do you think he was comfortable when he walked the dusty roads of India with a begging bowl and had to take from door to door those few scraps that were thrown to him?

Remember Buddha

Have you ever tried to sit in the Buddha posture with nothing to sustain your spine but its own light for seven years? Have you done it for an hour? Do you think he had comfort when there was no food, no disciples, when the fiends in the astral and psychic realm presented themselves, and every test of maya blew upon his soul, and he wondered in God's name, "Why didn't I stay home?" and "Why did I not teach my people from the authority of the ruler's seat?" Do you think he was comfortable when he entered into those various realms of light and saw the perfection that was there and yet refused to stay, push in onward that soul, onward and upward, upward, upward, until he stood in the presence of eternity?

Do you think there was a sense of comfort after achieving the ultimate, the mount of attainment, the pinnacle of success, and then to RENOUNCE Nirvana and come back, back into a body that was very emaciated due to his long period of Samadhi—a body in which he had to again draw those vital forces and then walk the ways of men? What did he do? He disciplined himself as every great being who loves mankind enough has disciplined himself, but he asks no discipline of others!

THERE YOU HAVE THE KEY! To those who are going to carry this light the length and breadth of every land, the discipline of self and the giving of comfort to others! When Lord Buddha's light shown, when people touched the hem of his garment, when they felt the sweet essence of his Presence (and I know, for I was there), the heart rushed forth and said, "Oh, Lord, what may we do to become as thou art?" Then came the eight great steps, then came the teaching to those who asked, and they asked because he had the fullness of ecstasy and bliss, but HE HAD EARNED, earned it through a discipline that mankind does not see for many an age.

Think of Moses

Think you not that Moses went through a discipline? Think of that man, a man who was timid in himself, and yet was called of the Lord to take a great people across the trackless wastes and through a burning desert and across a sea over which there was no bridge, no pontoon, no possible pathway but faith! And he answered that call! He walked with men and women who spat upon him when they felt the burning heat of the desert and when they knew no water, and when they saw the surging tides of the sea, behind them the great might of the Egyptian army—and curses descended upon him. Yet he knew if he were to become discouraged at that moment, or resentful, all would be lost! There he stood with the sea before him, the Egyptian army behind him and a reluctant people that he was endeavoring to save surging around him, thousands of them! In the discipline of God, holding his attention on the Presence, he carried them across that sea on the beam of his own faith and through the desert. Then in the short span when he mounted Sinai and left them for a moment, BACK they went to the idols and the fleshpots of the Earth!

The Discipline of Holy Mary

There was discipline in that lifestream, there is discipline of the self in any great leader. Do you not think there was discipline in the life of the Holy Mother of Jesus? Seldom has a woman experienced the disciplines of that lifestream. Taken from her home before the birth of her child, bringing him forth in a strange country, wakened when she felt all was not safe and secure, and caused to cross the desert with that infant child—hoping, HOPING always that this light, this vision of the Messiah, those angel voices and those glorious beings were real! Taking that infant to the doors of Luxor, letting go that hand, remaining on the outskirts in prayer until he returned. Was it not a discipline to stand on Golgotha's hillside beneath a bleeding cross and not for once in three hours to take her attention from the very body that she had borne and the spirit of her son? Was it not a discipline on the part of that son, in the height of his youth, prime and mastery, to lay that body down!

Beloved ones, there is a discipline that is born of love in the heart, love for mankind at large, that enables some to take upon themselves certain steps which develop the inner nature—then in example, in radiant light, to become a magnet so that mankind will say, “What you are, I would be, what you have, I would like, what you desire, I would become.” Then to those men and women who ASK, put a positive and encouraging presentation of the Law. The “thou shalt not” stirs the animal in man. Take the “THOU SHALT,” thou shalt sublimate the passions of thy body to illumine the mind. Thou shalt rise above the desire of making thy body a sepulcher for the dead beast. Thou shalt take into thy body new life, new light, through the natural herb and produce—THOU SHALT—pointing out the good and showing the pathway UP is the pathway of light and not making of discipline a lash. I KNOW, for I learned the hard way.

A Trip To Meet Lord Himalaya

I was thinking about it—Kuthumi and I were laughing about it as we remembered back many centuries ago. I had been a warrior and a soldier for many ages, and I must admit I had a tremendous spiritual pride in my capacity to follow through—at all costs to God, man, anything that was in my path. Finally in the traveling of our souls through embodiment after embodiment, we came to a point where our Lord Maha Chohan began to look upon us as a possible TEAM, and I think he had the founding of the Theosophical movement in mind.

One day he called us before him and said, “Brothers, I have a little excursion for you, just a period of relaxation, for you have worked so

hard on your own individual discipline that I am going to send you on a beautiful trip to find the retreat of Lord Himalaya together.” Oh! We were so happy—happy, you know, like children obeying!

We started out in Kashmir, in the vales of Kashmir, where the sea is blue. Ah children, that country is magnificent—the green slopes running down to the water, the most magnificent bird songs, the Kashmir weavers. It is a beautiful land, the land of peace, the land that belonged to my Kuthumi. We sat and talked together and planned our little trip. We thought we had better get started early because of the heavy snows in the mountains. He said, “You be in charge of the sleeping gear and the path, and I will be in charge of the food and the prayer.” We thought that would be just fine. I will never forget the morning that we left. To us it was an outing, an excursion. We had no path, you know, no one told us WHERE this retreat would be, except the compass of our hearts—but, we had the mission given to us by our Lord Maha Chohan!

Disappearance of Kuthumi

On the very first day we started out, I was well in the lead, bold and happy, heading for the first passes. I looked back and there was no Kuthumi! I sat down for a little while and practiced a meditation that I had because I was to be the compass of this trip. There was still no Kuthumi. The day was pretty nearly spent. Finally I walked back down the path, and I went with not the most patience in the world. There he was sitting, looking at a flower. I said, “Where have you been?” “Look, I want you to see the process of this flower as it is closing. I watched as it opened under the light of the sun and there is a drop of dew in the center of it.” I didn’t say a thing! And I didn’t look at the flower, either! Then I said, “When do we eat!” He was so sweet—you never knew anybody so sweet. Never was therein, all our centuries together, any impatience in that boy. I love him—LOVE HIM AS MY LIFE! I tell you this story merely to show you how life prepares you when you are going to serve in a harness with another lifestream.

Finally, I think we had some food and slept under the stars. I admit I didn’t bother with any sleeping gear. I thought, if he can look at a flower all day, he can sleep on his back and look at the sky! The last thing I saw as I went to sleep was the face of the Maha Chohan. I said to him, “Excursion! Hah! This is play time!” And I began to realize that this was no ordinary vacation. Just a ghost of a smile came in his eyes and his face faded out and I fell asleep.

The Meeting with Lord Himalaya

Next morning, Kuthumi was up before me. We were going to be all set that day, but this is the way we proceeded, dear hearts. He listened to every bird that sang, looked at every fern that grew. Every rock had something under it. Then if there was nothing on the path, he would be hearing the Music of the Spheres. Sometimes we seemed to be going backwards instead of forward, and every night as I retired, I saw the face of the Maha Chohan!

Then we got into the high country. Most of you are not familiar with the path of Tibet. In this high country one must be very alert, for the paths are narrow and the ravines are steep. I would be talking with Kuthumi perfectly at peace. He would be gone in the snow! There was no trace of him at all! I would go back and dig him out of some drifts. And do you know, he was never hurt. He never fell off—just disappeared. We finally went to a cave and I said, “Look, we will never find Himalaya unless you buckle down,” and he smiled—and he smiled—he had that beautiful smile and that exquisite golden hair, a most magnificent being. He said, “We will find him.” And we did. We found him, yes, but I couldn’t hear a word he said: Kuthumi remembered everything that happened. I couldn’t hear a thing. I think I didn’t even remember the outline of his body.

An Answer Given After 500 Years

All the way down that path and back to the Maha Chohan’s retreat, I pondered deeply. When we got home, the beloved Maha Chohan was smiling. He said, “You are both wiser men.” And WE WERE! He said, “I have a great work for you in the future—together!” I said, “No! No!” He said, “Of course, think it over.” “It is voluntary, but you would be such a marvelous complement one to the other.” And I did think it over for five hundred years!

All these experiences, dear hearts, are not lightly passed. I remember the day I returned to the Maha Chohan’s presence and I said, “I have thought it over. I shall consider it an honor, an opportunity to render what service you, great Master, think is right.”

And so we worked and served together and DO SO STILL. Yet, even now he enjoys the music of the spheres and the song of the bird. Even now the fate of nations and the discipline of the chelas is not appealing to him. We found our place, and he has found, I hope, in me a friend, and I have found in him more than a brother—I found in him the sweetness, the sweetness of the Holy Spirit that I needed so much myself.

Persevere unto the End

So it is with you, beloved ones. Life's experiences may seem trying, but one day you will stand before our Lord Maha Chohan, one day you will thank him for whatever excursion you are presently upon. PERSEVERE UNTO THE END, and in that perseverance you will have victory and great opportunity. Little did I know, as I struggled through that deep snow, of that which lay ahead in the shimmering folds of akasha as a possibility if I did not throw them over the cliff enroute. I thank God and the powers of light that I was able to persevere.

Now, much as the Maha Chohan wanted us to reach the retreat of Himalaya and receive his instruction, Himalaya did not take one step out of that retreat to meet us. Even when we climbed on the face of that last glacier—and I'm telling you it was completely smooth—he waited until we reached the APEX OF HIS CONSCIOUSNESS and then we were given the benefit of his radiation. I, unfortunately, did not receive it, but at least I made the effort and built something of endurance into myself.

Watch the Newspapers to Render Service Anywhere

You can carry your group through projected consciousness to the various points on the Earth where assistance is needed. When you hear over the radio or from your newspaper of such a requirement, have certain members of your group ready to respond at a moment's notice and through projected consciousness render the service. There is opportunity every day and the opportunities are going to become greater, if you have some selected, trained people who can be called, if necessary, at a given moment, and then through projected consciousness enter any specific theater of world crisis. It is a marvelous thing to have a trained group that knows how to release energy and are willing to give of themselves at a moment's notice, ready to project their consciousness to any point on the Earth's surface where distress may be. Get yourselves an atlas and a knowledge of geography and learn where these points on the Earth's surface are ahead of time.

Some spirits do not like restrictions, and I am one of them. How I ever got God-free, was only through the mercy of Kwan Yin and the kindness of God, himself! So I feel for you who have rebellious spirits, you who do not like change, I can feel for you. I walked that way. I had to learn the law of love and balance and submission until one day, mind, I received the honor of becoming the representative of the will of God—the greatest SURRENDER in the world, you know, the greatest surrender, for I was, I think, the greatest trial to the beloved Maha Chohan and the host of heaven. Because of that, I want to make it right THROUGH YOU

and to the Earth and to the King of all Kings!

Lovely friends, when your path is hard, when your associations are trying, remember ME and know that I tell you in truth that EVERY EXPERIENCE BRINGS GOLD TO THE SOUL WHO IS WISE! And remember, always by your side I stand, reminding you that you have said you are my friend of light, and my cause becomes an EFFECT through you! For your friendship, your cooperation, your loving selves, I thank you. When I return to the Maha Chohan, I can tell him I did not frighten you unduly but that we had a happy time together, for that is the harvest I am always told to bring home.

HOW TO CENTER YOUR CONSCIOUSNESS IN THE THREEFOLD FLAME IN YOUR HEART

An Address by Lord Vulcan

A primary factor in the study of the evolution of man and the mastery to be attained by each lifestream lies in a clear presentation of the center or focal point of the individual consciousness.

The human consciousness, you have been told, is a conglomerate mass of thought and feeling and represents in essence a great cloud held together by a magnetic force within the center of that mass of moving energy. The heart center represents the intelligent thinking and feeling point of consciousness and the area from the center to the circumference is the aura of radiation of that heart center of the individual's outer personality.

The Four Lower Bodies

In studying the four lower bodies as the contributing factors to the consciousness and as the "qualifiers" of tons of God-energy, we see that the central point of consciousness is in constant motion, functioning in one or more of the four lower bodies and is like a basketball tossed by the players in the course of the game. The individual thus functions from the heart of the emotional body, or the mental, or the etheric, or the physical, moving like the pendulum of a clock from one to the other, according to the particular experience and pressure and the will of the body which tries to secure for the moment the prize.

The body which secures the center of consciousness is highly energized during the time when that focus is within it, and, therefore, the lower bodies seek and fight with each other to secure the center of the

individual consciousness through fair means or foul. This is a completely fatal condition for the progress of the lifestream, because an individual whose central balance is constantly shifted to the authority of his lower bodies is a prey to his emotional outbreaks, his etheric memories, etc.

The Grail is Within the Heart

The grail provided for the focus of each lifestream's consciousness is within the heart and when the individual attains mastery he holds his consciousness within the Threefold Flame in his heart, where perfect balance rules all his outer activities and where the light ray from his Presence forms a direct line of communication, inspiration and direction, which is much more easily received from the Secret Place of the Most High. If, however, any set of circumstances can throw the consciousness to the mercy of the emotional, mental, etheric or physical bodies, the direct communication between the soul and the spirit is broken.

You have read, perhaps, and seen in pictures how a boat in distress will be circled either by a plane or a rescuing vessel, but the turbulent sea between would not allow the lifeline or the connecting link to unite the two. It is in the same manner that the Higher Self, during the times of emergency, has to throw his line of force into the battling sea of the lower bodies, hoping to catch the consciousness in its rapid progress from one to the other.

Most people are completely at the mercy of the lower bodies and find themselves functioning in an emotional frenzy or a mental battle, completely unaware that they have slipped from their moorings.

Senile people and aging lifestreams often slip into the etheric body and their consciousness remains there until their passing and thus they enjoy re-living the scenes of yesterday.

Your Open Doors

Your four lower bodies are like four rooms through which your consciousness reaches into the physical appearance world for certain defined effects:

- a) Through the emotional body it should absorb the qualities and feelings of the Presence and radiate them.
- b) Thus through the mental body the consciousness absorbs knowledge, receives instruction from the Presence, and gives it forth.

c) The etheric body should be a storehouse of all the divine memories of the past and should be used as a library;

d) and the physical body should be a vessel through which the contact could be made with the three-dimensional plane.

All these bodies, however, should be open doors through which the consciousness works, maintaining its anchorage always within the constantly flowing stream of energy in the heart.

The Purpose of Stilling Yourself

You will find upon contemplation and observing yourselves how illusive is the center of consciousness and how quickly it slips from one to the other of your bodies before you are even conscious of it. The purpose of stilling oneself is manifold, but one particular activity is to draw the consciousness back into the secret chamber of the heart and then to function from within the light ray at all times. Even the mental contemplation of this gives you a feeling of poise, mastery and detachment. You will always have a direct line of communication from headquarters, and you will not release energy unkindly because from the fountain of the sacred water of life within your heart, there can go no unkind emanation.

It is only when the heart center of consciousness energizes one or more of the lower bodies that they seize upon the creative principle and dishonor God's name by sending it forth imperfectly. If these lower bodies cannot get the heart center of your consciousness they have no independent authority, and they know this. Here you have one of the most powerful ways to mastery if you will contemplate it.

All the accumulation in your four lower bodies could not act and could be purified and consumed without struggle, IF the center of the intelligent consciousness of the outer self could be maintained in the heart of the Presence and not be allowed to be coaxed forth by any external attempt, tying it to the caprices of any one of the four lower bodies.

Being directly concerned with drawing the consciousness into the Threefold Flame in your heart, you will find your bodies straight, your sense of struggle greatly diminished, and you will have an alert, calm poise that should amaze you in your forward progress.

I thank you for this opportunity to make your acquaintance and visit with you, and I offer you, on the ever-expanding altar of your endeavors, to become the Ascended Master Consciousness, my particular service—yours for the asking.

DECREE

BELOVED PRESENCE OF GOD I AM AND ALL MANKIND, beloved Ascended Jesus, the Christ, the Elohim of Peace, beloved Tranquility, and beloved Archangel Uriel:

Draw out of the hearts and feelings of ALL MANKIND their inner desire for peace, and let it act as a balance to take away all destructive use of the atom bomb and all destructive activities, and see the Earth never again has war!

THERE SHALL BE PEACE! (3) now manifest and forever sustained!
BELOVED I AM! (3)

DEVELOP SELF-LUMINOSITY

An Address by the Ascended Master El Morya

Beloved ladies and gentlemen, members of the Great White Brotherhood, I greet you in the name of all life and light, which you have sworn to serve. This cause has been dear to my heart for many centuries and is now shared with you, but a cause is not enough—it must become an effect in order for it to be a manifest blessing to life. In the realm of causation, which it is our privilege and honor to represent, the First Realm, where the divine ideas of the universal are born, we draw from the Universal First Cause that which is known as the will of God.

To describe the will of God to the finite mind would be like describing galaxies of the heavens to a child of eighteen months. Each and every one who represents the Spiritual Hierarchy and the Great White Brotherhood, and who are the God-free members of this August Body, has taken upon himself the personal obligation and responsibility of nurturing, developing and maturing some portion of that divine will, and the causative center magnetized into their consciousness must be nourished, developed and externalized upon whatever plane is to be benefited by the expansion of God's will.

A Cause Must Have an Effect

You presently function in the physical appearance world. This physical plane is that which we are dealing with primarily in an endeavor to raise the vibratory action of the Earth and its evolutions to their God-estate. I have accepted from the Universal First Cause, this cause, which is part God's will, which was to release Sanat Kumara and every guardian spirit, every angelic being, every deva, every force of nature and every director of those beings who have voluntarily exiled themselves from

their own evolution to keep a permanent place in the solar system for this planet.

Now that is very fine, it is very praiseworthy to dedicate oneself thus, but a cause is not enough. A cause must become an effect through the consciousness of beings who dwell within the realm to be benefited, and a cause becomes an effect by the clothing of the vision, the idea, the pattern, the plan within the mind of the one who holds the vision—through the energies of voluntary lifestreams stirred from their slumbers, shaken from their lethargies, and with a burning zeal and enthusiasm of their own life, putting into action those practical activities which further that cause in the world of form, in our case.

You are such people to whom I have entrusted my cause! You are today its ultimate effect! You will be tomorrow a far greater effect and in turn you become causative centers when you transfer into the consciousness of any man, woman or child, through the written word, the spoken word, or whatever medium of radiation that you have developed, to a point where it can impress the outer consciousness with something of what we are endeavoring to do in this great cosmic push!

You Will Stand Where I Stand Now

I have endeavored to draw forth a “bridge” of energy from the Ascended Masters’ Realm through which your outer consciousness might be made aware of the current endeavors of the Ascended Masters, the angelic host, the Spiritual Hierarchy and all who are working to forward God’s will with regard to your planet. This bridge of energy has been anchored into your consciousness, your mental and feeling worlds, your etheric bodies and your flesh with all the power of persuasion which each of us who have come to you can put behind the energy of our life. The capacity of your consciousness to reach out and grasp that vision and that call—the capacity of your mind to see what it would mean to have the entire human race aware of the Elder Brothers and Sisters and willing to abide within the instruction given by them—your capacity to conceive of the possibilities of that—will determine to a measure the enthusiasm and zeal of your feeling world as well as the cooperation of your flesh form in becoming ourselves incarnate.

We speak to the outer mind through the veil of maya. We speak to your hearts through feelings. We are not the first men and women who have endeavored to present a cause of merit to the lethargic consciousness of mankind, and we will not be the last. YOU will follow us! One day you will stand where I stand, in a body of electronic light, and you will

have only as a BRIDGE in the world of form, the voluntary energies of some unascended, confused outer beings, who may or may not respond according to the pressure of daily life. Then alone will you realize my position!

It is only when the child is grown to become the parent he can realize the love and solicitude, the tenderness and the experience which as a child he looked upon in his own parents as foolish. As you grow to spiritual manhood and womanhood you will come to an understanding of what it is to try to reach some three and a half billions of people through a handful of earnest souls—oh, yes, earnest true, and willing.

Why The Bridge Activity Was Founded

While you were singing about forswearing Nirvana, I have often wondered at the fork of that road why I took the turn I did, and yet it is just like yourselves in the quietude and harmony of your own rooms, you wonder why you have taken upon yourselves the obligation that seems to bring so little of fruits of gratitude and thanksgiving—yet were any one of you to be given opportunity to take your hand from the plow, I think there is not one who would relinquish it— but you will plow that furrow through to the end and then the seed will be planted and the harvest will be grown because of you, the pioneers of life.

Blessed friends of life and light eternal, how can I describe to you the Earth with millions and millions of years of living upon her? You have drawn from her bosom the substance that has clothed your bodies and nourished and sustained them. You have bathed in her blue lakes and refreshed yourself by the waters of her spring. You have found new hope in the rising sun, aspiration in the fingers of the mountains pointing heavenward and peace in the green meadows. EARTH—ah, so sweet! Where you have heard the song of the birds, the voice of friendship, where you have seen the imprints in the shining sands of time of the immortal EARTH—would you, anyone, relinquish her to nothing, with all the memories, her great temples, her shining pyramids, her beautiful lakes, oceans and plains!

Ah, no, there is not one among you who would not pass through any privation to sustain another Earth in its solar system. So felt beloved Sanat Kumara, who did not even know the sweetness or the very pains that make for maturity, and so has been formed and sustained the Great White Brotherhood, and so has been formed a new endeavor to make a cause a manifest effect in the world of form.

Belief in Your Capacity

I am a persevering gentleman. I warn you of that in all our association. I believe in the capacity to follow through and when you have said you are my friend, and when you have shared my cause, I shall remind you, as often as is required, until that cause has an effect. And what is that effect? A self-luminous planet! A planet that shines like the sun at noonday, and that planet is made up of individuals whose light bodies are self-luminous even as the self-luminous body of an Ascended Being is made up of the electrons that make for that luminosity. LET YOUR LIGHT SHINE! DEVELOP SELF-LUMINOSITY and let that light then be the aura of this Earth until the Karmic Board itself may say, "It is enough. Already the Earth shines, already her song joins the Music of the Spheres, already her people have completed a task too long left undone."

TIME! Everyone wants TIME to do things. NOW! NOW let us do them, this instant! Procrastination has caused the sinking of more continents, the destroying of more Golden Ages, the delay of more victories in the eternal tomorrow. The average man does not begin to set his soul in order until he is on the brink of the grave. Procrastinating—enjoying the senses, putting off until tomorrow, which never comes, THAT WHICH CAN BE DONE TODAY! If you can be self-luminous in a hundred years, YOU CAN BE SELF-LUMINOUS NOW—NOW!

Your Center of Power

I want to speak to you upon a subject which perhaps is not clear. At the throat is the chakra center of power, as you know. Your power is released through the spoken word, and that power is drawn from your Causal Body. The Causal Body with all the colors that are within it, can be focused through the center of power in the throat and in the spoken word and decrees it can go forth to fulfillment as the individual's inner bodies come into alignment. At the moment of realization when your seven bodies are completely aligned, when your Electronic Body, your Causal Body, your Holy Christ Self, your emotional, mental, etheric and physical bodies come to that point of spiritual illumination and realization—THAT MOMENT, ONE SPOKEN WORD is all that is required for manifestation and precipitation to occur. All the power in your Causal Body flowing through that word brings manifestation. Jesus manifested that in the drawing of the precipitation through the fishes' mouth and in every fiat which he gave for healing and for resuscitation even of bodies that passed through so-called death. Then what is the purpose of repetition

which is the basis of Saint Germain's activity in the decree pattern? It is based upon the fact that you have used in millions of years so much energy through the spoken word and beaten that into your emotional, mental, and etheric bodies that you have solidified qualities of a negative and destructive nature within them, such as doubt, fear, rebellion, disillusionment, etc.

The Efficacy of Your Decrees

To requalify the energy in your physical bodies and your etheric, mental and emotional bodies, you must begin to release a balance of energy which will blaze into them and shatter those patterns that you set up, mostly through the use of the spoken word and physical action. The efficacy of your decrees is not only in that which goes out into the ethers, but that which is CHARGED and CHARGED into your etheric bodies which brings a positive alignment and control of your entire consciousness in the acceptance of the affirmation of faith and positive assurance.

When you have said for centuries, "I am helpless, I am sick, I am distressed," you have built into this etheric garment, into that which the world calls the sub-conscious, certain deep grooves of energy. You have set that body into action. It is a consciousness which has accepted that which you have decreed for yourself for millions of years. You have done the same thing with your emotional body and your mental body through the use of life. ONE AFFIRMATION FROM YOUR LIPS is not going to convince these conscious vehicles that you have completely changed your centuries of living. You are going to have to DRIVE INTO THEM A POSITIVE radiation, which will, in time, shatter and transmute the patterns of your past, and put in its place the patterns of perfection for the future.

Say to the Flood, "Stop!" And It Will Stop

The activity of the Ascended Master Saint Germain is to drive that energy into yourself, for your mental body is so little of your entire being. When all of your vehicles respond and your mental, etheric and emotional bodies will cooperate with the physical, then one day you can say, "I AM FREE," and that moment you will be! You might have to keep on saying it for a long time before you have the full cooperation of all these vehicles. On the other hand, you may be one whose inner bodies are very positively charged and at the very first call you have a manifestation.

I don't have to tell you in the use of the words and fiats of life whether you are having manifestations or not—YOU KNOW! If you are

NOT, it is because some place back in that realm of the inner vehicles you have a momentum of doubt. There is no fooling with this law. When you come to a point of REALIZATION—THEN you are master! Then in one word you can say to the flood, “STOP!” You can say to the great earthquakes, “CEASE!” You can say to volcanic eruptions, “BE STILL!” and it will be done! But you cannot work with some of your bodies out of gear any more than you can drive your car with one wheel—you would have a very bumpy trip, I assure you.

El Morya

BELOVED HELIOS’ FIAT

BELOVED PRESENCE OF GOD I AM , my Holy Christ Self and those of all mankind, by the magnetic power of the Sacred Fire vested in us, in the name and by the power and in the full cosmic authority of the GOD-HEAD which beloved Helios is—we speak HIS WORDS to our Earth and its humanity:

THERE SHALL NOT BE WAR! (3)
HELIOS HAS SPOKEN AND SO BE IT!
BELOVED I AM! (3)
I NOW COMMAND! (3)
BY ALL OF HELIOS’ COSMIC POWER! (3)
BY ALL THE SEVEN ELOHIM’S COSMIC POWER! (3)
BY ALL THE CENTRAL SUN’S COSMIC POWER! (3)
WE ACCEPT IT DONE THIS HOUR! (3)

THE BRIDGE

TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment, Contact with
the Great White Brotherhood and Cooperative World Service

MARCH 1961

THE TEMPLE OF RESURRECTION

Etheric, over the Holy Land

March 15th through April 14th, 1961

Breathing statement: See list for year 1961, given in December,
1960 issue of Bridge to Freedom Journal.

ALLOW THE RESURRECTION FLAME

TO FLOW THROUGH YOU

Letter to the Flame Class of March 18, 1961

Beloved Ones Seeking to Become a Healing Presence, I love you. All of heaven's sons love you. As the gracious Mary, mother of Jesus, opens the Ascended Master retreat, guarded, guided and protected by her cosmic court and her beloved son, Jesus, avail yourselves of daily visitation (through projected consciousness) with both Mary and Jesus, and feel the Resurrection Flame resuscitate all the good which is in your individual lifestreams as well as the fully-gathered cosmic momentum of your own Causal Bodies. Allow that Resurrection Flame to flow through you. As you are now qualified to enter into the inner corridor (there are seven such circular temples surrounding the Resurrection Flame), you shall FEEL THE HOPE, BUOYANCY, VITALITY, AND RESUSCITATING POWER THERE.

The Lady Master sponsors assigned to you for this thirty-day period (March 15 through April 14, 1961) will be so delighted for your helpful assistance in accepting their reality and allowing them to bring you safely to this retreat as well as returning you, in safety, to your own homes. I shall, of course, be there to meet you.

This Transmission Flame Class was instigated by my humble self and

is so sustained by me. I do thank the Lords of Karma, for they, looking upon your very enthusiastic and successful endeavors, have allowed us to continue in this monthly communal service, when the breath of the human and divine beings blend to carry the blessings of each Ascended Master foci around the world. Thus, I join with you in spreading the knowledge, feeling and hope of resurrection of all that is good at this time.

Love and blessings,
Maha Chohan

**THE KEY TO CONTROL YOUR SURROUNDINGS
AND ATTAIN YOUR PURPOSE**

An Address by Beloved Ascended Master Jesus

The Ashram

December 30th, 1960

Hail, thou, come into my presence! I salute the Christ arisen within your hearts, and as you have honored my birth date and as you have honored my mother, so I honor that flaming Presence which is alive within you, expecting and invoking that Presence within you to COME FORTH and render through you those services which I rendered ages ago, and which have been glamorized by the myths of the past and yet which are a challenge to each and every one of you of this day. For every word which I have spoken which has been recorded is truth, and I have said, “The things which I have done, ye shall do—and greater things.” Where are “these greater things?” COME YE FORTH THIS DAY OF LIBERATION and render at least those services which are the powers of instantaneous healing and sustained harmony and the God-gifts of your divine nature.

You Have A Cosmic Name

Through the kindness of Almighty God, you have had intercession with the divine beings from the realms of light throughout this embodiment and embodiments which have gone before. You have been with me on Earth, and you have been with me between embodiments and you know that although I am honored as being the gentle shepherd, I, too, have the fire and authority to command energy to ACT in a perfect manner! Such energy I request now!

What is the purpose of your being? To control the energy which is

loaned to you by God, to qualify it and to send it forth through all of your lower vehicles and then to utilize and project God-energy with the constructive quality required through the authority of myself and your own I AM Presence to bring perfection where imperfection has been! I had told the disciples centuries ago, “Whatsoever ye shall ask in my name, it shall be done unto you.” I repeat that again, again and again!

What You Are Required To Do5

You, too, have a cosmic name, a cosmic mission, a cosmic purpose of accomplishment, and that is in the efficacy of learning the control of the vibratory action of God-energy or God-life. Think you that if we who were among those drawn forth in Galilee to render that service had not control of all of the energies of those around us, those who sought to destroy the plan of perfection, those who desired, through temptations which you will never meet, to stir the energies of my feeling world or my thoughts, my etheric consciousness or my flesh form.

You are required to do as much. If you are constantly bombarded by, and you will be if you so allow it, not only tramp thoughts and feelings, words and actions, but projected ones, and you have not A POSITIVE AURA which moves more rapidly than that which is directed toward you, IT SHALL BECOME A PART OF YOU, because like becomes like. Which do you wish to be—a God or a Goddess, or again after ages, a human being bent with the frailties which come through the acceptance of human nature?

I assume in your hearts that you desire to rise above the vibratory action of imperfection and live in a realm, even while yet unascended, where you are the master control of all energy in, through and around you. Then you have builded for the hour when you require it, that energy you can direct to any person, place, condition or thing which desires or requires assistance.

How I Stilled the Waters

When the fishermen in the boat were sore distressed because of the raging sea, where did I receive the power which stilled the waters? Because I had through the assistance of both my mother and father, and Lord Maitreya, been taught from childhood to magnetize peace, and that peace became a great reservoir, and so I said to the waters, “Peace be still.” And naturally they responded, because there was more energy already drawn around me qualified with God-peace than all of the turbu-

lence of the Sea of Galilee.

Mechanical and scientific in the extreme is the Law! Whatever power has the most energy in your own world is the power which will act in emergency, particularly. Build, each one of you, those virtues and qualities so that if it is required of you, anyone, to bring peace or healing or resuscitation, you have already more energy than the imperfect appearance.

The Resuscitation Of Lazarus

If I had dwelt upon the passing of my own father and all of those other blessed ones whom I had known, I should not have had the stockpile of God-qualified energy of life eternal, which was more powerful than the moaning, crying, curiosity, skepticism and various other qualities of energy in the group, as well as the lethargy of Lazarus. So, INVOKING all that gathered power and momentum of LIFE EVERLASTING and directing it into the heart of his lifestream to render a service, that energy was more powerful than those other qualities of an imperfect nature acting through the people. Lazarus responded and came forth.

Everything in this world, on any plane, even in the Ascended Masters' Realm, in the realm of divinity, is qualified either by GOD-POSITIVE ENERGY, or by creations—positive or otherwise—of imperfection, through the misuse of free will.

Now you have started upon the pathway home into the heart of God, the very first pebble upon your pathway may stub your toe a bit, yet as you draw of that self-mastery in, through and around you, your own light blazing forth through you will be enough to remove a boulder or a mountain.

What is an "Avatar?"

I was a man who came to Earth for a purpose, voluntarily. I chose to show mankind in a time of great darkness what God's destiny for each and every one of them was to be. Through misinterpretation of the Law, unfortunately, I was set apart as the "only begotten son." I came to bring the example of eternal life, overcoming through the assistance of Divine Beings, a very unpleasant experience called death, then had to convince my disciples that I lived and moved among them resurrected, no human power able to touch the God-qualified energies of my own lifestream.

All of these things I had done because the world requires every now and again the coming of a perfect one, one who can fulfill the purpose and represent on the Earth our Heavenly Father. They call such a one, “an Avatar.” You will have, of course, the coming of a perfect being representing my beloved brother, the Ascended Master Saint Germain. But, in the interim, under the dispensation of the Cosmic Law, it would be a marvelous thing to have rise up among you your own Godliness to a point where your energies are constantly, and consciously, devoted to one purpose—learning to build in the silence the reservoir of every God-gift and virtue, and utilizing it as the requirement demands!

Be Honest With Yourself!

Now I am, with beloved Kuthumi, serving in the capacity of World Teacher, and I will say to you who are not yet without sin, be honest, as honest as you would have to be in the presence of beloved El Morya, as you will have to be as you stand before the Karmic Board. BE HONEST with yourselves as to that quality or those virtues which are your “weak” points and develop them.

It is easy to love those who love you, but you must learn to love those who perhaps have disturbed you. No one could have passed through that initiation of the crucifixion without knowing what it is to hold control and mastery throughout every type of ridicule—physical, mental, etheric and emotional—and at the end of that period pass the final test, remaining on that cross and then, with the help of the Lord of Life, the Holy Spirit, himself, coming forth and remaining to ANCHOR the disciples in the power of light before I went back to my Father and yours.

Have you been whipped in public, with a crown of thorns pressed into your brow? Have you had your garments rent? No! Those things which happened to you in this embodiment are very slight as to those experiences through which I, voluntarily, passed to show that the Son of God was the master of the energy of his world. Thus I was able to stand before Pilate, himself, and when he said unto me, “Hearest thou not how many things they witness against thee?” And I answered him never a word, for he had no power over my life or my departure, and no human being has power over your life and your departure, except your own I AM Presence, Holy Christ Flame and your divine sponsor.

Accept that not only for yourself but as I speak it into the ethers, I speak of LIFE ETERNAL through the controlled energy and power of one who has experienced every type of energy which was less than perfection catapulted at him, and who has come forth VICTORIOUS! What one has done, many shall do!

We are late, beloved ones! Late, by thousands of years. The next Avatar was due long since, yet came he not because of the recalcitrance of the human race and her attendant evolutions.

Now in the great Tetons there are gathered together around the Hierarchs, beloved Lanto and Confucius, many shining beings from the hearts of Alpha and Omega and all the Suns of the system. The Great Karmic Board is already in session—the beloved Lady Portia, Kwan Yin and the others. Mankind has opportunity unparalleled to walk and talk with the Master of their choice, and you have opportunity TO BECOME GOD IN ACTION! When I say that affirmation, it was oftentimes required to release power through the spoken word to “shatter” the creations of imperfection, but in wisdom’s way oftentimes the service can be rendered in the silence.

The Moment is NOW!

Those of you who have loved me thousands of years, thought a good deal about me this Holy Season, are definitely connected with my world experience. PREPARE YOU TO BECOME AND TO REMAIN A GOD-EXPRESSION, ABLE TO USE THAT GOD-LIFE AS OF NOW. The moment is NOW! I was not told beforehand about any of the experiences from my baptism in the Jordan, on. I had no written scroll, saying on such and such date the Holy Spirit shall descend, on such and such date you will heal, on such and such date, you will raise so-and-so. No! But I used my life magnetizing that God-power and then as each experience came, I had already the qualified energy and through the power of the God acting through me, I was able to render the assistance. Thus I was not taken unawares. If you have to have a calendar, to advise you when you shall be called, don’t expect it, but expect through our words that we shall require assistance of unascended beings AT ANY MOMENT! NOW, SLEEP NOT LONGER BUT LIVE, AND IN LIVING, MAKE BEAUTY A PART OF YOUR BEINGS.

1961 EASTER CLASS

Thursday, March 30th	Lady Amaryllis
Friday, March 31st	Beloved Serapis
Saturday, April 1st	Great Divine Director
Sunday, April 2nd	Beloved Jesus

10 a.m. Eastern Standard Time, is the hour the Ascended Master will speak. It does not necessarily mean you are to hold your class at that time. If you hold class at a different hour, please be assured that the Ascended Master's radiation will flow through the entire twenty-four-hour period.

BELOVED SANAT KUMARA

Sanat Kumara, Sanat Kumara,
We love you, we thank you, and
Bless your sacred name;
Blaze on us all your great love
And perfection, and
Help us become now a
Lord of Flame.
Sanat Kumara, Sanat Kumara,
Sanat Kumara, Sanat Kumara;
Sanat Kumara, Sanat Kumara,
Sanat Kumara—We love you dear!

YOU CAN RESURRECT THE GOOD IN YOU!

An Easter Address delivered by Beloved Mother Mary

Dear, beloved and blessed children of God who walk the ways of Earth, as I once long ago did, it is my privilege and honor while the orthodox religions are placing ashes and dust upon the heads of the faithful reminding them that they are "nothing," to come to you and remind you again, again and again that you are "something!" You are the Christ, even as our beloved Jesus, developing your God-powers for the blessing of mankind right here and now on this earth plane where there is so much distress of every kind and description.

Dwell On The Resurrection, Not The Crucifixion

I have loved that Christ within your hearts, creating for you the beautiful bodies into which you were born, not only in this embodiment, remember, but through all the embodiments you have had since I have taken over the role of Cosmic Mother, and I love you still with a mother's love. Therefore, it is suggested as a portion of my message today to remind you during this season that is supposed to be dedicated to the sorrows and disciplines of my son's life leading to the crucifixion on Golgotha, and all orthodox individuals choose to dwell on the crucified Christ—and that image we are endeavoring to remove through the beauty of the Christian Dispensation and all of its many avenues of expression by the Ascended Christ. I say to you let this Lenten Season be a season of anticipation of a resurrection and anticipation of an ascension when your service in this world of form is completed. The acts of grief and sadness that accompany the activities of the people of the orthodox religions are entirely AGAINST THE NATURAL LAW which is the growing buoyancy and anticipation of resurrection on Easter Morn and the ascension of beloved Jesus, which ascension is also offered to you, let us remember this, beloved ones.

We are a happy, joyous, buoyant, enthusiastic Brotherhood and Sisterhood, and it is only the veil of time and the careful coloration of our original teachings from Jesus and myself and the early disciples, who have glorified the "crucified" Christ rather than the living, breathing presence of Jesus as the example for each of you towards which goal he intended to lead you two thousand years ago!

Awaken to the Message of Easter

Beloved ones, AWAKEN to the MESSAGE OF EASTER as a message of Easter to your own hearts, as a message of the resurrection of the good God in you, vitalizing the vehicles that you wear so that you may walk among the sons of men and be at all times their example, and then, having completed your mission, accept your ascension into the light, becoming a Divine Being who has no longer requirement of embodying here on this Earth.

You have been told again, again and again how the elementals mirror whatever they see, and in my temple where I teach the elementals which form the first bloom of the springtime, we have had many experiences where the blessed little elementals would either mirror myself or any of the teachers rather than learning the Law of drawing into themselves the actual pattern of the flower, shrub, tree, whatever the harvest should be, sustaining it and externalizing it against the law of resistance

and all of the riptides of human creation here on Earth, to make of the Earth, the Spring, a crown of glory on the face of what has seemingly been a barren and lifeless nature kingdom.

I say humankind are likewise mirrors. You mirror each other, you mirror your associates, you even mirror yourselves from past embodiments, and until the day and hour comes when you decide and consciously remove from your world that acceptance of mirroring the mass consciousness of old age, disintegration, decay, death and all of its ramifications and allow the Holy Christ Self within you to do, as it did within Jesus, the so-called miracles. Until you are self-luminous, you are not fully God-free.

Mirroring Inharmonious Surroundings

There are God free people who are unascended but they are strong enough to refuse to mirror and accept the mass concepts of their contemporaries and of the reports, televised and otherwise, and these God free individuals allow the babe of Christ, the Holy Christ Flame within the heart, FREEDOM TO ACT. Suppose that I had chosen to endeavor to hold back the actual birth of my son. It was not at that time or place, the most comfortable experience to go through. Suppose I had mirrored the surroundings, discord, the laughing of the inn-keepers, the very humble stable in which no son of God should have been born—suppose I had done so. I would have destroyed the perfect divine pattern and plan and also impinged on the beautiful perfect physical vehicle of Jesus that willfulness. But I allowed the tide of the cosmic moment to carry me forward until he was delivered—beautiful beyond compare!

Allowing Your Christ Self to Act

ARE YOU ALLOWING THE CHRIST WITHIN YOUR HEARTS TO ACT, or are you holding it so tight within the confines of your emotional insecurity, your mental concepts, your etheric memories and your reasoning powers THAT GOD ALMIGHTY THOUGH YOU, THIS DAY, IS NOT ALLOWED BIRTH IN THIS COSMIC HOUR! Think about this. Whether you are a man or a woman—it is you who through free will allow the “Second Birth,” the expansion of the living Christ through you. Or do you hobble along to your grave, having done good BUT NOT ENOUGH!

We have talked now for many years about loosing the power of God to act through you. I, myself, time and again have told you that the very arms you use can be the arms of the Holy Christ Self, that every step you take, every action, every spoken word can be either the personality

or the expansion of the Holy Christ Self. WHAT, in God's name, IS THE HOLY CHRIST SELF DOING MUMMIFIED IN STUDENTS who have such knowledge of this Law locked up century after century, each individual awaiting someone else's accomplishment to externalize the perfection, the healing, the peace, the purity or whatever the quality may be?

Love is the Greatest Power in the Universe

Oh, yes, I can be powerful, beloved ones! It is not my full nature—my nature is the nature of love, but love IS POWERFUL, one of the greatest powers in the universe and the loving mother is powerful in her protection of her children. The lethargic mother allows the child to grow in lax ways, drifting through life without purpose, and doing more harm than good to that individual. Oh surely, I loved beloved Jesus, but HE WAS RAISED UNDER STRICT DISCIPLINE, the same as I, myself, was, else he would have rushed off into some unknown place when the great tests of life came.

Suppose I, knowing as I did of his future, had coddled him through his early years and shielded him from the world and all of its many manifestations of evil, and then when his call came, he had to look upon the leprous and the blind and the insane, do you think the strength in his own lifestream then would have enabled him to VICTORIOUSLY use the power of Christ and his Father in heaven to render those miracles? NO! He would have been among all those ascetics that were in the hills! It takes strength to love, and wisdom to love and constancy to love in the divine way.

Why Was Lazarus Resurrected?

As I raised Jesus, so I have endeavored to help to raise the consciousness of every blessed and sincere student but the peoples of Earth consider me a rather ephemeral delicate flower that grew in Judea. Ladies and gentlemen, it took all of the powers of all the lives that I had lived—all of the power of the Archangels, all the power of Lord Maitreya, all of the power of your beloved Saint Germain as Joseph, to help me live that one life alone, and it has taken and is taking, all the power of my lifestream at this time to try and awaken the outer mind of the students to the eternal verity that CHRIST WITHIN THEM IS NOT TO BE ENTOMBED but allowed to flow forth freely! Then you will not be caught unawares.

In the preparatory process of the age that I passed through, I was prepared, through the very careful training of Jesus, he was prepared.

He could stand by the tomb of Lazarus where the laughing throng scorned him and the weeping family disbelieved, and say with all the power of his immortal divine Father, “LAZARUS, COME FORTH!” And death yielded up the soul of Lazarus and he came forth!

Would you attempt that now? Why? Because you have not builded the momentum yet through your own self-conscious being to a point where even in small matters, wherein you are tempted through the outer personality to perform even a menial service, to become STILL and then say, “Beloved Holy Christ Self in me, THROUGH ME ACT, NOW!” Then have the patience to keep the mouth still, the feelings at peace, the mind from whirling about what you are going to do if Christ does not act through you. Then, when you feel that Christ Power flow, you will KNOW whereof I speak.

HOW TO REND THE VEIL OF MAYA

An Easter Address Delivered by Beloved Ascended Master Jesus

To be a wayshower among people is to be a living and breathing example of the Law which you affirm! This was the instruction that was given to me before I took embodiment and required the concentration of my lifestream through the entire course of that embodiment to become the Law which I affirmed. During the early years when I passed through the initiations at Luxor and was able to use the power of resuscitation and draw life, even as a child, I did continually and constantly make application, as did my mother, so that during the time of the maturity of my mission, I would remember and be able to do in the presence of the unbelieving that which I could do with comparative ease in the presence of the individuals who had already experienced resurrection and who had experienced the activities of resuscitation within the Temple at Luxor.

Practicing the Power of Resurrection

So when I speak to you who live in the world, you who go to business, you whose activities are mingled partly spiritual and partly material, I know that you have the pressure of the outer world and the mass mind, as well as the divine inspiration that you receive within your holy sanctuary and within the secret times when your hearts and minds are turned toward us! Once again I say, that Infinite power beating your hearts, that infinite power which is the CHRIST ever-expanding from within your worlds IS MORE POWERFUL than all human appearances—if you can but believe it to be so! I know that with your minds you want to believe, with your souls you want to believe, but there is yet so much within the etheric body, so many memories to be erased that there is yet

resistance to the full acceptance of your own divine power to manifest through you this very hour, to use, to heal, and to set life free!

Think you not after I started upon my public ministry that the tempter did not put the question before me often, “Shall you be able to follow through with that which you have invoked for the blessing, healing and benediction of a soul in distress?” I had to put that tempter aside, relying upon the Christ power and holding against the appearance world that realization of the all-power of divinity through me to make things right, and holding your flame steady you can let that Christ-Light qualified with healing, with peace, with purity, with balance, qualified with any God-gift flow forth for the blessing and upliftment of those with whom you come in contact.

Centuries Of Training

That which I did, was done after many, many centuries of training, true, but you also have had many, many centuries of training! Most of you have been great powers of light in Lemurian Ages and Atlantean Ages, in the days of the Buddha. In my own day you were great magnetizing centers—through your own hearts beat the gift of the Holy Spirit, and the gift of divine light. That power and momentum is within you, dormant though it may seem to be for the time being, but it is being revived as we continue to turn your outer mind and attention to the fact that you did have and do have a magnificent heritage which comes to you of God in the fact that you are individually created in his image and likeness. You are individually surrounded by substance which is His living body, and that substance is obedient because God the Father and Mother of creation have told that substance to obey you! That substance waits to be molded into form according to your thought, your feeling, your spoken word and your action.

At One With the Father

Therefore, you are NOW the sons and daughters of the Most High! You are NOW clothed in the power of the Most High Living God! You are NOW at one with the Father. You are NOW embodying and radiating the gifts of the Father which he, in turn, entrusted to you to bring to this planet Earth and you at one time, even like unto myself, knelt before him and said that you would bring those gifts to the peoples of Earth.

Those gifts are the virtues, the virtues of grace and healing, of forgiveness and peace, of opulence and understanding. We could describe them without number but those mighty and magnificent gifts are LOANED, shall we say, to each one of you as a gift of Lord Maitreya as

the magnificent cloak of the Christ was given to me, in order to manifest the perfection of divinity here in this world of form. Lord Maitreya gave to me the cosmic cloak of his own gathered momentum and that coupled with my own enabled me to render certain services that seemed miraculous but are only the use of the natural law!

What The Human Veil Is

Although my embodiment came and I attained that mastery and left that example and though others have come with great light, yet while there are unascended beings who are using the creative centers of thought and feeling to move this beautiful light in a discordant manner, they set up a riptide of various qualities of anger and distress, and that is all that the human veil is! It is agitation of electronic energy which the thought and feeling centers of mankind, as well as the spoken word and the activities of the physical vehicles have spewed forth, and where there are a few to hold the peace, there are millions who cannot yet hold that peace for themselves.

As we anchor more and more of God-poise and God-peace through your own flames and that expands out and begins to STILL the energies of which I have spoken (which is the veil of maya), when they are still enough, there is no veil! It is just beautiful electronic light and the here and there are just one. Every person who has been raised in contemplation, who has come to a point of peace, who has come to a place of one-pointed concentration of mind, who has been humble and selfless in service, has reached that point of passing through the veil for a moment and some have had the glory of seeing the Presence and the angelic host and the various members of their kingdom. It is the great test to bring back that peace and benediction which you receive in such moments of upliftment and give of that gift without losing its virtue yourself but letting it flow forth from you.

Cultivate the Habit of Peace

When there are all over the planet enough lifestreams to hold the energy harmonized over and in and around these great cities, it is exactly like oil on troubled waters and will have the effect of placid lakes instead of those turbulent seas. These great lakes of energy will be magnetized and sustained by the trained students, and as they increase, they will have the same effects as the electrons as they expand and meet electrons—these lakes of peace will grow until the turbulent sea has been entirely stilled and then you have a planetary atmosphere of cosmic peace through which no discord can longer exist.

We live to create this kingdom of heaven on Earth, and we can create it only by establishing individual, collective and then planetary peace upon the surface of the Earth. In the atmosphere around the Earth there is this turbulent moving energy of which I speak, and yet in the midst of all that—ONE LIFE- STREAM, turning his attention toward God or myself or any Divine Being, can draw back enough PEACE to hold the balance for a community, city, state, or a nation! Believe me—I KNOW!

I have seen my mother draw that peace and sustain it after my ascension, when she performed that wonderful service of magnetizing the currents of light from my own ascended body, into the new Christian Order. I have seen her hold that peace. Now we offer, I offer you, she offers you, the great Lord Gautama offers you our power to HOLD THE PEACE in the small things and then when the greater things come, your momentum is gained, your pattern is set, you have a habit of holding the peace. A habit is only the repetition over and over of certain activities until a momentum is builded.

Is it not time to build now a cosmic divine habit of the Perfected Ones, rather than to continue in the habits of the human? Let us put on this morning while we are gathered together the divine habit and become truly men and women in divine order, bringing peace unto this Earth. Let us make our habit more than just a garment to cover the physical form—let us make this habit an activity of our nature wherein it was first designed, the divine habit of bringing peace, the divine habit of speaking words of a constructive nature, the divine habit of seeing perfection, the divine habit of refusing to enter into discord. Most every human being creates habits of a human nature, now I challenge you this Eastern Morn to consciously create the habit of divinity!

In the name of the beloved and blessed presence of God who created you, in the name of my own beloved mother, holy Mary, in the name of life and light eternal, I do bless you, asking that you feel that resurrective power which I have brought, and that it be for you eternally sustained, all-powerfully active and ever-expanding so that any instant when you feel the requirement for more than the momentum you have already drawn forth of God's grace and peace! God bless you, beloved ones!

THE BRIDGE

TO FREEDOM

**A Monthly Journal Devoted to Individual Unfoldment, Contact with
the Great White Brotherhood and Cooperative World Service**

APRIL 1961

**THE ASCENSION TEMPLE
In the Etheric Realm, over Luxor, Egypt
The Ascended Master Retreat of the Month
April 15th, through May 14th, 1961**

Breathing statement: See list for year 1961, given in December,
1960 issue of Bridge to Freedom Journal

LEARN TO LOVE BELOVED SERAPIS BEY

Letter to the Flame Class of April 15th, 1961, by the Maha Chohan

Beloved of My Heart,

I love you! All of heaven loves you. We are so extremely grateful to you, each earnest and sincere chela, for desiring the ascension for yourselves, your loved ones, every living thing, and the dear Earth, herself.

We open wide the doors at Luxor, where you may witness the actual crystalline Ascension Flame, carried—with no small endeavor upon our parts—from Poseidonis to Luxor. Into this Ascension Flame has carefully been gathered and guarded every prayer, aspiration and hope of the evolutions of Earth, all ascending and creating constantly a wider “open door” through which you, too, will one day, in dignity, ascend.

I have provided for your specific instruction at Luxor, and in your personal orbits at home or wheresoever you are, gentlemen sponsors trained at Luxor, and who have the buoyancy and happiness known only at the time of the ascension. Meet me there!

Learn to love beloved Serapis as all of the Divine Beings do. Look upon the Ascension Flame and know your own prayers, hopes and aspirations are there as well as the joy of those who have achieved their victory in its upreaching surging tide of light eternal, toward HOME, the Father's home, wherein you shall have full freedom to act in a way of service predominantly that of your own free-will choice.

BLASTING CAUSED THE SINKING OF LEMURIA

An Address by Beloved Ascended Master Serapis Bey

Friends of this planet Earth! Friends of great light! Not so long ago you chose individually to apply to the Karmic Board for the opportunity to take embodiment and to seize the opportunity that earth-life would give you in order to weave for yourselves the immortal robe and the purified soul which would require no further contact with the Earth, and which would give to you the glory of the freedom from the wheel of re-embodiment.

At that time, I was responsible for sponsoring your lifestreams. Having carefully looked upon the momentums of light in your Causal Bodies, having considered your potential strength and weaknesses, having looked upon the pattern of Earth-life into which your lifestream would be woven, should you embody. I stood sponsor for you, individually and collectively, with a sincere, deep heart-call and prayer that when opportunity disguised in the folds of maya in the world of form should present to you, either through spoken word or written word, through chance meeting or prepared meeting, the way and means by which you could sublimate the energies belonging to your own lifestreams, and sublimate that portion of the planet's energies that you volunteered to set free, that you might accept and with dignity, dexterity and enthusiasm become a co-worker with the Spiritual Hierarchy while yet unascended. This you have done!

Cooperate With Joy – Not as a Duty

Beloved ones, people think lightly of that which they cannot see. YET THAT WHICH YOU CANNOT SEE IN THE PHYSICAL APPEARANCE WORLD FORMS OVER NINETY-FOUR PERCENT OF THE PRESSURES OF BOTH GOOD AND EVIL. Those of you who can joyously become part of that cleansing and purifying activity, those of you who can lend your energies willingly to it are blessed indeed!

Happy energy is beautiful! In happy energy you can accomplish in a much shorter time that which is done with great tension and too great a sanctimonious consciousness because that closes off the natural flow of life, and that which should be done as a joy, when done as a duty, is poorly done at best!

We are going to discuss the activities of INVOCATION. To do this I must take you back to the continent of Lemuria in order that you may understand and watch in your teaching of others, to keep individuals upon the constructive path in their application and in the instruction which will later reach the masses.

From the first creation of individualized consciousness, vibration increased. The great Godhead, the angels, the seraphic host, the cherubim, all powers of light that have a thinking and feeling center, were contributing vibration into the universe. Each individualized I AM Presence when it was given a thinking and feeling center and first realized “I AM,” increased the vibratory action of that great kingdom. That was in harmony. I might explain it thus: A man playing on the piano gives forth a certain vibration. You join a group together and have a symphony. You increase that vibration but it is still in perfect harmony. In the creation of the individualized Presence, of which each of you is an externalization, the vibration of the inner realms was increased. The responsibility for the quality of vibration rested within that individualization, just as the quality, harmony and beauty of the musical score rests within the individual who belongs to and is part of the symphony. That should be simple to see.

Passing Through the Seven Spheres

With individualization was given energy, with energy came the thought and feeling centers, and vibrations immediately began to flow out from that Presence. Free will allowed each individualization to use that energy according to its own design to add to the music of the spheres.

Thus embodiment took place for some time—a voluntary thing again. We have described that in detail, so I shall not repeat. As the individual Presences passed through the Seven Spheres, many, many chose to remain within each one of them, being attracted to the light of Lord Michael, to the lovely illumination of Jophiel, to the love of Chamuel, to the strength and purity of Gabriel, to the consecrated benediction of Raphael, to the ministration of Uriel, to the invocative powers of Zadkiel. They never took form in the physical appearance world. They

work through the Seven Spheres and form part of the host of heaven of which orthodox channels sing at the Holy Season, and they never tasted of light and shadow.

Some decided within themselves to take embodiment upon this Earth. That has also been described to you, and I shall not go into it except to the main points of the story to give you the understanding of the powers of application which I want to impress in your hearts and which you in turn as the shepherds of the race can impress into the hearts of others.

The First Golden Ages

The first Golden Ages were referred to as the Garden of Eden, and no lifestream used energy to create a discordant vibration—and the Earth was as harmonious as heaven. Each one was part of the great symphony, and each one was in complete obedience in the rhythmic radiation from his own Holy Christ Self and Presence—each one's inner bodies in perfect harmony. The fragrance of each one's own light was the natural aura and mantle of light around the form, the powers of precipitation giving the substance, the clothing, the food, everything that was required, because there was no vibration of disharmony. There was no static in the atmosphere and the angelic host, the Ascended Masters, the cherubim, the seraphim, the devas walked with mankind. There was not the haze which is caused when vibration is set into motion in discord and dissonance.

The first two ages completed their fourteen-thousand-year cycle, and Earth never knew discord at all. In the great crisis when the Earth council and the beings upon it decided among themselves that the people of Earth and the guardian spirits were strong enough to help to sublimate the dissonance and discord of certain planetary orphans, we come to the time when the vibratory action of the Earth changed.

The Laggards

You have some little idea of the powers of contagion in those souls you have spoken loosely of as laggards, who came from other systems. Who were they? They were CONSCIOUSNESS, just like yourselves—consciousness who had not maintained a vibratory action of perfect harmony, beauty, purity and perfection and therefore could not, or would not, accelerate the vibratory action of their inner vehicles to move forward with the planets to which they belonged.

It took a great deal of time and a great deal of thought before the guardians of the planet Earth offered this gift of mercy. The priests and priestesses of Lemuria were gathered together after the Cosmic Law made the decision, and for many, many years before the Lords of Karma would allow the first lifestreams through the gates of birth, the priests and priestesses within the temple, schooled in the powers of invocation and radiation under the mighty Zadkiel, made the call for the purification of the soul light of these lifestreams and for the amplification of the pressure of light from within the embodied mankind and the Earth people so that they could withstand the subtle suggestions of every kind.

The Priesthood Of Lemuria

The priesthood on Lemuria was a magnificent activity. These individuals, most of you among them, had learned how through the powers of magnetization to draw every blessing from the Sun and from every God-virtue to form a radiant sun through their temples and send that out into the atmosphere, qualified with whatever the priesthood itself had consecrated themselves to externalize. This priesthood, radiating and externalizing these pressures of light, increased the harmony, beauty and perfection of the Earth and made the atmosphere even more luminous, and the spiritual selves of men were more nourished by the reason of these foci. They were what you would call master of this “darsham,” which is merely, in Western parlance, the capacity of the soul to rise into contact with the Presence, draw the light from the Causal Body consciously back through the emotional, mental, etheric and physical bodies, and keep a positive radiation of some constructive quality, and master of all energy that is contacted by the individual. An individual who is the master of this activity of darsham is never subject to the vibratory actions of distress.

The Veil of Maya

These priests and priestesses, belonging to the House of Zadkiel, rendered this service, and the Earth was progressing very, very rapidly. The root races and the subraces completed their courses quickly in this outpouring of magnetized light. When the souls who had within themselves the germ of disintegration, the capacity through thought and feeling to create discord, when they took embodiment and reached enough maturity to control the consciousness, they began to let that out in thought and feeling, and it filled the invisible atmosphere. Some among mankind who had come into a false sense of security through the radia-

tion of the priests and priestesses, began to rely upon them, and they began to absorb through contagion some of the thoughtforms and feelings, and playing in secret with them, they too began to create them. Eventually, as a result of that, there was externalized much of distress, and the veil of maya began to cloud the light and the Great Ones were no longer visible to the masses but only to the priests.

Here you have the first great split in the priesthood and it is the reason for which I am bringing this to your attention. At the time when the priesthood began to realize that the masses were creating and sending forth those qualities of impurity and dissonance, there came a school of thought to the foreground that had agreed with reluctance to allowing the laggards from the other systems into our planetary scheme and who now felt justified in objecting to the pollution of the race by allowing them to remain.

Why it is Wrong to Blast

These beings were well schooled in the powers of invocation—and there you began those fiats and decrees that have come down to your present day—when they stood separated from the school that believed in sublimation and transmutation, and within the secret recesses of their own temples decided to BLAST THEM ALL FROM THE EARTH! What purpose would there be in blasting these lifestreams off the Earth into the discarnate realm, where they would have to stand before the Karmic Board and as soon as possible be placed back on the Earth? It was a rebellion against the decision of Cosmic Law. If the Law and the Powers of Light felt that the priesthood and the illumined COULD sublimate, and by radiation redeem those recalcitrant members, if the priesthood had remained ONE, the sinking of Lemuria WOULD NOT HAVE TAKEN PLACE! Think about that!

Beloved ones, it follows the same course—you take a wild animal, a hungry tiger and lock his retreat, and then you drive and drive and drive energy at him—what results? You are going to have a killer! DRIVING AND BINDING DISCORD BACK INTO THE SOUL IS NEVER THE WAY TO GOD. It is not the way of sublimation. That soul is sick in the first place, or otherwise it would not create the disharmony and discord, and that soul must be raised by constructive, purifying activities and redeemed. THAT IS THE LAW OF LIFE!

The Two Factions of the Priesthood

With the breaking of the priesthood into the two factions, the masses followed one or the other, and confusion ensued and the final release of the purifying powers of the water element became necessary. Those of you who participated on the side that thought you knew more than God, some of you have balanced that karma. When you draw great power, when you come to handle masses of people who are hysterical, you will find in the etheric bodies of some the consciousness that it is better to remove the physical form than to save the soul!

After Lemuria, then Atlantis and again the priesthood, the same individuals, for the priesthood has always been made up more or less of the few. On Atlantis, again there was great light—I was there—great beauty, great perfection, and hope for a permanent Golden Age through which every root race and subrace yet to come, would quickly find their way back home. And again the misuse of the powers of light, and again cataclysmic action. The flame that I carried to Egypt, burning there as the power of the ascension, that very flame brought Egypt to her greatest height, and yet within Egypt, no more corrupt priesthood has ever been!

The True Priesthood

Now in the name of great Zadkiel, the Archangel, in the name of the Ascension Flame, in the name of Saint Germain, Lord and King of the New Era of Freedom, I COMMAND by the power of light, that those who serve the cause of good, those who are the guardian spirits of light, those who are progressing in learning again the powers of invocation, may be CHARGED and CHARGED and CHARGED with a balance and wisdom of love that they sublimate and transmute all that they see, and that never again does Zadkiel's Legions train a group of unascended beings and find them split by the result of misunderstandings and etheric records of the past. This shall not be! UNITY, LOVE, WISDOM AND POWER are going together with ONE PURPOSE—to ascend life, to ascend life, to ascend life—through sublimation and transmutation into its own God-intent.

THIS IS THE TRUE PRIESTHOOD established under Alpha and Omega and followed by every avatar, saint and power through every system of worlds down on to this Earth! Let me remind you to remember my words! THE TRUE PRIESTHOOD WEARS ROBES OF LOVE! The TRUE PRIESTHOOD SUBLIMATES ERROR! THE TRUE PRIESTHOOD IN LOVE OF GOD, LOVES EVERY CHARGE PLACED IN ITS HANDS AND LOVES THAT GREAT LIGHT FREE!

IT IS EASY TO RISE INTO THE "UPPER CHAMBER"

An Address by Beloved Mother Mary

The Ashram

December 29, 1960

Hail thou, the anointed of the Lord, come into my presence as I come into your presence, and bring to you that anointing from the realms above, which is a sustained grace in, through and around your blessed lifestreams and becomes a part of the heart of Mary, alive forever within you! Will you join me permanently in that realm where the angels live and where we serve unceasingly in His name?

You Have Chosen Your Path

Beloved, from whatsoever star you have come, you are here for a purpose and that purpose is of your own choosing, even as my purpose ages ago was of my choosing. When the way seems difficult, temporarily, remember that even before you took embodiment, you chose the path you walk, and on that path, even as on my own, obstacles can be transmuted into light until you have victory in expression. On the glory of free will, children, the glory of taking upon yourself a physical vehicle and utilizing it according to the purpose of God upon this Earth, the glory of feeling that anointment which comes from above and abides in, through and around you constantly, as you are heaven's friends, and we are yours.

It has been, throughout the entire planet, a beautiful season in honor of the one, my son, beloved Jesus, and in the honor of all of you who are also my daughters and my sons. As more and more of that cosmic blessing seeps through the atoms, through your emotional, mental, etheric and physical worlds, it becomes a palpable living substance which lives in, through and around you and it can and should be utilized by you, each one, in the direction of your attention to the blessing of life less fortunate.

You Can Be Free From Limitation

Thus you gain in grace, you gain in individual mastery, and in honor in the heavenly court and you express more fully here on this Earth that immaculate concept which we have held for you since first you took a physical embodiment. Someone must hold that for you, hold it so powerfully, so lovingly and so constantly that no matter what the appearances may be, there is an anchorage within your beating hearts which tells you

truth and enables you through the sheaths of the many selves to know that truth as I did, as Jesus did, as others before us and after us know, until you are eternally free from limitation of fear and dread of any type of human appearance.

Beloved ones, when the angels come and walk and talk with men, when Lord Raphael desires to give the mighty power of healing which is his, when I desire, as I do, to again anoint your vehicles with the substance of myself—accept that.

Physical and Spiritual Ablutions

In the East, the anointing of the bodies, even before the ascension, was part of the ceremonial for both the men and the women who represented the temple guards of God's truth. In the West, so many of these delicate and subtle activities of spiritual significance have lost their meaning and must again be resuscitated as the flower is resuscitated in the spring, until the ceremony of preparation, the ceremony of enjoyment, the ceremony of acceptance, the ceremony of benediction, are all united as a glorious unified activity for you, the anointed of the Lord.

Early it was, you know, that I first entered the temple, bound by the promise of my own mother and father, and early it was that I learned within the temple the sanctity of the Holy of Holies. I never slept at night before I performed not only the physical but those spiritual ablutions wherein if I should be called to render a service, I could say and truly, rising from my bed, "Behold the handmaiden of the Lord."

So it is with you, you are now the consecrated servants of our Lord, the Lord who created me and who has created you to render service in this glorious era of change and transformation, exhilaration of the divinity in you into the glorious perfection which can be manifest through your blessed selves, as was manifest through that strong and powerful God Being, whom I guarded, guided and loved well during the short thirty-three years of his earth life, and whom I love even more since, and you, too, honor—beloved Jesus.

Temple Worship Must Come Again

Blessed ones, temple worship must come again. It comes with reverence. It comes with understanding hearts. It comes with a cognizance in the outer mind of what you are doing with the light and free will entrusted to you by the Father who made you, and by those of us who love

you more than we do the realms of perfection where Divine Beings dwell, remaining upon or at least on call from the children of Earth, and where everyone has freedom from distress, has faith through answered prayer, and is enabled to take upon himself that particular yoke of his own karmic creation and transmute it as valiantly, as powerfully and yet as humbly as did those who I had the privilege of associating with in Bethany, many of whom beloved Jesus brought to that focus when the Christian Dispensation was at its inception.

Teaching the Resurrection

Beloved ones, it is not the most easy thing to encompass, in real heart's love, peoples of every nation, creed, cult and race. For Jesus, born without taint of karma of his own, there was no question as to the development of any part of life as long as it was in distress, and he, in his great consciousness, knew it had to be resurrected into perfection, from a wounded bird, a broken flower, to a broken man, woman or child. That was the lesson which he gave to life. That was the lesson which he gave to me and endeavored to impart to his disciples and apostles, all seeking, unfortunately, personal acclamation instead of unification through understanding hearts.

I was grateful for those years in Bethany, after Jesus had ascended, to be a part of that unifying presence taking all the different strata of consciousness and unifying it so that it made a tremendous forcefield, radiating forth, which has carried the Christian Dispensation up to the present day. It is a great service to do that and to remain silent in the rendering of that service. It is a subtle test of consciousness when there is accomplishment, not to attempt to say or think or feel, "I did it." Yet you know that it is the power of almighty God vested in you, living through you, the anointed of the Lord, which can and will render such service and assistance as you may require at a moment, if invoked.

Perfection Through Invocation

When Jesus stood by Lazarus' tomb, if he had not invoked the power of Life Eternal and the great being, Serapis, and the great Maha Chohan, himself, as well, of course, as almighty God, before he spoke those words, that resuscitation would not have taken place. He remembered always to make that invocation silently or audibly when he was among friends, and then speak the word of authority and create perfection where imperfection existed. Yet, almost two thousand years have passed

since he walked this Earth, a man among men—straight, strong and beautiful, refusing to cognize imperfection. Many who walked with him then, are still bound round and accept imperfection for themselves and their loved ones and the planet, itself.

How to Rise into the “Upper Chamber”

Rise you into the Upper Chambers of the highest consciousness which you know is possible for you to in safety dwell and sustain a perfect image, not only for yourself, but for those whose vibratory actions seem oppressive or depressive to you. Then you will learn to enjoy that vibration and to sustain it in a state of listening grace for those from above who desire at any moment through you or whom you may desire to invoke, to bless life and set imprisoned life free from the vibratory action which is imperfect.

Beloved ones, it is so simple. It is just the readjusting of the atoms, the electrons which make up the atom, which create and sustain for uncountable ages, if you desire, the physical and inner vehicles.

Man Has Lived 1,000 Years

In many Golden Ages which have preceded this, peoples have lived a thousand years or more. Why? Because the vibratory action of every electron and every cell and atom of their beings was held in harmony with their own Presence and with those Divine Beings, the messengers of almighty God, and they chose in such activities to remain, and crossed the planet Earth from place to place in service divine, rendering the service of resuscitation through the power of love and light.

Now comes the anointed of the Lord, I, who have taught the elementals, I who have guarded the son of almighty God, I who guard and guide you. COME FORTH from that shell, each one, of human creation into the light of this day. There is light in the day—the light and love of Mary!

**HOW TO CALL FORTH
THE IMMACULATE CONCEPT IN OTHERS
An Easter Address Delivered by Beloved Ascended Master Jesus**

Beloved ones, gathered together in honor of a resurrection, one in which I participated through the help and kindly assistance of many Beings of Light, today I bring to you the feeling of my own resurrection, charging it with all the infinite combined gathered momentum of every being who has so experienced a resurrection from distress into perfection again! Even as that experience of mine has become well known to the peoples of the Earth through the efficacy of my followers, even so may I make that call now to the Universal First Cause that created and sustained me, that there may be in, through and around each and every one of your lifestreams those beautiful friends, ascended and embodied, to help you in the process of personal and individual, as well as planetary resurrection at this time.

The Earth and its Evolutions are in the Process of Resurrection

The planet Earth is quickening in its orbit as it swings around in the beautiful symphony of the spheres; the vibratory action of the very Earth, itself, and the water element and the air are quickened in action as we prepare the planet Earth for the forward movement which is to be forthcoming. Therefore, in like manner, all evolutions that use the Earth as a platform for their physical being—human beings, animal and bird creations—are being quickened too, in this process of the resurrection and life! It is a process that is not instantaneous in its activity but that does take place as from the very heart of Pelleur's kingdom that tremendous acceleration flows upward and upward and upward—and every cell and electron belonging to this universe to its very periphery is quickened by that pulsation from the heart of the Earth and then by the pulsation of the Ascended Master Realm which descends and anchors into the Christ Self of every human being.

The Christ is Alive in You

That which I have done and which has seemed so miraculous to some, shall become a common occurrence as the Christ stands forth through every man, through every woman and through every incoming child, that Christ nature which is dormant within the masses, stirred to life within my heart, brought to maturity to be an example to mankind—that Christ is alive in the world, in every beating heart. It is alive and responsive to my words and to my presence. It is alive and responsive to the Cosmic Christ directed through my lifestream for a specific service

and to this living Christ which is within every human being unascended and every human being who has not come yet into embodiment but who has not attained the victory of the ascension—to this living Christ within you do I speak:

“In the name and by the power of Jesus the Christ, come forth and manifest now! Be thou the full and only power acting through the forms which you inhabit! Transmute the soul into the substance of LIGHT, and allow divinity the courtesy of expression here in the physical appearance world, or in the inner realms wherever you abide!”

The reward of service and love is in seeing this planet emitting more light, seeing its peoples resuscitated, their spiritual natures express through their flesh and everything in, through and around the Earth giving forth the music and harmony of the spheres until the planet Earth takes her rightful place in our planetary system as a magnificent jewel of light as she was designed by Helios and Vesta, and as she was, in turn, blessed by the directors of the forces of the elements and all who have served throughout the many ages to sustain her.

Your Cooperation Needed

Today, beloved ones, all over the Earth people are honoring the Resurrection Spirit. They are honoring that Spirit of the Christ as manifested through my lifestream. Today, I ask you to direct that to and through them, the realization that what I have done, EVERY ONE of these blessed ones shall and will do, and they must make ready now in courtesy to their Lord to allow this externalization through them of their own divinity. I ask you in the name of love and of light to CHARGE into the feelings of the people the realization that WITHIN THEIR OWN LIFE is that same power by which I did resurrect a physical form and finally ascended in the presence of several hundred people.

Healing Yourself

Dearly beloved ones, as we have sent forth the Resurrection Flame from the Resurrection Temple, as you contemplated it, as you have breathed it in and felt its exhilaration, let this be a permanent part of your world, quickening you every time there is a tendency to return to habits of depression, exhaustion and depletion. Step right within the heart of that magnificent opalescent flame, right within the heart of my own Luminous Presence or that of beloved Mother Mary, and FEEL THE CHANGE of the quality of the energy in your feelings, in your minds or any member of your physical body—any organ or cell that for some reason has gotten out of alignment—and thus you can do by grace what is

so much harder to do by effort of will! When healing comes through grace, it is permanent and it is sustained. When it comes by the effort of the mental body alone—through will—as soon as that mental pressure is removed, unless the cause and core of distress has been dissolved, the condition appears again.

Accept now that there is a power right within your beating heart, and that power connects you with myself, with my mother, with your beloved Saint Germain, any one of the Ascended Host, the angels or the Archangels with whom you have an affinity, and the very moment you turn your attention toward them, silently or audibly, you are WITH THEM and THEY ARE WITH YOU.

An Immediate Answer

The INSTANT our names are breathed, the instant our image is thought upon, the instant any activity which it is our privilege to give, IS INVOKED, there we are rendering that service and assisting you. Come to that realization of ONENESS of the Celestial Realm with the human, the oneness of the Divine Beings with your own Christ Flame, and, entering deep within that inner Christ, feeling the fullness of its magnificent presence—you can have freedom, FREEDOM NOW, even as we are here to bathe you in the glory of the kingdom, the kingdom wherein dwells every being who has learned to govern his energy and to sustain harmony and not break the peace!

Beloved ones, that power is my power to give, it is your power to draw forth from your own Christ the power to see, to think, to accept, to call forth the immaculate concept from within every lifestream that you contact, and it will respond in an ever-expanding radiation of perfection through such a one if you can keep your human mind and senses from recording and accepting an individual personal concept rather than God's concept—which is perfection.

I know it is difficult when you wear garments of flesh and you see certain idiosyncrasies of the human nature to hold a concept of perfection for all the life with which you are surrounded when you try to do it through will, but if you will turn your attention to me, to the beloved Gabriel, beloved Mother Mary, any of those beings who are particularly concerned with holding the immaculate concept in the inner realms—we will help you to see your fellowman as God intended him to be. That does such a tremendous service for the Holy Christ Self of such a one and helps to anchor more and more into the feelings, the thoughts, the etheric consciousness and the very structure of the flesh, that divine pattern and plan which shall be externalized through that lifestream.

THE BRIDGE

TO FREEDOM

**A Monthly Journal Devoted to Individual Unfoldment, Contact with
the Great White Brotherhood and Cooperative World Service**

MAY 1961

**ETHERIC TEMPLE OF PURIFICATION
BY THE VIOLET FIRE OF MERCY
(Over the Island of Cuba)
The Ascended Master Retreat of the Month
May 15th through June 14th, 1961**

Breathing statement: See list for year 1961, given in December,
1960 issue of "Bridge to Freedom Journal"

**THE REALITY OF THE ASCENDED MASTER SPONSORS
Letter to the Flame Class of May 20, 1961**

Beloved of My Heart,

I am so grateful for your earnest desire to visit the glorious Temple of Lord Zadkiel, pulsating in the ethers over the Island of Cuba. This means that you are earnestly learning to re-acquire the power and powers of the Violet Transmuting Flame, to purify your own auras as well as that of all life using the Earth as a permanent or temporary home. I shall meet you there and together we shall look upon, absorb and then project that purifying radiance to all life everywhere (that is imprisoned).

Not only yourselves, those you love and all life require that purification of the substance which has wedged itself into the spaces between the electrons which form each atom, where the temporary impurity is lodged. The speed of the electrons throws off that substance into the Violet Transmuting Flame, for the benefaction of all life, everywhere.

Lord Zadkiel has provided gentlemen sponsors from his own temple to help you not only to visit him at his temple, but to utilize the knowledge which you once had (before the fall of man) in invoking the Violet Flame for the freedom of life.

These Ascended Master sponsors are real. Please feel their reality as well as our presence, for in that manner we can do so much more for you than otherwise. As I have said before, those earnest chelas, who accept the truth and use it, are blessed indeed.

Anticipating a glorious time with Zadkiel and his Ascended court, I am always so lovingly yours,

Maha Chohan

USE THE GIFTS OF THE VIOLET FIRE

Excerpts From an Address by Beloved Archangel Zadkiel

Now again we come to the new day when the Seventh Ray is magnificent in its outpouring to the Earth. We ask you to learn this power of transmutation of small things first, in the orbit of your own blessed and individual worlds. You have opportunity within every twenty-four-hour period of invoking the FULL POWER of that Violet Fire which is mercy and love, to blaze through any appearance where there seems to be temporary shadow, and you have the FULL POWER VESTED IN YOU BY GOD, your own I AM Presence, of seeing the change in energy, even though you speak not a word.

The power and activity of transmutation combines the Threefold Flame in your heart, the power to be a representative of the Ascended Master Saint Germain, the wisdom to use the instruction that has been given you and the love that desires to remove shadows wherever they may be. That love, beloved ones, truly does surpass the understanding of the human mind.

For a good many ages, mankind has endeavored through various processes to transmute their limitations, but they have only succeeded in pushing them back into the deeper recesses of the etheric, mental and emotional vehicles, and at the first opportunity they press forth again and are manifest in the world and experience of the same individual, embodiment after embodiment.

Now, beloved ones, you have the scepter and the power of authority to use this Violet Fire, and in the using of it to know that where there has been shadow, there can be light, where there is unhappiness there can be happiness, where there has been disease, there can become ease. THESE ARE GIFTS THAT ARE HELD WITHIN THE VIOLET FIRE WHICH WE REPRESENT! The great Elohim Arcturus and the mighty Diana, my beloved Amethyst, the Ascended Master Saint Germain and beloved Portia, are all giving to you our full power and confidence in the use of this

Violet Flame. No knowledge, beloved ones, written or read, unless it is utilized, can be of benefaction to an individual.

You have the power, because God, himself, in the glorious chalice in your heart has anchored it in you, you have wisdom because the Cosmic Law has repeatedly given to you these words of the Ascended Host of Light, and you have the love for God, or you would not be here, and you have love also for your fellowman to spread what may seem yet to you an invisible radiation of that Violet Fire and CHANGE the quality of energy. I challenge you on behalf of love to practice this and see wherein your own and others life is freed!

The life which flows from you through free will and attaches to any person, place, condition or thing on this Earth is a stream of electronic force, which moves so rapidly that the human eye cannot see it—but for the sake of clarification, we will say this, that we will slow down that life for a moment and when it reaches the ultimate in the point of your attention, then it draws back into your emotional, mental, etheric and physical vehicles, the actual substance of that on which your attention has rested.

Therefore, when your attention rests on imperfect conditions, on that which is not of God and his goodness, you are drawing—consciously or unconsciously, more and more of the substance upon which you dwell into your world. When your attention is upon the Ascended Host of Light, you are drawing (through your life energy which is pointed upward and through free will) back into your emotional, mental, etheric and physical vehicles the substance and energy of the Divine Beings in the form of emotional peace, mental alertness, etheric purity and physical stamina, which is so required in this hour and day.

IT IS REQUIRED THAT YOU BE IN 1961
A GREATER EXPRESSION OF DIVINITY
An Address by the Ascended Master El Morya

The Ashram

January 1, 1961

In the name of all that is good and holy, I greet you, chelas of my heart, with a feeling of gratitude that you are still in embodiment after the year of 1960, and that you are willing to enter into the year of 1961 under my supervision and constant persuasion. Please, in the name of almighty God, be seated!

Persuasion of the Gods may come and often does in a gentle manner through the promptings of the heart, but persuasion from my being

comes in that strong vibration of energy which does convince you PERMANENTLY that there is a God in the universe and a divine plan for this planet Earth and for her evolutions. AND IT IS TIME NOW THAT THIS PLAN BE FULFILLED!

Carrying Out Petitions

Visualizing and looking upon the replica of the planet Earth as created by Helios and Vesta before imperfection was imposed on it, at the Tetons, you all were amazed at its beauty and perfection. At inner levels again many took vows standing before the Karmic Board, beloved Portia as the spokeswoman. These vows are activities that should be fulfilled in a six-month period. Some have questioned why we have said on several occasions, “All petitions have been granted.” Let me make this clear to you now, once and for all, so that you understand that if a dispensation is granted it does not always manifest.

You can be granted a license to operate a business, but if you never raise your hand to do anything about it, your license runs out and your business is not manifest and expressed. Right! This is exactly the same thing in regard to the activities of the petitions presented to the Karmic Board. Although a petition is granted, whether to your own dear selves or one of the hierarchs of any Ascended Master Focus, that gives them, or you, or any group of people wheresoever they may be, opportunity and cooperation with other individuals, ascended and unascended—to follow through to victorious accomplishment on your cosmic license or to remain with the license in your hand and allow the precious energies to be dissipated before manifestation occurs.

The Expectations Of The Great Divine Director In 1961

We ARE THROUGH WITH THAT! I stand as one, as I did last evening (December 31, 1960), and as I do again today, before the Karmic Board on behalf of the Ascended Master Saint Germain, that there shall be a place upon this Earth during the year of 1961 for the incoming Seventh Root Race and its mighty Manu and Avatar. When you arise, what do you do? You prepare and dedicate yourselves for that coming—emotionally, mentally, etherically and physically. You prepare for that coming in yourself and wheresoever you find people who have interest of a spiritual nature, you join with them to make like preparation ahead of time. You know my nature—to accomplish in proper order, harmony, true, but without recalcitrance and without lethargy! You stand for a moment, true! If you were at Luxor, you would stand the entire time

during the instruction. All the time while you waited to present your petitions to the Karmic Board, you stood. Of course, it was a little easier to do so in your etheric garment—but we allow now the flesh form to be seated.

The Spirit Of 1961

Think you on this being, mighty as one of the Archangels, who represents the year of 1961. Needless to say, her garments are golden and her hair is golden. She has the power and tenacity of the First Ray, to assist each and every one of you to GOD-FULFILLMENT OF THAT HOLY WILL, MANIFESTING PERFECTION ON THIS EARTH AS IT WAS BEFORE THE LAGGARDS AND THE OTHER HUMAN CREATION in, through and around it brought imperfection. WHAT OF IT!

Some laggards did arrive upon the planet Earth. The peoples of Earth were trained in the power of transmutation of imperfection through the Violet Flame, so were the high priests and high priestesses. They worked a hundred years to prevent contamination to the Earth, and yet they allowed those from lesser stars to come in and contaminate the beauty and perfection of this entire planet. Why? Because after only one hundred years, they became tired of application! There is no such thing, beloved ones, of ceasing application until you have accomplishment.

Otherwise you magnetize and leave in the ethers for somebody else to draw forth that which you had begun to magnetize. Remember that when you have your manifestation here in the physical appearance world for the blessing of all life, you have to develop and sustain constancy and rhythm of love divine and POWER AND POSITIVE ENERGY to sustain your manifestation so it shall always continue to be a constant blessing to the human race, the elemental kingdom and the kingdom of imprisoned angels, as well.

Your Talisman For This Year

Your talisman given to you each year should be a radiating center of God's holy will (this year your talisman is from Peru), and no matter how much virtue flows forth from it, there should be constantly magnetized new virtue into it. What is such a talisman? It is an object which has been magnetized by invocation of God-virtues and which is now a part of your lifestream, anchored primarily within your heart, as well as upon your person.

However, you made a glorious showing last evening (December 31st, 1960). Your attire was to be admired in the extreme, and also was your presentation of petitions of merit to the Karmic Board which echoed up through the great Teton Mountains, to the members of the Karmic Board, in a strong and positive manner so that Helios and Vesta and other Sun Gods and Goddesses would know that there are awake on the planet Earth individuals who have a semblance of understanding that something should be done, and each one knows something different which should be done.

The Straightening Of The Axis Of The Earth

That which should be done is THE PREPARATION FOR THE STRAIGHTENING OF THE AXIS OF THIS EARTH! That which should be done is the utilization of the energies which we have invested in you until you manifest and express perfection in the outer, as you did in the glory of your inner vehicles last evening. Yet, so often there is drawn back into your inner vehicles that consciousness of limitation which you let go in our presence, and then which you again accept as you enter into the ordinary orbit of your worlds. THERE SHOULD BE NO ORDINARY ORBIT! Your worlds now are extraordinary in their orbit, BLAZING WITH THE FIRE WHICH YOU SHOW IN YOUR SUSTAINED ENTHUSIASM FOR SERVICE TO THE ASCENDED HOST OF LIGHT.

Lest you forget, I shall be constantly reminding you, you may have a permanent seat in my temple, but you shall also have permanently a place of honor in that flame room where you can breathe in the actuality of illumined faith in the goodness of God as expressed through his divine messengers—for one purpose, and one purpose alone—to bring the Kingdom of Heaven here on Earth! We have talked about this kingdom long enough, too long for my thinking. It would seem imperative that this kingdom be manifest, and NOW!

Certainly I have been active in all the nations of this Earth, where peoples rise against peoples, creeds and colors, argue amongst themselves as to the supremacy of each one!

There is only one supremacy, and that is the mastery over the energies of your outer self that in turn you shall be the master of the energies of others.

What Is Utopia?

This gentle being, our beloved Ascended Master Saint Germain, keeps on hoping for a UTOPIA to manifest through mankind. He spent centuries writing about it, and he spends every time he has opportunity

to speak to you explaining gently what that Utopia is. The very gentleness of his nature seems not to reach to the center of your being. A Utopia is a place, a strata of consciousness, if you wish to call it such, wherein there are no vibratory actions of discord, a place of sustained harmony, a place of sustained peace, of sustained unity, of sustained love AND SUSTAINED ACTION—RHYTHMICALLY—to manifest more and more and more perfection in, through and around yourselves and then directed forth in, through and around the peoples of Earth.

If you are going to accept this Utopia—LET IT BE TODAY! Let is not be when again we close the pages of the year (1961). Saint Germain is required again to explain what a Utopia should be upon the planet Earth. It means a place, a start of consciousness, wherein all men shall be equally vitalized and vibrating the quality of harmony AT ALL TIMES, UNDER ALL CIRCUMSTANCES, no matter what they shall be. THIS is the Utopia which beloved Sanat Kumara endeavored to bring to the Earth, which Lord Gautama is claiming for the Earth and which the Ascended Masters, like myself, who have foresworn Nirvana, are endeavoring to DRIVE into the outer consciousness of mankind, imprisoned angels and all elemental life, so that all can and will cooperate to bring that kingdom into manifestation RIGHT NOW.

Proving What You Affirm

Beloved ones, it is time now that you understand and through that understanding act constructively, manifesting that which you affirm! You can affirm for an age that you are God in action. I say to you, PROVE IT! The Karmic Board cognizing your light, does not look upon your personality, does not look upon the present or past accumulation of discord! It looks upon that light which you have already expanded. Then from the great reservoir held in store by Helios and Vesta, there is given to the Karmic Board enough energy to double your endeavors. That God-qualified energy in turn is released by Helios and Vesta to the Karmic Board, the Karmic Board gives the energy to the individuals who are desirous of these magnificent accomplishments, and then what happens?

Meeting Face to Face!

What happens when you have been energized and given your cosmic license to make this planet Earth and her peoples a more perfect place to live? If you do not so accomplish that service, to me you shall render an accounting! FACE TO FACE, in the full blazing power of the Flame of God's Will at Darjeeling or, if you are not interested in meeting me there—I SHALL FOLLOW YOU HERE! So we shall meet face to face

until you cognize and accept for yourselves and all of life some of that beloved prince's magnificence and manifest it in God's holy name!

Once sentimentally I wrote "The Last Rose of Summer." All right, that's gone! Now let's have our first rose of Spring—the spring of enthusiasm in your heart, which like a mighty fountain rises and is sustained until mankind are all cognizant that association with Divine Beings, understanding of their Law and manifest expression of it does bring greater harmony and capacity to serve the Ascended Host of Light and all imprisoned life.

We are, of course, beginning today (January 1, 1961) the Year of Illumination. The great God and Goddess Meru and beloved Nada, all, are desirous of giving the Illumination Flame to and through you and all imprisoned life. They are beautiful beings and their love and light is unparalleled but withal we, the beings on the First Ray, shall continue to emphasize the power of utilizing the God within you which enabled you to enter this activity and today TO ACT IN A CONSTRUCTIVE MANNER for the blessings of all imprisoned life. It is not enough to accept, it is required that you BE in 1961 a greater expression of divinity! Turbans off or turbans on, WE ARE DETERMINED BY THE POWER OF OUR LIVES to set you free and to set all life free!

Unceasing Application

What is the purpose of having to constantly re-create your mantle of light? You should be enabled to sustain its protection and ENERGIZE IT BY THE POWER OF HERCULES AND AMAZON and expand it daily. You should have a permanence of God-qualified energy about you after all these years, a permanence of radiation through which can flow at will the gifts and powers of the Sacred Fire! That Sacred Fire which has no limit and which, through you and others, can render miracles of which the human or outer self knows nothing. I SPEAK TO YOU EACH AND EVERY ONE AS I STOOD WITH YOU BEFORE THE KARMIC BOARD LAST EVENING and gave again the pledge of my energies to match your own, that I shall expect your energies NOW, one-pointed to set life free!

There is a lot of life on this planet, a lot of lovely beings on Excelsior, there is also that other planet created for those of you who wish to sleep on or move with the vibratory action of the present Earth people, BUT BY GOD those who remain on this Earth are going to vibrate like those beings who represent the Seventh Root Race and its Lord Manu, the Great Divine Director, and this Earth shall be returned to the beauty and perfection she had in the beginning. The laggards can go! Incidentally,

some laggards have proceeded marvelously on this planet, whereas some who came from other stars, have become so enamored of the laggards that they are below them in the process of evolution.

Who is a Laggard?

Now, who is a laggard? You will know. All you have to do is enter into the aura and atmosphere of such a one and if you have not a positive radiation of energy in, through and around you, what happens? Two laggards! Is that wise! IT SHALL NOT BE FOR THE CHELA IN WHOM THE ASCENDED HOST HAVE INVESTED SUCH ENERGIES AND SUCH POWER—THERE SHALL BE TWO ALERT GOD-FREE MEN AND WOMEN WHERE ONE PREVIOUSLY HAS BEEN! If one individual can through affinity of vibration draw another down, cannot one individual with affinity of vibration draw another UP? It is as simple as that!

As the spiral of life goes higher and higher, years matter not, so does the spiral of the entire planet and your lifestreams ascend to that peak where you are ready to either enter Nirvana or become like us—those who choose to serve on lesser stars.

Mercury shall go into the Sun (Helios and Vesta) by the energies and powers of our light. That means that your Earth horizontally will move closer to the orbit of Helios and Vesta. Think ye what that shall do to the vibratory action of the peoples, some of whom cannot stand the sight of the physical Sun, even veiled as it is by the gracious clouds of mercy which hide the Sun behind the Sun. One day, however, there shall be not such clouds of mercy. You shall stand like the Zarathustras and face the Sun God, the Sun Goddess, of your system, accepting their mighty power and then disseminating it in grace.

Our Initiation in Persia to Face the Sun God

One of our initiations in the early ages in Persia, was to render just such a service individually. Seven of us were chosen, in seven groups, making forty-nine aspirants. Seven of us were chosen at a time to ascend the forty-nine temple steps, then as we stood at the top step, the veil was rent, we had first to look into the physical Sun, see the orbit of Helios and Vesta and the SACRED FIRE which is around it, and then go through that Sun on the solar highway to the heart of Alpha and Omega without any by-pass and then return consciously, stepping down the vibratory action of our vehicles into the temple in Persia—THAT was before our ascension—and we were required to retain both sanity and balance,

humility and wisdom gained from knowing WHAT one day we, too, should be! Sun Gods and Sun Goddesses in our own being!

Of each group of seven, six could not look upon the light of Helios and Vesta. Of the forty-nine who took the initiation, only seven remained who had—through the grace of God tenacity of purpose and oneness of being—reached into the Presence and stood before Alpha and Omega, absorbed their light, power and efficacy, and returned to the Earth. Where think ye came the Chohans of the Rays?

Practicing What is Taught

Now, I am not asking you to go so far, for without tremendous assistance it would not be possible for you to return. We have not the time to seek for you in cosmic tides with so much solar activity going on connected with this galaxy alone. I am asking you to learn what you have been taught and to act upon what you have learned, and to be what you have said, and to become fitting representatives of the God of Freedom!

THE FESTIVITIES AND SERVICE OF THE MONTH OF MAY, 1961

May 1st, Saint Germain's Ascension and Coronation

SAINT GERMAIN speaks:

Today is MAY DAY, and that name means so much to me! When a child, that was the one day I had to be alone with my own mother. Much later, it was the day I took my leave of this sweet Earth, and it was on that day in 1954 I was crowned as king for the incoming Era of Freedom. May Day is a day of happiness! Do you think it is happenstance that your air corps uses "May Day" as their signal of distress? You have been taught "The Light of God never Fails!" When those men in the high blue sky are at a point of great distress and that word "May Day" goes forth, who answers? I DO! Now we come again to my vision of a world where there is no sin, no cause for sin, no result of sin, where there is no unhappiness, no need for tears, where there is no disease, no disintegration, no death, absolute liberty.

May 8th, Lord Gautama's Enlightenment

LORD GAUTAMA:

How can I speak to human minds of the type of service and endeavor which I have followed through so many ages! To hold that infinite Middle Way of balance, no matter what the senses report or the eyes shall witness or the ears shall hear, whatever revelation shall have come, to hold that balance and retain conscious control of your own vehicles, is the mastery which I did teach and do yet teach to those who choose to come within the compass of my aura. To hold that peace, no matter what the distress of the elements, to hold that peace no matter what the chaos of the outer world—that is the application of the aspirant and the chela of one who follows the way of the Buddha.

May 11th, Jesus' Ascension

JESUS :

Beloved and blessed ones who honor the ascension of my lifestream, I greet you again on the anniversary of that day, a day made possible not by my own personal endeavor, but by the endeavors and conscious cooperation of every Divine Being. That wonderful cooperation of all these beings, with that of the spiritual White Brotherhood and my own teacher Lord Maitreya, that ascension, which was the whole point of my ministry, should stand out in the Christian Dispensation as not only a possibility, but the actual goal and purpose of every lifestream upon this Earth, of every imprisoned angel and elemental. In the name of the Father, in the name of the Son, in the name of the Holy Spirit, I bless you, each one, upon your own "Hill of Bethany" toward a like victory, and when you gain that victory, you, too, even as I, shall send benediction to those following.

May 21st, Pentecost (Whitsuntide)

THE MAHA CHOHAN :

At the time of the ministry of the beloved Jesus, even the disciples were among the comforted while he remained with them. He was that great comforting presence to all the life privileged to stand within his presence and to touch the hem of his holy garments. But there came the time when the Divine Law, seeing that the growth of the disciples could not be effected until they themselves became the comforting presence, closed the mission of the Master Jesus and asked for the release of the Flame of the Holy Spirit, which on one Whitsuntide (Pentecost) changed

the disciples from the comforted into the comforting presence. This assisted them in performing miracles and marvels which they were not able to do even while within the magic power of the aura of their beloved friend. So again today, as your attention is upon that Whitsuntide, may I draw your consciousness deep within that living flame, that flame of inspiration which makes you become a comforting presence to life, a healing presence, a peace-giving presence, a power in the hands of the Spiritual Hierarchy which governs the world, through which they individually and collectively may hasten the fulfillment of God's plan.

May 30th, 11:38 p.m. EST (Full Moon), Wesak Festival

As beloved Lunara blazes her light rays in, through and around the planet Earth while the mighty Neptune in cooperation with Lunara, reaches the apex of his capacity at this hour to unite with Lunara and the emotional bodies of mankind, imprisoned angels and elemental life, who everywhere hold the cups of their consciousness high, Lord Gautama becomes the conscious union between these two great beings and their elemental kingdom, bringing light into the world.

THE LORD OF THE WORLD (Lord Gautama):

I give my benediction as Lord of the World, to every member of the spiritual Great White Brotherhood and every member who made the endeavor to be here in person or through projected consciousness, accelerating by the power of my light the centers of light in the heart, head and hand. I AM the light of the world, I AM the light of the world, and that light is permanently from me, anchored in you, as you are the light of the world, in my name, in the name of the Lord of the World.

**THE TEMPLE OF THE SACRED HEART ACTIVITY
(The entire Month of May every year)**

MOTHER MARY:

I have met you again and again when the Karmic Board ordained that you were to be given new opportunity for re-embodiment—and together, you and I, fashioned the sacred heart in which burns eternally that Immortal Threefold Flame of God around the substance purified as best as it can be by the Sacred Fire and by Kwan Yin's, Meta's, Nada's and my own endeavors. Then we have always sent an angel, and still do, to stand in the aura of the parents, and the great angel who cooperates with the builder of forms. Most important it is, that within your

hearts and the hearts of all who live on Earth now and in the future, the Threefold Flame of almighty God be allowed to expand through the living chalice of each one's heart, made out of the elemental substance by my own hands, to be the dwelling place for the Christ in you. I say to you now—LET THE CHRIST IN YOU EXPAND, LET THAT CHRIST IN YOU SERVE THE LORD GOD! LET THAT CHRIST THROUGH YOU MINISTER TO ALL THAT LIVES.

NOTE: Please read in the May 1960 issue of the Bridge Journal an address on The Consecration of Souls at the Sacred Heart Temple, by beloved Mother Mary.

MAKE THE OUTER MIND THE MIRROR OF THE DIVINE MIND **By the Ascended Master Kuthumi**

In spiritual study the “mirror of the mind” has been referred to on numerous occasions. The outer mind is a sensitive impressionable “plate” used as a “conductor” for the divine ideation released from God's perfect plan. It is the means by which the divine will is interpreted and then, according to the facilities of the interpreter, it is put into physical manifestation. The outer mind was never intended to be a generating center for independent thought processes, but really as the receiver of the impulses from the heart center of creation, which the individual then utilized to fulfill his or her part in the divine plan.

In the great scheme of things, there is only ONE MIND, not many, and this great perfect mind of God was intended to express itself through the many manifestations of the ONE, and the outer self was intended to be merely a conduit in the physical world to take the divine ideas and, through the uses of the substances of the four elements, mould them into form.

The Servant of the Divine Mind

Because of the nature of the outer mind working through the brain, it is constantly reflecting pictures of one sort or another, because that is its natural avenue of service to the lifestream. Having lost its focus, instead of the perfect pictures of the Divine Self, it reflects the conglomeration of thoughts and feelings and the written and spoken words of other outer minds who are likewise off focus! This conglomeration of “facts and fancies” form the intellectual accretion which in an individual is referred to as a “good mind” or a “brilliant intellect.” In reality it is but a trash heap for the effluvia of other ignorant, or sometimes illumined individuals.

Every person, some day, must come to realize that the outer mind is

the servant of the Divine Presence. You may take that mind just as you would focus a telescopic plate upon the truth, and there would flow into that outer consciousness a perfectly clear understanding of that which is and that which is to be. The original crystal gazers were fully conscious of this, and the crystal ball represents the clear mind in which the truth of the universe is revealed.

The brain is the instrument that the mind uses, but the mind itself is the instrument of the Spirit! When these three are one, you have a balanced union and an awakened adept. When these three act independently of each other, you have an off-center expression which, through outer interest and desire, is oftentimes working wholly independent of the divine plan and seldom or ever is in accord with it.

The Instrument of the Illumined Mind

The mind substance fits into the brain as a hand fits into a glove. It is etheric in composition. Pure ether is crystal in substance and the mind, to become fully alert to the impressions of divinity, must return to this crystal quality of substance. Therefore, to work eternally on the purification of the mind is to achieve great dexterity in transmitting the thoughts of divinity into expression. This crystal-clear etheric substance, which we call the outer mind, should be constantly at peace, with no thought of self-generating expression, but like the sea, reflecting the Sun. It should be constantly open to the divine plan of the universe and then—seeing and knowing that plan—the individual should go forth expressing it.

The “case” into which the mind is fitted is the physical brain. This is made up of the Earth substance, the elementals of the lower octaves and is likewise impinged with the atomic chaos of wrong living. Pure as alabaster, light as the sun, must the brain structure become, and then the illumined mind is a beautiful and strong instrument with which to work.

The substances taken into the body as food are most quickly felt by the physical atoms of the brain, and as soon as they reach the solar plexus, their effect is felt on the brain structure. That is why at Crotona I was so extremely careful of diet. To achieve dexterity of the intellect, alertness of body and illumination of the mind, the diet should be carefully prepared and adhered to!

THE BRIDGE

TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment, Contact with
the Great White Brotherhood and Cooperative World Service

JUNE 1961

LETTER FROM THE MAHA CHOCHAN TO THE TRANSMISSION FLAME CLASS OF JUNE 17TH, 1961

Beloved Ones Desiring to Precipitate World Peace,

I welcome you to the retreat, known to many, situated in the Rocky Mountains of Wyoming, U.S.A. Here, beloved Lanto, the predecessor of the present hierarch, Lord Confucius, shall again teach you the necessary fundamentals for precipitation of good to the people of Earth.

As you enter your petitions for presentation before the Karmic Board, I shall stand by your side to give you the fully-gathered momentum of my energies, which, coupled with your own, will render the service in dignity and love divine. Your sponsors are gentlemen of this focus, Ascended Beings who accompanied Lord Michael and the First Root Manu to this Earth. They know how beautiful the Earth was, when first drawn from the consciousness of Helios and Vesta by the Planetary Silent Watcher Immaculata, and then created by the seven Elohim and builders of form.

We shall have at the Rocky Mountain Retreat a duplicate of this original design for the sweet Earth and her peoples. Look upon it, and you will be filled with the fire of enthusiasm to help re-create in the Ascended Master Saint Germain's Golden Age, this IMMACULATE CONCEPT MANIFEST NOW. In learning to precipitate—in constant control of your emotional, mental, etheric and physical vehicles—you SHALL become an open door through which much of this perfection will be released.

My love and blessings be upon you always,

Maha Chohan

**THE IMPORTANCE OF SPIRITUAL FOCI ESTABLISHED AT
VARIOUS POINTS ON THE EARTH'S SURFACE**

By the Ascended Master Lanto

The focusing of tremendous currents of light into the atmosphere of the physical substance of the Earth is accomplished by the projection of the spiritual currents from the octaves of light, and the anchoring of those currents into the structure of the Earth by voluntary conductors among the world of men. At these points where the light rays are drawn and condensed, they become magnetic fields of spiritual influence which radiate force from every heart center rendering specific service in raising, transmuted and purifying the Earth and its inhabitants.

If you were to gaze upon the map at the Rocky Mountain Retreat upon which every ancient retreat and sanctuary is marked, you would find that the design is geometrically perfect, both as to the scale of miles between centers and occult symbolism. These great retreats that have been established for thousands of years are not only places of training for evolving mankind and places of storage for the wealth of the world, but living, breathing spiritual centers that act as fountains or vortices of force, to dissipate the evils of man's thinking, and raise the mass consciousness.

Wherever such a spiritual center has been established, or number of people have gathered together and drawn spiritual force, you will find the substance of the Earth has responded by large deposits of gold and precious jewels, for the forces of the elements are most grateful and responsive to this great outpouring of spiritual force. Such a retreat is the Rocky Mountain Retreat which we honor at this time, established for thousands of years as a center of spiritual radiance for the entire Western Hemisphere.

Under this new activity, the foci of light drawn by unascended beings as forcefields on the Earth, are as accurately distributed and render the same service in a cruder manner as the Spiritual Hierarchy render in the divine retreats. There is no such thing as a "happenstance" group, or an accidental gathering together of the students. Each conscious conductor of electronic energy from the Godhead and the particular Ascended Master whom each one represents at inner levels, becomes like a pipeline through which the greater spiritual forces are anchored in that locality. May the students become cognizant of their opportunity to BE "The Light of God that never fails" to all succeeding generations.

EXCERPT FROM THE ASCENDED MASTER CONFUCIUS

Long before my own ascension, I had read of Aladdin's lamp and the capacity to rub upon it and then to secure that which one desires. When I first found that the true lamp of precipitation was right here in the United States of America and that I had the opportunity to give it my love, my gratitude knew no bounds! Being of an Oriental background, my one desire was to give to the Precipitating Flame my love, tend the altar, bless it and just love it for itself. I never thought to ask for that Precipitating Flame to act through me to make me a precipitating power for good in my own world. My love was so deep for just the honor of loving it and guarding it. Then beloved Lanto taught me that I must BE the Precipitating Flame in action in the world of form, and I completed my course in the Orient and left those few humble sayings which are merely a part of the Law which I learned at Lanto's feet. The far greater part of that literature is yet held by Lord Himalaya.

I can say to you, beloved chelas, in loving it and adoring it and giving it your breath and your light, in turn you BECOME a precipitating presence of whatever God-virtue your own I AM Presence and Holy Christ Flame desires to express through you.

Come often to this retreat and stay as long as you desire, and know that you shall always be welcome not only during this particular thirty-day period, but throughout the entire year, to come into our presence and to love our flame, and to love all of those who have helped to sustain the Precipitation Flame to this day.

ADDRESS BY THE PLANETARY SILENT WATCHER BELOVED IMMACULATA (Tetons, July 1954)

I am the Planetary Silent Watcher, sent forth from the great Cosmic Silent Watcher, carrying the design for the Earth within my living, breathing being, and the Divine Presence of every lifestream sent forth by Helios and Vesta.

I am that being who has held within my bosom and consciousness and very life, the living, breathing presence of every guardian spirit who responded to the call of Helios and Vesta and chose to become part of the protection of the evolutions on this Earth. You are part of my body, part of the essence of my being—and your every breath, every pulsation that passes through the energy of your self-conscious being, passes through the energies of my body and my life. So truly, I know you well!

When Helios and Vesta chose to apply for the opportunity of creating a universe, they expanded out from their being, a great sphere of influence. The periphery of that sphere was the periphery of the universe, within which the planets, the stars and all belonging to that universe would abide.

In the fiat of “Let there be light,” they spun out of their very selves that universal substance from which the Elohim created the planets, and from whence has come into being all form. As each planet of the system was destined to be breathed forth from the heart of the Cosmic Silent Watcher, the Planetary Silent Watchers were sent forth. We, in turn, embodied just one planet, taking upon ourselves the responsibility of holding the immaculate concept for that planet—the rivers, the oceans, the mountains, the vast plains, and making available to the Elohim and builders of form that pattern which they then wove out of the universal light-body of Helios and Vesta.

The first activity of the Planetary Silent Watcher is to expand the Causal Body which becomes the cradle in which the planet will rest, and the seven great spheres are the bands of color of our Causal Body, into which the guardian spirits, the angels and devas come, creating the seven heavenly realms of consciousness for the evolutions that will evolve on each planet.

Out of the substance and energy of the colors of our Causal Bodies, are woven the temples, the very atmosphere of these inner spheres. Out of the substance of that body is woven the elements for your Earth! Out of the substance of the Causal Body of the Planetary Silent Watcher is woven the garments, the seven vehicles, which every lifestream wears. So do you see how truly ONE we are, and how the energy of your inner bodies and your flesh are a part of the living essence of my very being?

The Design And Purpose of Your Being

The design and purpose for your being as individuals, is to create through the primal essence of light entrusted to you, a duplication of the majestic perfection of your own Causal Body in this world of form. Your present auras, made up of the release of energy through your mental and feeling worlds, the etheric body and physical form, are not yet the proper conductors for the powers of your Causal Body, which you offered before the Karmic Board and to the Manu of the race to which you belong, as your gift of radiation in this physical world.

Each of you were chosen after you had passed through the Seven Inner Spheres, because you had gathered into your own Causal Body through free-will choice, certain momentums of peace, beauty, harmony, healing, and many gifts and powers that could be used to externalize the divine plan to bless the evolutions upon the Earth at any given time.

Learning To Become Still

It is the requirement that some means be devised by which you first may become STILL and in enough command of the energies of your own world to silence the violent pulsations in your aura, and then to consciously create through your mental body an accurate vehicle of reception to the divine ideas of your Presence.

Your emotional world must become your servant and not your master. You must allow the presence of God within you enough control so that when you say, "Peace be still," the energies of your emotional body become the grail through which the gifts of the Causal Body may be conducted into the worlds of those in distress, bringing harmony, healing, illumination or peace, or whatever the requirement of the hour may be.

The great sea of energy concentrated in the etheric body, must be purified so that you, abiding within that sacred presence of God within the heart, may no longer accept the many voices, the etheric rumblings of the centuries past, the half-truths and concepts and pressures that would exalt the outer self. That etheric body must be purified of all such nefarious endeavors that would lead the lifestream astray from the path of humility. Then can be revived and sent forth at your command, the divine memory, with all the magnificent powers and accomplishments that you wielded as guardian spirits on your own suns and stars, the memories of your inner activities in the Seven Spheres, and the remembrance of your contact with your Master while your body sleeps at night.

Only he who has learned the WAY OF THE SILENCE, only he who has learned the mastery of the energy which flows in such magnificent opulence from the heart of the First Cause into these vehicles of yours, only he becomes the conductor of the gifts of God into the world of man! Energy is the conductor! Energy and vibration, which is life, is that which carries either peace, love and perfection, or discord and disharmony into the world of form!

You, who have professed a deep devotion to God, who have come to a feeling of reverence before life itself, and a feeling of humility in the use of life, have come far! You, who have started each day in the great

surrender of self, and kneeling before your Source asked what purpose and design your God would choose to manifest through you each day—you are upon the path, and sooner or later, according to your capacity to relinquish the control of your energies to the presence of God that is waiting, shall you know your reason for being, and the magnificent light from your Presence surging through the sea of your feeling world, transform conditions instantly, BRINGING HARMONY, HEALING, MASTERY AND COMFORT to the universe!

The use of life, the purpose for which you were created and have been sustained for millions of years, becomes the prime quest of the individual consciousness who is sincere! The use of the gifts and talents, the use of the momentums you have gained, the use of the substance loaned to you—these all should be the quest of your conscious self. Then the intellect no longer directs but the presence of God which has magnetized that life and sustained it that you might have self-conscious intelligence, and give it now the courtesy and honor of using that life to widen the borders of the kingdom!

The Use of Speech

How much of that life has passed through your lips in dissipation, in gossip, in unkindness that has done harm to others? The word, the use of speech, was given to each self-conscious being to create a cup, to invoke elemental life to fill it with feeling and to manifest a thing of beauty that has reason to exist forever! The power of speech, the lips themselves, are only to create that which is in accord with the harmony and beauty of life, and many a man that is dumb today, suffers for the prolific use of life through careless and unkind words!

How many words you speak each day would you care to see condensed in your aura so that every man that looked upon you could gaze upon them? How many words that you speak would you wish to have immortalized as a part of the heritage of your life with your name written across it? Yet this psychic and astral realm is filled with forms created by such words!

The tongue used as the lash, the tongue used as the instrument of self-righteous indignation! The tongue used to plant cores of poison that grow a harvest in another consciousness and mind that would be totally unaware of such imperfection did not the contributing factor of the energies of your own lips and tongue choose to conduct what you felt into the world of another. Speech, the use of the energy of life in the creation of form, will only be understood when the Law allows us to material-

ize before you, words which slip so carelessly from your lips!

Every word that a Master speaks, every word that passes from their lips, becomes an angelic being, ensouled immediately by conscious life in winged form, adding to the great legions of angels and elementals, clothed in garments of light, moving everywhere through the universal. Can as much be said of man!

I am the heart of the Silence, and you who enjoy the blending of your energies in magnificent decrees, you will see manifestations when you precede your application by entering the throne room of your own being, standing before the presence of your living God, becoming one with it, then in the center of that being, using the breath of life charged with the consciousness of the God-Self and directing those energies in that balance—manifestations will occur!

Give What You Receive

You have your extremes, those lifestreams who enjoy the peace of the silence and the comfort of drawing the power and activities of the Causal Body but who do not remember the rhythm of life—that which you receive must be given because it is only in the rhythm of the drawing, the assimilation and the expansion of the energies that the spirit grows. Then you have the extremes of the beloved lifestreams whose energies and vital fire are interested primarily in giving, and who rush with all the powers that they have gathered in the inner bodies, into the application, forgetting first the stillness and the receiving!

It is to draw these two extremes together that we come—that you may learn that even the Master, even myself as the Planetary Silent Watcher, first anchor in the presence of God and draw the energy, then expand it in service! Those who have drawn knowledge all through the ages, the great priesthood and individuals whose mental bodies have become a magnet and have drawn mighty momentums of knowledge and then through greed contracted that knowledge and held it within themselves, holding the peoples through fear and superstition, those have suffered because they have not manifested the rhythm of life! Knowledge received and NOT USED had better never been invoked and drawn into the consciousness!

Those who have drawn healing powers through the ages, who have become master of the power of the Sacred Fire, and who have commercialized those healing powers for the sustaining of self and not expanded them freely as the gift of life, they have not learned the mastery of that rhythm!

Those whose energies through the ages have been engaged in drawing substance, creating form, accumulating great wealth and who hold that within themselves for the blessing and satisfaction of self, know not the rhythm of giving, and sometime, somewhere must meet that balance!

You have used the magnetic power of life, itself and have invoked faith, knowledge, power or substance and life has been given to you qualified according to that upon which your attention rested, in order to do one thing only—expand the borders of the kingdom!

Those of you who in your Causal Body have these mighty storehouses that await externalization through your calm feeling world, those of you shall render an accounting if the energies of your world are not stilled enough that you may conduct them now, for it is the hour of crisis, it is the hour when mankind must have the assistance of conscious conductors, and YOU have chosen to be those conductors!

Why do I live? Only that you might have being in my Causal Body, only that all of elemental life, human life and angelic life might have a ladder of evolution through the Seven Spheres. When you live for like reason, you will know peace!

Evolution of a Silent Watcher

Briefly, I would like to say that the evolution which ultimately results in opportunity to become a Silent Watcher, starts with the tiny elemental who is trained in the nature kingdom under the direction of the beloved Mary, holy mother of beloved Jesus. In these magnificent kingdoms, tiny elementals are trained to embody a form under the supervision of builders of form. They gather together and the builder of form creates out of his own light body a beautiful flower or some design which is the lesson of the day. All the little elementals whose nature it is (like your own etheric bodies) to mirror that which they look upon, immediately take on the form of the flower. This is simple, but when the builder of form has transferred the form of the flower to the elementals, he relinquishes the form and assumes his own form as teacher.

Then the elemental is required to concentrate upon holding the pattern which is the lesson of the day. Many of them as soon as the builder of form returns into his magnificent robes, immediately turn into little builders of form themselves and mirror instantly any change in the teacher.

They are patiently trained, and this goes on age after age until they are able to retain the form which the builder of form gives them inde-

pendently, and they stay as an apple blossom or a lovely peach, or whatever it may be, for the duration of the class. When they become such masters, tiny little beings, mind, they are ready to go forth and try to become part of Amaryllis' great court and bring beauty into the world of form. This is how the Silent Watcher's training begins.

Then they come and create, in some beautiful garden under a nature deva, a rose, pansy, a beautiful lily. They graduate up the ladder of evolution and become, perhaps, a nature deva of a garden. Then they are assigned, perhaps, to a Silent Watcher of a great hospital, drawing healing currents into themselves and projecting them down in the radiation which is the blessing to the people.

They graduate into greater service and become devas like the beloved Columbia, and those beings who watch over an entire nation. They may become great racial devas, watching over the beautiful races evolving, all holding the power of concentration, going up the ladder, holding the divine pattern of the highest for their nation, their race or country.

From among all of these one is chosen to work with the beloved Maha Chohan and learn to draw those magnificent currents which govern all nature and they come to a point where they may apply for positions as the Elohim, the great builders of form of planets, and from the Elohim, the Silent Watchers are chosen.

It is a long time since I embodied a flower and yet I remember it well. I remember those early days when it was such a temptation to flit from thoughtform to thoughtform, and I said, "Perhaps I may help!" And that is why I am here, for we are all servants, servants of the Law, and servants of all your life!

I give to you my peace, my love and I hold for you the immaculate concept, your own divine God-Image. I have not relinquished that for one instant, for if I had relinquished for an instant the image and trust of your God-design, given to me by the beloved Helios and Vesta, who would you cease to be in this particular universe! Think how long I have held for you the pattern which I ask you now, to hold for yourselves and each other!

**YOU ARE AGAIN CALLED TO SEEK THE
HOLY GRAIL OF THE UPLIFTED CONSCIOUSNESS
By El Morya, March 26th, 1961**

Beloved, I come again into your presence to bring to you the blessings which are representative of the Spiritual Hierarchy who, you of your own free will, have chosen to serve and serve well. I bring to you the blessings of our beloved Jesus, his blessed mother, and the great beloved Ascended Master Saint Germain, as well. May they be a benediction of lasting import in that consciousness which you have developed and accelerated to a point where at least you know I am within this universe!

It is very comforting to know that one is accepted as being a part of a planetary scheme when such a one involved himself considerably into the lifestreams of ascended and unascended beings belonging to its evolutions. It is more comforting yet to be loved by those who through the necessity of the disciplines of the First Ray, have accepted those disciplines as opportunity and in that opportunity have expanded as you have. That eternal light, which is burnished with the hands of the Gods until it shines like gold through the effluvia of human creation and brings light which is eternally sustained into the atmosphere of the Earth—that light which is within you is truly the essence of Deity expanded—Deity, which we can, through you, magnetize and express for the blessings of a recalcitrant race which has relied wholly upon Jesus, whom we love for his service and victory and who desires for you as we do, that you be the light of the world!

Once, long years ago, I had a vision, and in that vision I sought to make the great court with men in shining armor like unto the angelic host of Lord Michael, himself, the ladies fair and full of grace, wearing the gentle folds of the veil similar to that of Mary (mother of Jesus). I brought that vision to fulfillment at a place called, and remembered by me and those of you who were present at Camelot!

At Camelot we drew a table, whereat should sit the Knights of Camelot. There the beloved Ascended Master Saint Germain, as Merlin, gave the protection to those who had purity of purpose. There in a remembrance that around the Glastonbury area was buried the very grail from whence the Last Supper was served from the hands of Jesus, I re-designed in the minds and consciousness of my knights and ladies fair, a GRAIL made up of the pure essence of divinity. This grail to them became a tangible object and they forgot that the true grail would be their

own magnificent physical vehicles—temples of the Most High Living God—and that the grail which was to be sought and found by the persevering few, was but the symbol of a grail of grace.

At our great table there remained one seat unfulfilled, for it was foretold that there should come to Camelot a lad so pure, so unconscious of the ways of man, that he should be able to sit on the Seat Perilous and in his time witness the grail, itself, and become that grail. One day came the Holy Spirit, and in a magnificent sweep of flame there stood in our midst whilst we were gathered around our table, the Spirit of God and the presence of a simple lad! Without armor and any of the be-deckments of the era in which we lived, he easily came and sat in the Seat Perilous. Among those gathered there was much whispering and (unseen) jealousy. They smiled one to another thinking of their own strong armor of steel, spears, bows, arrows, and they thought looking at this Galahad—”Hah, he shall not even leave Camelot!” Yet there came a day when even Lancelot fell before Galahad’s own sword. There came a day when there was retrieved the grail brought by Joseph of Arimathea and Mary to Glastonbury. That day, the service of Camelot was finished.

Now again you come to feast! Again you are called to arms, but in your call to arms today, your armor is of light, your spirits are illumined, and you know that which you seek and have already found is THAT GRAIL OF THE UPLIFTED CONSCIOUSNESS, that Holy Grail from whence all who are athirst may drink and none know hunger—spiritually, emotionally, mentally, etherically, or physically—for whosoever drinks of that cup and partakes of that virtue, as you in mercy hold it forth, shall in turn become imbued with the Spirit of the Holy Christ and not one drop shall be missing, for in giving, you shall receive until that grail, which is the expanded Christus within you, is so large that all may take of the virtues therein and never once shall you miss an ounce of that virtue.

So Arthur ruled in Camelot, and Arthur rued at Camelot, so have I held that grail within my consciousness and have it emblazoned upon the doors of my home at Darjeeling, and in my heart! So I give to you today, THE GRAIL OF CAMELOT!

APPENDIX

Geraldine Innocente, the beloved messenger of the Bridge to Freedom, gained her ascension on June 21, 1961. Words will never be enough to express our gratitude for her unselfish service to the Great White Brotherhood and to mankind. The following dictations, given through Geraldine, were published after her ascension.

HOW TO CONDUCT AND ATTEND A CLASS

By Saint Germain

You Must Give Back What You Receive

A group director comes into this activity, or any activity of the Ascended Masters, for one of many reasons. The motive which has prompted such a step will determine, to a large extent, the efficacy of the endeavor, the permanence of his work and his usefulness to us. I speak to you as I would if we sat before a fire in lovely lounging chairs, one to another, for I have no opportunity to speak privately to you except in this way. I speak not in a mandatory or arbitrary manner, but in a manner to convey to you something of the knowledge of the Law, which you, in turn, I hope, will convey to others. It is not enough to be an absorber, it is not enough to relax in the radiation—you must give back what you receive, in order to receive greater light and greater life.

The Group Director and the Orchestra Leader

A group director, in order to be in perfect balance, might be likened to the director of a symphony orchestra. He has, within his consciousness, a magnificent piece or composition which he desires his orchestra to play. He has a great number of varied talents before him. He tries to choose the best, but there is always a limit to the best of any man. He has a to handle many personalities and all of these he must join together in a harmonious way. If the director's motive is prompted by a desire to express vanity, to express a power complex, to express any human sense of self-aggrandizement, such a one will sooner or later fall by the wayside. There is only one type of director and leader who will last—and that is one who makes his vow to God, and his service to all life! Go alone and examine your hearts and find out why you are at this place on the path.

Now this symphony orchestra leader, if he is oblivious to his orchestra and too intent on his theme of music, is going to miss a great deal! The violins are liable to get ahead, the wind instruments behind, and chaos will ensue. If he is so interested in watching the individuals in his

orchestra to see if they are wearied by the constant moving of the bow in playing the violin, or if he forgets the theme, or the feeling of the master composer, he will still have chaos. If he is interested only in the what an imposing figure he makes, and if he thinks nothing of the composition nor the orchestra, he will not last long. In one case you have the one-pointed individual concentrating only on service, and in the other you have the individual concentrating entirely on the group.

There is a Master Present in the Group

If you had inner sight, you would know that there is a Master or an angel present in the group, and you would see what is coming out of the energy of your group and thus understand better how to proceed to get something we can use. You would avoid the colors of resentment, rebellion, exhaustion, depletion, and what is worse, the pictures that rise in the atmosphere from the soul who comes in with the fire of enthusiasm and goes out with the fire of a different color!

The average person today, who is interested in the Ascended Masters, has obligations besides the obligation to the group. The average student has an unyielding load to carry—his own karma, the obligation of making a living, his love of the Light. I could go on indefinitely. He brings that all in with him to the class. Some day in the new temples, we will separate the chairs a little distance, because one's aura extends considerable distance in even the most lethargic person, and that aura carries a lot! It carries the cares that beset the day, the worries of the mind and heart, the family affairs, the annoyances, resentments, confusions and depression. Such auras are found in even in the best of students. Remember, anyone who comes, at least makes the effort to come to a place where the Masters are endeavoring to promote the work.

The Right Preparation

It has been suggested that people prepare for the group BEFORE they leave home, not only in physical cleanliness, but in mental peace, emotional stability and etheric purity. And may I say here, that many an ascetic man who obeyed the law of abstinence, who mortified the body and died in a hair shirt, but who did NOT perform the mortification of the feelings and mental body, has not risen as high as one more lax in fleshly things but more strict in the sublimation of the soul (etheric consciousness)!

Think it through! In the first place, you don't take your physical body with you, you take your soul. Many a man in a monastery, many a woman in a convent, performing certain abstinences and mortifications of the

physical body, filled with bitterness, spiritual pride and arrogance of the soul, when that body is laid down in death, the soul, which was all that was left to go before the karmic Board is worse a soul than if they had lived a jolly life and gone home in a soul in which there was some semblance of tolerance and peace! There is a balance, in the Law. Moral and ethical obedience to the fleshly law of right living are good, and are to be commended IF they make faith in the soul, endurance in the consciousness, and purity in the nature, but if they build up frustrations and cause scars on the soul. It would be better they had never been done!

Blaze The Violet Fire Through Yourself

We start with the purification of the individual auras, trying to get out the coffee pots, the dollar signs, the desk drawers that overflow, the typewriters, the angry bosses, the disgruntled husbands and wives, bills, people—it sounds funny, but if you do not use the Violet Fire, that is what we have to work with! USE THAT VIOLET FIRE! Blaze it through yourself first, for you know you have coffee pots and tea pots and bills in your world, most of you—tight shoes and various other things. You know those are forms, very, very powerful forms!

When you touch the energy of the sanctuary or room, then get the Violet Fire going to purify it as best you can in a happy, joyous radiation. Let us not concentrate on these pictures. I want you to concentrate on the Light, but I want you to know what you are dealing with. When you come in and stand before a seeming stone wall, which sometimes is the case, it is just a solidification of people's auras and their troubles. They can't help it—they are smothered. If it were not for God, Lord Michael and the Powers of Light, there wouldn't even be a spark! I am amazed, myself, that mankind even makes the endeavor to try and understand the Law.

The leader in the ray, on the platform, has more energy, more power, more enthusiasm, more endurance than his group, which is a point that is well worth pondering! Therefore, you will "outrun" them every time! You have made your application, so you can never expect your group to be quite that which you have developed, any more than I would expect you to be the consciousness that I am. SPECIALIZE YOUR ACTIVITY! Specialize on something that needs doing! When you purify the elementals, if you could see the billions that go purified and free, you would realize something of the opportunity that is yours.

Specialize if you can on something, on some great Master, some great current need, or on that which your group is particularly interested

in. THEN REMEMBER, THE MIND OR OUTER CONSCIOUSNESS OF THE AVERAGE MAN CANNOT STAY WITH ANY ONE THING EVEN FIVE MINUTES. CHANGE YOUR ACTIVITY AT LEAST EVERY FIFTEEN MINUTES IN YOUR AVERAGE GROUP. LET THEM PARTICIPATE, LET THEM USE THEIR PHYSICAL BODIES FOR A TIME, THEN LET THEM REST AND USE THE MIND, THEN LET THEM USE THE FEELINGS. You are supposed to be doing what the body elemental does for your baby form—getting all of the body used, through activity of the muscles. Suppose the body elemental used only one hand and left the other atrophied, you would have a cripple. The body elemental has the infant stretch, cry and kick and all of the body muscles are developed equally.

Balanced Activity Required

AS A DIRECTOR, YOU ARE RESPONSIBLE FOR THE PHYSICAL, EMOTIONAL, ETHERIC AND MENTAL DEVELOPMENT OF YOUR PEOPLE. You will be interested in one facet of that endeavor more than another because you represent a particular ray—you will be enthusiastic on that and rather inclined to let the others go by, which of course is a mistake.

Balanced activity in service brings freedom! If you keep your people too long on a visualization, their minds will go back to those conditions which they brought in from the street. The mind is heavy. It is better to have one good point put into fertile soil and nourished by the decree pattern and your songs, than a thousand points which leave a person weary so that the consciousness tries to escape the concentration, and the person goes back into his own aura and beings to remember his own affairs.

The Length of the Class

This is very important! You take a group of people and blaze the flame through them and you charge your specialized activities, and if you are wise you will have them cooperate by telling them what you are going to do so you can hold the pattern. Then give them something to take home—some definite pattern to take home which will benefit them and their world. Don't let them go back into that shell! To the average man, an hour's work is considered a great spiritual achievement, two hour's work is considered super, so for the average man I would not attempt to hold the class more than two hours at the very most. What happens if you do, is that the vitality of your class work is an anti-climax and it slumps into a lethargy and the individual goes back into his cocoon and begins to think in his own world. He hopes the class will soon be over and becomes body conscious and emits the most terrific color of vermilion red, and then the leader has that to handle. Many a good man or

woman who has taken the obligation of handling the karma of the group, has, within his own body the resentment of all the work he had hoped to do!

The Group is a Reflection of the Director

This Law is so practical. You have to get the ultimate out of your group, and you never will if you are not convinced yourself, if you are not enthusiastic, if you are not POSITIVE, if you are not desirous of giving your best. When you HAVE gotten the ultimate, THEN CLOSE ON THE HIGH NOTE like we do! Let the people take the light home. Remember, your group will be a reflection of yourself! If you are fiery and positive and filled with faith, courage and power, your group will reflect that. So, take a good look at yourself in the privacy of your own room and say, “Do I dare to duplicate myself in the souls of trusting men?” If not, there is the power of Holy Amethyst and therefore, no reason for depression or despair. The power of the Violet Fire will make of you something that mankind wants to duplicate.

I spent a great deal of time in Italy and in France. I used to watch the man press the grape until its essence came forth, and that essence became for them valued wine—but the pulp was thrown aside! Let us not be like that! Every individual from whom we get an ounce of energy, a portion of the substance of the physical world, let us not be like those men and women and take the essence and throw the pulp aside, but LET US LOVE THAT LIFE that gives us of itself! Let us be the loving brotherhood of angels, elementals and men! This is my word to you, whom I have loved enough to speak to as an equal, not as Master to pupil!

The Greatest Word In Any Language

I love you, love you enough to show you ways and means of greater efficacy in your service. A friend is one who comes, and if solicited will offer what wisdom, what strength, what physical substance, what emotional light he has in behalf of his fellowman. That is what I do! The greatest word in all the English language, or of Sanskrit, or of any language over the face of the Earth is “FRIEND”! Yet it is taken too lightly. I AM YOUR FRIEND OF FREEDOM, and you are mine, and together we shall make of this Earth a freedom star!

DIVINE LOVE, THE CEMENT OF THE UNIVERSE

By Lady Master Nada

Beloved ones, divine love is the most powerful activity in this universe, for it is the cohesive power which holds every electron in every atom that makes up every form—divine or human—and that cohesive power in the heart of the atom is divine love, whether it is in a human being, an Ascended Being, a solar system, a galaxy, or whatever it may be.

This power of love divine which the Ascended Masters wield, is the most mechanically accurate activity of the use of the Sacred Fire in holding together units, whether they are individuals whom you desire to assist in drawing forth blessings for mankind, whether they are the affairs of your household, the affairs of an entire nation or the planet, itself. This activity of drawing the cohesive power of pure divine love from our hearts into the very center of whatsoever unit you wish to hold a harmonized focus, will give you practical proof of our presence in this universe and our willingness to assist you at all times.

Some individuals seem to find it hard to love impersonally. If that is your feeling, then invite one of us who are the fully-gathered cosmic momentum of that love to direct it into the flame in your heart, and let us love through you, and love that life free.

In an Ascended Master retreat, individuals are prepared for the subtle as well as apparent tests and there is always an Ascended Master, Guru or guide by their side. You, who are receiving your tests, subtle and apparent, in groups, in your homes, and in the world at large, often forget THAT EVERY EXPERIENCE THAT YOU HAVE IS AN OPPORTUNITY IN DISGUISE, TO UTILIZE THE POWER THAT IS LEAST EVIDENT IN YOUR LIFESTREAM, and to magnetize through the call to the beings on the ray which is most necessary and to draw that flame and quality into yourself and the condition.

I want to emphasize first that love, real love and not sympathy (which is negative and draws you into the distress), is the power that holds the universe together. It is the power that Magnus and Polaris use to keep the axis of the Earth in its motion as it straightens. It is the power of divine love held by the Cosmic Rod in the keeping of Lord Gautama and Lord Maitreya, that holds the ten billion souls in the orbit of the Earth, and the three and a half billion souls on the Earth by what science calls the law of gravity. Otherwise people would be flying off into outer space.

The love of man for man is not as much as the love of God for man! The love of the Father-Mother God for you has been the constant pull that has kept your spines erect, that has kept mankind from becoming like the supine four-footed creatures that have to walk yet on four feet. What is that power? It is the magnetic power of divine love from the Godhead which, polarized through yourself, has kept your spine erect even though sometimes the weight of human creation does bend it a bit. If someone loved you enough to give you an erect body and a straight spine and the capacity to speak and think and feel, can you not love those who yet are forced by human creation to walk on four feet, or eight feet, or twelve, as it may be, and transmute that human creation through the use of the Violet Fire, until they stand erect in their respective kingdoms—beautiful and perfect as they were when the Earth was first created and when the beings of nature designed them, with no imperfect or distorted form?

Love begins in the center and externalizes outward, as does every lasting virtue, not from the outside, entering in. That which is to last and endure, even to the substance of your Earth, starts from within out. That is why the God who made you created the Holy Christ Flame within you, so you could have a good center and as that expands and expands, you become the fullness of it right here on Earth.

The precipitation that is to come forth is to make of Earth a Kingdom of Heaven, and it will not be manifested to the masses until the greed and selfishness and desire to hold on to the beautiful and magnificent expressions are removed.

You can test yourself very easily without saying a word to another living soul: test yourself on something of beauty, something very beautiful and not something with which you are usually associated. Take two minutes and become STILL, cognize the article of beauty and then FEEL YOUR REACTION! Is it just to love it, or is it to desire to have it for your own? If you will be honest enough in introspection, you will soon learn how to just love and enjoy the beauty of life, enjoy drawing forth that beauty for the blessing of others, and enjoy in full that which will come back to you! THE MORE YOU LOVE, THE MORE YOU ARE SURROUNDED BY BEAUTY AND THE MORE LOVING EXPRESSIONS OF LIFE ENTER YOUR WORLD. There is nothing in this unascended realm that the world needs more than DIVINE LOVE! I give to you the love that surpasses the understanding of the human mind, the love that can be felt within the hearts of all who are sincere.

THE HARMONY OF CREATION

By Beloved Paul, the Venetian

All creation, in accordance with the divine plan, consists not only of perfected forms, but harmonious sounds. Cosmic creation takes place in a symphony of exquisite melody. When the Godhead or the Solar Lords create a universe and a humanity, you may liken them to a composer creating a glorious symphony on a cosmic organ. Every individual sent forth from the heart of the Creator has a particular note or tone, which is established by the consciously-created wavelength of the cosmic energy flowing into the Threefold Flame of that Individualization. That cosmic tone, emitted by every electron in that particular lifestream, flows out continually as a conscious part of the Music of the Spheres. As the electrons swing around the central core of love, their speed determines the note which may be used in any number of blends, and thus creation is a cosmic harmony of sound.

There is no such thing as a false note, for the will of the Creating Intelligence establishes each tone and half-tone, and every succeeding electron flowing from the Godhead carries to its particular lifestream that same harmony and flow of musical beauty.

Harmony Important In Precipitation

The electrons, as they flow from the Presence through the personal self, carry this same natural harmony within them and take up their place as atoms of the flesh body—each electron moving in a harmonious motion, emitting the sound decreed into being by the Godhead for that lifestream. The cosmic note is sounded when the first atom of the physical body is brought forth and the builders of form and the devas of birth coalesce the substance of earth, water and air around this permanent atom in absolute harmony to that inner note. Thus, the flesh body, in its natural state, is a constant radiating center of uninterrupted harmonious sound and color, as should be the etheric, mental and emotional bodies, for the same color and sound follow through in their particular element.

The life-experience has shattered this natural harmony by constant shocks, irritation, annoyances, anger—and changed the speed of the electron around the core of love, changed their natural wavelength and put them out of harmony with their divine plan, thereby creating a discord and broken rhythm.

UNINTERRUPTED HARMONY IS ESSENTIAL FOR PRECIPITATION because the electrons drawn from your Presence as they sweep into your

feeling world, are immediately thrown off-center, and as creation can only take place through harmony, any precipitation drawn forth without this harmony, is likewise off-center and unbalanced. THE MORE UNINTERRUPTED HARMONY THERE IS IN YOUR INNER BODIES, THE PURER AND MORE PERMANENT AND MORE BEAUTIFUL WILL BE YOUR PRECIPITATION.

THERE IS NOTHING THAT WARRANTS THE BREAKING THE HARMONY OF YOUR LIFESTREAM. This is the reason that silence and peace and “no human opinions” have been stressed, for most of you do not even know your note and none of you are expressing your cosmic tone.

You have heard the broken rhythm of your modern music, and when you step into the atmosphere of another human being, the jangle and discord of their atoms is more pronounced than even this distorted music. As a matter of fact, this distorted music is but a copy of the emanation of the lifestream of the composer!

The music of the Bridge Activity, or any harmonious melody, will assist you in rearranging the electronic substance of your body, and the heart of the Silence will pour through these electrons their cosmic note again. THE MIGHTY BEING HARMONY WILL GIVE YOU INESTIMABLE ASSISTANCE AS YOU CALL FORTH, COMMAND, DEMAND AND INSIST UPON UNBROKEN HARMONY FROM YOUR OWN LIFESTREAM. No person, place, condition or thing is important enough to destroy your harmony, because THE INDIVIDUAL ONLY CONDEMNS THAT WHICH IS OUTSIDE, WHEN HE HAS NOT MASTERED THAT WHICH IS WITHIN!

RAISING THE CONSCIOUSNESS

By Beloved Mother Mary

The God-consciousness in the universe is an eternal, ever-present state of thought and feeling, penetrating all strata of light. Into this God-consciousness, various lifestreams have tuned, through self-conscious endeavor, to unite their thought and feeling and continuous state of being with reality. According to their capacity have they received more or less of the ultimate realization, vision and beauty, and are those individuals rated in evolution as Ascended and Cosmic Beings.

The endeavor of every aspirant, chela and student is to come to a point of realization wherein his or her individual consciousness is raised to a point where it contacts and unites itself with the cosmic truth ever-present. This raising of the consciousness is the spiritual path, and the sustaining of the consciousness in truth is the spiritual way, and the realization of the ever-present consciousness of all-good is the reward of the

lifestream who has determination and constancy to pursue this spiritual path to the fulfillment of realization.

We see, therefore, that the ascension of consciousness is an hourly process wherein the separate human consciousness, filled with its concepts and beliefs, is gradually quickened in vibratory action until by its very vibration it joins with ever-present truth, which previously vibrated so rapidly that the human consciousness was unaware of its subtle presence.

For an individual to achieve Ascended Master Consciousness, he must be eternally vigilant as to the condition of the thought and feeling bodies, as they form the vibratory action and wavelength of his state of being, and to accelerate the wavelength of the vibration of his consciousness to a point where it tunes into the Ascended Master Consciousness, the individual must entertain and maintain only those vibrations representative of the virtuous, harmonious, pure currents that form the ever-present God-consciousness of the universe and all Perfected Beings.

Great men and women who have followed in the footsteps of the Master Jesus, the Lord Gautama Buddha, and other great exemplars of good, have, by contemplation and imitation of their divine Masters, raised their consciousness to a point where it blended with and became one with the Master's. These people, while unascended, formed a perfect channel for the conducting of the Ascended Masters' particular gifts, which could pass through a consciousness only akin to their own, and these people thus became great forces for GOOD because through individual application, their consciousness had joined to and become one with the Master's work in his name.

If you, who seek to serve God and to unite your separate selves with the One, dwell upon the consciousness of any single Ascended Being who will train your consciousness into his or her way of thinking and feeling, this will bring about conditions and blending processes which will insure your individual ascension and make you an individualized outpost of the powers of that one. Then, all the Ascended Masters can use your consciousness as their own when it no longer dips into the vibratory action of the human state at the slightest stir of the ethers. I trust this will assist you in your earnest endeavors to sustain a realization of the consciousness "too pure to behold iniquity."

ON PRECIPITATION

By the Ascended Lady Master Nada

We have learned that man has been precipitating through the very faculties of the Godhead from the beginning of time, but the consciously directed manipulation of the processes of thought and feeling is mastery! You can see now from those stories you have read with wonder regarding the ability of a Master to create conditions in a seemingly miraculous manner, how these wonders can become a daily and natural experience in your life plan.

The life plan of the average individual is an uncertain series of experiences, resulting from the lack of control of the thought processes, energized unconsciously by the pressure of the feeling world and catapulted into expression.

The natural activity of every lifestream is to consciously direct his visualizing faculties according to the wisdom of his Holy Christ Self and to cut out of the universal light substance the pattern and form which he wishes to express—THEN TO PASS THE ENERGY OF HIS FEELING WORLD THROUGH THIS DISTINCT AND DETAILED PATTERN IN A CALM, EFFORTLESS BUT PERSISTENT MANNER UNTIL THE INNER DESIGN IS MANIFESTED.

When a golden vessel is created, a mould of a strong substance is first made and then the gold is poured into the mould. Thus, the vessel is formed first and then the mould is removed, and this is done in a methodical, tensionless manner. The thoughts and feeling processes of man can be controlled in exactly the same scientific manner and the science of precipitation gained through practice will bring manifestations more quickly.

FIRST GLIMPSES OF THE SEVENTH ROOT RACE

An Address by Its Manu – The Great Divine Director

The Ashram

April 1st, 1961

Beloved people of Earth, I greet you on behalf of my root race and its subraces. You know little of me or my service or of my people. Therefore, I invite you into my presence this morning. Now have the comfort of being seated.

A Manu is a being who primarily has taken the great opportunity of moulding a great number of spirit sparks into a specific God-design, to render a tremendous service when the time is required upon the planet, where the Manu is to either embody or to send forth his emissaries.

What Happened In Previous Eras

As you know something of the Manus who have preceded me and who are prisoners of love, you know also that my great Seventh Root Race must await the fulfillment of the divine plan and pattern for every one of the members of the Fourth, Fifth and Sixth Root Races and their attendant subraces, at which time I shall be enabled to bring forth the first subrace of my root race. In previous eras, when the Lord Manu made this initial impulse upon the planet Earth, it was necessary for the Manu, himself, to take an embodiment, to hold an anchorage of the perfection of design, personage, activity and service. Then the subrace, the strongest of course of the entire root race, first built the groundwork, so-to-speak, for the activity and service for that era.

In our service, primarily upon the Seventh Ray, you have been told that we have completed our journey through the Seven Spheres and we await (in the Seventh Sphere, wherein the Ascended Master Saint Germain, the Violet Fire Temples and all activities of the Violet Flame are), the opportunity to be called by the Karmic Board and allowed to send in some of the children of our first subrace. If they come in too soon, before the great numbers of the Fourth Root Race have returned home, the Seventh Root Race, which has an entirely different keynote and service to render, would not always be able to fulfill in dignity its mission.

Purpose of the Manu

A Manu represents to the rootrace their God-Father, you might say. In my case, I shall not embody, because the Earth, through the assistance of the children of the Ascended Master Saint Germain and the tremendous calls for the Violet Flame, is being purified enough, particularly of the disembodied entities and the removal, at the close of the earth-span, of souls who would otherwise have to re-embody, and by the removal of the etheric records in the living and the so-called dead.

When it is of the hour of accomplishment, when the gates of heaven do open, there shall come forth the first subrace representing the activity of the Violet Ray of Ceremonial, all equipped with magnificent voices, all able to both precipitate and levitate at the time of birth, with the knowledge of their heavenly realm, with no veil between.

This great race is due to come forth, for the most part, in the South American Continent, although we have experimented, and successfully, with the inculcation of several members of the first subrace belonging to my dominion in the North American Continent. We have chosen South America because across Brazil and all through that country which is now jungle, the Earth has had some time to rest. Ask for me, or the Ascend-

ed Master Saint Germain to purify that stretch across the Equator which Lady Amaryllis, herself, will clear of the human effluvia and will adorn with beauty.

An Activity of the Violet Fire Beneath Amazon

Within the very Earth, down to about fifteen feet below its surface, all through and across from Peru to where the Amazon flows out to Rio de Janeiro, an activity of the Violet Fire is established. This results (and you will see it in your papers) in a great number of poisonous reptiles and various effluvia being spewed forth in the Amazon and then out to the ocean—and the Amazon will no longer be a flood of mud-tide, but that beautiful sapphire blue, which is the color of the waters in our kingdom.

Our kingdom, up where the Ascended Master Saint Germain is, is a comfortable and a happy one, and we are a patient group of individuals. We have waited long, but now we are assured by the Cosmic Law that the first subrace will be given opportunity—some of them will go before Mother Mary in the month of May, 1961—and I am quite sure that one or two thousand of these beings will take embodiment, primarily, in the North American Continent, because as yet the South American Continent is not ready for them.

Physical Description of Members of This Race

These people, as they grow to maturity, will be distinct from all other people which you have ever seen upon the planet Earth. They have hair which is amber of color, and they do not look unlike the beloved Ascended Master Saint Germain, except that they are all blue of eye and have the seraphic face, the slender figure, the long limbs, and long, tapered fingers. They will be artistic in the extreme. Drama will come to the fore again. The pageantry of life will be presented to the masses through these dedicated lifestreams only through that drama, ballet and music that depicts life as it should be lived. Much of the time which has been spent in the past in just enjoying, shall we say, the drama and the various media of entertainment to relax the consciousness of people will be brought to a focal point. This is our endeavor, and of course it will be accomplished according to the tenacity of the spirit sparks who will take embodiment with my blessing and with, of course, my ever-present vigilance and protection. These beloved ones will help the Ascended Master Saint Germain, tremendously, in his service and activity to life.

Materialization of the Great Divine Director

As a Manu, there is one root—and that has seven branches. It is like one tree with seven great branches, only they do not all flower at once. They flower, each one, starting from the left on to the right, until the seven subraces have found expression and completion. Then the Manu and all the subraces join together and ascend, even as they have descended before. This explanation may help to clarify this item.

As for myself, I shall materialize at the proper time. I shall not take an infant form but I shall materialize, when the beloved Ascended Master Saint Germain's kingdom is fully established on the Earth—when mankind, elementals and angels are all joined together in harmony. Then I can bring in the great numbers of those mighty beings whom I fathered and whom I love and they, in turn, will enhance the perfection of that Golden Age.

THE RESURRECTION FLAME

An Address by the Ascended Master Jesus

The Ashram

Easter—April 2nd, 1961

In the name, by the power and in the full authority of the Father of all life from whence I came into physical manifestation and remained upon this planet Earth for thirty-three full years, returning in redemptive processes which are also yours, I bless you on this, the anniversary of my first Resurrection Morning! May the love and the light, and the understanding and the POWER AND THE VICTORY of my heart CHARGE INTO, THROUGH AND AROUND YOU, all you hold near and dear and all life everywhere, until all mankind can understand, accept and do as I did, as I say with all the power of my being from within that flame within your own hearts: “COME FORTH NOW FROM THE DEAD—BE THE LIVING, BREATHING EXAMPLES OF THE CHRIST MANIFEST!” For this came I into the world, and for this came you, each and every one! Thank you for at least cognizing my resurrection and my presence—and will you be seated at my table!

The Table of the Cosmic Law

The table of the Lord is the table of the Cosmic Law, beloved ones, and everyone who has attained divinity's realm, no one who has risen above and beyond the realm of human creation but has had to taste of the Law, and tasting of the Law, impersonal in its aspect, has had to

embody that Law in nature, in emotional stability, mental alertness, etheric purity and physical grace. That table, which is set by the powers of light who are far, far above us on the ladder of evolution, is large, indeed. I partook of the food of that table, knowing fully well in myself that Law, endeavored in my time, in my mission, TO PRESENT THAT PORTION OF THE LAW FOR WHICH THE PEOPLE OF THAT ERA WERE READY, as does your beloved Ascended Master Saint Germain and other members of the Spiritual Divine Hierarchy, partaking of the same gift at the cosmic table, present another portion of Cosmic Law whose essence is that beautiful impersonal love of which every Divine Being has spoken and which through you shall have expression for the benediction of your fellowman and imprisoned life, in the raising activity of all that is!

The Power Of The Resurrection Flame

The raising activity of life, which is the power of the Resurrection Flame, is your reason for being, so as to vitalize and accelerate the vibratory action of your inner vehicles, your consciousness, that you do become the raising presence wheresoever you move on this planet Earth, wheresoever the direct beam of your attention goes, so that there is lifted up in consciousness all to which you turn your attention and that uplifted consciousness is sustained through the power of the direction of the light rays from your Holy Christ Flame or your own I AM Presence.

Why I Could Heal

Sometimes you think you are not capable of rendering a specific service because in the outer mind you limit THE POWER OF YOUR OWN I AM PRESENCE, YOU LIMIT THE POWER OF YOUR HOLY CHRIST FLAME, YOU LIMIT THE POWER OF THE UNIVERSAL FATHER FROM WHENCE YOU CAME INTO BEING, WHICH CAN, AT A MOMENT'S NOTICE SEND A MILLION LIGHT RAYS IN EVERY DIRECTION far more powerfully than can your human mind. Why was it when they came to me and asked that I assist in the healing of the child, that even before the messenger and the servant of the household returned home, the child was healed? Because the light of the Father and the light of the illumined I AM Presence, the light of my Holy Christ Flame were given full freedom, and truly before people have called were they answered! Now, I have never been, and I never desired to be, a special being. I am just one who has embodied according to my nature, who has given of that love as best as I have known how.

Love Must Be Permanent

Time and again in my ministry, I was called upon to admonish those who enjoyed so-called miracles, those who enjoyed parables, to “love one another.” Yet, even as I have loved them, so I asked them that they should learn to love one another. That love comes from within the magnificent focus of the Holy Christ Flame, which is within your beating heart. That love is not abstract, it is not something apart to be placed upon oneself on a Sunday or upon the hours of contemplation as a mantle which is then taken off and folded away. No, it is to be a permanent and sustained portion of your feelings and the periphery of your emotional world, which is a constant gift of your Holy Christ Flame to all, for the world requires that love. It requires love more than any gift which can be given. It is not sympathy (which is a negation), but a POSITIVE CONVICTION that the Father of Light and Light is MORE POWERFUL than the creations of yourselves or any of mankind. Had I not that conviction myself, I could not have stood on Resurrection Morning, free of the tomb, resuscitated a mutilated vehicle FOR ONE PURPOSE AND ONE PURPOSE ALONE—TO PROVE THAT LOVE AND DISCIPLINE AND WORDS COULD BE MADE ACTIVE IN RE-ANIMATED FLESH FORM!

The Transfiguration

Beloved ones, you wear now consecrated garments of flesh, made up of billions of electrons, each and every one of which has known at one time such perfection in the inner realms as the outer mind cannot conceive. These electrons are but awaiting opportunity to be invoked to give forth more of their light, speeding up the rapidity of their revolutions, as they make up each atom and then, with the assistance of beloved Serapis Bey and the Great Ones, I rendered that service in the experience of the Transfiguration. So shall it be and should be for you TODAY and every day. When those atoms and electrons are so accelerated they should remain in that state.

You say the human mind cannot sustain the vibratory action and that is true, but the Holy Christ Self and the great I AM Presence and the Father of Light, who has given you the privilege of the very breath in your nostrils and the beat of your heart, is greater far than the outer mind has any comprehension. Therefore, release into the keeping of those powers of light your feelings of fear and distress, chaos and confusion, limitation and hate, decay and degradation, and the Father of Light will take from you that cross and return to you, instead, the feeling of victorious accomplishment, joyous vitality and buoyant youth and illumined faith which, through the Father of Life—the Father of myself and of yourself—all things can be done constructively and instantly!

Put Away All That is of Mortality

Let us put away from our minds and feelings, let us put away from our thoughts and our very bodies, everything that is of mortality, and don the robes of immortality and wear them well—wear them to the glory of your Father, wear them for the blessing of your fellowman, and wear them for the freedom of the Earth and her evolutions of distress. Thus you become, in your own orbit, as I was in mine, a magnificent magnet to draw those powers which are not miraculous but seem super-human because they are not in use. Draw them into the orbit of your own periphery and direct them selflessly forth wheresoever upon the planet Earth there is a requirement for assistance of any kind!

Beloved ones, when I took an earth body, there was no assurance given to me in writing by the Lords of Karma or any Divine Being that I should make my way successfully through 33 years on the earth-plane. I took upon myself the bands of forgetfulness, and of course I had the stainless spirits of beloved Mary and Saint Germain to hold the immaculate concept for me, until I was able, again, to remember it, but aside from that and the fact that I had no karma to transmute, I was as one of you! You have had your karma transmuted until where, with some of you, it was almost 100 feet, strong as concrete, around you, it is now but a mere shell, which can be burst by your love, one for another, or by one word which one of us speaks! When that shell is burst, the entire remaining effluvia is removed, and you shall have that glory, even while here on Earth, of knowing freedom and freedom's representatives from on high!

Why I Attained My Full Victory

On this Easter Morning, many, many cognize myself, some give cognizance to my mother, many hosannas are sung, many angels are cognized, but I say, if it were not for every angel in heaven, every Divine Being in heaven, every blessed prayer of my mother and my father and every blessed bit of strength from the weakest to the strongest of my disciples and apostles, I should not have attained my full victory. So I am indebted, was indebted, was indebted on Ascension Day, to ascended and unascended beings of light, as you also will be always indebted in a happy manner to those of us who love you and love you well.

The blessings of Easter, the blessings of conviction, and the blessings of the POWER WHICH I AM and WHICH YOU ARE, be upon you!

ADDRESS BY ARCHANGEL MICHAEL

I took a vow to the Sun of this system, that I WOULD REMAIN WITH THE EARTH UNTIL EVERY LIFESTREAM, every spirit spark called forth from the Sun, HAD FOUND MASTERY AND HAD RETURNED IN GOD-DIGNITY INTO THE REALMS OF LIGHT! This is my reason for being!

This makes me your humble servant, ever ready with the activity of the Sword of Blue Flame to cut you free from the accumulations of the ages, ever ready to raise you in consciousness individually, and passing through your feeling world, your mental world, your etheric body and flesh form, rhythmic pulsations of light that gradually and mercifully raise the vibrations of your vehicles. This makes you more aware of the truth of life, and more capable of receiving the instruction directly from the hearts and consciousness of the Ascended Host of Light. As that process continues, in unbroken rhythm, it enables you to return the full conscious memory of the experiences which you have in the full freedom of your Holy Christ Selves, when you lay down the weary flesh body at night.

You, in your Holy Christ Self, can function in higher realms than you can yet achieve through the etheric garment. The etheric garment is so much a part of your flesh form, that when it is purified, it will form for you a much better instrument for drawing back into the brain structure and outer consciousness, the memory of your inner experiences.

The purification of the etheric body is one of the services that we desire you to work on.

The etheric body, beloved ones, is like a mirror. It records instantly the thoughts, feelings, actions and spoken words of the individual. It imitates that which you do!

The etheric bodies of mankind have been so scarred, so mutilated, so deeply marred by the experiences of life, that they look for the most part, a sorry sight. They are what you would call in earth life, "pock-marked." These garments carry the scars of all the disappointments, the disillusionments, the hurts, all of the experiences wherein mankind has destroyed faith and trust and confidence in each other.

These experiences, imbedded in the etheric body, seemingly lie quiescent. Even as your flesh mends a cut or a wound, so does the intelligence and light within the etheric body weave over the scars and wounds a similar semblance of repaired tissues. But under tension of stress and strain, those inner experiences and weaknesses are very likely to burst forth again in renewed hatreds, renewed antagonisms, and it is

my counsel to you to set about in earnest to purify these etheric garments and make them shine as they once were, pure white and exquisite, when you first began to record, through cause and effect, the experiences of life into them.

What mankind does to one another in creating those deep wounds in the etheric body is much more unfortunate than the distortions woven into the physical form, because when the form is laid down, the innocent flesh returns to the elemental substance and the wound does not remain. THE ETHERIC GARMENT MOVES WITH MAN FROM HIS FIRST EMBODIMENT UNTIL IT IS ABSORBED AT THE TIME OF TRANSMUTATION, AT THE INSTANT OF THE ASCENSION.

So watch ye well, beloved ones, what impress ye make on the etheric garments of each other, and watch ye well that ye purify those energies in your own! I speak from a heart that is filled with love for you. I speak on behalf of the angelic kingdom and my beloved brothers, who represent the seven cosmic feelings of the nature of God.

I would like to remind you that the first sin, the original sin, the sin that drew the angels from heaven and mankind from the Garden of Eden, and the elements into embroilment, was REBELLION AGAINST THE WILL OF GOD!

Will you look deep within your hearts and where rebellion flares, know you that it is part of the ORIGINAL SIN which brought you into the shadow planet. I SHALL HELP YOU TO REMOVE IT!

HOW TO ATTAIN TRUE FREEDOM By the Ascended Master Saint Germain

I have long waited the opportunity to consciously train a group of incarnate chelas in the use of the powers within the Sacred Fire. This opportunity is afforded me in proximity to your consciousness and my training shall be twofold: one, in the establishing of your consciousness in cosmic service, and the other in establishing the power within the Sacred Fire in your hearts to develop God-mastery and control in your individual worlds.

For many ages the teacher of the mysteries has had to deal with consciousness intent upon one thing, the gaining of power and mastery for individual freedom. I find myself with a group of selfless souls, so intent on cosmic service, that individual mastery and freedom have become a sideline. Again, we come to the "Middle Way." I want you to be

God-free, beautiful men and women in the full mastery of perfect health, indestructible harmony, infinite supply and affluence, with the power to “make things right,” and to write the name of “freedom” in the hearts and consciousness of all that are bound, to remain as a living monument to the flame I represent—and to return each man, woman and child to his God-estate. To this end, as a personal and separate service apart from my cosmic office, shall I dedicate a portion of my life to this development.

Beloved hearts of freedom, what is freedom, in its essence? If you will examine the consciousness in the contemplation of freedom, you will find you think of it as a negative aspect of the Law, getting away from limitations, getting away from bondage, getting away from sickness, from age—escape out of shadows!

I am going to show you the positive aspect of freedom—getting into the heart of the Sacred Fire! As the self-conscious intelligence directing the fire element, you shall become master over circumstances. This is my request for you, that you learn the power which is in the Sacred Fire, until the Sacred Fire within your heart, obedient to the self-conscious intelligence which you are, flashes forth at your command and is instantly master of energy wherever you meet it!

In the bringing of the seven flames of the Archangels and the Elohim to you attention, we are endeavoring to show you the aspect of the Sacred Fire which you can wield. Within the flame in your heart is every one of these divine aspects, represented in the Hierarchy by some God-free being—Mercy, Purity, Freedom, Light, Opulence, Healing.

You must become acquainted with the Sacred Fire within your heartbeat. You must learn to free that fire at your conscious call, and then rely upon its efficacy to act for you, removing the sense of strain which comes from endeavoring to press the Law into service through human will.

The Sacred Fire acts—it is intelligent. It acts when invoked, and it will act for you according to the activity of it that you, in contemplation, desire to draw forth. Please, beloved ones, use these activities of the Sacred Fire in a practical manner for the regulation of the conditions of your worlds, in your homes, and in your affairs. If you are not the master control of the fire element which is abiding within your heart, which is only a few inches in height, how do you expect to be the master control of a series of fire bodies when you function as an Ascended Being?

Your feeling world is made up of water—our feeling worlds are made up of fire! Your mental bodies are made up ethers—our mental bodies are made up of particles of living, vibrating, pulsating flame! Your physical bodies, your garments, are flesh—ours are bodies of fire! For a consciousness to earn the right to function within fire bodies, they must first learn to draw forth and master conditions in the third-dimensional world, through the portion of the Sacred Fire entrusted to them. When you can utilize the latent power within the Immortal Flame of God that beats your heart, you have earned the right to the fire of your Causal Bodies, you have earned the right to the Fire of Freedom in its fullness.

Beloved ones, become acquainted with the power that is yours—experiment with the use of the Sacred Fire. How many centuries did I do so before I earned the right to stand before the Karmic Board and hear those words: “You have now earned the right to consciously function in a White Fire Body, because through the fire element, anchored within a physical body, you have mastered external and internal conditions, and you therefore qualify as a Lord of the Flame!”

That is your training now! You have been chosen, among all others on the Earth today, to be fashioned into the living heart of freedom, and you are being trained, through your conscious mind and feelings, to rely wholly upon the Sacred Fire, which is the immortal presence of God beating your physical heart, awaiting your conscious invocation to come forth through your world and manifest itself!

What are priests and priestesses of the flame? They are Individuals who have learned, through invocation, to set into motion the power of the Sacred Fire, and to rest in it until manifestation occurs!

How long I was attracted to the power of alchemy before I attained my freedom! The physical flame, itself, held a great attraction for me, and I felt, within myself, that in that fire element was the master-control of the various elements in the physical appearance world. In those ages, we were endeavoring to develop formulas for gold out of base metals. Our consciousness, stepping down the idea of transmutation, finally mastered it, but by the time we had done so, I had learned that which I wished to do most, was to transmute my lower nature into the divine nature of my Master and my great teacher, and the gold, like so many of the things that mankind feel are so important, was as nothing before that new and deep, burning desire—and one day that too was accomplished!

I know, therefore, the feelings your hearts. I know the tremendous

interest in the things of a spiritual nature that has enabled you to pass through the initiations of these years, and to stand as enthusiastic, as powerfully vibrant in your spiritual energies today as you were when you first began. The spiritual enthusiasm of the average man lasts no longer than a year before it burns into ash and is no more, but the spiritual enthusiasm of a chela intensifies and increases by the various experiences that would dim the light of a lesser man adding coals to the fire of enthusiasm. Thus we know that the light, itself, will do the sifting and sorting for us. Those who remain, after the ash is swept away, are the pure diamond core of light, and on these we can say, in truth, that we will build a foundation which will last for many, many hundreds of years beyond the time when your blessed earth garments are outworn and you enter into the fire garments you have earned. Oh, we build for a beautiful day, my children.

LONG ISLAND IS SACRED GROUND

By the Maha Chohan

Five hundred thousand years ago, when the Atlantean culture was at its height, the substance of the land which today is Long Island, was considered sacred, holy ground. It was then, as it is now, completely surrounded by water, and the entire strip of land was dedicated to the priesthood.

The people of that age had achieved great illumination, understanding, and oneness with the God-presence, so that they knew the power of radiation and the importance of the vibratory action that passed through the bodies of embodied individuals.

It was the law that none but the priests and priestesses to the flame were ever allowed to set foot on the island, for it was a highly-magnetized center of spiritual currents. Through its purity and the protection afforded it by the gentle acquiescence of the people, this island became the most highly-charged spot on the Earth's surface. It was not advisable to step upon the island itself, for the currents of force were charged through it, and it was like touching a high-tension wire.

We intend to bring the same perfection forth, on a spiral higher, for the permanent Golden Age, and we are endeavoring to revivify those currents of light which have been drawn here for thousands of years.

THE MASTER CONTROL OF HARMONY

By the Ascended Master Kuthumi

I greet you in the name of the presence of harmony! It has been my joy and honor and privilege for many years now, to carry the master-control of harmony wheresoever I am invoked, to assist those beloved lifestreams who show interest in the teaching of men, to become a harmonizing presence in themselves, and through themselves, the master-control of all circumstances.

Every messenger who ever came from the court of Sanat Kumara, sooner or later had to be the controlled power by which energy was channeled into constructive and beautiful form, through them. Until that accomplishment is woven into the energies of the lifestream, the secrets and powers of the Sacred Fire, that are held within the kingdom of harmony, cannot be released in their fullness into the receptive consciousness of the teacher first, and through him, imparted to his students. So, in a measure does the teacher become responsible for the amount of truth and understanding flowing from the everlasting fount, because upon the control and mastery of his own energy does the message and the truth, which flows into the lifestreams of the students in a movement, depend.

Within the heart of those great retreats and sanctuaries which dot the surface of this globe, the most exquisite balanced control of energy forms the pattern for daily and hourly living. If any of you were to step consciously, in your physical bodies, within such a holy and sanctified place, your first impression would be one of exquisite peace and relaxation. This accounts for the fact that even in the orthodox world, the kingdom of heaven is described as a place of exceeding peace.

In my service to life, representing as I do that great embodiment of cosmic harmony—whom you have come to know and love as our Lord Maitreya—it becomes my joyous opportunity, whenever given entrance into the consciousness of a devotee of the truth, to remind the outer self that harmony—like mercy, love, and compassion—is not a negative quality but a powerful and positive force, belonging only to the strong, and cultivated, through century after century of self-discipline.

It is often thought that individuals who sleep within the lethargy of inertia, are expressing and experiencing harmony, but nothing can be further from the truth! Those messengers, who are embodied peace, are not only masters of the energy, which is their own allotted gift from the source of life, but they are the constant masters of the whirling sea of

emotion and thought force of even the physical bodies of those who are around them.

We all sat with the great Maha Chohan and discussed the coming opportunity, when the attention of the illumined, as well as the aspirants, will be focused on the great teachers—Lord Gautama, the beloved Lord Maitreya, the Brothers of the Golden Robe, and my humble self. The beloved Maha Chohan, in speaking with us, suggested that we emphasize that every facet of expression through the entire Seven Rays is embodied harmony—whether it is the strong drive of ordered service, in which every wheel fits into its proper place, whether it is the harmony which comes from understanding, or the harmony which is within beauty, the harmony that lies within the compass of the scientific balance of life, or that within the glory of our beloved brother Jesus' worship and ceremony, or the perfection and harmony within the Seventh Ray.

We are so desirous of coupling the knowledge which feeds the intellect and stirs the feeling with that definite application by which those of you who are chosen to wear the Golden Robe may become the master-control of the energies that are yet within the compass of your sphere of influence.

It is the service of the Brothers of the Golden Robe to in some manner infiltrate the consciousness of those lifestreams who are given the opportunity to contact and blend with their own Christ Selves, against the mass pressure of the tides of energy which form the lower atmosphere of Earth, until they can at least sense the power of the Presence within the heartbeat.

Again and again in the East, century after century, is the student turned to that teacher of teachers—the Sacred Fire within the heart—until he can recognize its voice and comprehending its truth, lean no longer on form of any kind—neither Guru nor Master nor any externalized manifestation of the One. In our beautiful East, where the heaven is open and the cathedral of life provides the natural setting for the development of the soul, it is not difficult for the individual to become quiet enough so that the impressed directives of the Master opens the way for that communion by which soul growth and development and spiritual maturity are attained.

When we turn our attention to the West, the entire current and directives of our endeavors must adapt themselves to the rapid pace with which the vibratory action of mankind at present is so deeply enmeshed. I long for the opportunity to take you collectively, as well as individually,

into an aura that has been protected and sustained in undisturbed harmony, for even thirty days.

Long before my own personal victory, when I endeavored to draw the spiritual community at Crotona, my contemplations led me to believe that in the silence this peace and harmony might be established sufficiently so that aspirants at least could find the way home. Some thought that discipline of the silence severe—and so it was, for it made every man face himself and without the crutch of words or contact, he had to walk alone back into that Secret Place of the Most High, and there abide, becoming cognizant through that endeavor of the Christ.

Many of you were with me then, but for all of that, you still remain, at present, enmeshed in this consciousness from which we would set you free!

As the beloved Saint Germain is intensifying the radiation of the Freedom Flame, we are preparing to accept the consciousness of those of you who wish to go beyond the collective unfoldment of the group to that height of understanding which you all once knew, and which is thus but a reawakening of the dormant memory, which stirs within you when we come together, but which slumbers again when the stimulus of our flame and presence withdraws. With each such coming, as our love enfolds you, that memory intensifies through the folds of your outer consciousness and you sleep not as soundly as before. So, in patience we return again, again, and yet again and gently feeding that Immortal Flame of Life within your hearts, we know that in so doing, one day you, too, will become that Master Presence.

May I thank you on behalf of our beloved Morya, whom I love as much as life, itself, for your kindness and willingness to serve with him. It was not so long ago that we sat together and he spoke of the design that he held within his heart, which he felt would help our beloved Saint Germain as he faced another crisis in his constant endeavor to serve the peoples of Earth. I promised to stand by his side, for I love him, and I love the service in which our hearts' light has bound us together, in a friendship which has been one of the sweetest experiences of my individualization. It is a beautiful thing for me to see that his circle of friends grows larger and that those who feared him, fear no more but have accepted the kindness, the sweetness and the great love that is within his heart.

As the days unfold into years and as you come to know us and join in closer association with us, I am sure you will cherish those friendships.

As you do, it brings us each into such a sweet association that enables us, through you, to serve the race, and you, through us, to taste the glory of heaven long before the day when your own individual call is come—the final page in your book of life written, your record balanced and your hearts return home!

We, who have passed this way, know well this yearning and the sacrifice entailed in remaining, for we, too, struggled with opinions, and we, too, hoped and felt disappointments through the accumulations of human selves, and yet we, too, stopped to build again upon the ashes of our previous endeavors.

I stood and saw my beautiful school at Crotona burned to the ground, within it all the records of a lifetime—all the exquisite achievement of pupils in whom I had invested all the energies of my being, art work the like of which had not been since the days of Atlantis, sculpture, marble figures dashed from their pedestals and crushed by vandals' hands. Gardens and exquisite trees destroyed—until only a rubble remained of a vision into which I had invested a lifetime. And yet the experiences within that life were such that they did enable me to become master of energy! My teacher said, “You are now a harmonizing presence which will never again be disturbed by any external distress nor any internal weakness. You are fitted to enter my service and become a member of my court, and one day soon, if you choose, shall wear my cloak upon your shoulders!” I was happy then that, although the tears rolled down my cheeks as I saw my dream destroyed, that I had held a certain peace, even in that suffering.

If you could see each one, beloved children, how you build up that mastery, you would really welcome opportunities to flood the flame from within your own God-self through energy of a turbulent nature—and one day when you stand before Lord Maitreya and you feel the benediction and blessing as he confirms your appointment as that presence, you will be happy, indeed, for every endeavor along this line.

I am grateful for your calls to nature. I am sensitive to the song of nature, and to her cry, for it was in the cathedral of nature that I found my peace and my ultimate victory. And even yet wherever I am, so long as I remain within the orbit of this Earth, I sense and respond to any cry from the Earth or the nature kingdom, the four-footed kingdom, or your own body elements when distress causes unhappiness. I have felt for the people of India and China, where famines wipe out millions of lifestreams. I feel exceedingly for the people in every nation who suffer,

because the creations of mankind have been such that nature can no longer abundantly supply them.

There is no reason, there is no need for drought, flood, or any type of distressing situation to manifest in an area, where Ascended Master students are living. We always look with hope that one may open the door that we may render the service and bring the balance. It is one thing for the unconscious masses to suffer, but it is an indignity to our own life and our friendship for those who are our heart friends to allow such suffering in their presence.

May I commend you on your endeavors, and encourage you in my commendation to go further! I thank you and I bless you!

THANKSGIVING **By the Maha Chohan**

The Feast of Thanksgiving is a universal, cosmic activity, that takes place at inner levels and has been celebrated for aeons of time.

When America first acknowledged Thanksgiving, the early forefathers merely tuned into this cosmic day. It is significant that the United States is the only nation on the Earth today which celebrates this holy service, when life pours forth gratitude for all that is given.

With the great Helios, I represent one of the Hierarchy who is the recipient of the gratitude from all life for our outpouring through nature and the avenues that supply energy to the people of Earth. This has been my very great privilege for many centuries. At inner levels, the Thanksgiving Ceremony is celebrated by every angel, Master and nature spirit, for they know that the very breath in their nostrils has come to them through grace, and passes through my body.

Mankind's attention is more or less upon the satisfaction of the outer senses, but there will come a day when the people of Earth (as the early pilgrims) will pour gratitude to nature for an opulent harvest and the gifts of the Holy Spirit, manifest throughout the year.

The holy season, from Thanksgiving through New Year, is a God-send to the Hierarchy that govern this universe, for mankind's attention is the most valuable lever by which we can raise them again to perfection. Through the course of the busy year, their attention is not easily gained, even for a moment, but during the Christmas Season, the re-

sentment and rebellion at Godly things, are held in abeyance, and through their receptivity, we can more quickly permeate them with the true understanding of life.

BELOVED SHAMBALLA

By the Maha Chohan

The magnificent activity which takes place at Shamballa each year, bears witness to the wisdom of the Cosmic Law, in allowing beloved Morya to part the veil and allow the students to participate in the activities that engage the energies of the Brotherhood.

Each year, as the twelve-month cycle draws to a close, Shamballa becomes host to the lifestreams dedicated to bringing remembrance to the outer consciousness of the divine plan and the way and means by which each individual unit may weave the energies of his own life into fulfilling that plan.

The Great White Brotherhood, composed of the Ascended Beings who have foresworn Nirvana to remain as the guardians and teachers of the race, have always looked forward to this yearly gathering, when they brought in the harvest of their endeavors working through chelas, but it was primarily a private and closed activity, in which, very seldom, would any chela participate who had a less spiritual standing than an initiate or an adept.

Now, thousands of unascended beings have woven for themselves a sufficient momentum of impersonal service, to give them passport into the presence of the Lord of the World. Millions, while not able to pass through the flaming ring of spiritual force which forms an actual periphery of the city proper, are enabled, at least, to stand around the central core of qualified God-energy and be bathed in the radiance which is emitted from the grateful, thankful hearts of all who participate in these festivities. PRAISE AND THANKSGIVING ARE THE PASSPORT BY WHICH THE SOUL IS SIGNALLED OUT FROM AMONG ALL THE SONS AND DAUGHTERS OF MEN, AND WITH A GUARDIAN ANGEL IS BROUGHT INTO THE CELESTIAL RADIANCE OF SHAMBALLA. THE MORE GRATITUDE AND LOVING PRAISE AND THANKSGIVING that the consciousness can generate and sustain, the closer will the soul come to the central temple, and the more often will it be allowed the privilege of standing in the blazing presence of the Lord of the World—and the more individual progress will be the return current of energy for such service.

The magnetic pull at Shamballa draws the souls of all the race, as does the magnetic pull of energy of every retreat, when it is set into motion on the 15th of each month. If you go unconsciously, you do not receive the mental benefit that you can receive if you go consciously.

There is no desire to cause stress or strain in the feelings of the blessed students, but if they were to start on a journey on the earth-plane with as little preparation and as little thought of the goal toward which they were driving or walking, I am sure they would not get there! The tendency of the human is to rely always upon a greater intelligence to do the actual work, but the joy and mastery within life comes when YOU incorporate the energies of your own world, and you find energy and vibration obedient servants that respond to your every directed thought and conscious feeling.

The great flame blazing on the altar at Shamballa is actually the receptacle into which the qualified energies, offered in impersonal service to life, are poured. The service at Shamballa differs from that at the Rocky Mountain Retreat where the Brotherhood and the chelas will give a worded description of their endeavors, their successes and their failures—at Shamballa only energy is used to create this mighty flame, which is the harvest of the year, but the description of the way that energy was gathered, qualified and consecrated, has no part in this service.

It is a magnificent and beautiful experience to go to Shamballa. Ask your own outer consciousness remember the glory of Shamballa and draw it into your feelings at this season.

WE DO REQUIRE AN ARMY OF LIGHT

By the Ascended Master Saint Germain

Beloved friends of old, friends of life and my friends forever! God bless you for your perception of truth, which has enabled you to step forth from the mass mind—fearless, dauntless and determined to weave out of the primal essence of your own life, the magnificent robes of freedom, which you shall wear as representatives of myself in the world of form, and which you shall, in kindness, place upon the shoulders of the men, women and children of the race, in the Golden Age which it is our privilege, honor, and responsibility to bring forth in this physical appearance world.

LET US COUNSEL TOGETHER AS FRIENDS, AS BROTHERS AND SISTERS

INTERESTED IN ONE GREAT VISION, IN EXTERNALIZING ONE DESIGN. Those who have looked into the future, those who have listened to the words of the Master, speak freely of the Golden Age that is to come! It is pleasing to the tongue, amusing to the mind, and it gives hope to distraught feelings, seeking always some measure of peace in the sweet “by-and-by!” But WHEN are you going to begin to externalize this Golden Age, which it is my responsibility as Chohan of the Seventh Ray to manifest upon this planet? Common sense will tell you, you must begin with the students, with the individuals who have accepted even intellectually my presence in this universe. It is to you few that I look for the inception of the Golden Age upon the Earth, in your personal lives, in your home, in your sanctuary—and then you will become the magnet which will draw the masses, who will be more interested in the fruit and harvest of your endeavor, than the application by which you attained your victory.

I am asking you now to take an inventory of your own earnest and sincere world, to see what improvement—individually and collectively—you can make to prepare to externalize the Golden Age of absolute unconditional harmony, inexhaustible strength and energy, the youth of Sanat Kumara, the perfect health of the Master Jesus, the infinite supply which flows from your own God heart, and anything and everything which is an amplification of perfection. You, who are my friends, to you I give this assignment— to become now the establishment of the Golden Age of harmony, health, peace, beauty, and perfection through the orbits of your own individual worlds, your homes and cooperative groups. Every great thing had a small beginning!

I remember the vision which it was mine to impart to a few strong men and women of a land where they might have liberty to pursue and follow the dictates of their own hearts, and weave for themselves a new world, which one day would be the heart of freedom. A vision is a beautiful thing, and when it is accompanied by the enthusiasm of application, it becomes a fact! A vision shared, even between friends, when both parties embody their energies and talents to manifesting it, brings blessings, not only to them but to all life. But we, who have passed beyond the human veil, and stand in the realms where it is so easy to see the divine design, are dependent upon incarnate lifestreams to grasp our vision and through the acceptance in the mental body, to see the possibility of blessing the race through their own voluntary, self-conscious endeavor.

From this inner realm, where we abide, we constantly direct the energy and light rays from our hearts into sensitive consciousnesses, hoping that someone might grasp a portion of that vision—in dreams, reve-

lations or contemplation, according to the development of the individual self. These incarnate friends become ourselves in action, for that is the Cosmic Law. We can only do, in the physical appearance world, that which we can do through those of you who still are a part of the mental and feeling world and the physical substance of the sphere which we desire to bless. So, my vision for freedom and a permanent Golden Age of planetary proportions, where all men and women are brothers and no such thing as disintegration, disease, or death are known, is dependent upon the receptivity of incarnate lifestreams.

In Europe, after I had accepted my ascension and the Great Divine Director recommended that I take that final step, it became my hourly occupation to look over incarnate lifestreams who had any desire to better the race or to do God's will, no matter how orthodox their faith might be. These men and women of good faith and goodly living became the recipients of my directed ray, which stirred within them sufficient enthusiasm to stand for the right to worship God as they chose, and be willing to leave home and family and security to travel across the sea to your beautiful shores.

Today, I am in exactly that same position. When I received the crown at the hour of coronation and saw the vision in its fullness for the first time, seeing the Earth as it will be in the Golden Age which must come, it was then, again, my obligation to look into the world of form and try to connect my energy with those lifestreams who could grasp, oh, just the smallest portion of that vision, through whatever medium was afforded me—a word of expression, of inspiration, a pressure of radiation to stimulate and sustain enthusiasm and interest in world brotherhood, in Godly living. This I am endeavoring to do to those of you who have opened your mind to me, and more important still, opened your hearts!

Blessed hearts, within your very physical form is the presence of the living and mighty God! It is this Presence that enables you to say, "I AM!" Let us return to that fundamental of contemplation within yourselves that the presence of the living God within you must be loosened and given opportunity through the energies of your world, to express and manifest perfection. It is not as important the creed or faith of a man, as it is that through that creed or faith—whatever it may be—he contacts that presence of God and becomes one with it, allowing it to surge forth into his world!

In our realms of Ascended Beings, who have risen on the ladder of evolution in every creed, in every religion, many of the religions no longer being known on the Earth today, but those who achieved the victory, made that contact with the living, breathing Ever-Presence, calling its

mighty power forth, refusing forever the acceptance of a power opposed to it, and in the invocation and radiation of that Presence, they became again the fullness of incarnate gods! That is what I ask—that you turn back to the God that beats your heart and let the roots of your attention go deep into that mighty source and draw forth the healing currents required to restore your flesh, the substance you require to fill your world, the light you require to illumine your mind, the peace you require to establish and sustain harmony in you. When your roots are anchored deep within that living Presence, no matter what the world of form might show, you shall not be moved!

TODAY, A PERMANENT ERA MUST COME. IT IS COSMICALLY ORDAINED! A GOLDEN AGE IS TO BE THE PERMANENT STATE FOR OUR EARTH AND ALL WHO ARE SO HONORED AS TO REMAIN UPON IT. THOSE WHO DO NOT CHOOSE TO ACCELERATE THE VIBRATORY ACTION OF THEIR ENERGY SHALL FIND HOSPITALITY ON ANOTHER STAR, BUT THE PLANET AND THE FEW WHO ARE WILLING, SHALL GO FORWARD TO FREEDOM! IN THIS, YOU CAN HELP ME IF YOU WILL, THROUGH YOUR OWN ENDEAVOR TO CONNECT WITH YOUR GOD, TO EXTERNALIZE HIS PERFECTION AND TO GRASP AS MUCH OF MY VISION AS YOUR MENTAL BODY WILL ALLOW YOU TO ACCEPT.

When your inner bodies are refined and have that consciousness of “listening grace,” then easily at times of crises, we can flash the flame and easily, the brain consciousness absorbs and the physical body moves into action if necessary, and performs the service for us. YOU ARE OUR HANDS AND YOU ARE OUR FEET, YOU ARE OUR LIPS, THROUGH WHICH WE CAN SPEAK! YOU ARE OUR EYES, THROUGH WHICH WE BLESS. WE HAVE NO OTHER IN THIS WORLD OF FORM! When your vehicles are unwieldy, when they are heavy, it is impossible for us, at a moment when a service can be rendered, to direct that beam through with sufficient intensity to reach your outer consciousness and your earnest hearts.

This is most important—for in the days that are to come, WE DO REQUIRE AN ARMY OF LIGHT ALL OVER THIS EARTH, of individuals in a constant state of alertness, a constant state of grace, a constant state of harmony, balance and poise, ready to move at an instant! Then if an activity is about to take place, and we desire to direct a thousand light rays simultaneously, A THOUSAND LEADERS WILL STAND, and a THOUSAND GROUPS WILL GO INTO ACTION and disaster will be averted. This is the training for the few, who walk under the banner of freedom in my name!

PREPARATION OF A WORLD TEACHER
Address By Jesus, The Christ

My beloved Master, Lord Maitreya, asked me to give you an explanation of the preparation of a World Teacher, since I have passed through the experience and initiation myself.

The cosmic cycle of spiritual nourishment required to mature a newly-born spirit spark, takes approximately fourteen-thousand years. That is one complete revolution of the cosmic wheel—two thousand years being under the specific radiation of each one of the seven rays through the directed energies of the Chohan representing that ray.

As the cosmic wheel turns, it is similar to the advancing seasons upon your Earth, all of which are required to bring to maturity a harvest planted in the spring. Each two thousand years, a certain current plays upon the soul of man, and at the end of the fourteen-thousand-year cycle, the harvest is ready—or should be—to be garnered. The great World Teacher, and presiding Chohan of the Ray in that two-thousand-year cycle, work out together a plan or religion, ceremonial worship and radiation, which will best benefit the souls of men who are to have the privilege of embodiment during that period of time.

The World Teacher looks upon the radiation and the particular gift of that ray as it will flow upon the Earth. Then, with his lieutenants, he examines the souls who are to embody and have the experience of developing within that two-thousand-year cycle. Looking upon the divine plan, he examines the souls of those who are to embody and have the experience of developing within that cycle of time. He designs a pattern of worship which will stimulate the soul light and life in that entire cycle. This was completed by the beloved Lord Maitreya, preceding my earth life. The Christian Dispensation was worked out in detail at inner levels to give the greatest blessing and benediction of the Ray of Devotion through the planet Earth, and the lifestreams who were to evolve and develop during the two thousand years while the Sixth Ray was predominant.

Before the Christian Dispensation was brought forth, a great cosmic council was called, and this presentation of the entire Christian Dispensation was thrown upon the cosmic screen, showing how it would be first originated and developed by a humble group of individuals, then how it would be matured as greater intensity of the ray began to play through those who would dedicate themselves to such service.

At the close of this presentation, volunteers were asked who might choose to partake of the great privilege and honor of bringing the first impulse of that dispensation through the veil of birth into the physical

appearance world. Many of us, having such tremendous love for mankind, and being eager to see the fulfillment of God's will on Earth, volunteered, and from these volunteers, Lord Maitreya—looking at the Causal Body and the development through the ages and the specialized talents and characteristics of the lifestreams—chose my beloved mother, myself, my beloved father, and the disciples. All of those were among the volunteers!

Lord Maitreya was required to test the strength of each one, and through the process of initiation, certain lifestreams were eliminated. Finally, the heart group who were to perform the pageantry in the world of form, was consecrated and blessed by Lord Maitreya and sent to the Temples of Purification to await the summons by the Karmic Board. At the moment when their part in the divine drama was about to be enacted, Joseph, Mary and the disciples appeared in physical bodies in various places. They were humble individuals, and most of them were not remembering much of the inner vision or vow, but awaiting the cosmic moment when that clarion call, which is invisible and known only to the heart, would go forth and summon them to fulfill their destiny.

I, too, at the cosmic moment, was called. I, too, received the blessings of Lord Maitreya. I, too, was bound and passed through the period of forgetfulness and took an earth body. I, too, awoke to a world of form, to a world of shadows, and had to find, within myself, the reason and purpose of my being. Well do I remember those early days in Egypt, when I was taken at a tender age into those temples, when I learned the Law before the priests. Well do I remember my gratitude for the love of my mother and my father, which balanced the austerity, the discipline, the tremendous pressure required of even a child who applied for mastery in one of the temples at Luxor.

I remember the first day, when suddenly the consciousness of Lord Maitreya entered my own! Then it seemed as if I had awakened from a bad dream. When I saw, with the clarity of the inner sight, his glorious shining face, I said, with every fiber and cell of my being, "Oh, Father! Oh, Father!" And back on that beam of energy came the joy of his heart in that recognition, "My son! My son!" Never again did I walk alone! Closer and closer we drew—no veil between, no shadow that could claim power, one with the Christ, and he one with God!

And so I grew, matured and fulfilled a humble part in the destiny of this great evolution. It was my joy to walk the paths of Earth. It was my joy to show my confidence in that father in manifest works. It was my

joy to walk the path to Golgotha, and it was my joy to burst forth triumphant from the tomb!

Do you know the hardest experience of that whole life? It was the parting on the Hill of Bethany into the Ascended Christ—the leaving of dear hearts and consciousnesses that I knew yet needed comfort and strength, the leaving of my mother and John and those who had loved me well! Yet had the magnetic pull of my love turned earthward, the currents would have been broken. Every atom and cell of my being had to be sent up into the heart of the Electronic Presence to make FOR YOU the pattern of the ascension, which it is your joy and your destiny to fulfill. Beloved ones, I love you. LOVE YOU NOW ONE ANOTHER!

UNINTERRUPTED HARMONY

Address By Beloved Mary

I come to give to you my feeling of the kingdom of harmony! Will you accept it?

Oh, thou beloved Holy Christ Self of each and everyone, I charge you, in the name of my beloved son, the Ascended Jesus Christ, to command the emotional bodies, the mental bodies, the etheric and physical bodies this day, with the vibratory action of the Ascended Masters' uninterrupted harmony! Relieve and release the pressure of all outer tension. Give conviction to the emotional world of our presence and reality and desire to befriend all that lives! Help them to realize the moment our names are spoken and their attention is placed on us, that very moment we respond—in person, if possible—if not, then in our Luminous Presence of light. In the name of the Ascended Jesus Christ, I call for God-protection in, through and around you, my beloved of the light!

Oh, thou great emotional body, wherein is stored the energy of acceptance and the energy of unbelief, in the name of the Ascended Jesus Christ, OPEN THYSELF to the acceptance of all that I am!

Oh, thou mental body, in which is stored all the distortions of the recognition of imperfection, open thyself to the immaculate concept of the Deity anchored in these hearts.

Oh, thou etheric bodies, in the name of the Ascended Jesus Christ, I command you to LET GO, LET GO, LET GO of every record wherein these lifestreams have failed, where they have not lived up to their light, every record and memory of distrust, suspicion, and imperfection of every

kind. LET GO, LET GO, LET GO of these etheric records into the Violet Transmuting Flame, and let these records be no more!

Oh, thou beloved flesh bodies, in the name of the Ascended Jesus Christ , I call to you to send forth into this Violet Flame, every record, every record of age, disintegration, and imperfection that would result in so-called death—LET GO, LET GO, LET GO and be thou no more!

What I have called forth in, through, and around each one of these blessed lifestreams, oh, powers of God, I call forth now on behalf of ALL MANKIND, and every lifestream who requires healing and assistance of any kind! May these words be issued, and re-issued, through the emotional, mental, etheric and physical bodies of ALL LIFE, until there is no longer a lifestream on this planet, embodied or to come, who knows distress or imperfection of any kind.

Oh, beloved infinite God I AM, I thank you for the privilege of acting in this physical appearance world, speaking to the hearts and minds of the faithful, using them as radiating centers by which my gifts may flow to all mankind!

ADDRESS BY THE ASCENDED MASTER SAINT GERMAIN

I stood at the beginning of the Christian Dispensation and into my arms the beloved Master Jesus (who was to be the first impetus of that entire dispensation) was placed—even before his mother received him. I stroked tenderly the soft down on that baby head. I looked into those large liquid eyes that had not yet focused upon the plane of consciousness and shadow into which he had come to function. I touched those soft hands that one day would call the dead to life, and through which would flow the energies by which withered arms would be restored and the blind be made to see. As I looked upon that infant form, there did not seem, at that hour, to be much except faith to carry us forward in the hope of establishing a creed which would become the lifebreath of millions.

I walked the long way into Egypt with that infant and that beautiful girl bride. I made the first pair of sandals for those baby feet. I listened as my beautiful Mary spoke to her son about the importance and devotion that each man should feel toward the souls of other men. I learned of the tenderness of the Eternal in that simple life. Who would have thought then, as we lived so simply, as I earned our meager bread as a

carpenter, that one day the Christian Religion would be accepted by millions, great edifices would be builded, and thousands of voices would join in song and adoration to that small child and his blessed mother—and yet, it has been done!

I see your hearts, I see the strengths and weaknesses, and I see the tenderness in each of your souls. Yet, I know, for now I see with freedom's sight, that tomorrow's world is being builded today through the consciousness of individuals WILLING to sit at the feet of the Masters and accept their word, their understanding, their promise, as much of the vision as their blessed minds can accept, and as much of the truth as their feelings can absorb.

Be of good cheer! For centuries I desired to establish a world brotherhood, where every man will love his neighbor and the good of all life will be the paramount feeling within each heartbeat. My beloved heart friends, you are building a foundation today just as surely as we—that innocent humble family in Galilee—builded a foundation in, through and around a few fishermen, which has become the strength of a dispensation that has lasted for two thousand years. What is religion, in its final essence, but a way to find God, and in that finding, each man to become a God incarnate!

Contemplate, in the silence of your room, the power of God within you, and allow it to transform your world. I shall help you, for YOU are my representatives! You are the lifestreams that mankind can see! Your bodies, worlds, and consciousness represent my teaching, my world and my very self! I am dependent upon you to mirror that which you have received through the years from me. Arise in the mastery of your Godhood! Wear the robes of freedom which I give you! Use the power of the Sacred Fire. Who among you is going to arise and BE? We shall see!

THE IMPORTANCE OF THE GARMENT OF LIGHT

By the Ascended Master El Morya

The building and sustaining of a personal atmosphere in which you may unfold your latent capabilities, is not only within the scope of your lifestream's present capacity, but is also an important, though unrecognized, requisite to progress.

The power to visualize and create, through the mental faculty, a wall or garment of pure white light around the energy of the lifestream, must be developed either here or hereafter. In the realm of the disembodied, the environment and necessities of the soul are dependent upon the power of the thoughtforms generated and sustained by the individual. In the realm of the Ascended Master activity, all cosmic service, manifestation and sustained activity, are resultant from the concentrated, controlled thought, energized by the substance of feeling, which creates a star, a sun, a temple, a planet, or a self-luminous diamond of iridescent hue!

Again and again the Ascended Masters have stressed the visualization of and the conscious creation of the protective circle of flame around the energy of the lifestream. It disconnects, or short-circuits, so-to-speak, the discordant energy waves, which otherwise would be tied into and become a part of the mass pressure of every lifestream living in the present stratum of unascended beings. The energy flowing from your God-Presence I AM, through your lifestream, is constantly meeting, mingling with and being affected by other energies drawn, projected or released—consciously or unconsciously, by other facets of life. The moment that your energy contacts another flow of energy through a person or a condition, one of two things happens:

- 1) Either your energy is requalified by the energy which is met and connects with yours, or
- 2) The power of your energy is the master that controls, transmutes and re-directs the energy toward which it is focused.

The Ascended Master is always the controlling power of any energy which his lifestream contacts during the progress of his spirit through any experience of life.

The student, who has drawn a greater power of energy through his calls and invocations, who does not visualize himself enfolded within this garment of white light, finds that when his energy meets a discordant condition, the greater energy, which he has drawn, is re-qualified by the

discord and causes him more difficulty than one who had less energy around him.

If the student had only the energy from his own God-Presence coming to him, the natural flow of that perfect life through him would regulate, supply and purify his own accumulation within six months to a year—but as he is being constantly bombarded by invisible streams of force to which he has connected himself through his attention, the pure energy released from his God-Presence is visibly and tangibly affected, and tends to keep him bound within his chains.

Sit down undisturbed, and turn your attention to your God-Presence I AM—visualize a wall of flame around you, through your own mental capacity. Accept joyously that radiant garment of light, so that your feeling fills it with happiness and gratitude for its protection. Let the energy from your Presence flow through you, undisturbed, for five minutes, washing you clean. Then begin definitely to CHARGE the energy within that protective ring of blazing light—with the Ascended Masters' God-control of ALL ENERGY with which you come in contact, whether it is in your business, social, or spiritual life, and charge this energy with power, mastery, purity, peace, harmony, beauty, etc.

Take no quality into your world which is charged with energy waves expressing less than perfection. Thus, your energy becomes qualified with God's perfection, and your electronic circle or aura is a constant guard around you—waking and sleeping.

Every Master is so enfolded, and the oval of light in which they appear is the consciously drawn, visualized and sustained activity of God-energy qualified to master all energy of a lower vibration, wherever such energy is catapulted against or connected with the lifestream of such a Master.

No man can live unto himself! Your energy connects with the store clerk when the substance of the purchases is placed within your hand. It connects with the individual with whom you shake hands. It connects with all your contacts over the telephone, through mental force, or to whom you write or with whom you associate. It connects with your radio commentators and with authors, through the power of attention! It is, therefore, always either acting upon or registering the radiation of the person or condition contacted.

This is true of every part of life you contact, and I cannot stress too powerfully the cultivation of controlled attention and the visualizing of these activities presented for your FREEDOM!

GOD'S WILL AND THE DIVINE PLAN FOR YOU

By the Maha Chohan

For centuries, man has sought to know God's will, but God's will is not a fast, tight, unchanging series of orthodox statements! God's will is a free, unfolding, changing, expanding expression of beauty!

The will of God is presented to the emissaries of his kingdom, and each twelve months as much of that will as can be received, assimilated and radiated, is drawn down by the Ascended Masters into the outer consciousness of the people of Earth. These divine thoughts and ideas enter into the inner bodies of the people and, by radiation, set up similar currents within their mental and feeling worlds and stimulate the individuals to endeavor to express them.

When a man builds a house, he does not spend all his time pouring concrete in the basement, but moves from place to place in the creation of his structure—and so the God will does not stress one particular virtue in building the spiritual nature. Each year stresses the unfoldment of a particular quality of feeling, but mankind are so stubborn and set in the idea that they know God's will to be either austerity, self-denial, or any number of mistaken ideas, that they always seem to be pouring concrete in their basement!

The divine plan contains no unhappiness, no sordidness, no limitation. The divine plan is not a stereotyped set of immovable bodies that will never change or expand their consciousness. It is a heart center of perfection for every lifestream belonging to this universal scheme, and it can be expanded, without limit, according to the creative powers of the individual.

The divine plan of the Spring is abundance of flowers, blossoms and trees—an outpicturing of beauty and perfection, but the quantity of spring flowers is determined by the individuals who have chosen to cultivate them!

In like manner, your divine plan is for a harmonious, beautiful home, a happy, healthy body, and illumined mind, and a definite part in the eternal scheme of creation. From the heart-center of your divine plan YOU MAY WEAVE AS MUCH BEAUTY, PERFECTION AND HARMONIOUS EXPRESSION AS YOU CHOOSE. You are pre-destined to perfection, but the quantity of perfection is subject, always, to the discretion of your own lifestream.

Know always that every physical expression from any part of life that

widens the realm of beauty, peace and well-being, is a pulsation from the heart center of God's divine plan for all.

Therefore, dear students, open your hearts to the perfection of God's will for you and let your divine plan manifest now!

YOUR RESPONSIBILITY IN THE USE OF LIFE

By the Ascended Master Kuthumi

Watching the descent of the radiant energy of the lifestream into the individual's conscious use, we see the tremendous responsibility that every individual has in being the dispenser of life. The glorious pure energy of God, each electron of which contains the fullness of the divine plan, not only for the individual, but for the solar system of all these planets, continues to flow into the individual's use under the conscious direction of the personal self, and for every electron loaned to the individual shall he render an accounting!

When you call to the Holy Christ Self and ask to have released into your conscious use all the powers of your being, the Holy Christ Self takes note of your use of God's energy in a twelve-hour period. The energy you use daily is only about ten per cent of the allotment of your lifestream. How many of you can say that even one hour of the twenty-four, these electrons, this radiant energy, the spiritual essence of divinity has flowed through you clean and uncontaminated, and qualified only with divine love? How then can you be considered fit to be the conscious custodian of more of that precious life essence?

Ask, then, for the assistance of your Holy Christ Self in the dispensing of your life energy each hour of daily living, and not alone in decrees!

Remember, man is like a sieve with a thousand holes and the energy of God is constantly flowing from each one in emotions, in thoughts expressed and unexpressed, in the actions of the flesh body, and in the spoken words. Jesus' statement, "Be ye faithful over little things, and I will make you master over many," is this truth expressed.

Those who aspire to Godliness and to give greater service, and who desire the full use of all the energy of their lifestream, must make concerted, conscious effort to guard the life flowing into them each hour. Check impatience and irritation and thoughtless words! Stop the conscious churning of thought processes that re-qualify God's pure life and

energy, and keep pouring forth as my great Lord Maitreya said, an emotion of “rest in action.” Then the Holy Christ Self, looking upon your use of the talents in hand, may double those talents in your experience. Otherwise, it would not be the part of mercy or justice to increase your responsibility, while you are yet unable to dispense, constructively, the small allotment of life that God has given to you.

When you study and contemplate, you draw celestial power into your world. When you decree, you pour forth this power to bless all mankind with your increased light. ACCORDING TO YOUR USE OF KNOWLEDGE, IS MORE GIVEN.

LOVE LIFE FREE

By the Ascended Master Saint Germain

Beloved friends of love and light eternal, my wish for you, each and every one, is a God-victorious New Year, in the establishment on this Earth of that pattern and plan divine which I have held long in my heart for a Utopia to manifest here and now. What is that Utopia? I wrote of it long, long before I was given opportunity to attain a position of using it!

This year let us be about the establishment of God-freedom, which comes through understanding of the Law by which we attained freedom, and which we give to you by which you, too, can attain freedom, when those laws are put into action.

The minds of men are being cleared, as are their thoughts, feelings, and emotions, and even their physical bodies, as the great cosmic slate of life requires, under the direction of Cosmic Law, to quickly bring into physical manifestation, all the perfection which is within the realm where the Seventh Root Race and the Great Divine Director and his children abide.

What is a root race? It is just like the root of a tree—it is the root from whence extends seven beautiful branches. The root race is first established through its Manu and then the seven beautiful branches come forth. When it is completed, you have a magnificent manifestation, and in this case, the Violet Root Race and the seven subraces. The Sixth Root Race and its subraces are preparing for the entrance of the Seventh Root Race into the world of form. If this seems difficult to understand, I ask you to think about it and love it until you make way, through the power of your own love and light, for the coming into being of this Seventh Root Race and its mighty Manu, whose servant I am and shall remain!

Beloved ones, feel alive within you enthusiasm and encouragement in the cause of freedom, in the spreading and expanding of the powers of the Sacred Fire of Transmutation of the seeming distresses until you are the fullness manifest in the physical appearance world of the glory of God! It is God who made you and made me and every ascended and unascended being! The only difference is that you, through thought, feeling, word, and action have created temporary shadows, while we have passed over the “bridge” from the human realm into divinity’s realm in our thoughts, feelings, words, and deeds. We are in a position to give to you our energy, our love, our light, to carry you to the same victory when your call comes for your blessed spirits to have their eternal freedom!

I have promised that freedom to all those whose souls and spirits seem to dwell for a time in distress and it is my joy to continue to fire you with the enthusiasm for true freedom, until all life will experience that freedom of consciousness and move in that pathway of freedom, using life only to expand perfection!

The freedom of consciousness of which I speak is that which is anchored constantly in the realization of the power of the Holy Christ Flame in the heart. Thus, the human free will and all its attendant foolishness will let go! The freedom of the consciousness of mankind from the limitations and distresses of its past, will be an eternal verity manifest here on Earth!

In America you have known great freedom—politically, scientifically, religiously, and spiritually. These are all gifts of freedom. Now we offer you the permanent freedom of God, the consciousness to hold sustained, within you, that realization of the power and powers of God to act to, through and around you and give God-assistance wheresoever it is required. Thus, stepping through the veil of human creation, we are heart friends serving always to free imprisoned life through LOVE, remembering that LOVE ALONE gives that freedom, and LOVE ALONE raises the vibratory action of distress into that which is harmonious enough to accept the calls and invocations which have been given.

You can change the vibratory action of yourselves into that of pure divine love, by calling to beloved Charity or any one of us to love through you the divine plan and pattern for the Earth and all that seems distressing upon it, until love becomes as automatic as breathing! Love, in that great impersonal devotion to the divine plan fulfilled, must become and manifest in, through and around you until you can CONSCIOUSLY LOVE LIFE FREE!

You can’t escape it! I tried! I went all the way to Bermuda to escape

those conditions which I knew were imperfect in England, and yet I took every one of those memories with me and I knew I had to return and love that life free! That, with the assistance of the beloved Great Divine Director, I was privileged to do!

So, take opportunity in this embodiment to LOVE LIFE FREE and become a flame-bearer, your cup filled with the essence of divinity's great and holy light!

When you feel that you want a deep breath, as you draw it into your lungs, at the same time think, "Now I will call for this presence of pure divine love, which is a positive quality, in, through and around me at the same time!" Take it as a gift, a gift to be received and accepted.

A brand new book of life is yours in this New Year! Through the power of the Violet Transmuting Flame, we shall endeavor to help you make of it a God-victorious year for you, each one. Accept myself as one with you in the God-feeling of love of life! I love this Earth! I love all upon it, all who have ever been upon it, and all who are to come here! I am truly interested in their well-being and the perfection of the planet and all its people and life, from the tiny elemental to the great angelic host who guard it, and that love and interest combined becomes ENTHUSIASM which carries you forward into God-love and light.

I offer you now my hands, my heart, and my book of life! Will you write and autograph it with your names, in my name!

HOW YOU MAY BECOME MORE BEAUTIFUL By the Maha Chohan

Before man can come to the place where he may join the Ascended Masters, he must master the vibrations of his bodies to a point where they do not create dissonance in their own world or in the world of another.

IF YOU WILL THINK BEFORE YOU SPEAK AND ACT, AND ALSO BEFORE YOU FEEL, IT WILL ENABLE THE ELEMENTS OF YOUR BODIES TO RETURN TO THEIR ORIGINAL BEAUTY, HARMONY AND PEACE. As soon as the pressure of discord is consciously controlled, the lifestream's natural state of being begins to establish itself as the Holy Christ Self returns the electrons to their natural orbits. That is why individuals who have come to the place of mastery and peace, attain great beauty, and why all the Gods and Goddesses (the Ascended Masters) are expressions of majesty, dignity, beauty, glory and harmony.

Old Age And Disintegration Not Natural

THE APPEARANCE OF YOUR PHYSICAL BODY IS DETERMINED BY THE AMOUNT OF LIGHT THAT IS USED WITHIN THE FOUR LOWER VEHICLES—THE EMOTIONAL, MENTAL, ETHERIC, AND PHYSICAL BODIES.

The natural emanation of light through these lower bodies forms the protecting wall referred to in your instruction as the Tube or Pillar of Light. When the electrons move more slowly in their particular organs and cells, they draw less light from the Holy Christ Self and the natural resistance of the lifestream grows weaker.

When the race becomes harmonious and the energy released through their bodies is never qualified discordantly, there will be no such thing as old age, disease, and the vehicles, when abandoned at the close of that phase of life's experience, will be in as perfect a condition as when they were designed by the builders of form and the Higher Self.

Grow More Beautiful As You Grow Older

When mankind will take a real interest in the vibratory actions that they allow to pass through their bodies, a state of very great harmony and beauty will be expressed within their lifestreams. The bodies of the Ascended Masters, the angelic host, as well as the cherubic and seraphic guards, are ever growing finer and more beautiful as the energy through the electrons is ever charged with more light, love and balance. Thus, the Master Jesus, who ascended many centuries ago, is a far more majestic figure today than at that time!

AS ABOVE, SO SHOULD IT BE HERE BELOW! THE LIFESTREAM WHO HAS ATTAINED MATURITY SHOULD BE MORE BEAUTIFUL AND EXQUISITE IN FACE AND FORM AS THE YEARS GO ON, and so shall it be in the days that are to come! IT WOULD BE A GLORIOUS EXPERIENCE AND MANIFESTATION IF A FEW INDIVIDUALS WHO HAVE A KNOWLEDGE OF THIS LAW, WOULD CHOOSE TO EXPERIMENT WITH THE LAW OF HARMONY AND ALLOW US FREEDOM TO HELP CREATE BODIES SUCH AS HAVE NEVER BEFORE BEEN SEEN ON THIS EARTH!

The Holy Christ Self of each individual is as beautiful as the most perfect angelic being that you could conceive of, and the individual Holy Christ Self will duplicate that beauty through any flesh form who desires it, with a little cooperation and conscious study by the personal self. I am willing to assist in this experiment with any or all who choose to make the necessary effort at self-control.

You would then be a marvelous example which Saint Germain could set before the whole world, which would “SELL” the kingdom of heaven far more rapidly than the precipitation of gold would do.

You have full authority to build this same perfection into the children and young people you see around you. The Elohim of Peace, the powers of harmony and purity and the builders of form will join you in this, and it will be a very great privilege for your lifestreams to render such a service.

THE NECESSITY OF HARMONIOUS ENERGY

By the Maha Chohan

Many individuals think that for energy to be harmonious, it must all be spent in devotion, prayer, ceremonial service and solemn invocations, directly concerned with spiritual aspiration. The truth is, that ALL constructive and harmonious energy is a natural expression of the God-life, whether it be the loving service of friend to friend, or the constructive creation of a bench, a chair, or a garment.

A woman may be scrubbing a floor on her hands and knees, immersed in suds and water, yet her energy may be very harmonious and peaceful in that activity, and there will rise to her Causal Body every electron released in such an act. A priest may stand on an altar with the host elevated, in a state of rebellion, resentment or hate—and not an electron of that elevation will add an ounce of energy toward his freedom!

Saint Francis of Assisi, and so many holy ones, dedicated their lives to humble service, walking the roads, serving the poor, feeding the hungry, and ministering to the ill.

If you can understand that making a bed can be a devotional act wherein the energy passing through you becomes part of the magnetic pull to raise you into your ascension, you are receiving, in the hourly occupations, opportunities for you to complete the spiritual pull which will raise the tortured soul into peace, which is its rightful estate as a member of God’s kingdom.

Let us take an example. If you find a child weeping, the energy of that child is unhappy and therefore the Holy Christ Self can receive NONE of that energy to build for the ascension of that baby. The Holy Christ Self has no use for that despondent energy.

If the conscious student, entering the aura of that child, can charge the feelings, not by suppression or fear which might make him stop crying but continue the radiation of rebellion, but by replacing the dependency with happiness, instantly the Holy Christ Self of the child receives the ascending energy and that becomes part of the glory which will ascend that lifestream one day. The marvelous thing is, that the Holy Christ Self then directs into YOUR Causal Body exactly the same amount of energy that the child has released in happiness, plus interest, so to speak, for YOUR freedom!

IT IS THE MOST MARVELOUS INVESTMENT TO AWAKEN GOOD FEELINGS WHEREVER YOU MOVE, AND IT IS THE ONLY INVESTMENT THAT WILL ENSURE YOUR OWN ASCENSION.

Every tear you cause another to shed, may be just the ounce of energy that COULD have freed the spirit at a given moment. Can you then see, how intricately are interwoven the threads of individuals' lives, and how potent a force you are in your environment and community, for you are either generating good karma for those around you, or you are adding to their chains!

Take an inventory and see what effect your lifestream has on the members of your family, as well as the people you contact daily, in the grocery store, or on the street or wherever it may be. If you have left each individual happier and more peaceful when you leave, then you have fulfilled your divine plan for that moment, and you have rendered a spiritual service in lightening the burden of the world.

Wherever you go, if there is the slightest disharmony left behind you, through any thought, feeling, word or act of your lifestream—you are responsible to the God-Presence and the other people for the discordant energy, and also you take back into your own world more discordant energy which adds to the chains by which you are already bound! "Do unto others as you would have them do unto you" is a law that still applies today.

Energy, in order to qualify for "payment" of one's debts, need not be spiritually qualified, as long as it is constructively or harmoniously qualified. This opens a wide field for thought and contemplation, and it enables many a lay-brother who is yet bound by obligations, to understand that this spiritual unfoldment is not delayed by reason of his present limitations, but that he can achieve his victory in any state of circumstances and environment in which his karma has placed him. Each individual can rest in peace, knowing that whatever work or activity by which his outer

mind thinks he is earning a living, can be a funnel through which his energies are returned to his Causal Body to form the glory and the magnet which will one day draw his body into the union with Spirit.

When fifty-one per cent of anyone's energy is constructively qualified, he or she is ready for the ascension—and your energy can be constructively qualified, whether you are a bootblack or a banker!

Let the students not seek the long-robed garments of outer ritual and mistake the opportunity of each day, where not a vestment but the HEART can determine the glory of tomorrow!

If you will divide your life into a twelve-hour span and watch how the energy of your lifestream is qualified within that period, you can check yourself at the close of each day as to whether 51% of that energy is written off constructively, or otherwise. You can then see how many wasted days and years there are in the average life. If a twelve-hour period passes and the energy has been discordantly qualified for over 51% of that day, you have not stepped closer to your freedom.

When you pin the personal self down to a small day's chores, you can realize that if your shoes are laced in a harmonious manner, that energy goes on the side of the constructive balance which your God-presence can use to ascend you.

The Law is—that the energy MUST BE harmoniously released—not spiritually released—to ensure your freedom.

If, each night before retiring, you would recall, in a backward order, all the happenings of the day, classifying them as constructive or otherwise, then rejoice for the good deeds, knowing that you have made deposits in your spiritual bank in the Causal Body—and for the discordant situations invoke the Law of Forgiveness and resolve the next day the number of good deeds shall be greater, it would be most helpful to your spiritual progress.

The bridge from the human octave to the divine is love—on love mankind went forth and crossed the great divide, and when they lost love, they lost the pathway home!

Who among you will open the hearts of the people and let that great bridge of love from within their own lifestreams, made up of their own life energy, surge forth like a golden tunnel of light and provide for them the natural means of reunion with divinity? How many hearts can you open? How grateful will be the lifestreams who can pass on the bridge of

their own love into the kingdom! You think you have experienced ecstasy, but I tell you, each one, that once you generate in another soul the quality of LOVE which forms that bridge into the heart of God and see one pair of feet walk across into freedom, you will know why God created us and endowed us with the ability to share this spiritual ecstasy that I know so well, and because I know it, I want you to share it!

LET THE ELOHIM HELP YOU BUILD PERFECTION

By the Elohim Vista

The full cosmic power and pressure of creation is vested in the seven mighty Elohim, and through them has become vested in the individualized God Flame manifested as man, woman, and child. A portion or spark of that creative fire, with all the creative ability of the Godhead, is thus the natural heritage of each individual—BUT, the cosmic pressure of creation may be invoked through the personal or individualized power by means of the self-conscious decree of any part of life, and this cosmic invocation results in cosmic action.

Therefore, when one builds with his or her hands in the hands of the Elohim, the resultant perfection and speed of accomplishment are, to the outer mind and senses, uncanny, for to take into active partnership the cosmic builders of ALL form is to unite yourself under Cosmic Law with the forward progress of divinity. When man and divinity blend, through the invitation of the lower manifestation, it becomes an activity that is no longer bound by the natural laws of the lower realm, but the manifestations and precipitation becomes part of the fourth-dimensional world. It is such a cosmic union that we are endeavoring to encourage! The Gods are willing, but man has not yet been bold enough in his approach to these tremendous pulsating God-powers.

The devas and builders of form who work under the direction of the Elohim, are beings of such magnitude, that they can cover an entire locality with their personal presence, and when they are directed by the Elohim toward a certain accomplishment, they render service inconceivable and they could explain away the mysteries of the pyramids and the colossal physical edifices of the past that make modern science wonder. Even the building of a mountain is but the work of a moment to the nature devas and the transferring of a lake but a ten-second sport of one of the devas of Neptune's kingdom!

These great devas are real and tangible. They have life and form

and substance. They have intelligence far superior to the most advanced men, and their service is a service of love to the Gods around whose thrones they abide.

When the seven Elohim unite around their cosmic table and with one accord decide to manifest perfection, they call uncountable legions of these great devas to their assistance. Some of the devas of Hercules are larger than your greatest mountain.

Yours merely to CALL—opening the door—through your conscious agreement with the desire of these elemental builders, and if you can keep one-pointed in your inner invocation, you will see that what I say is the truth!

A LETTER TO A STUDENT FROM BELOVED EL MORYA

Beloved Friend,

The great Law of Life is that an Ascended Master cannot intrude upon the natural progress and unfoldment of your lifestream until INVITED to assist you by your own God-presence I AM!

Your great Presence of life, the individualized focus of God, is a mighty Being of Fire, that dwells with us in realms of such exquisite perfection as would stagger the human intellect. This Presence has worked with us CONSCIOUSLY for centuries of time, knows our particular powers and abilities to assist, and when in its great wisdom, it sees that you (or that part of your self which you consider you) have made sufficient endeavor to serve the Light, have been steadfast in your desire for the light, and have to be best of your small ability desired to master your thoughts and feelings, then and THEN ONLY does your Presence come to those of us who it sees can best assist the personal self, and YOUR PRESENCE REQUESTS OUR ASSISTANCE TO YOUR UPWARD PROGRESS.

THE PRESENCE OF LIFE “I AM,” IS THE SUPREME AUTHORITY! WHEN THAT PRESENCE “REQUESTS”—ALL LIFE FROM ELEMENTAL TO GODHEAD OBEYS—EXCEPT MAN!

I am here at the REQUEST of your God Presence, which sought my cooperation and the particular quality of life which I represent to assist you at this time.

Each flame of God, through centuries of momentum, carries a particular quality of life. Each individualization, such as Saint Germain, Jesus

or myself, is a cup filled to the brim with the essence of the “I AM,” qualified with freedom, healing, strength, purity, as the case may be. Your Presence offers you a brimming chalice of a particular quality from time to time.

ACCEPT the cup of El Morya from the hand of your own Presence. Drink deeply of strength and purity, both of which qualities are intertwined—it takes great strength to be pure! When you are pure, it is a defense against all that is not of the light; it gives you tremendous strength.

OPEN YOUR HEARTS AND MINDS TO MY RADIANCE WHICH YOUR GOD PRESENCE HAS COMMANDED INTO YOUR EXPERIENCE NOW, AND BE FREE!

THE RETREAT AT LUXOR

By Serapis Bey

The Luxor Retreat is known as the Temple of Golden Light—“Lux” meaning light, and “or” stands for gold. The service which the Luxor Brotherhood renders is to draw the golden light through the lifestream of the advancing initiate, until the light expansion from within overbalances the magnetic pull of Earth, and draws the remaining substance from the Earth into the Ascended Presence.

As the retreat at Luxor begins its service, we shall establish a direct tunnel of living flame into your world, over which will flow our consciousness, radiation and understanding of Light, its presence within you, and its expanding radiation which lifts all into the fullness of itself.

We shall endeavor, for the next several weeks, to disassociate you from the personal self and reconnect your consciousness with the divinity from which you have severed yourself. The discipline of the initiates will now be to identify themselves with the GOD LIFE in all that lives and to remove themselves from a separate, independent existence as being apart from the whole!

The burial of the initiate in a stone sarcophagus was for this purpose, that the spirit of the initiate might be freed into the world of the real. When the form is acknowledged as but a cloak for divinity, it assumes its light and becomes important as a channel for divinity.

INVOKE THE FLAMING PRESENCE OF THE SERAPHIC HOST

By the Ascended Master Serapis Bey

Beloved candidates for the ascension, you who have come again, again and again into my midst, with hope in your hearts and with a little subtle bundle of untransmuted desires in your etheric consciousness, I greet you again! You have now opened up that bundle of human desire and we have placed it in the power of the transmuting Flame and it is no more for you, unless the cunning of the human mind chooses to re-accelerate it.

Our Long Service Together

We long have been friends. We long have been teacher and pupil. We long have served together for one purpose, to bring an understanding of eternal life to a planet and its people, who have accepted the erroneous concept of death. More than one Avatar, more than one Divine Being, has suffered upon this planet Earth for the one express purpose of showing man that there is only immortality! Over the cross on Golgotha's Hill, I, myself, spread the winged seraphim so the shining eyes of beloved Mary might have something beautiful to look upon!

I ask you to render the same service, wheresoever there seems to be an expression that is less than Christ perfection. There are seraphim without number from Luxor's temple awaiting your call, and wheresoever you shall see, or there shall be brought, specifically, to your notice, any feelings of distress, imperfection, disintegration or decay, INVOKE THE FLAMING PRESENCE OF THE SERAPHIC HOST!

Today, the gates of heaven are opened to mankind! Today, because we have persevered, because we have loved our Ascension Flame, because we have woven into it consciously and constantly, every upreaching prayer of the smallest infant to the greatest prelate, there is a way back home into that realm of eternal light, from whence you shall have to come out no more, at the close of this embodiment upon the Earth. Watch you well, that throughout this embodiment, even though there be blazoned across the breast of your etheric garment—"Candidate for the ascension"—that you do not attach yourselves to the things of Earth, which might draw back the energies of your attention. Gather into yourself now, in this final embodiment, all of the happy experiences, all of the joys, and allow yourself the freedom to go home in dignity, as the beloved Ascended Master El Morya would desire, and as I, representing the Ascension Flame require, for those of you who are strong enough to

believe in that everlasting light, wherein is your personal and eternal freedom!

How Jesus Was Set Free

When beloved Jesus passed through his experiences and it was required of him that he make a public ascension, which is more than is required of you, the only question in the minds of all in the realms of divinity was, “Would the pull of love for his mother and his bewildered disciples be stronger than the upsurging tide which we had prepared for him, and the magnetic love which he had for Lord Maitreya and the Heavenly Father, through whom he did all his works?” Yet, even with that love he completed that mission and accomplished that service—John, the beloved, and Mother Mary, knowing fully well that his love for them might hold him, helped to set him free! Not by a breath did they hold him, but all of their energies rising with him, made that magnificent ascension a possibility. That, beloved ones, is love!

No Place For Selfishness In Heaven

When you have a bird within a cage and that bird has enjoyed the freedom of the trees and the forest, although you give it the greatest care and excellent food, that bird will beat its wings against the cage, until its heart stops beating! So it is with man! When every man realizes that his loved ones, as well as himself, are temporarily encased in the sheaths of the physical form, that when the mercy of the Cosmic Law will allow it, that sheath is to be loosened and the spirit fly free, there should be REJOICING IN THE HEARTS of those who have witnessed the transition, and who, in like manner, in their day, shall also know that freedom. Only selfishness, only unconscious personal solicitude, causes grief!

Beloved ones, there is no place in the house of the Lord for selfishness or grief, for jealousies and differences. There is no place in God’s universe for that which does not express harmonious vibratory action at all times! You are required to bring the kingdom of heaven to the earth, even as the beloved Master Jesus was. He said so beautifully to his Father (my Father and yours): “Thy kingdom come, THY will be done, here on Earth, as it is in Heaven.”

Let us have on Earth now, those chelas who desire that kingdom to come, in the name of the Ascended Master Saint Germain. Let us have

the cooperation of a few illumined souls, so that his kingdom shall reign forever, and those who follow after you, the new generations coming into embodiment, shall find this Earth a place of beauty, when the seraphim, the cherubim and angelic host and the divine beings walk and talk freely in that permanent Golden Age.

It is time now, that those of us who represent the austere power of purity, strip from every man, woman and child every bit of human creation—and that I do—replacing it by a feeling and desire to express their divine plan here upon this Earth. IT IS TIME NOW that beings like El Morya and myself take a hand, so that the gentle Ascended Master, beloved Saint Germain, may see manifest, now, that freedom to walk through the human veil, that freedom to stand forth, visible to your physical sight, that freedom to produce upon this Earth that glorious Golden Age, wherein there is no longer war, nor rumor of war, wherein there is no veil of human creation, wherein there is nothing to hide mankind's illumined sight from Divine Beings, and there is no destructive karma left upon this Earth!

Time of the Human Sense, Not the Divine

The beloved Ascended Master Saint Germain, trusting, gentle, loving and kind, has behind him the MIGHT AND LIGHT OF LUXOR, THE MIGHT AND LIGHT OF EL MORYA, THE LOVE OF THE SEVEN CHOANS, AND THE BLESSING OF THE GREAT MAHA CHOAN, so that the kingdom, which is prophesied, shall not have to wait hundreds of years to manifest, but shall be manifest on this Earth, if necessary, WITHIN THE COMING TWELVE MONTHS! If even truly God-directed clairvoyants in the past have seen the perfection which the Earth shall once again manifest, why require a time limit! Time is of the human essence, not of the divine! Your twenty-four hour period is short indeed. Those of you who have been within the temple of Luxor know we do not count time but we count CONSTRUCTIVE ACTION. That action expressed through the chelas in works well done, allows an applicant to remain as a pupil so long as his works improve, so long as in those works, he becomes more humble, stepping forward from temple to temple, each one reaching a greater magnificence in that power of the use of the Sacred Fire and becoming more humble as he rises.

You Require The Measure Of Humility

I can tell you, that anyone representing the Ascended Host of Light, if he be a true representative, requires no measure of length or width, but requires the measure of humility, for he who is greatest among you, IS ALWAYS THE LEAST! We have seen that kings and pharaohs at Luxor as well as many laymen of both the Occident and the Orient, those who wear the crown of temporal power, oftentimes would not enter even the first temple, because they had to accept the fact that a member of the lowest class of their own nationality, as their next brother or sister, was in the temple with them. Invariably, we place those of stubborn consciousness and pride of personal prestige with the untouchables, for wherein is the crown, the scepter and the robes of temporal authority when you take those initiations?

Every man, woman, and child is dressed alike and only each one's heart light moves him forward, up to the graduation point wherein he is a master of the Ascension Flame.

Creating Your Ascension Day By Day

People spend a lifetime accumulating the fortunes of this world and at the close of the earth life, usually when the death knell is rung, they begin to seek a way of salvation for their soul in a hurry! That is no longer wise, because you are, or should be, creating your ascension day by day, and hour by hour, in your living, in your thinking, in your feelings, and in your actions. There is nothing hidden from us, although you wear the mask of a smile and can perhaps deceive even yourself and others. So, be cognizant of that power which we have to help you, and the love we have for you. If we did not know what is within you, if we did not know the capacity of God-qualified energy and light, which you can both assimilate and utilize, we would be poor teachers. Your light, and that which we give to you, is balanced by that light which you have given to us in service, not only in this embodiment, oh no, but also for aeons and aeons of time!

So, picture, realize and accept across every crucifix, every cross, and every bleeding head and wounded heart and soul, a winged seraphim of blazing light, with golden hair and flashing blue eyes, dressed in the crystalline garments of the Ascension Flame, FOR THERE THEY ARE AND SHALL REMAIN, until every figure represents THE RISEN CHRIST, the SMILING JESUS, the VICTORIOUS ONE!

TODAY YOU LIVE THROUGH MANY EMBODIMENTS

By the Maha Chohan

When an individual comes under the personal direction of the Ascended Master Saint Germain and enters the service of the New Age as an active conductor of the Violet Ray, he has the marvelous privilege of taking from twelve to twenty-five embodiments, without the necessity of discarding the flesh cloak and taking a new infant form. As he passes from one embodiment to another, he will find many old friends dropping away, and he will find his environment changing and new friends coming into his world and his life re-ordered, as though he were living on a different planet.

This rapid succession of embodiments also offers relief and release from parental heredity, racial heredity, as the spirit entering the new cycle of embodiments really is no longer born of flesh! This will result in a change, even in the appearance of the flesh and is one reason why the student is urged not to look to earthly parents, except in love.

THE "DEGREE" OF MASTERY

By the Ascended Master Morya

We, whom the world calls "Masters," are but those who have received the degree of mastery from life, even as the world confers degrees upon the man or woman on Earth who has completed, successfully, in a university a series of lessons, and passed with satisfactory grades, the various examinations.

The courses laid out for those who desire to enroll in the school of life, are as carefully laid out and as strictly taught as any university might offer. All pupils must pass through exactly the same series of experiences to receive the sheepskin at the end of their training.

It is regrettable that in a world where "higher education" has come to the foreground, that men of such education cannot realize that their science of learning is but a poor copy of the university of life, and that the "professors" who have graduated from the university of life should be the authority to whom they turn for counsel and instruction. It will be so in the days that are to come.

Therefore, the great inner council, who for many centuries of living mapped the course of those who choose to enter into the stern curriculum of chelaship leading to mastery, has now chosen to widen the list of

eligibility and allow many who heretofore might have been rejected, to start upon the elementary studies. Those who are already in the “classrooms” may be called upon to tutor the beginners. Let them always remember that instruction for such assistance will come from the “professor” in charge!

BELOVED KUTHUMI

“In the search for peace, the soul of man must follow the inner light, the soundless music, the illusive perfume of the Christ that leadeth ever onward, where, the seeking soul cannot yet tell. Love of God, and service to his creation, brings all out of the darkened morass of early striving to the illumined path, where you consciously move upon God’s way. It is love that sustains each one, during the groping years, ere the fullness of the light has come. To enter the Ascended Master’s world, you must become ONE WITH US IN PURPOSE AND ACTION!

AMTF PUBLICATIONS - PARTIAL LISTING

Archangel Uriel, referring to the teachings of the Bridge to Freedom, said on May 16, 1954, "Genesis and all of the succeeding Biblical Law is being written again. It is a Bible made up of the energies of the Archangels and the Ascended Masters, that will stand for the rest of the civilizations being brought forth on this planet Earth."

ASCENDED MASTERS AND THEIR RETREATS, 448 pp. Compiled from the teachings of the "Bridge to Freedom" by W. Schroeder. Presented in the first part are biographies of 107 Ascended Masters. Details include the tests, trials and initiations they had to undergo during their last embodiment to gain the ascension. The knowledge gained from the personal experiences of these Masters will help the students in successfully passing similar tests and initiations and in gaining their freedom as well. The second part of the books contains many details of 31 Ascended Master Retreats, including those that were active during the historic Transmission Flame Services which greatly helped our planet during critical times.

THE LAW OF PRECIPITATION, 256 pp. Compiled by W. Schroeder. How to successfully meet your daily needs. Using a step-by-step method, this book describes, in detail, the necessary building blocks in manifesting your wishes. In addition to describing the theory of precipitation, dozens of examples are given, showing how individuals have used this information to their own advantage. Included are 30 episodes, illustrating how William J. Cassiere, a messenger appointed by Saint Germain, used the laws of precipitation in healing others.

MAN, HIS ORIGIN, HISTORY AND DESTINY by W. Schroeder, 368 pp. Using a variety of sources, this title presents mankind's unrecorded history. Much of this material has not been researched before, and it has not been available to the general public. Written in chronological order, the reader learns of the conditions prevailing during the advent of man on Earth, including his origin, his age, the place where mankind first embodied and the coming of the laggards from other planets, causing the "Fall of Man" on Earth. Fascinating highlights of the Lemurian and Atlantean civilizations are given. Also depicted are accounts of the unchronicled history of Jesus and the oracles of Delphi. Archangel Michael's report of July 17, 1959 on the division of all of mankind. The new criteria is given that will be used in dividing mankind into two separate groups, one of which will find embodiment on a newly-created planet. The significance of this new process for the students of this teaching.

UNVEILED MYSTERIES, by Godfre Ray King, 288 pp.

This book contains Mr. Ballard's first experiences, following his meeting with the Ascended Master Saint Germain on Mount Shasta. We are happy to present to the students a full, unabridged copy of this priceless book, which heralded in the New Age. The new edition contains biographies of the Ascended Masters Saint Germain, Guy Ballard, and David Lloyd. A Chinese translation is also available.

THE SEVEN MIGHTY ELOHIM SPEAK ON THE SEVEN STEPS TO PRECIPITATION by Thomas Printz, 304 pp. This book contains the unique and historic account of the principles employed in the creation of our planet, by the Builders of the Universe, known as the Seven Elohim. The Elohim explain how these principles may be applied by today's students in their daily affairs. Explanation of chakric centers and how to purify them. Why group activities form a magnetic field of energy that can be used by the Ascended Host.

THE INITIATIONS OF THE FIRST RAY, 304 pp.

Description of the initiations necessary to gain the ascension, with emphasis on mastering the initiation of the God-virtues of the First Ray. The history of the "Bridge to Freedom" Organization from the very beginning all the way to its dissolution, including how the dispensation for the "Bridge to Freedom" was obtained, and the purpose of this endeavor.

The history of the AMTF, including how the teaching of the "Bridge to Freedom" was saved from falling into oblivion. We added the article "The Teaching of the 'Bridge to Freedom' and Other Groups." Here we are emphasizing that none of the persons, considered today as channels, supported the effort of saving the teaching, or republishing and distributing it.

El Morya's trip to the birthplace of Jesus, as one of the Three Wisemen. In the chapter, "The Spiritual Caravan," El Morya extends an invitation to students to join him in a global effort, bringing in the New Golden Age. Why the "Bridge to Freedom" was established and the tasks of the Bridge Builders of today.

THE INITIATIONS OF THE SEVENTH RAY, 304 pp. Description of the initiations necessary to gain the ascension, with emphasis on mastering the initiation of the God-virtues of the Seventh Ray. The Law of Karma including the Karma of Omission. The Law of Forgiveness.

How to establish and conduct Ascended Master Teaching Groups. Featured are primal requirements for an efficacious service, and the respon-

sibilities of each group member, including its leader. The book is an indispensable aid for those involved in group activities.

Beneficial Radiations (weekly cycle, 2000 year cycle, radiation of the Elohim and other Ascended Beings, the retreats of the Ascended Masters, and the 12 temples around the Sun, also called “the Zodiac”). How to take advantage of these radiations.

MEMORIES OF BELOVED JESUS AND MOTHER MARY, 416 pp. These dictations by Jesus and Mother Mary, presented in chronological order, give the reader a complete account of their last embodiment. Many of the events are not given in the Bible, such as early life experiences of Jesus and Mary, Jesus trip to India and details of his ascension. Jesus explains the true purpose of his mission. The reader learns of Mary's journey to Europe, including her travels to Fatima, Lourdes and Glastonbury. Mother Mary explains the Law of Healing and the establishment of healing centers.

THE ANGELIC KINGDOM, 448 pp. This new title contains ALL of the dictations by Ascended Beings on the subject of angels, including text from the booklet “Archangel Michael and his Helpers.” These dictations allow the reader to get a comprehensive view of the activities of our unselfish, loving, helpers from the Angelic Kingdom. Each of the Archangels radiates one of the virtues of the Godhead, such as protection, illumination, and peace. This book contains personal addresses to the students from members of the Angelic Kingdom, showing them how to use these virtues for achieving their own freedom.

MANIFESTING VICTORIOUS ACCOMPLISHMENT, 304 pp. (formerly “**I AM Discourses**,” by the Cosmic Being Mighty Victory). It was Mighty Victory who was able to set the Occult Law aside. This tall Master from Venus embodies the God-Virtue of Victorious Accomplishment. He has offered to assist students to manifest this God-Quality in their daily affairs.

We added dictations by the Cosmic Being Mighty Victory, given through Geraldine Innocente. These dictations complement the discourses previously given through Mr. Ballard, demonstrating that all of these published dictations came from the Great White Brotherhood, as presented through their accredited messengers.

21 ESSENTIAL LESSONS by W. Schroeder, in 2 Volumes. These graded instructions contain a summary of the teaching and all information necessary, if applied, to make the ascension in this embodiment. They

are written in an easy-to-understand manner. A must for both group leaders and dedicated students, who study alone.

Volume 1, 336 pp. It contains the basic concepts of the teaching, such as the I AM Presence, the Violet Flame, the Protective Pillar of Light, the Law of Karma and why and how we should decree. It also describes the functions of the elemental and angelic kingdoms.

Descriptions of the God-virtues of the Seven Rays and how to attune to Ascended Masters, Elohim and Archangels.

Volume 2 (320 pp.) is intended for those students who wish to become chelas of the Ascended Masters. It describes the functions of the Hierarchy (Governing Board) of the Earth, how their messengers to mankind are selected and group activity. It is also explained how a chela may achieve the ascension, by successfully completing the various initiations and by performing the required service to God and to mankind.

ELECTRONS, THE BUILDING BLOCKS OF THE UNIVERSE, AND THE ELEMENTAL KINGDOM, 320 pp. 101 dictations explaining the origin and function of electrons as well as their relationship to individual life. Explains energy and vibration. Dictations by the Directors of the Kingdom of Nature (earth, air, water, fire). The chapter on elementals explains the different types of elementals and their function in the kingdom of nature. These details lead to a better understanding of elementals such as sylphs, undines, gnomes and salamanders. Causes of catastrophes and how to mitigate them.

SONGS AND DECREES, 80 pp. For personal application and group work.

DAILY MEDITATIONS, 48 pp. These meditations make use of the prevailing radiation of each day of the week. This knowledge and application accelerates the spiritual progress of the student and blesses the location as well.

TEACHINGS FOR THE NEW GOLDEN AGE, 288 pp. Compiled by W. Schroeder. Presented in this publication is a series of addresses by the Ascended Master Kuthumi, present World Teacher. Students will welcome the opportunity of becoming acquainted with messages that are vital in bringing in a new Golden Age. The study and application of this material will enable students to become teachers, themselves, thus assisting the Ascended Host in implementing their plans.

MOTHER MARY'S ASSISTANCE TODAY, W. Schroeder, 352 pp. Mother Mary describes, in great detail, the cycle of life, death and re-embodiment, including the experiences after so-called death. This de-

tailed information has never been published, by anyone. Experiences after death include: meeting family members, judgment before the Karmic Board, assignment by the Karmic Board to Temples of Learning (in preparation for re-embodiment), Mother Mary's assistance and her service at the Temple of the Sacred Heart, the selection process for embodiment, creation of the pattern for a future physical body, preparation and schooling for new embodiment and how parents are selected. Explains how to maintain perfect health. Learn about the "Fountain of Youth," how individuals can have a longer life-span and steps everyone can take to have perfectly-born and healthy children.

BRIDGE TO FREEDOM JOURNAL. These original dictations of the Ascended Masters were published in the monthly magazine of the "Bridge to Freedom" Activity. **These messages are the very core of the teaching** and cannot be found in any other book. They are a practical guide, leading to spiritual development and a better understanding of the activities of the Ascended Ones.

Book 1: 4/1952–3/54; Book 2: 4/1954–3/1956; Book 3: 4/1956–11/1957; Book 4: 12/57–7/59; Book 5: 8/59–6/1961. All in soft cover. Books vary from 368 to 500 pp.

DICTATIONS, 99 Dictations by the Ascended Host. 448 pp. The dictations give actual reports of the meetings of the Karmic Board, how to develop discrimination, Kuthumi's Mystic Mantle and the Masters' efforts in the 19th century through Helen Blavatsky.

BRIDGE TO FREEDOM BULLETINS, Original dictations of the Masters of Wisdom, published on a weekly basis, approx. 560 pp. each.

Book 1: 4/1952 - 3/1957; Book 2: 4/1957 - 6/1961.

For a free booklist of all AMTF-Publications, incl. lectures on CD's and prices, please write to AMTF, P.O. Box 466, Mt. Shasta, CA 96067, or search the Internet at: www.ascendedmaster.org

P 416 last page